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**Novel opportunities for evaluation of vascular function
in the cardiac catheterization laboratory**

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Relevant publications

Full papers

- I. Nagy FT, Nemes A, Szűcsborus T, Ungi T, Katona A, Sasi V, Zimmermann Z, Kalapos A, Forster T, Ungi I. Validation of videodensitometric myocardial perfusion assessment. *Cent Eur J Med* 2013; 8: 600-607 (Impact Factor: 0.209)
- II. Sasi V, Kalapos A, Gavallér H, Domsik P, Ungi T, Zimmermann Z, Nagy FT, Horváth T, Forster T, Nemes A. Relationship between early myocardial reperfusion assessed by videodensitometry and late left ventricular function Results following invasive treatment of acute myocardial infarction. *Orv Hetil* 2014; 155: 187-193.
- III. Sasi V, Gavallér H, Kalapos A, Domsik P, Nagy FT, Ungi T, Ungi I, Forster T, Nemes A. Prediction of myocardial tissue loss by quantitative densitometric myocardial blush parameters following ST-elevation myocardial infarction. *Acta Physiol Hung* 2015; 102: 206-215. (Impact Factor: 0.734)
- IV. Nemes A, Kalapos A, Sasi V, Ungi T, Ungi I, Forster T, Sepp R. Videodensitometric time-density curve change after alcohol 5 septal ablation of obstructive hypertrophic cardiomyopathy. *Neth Heart J* 2015; 23: 143-144. (Impact factor: 1.837)
- V. Sasi V, Ungi I, Forster T, Nemes A. Multiple coronary fistulas originating from all major coronary arteries. *Acta Cardiol* 2010; 65: 357-360. (Impact factor: 0.65)
- VI. Sasi V, Nemes A, Forster T, Ungi I. Functional assessment of a left coronary-pulmonary artery fistula by coronary flow reserve. *Postep Kardiol Inter* 2014; 10, 2: 141-143. (Impact factor: 0.066)

Abstracts

- I. Sasi V, Ungi I, Thury A, Sepp R, Nagy F, Hausinger P, Szűcsborus T, Forster T, Nemes A. Assessment of functional significance of coronary fistulas. *Cardiol Hung* 2012; 42: A112-113.
- II. Nagy FT, Nemes A, Szűcsborus T, Sasi V, Kalapos A, Zimmermann Z, Katona A, Forster T, Ungi I. Validation of videodensitometric perfusion assessment by index of myocardial resistance and coronary flow reserve. *Cardiol Hung* 2013; 43: B25.
- III. Sasi V, Kalapos A, Domsik P, Nagy FT, Horváth T, Hausinger P, Forster T, Ungi I, Nemes A. Final quantitative regional myocardial blush correlates with clinical parameters and extent and transmuralty of infarction derived by cardiac MR in patients suffering ST elevation myocardial infarction. *Cardiol Hung* 2013; 43: B81.

1. Introduction

Traditionally, the diagnosis and treatment of myocardial ischemia has focused on flow-limiting stenosis of the epicardial arteries. However, in the past two decades it has also become evident that coronary microvascular dysfunction also plays a significant role in a number of disease states. Although in some instances merely epiphenomena, in others it has proven to be a powerful indicator of adverse outcome, and a potential therapeutic target. Owing to the growing awareness of the importance of coronary microvascular dysfunction, a number of noninvasive and invasive techniques have been developed to provide functional assessment of the coronary microcirculation.

The time-honored invasive method for measurement of microvascular function in the catheter laboratory is coronary flow reserve (CFR), representing the magnitude of the increase of coronary flow that can be achieved at maximum hyperemia. Index of microcirculatory resistance (IMR) is a novel invasive method for the assessment of the status of coronary microcirculation is independent of epicardial artery stenosis. It is derived from the distal mean coronary pressure and hyperemic mean transit time, and shows superior reproducibility and less haemodynamic dependence than CFR. Fractional flow reserve (FFR) is a technique used in coronary catheterization to measure pressure differences across a coronary artery stenosis characterizing its functional significance. FFR is based on simultaneous measurement of mean aortic pressure and mean distal coronary pressure in maximal hyperemia. The above techniques, however have proven to be too time, instrumentation and expense consuming for everyday use in the catheter laboratory.

There are several methodologies with which myocardial perfusion could be assessed including different isotope techniques (single-photon emission tomography, SPECT), computer tomography (CT), magnetic resonance imaging (MRI), positron emission tomography (PET), and contrast echocardiography. Assessment of myocardial perfusion on coronary angiograms is routinely performed by visual estimation. In clinical circumstances, two visual grading scales proved to be informative in assessing perfusion of the infarction-related myocardium: the Myocardial Blush Grade (MBG) and TIMI Myocardial Perfusion Grade (TMPG). Both grades have four levels: grades 0 and 1 representing no or minimal contrast signal in the infarction-related myocardium, while grades 2 and 3 representing impaired and normal states. The inter- and intraobserver variabilities associated with subjective angiographic perfusion assessments are known limitations of these visual grading tools. Korosoglou *et al.* found that computerized

videodensitometric method for the evaluation of quantitative MBG is highly predictive for functional recovery in patients after ST elevation myocardial infarction (STEMI).

Our group presented a new method for computerized densitometric analysis on digital subtraction coronary angiograms (DSA). This technology seems to be a promising simple tool to assess vascular function in parallel with morphology, but its validity and diagnostic value of densitometry-derived parameters are not well confirmed.

Moreover, there is special problem when fistulous communications exist between coronary arteries and other vessels or heart chambers. In order to assess the functional importance of these fistulous communications, theoretically all the above mentioned methodologies could be used. However, due to rarity of patients with these complications, the experience with their usefulness is limited.

2. Aims

- To evaluate the correlations between videodensitometry-derived myocardium perfusion parameters and thermodilution-derived CFR and IMR in patients with stable angina pectoris.
- To examine the relationship between myocardial reperfusion as assessed by videodensitometry on coronary angiograms following invasive treatment of STEMI and MRI-derived late left ventricular (LV) function.
- To examine the relationship between videodensitometric myocardial perfusion parameters as assessed on coronary angiograms directly following successful recanalization therapy and MRI-derived myocardial tissue loss late after STEMI.
- To demonstrate the usefulness of videodensitometric myocardial perfusion parameters on the evaluation of success of alcohol septal ablation in hypertrophic obstructive cardiomyopathy (HOCM)
- To demonstrate the clinical usefulness of CFR and FFR measurements in the functional evaluation of multiple fistulas originating from all major coronary arteries
- To demonstrate the functional evaluation of left coronary-pulmonary artery fistulas by CFR assessment

3. Methods

Patient population (general considerations). Several patient populations were selected to evaluate videodensitometry-derived myocardial perfusion parameters as detailed below at each study at the Division of Invasive Cardiology, Department of Cardiology, University of Szeged, Hungary. Some cases with special fistulous communications are also presented. Informed consent was obtained from each patient and the study protocol conformed to the ethical guidelines of the 1975 Declaration of Helsinki, as reflected in a prior approval by the Institution's Human Research Committee.

Measurement of CFR, IMR and FFR. CFR, IMR, and FFR were measured according to methods described previously. Briefly, after conventional diagnostic coronary angiography a 6F coronary guiding catheter was used to engage the coronary artery. Heparin (5000 IU) and intracoronary Nitroglycerin (200 µg) were administered. For CFR measurement after equalization an intracoronary pressure and temperature sensor-tipped guide wire (Certus-pressure wire, Radi Medical Systems, Uppsala, Sweden) was inserted into the target coronary artery passed the borderline stenosis and used to record thermodilution curves and distal coronary pressure. Thermodilution curves were obtained in triplicate from a hand-held, 3-ml brisk (<0.25 s) injection of room temperature saline at baseline and at maximal hyperemia. Mean transit time at baseline and maximal hyperemia were derived from thermodilution curves. Simultaneous measurements of mean aortic pressure (P_a , by guiding catheter) and mean distal coronary pressure (P_d , by pressure wire) were also made in resting and maximal hyperemic states. Maximal hyperemia was achieved by a 140µg/kg/min intravenous infusion of adenosine. CFR was calculated from the ratio of baseline to hyperemic mean transit time. IMR was calculated from the ratio of the mean distal coronary pressure at maximal hyperemia divided by the inverse of hyperemic mean transit time. FFR was calculated by the ratio of P_d/P_a at maximal hyperemia. Special features for demonstration of cases with fistulous communications are presented at cases.

Myocardium-selective videodensitometry. Angiograms for densitometric analysis at baseline (and maximal hyperemia) were recorded on an Innova 2000™ (GE Healthcare, Chalfont St. Giles, Buckinghamshire, United Kingdom) system, in a way that phase-matched digital subtraction angiography (DSA) can be performed on them. This required the following criteria: 1) motion of patient or table should be avoided; 2) patient should hold breath for the time of

recording; 3) one contrast-free heart cycle should be recorded before injection of contrast material; 4) field of view is to be set to contain the whole supplied area of the vessel of interest. Standardized projections were chosen to minimize the superimposition of coronary arteries, veins and the aorta with the myocardium of interest. Left anterior descending coronary artery (LAD) and left circumflex coronary artery (CX) were recorded in lateral, while right coronary artery (RC) was recorded in a left anterior oblique 15° projection. Constant quantity of nonionic contrast material (6ml) was injected for all angiograms by an automatic injector (Acist Medical Systems, Bracco, Milan) at a rate of 3 cc/sec in order to standardize the density of angiograms. Images were stored in 512×512-size, 8-bit, grayscale, uncompressed format.

Phase-matched DSA angiograms were recorded on the same way in each patient with constant quantity contrast delivered, brightness, and stabilized acquisition parameters of the X-ray imaging system. The computerized method for myocardial perfusion assessment was based on the analysis of time–density curves (TDCs) measured over the infarction-related myocardial region of interest (ROI). Polygonal-shaped ROIs were selected by an experienced interventional cardiologist and covered the entire myocardial area at risk. Vesselness probability maps were calculated for each image frame. TDCs were calculated as average pixel value in the ROI, excluding pixels having a vesselness probability value >0.08. Frequencies higher than 0.6 Hz have been removed from the TDC to eliminate artifacts from cyclic heart contractions, and noise in image acquisition. Myocardial perfusion has a single-wave density signal around 0.1 Hz; therefore it is still present on the filtered curve. Frequency filtering was performed using the Matlab 7.0 mathematical software. Maximal density of the TDC (G_{\max}) and time to reach maximum density (T_{\max}) were measured on the filtered curve. Myocardial perfusion was characterized by G_{\max}/T_{\max} . TDCs were analyzed to obtain G_{\max}/T_{\max} values, as described previously, at baseline as at hyperemia in some studies. Maximal hyperemia, as per CFR, IMR, and FFR protocol was achieved by a 140 µg/kg/min intravenous infusion of adenosine. Two angiograms were taken with identical parameters in both baseline and hyperemic state, and videodensitometric myocardium perfusion reserve was calculated from the ratio of hyperemic to baseline G_{\max}/T_{\max} .

Cardiac magnetic resonance imaging analysis. In some studies, for evaluation of late LV function and myocardial infarction size, cardiac MRI was performed after percutaneous coronary intervention (PCI) using a 1.5 Tesla GE Signa® EXCITE® MRI (GE Healthcare, Waukesha, Wisconsin, USA) equipment with a cardiac software package. Patients were positioned in the supine position, with a cardiac 8-element phased-array coil placed over the thorax. Repeated

breath-holds and electrocardiographic gating were applied to minimize the influence of cardiac and respiratory motion on data collection. 2D FIESTA sequence was performed, imaging parameters were as follows: repetition time, 3.6 ms; echo time, 1.6 ms; flip angle, 50°; field of view, 43 x 38.9 cm; matrix, 224 x 224. To cover the entire LV 8 to 12 consecutive slices of 8 mm in the short axis view were planned on the 4 chambers (gap, 0 mm). Papillary muscles were considered as part of the LV cavity. The following LV parameters were considered for functional assessment: LV end-diastolic and end-systolic (ESV) volume, ejection fraction (EF), stroke volume and LV mass.

Myocardial loss index. In one study, late gadolinium enhancement MRI images were used for assessing infarcted myocardial regions. A single bolus dose of 0.15 mmol/kg of gadolinium DTPA was used in all cases, and late enhancement was considered present only if confirmed on both short-axis and matching long-axis myocardial locations. In order to have numerous values for lost myocardial tissue, coronary angiograms were analyzed and the location of occlusion was pinpointed and according to SYNTAX coronary segment analysis the supplied myocardial area was defined according to the recommendations of the American Society of Echocardiography. After the number of supplied segments was calculated each segment was analyzed on late gadolinium enhancement MRI and the transmural loss was calculated in each segment according to MRI data obtained of each segment. 0% loss of tissue meant 1, 25% loss equaled 0.75, 50% equaled 0.5, 75% meant 0.25, 100% translated to 0. This way the viable tissue was defined for each supplied segment and the sum of each supplied segment analysis was divided by the number of supplied segment distal to the occlusion. The dividend was defined as the myocardial loss index (MLI) (lower MLI means higher myocardial tissue loss).

Percutaneous coronary intervention. In some studies PCI was performed. All patients received acetyl-salicylic acid (500 mg), clopidogrel (600 mg) and at least 5000 IU of unfractionated Na-heparine prior to PCI. The PCI procedure followed available guidelines. Bare metal stent/s (BMS) or drug eluting stent/s (DES) was used in all cases.

Statistical analysis. All statistical tests were performed with MedCalc software (MedCalc, Mariakerke, Belgium). Data are reported as mean \pm standard deviation. A value of $p < 0.05$ was considered to be statistically significant. Paired sample t test was used where needed. Correlations were assessed by a Pearson's correlation coefficient. To establish the predictive

power of G_{\max}/T_{\max} , receiver operator characteristic curves (ROCs) were constructed and area under the curve together with sensitivity and specificity values were created.

4. Results

4.1. Videodensitometric myocardial perfusion assessment

4.1.1. Validation of videodensitometric myocardial perfusion assessment

Study population. The present study comprised thirteen patients with borderline coronary artery stenosis (40% to 70% diameter stenosis by visual assessment). All of them were admitted for elective coronary angiography after a positive stress test showing inducible ischemia. Borderline stenosis served as an indication for FFR measurement in all cases for functional evaluation of stenosis.

Relationship between FFR and G_{\max}/T_{\max} . Of the 13 patients enrolled in the study videodensitometric and pressure wire measurements were conducted in 13 coronary arteries: 10 left anterior descending, 2 right coronary arteries and 1 circumflex artery with borderline coronary angiographic stenosis. The mean degree of diametric stenosis by visual assessment was 55 ± 12 %. The corresponding mean FFR was found to be 0.86 ± 0.12 . Of the 13 coronary arteries 5 (all left anterior descending coronary artery) showed a FFR <0.8 , in these patients successful stenting was performed. Measurements were not repeated after stenting. FFR showed no correlations with hyperemic G_{\max}/T_{\max} ($r = -0.14$, $p = 0.66$) and videodensitometric myocardium perfusion reserve ($r = -0.37$, $p = 0.22$).

Relationship between mean transit time and G_{\max}/T_{\max} . At baseline conditions mean transit time was 0.89 ± 0.44 sec, and G_{\max}/T_{\max} 3.76 ± 1.28 /sec. During maximal hyperemia mean transit time decreased to 0.29 ± 0.18 sec and G_{\max}/T_{\max} increased to 5.77 ± 1.68 /sec. The improvement of G_{\max}/T_{\max} at hyperemia proved to be significant compared to baseline ($p < 0.0001$). A significant correlation could be demonstrated between baseline mean transit time and baseline G_{\max}/T_{\max} ($r = -0.70$ $p = 0.0076$), and a trend could be demonstrated between hyperemic mean transit time and hyperemic G_{\max}/T_{\max} ($r = -0.53$, $p = 0.0628$).

Relationship between IMR and G_{\max}/T_{\max} . Baseline and hyperemic IMR were found to be 78.06 ± 44.03 U and 18.86 ± 11.00 U, respectively. A significant correlation was found between baseline IMR and baseline G_{\max}/T_{\max} ($r = -0.71$, $p = 0.0069$), as well as between hyperemic IMR and hyperemic G_{\max}/T_{\max} ($r = -0.72$, $p = 0.0058$).

Relationship between CFR and G_{\max}/T_{\max} . Mean values of thermodilution-derived CFR proved to be 3.53 ± 1.84 and videodensitometric myocardium perfusion reserve 1.60 ± 0.42 . A significant correlation was found between videodensitometric myocardium perfusion reserve and thermodilution-derived CFR ($r = 0.82$, $p = 0.0008$).

4.1.2. Relationship between early myocardial reperfusion assessed by videodensitometry and late left ventricular function - Results following invasive treatment of acute myocardial infarction

Study population. The study comprised 25 patients. All of them were treated at the Division of Invasive Cardiology, Department of Cardiology, University of Szeged due to STEMI. During coronary angiography total occlusion could be demonstrated in one vessel in all cases. PCI with bare-metal stent implantation was performed in all subjects. Following PCI, coronary angiogram was recorded, on which blush parameters characterizing myocardial perfusion were determined offline. In all patients MRI examination was done to examine LV dimensions and function following 387 ± 262 days after STEMI.

Correlations. Significant correlations could be demonstrated between LV-EF and G_{\max} ($r = 0.40$, $p = 0.05$) and G_{\max}/T_{\max} ($r = 0.41$, $p = 0.04$) with vessel masking. Similar correlations could be demonstrated between LV-ESV and G_{\max} ($r = -0.37$, $p = 0.05$) and G_{\max}/T_{\max} ($r = -0.42$, $p = 0.04$). If measurements were performed without vessel masking, LV-EF correlated with G_{\max}/T_{\max} ($r = 0.39$, $p = 0.05$), and LV-ESV with G_{\max} ($r = 0.38$, $p = 0.05$), and with G_{\max}/T_{\max} ($r = 0.49$, $p = 0.01$).

ROC analysis. During ROC analysis cut-off value of $G_{\max}/T_{\max} \geq 2.17$ measured with vessel masking proved to have a prognostic value to predict half-year $\geq 50\%$ LV-EF with 88% sensitivity [95%-s confidence intervallum (CI) 64-99%] and 86% specificity (95% CI 42-100%).

4.1.3. Prediction of myocardial tissue loss by quantitative densitometric myocardial blush parameters following ST-elevation myocardial infarction

Study population. The present study comprised 29 consecutive patients with STEMI, who had undergone PCI. The following inclusion criteria was used during enrollment of patients:

- (1) acute ST elevation in contiguous leads on 12-lead ECG
- (2) pain-to-balloon time <12 h
- (3) total occlusion of the proximal segment of one of the three main coronary arteries, and
- (4) capability of the patient to cooperate with the recording of the coronary angiograms.

Patients who were unconscious or showed signs of cardiogenic shock or had visible collateral circulation in the infarction-related myocardial region were excluded from the study. For evaluation of late LV myocardial infarction size, cardiac MRI was performed 376 ± 254 days after PCI.

Correlations. Significant correlations could be demonstrated between MLI and G_{\max} ($r = 0.36$, $p = 0.05$) and G_{\max}/T_{\max} ($r = 0.40$, $p = 0.03$) using vessel masking. Similar correlations were found for the 16 patients with same occlusion site (RCA), as a homogeneous group ($r = 0.32$, $p = 0.05$ and $r = 0.38$, $p = 0.05$, respectively).

ROC analysis. Using ROC analysis, $G_{\max}/T_{\max} < 2.17$ predicted best MLI=0.3, 0.4, 0.5 and 0.6 with good sensitivity and specificity data, while $G_{\max}/T_{\max} < 3.25$ proved to have a prognostic role in the prediction of MLI=0.7.

4.1.4. Videodensitometric time-density curve change after alcohol septal ablation of obstructive hypertrophic cardiomyopathy

A 35-year-old female patient with obstructive hypertrophic cardiomyopathy, causing New York Heart Association Class III symptoms, underwent alcohol septal ablation. Before and after ablation, coronary angiograms were recorded on the left anterior descendent artery, and subsequently phase-matched digital subtraction angiograms have been performed on the recordings off-line. The recently developed computerized method for estimation of myocardial perfusion, based on the analysis of the TDC, was used to assess myocardial blush over a selected myocardial region of interest representing the area supplied by the ablated septal branch. The ratio of G_{\max} (defined as maximal amplitude of the TDC) and T_{\max} (defined as the time to reach G_{\max}) was reduced after alcohol ablation compared with pre-procedural levels indicating

reduced perfusion in the ablated septal area. This new method may allow evaluation of myocardial perfusion parameters, and may assist to judge the success of alcohol ablation in hypertrophic cardiomyopathy.

4.2. Functional estimation of coronary fistulas

4.2.1. Multiple coronary fistulas originating from all major coronary arteries

A 49-year-old man was referred for cardiac catheterization because of atypical chest pain. The electrocardiogram showed broader P waves, rSr' in leads III-aVF and J point elevation in leads V1-3. In leads III-aVF there was a slight ST depression with biphasic T waves, and otherwise positive T waves. Physical examination revealed a slight systolic murmur (grade 1/6) over the apex. Transthoracic echocardiography demonstrated 58 mm enddiastolic and 40 mm endsystolic LV diameters with a slight LV hypertrophy, 50% LV-EF and diffuse hypokinesia. The SPECT thallium revealed a persistent perfusion defect from the posterior wall to the apex and a smaller perfusion defect on the anterior septum with a transient component. Cardiac catheterization demonstrated contrast high velocity emptying from the distal parts of all three major vessels into the LV cavity through multiple small coronary arterio-ventricular connections, resulting in immediate opacification in the left heart chamber. On cardiac MRI, akinesia was present at the apex and at the distal part of the lateral wall with a calculated LV-EF of 38% and with LV hypertrophy especially at the apex. However, due to lower image resolution, MRI could not confirm major fistulas originating from the coronary arteries. FFR and CFR measurements were performed to gain more data on the potential functional aspects of these fistulas. FFR measured the distal blood flow, reproducing the coronary steal phenomenon. CFR was obtained to measure the potential change of resistance in the microvascular bed. The results were consequent, LAD-FFR was 0.76, LAD-CFR was 3.2, the CX-FFR was 0.81, CX-CFR could not be measured for technical reasons, RC-FFR measurement resulted in 0.91, and RC-CFR was found to be 1.6. As a conclusion, the decision was made that neither surgery nor catheter closure would be performed in this case. Due to available literature, in which patients' symptoms were controlled partially with beta-blocker therapy, a conservative therapy was continued.

4.2.2. Functional assessment of a left coronary-pulmonary artery fistulas by coronary flow reserve

A 71-year-old man presented with atypical chest pain. Physical examination revealed a continuous murmur (1/6) over the apex. Electrocardiogram showed sinus rhythm with no noteworthy abnormalities. Transthoracic echocardiography indicated good ejection fraction with no wall motion abnormalities, hypertrophic left ventricle, slightly enlarged left atrium and grade I mitral regurgitation. A turbulent flow could be demonstrated in the distal part of the left main coronary artery (LM) and in the proximal LAD by Doppler echo. Coronary angiography was performed but neither LM nor LAD stenosis could be confirmed; however, fistulous communications with a stronger tube-like fistula was present originating from the proximal LAD emptying into the main pulmonary artery (PA)(28,29). The pulmonary-to-systemic flow ratio (Q_p/Q_s) was 1.1/1. Data were obtained from oxygen saturation samples from systemic arterial blood, left atrial/pulmonary venous blood, pulmonary artery, and caval vein/right heart samples. The SPECT thallium stress test demonstrated discrete persistent perfusion defects on the anterior and posterior walls with no transient component. In agreement with the coronary angiography finding, computer tomography angiography revealed a fistula of 1 mm diameter. In order to assess the functional importance of these fistulous communications, FFR and CFR measurements were performed in the donor artery with a Pressure Wire System (St. Jude Medical, Minneapolis, MN, USA). Measurements were performed with administration of 50 U/kg heparin. To minimize vasoaction and measurement variability, 200 μ g of intracoronary (i.c.) nitroglycerin was also injected 3 min before the sensor guide-wire was advanced. The amount of i.c. adenosine was administered going up from 200 μ g to 240 μ g for each FFR measurement. For CFR assessments, 20 mg of papaverine was administered i.c. The LAD-FFR was found to be 0.86, LAD-CFR was 1.56. The CX-FFR and CX-CFR were 0.97 and 2.33, respectively. In view of these results and anatomic features, neither covered stent deployment nor coil embolization was performed.

5. Discussion

5.1. Videodensitometric myocardial perfusion assessment

5.1.1. Validation of videodensitometric myocardial perfusion assessment

In the present study significant correlations could be demonstrated between videodensitometric myocardium perfusion reserve and thermodilution-derived CFR, as well as between hyperemic videodensitometric G_{\max}/T_{\max} and hyperemic IMR in stable angina patients. These findings suggest that computer-assisted myocardium selective videodensitometry may be applied in the cardiac catheterization laboratory as a mean for interrogating and quantifying microcirculatory function of coronary arteries.

The need for assessment of coronary microvascular dysfunction in the catheterization laboratory and current available techniques. Despite rapid evolvement of noninvasive techniques for investigation of coronary microcirculatory disorders as contrast echocardiography, cardiac MRI, multislice CT, myocardial perfusion scintigraphy, PET, and combined techniques, the quantitative assessment of coronary microcirculation in the catheterization laboratory remains desirable to date. The reasons for this are the following: 1) angiography remains the golden standard for ruling out epicardial stenosis; 2) a large proportion of patients still present without adequately interpretable prior functional noninvasive testing ; 3) reperfusion therapy in acute myocardial infarction has shifted to the catheterization laboratory, where immediate evaluation of therapeutic success and further outcome is of advantage.

Current available techniques include invasive measurement by CFR and IMR, which can prove to be time, expense and instrumentation consuming. Angiographic visual assessment by myocardial blush grade and TIMI myocardial perfusion grade on the other hand is only routinely applied to study the microcirculation during reperfusion in STEMI. Myocardium selective videodensitometric assessment of perfusion as the above mentioned methods utilizes the indicator dilution principle where the input function is an intracoronary injection of X-ray contrast and the output observable is opacification of the myocardium supplied. Perfusion is numerically assessed by the ratio of maximal density and the time to reach maximum density of the time-density curves in regions of interest on X-ray coronary angiograms. This method allows for objective and quantitative assessment, is cost effective without further need for

coronary instrumentation. It could be interpretable in specific non-acute coronary syndrome settings as well with more sensitivity and specificity compared to myocardial blush grade and TIMI myocardial perfusion grade.

Relationship between G_{\max}/T_{\max} and coronary flow reserve. CFR is defined as the ratio of peak hyperemic to baseline flow. A drop in CFR may indicate loss of response to hyperemic stimuli due to coronary microvascular dysfunction in the absence of significant coronary artery disease or a decreased resting microcirculatory resistance in consequence of a flow-limiting epicardial coronary artery stenosis. At hyperemia a rise in epicardial coronary flow is accompanied by an increase in myocardium perfusion, which theoretically can be observed as a rise in (G_{\max}/T_{\max}) compared to baseline. This theory was justified in our experiment as we found a significant elevation of hyperemic G_{\max}/T_{\max} value compared to baseline G_{\max}/T_{\max} in all patients. The ratio of hyperemic to resting perfusion (G_{\max}/T_{\max}) could be interpreted as videodensitometric myocardium perfusion reserve similarly to the concept of CFR creating an index representing the state of microcirculation like CFR. Underlining this concept others before us found a decline of videodensitometric myocardium perfusion reserve in hypertensive patients known to suffer from coronary microvascular dysfunction compared to controls, however did not attempt to study a possible correlation of myocardium perfusion reserve with other validated methods. In the current publication we go further by reporting a significant correlation between the validated method of thermodilution-derived CFR and myocardium perfusion reserve suggesting comparable clinical benefit.

Relationship between G_{\max}/T_{\max} and IMR. Recently IMR, a novel marker of coronary microvascular function has been introduced, showing superior reproducibility and less hemodynamic dependence than CFR. It is derived from the directly measured distal coronary pressure and mean transit time at hyperemia and is validated in animal models to correlate with true microvascular resistance. Theoretically, coronary microvascular dysfunction detected by IMR as rise of microvascular resistance at maximum hyperemia can also be assessed by hyperemic G_{\max}/T_{\max} as an impediment of contrast penetration into the myocardium leading to a flattened rise slope of the hyperemic time-density curve and decreased values of G_{\max}/T_{\max} . Indeed, in the current study we report a significant correlation between hyperemic G_{\max}/T_{\max} and hyperemic IMR.

Possible independence of G_{\max}/T_{\max} from epicardial stenosis. Severe epicardial stenosis leads to a distal pressure and flow drop (observed as a rise in mean transit time) distal to the lesion. In the current study population with borderline lesions this phenomenon is prominent at hyperemia only (40). The rise in hyperemic mean transit time will lower the CFR value independently and additionally to the underlying coronary microvascular dysfunction obscuring data interpretation (38). In the case of hyperemic IMR (calculated as hyperemic distal pressure x hyperemic mean transit time) the drop of distal pressure caused by epicardial stenosis is hypothesized to counterbalance the rise of mean transit time leaving IMR unchanged (5). In this study as expected we found no significant correlations between FFR, solely dependent on epicardial stenosis severity and any of the videodensitometric derived parameters representing myocardial perfusion. A significant correlation observed between mean transit time and G_{\max}/T_{\max} at baseline was found to be a nonsignificant trend at hyperemia, whereas the significant correlation observed at baseline between IMR and G_{\max}/T_{\max} was also significant at hyperemia. The correlation of hyperemic G_{\max}/T_{\max} to hyperemic IMR rather than to hyperemic mean transit time in this special patient subset suggests that hyperemic G_{\max}/T_{\max} like IMR may be unaffected by epicardial stenosis. This does not contradict previous findings of correlation between videodensitometric myocardium perfusion reserve and CFR which in this special population seems to be mainly driven by significant correlation of baseline G_{\max}/T_{\max} and mean transit time. To clarify this matter further prospective investigations are warranted in larger groups of patients with clearly significant epicardial disease effecting baseline flow as well as in groups entirely free of epicardial coronary artery disease.

Limitation section. Computer-assisted myocardium selective videodensitometric perfusion assessment has been under constant improvement as technological progress permitted. Further investigations however are needed to solve the remaining problem of static region of interest areas. Large areas can result in variable results due to inhomogenous distribution of contrast material. On the other hand, small static area selection is difficult for the whole image sequence because of the cyclic motion of myocardium caused by the heart beating. A possible improvement to tackle this problem and improve precision could be motion tracking of myocardial regions. All procedures were done by a single operator using automatic contrast injector using standardized flow rate and amount. Timing of injection however was not synchronized to the phase of the heart cycle, which may contribute to the limited level of correlations in our results. This problem can be eliminated by the use of an electrocardiogram

triggered injector. Further inherent limitations include current commercial unavailability of the method which renders large scale clinical use.

5.1.2. Relationship between early myocardial reperfusion assessed by videodensitometry and late left ventricular function - Results following invasive treatment of acute myocardial infarction

Regarding to our results it could be stated, that densitometry-derived G_{\max}/T_{\max} measured on coronary angiograms characterizing myocardial reperfusion immediately following invasive intervention of STEMI shows relationship with late LV function: the higher post-PCI myocardial blush, the lower LV-ESV and the higher LV-EF during an average half-year follow-up. It was also confirmed by analysis, that densitometric parameters have prognostic power to predict late LV function ($\geq 50\%$ LV-EF).

The presented videodensitometric measurement is based on a software, which has been partially developed at our department. Previously, several tools have been developed, with which myocardial perfusion could be quantitated on coronary angiogram: myocardial blush grade (MBG) measures maximal contrast density, while TIMI myocardial perfusion grade (TMPG) characterize the clearance dye of contrast from the microvasculature. Over the presented quantitative densitometric measurements other applications have also been developed and introduced. The presented videodensitometric methodology has been validated by IMR and CFR as demonstrated in chapter 5.1.1.

Presentation of the results of our first studies with this software in patients with STEMI have been done in 2009. Relationship could be demonstrated between densitometric perfusion alterations related to infarction and early indicators of myocardial reperfusion. It could be confirmed that vessel masking improves sensitivity of videodensitometric myocardial perfusion assessments. Based on these results later vessel masking was always applied during videodensitometric measurements. With present study, evaluation of LV size and function was done by MRI due to its best „gold standard” image quality (previously echocardiography was used). The aim of the present research was to examine late functional recovery which could explain why MRI was performed almost one-year after infarction. In another study it has been confirmed, that G_{\max}/T_{\max} calculated over supplied myocardial areas of all three coronary arteries shows correlations with TIMI frame count (TFC) in patients with stable clinical condition with negative coronary angiography. TFC is a simple, reproducible, quantitative and objective method to characterize epicardial flow not only in patients with myocardial infarction,

but also in stable patients with microcirculatory dysfunction. During TFC frame count is calculated on a coronary angiogram, while contrast agent „runs over” a certain coronary artery. It has also been confirmed that videodensitometric perfusion is reduced in patients with hypertension and aortic stenosis by G_{\max}/T_{\max} calculated for all coronary arteries. One another studies highlighted the opportunity of the videodensitometric assessment of the success of percutaneous transluminal septal myocardial ablation in HOCM.

Our results are in agreement with previous findings described by other working groups. Following successful angioplasty due to myocardial infarction tissue reperfusion improves by time, which is accompanied by improvement of LV function. In another study MBG ≥ 2 was found to be one of the best predictor of LV functional recovery following STEMI. Regarding to Bax *et al* CFR was found to be one of the best prognostic marker of LV functional recovery following anterior infarction. However, further studies are warranted in larger patient population to confirm, whether G_{\max}/T_{\max} measured by our method shows similar context, as well.

Limitation section. Over previously mentioned limitations it should also be considered that the effect of different drugs and other disorders on study outcome was not evaluated and low number of patients was evaluated. Myocardial blush parameters measured for different infarction-related coronary artery were not calculated separately, as well.

5.1.3. Prediction of myocardial tissue loss by quantitative densitometric myocardial blush parameters following ST-elevation myocardial infarction

To the best of authors' knowledge this is the first time when feasibility of the recently developed videodensitometric method has been demonstrated in clinical circumstances to predict lost myocardial tissue level following STEMI at almost 1-year follow-up. Moreover, significant correlation could be detected between extent of myocardial infarction as expressed by MLI and densitometric G_{\max}/T_{\max} myocardial blush parameters. Traditionally, normalized epicardial blood flow means success after recanalization of the occluded artery in patients with STEMI. TIMI grade 3 epicardial coronary blood flow could be achieved in more than 90% in experienced invasive cardiology centers. However, TIMI grade 3 flow is not equivalent to good myocardial tissue level perfusion thus long-term good clinical outcome and decreased mortality, which has been well described in 1990s by different imaging modality studies, such as MRI and radionuclide studies. Poor microcirculatory perfusion after primary PCI results in

larger enzymatic infarction size, lower residual LV-EF, higher mortality, and higher incidence of major adverse cardiac events in a long-term follow-up. To date cardiac MRI is considered as the gold standard in the assessment of left ventricular function and size and transmural extent of myocardial infarction. Therefore we decided to compare the relationship between myocardial perfusion parameters as assessed after PCI in STEMI patients by densitometry on coronary angiograms and late MRI-derived characteristics of myocardial damage. Low densitometry-derived G_{\max}/T_{\max} seems to have a prognostic role in prediction of lost myocardial tissue at 1 year follow-up. Comparison with previous videodensitometric studies are presented in previous chapters

Limitation section. Over previously demonstrated limitations 48 percent of patients had MVD. It is important to be considered that collateral systems associated with MVD could affect myocardial perfusion assessments, as well.

5.1.4. Videodensitometric time-density curve change after alcohol septal ablation of obstructive hypertrophic cardiomyopathy

Regarding to guidelines, at this moment contrast echocardiography is used in routine clinical practice for the evaluation of success of alcohol septal ablation in HOCM. With our case usefulness of videodensitometric assessment of perfusion abnormalities caused by alcohol septal ablation in a HOCM patient has been presented. The methodology is easy to perform, either at the same time as the invasive procedure. However, further studies in larger patient HOCM population are required to confirm our findings.

5.2. Functional estimation of coronary fistulas

5.2.1. Multiple coronary fistulas originating from all major coronary arteries

Coronary fistulas to one of the cardiac chambers are infrequent anomalies and usually are found unexpectedly. In a large clinical study including 126,595 patients, coronary fistulas were found in only 0.17% of patients undergoing cardiac catheterization and only 0.05% were multiple or large size fistulas. Multiple fistulas communicating between coronary arteries and left heart chambers are extremely rare, especially those emptying into the LV.

We presented a case with multiple and diffuse coronary artery-LV communications. Although multiple arterio-ventricular fistulas are very infrequent anomalies, angina pectoris and myocardial infarction can occur in the absence of atherosclerotic coronary artery disease. The majority of patients are asymptomatic, but coronary steal, signs of ischemia and fatal arrhythmias can be present in some cases. The most frequent symptoms are dyspnea, shortness of breath and angina, but may present as endocarditis, myocardial infarction or death. For diagnosing this phenomenon, coronary angiography is the gold standard.

In the present case, coronary angiography showed multiple fistulae arising from the distal parts of all major coronary vessels, providing immediate opacification in the LV cavity. Partially, because of the immediate opacification in the LV cavity, it seems reasonable to think that these microfistulas are not the so-called 'Thebesian veins', which definition is: 'Numerous small valveless venous channels, opening directly into the chambers of the heart from the capillary bed in the cardiac wall,,enabling a form of collateral circulation unique to the heart'. If these venous vessels exist, they primarily empty into the right atrium and right ventricle. If they drain into the left heart chambers, it contributes to right to left shunt of deoxygenated blood. 'Thebesian veins' would also have a somewhat delayed appearance of contrast into the target chamber. In the present case, the examinations performed including coronary angiography do not support the existence of these venous communications.

Unfortunately, for functional assessment, publications are not available in patients with multiple microfistulas. It seems reasonable to think that FFR and CFR could be adequate methods. While the epicardial vessels mainly serve as conductance channels for blood flow, the intramural vessels not only distribute blood flow within the myocardium, but also have distinctive functions for the coronary blood flow control. Coronary resistance is controlled by these small arteries and arterioles. In 'normal coronary arteries', there is a negligible pressure loss along the length of the coronary artery even at maximum hyperemia. In case of an epicardial stenosis, distal coronary pressure will decrease due to the resistance of the stenosis. The distal pressure is the actual perfusion pressure for the myocardial territory supplied by the stenotic coronary artery. In case of a 'not normal' coronary artery, as in the patient we presented, it would seem logical to think that not a stenosis, but multiple microfistulas emptying into the LV at maximum hyperaemia could cause a significant steal. For this reason we assume that FFR measurement would be a good tool to diagnose the coronary steal phenomenon in such patients. For FFR and CFR measurements PressureWire was used (Radi Medical Systems, Reading, MA, USA). The measurement was performed with intravenous (iv.) heparin 50 units/kg administered beforehand. To minimize vasomotion and measurement

variability, 200 micrograms (μg) intracoronary (ic.) nitroglycerin was also given 5 minutes before the sensor guide wire was advanced. For the FFR measurement, 120 μg adenosine was administered into the LAD and CX and 80 μg for the RC. In the present case, FFR values in the RC and CX were 0.91 and 0.81 showing no impairment of flow in the distal part of the vessels, while LAD-FFR was 0,76, which can be considered as a borderline value.

In our case invasive CFR measurements were also performed. As it is known, coronary resistance is controlled by small arteries and arterioles. CFR measures the capacity of the two-component system of coronary artery and supplied vascular bed to achieve maximal blood flow in response to a given hyperemic stimulation. The variability of CFR in unobstructed arteries is due to multiple factors such as vasoconstrictor, neurological or humoral influences, endothelial dysfunction, and extravascular compression of intramural vessels or, as in the present case multiple microfistulas emptying into the LV. During CFR measurements, 20 mg ic. papaverine was administered for the LAD and 15 mg papaverine ic. bolus for the RC. CFR in the LAD was 3.2, which is in the normal range and 1.6 for the RC, which is an abnormal value. These microfistulas, as well as the proven LV hypertrophy can also contribute to the abnormal CFR in the territory supplied by the RC.

For this unique abnormality of the coronary vessels, not enough experience is available to decide whether invasive or surgical strategy, or the conservative approach would result in a better outcome for these patients. The anatomic defect may be corrected by surgery or percutaneously with coils or stent grafts. In a series of 14 patients described by Liu *et al.*, 6 were treated surgically. One of them died in the postoperative period, but not from a cardiac cause. The other 5 were asymptomatic for five years after surgery. In the remaining 8 cases, after 5 years of follow-up, 4 continued with the initial clinical status and the other 4 patients complained of progression of symptoms. Today, one case of sudden death was associated with coronary fistulas. Satoh *et al.* demonstrated sudden cardiac death in a young Chinese patient with a RC fistula to a markedly hypertrophied LV. Autopsy confirmed microscopic evidence of myocardial ischemia.

5.2.2. Functional assessment of a left coronary-pulmonary artery fistulas by coronary flow reserve

The majority of patients with coronary artery fistulas have no symptoms, but dyspnea, congestive heart failure, angina pectoris, endocarditis, arrhythmia, or myocardial infarction may be present. The non-invasive diagnosis of such fistulas is often difficult; therefore coronary angiography is currently the standard method of choice for the diagnosis of this phenomenon. In cases of fistulous communications from the coronary tree the flow in the donor vessel can be compromised, especially in the presence of a proximal fistulous channel. In normal coronary arteries, there is no apparent pressure loss along the length of the coronary artery. In case of a stenosis, the distal coronary pressure decreases due to the resistance of the stenosis; however, perfusion pressure can be possibly lost via fistulas as well. It has been postulated that FFR may be feasible for functional severity assessment of coronary fistulas. In this case a low FFR indicates a “pseudo-stenosis” of the anatomically normal vessels.

The shunt blood flow under resting conditions can provide useful extra information only if the shunt ratio is above 1.5. At maximum hyperemia, coronary steal can be manifested especially if the donor vessel supplies the territory of a dominant vessel. Harle et al. demonstrated that temporary occlusion of the fistula results in normalized FFR in the donor vessel; thus it was assumed that FFR measurement is a feasible means of diagnosing the functional severity in patients with a possible coronary steal.

It has been proved by simultaneous FFR and CFR determinations in patients with chronic total occlusion that a coronary steal through the collateral vessels influenced the functional severity of the disease in the donor vessel. In our patient, however, the case was completely different because the donor artery supplied an extracardiac compartment, i.e. the pulmonary circulation, in which the blood flow supposedly did not increase under the adenosine effect. The slightly decreased LAD-FFR might be explained by the turbulence at the origin of the fistula, which may have resulted in some impediment of the flow. An angiographically undetectable non-significant proximal LAD lesion may also have explained this difference.

Coronary resistance is controlled by arterioles and small arteries. The absolute CFR is the ratio of the maximum hyperemic to the basal mean coronary flow velocity in the target vessel. The CFR expresses the capacity of a two-component system of a coronary artery and the supplied vascular bed to achieve maximum blood flow in response to a given hyperemic stimulation. In the present case, the LAD-CFR was remarkably below the cutoff value of 2, while the CX-CFR was normal. This phenomenon can be explained by the fact that a significant

fraction of the blood is diverted from the distal LAD into the pulmonary circulation by the collaterals, and this flow was not affected by the i.c. papaverine injection. Hereby the effective increase of the myocardial flow in the distal LAD stayed behind that of the CX artery. In other words, the relative decrease of CFR in the LAD reflected the relative flow in the fistula compared to the fraction effectively supplying the myocardial territory of the vessel. An essential limitation of this explanation is that the flow of the proximal and distal LAD and furthermore that of the pulmonary circulation was not directly measured. However, this deficiency resulted from the thermodilution method of CFR measurement that we applied. There are numerous factors that contribute to the fact that CFR cannot be utilized in clinical practice directly. The CFR values even in normal coronary arteries can be diverse, but if the value exceeds 15%, it is considered to be significant as in the case presented. In the case presented the CX-CFR value was normal; therefore we could rule out other humoral, neurological factors and endothelial dysfunction for the abnormal LAD-CFR result.

It cannot yet be stated whether an invasive or surgical strategy or a conservative approach would result in a better outcome for these patients. The anatomic defect may be corrected surgically or percutaneously with coils or covered stents. Though the decrease of CFR in the LAD denoted a remarkable steal to the pulmonary circulation, in consideration of the missing evidence of myocardial ischemia, and the potential complications of surgical ligation or intervention we proceeded with medical therapy.

6. Conclusions (new observations)

- Videodensitometric G_{\max}/T_{\max} assessment seems to be a promising method to assess the myocardial microcirculatory state
- Relationship could be demonstrated between densitometric G_{\max}/T_{\max} and cardiac MRI-derived late LV function following STEMI.
- Selective myocardial perfusion quantitative measurement method is feasible and can serve as a good predictor of myocardial lost tissue level after STEMI and revascularization therapy.
- A new numerical objective index – Myocardial Loss Index (MLI) shows great potential to quantify lost myocardial tissue through the course of STEMI.
- Videodensitometric myocardial perfusion assessment on coronary angiograms can be used for quantitative evaluation of the success of alcohol septal ablation in hypertrophic obstructive cardiomyopathy
- FFR and CFR can be useful tool to assess the functional severity of patients presenting with fistulous communications between coronary arteries and other structures of the heart or blood vessels.
- Thermodilution CFR measurement can allow a functional evaluation of coronary-pulmonary fistulas.

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