# METABOLIC STRESS AND ANTIPSYCHOTIC TREATMENT INDUCED GENE EXPRESSION ALTERATIONS IN HUMAN CELL CULTURES

PhD Thesis

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# 1 CONTENTS

L	IST OF AB	BREVIATIONS	6
1	INTRO	DUCTION	7
	1.1 Mo	odeling Mental Disorders	7
	1.2 Stu	ıdy 1 – Diathesis–Stress in Fibroblasts	7
	1.2.1	Human dermal fibroblasts in psychiatric research	8
	1.2.2	microRNAs: tuning mega-regulators	9
	1.3 Stu	ıdy 2 – A Psychopharmacological Assay	10
	1.3.1	Human induced pluripotent and neural cells in psychiatric research	10
	1.3.2	Modeling hippocampal neurogenesis	11
2	STUDY	OBJECTIVES	12
3	MATE	RIALS AND METHODS	12
	3.1 Stu	ıdy 1 – Diathesis–Stress in Fibroblasts	12
	3.1.1	Skin biopsy and fibroblast cultures	12
	3.1.2	Metabolic stress treatment	13
	3.1.3	RNA isolation	14
	3.1.4	mRNA expression assessment with DNA microarray	14
	3.1.1	mRNA profiling data validation by quantitative polymerase chain reaction	15
	3.1.2	microRNA expression assessment with PCR	16
	3.1.3	microRNA data validation by individual PCR	16
	3.1.4	mRNA and microRNA data analysis	16
	3.2 Stu	ıdy 2 – A Psychopharmacological Assay	17
	3.2.1	iPSC and NPC cultures	17
	3.2.2	Neural differentiation and treatment with antipsychotics	18
	3.2.3	Cell characterization	18
	3.2.4	RNA isolation, reverse transcription	19
	3.2.5	Real-time quantitative PCR and data analysis	20
4	RESUL	TS	20
	4.1 Stu	ıdy 1 – Diathesis–Stress in Fibroblasts	20
	4.1.1	How fibroblasts adapt on transcriptome-level?	20
	4.1.2	Manifestation of MD diathesis in fibroblasts	23
	4.1.3	Stress vulnerability of MD-fibroblasts	26
	4.2 Stu	ıdy 2 – A Psychopharmacological Assay	29
	421	Characterizing iPSCs and iNCs	29

	4.2.2	Gene expression alterations	31
5	DISCUS	SION	33
:	5.1 Stu	dy 1 – Diathesis–Stress in Fibroblasts	33
	5.1.1	Metabolic stress response of control HDFs	33
	5.1.2	MD-specific transcriptome	34
	5.1.3	Metabolic stress response of MD fibroblasts	36
	5.1.4	Never-ending limitations	40
:	5.2 Stu	dy 2 – A Psychopharmacological Assay	41
	5.2.1	Neuronal differentiation 1 (NEUROD1)	42
	5.2.2	Microtubule-associated protein 2 (MAP2)	43
	5.2.3	Glial fibrillary acidic protein (GFAP)	44
	5.2.4	Metabotropic glutamate receptors (mGluR2 and mGluR7)	46
	5.2.5	Vesicular glutamate transporter 1 (VGLUT1)	47
	5.2.6	Limitations and future directions	47
:	5.3 Our	major findings	49
6	CONCL	USIONS	50
AC	CKNOWLE	EDGEMENT	51
RE	FERENCE	ES	52

### LIST OF ABBREVIATIONS

AAP: atypical antipsychotic drug

ALR: average logarithmic ratio

AP: antipsychotic drug

CNS: central nervous system

CNT: control

DG: dentate gyrus of the hippocampus

DMEM: Dulbecco's modified Eagle medium

DMSO: dimethyl sulfoxide

FBS: fetal bovine serum

G \* E: gene-environment interaction

GAL: galactose-enriched, glucose-deprived medium

GFAP: glial fibrillary acidic protein

HDF: human dermal fibroblast

HL: haloperidol

HPA: hypothalamic-pituitary-adrenal axis

iNC: induced pluripotent stem cell-derived neural cell

iPSC: induced pluripotent stem cell

MAP2: microtubule associated protein 2

MD: major depression

mGluR2 and mGluR7: metabotropic glutamate receptor 2 and 7

NEUROD1: Neural differentation 1

NPC: neural progenitor

OL: olanzapine

PBS: phosphate-buffered saline

qPCR: quantitative polymerase chain reaction

RL: lipid-reduced medium

RP: risperidone

STD: standard

TAP: typical antipsychotic drug

VGLUT1: vesicular glutamate transporter 1

### 1 INTRODUCTION

### 1.1 MODELING MENTAL DISORDERS

As mental disorders are exclusively human conditions and their pathophysiology can not be directly analyzed in the dysfunctioning organ *in vivo*, investigating and modeling these conditions raises several problems and necessitates compromises. Animal models provide valuable information on the behavioral disturbances and associated structural and functional brain alterations but obviously have their limitations and validation difficulties<sup>1</sup>. Hence, human biospecimens and experimental model systems are indispensable in studying complex, multifactorial neuropsychiatric disorders.

Postmortem observations might be biased by various artifacts related to *in vivo* effects, applied treatment, cause of death or postmortem interval<sup>2</sup>. Brain banks provide great sample sizes, standardized methodology and detailed clinical information. However, they cannot counterveil that postmortem samples are not appropriate for functional assays evaluation of gene \* environment (G \* E) interactions, maladaptation, or drug response and have limited utility in establishing diagnosis and aiding therapeutic approaches which would be one of the greatest clinical advantages of etiology and biomarker studies.

Thus, high effort is taken to develop easy-to-gain and -maintain living subjects for functional, translational and heritability studies in psychiatric disorders. Considering that molecular abnormalities, contributing to neural dysfunction (e.g. mitochondrial, metabolic changes, antioxidant potential, intracellular signaling, geneexpression regulation) are common among cell types and the majority of psychiatric disorders have a heritability between 40-90%, they can be studied *in vitro*<sup>3</sup>. Patient derived cellular functional assays enable a systemoriented view, in which mental disorders are the manifestation of the donor's individual genetics and perform functional assays to map G \* E and G \* G interactions.

In my thesis, I introduce two research projects which aimed to examine the diathesis-stress model of depression in patient-derived dermal fibroblast cultures (Study 1) and the effect of antipsychotic drugs on induced pluripotent stem cell (iPSC) -derived differentiating neurons (Study 2).

### 1.2 STUDY 1 – DIATHESIS-STRESS IN FIBROBLASTS

Selye suggested that stress response follows an evolutionary conserved scheme *via* activating the neuro-immuno-endocrine system, independently from the source or parameters of the stressor<sup>4</sup>. After danger passes, the reaction settles down and the body starts to restore

the reserves. Yet in some cases, the same external stimulus provokes prolonged, inadequate stress response and results in maladaptive disorders, such as major depression (MD).

In 2012, MD was the leading cause of disability worldwide (WHO<sup>5</sup>) affecting almost every 5th people. It is a multifactorial disorder, with a heritability of 36-70%, suggesting complex (epi)genome \* environment interactions in the background<sup>6</sup>. Despite decades of active research, the exact pathomechanism of MD remains unclear. Candidate gene, linkage and genome-wide association (GWA) studies failed to identify the genetic background of the disorder<sup>7,8</sup> underpinning the polygenic heterogeneity model. According to this, common genetic variants alone cause minor phenotypic changes, but in certain constellations, their effects sum up and results in decreased individual resilience<sup>9,10,11</sup>. The diathesis-stress model claims that this genetic sensitivity interacts with the environment and may result in the development or remission of clinical symptoms through the life9<sup>,10</sup>. Thus, genetic load often manifests only when a stress occurs and anomalies of the adaptation system are heightened.

This G \* E based approach of MD is supported by clinical data: there is a well-known association between stressful life-events and the development of depressive symptoms. Chronic stress disposes to immunological and mental disturbances and the inflammatory response modulates the hypothalamic-pituitary-adrenal axis (HPA axis), affective and cognitive functioning. Therefore, HPA-axis and inflammatory system dysregulation are the most studied and proved somatic factors of MD<sup>12,13,14</sup>. The theory is also plausible in a neurobiological contexts, described in the inflammation–neurodegeneration model of MD.

MD is also referred to as metabolic syndrome type II, a complex endocrine - metabolic disorder. Stress hormones, vasopressin, enteroendocrine factors (insulin-like growth factor, ghrelin, cholecystokinin) show significant alterations in MD patients  $^{15}$ . Furthermore, metabolic dysregulation might be associated with depressed mood and cognitive impairment  $^{16}$ . Thus, it is plausible that G \* E caused cellular malfunction manifests not only in affective/cognitive disturbances in the CNS, but in immune and metabolic alterations in the peripheral tissues also.

### 1.2.1 Human dermal fibroblasts in psychiatric research

In the recent 5 years, there has been growing literature on human dermal fibroblasts (HDFs) as potential model systems or biomarker resources in psychiatric disorders. They were used to investigate disease-related metabolism, redox homeostasis, membrane transport, apoptotic susceptibility, transcriptome, circadian rhythm or pharmacology in schizophrenia, attention deficit and hyperactivity disorder, MD, and bipolar depression.

HDFs are relatively easy to obtain from minimal invasive skin biopsies <sup>17</sup>. Their maintenance does not require significant resources and they can be easily propagated for long periods of time without genetic manipulation or external growth factors <sup>18</sup>. The cultures consist of mitotic and post-mitotic, uniform fibroblast cells <sup>19</sup> and retain genetic stability for 15-20 passages <sup>20</sup>. After 4-5 passages, cell lines thought to be free of pre-sampling *in vivo* effects, such as health state, diet, medication and environmental factors <sup>21,22</sup>. The gene expression, signaling pathways and receptor profile of fibroblasts are similar to cells of neuro-ectodermal origin <sup>23</sup>. Moreover, they proved to express neuron and glia specific markers <sup>24</sup>.

All these considerations make HDF cultures an appealing, cost-effective experimental model for studying neuropsychiatric disorders. They can be used for directly studying the naive pathophysiology, maladaptation and epi(genetic) regulation; and may be potential subjects of controlled, reproducible, 'individualized' *in vitro* experiments with the patient's genetic background.

### 1.2.2 microRNAs: tuning mega-regulators

Adaptation requires a quick, accurate, coordinated reaction on systemic and cellular level. MicroRNA-mediated transcription regulation meets these criteria. MicroRNAs are small (18-24–nucleotid–long), single-stranded, non-coding RNAs, key regulators of gene expression. More than 2000 mature microRNAs modulate nearly 60% of the human genes with a high degree of pleiotropy and functional redundancy. They dampen the gene expression and suppress its intrinsic variations to help the maintenance of homeostasis<sup>25</sup>. Intriguingly, growing body of evidence indicates that microRNAs may exert paracrine and endocrine-like effects after secreted into the interstitium and various biospecimens (e.g. plasma, saliva, tear, or urine) <sup>26,27,28</sup>.

MicroRNAs link to a complementary sequence in the 3'-untranslated region (UTR) and evoke the degradation, destabilization, storage or transport of the target mRNA, thus induce the permanent or temporary repression of local or cell-wide protein synthesis. However, the presence of a microRNA is not automatically enough to predict its silencing effects. For instance, if the complementarity between the microRNA and the target site is not perfect, the partial hybridization (temporalily) prevents translation but does not lead to mRNA decompose<sup>29</sup>. After the detrimental effect ceases, mRNAs are rehabilitated from the stress granules and translated for rapid recovery<sup>30</sup>. Moreover, recent observations suggest that miRNAs do not have exclusively negative effect on translation: the target genes can be enhanced by direct gene activation, mRNA stabilization, or mRNA de-repression<sup>31,32</sup>. Thus,

microRNA-driven mRNA metabolism is essential in the protection of the future enzyme sets and reserve capacities<sup>33</sup>. This remarkable dynamicity and complexity enables microRNAs to fine-tune the overall cell transcriptome or local protein sets (e.g. during synapse formation).

Fifty percent of the known human microRNAs are expressed in the CNS<sup>34</sup>. Some microRNAs show restricted tissue distribution but most of them are widely expressed although their appearance and function might be specific to the cell type and developmental stage<sup>35,36</sup>. They are implicated in multiple processes associated with cell cycle, apoptosis, differentiation, regeneration, metabolic adaptation and synaptic plasticity<sup>37,38</sup>. We assume if there is a dysregulated microRNome background of the maladaptive stress reaction in the MD brain, and this microRNA signature might be detectable in other cells of the body.

Compared with other types of RNAs, microRNAs exhibit higher stability even under harsh conditions, i.e. long storage at room temperature<sup>39</sup> and in extreme pHs<sup>40</sup>. Postmortem and animal studies revealed microRNA alterations in the brain, blood and cerebrospinal fluid (CSF) in MD<sup>41</sup>, anxiety<sup>42</sup>, bipolar disorder<sup>43</sup>, and schizophrenia<sup>44,45</sup>. Furthermore, microRNAs are involved in the gene expression and behavior modulatory effects of stress, psychotropic and antidepressant drugs<sup>46,47</sup>. These suggest that microRNAs can be used to assess and monitor the body's pathophysiological state<sup>48</sup>. However, the results are controversial and the association between the brain and peripheral microRNA changes is poorly understood.

# 1.3 STUDY 2 – A PSYCHOPHARMACOLOGICAL ASSAY

### 1.3.1 Human induced pluripotent and neural cells in psychiatric research

In 2007, Yamanaka and Takahashi showed that human postmitotic somatic cells can be reprogrammed into induced pluripotent stem cells (iPSCs) and further differentiated into all three germlines<sup>49</sup>. Since then, iPSC-research is apparently the most rapidly developing field of bioscience with exceptional possibilities in *in vitro* disease modeling, regenerative medicine and drug development. Numerous reprogramming protocols have been published differing in the applied factors, delivery method and culturing condition<sup>50</sup>. Summarising, a set of transcriptional factor genes can be transfected into the cells *via* integrating (lenti- and retroviral) or non-integrating (adenovirus, episomal vector, synthetic mRNA) vectors or direct protein delivering tools <sup>51,49,52</sup>. After initial induction, endogenous *NANOG*, *SOX2* and *OCT-4* expression indicate pluripotency of iPSCs which can be maintained for theoretically unlimited time or differentiated into committed cell lines, such as neural progenitors (iNPC) and mature

neurons (iNC). These provide opportunity to study neuropathophysiology grounded by the patients' individual genotype.

The differentiation of iPSCs is thought to follow *in vivo* spatio-temporal developmental pathways <sup>53,54</sup> with highly conserved milestones among embryonic, early postnatal and adult neurogenesis <sup>55</sup>. Remarkably, a combination of growth factors/small molecules is sufficient to evoke high neurotransmitter specificity: GABAergic cortical interneurons <sup>56,57</sup>; dopaminergic midbrain neurons <sup>58,59</sup>; or glutamatergic cortical neurons <sup>60</sup>.

# 1.3.2 Modeling hippocampal neurogenesis

Neurogenesis, defined here by the generation of mature neurons from precursors, continues lifelong in two brain regions: the subventricular zone (olfactory bulb migratory pathway) and the subgranular zone of the hippocampus<sup>61</sup>. In the latter, proliferating radial and non-radial precursors give rise to neuroblasts through intermediate progenitor cells, an estimated number of 500-1000 neurons per day. New, immature neurons migrate into the inner granule cell layer and differentiate into glutamatergic dentate granule cells, grow axons and dendrites and integrate into efferent pathways and the local dentate gyrus – CA3 circuitry (i.e. mossy fibers)<sup>62</sup>.

In 2014, Yu et al. produced hippocampal glutamatergic granule neurons from iPSCs using key developmental cues specific to the dentate gyrus (DG) identity and opened the doors to model adult CNS neurogenesis *in vitro*<sup>63</sup>. The generated neural cells expressed mature DG neural marker PROX1 and TBR1, established functional synapses and were able to incorporate into mouse DG *in vivo*.

Adult neurogenesis plays inevitable role in learning and memory<sup>64</sup>. It is a dynamic, fine-tuned process containing several stages such as proliferation, fate determination, selective death/survival and maturation. It is modulated by various intrinsic and extrinsic stimuli from neural, glial and vascular cells or the endocrine system<sup>64</sup>. This complexity and inimitability makes neurogenesis so ambitious subject of *in vitro* researches. Dysfunctional neurogenic patterns are indicated in psychiatric disorders (recently reviewed by Apple et al<sup>65</sup>). For instance, the neurogenic rate is reduced in stress, MD or schizophrenia which might be reversed by antidepressant and atypical antipsychotic (AAP) medication<sup>66,67</sup>.

### 2 STUDY OBJECTIVES

We hypothesize that MD is a systemic, maladaptational disorder with a genetic background, thus it can be studied in peripheral cells on a transcriptome level, particularly after stress treatment. We aimed to answer the following questions:

- (1) How metabolic stress alters the mRNA and microRNA expression of HDFs (in other words: the manifestation of stress-response in the transcriptome level)?
- (2) Are there any differences between the mRNome and microRNome of HDFs of MD and control subjects (i.e. the footprints of diathesis on the transcriptome of peripheral cells)?
- (3) Are there any differences in the stress response of MD and control HDFs (the maladaptation-associated mRNA and microRNA-profiles, in effect)?

In Study 2, we aimed to investigate how various antipsychotics (APs) affect the gene expression of differentiating and maturing hippocampal granule cells *in vitro*. Thus, we set up an *in vitro* pharmacological assay using neural cells originated from human iPSCs and treating them with typical AP haloperidol (HL) or with atypical olanzapine (OL) and risperidone (RP) at two different concentrations.

### 3 MATERIALS AND METHODS

### 3.1 STUDY 1 – DIATHESIS-STRESS IN FIBROBLASTS

# 3.1.1 Skin biopsy and fibroblast cultures

Skin biopsy was obtained from 16 patients with MD (12 females and 4 males) and 16 healthy control subjects (CNT) matched in age, race and gender (Table 1). The diagnosis of current MD episode was established according to the Structured Clinical Interview for DSM-IV-TR (SCID). Exclusion criteria were any other current or past diagnosis on DSM primary axis I or any medical state which could contraindicate the skin biopsy (including bleeding disturbances, lidocaine hypersensitivity, pregnancy or lactation). The punch biopsy was performed on the lateral side of the upper arm as previously described by Manier et al.<sup>68</sup>. The skin was cleaned with iodine and alcohol prep, local anesthesia was induced by 1% lidocaine injection. The Vanderbilt University Institutional Review Board (IRB, Nashville, TN, USA) approved the study and written informed consent was obtained from all study participants before any procedures were conducted.

The 1x2 mm skin biopsy sample was transferred in a culture flask containing standard Dulbecco's modified Eagle medium (DMEM; Mediatech) without serum and processed the

**Table 1** Study subjects of Study 1 (BMI: body mass index)

control groups	subjects	age	BMI	gender	average age	diseased groups	subjects	age	BMI	gender	average age							
	C1	34	23				D1	38	32									
CNT1	C2	38	21	male	37.5	37.5	D2	33	42	male	36.5							
5	C3	48		m	31.3		D3	46	31	m	30.3							
	C4	30						D4	29	19								
	C5	35	27										D5	34				
CNT2	C6	40	21	female	32.3	MD2	D6	37		female	31							
S	C7	27	22	fen		M	D7	27	46									
	C8	27	35					D8	26	31								
	C9	51	26	lemale 49.0	nale	nale								D9	51	29		
CNT3	C10	49	26				ıale	ıale	ıale	ıale	ale	ıale	ıale	40.0	MD3	D10	52	24
5	C11	52	26	fen	+7.∪	49.0	M	D11	53	28	fen	47.0						
	C12	44	25				D12	43	51									
	C13	20	24				D13	22	50									
CNT4	C14	22	27	female	22.3	22.3	D14	22	23	female	22.5							
5	C15	22	22	fen	22.3	22.3	22.3	M	D15	23	30	fem	22.5					
	C16	25	31				D16	23	18									

same day. The biopsy was cut into pieces and incubated in trypsin/ collegenase mix at 37°C for 1 hour. Standard DMEM (25 mM glucose, 1 mM sodium pyruvate) supplemented with 2mMglutamine (Mediatech), 10% fetal bovine serum (FBS; Thermo Scientific) and penicillin/ streptomycin (MediaTech) was added and the cells were pelletted. They were resuspended in standard medium and placed in 60 mm tissue culture plates.

All fibroblasts were cultured with standard medium at 37°C in a

humidified atmosphere containing 5% CO<sub>2</sub><sup>105</sup>. The medium was changed 3 times per week. Cells were cultured simultaneously, inspected daily by microscopy and subcultured using 0.05% trypsin/0.02% EDTA solution (Invitrogen)<sup>69</sup>. The samples were subcultured for 5-10 passages to minimize *in vivo* effects. After 2-3 weeks, between passages 5-10 the cultures reached confluency, cells were trypsinized, collected and counted.

### 3.1.2 Metabolic stress treatment

Three plates were initiated from each single cell line (1.2 x 10<sup>6</sup> cells per plate). After overnight adherence, the medium was changed with two different metabolic stress conditions: (1) glucose deprived, galactose-containing (GAL) medium: DMEM deprived of glucose (Mediatech), supplemented with 10 mM galactose (Sigma-Aldrich); (2) reduced lipid (RL) medium: DMEM containing 25 mM glucose, supplemented with lipid-reduced FBS (Thermo Scientific); and (3) standard (STD) medium: DMEM with 25 mM glucose (Figure 1).

All cultures were grown for seven days; the medium was changed 3 times per week. Cell growth and proliferation were not affected by GAL or RL treatment. After one week the cells were washed with ice-cold phosphate-buffered saline (PBS) twice, trypsinized, pelleted (700 g for 8 min on 18°C) and stored at -80 °C until RNA isolation.

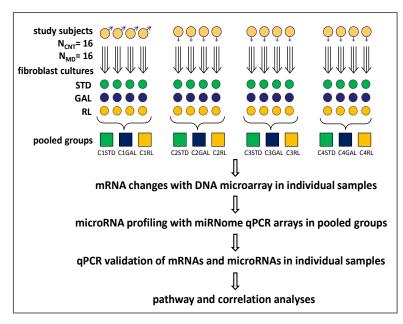


Figure 1. Experimental plan of Study 1

### 3.1.3 RNA isolation

Total cell RNA and small RNA fractions were isolated from the frozen samples using mirVana miRNA isolation Kit (Ambion) according to manufacturer's instructions. In brief, the cell pellet 600 suspended in ml Lysis/Binding Solution, then 60 ml Homogenate Additive was added. After 10 minutes

incubation 1.25 volume of 100% ethanol was added to the aqueous phase for total RNA isolation. The supernatant was purified using the proprietary solutions provided by the manufacturer. For small RNA isolation, we added 0.33 volume of 100% ethanol to the aqueous phase and two-third volume of 100% ethanol to the flow-through. The total RNA and small RNA species were collected with 100 ml Elution Solution and quantified by NanoDrop ND-2100 (Thermo Scientific). Agilent 2100 Bioanalyzer was used to determine the quality and size distribution of the RNA. All samples showed an RNA Intergity Number (RIN) > 8.0. The samples were stored at -80°C until used.

# 3.1.4 mRNA expression assessment with DNA microarray

Complementary DNA (cDNA) was generated using 2  $\mu g$  of total RNA. cDNA synthesis, amplification, and labeling were performed using the Enzo Life Sciences Single-Round RNA Amplification and Biotin Labeling System. Biotin labeled, fragmented, amplified RNA (5  $\mu g$ ) was hybridized to an Affymetrix GeneChip HT HG-U133\_PM Array Plate at the Vanderbilt Microarray Shared Resource facility. Segmented images from each microarray were normalized and log2 transformed using GC-robust multi-array analysis  $^{70}$ .

After standard image segmentation of the microarray images, RMA normalization was performed using GenePattern software. Average expression values for each group (MD or CNT samples; GAL, RL or STD conditions) were calculated for each gene probe. The magnitude of expression change was determined by the average logarithmic ratio (ALR) using the below described formulas.

- 1. To measure the stress induced gene expression changes in CNT or MD fibroblasts:  $ALR = mean(CNT_{GAL}) mean(CNT_{STD})$  or  $ALR = mean(CNT_{GAL}) mean(CNT_{STD})$ .
- 2. To analyze the transcriptome differences between the MD and CNT samples:  $ALR = mean(MD_{STD}) mean(CNT_{STD})$ .

Student's paired and grouped two-tailed p-values were used as indicators for significant change. A gene was considered to be differentially expressed when it met the dual criteria of ALR >0.585 (50%) and both pairwise p-value and groupwise p-value  $\leq 0.05$ .

# 3.1.1 mRNA profiling data validation by quantitative polymerase chain reaction

In order to validate our mRNA data, we measured relative mRNA levels of selected genes by quantitative polymerase chain reaction (qPCR). First, based on our pathway analyses we selected a panel of 10 genes involved in lipid biosynthesis in the CNT GAL-, RL-treated samples (n=16-16): stearoyl-CoA desaturase (SCD); fatty acid binding protein 3 (FABP3); 7-dehydrocholesterol reductase (DHCR7); insulin induced gene 1 (INSIG1); quinolinate phosphoribosyltransferase (QPRT); 3-hydroxy-3-methylglutaryl-CoA reductase (HMGCR); 3-hydroxy-3-methylglutaryl-CoA synthase 1 (HMGCS1); low density lipoprotein receptor (LDLR); fatty acid desaturase 1 and 2 (FADS1, FADS2) and 2 housekeeping genes: actin beta (ACTB) and glyceraldehyde-3-phosphate dehydrogenase (GAPDH). cDNA was synthesized from total RNA (500 ng) using RT2 First Strand Kit (Qiagen) according to the manufacturer's instructions. The 96-well custom-designed RT2 Profiler PCR Arrays (Qiagen) were assayed on the real-time cycler ABI Prism 7300 System (Applied Biosystems). The exported Ct values were analyzed using SABiosciences PCR Array Data Analysis Template Excel and compared using a paired experimental design.

For validation of the mRNA data from the STD-treated MD and CNT samples we measured 13 genes by qPCR: heparin-binding EGF-like growth factor (HBEGF); major histocompatibility complex, class II invariant chain (CD74); glutathione S-transferase theta 1 (GSTT1); major histocompatibility complex class II DR alpha; DQ beta 1; DP beta 1; DQ alpha 1; DP alpha 1 (HLA-DRA; -DQB1; -DPB1; -DQA1, -DPA1); interleukin 11 (IL11); Met proto-oncogene (MET); protocadherin 10 (PCDH10); S100 calcium binding protein B (S100B); tumor necrosis factor receptor superfamily, member 19 (TNF19), and a housekeeping gene (glyceraldehyde-3-phosphate dehydrogenase (GAPDH)). cDNA was generated with random primers using High Capacity cDNA Reverse Transcription Kit (Applied Biosystems). Primers with efficiency >85% were used in SYBR Green based PCRs

(Life Technologies). Each sample was tested in four technical replicates on an ABI Prism 7300 thermal cycler (Applied Biosystems). The Ct<sub>(GAPDH)</sub> was used for normalization.

# 3.1.2 microRNA expression assessment with PCR

From small RNA samples cDNA was prepared with miScript II RT Kit (Qiagen) using miScript HiSpec Buffer. The DNA was quantified with Nano Drop ND-1000 spectophotometer, yielding 693–839 ng/ml. After reverse transcription, the individual sample cDNAs were pooled into four groups in equal proportions based on the gender and age. Each group contained material from 4 individuals (Table 1). The relative amounts of 1008 microRNAs were measured with Human miRNome miRNA PCR Arrays using miScript SYBR Green PCR Kit (Qiagen) according to the manufacturer's instructions. For microRNA expression quantification comparative Ct method was used with SNORD61, SNORD68, SNORD72, SNORD95, SNORD96A and RNU6-2 as housekeeping genes. A microRNA was considered differentially expressed if it showed a  $|\Delta\Delta Ct| \ge 0.3785$  (at least 30% difference between the average  $\Delta Ct$  values) and p-value of  $\le 0.05$ .

# 3.1.3 microRNA data validation by individual PCR

Twenty-two microRNAs were selected for follow up on the 16 individual, not-pooled samples (hsa-miR-146b-5p, hsa-miR-550a, hsa-miR-129-3p, hsa- miR-214, hsa-miR-21, hsa-miR-22, hsa-miR-132, hsa-miR-376c, hsa-miR-19a, hsa-miR-195, hsa-miR-181a, hsa-miR-486-5p, hsa- miR-377, hsa-miR-424, hsa-miR-542-3p, hsa-miR-22, hsa-miR-103a, hsa-miR-376b, hsa-miR-29b, hsa-miR-185, hsa-miR-564, hsa-miR-34a). The assays were identical to the one used on the pooled samples described above: Human miRNome miRNA PCR Arrays using miScript SYBR Green PCR Kit (Qiagen).

### 3.1.4 mRNA and microRNA data analysis

The differentially expressed genes were subjected to a two-way hierarchical clustering analysis using GenePattern software (Broad Institute). For mRNAs, this was performed using the RMA normalized log<sup>2</sup> gene expression values, while for the microRNAs the ΔCt values were used. Correlations were calculated in MS-Excel 2010 using Pearson coefficient. In addition, gene set enrichment analysis (GSEA) was carried out with the GenePattern software based on the BioCarta defined molecular pathways (San Diego). The calculated normalized enrichment score (NES) reflects the degree to which a gene set is overrepresented in the ranked list of genes.

To reveal the correlations between the mRNome and microRNome alterations, we searched the miRDB online database (based on miTarget2 dataset) for the target genes of the significantly changed microRNAs<sup>71</sup>. Pathways potentially altered by the significantly changed microRNAs were identified with DIANA-mirPath software. This *a priori*, *in silico* computational tool combines Targetscan 5.1 and KEGG pathways. First, it calculates the union of targeted genes of the selected microRNAs, than performs an enrichment analysis. DIANA-mirPath was set to use to identify possible mRNA targets<sup>72,73</sup>. Gene sets were considered significantly differentially expressed at  $p \le 0.05$ .

### 3.2 STUDY 2 – A PSYCHOPHARMACOLOGICAL ASSAY

### 3.2.1 iPSC and NPC cultures

Human iPSCs were differentiated into Prox1 positive hippocampal granule neurons according to the protocol published by Yu et al. (2014)<sup>63</sup>. All the cell cultures were grown under standard conditions (37°C, 5% CO<sub>2</sub>) on 6-well-plates except those for further immunocytochemistry, which were loaded into confocal imaging chambers. All media were supplemented with combined antibiotic-antimycotic (Life Tech.).

hiPSCs (line 6/2/F, provided by the Laboratory of Genetics, Salk Institute for Biological Studies, CA USA) were cultured feeder-free with mTeSR media (Stemcell Tech.) on matrigel (BD Biosciences) coated plates. The media was changed daily and the clumps were subcultured *via* mechanical dissociation after collagenase pre-digestion.

- Day 1: after mechanical dissociation, whole colonies were transferred onto ultra-low adherence dishes for free-floating embryoid body (EB) formation. Differentiating media contained N2B27 media (DMEM/F12-Glutamax plus N2 and B27; Invitrogen), anticaudalizing factors DKK1 (0.5  $\mu$ g/ml; PeproTech), Noggin (0.5  $\mu$ g/ml; Life Tech.), SB431542 (10  $\mu$ M; Sigma) and Cyclopamine (1  $\mu$ M; Merck). Medium was changed twice a week.
- Day 20: EBs were plated onto poly-L-ornithine and laminin (PORN/L; Sigma) coated plates in N2B27 media supplemented with laminin (1  $\mu$ g/ml, Life Tech.). Medium was changed three times per week.
- Day 27-30: adhered neural rosette-containing EBs were manually collected, washed twice with PBS and dissociated with accutase (Life Tech.). Cells were plated onto PORN/L dishes with NPC media (N2B27 media plus bFGF2 (20 ng/ml) and laminin (1  $\mu$ g/ml)) changed 3 times/week. NPCs were subcultured using accutase after reaching confluency about 70-90%.

- After gaining enough experimental material, P2 NPCs were subcultured onto PORN/L 6-well plates  $(1.7 \times 10^5 \text{ cells/well}; 3 \text{ wells/treatment})$  or confocal imaging chambers. On the following day, NPC medium was replaced with differentiating medium containing APs.

# 3.2.2 Neural differentiation and treatment with antipsychotics

We aimed to differentiate NPCs into hippocampal granule neurons and treat the differentiating cells simultaneously with APs. In details, NPC proliferation was arrested by bFGF2 withdrawal and hippocampal granule cell differentiation was provoked by N2B27 media supplemented with ascorbic acid (200 nM, Sigma), dibutiryl-cAMP (500 mg/ml, Sigma), laminin (1mg/ml), BDNF (20 ng/ml, R&D), Wnt3a (20 ng/ml, R&D), and 1% fetal bovine serum (FBS, Fisher Scientific).

Haloperidol (HL), olanzapine (OL), and risperidone (RP) were solved in dimethyl sulfoxide (DMSO) and added to the differentiating medium (Table 2). The control cells were treated with the same differentiating medium containing the equal amount of DMSO. The culturing media was changed 3 times per week for 19 days.

group	treatment	concent	ration
HL <sub>low</sub>	haloperidol	10 ng/ml	0,003μΜ
$\mathbf{HL}_{high}$	naroperidor	100 ng/ml	0,03 μΜ
OL <sub>low</sub>	olanzapine	50 ng/ml	0,16 μΜ
$OL_{high}$	olunzapine	500 ng/ml	1,6 µM
RP <sub>low</sub>	risperidone	100 ng/ml	0,24 μΜ
RP <sub>high</sub>	risperidone	1000 ng/ml	2,4 μΜ
CNT	DMSO	0,2 μ	l/ml

Notably, we found only 4 previous studies which applied APs on human, postmitotic neural cultures. HL was used at concentrations of 0.1-5.0  $\mu$ M for 5 days<sup>74</sup>; 1 $\mu$ M (4 days)<sup>75</sup>; or 3 $\mu$ M (minutes)<sup>76</sup>. RP was administered at 0.1-10  $\mu$ M for 5 days<sup>74</sup>, while OL was used at 1-3  $\mu$ M for 48 hours<sup>77</sup>. Because we planed to apply these drugs for 19 days and HL reported to have neurotoxic effects in higher concentrations, we were especially cautious about the dosages. For instance, Post et al. found that HL reduced cell viability by ~20% at a concentration of 1  $\mu$ M among mouse hippocampal neurons after 20 min<sup>78</sup>.

### 3.2.3 Cell characterization

To investigate the pluripotency hallmarks of 6/2/F hiPSCs, we used fluorescence activated cell sorting (FACS)<sup>79</sup>. Single cell suspensions were prepared by collagenase predigestion and mechanical dissociation. Cells were washed with PBS containing 0,5% BSA and incubated with directly labeled anti-human SSEA4-PE mouse monoclonal antibody at 37 °C for 30 min. Dead cells were labeled with Zombie. For cell sorting, we used an Attune<sup>TM</sup> NxT flow cytometer.

For immunostaining iPSC and differentiated neural cultures were washed gently twice with DPBS and fixed in 4% PFA at room temperature for 30 min. The samples were rinsed in DPBS 3 x 5 min and blocked with DPBS++ (3% normal serum in DPBS with 0,1% Triton-X) for 30-60 min. After overnight incubation with

**Table 3.** Antibodies for cell typisation

antibody	company	dilution
stem cell markers		
NANOG (goat polyclonal)	R&D	1:50
OCT3/4 (mouse monoclonal)	Thermo Fisher	1:50
neural markers		
PROX-1 (goat polyclonal)	R&D	1:100
MAP2 (mouse monoclonal)	Sigma	1:500

primary antibodies (Table 3) at 4°C, samples were washed with DPBS twice and blocked in DPBS++ for 30-60 min. The secondary antibodies (Alexa Fluor conjugated anti-mouse, anti-goat or anti-rabbit antibodies) were diluted with DPBS++ and incubated at room temperature for 2-3 hours.

### 3.2.4 RNA isolation, reverse transcription

After 19 days of differentiation and psychopharmacon-treatment, total cell RNA was isolated with Trizol (Invitrogen) following the manufacturer's protocol. Briefly, cells were washed in ice cold PBS and lysate directly in 1 ml of ice cold Trizol Reagent. The samples were stored at -80°C until usage. For RNA isolation, 200 μl chloroform was added to the unmelted samples, vortexed and incubated at room temperature for 2-3 minutes. After centrifuging (12000g, 4°C, 15 mins) the upper aqueous phase was transfered and diluted with 500 μl isopropyl alcohol and 1 μl glycogen sol. (1 mg/ml). Following 10 minutes incubation at RT, samples were spinned down (12000g, 4°C, 15 mins) and the supernatant was removed. The pellet was washed with 1 ml 75% ethyl alcohol, centrifuged (12000g, 4°C, 15 mins), airdryed and resuspended into 20 μl RNAse free water. The quality of the RNA samples were assessed with Nanodrop 2000 Spectrophotometer (Thermo Scientific).

Complementary DNA (cDNA) synthesis was carried out using the Promega Reverse Transcription System. 1  $\mu g$  total cell RNA in 9.5  $\mu l$  RNase free water was incubated at 70°C for 10 minutes than chilled on ice. The reaction mix contained 4  $\mu l$  MgCl<sub>2</sub>, 1  $\mu L$  of random hexamer primers (0.5 mg/ml), 2  $\mu L$  10x reaction buffer, 1  $\mu L$  recombinant RNasin RNase Inhibitor (20 U/ $\mu L$ ), 2  $\mu L$  10 mM dNTP Mix, 1  $\mu L$  AMV Reverse Transcriptase (15 U/ $\mu L$ ). The incubation lasted 10 min at RT, followed by incubation for 60 min at 42°C and termination of the reaction (90°C, 5 min). Samples were stored at -20°C until further usage.

## 3.2.5 Real-time quantitative PCR and data analysis

For real-time quantitative polymerase chain reaction (rt-qPCR), we used the following TaqMan PCR probes to analyze the gene expression changes (Thermo Fisher): metabotropic glutamate receptor 2 (mGluR2 or GRM2, Hs00968358\_m1); metabotropic glutamate receptor 7 (mGluR7 or GRM7, Hs00356067\_m1); vesicular glutamate transporter 1 (VGLUT1 or SLC17A7, Hs00220404\_m1); microtubule-associated protein 2 (MAP2, Hs00258900\_m1); neuronal differentiation 1 (NeuroD1 or BETA2, Hs01922995\_s1); glial fibrillary acidic protein (GFAP, Hs00909233\_m1). We chose large ribosomal protein P0 (RPLP0, Hs99999902\_m1) for endogenous control to normalize the variations in cDNA quantities from different samples recommended by 80,81. Each reaction was performed in triplicate for every well (9 reactions per gene per treatment group).

The reactions were performed according to the manufacturer's instructions:  $5~\mu L$  template cDNA was used in a final PCR reaction volume of  $20~\mu L$ , containing  $10~\mu L$  TaqMan Master Mix,  $1~\mu L$  of 20x forward and reverse primer and probe and  $4~\mu l$  bidestillated water. The conditions for the PCR included 2~min denaturation at  $94^{\circ}C$  followed by 40~cycles of PCR (10~min at  $94^{\circ}C$ , 15~s at  $52^{\circ}C$ , 60~s at  $60^{\circ}C$ ). mRNA changes were measured in the StepOnePlus real-time PCR System (Applied Biosystem) using the StepOne v2.1 program.

Ct was determined manually from the amplification plots. We calculated the normalized gene expression level with the  $\Delta\Delta$ Ct method: average  $\Delta$ Ct (treated) – average  $\Delta$ Ct (control). Statistical significance was tested with unpaired two-sample *t*-test. A gene was considered differentially expressed if  $|\Delta\Delta$ Ct|  $\geq 0.3785$  ( $\geq 30\%$  difference) and *p*-value  $\leq 0.05$ .

### 4 RESULTS

# 4.1 STUDY 1 – DIATHESIS-STRESS IN FIBROBLASTS

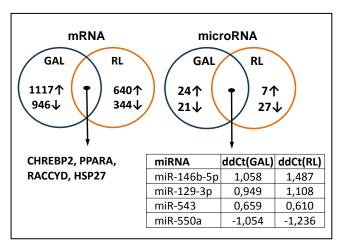
# 4.1.1 How fibroblasts adapt on transcriptome-level?

In order to examine the cellular stress response in peripheral tissues we measured the mRNA and microRNA levels after 1 week metabolic stress treatment in fibroblast cultures obtained from healthy, CNT subjects.

GAL-treatment, a mitochondrial and oxidative stress resource affected the expression of 2063 genes compared to STD condition. 1117 genes were overexpressed (54.1%). Many of these are known to be involved in cell cycle, apoptosis, inflammation, mRNA metabolism and metabolic adaptation.

The lipid reduced, cholesterol deprived (RL) treatment also resulted in mRNome changes: 984 gene products were significantly altered, 640 of these were increased (65.0%) (Figure 2).

BioCarta pathway analysis revealed enrichment of 19 gene sets in the GAL-treatment and 15 in the RL-treatment (3 of them repressed). Notably, 4 pathways were found to be overexpressed in both stress conditions (Table 4A and B).



**Figure 2.** Metabolic stress-induced transcriptome changes in HDFs derived from CNTs.

**Table 4A. and B.** Metabolic stress affected pathways in HDFs derived from control subjects. \*Commonly upregulated in GAL and RL. **4C.** Pathways regulated by the overlapping 4 metabolic stress-induced microRNAs. (NES: normalised enrichment score)

A. GAL-affected			B. RL-affected			C. microRNA-modulated	
pathways	NES	<i>p</i> -value	pathways	NES	<i>p</i> -value	KEGG pathways	<i>p</i> -value
RACCYCD*	1.93	0.000	PPARA*	1.80	0.000	ErbB signaling	0.000
CELLCYCL	1.83	0.000	P38MAPK	1.56	0.010	Regulat. of actin cytosk.	0.000
SRCRPTP	1.70	0.000	VIP	1.60	0.010	Dopaminergic synapse	0.001
P53	1.70	0.002	BAD	1.48	0.016	Osteoclast differentiation	0.001
TEL	1.73	0.011	CHREBP2*	1.64	0.023	Chagas disease	0.001
STATHMIN	1.57	0.012	RACCYCD*	1.65	0.028	Axon guidance	0.002
CFTR	1.65	0.012	GCR	1.46	0.038	Insulin signaling	0.002
CERAMIDE	1.67	0.012	HSP27*	1.49	0.041	MAPK signaling	0.004
ATRBRCA	1.60	0.016	CD40	1.58	0.044	FcγR-mediated phagocyt	0.004
G2	1.59	0.026	LYM	1.37	0.048	FceRI signaling	0.004
HSP27*	1.47	0.027	TNFR2	1.53	0.049	GnRH signaling	0.004
CARM_ER	1.61	0.027	TALL1	1.52	0.049	Protein processing in ER	0.006
PLCE	1.47	0.031	IL22BP	-1.56	0.021	Wnt signaling	0.006
CHREBP2*	1.61	0.031	DNAFRAGM.	-1.51	0.030	Lysine degradation	0.008
AKAPCENT	1.53	0.032	AHSP	-1.59	0.043	Circadian rhythm	0.009
CHEMICAL	1.56	0.033				Hepatitis B	0.015
RB	1.53	0.034				Chemokine signaling	0.026
ATM	1.58	0.045				TLR signaling	0.037
PPARA*	1.43	0.036				Melanogenesis	0.043
						Cytokine-cytokine R interaction	0.046
						Neurotrophin signaling	0.000
						Adherence junction	0.000

These pathways might be essential for the physiological adaptation independently from the type of stressor: (1) Peroxisome proliferator-activated receptor alpha (PPARA) is a lipid activated pathway which regulates several genes involved in metabolism, energy homeostasis, oxidative stress response, and anti-inflammation. PPARA agonists proved to have protective features in neurodegenerative disorders <sup>82,83</sup>. (2) Carbohydrate-responsive element-binding protein-2 (CHREBP2) pathway. CHREBP is a glucose-sensing, lipogenic transcription factor enabling the cell to adopt to extracellular glucose concentrations. Loss of function mutation results in fatty acid synthesis deficit, and impaired insulin homeostasis <sup>84</sup>. (3) Influence of Ras and Rho proteins on G1 to S transition (RACCYCD) pathway which describes the induction of cyclin D1 expression and cell cycle progression <sup>85</sup>. (4) Stress induction of heat shock protein 27 (HSP27) regulation. HSP27, a class I small-HSP has a chaperon-like activity; it acts as a cytoskeleton stabilizer, anti-oxidant, anti-apoptotic agent, and cell cycle regulator <sup>86</sup>.

Interestingly, both GAL and RL-treatment modified the expression of a set of genes associated with lipid biosynthesis. We validated our microarray data with 10 from these. According to the qPCR data 9 of the 10 genes were significantly altered by both GAL and RL-conditions (HMGCR mRNA levels showed the same direction but did not reach statistical significance). The qPCR and microarray findings showed high correlation ( $r_{(GAL)}$ =0.92;  $r_{(RL)}$ =0.72) (Table 5).

GAL-treatment modulated 45 microRNAs and RL-condition changed the expression of 34 microRNAs compared to STD culturing. The overlap between the two different metabolic stresses were 4 microRNAs: hsa-miR-146b-5p, hsa-miR-129-3p, hsa-miR-543 were elevated, while miR-550a was downregulated (Figure 2). DIANA mirPath pathway analysis suggested that these 4 microRNAs participate in the regulation of 57 KEGG pathways. Thirty-nine percent of the pathways (22) are controlled by all 4 microRNAs, and 16 of these are intracellular signaling pathways (Table 4C).

Although, the list of the GAL and RL-treatment affected microRNAs differed from each other, when we correlated the GAL-modified microRNAs with their expression in the RL-treatment, we found significant correlation (r=0.71, p<0.001). Similarly, data of RL-affected microRNAs correlated with the levels measured in GAL (r=0.65, p<0.005). These indicate that the most affected microRNAs were not identical in the different conditions but the metabolic stresses resulted in a similar overall microRNA pattern in the CNT cells.

**Table 5.** Validation of microarray data with qPCR (NS: no significant change)

	GAL vs. S	STD	RL vs. S	TD
	microarray	qPCR	microarray	qPCR
Gene	ALR	-ΔΔCt	ALR	-ΔΔCt
SCD	2.02	2.66	1.82	2.23
FABP3	1.86	2.80	1.89	3.10
DHCR7	1.18	1.42	1.82	2.49
INSIG1	1.43	1.79	1.61	2.16
QPRT	1.42	2.03	1.96	2.71
HMGCR	0.70	0.43	1.50	NS
HMGCS1	1.17	1.20	1.64	2.40
LDLR	1.08	1.46	1.55	2.35
FADS1	1.08	1.36	1.22	1.57
FADS2	1.00	1.84	1.51	2.50
correl	$r^2 = 0.8$	4	$r^2=0.6$	3

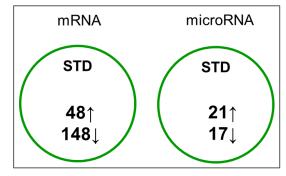
Since microRNome PCR assays were conducted on pooled samples which could bias the results, we measured 22 microRNAs in the individual, not-pooled samples using the same PCR assays to validate our data. Our data suggest, pooling of the samples did not skew artificially the microRNA pattern observed in GAL and RL.

We were also curious how the microRNA changes present on the level of mRNAs. To determine the crosstalk among these transcripts, we listed the potential target genes of the

4 overlapping microRNAs and analysed their expression data. According to the miRDB online database, miR-129-3p, miR146b-5p, miR-550a and miR-543 have 211, 243, 129 and 921 putative target genes, respectively. Notably, 9.3% of these genes were differentially expressed under stress (140 out of 1504) and several of them showed transcription alterations in both GAL and RL-treatment. This rate meets our expectations since literature suggests that 10% of the predicted genes reflect to the regulator microRNAs depending on the cell type, developmental stage and environment.

### 4.1.2 Manifestation of MD diathesis in fibroblasts

We compared the mRNA and microRNA profile of fibroblasts from MD patients and CNT subjects in STD culturing conditions. First, we measured the mRNA levels with DNA microarray: 162 genes were differentially expressed in the MD samples. Remarkably, 114 genes were downregulated, which indicate rather loss-of-fuction genetic dysregulation than gene induction in the



**Figure 3.** Transcriptome alterations of MD fibroblasts compared to CNT cells in standard conditions

disorder (Figure 3). The most prominent decreases were observed in genes associated with cell-to-cell communication and adhesion, such as protocadherin 10 (*PCD10*, ALR=1.73);

tenascin XB (*TNXB*, ALR=1.30); periplakin (*PPL*, ALR= 1.34); and hepatocyte growth factor (HGF) receptor (ALR=1.21).

**Table 6.** Differentially expressed pathways in MD fibroblasts compared to CNT cells

Pathway	NES	<i>p</i> -value	function
Akt signaling	-1.61	0.018	
TCAPOPTOSIS: HIV induced T-cell apoptosis	1.53	0.036	apoptosis
ARF: Arf inhibits ribosomal biogenesis	-1.55	0.044	apo
CLASSIC: classical complement	-1.49	0.026	S
COMP: complement	-1.42	0.047	tion
ASBCELL: antigen dependent B-cell activ.	1.49	0.006	mmune functions
CSK: activation of Csk by PKA	1.51	0.013	эшшш
TCR activation by Lck and Fyn tyrosine kinases	1.43	0.033	-:
CTLA4: co-stimulatory signal during T-cell activ.	1.44	0.037	omm. and lhesion
NKT: selective expression of chemokine receptors	1.52	0.038	con ar adhe

According to the gene set enrichment analysis BioCarta pathways upregulated and 4 were downregulated. These are known to play role in: apoptosis, cell-to-cell communication and adhesion, and immune functions (Table 6). These mRNA and pathway analysis data concur with peripheral and postmortem brain tissue studies that the genetic background of MD may manifest immune in (neuro)development related gene set disturbances.

We chose 14 immune-related genes and determined their expression with qPCR to validate our microarray data (genes listed in Materials and Methods). The microarray-

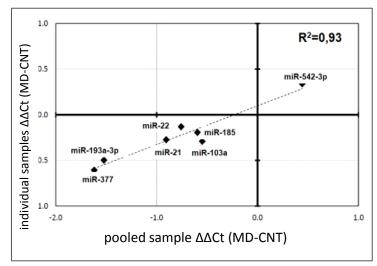
reported ALR and qPCR-given  $\Delta\Delta$ Ct values showed high correlation (r=0.84), and 12 of the 14 transcripts were significantly changed in the qPCR data also.

The MET/HGF intracellular signaling pathway attracted our attention for its trophic roles. Under normal conditions, the pathway is silent but during development, stress and regeneration, MET tyrosine kinase receptor promotes motility, proliferation, morphogenesis and protects cells against hypoxia and serum deprivation caused dysfunction through the PI3K-Akt and ras-MAPK pathways in neurons<sup>87</sup> and peripheral cells as well<sup>88</sup>. Paradoxically, HGF (scatter factor) proved to be identical with fibroblast-derived tumor cytotoxic factor (F-TCF) and MET activation can provoke apoptosis in tumor cells<sup>89</sup> and myofibroblasts<sup>90</sup>. This dual, cell-type specific antiapoptotic and proapoptotic property may be essential in regeneration<sup>91</sup>. The pathway participates also in neurodevelopment, and in the prevention of post-stroke neuron death. Serum HGF level was found to correlate with the presence, severity and progression of symptoms in a subgroup of MD patients<sup>92</sup>. Interestingly, Arakaki et al. found that the proapoptotic, antimitotic effect of MET can be suppressed by enhanced GSH production<sup>93</sup>. According to Gibson et al., MD fibroblasts exhibit impaired redox homeostasis and decreased glutathione-regeneration reserve capacity<sup>105</sup>.

Hence, we decided to compare the expression of genes involved in the MET/HGF pathway in MD and CNT fibroblasts. From the overall 37 pathway-genes 16 were differentially expressed: HGF; phosphoinositide-3-kinase regulatory subunit 1 (PIK3R1); GRB2-associated binding protein 1 (GAB1); son of sevenless homolog 1 (SOS1); Rap guanine nucleotide exchange factor 1 (RAPGEF1); signal transducer and activator of transcription 3 (STAT3); protein tyrosine phosphatase, nonreceptor type 11 (PTPN11); p21/Cdc42/Rac-activated kinase 1 (PAK1); mitogen-activated protein kinase 1 (MAPK1); v-crk sarcoma virus CT10 oncogene homolog-like (CRKL); jun oncogene (JUN); phosphoinositide-3-kinase, catalytic, alpha polypeptide (PTEN); member of RAS oncogene family (RAP1A); mitogen-activated protein kinase kinase 1 (MAP2K1); and v-Ha-ras Harvey rat sarcoma viral oncogene homolog (HRAS).

According to our PCR results, nearly 50% of the measured microRNAs were expressed in the fibroblast cultures (561 out of 1008). The microRNA profile of MD fibroblasts differed in 38 microRNAs from CNT (more than 30% change, p<0.05). 17 were downregulated and 21 showed higher expression levels (Figure 4).

The microRNA levels were determined in pooled groups (4 individuals/group). To exclude any adverse effect of pooling, we measured the expression of hsamiR-21\*, hsa-miR-377, hsa-miR-193a-3p, hsa-miR-542-3p, hsa-miR-22, hsa-miR103a, and hsa-miR-185. microRNA expression levels showed high correlation



between the pooled and individual individual samples

sample assessments ( $R^2$ =0.93, p<0.001) (Figure 5). Thus we can assume that grouping and mixing the RNA samples did not reduce the reliability of our PCR array results.

To uncover the possible functional consequences of the MD-specific microRNA profile, we conducted pathway analysis by DIANA mirPath with the 38 differentially expressed microRNAs. According to the results, 19 pathways are controlled by at least 85% of these microRNAs. Some of them are universal intracellular signaling pathways (e.g. calcium signaling; ubiquitin mediated proteolysis pathway), and others are related to cell cycle (PI3K-Akt signaling; MAPK signaling pathway), cell-to-cell communication and

adhesion (Wnt; chemokine signaling; focal adhesion pathway), immune functions (Jak-STAT signaling; endocytosis pathway), and neural functions (neurotrophin signaling; long-term potentiation; cholinergic synapse pathway).

\*\*Table 7. Pathways regulated by at least 85%\*

**Table 7.** Pathways regulated by at least 85% of the MD-related microRNAs

We wanted to know if the microRNA
alterations could explain the mRNA profile of MD
fibroblasts. Thus we searched miRDB for the
predicted targets of the 38 microRNAs, and noted
if the particular mRNA showed MD-specific
expression. Our search revealed that 51% of the
differentially expressed mRNAs were potential
target molecules. This rate meets our expectations,
since literature suggests that 40-60% of the human
genes are under microRNA regulation.
Interestingly, 16% of the changed microRNAs did
not leave fingerprint on the mRNome; and further
10% had changed in the same direction as the
regulated mRNAs. These results suggest that the
mRNA signature of MD is appreciably influenced
by the microRNome and there is a remarkable
interaction on the transcriptomic level Howaver

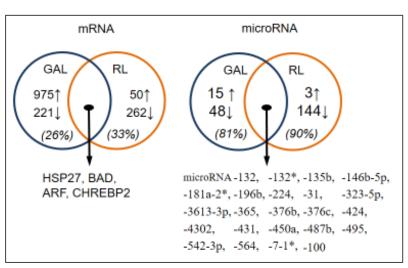
Pathway	p-value
Neurotrophin signaling	< 0.0001
Pathways in cancer	< 0.0001
PI3K-Akt signaling	< 0.0001
MAPK signaling	< 0.0001
Jak-STAT signaling	0.008
Ubiquitin mediated proteolysis	< 0.0001
Endometrial cancer	< 0.0001
HTLV-I infection	< 0.0001
Focal adhesion	< 0.0001
Osteoclast differentiation	< 0.0001
Hepatitis B	< 0.0001
Insulin signaling	< 0.0001
Endocytosis	< 0.0001
Calcium signaling	< 0.0001
Non-small cell lung cancer	< 0.0001
Cholinergic synapse	< 0.0001
Chemokine signaling	< 0.0001
Long-term potentiation	< 0.0001
Wnt signaling	< 0.0001

interaction on the transcriptomic level. However, considering that 64% of the differentially expressed mRNAs are targeted by more than one microRNA, and microRNAs can either upor downregulate the same gene depending on the cellular and external environment, we can only establish hypotheses on the exact cause-effect relationships.

### 4.1.3 Stress vulnerability of MD-fibroblasts

We aimed to examine whether genetically determined impaired adaptational potential of MD patients can be demonstrated in stress-exposed peripheral tissues. Hence, we measured the metabolic stress induced transcriptome changes in fibroblasts obtained from MD patients. We found that galactose (GAL) substitution of glucose in the medium resulted in robust transcriptome changes in the MD fibroblasts: 1196 mRNAs were affected, 975 of these upregulated. Comparing the stress response of the MD and CNT cells we found, that 26% of the GAL-altered genes (310) were MD-specific (Figure 6). Twenty-one pathways participated in the GAL-stress reaction, 9 of them were activated only in the MD samples (Table 8A).

The RL-treatment had mostly activating effect on the geneexpression pattern in the MD cells (262 upregulated mRNAs from the overall affected 312). The RL induced stress response of MD cells significantly differed from the CNTs: 33.4% of the mRNA changes were exhibited only in the MD, and not in the CNT



**Figure 5.** Stress induced transcriptome changes in HDFs from MD patients. Parenthetic percentages show the ratio of MD specific mRNA and microRNA changes.

groups (103 genes) (Figure 5). Comparison of pathway analysis data revealed that 10 of the 19 RL-modified gene sets are MD-specific (Table 8 B).

The overlap between the stress induced pathway signatures of MD cells were: HSP27, CHREBP2, BAD and ARF which are known to control apoptosis and cell cycle phase transition. Although, the pathways induced by GAL and RL were different, both condition required cell cycle (e.g. RB, TFF, G2), apoptosis/survival (P53, TRKA, SPRY), migration, immune function (ECM, CDMAC, IL-7, IL-10), metabolism (GLYCOLYSIS) related gene set adaptations.

According to our qPCR array data, 63 microRNAs participated in the GAL-treatment induced stress response of the MD fibroblasts. 81% of the detected microRNA pattern was MD-specific. The RL-condition resulted in more robust microRNA changes: 147 microRNAs were differentially expressed compared to the STD, 90% of these were observed only in the MD cells (Figure 5).

Searching the literature for previous data on the GAL and RL-affected microRNAs, we found that 38% are related to metabolism control, 60% have role in proliferation and apoptosis, and 30% participate in cell motility. It is noteworthy, that significant proportion of the changed microRNAs are regulated by tumorsuppressor P53 (GAL: 13%, RL: 33%). P53, best known for its role in DNA damage response, is also an important regulator of metabolism, suppress the glycolytic pathway, increases mitochondrial metabolism<sup>94</sup>. Several studies have identified microRNAs as regulators of P53 activity as well as its downstream effectors. For instance, the oncogenic role of miR-122, miR-7 or miR-32 loss has been attributed to the (in)direct regulation of P53<sup>95,96</sup>. These and our results might demonstrate that

the ARF/p53 pathway enhancement may have a strong regulatory effect on the overall gene expression pattern via modulation of certain microRNAs.

The overlap between the GAL and RL-induced miRNome stress response were 23 microRNAs (listed in Figure 5). Six of them were already dysregulated under STD conditions in contrast with CNT samples, which might underpin our hypothesis that the dysregulated microRNA profile in MD contributes to the stress response. Considering the notable differences between the transcriptome of MD and CNT samples, we might assume that the MD cells can reach the required metabolic changes via non-physiological ways which might result in increased vulnerability.

**Table 8A. and B.** Pathways involved in the stress response of MD fibroblasts. **8C.** Pathways might be targeted by >85% of those microRNAs which were commonly changed in both GAL and RL-treatment. \* MD specific changes. The highlighted pathways were upregulated in both metabolic stresses. (NES: normalized enrichment score)

A. GAL-affect	ted		B. RL-affected			C. microRNA-modulated	
Pathway	NES	<i>p</i> -value	Pathway	NES	<i>p</i> -value	KEGG pathway	<i>p</i> -value
TEL	1.98	0.000	RACCYCD	1.90	0.004	PI3K-Akt signaling*	< 0.0001
SRCRPTP	1.73	0.002	TFF*	1.88	0.006	Regul. of actin cytosk.	< 0.0001
PTC1*	1.73	0.000	CD40	1.78	0.010	Focal adhesion*	< 0.0001
G2	1.66	0.002	TRKA*	1.74	0.008	Neurotrophin signaling	< 0.0001
CARM_ER	1.66	0.005	ECM*	1.67	0.023	Pathways in cancer*	< 0.0001
HSP27	1.65	0.011	PPARA	1.63	0.006	ErbB signaling	< 0.0001
RB	1.62	0.006	HSP27	1.62	0.017	MAPK signaling	< 0.0001
CERAMIDE	1.60	0.021	GH*	1.60	0.020	T cell R signaling*	< 0.0001
P53	1.58	0.022	GLEEVEC*	1.58	0.036	Chemokine signaling	< 0.0001
SET*	1.58	0.032	ARF*	1.54	0.046	HTLV-I infection*	< 0.0001
CHEMICAL	1.58	0.024	EXTRINSIC*	1.53	0.014		
ATRBRCA	1.57	0.008	CHREBP2*	1.53	0.024		
MPR*	1.56	0.041	CDMAC*	1.52	0.035		
CELLCYC.	1.56	0.030	BAD	1.48	0.011		
AKAP95*	1.56	0.046	SPRY*	1.45	0.041		
CHREBP2	1.56	0.022	FEEDER*	-1.53	0.023		
IL10*	1.53	0.032	DNAFRAG.	-1.54	0.048		
ARF*	1.50	0.038	AHSP	-1.56	0.035		
PLCE	1.47	0.030	GLYCOLYSIS*	-1.63	0.004		
IL7*	1.46	0.025					
BAD*	1.43	0.013					

**Table 9** Validation of microarray data with qPCR. All results were significant (p <0,05).

Our results suggest that the two different stress conditions required not identical. very similar but expression pattern modifications from the CNT cells which phenomena can be explained by the evolutionary conserved, general rules of cellular and systemic adaptation. Whereas GAL and RL-environment resulted in different, effect-specific transcriptome stress changes in the MD cells. RL-medium showed to be especially greater

	GAL vs.	STD	RL vs. S	STD
	microarray	qPCR	microarray	qPCR
Gene	ALR	-ΔΔCt	ALR	-ΔΔCt
SCD	2.13	2.37	1.71	2.21
FABP3	1.88	3.33	1.55	3.36
DHCR7	1.24	1.76	1.99	2.57
INSIG1	1.44	1.76	1.59	2.41
QPRT	1.67	2.07	2.02	2.65
HMGCR	0.75	0.98	1.50	1.96
HMGCS1	1.21	1.46	1.73	2.30
LDLR	1.24	1.75	1.70	2.44
FADS1	1.08	1.36	1.23	1.58
FADS2	0.76	1.78	1.27	2.34
correl	r=0.78		r=0.4	3

challenge. Understanding why these metabolic stresses represent altering challenges in MD may help to get closer to the genetic background of maladaptation.

To validate the microarray-detected mRNA changes, custom qPCR arrays were used to detect the mRNA expression level of 10 stress-affected genes involved in lipid metabolism. The statistical significance of the microarray-detected expression changes for all 10 genes was confirmed by qPCR. Additionally, the microarray and qPCR gene expression data showed a high correlation with in both GAL vs. STD and RL vs. STD comparisons (Table 9).

Validation of the miRNome analyses on pooled samples was performed with custom qPCR array of 14 microRNAs on individual samples. Both GAL- and RL-induced miRNA response demonstrated high correlation between pooled and individual samples ( $r_{GAL}$ =0.92 and  $r_{RL}$ =0.79, p<0.001) and 85% of the miRNA changes in the individual samples were significantly different in the predicted direction (p<0.05), providing a strong validation for the miRNome data.

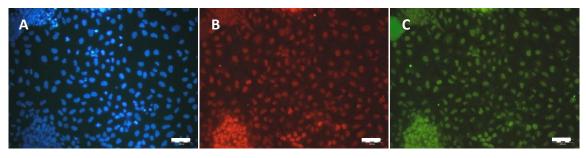
# 4.2 STUDY 2 – A PSYCHOPHARMACOLOGICAL ASSAY

### 4.2.1 Characterizing iPSCs and iNCs

We differentiated hippocampal granule cells from iPSCs according to the protocol of Yu et al. which was developed on the basis of *in vivo* and *in vitro* observations on the hippocampal dentate gyrus identity and development<sup>63</sup>. Yu et al. proved that the

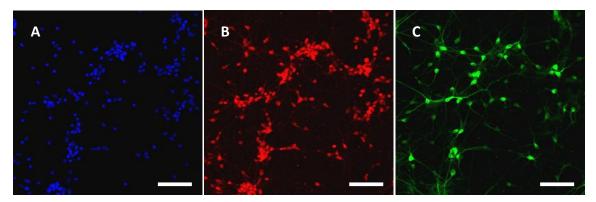
differentiation protocol resulted in glutamatergic (85%) and GABAergic (15%) neurons, assembling the electrophysiological, receptorial and transcriptional profile of in vivo neurons. Pluripotent and differentiated cells were characterized by morphology, FACS and ICC.

6/2/F iPSCs showed stem cell like phenotype in their morphology, surface marker and pluripotent-specific transcription factor expression. Namely, FACS and ICC revealed that more than 95% of the cells expressed the stem cell surface antigen SSEA4<sup>97</sup> and the colonies consisted of OCT3/4 and NANOG<sup>98</sup> positive cells (Figure 6). The pluripotency of the hiPSCs was also tested *in vitro* when we induced free-floating EB formation.



**Figure 6** (A) DAPI, (B) OCT3/4, and (C) NANOG staining of iPSC cell cultures (20x; scale bar 100 μm)

EBs were plated onto adherent plates and treated with N2B27 media to induce neuronal cell fate. Neural rosette-forming EBs were subcultured and treated with anticaudalizing factors (DKK1, Noggin, SB431542) and cyclopamine to provoke dorsal forebrain neural progenitor formation. Hippocampal granule cell differentiation was induced by Wnt3a and BDNF administration. After 19-21 days, cells exhibited Prox1 and MAP2 positivity (Figure 7B and C). MAP2 is a neural marker <sup>99</sup>; Prox1 is thought to be specific and essential for the survival and commitment of the DG neuronal progenitors and descendent neurons <sup>100,101</sup>.



**Figure 7** (A) DAPI, (B) PROX1, and (C) MAP2 staining of differentiated cultures (20x; scale bar 100 μm)

### **4.2.2** Gene expression alterations

We aimed to examine the effect of APs on differentiating neurons; thus, we treated developing hippocampal granule cells with haloperidol (HL), olanzapine (OL) and risperidone (RP) at two different concentrations for 19 days. The expression of *NEUROD1*, *MAP2*, *GFAP*, *vGLUT*, *mGLUR2*, *mGLUR7* genes were determined with real-time qPCR. Relative mRNA levels in the different treatment groups compared to DMSO treated control cells are represented on Figures 9-11 (note that plots demonstrate  $-\Delta\Delta$ Ct).

According to our data, *NeuroD1* expression was significantly increased in the RP treated cells compared to CNT neurons, independently from the concentration (RP<sub>low</sub> and RP<sub>high</sub>). NeuroD1 mRNA was elevated in the OL<sub>high</sub> and HL<sub>low</sub> conditions (p<0.001). Interestingly, HL had reverse effect at higher concentration: it lowered NeuroD1 mRNA levels compared to HL<sub>low</sub> (p=0.02) (Figure 9).

The qPCR results showed that MAP2 transcription was augmented by  $HL_{low}$  treatment compared to CNT, while haloperidol exerted opposite effect at higher concentration (p<0.05). MAP2 mRNA levels were not modulated by RP or OL (Figure 9).

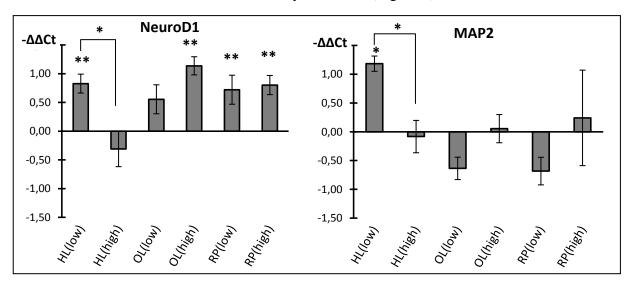


Figure 9. The relative NeuroD1 and MAP2 mRNA levels in the AP-treated cells

Interestingly, the effects of olanzapine and risperidone on GFAP gene expression were inverse at different concentrations. The AAPs enhanced GFAP transcription at low concentrations, while  $OL_{high}$  and  $RP_{high}$  depressed it compared to DMSO ( $RP_{high}$ -DMSO p=0.091). The GFAP mRNA levels were not affected by the 19-day-long HL treatment (Figure 10).

vGLUT transcription was decreased by  $HL_{low}$ ,  $RP_{low}$  and  $RP_{high}$  treatments, but not altered by OL (Figure 10).

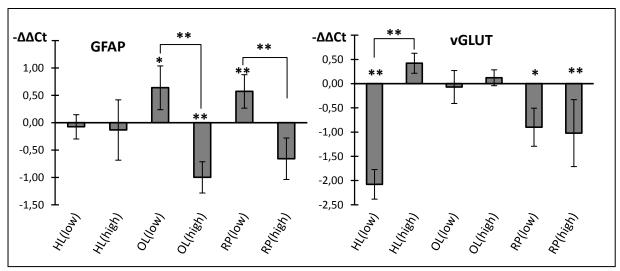


Figure 10. The relative GFAP and vGLUT mRNA levels in the AP-treated cells

Furtherly, we aimed to measure the expression levels of two metabotropic glutamate receptors, known to be expressed by hippocampal granule neurons. mGluR2 and mGluR7 were both upregulated in  $HL_{low}$  and suppressed in  $HL_{high}$ . The  $HL_{high}$  evoked gene expression alteration was not enough powerful in comparison with control cells but proved to be statistically significant compared to  $HL_{low}$ . Additionally, mGluR2 was underexpressed in  $OL_{high}$  treatment and mGluR7 in the  $RP_{low}$  group (Figure 11).

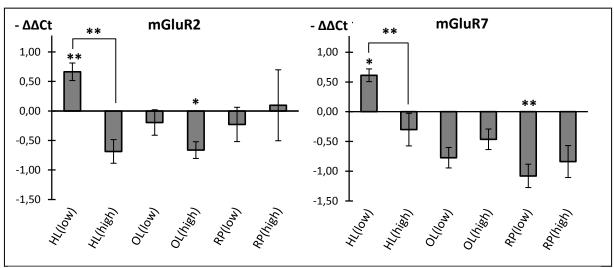


Figure 11. The relative mGluR2 and mGluR7 mRNA levels in the antipsychoticum-treated cells

### 5.1 STUDY 1 – DIATHESIS–STRESS IN FIBROBLASTS

Molecular profiling studies of body fluids and peripheral cells, together with postmortem findings, have already provided robust evidence for abnormalities in the immunologic/inflammatory, metabolic, hormonal, and growth factor systems in MD patients <sup>102</sup>. These findings support the concept that MD is not just a disease of the brain but instead should be viewed as a systemic disorder with molecular changes detectable across various peripheral tissues. Therefore, HDF culture might be an easily available model system with the patients individual genetic constellation.

### **5.1.1** Metabolic stress response of control HDFs

First, we analyzed the stress reponse of HDFs obtained from control subjects using two different metabolic stress conditions. We found widespread, correlating mRNA and miRNA changes.

Galactose-treatment is a widely used oxidative stress model *in vitro* and *in vivo*<sup>103</sup>. Glucose depleted, galactose supplemented (GAL) medium evokes mitochondrial stress; since, in the absence of glucose, metabolism shifts toward oxidative phosphorilation which becomes the main energy source of the cells instead of glycolysis. The mitochondrial ATP synthesis maximizes and oxygen consumption doubles, resulting in elevated reactive oxygen species (ROS) levels and compensatory overproduction of antioxidant glutathione <sup>104</sup>. Notably, glutathione regeneration requires effective adaptation and NADPH production and might be impaired by chronic nutrient depletion<sup>105</sup>.

Our observations are congruous with these since GAL-treatment provoked the activation of DNA repair and checkpoint pathways (9 of the 19 pathways, i.e. ATM, ATRBRCA, P53, RACCYD, SRCRPTP, G2, RB, HSP27, PPARA) and further cell-cycle related gene sets (STATHMIN, AKAPCENTROSOME).

RL-treatment (lipid reduced, cholesterol depleted medium) forces cells to synthesize their lipid and cholesterol necessities *de novo*, and overload the cell metabolism <sup>106</sup>. Cholesterol and other lipids are essential for the cells. Composing lipid rafts, they bias the physical characteristics of the membrane; modulate receptors, signaling pathways, influence intramembrane proteolysis and the transciption of lipid-genes <sup>107</sup>. Lipids can also act as signaling molecules or second messengers <sup>108</sup>. The lack of exogenous cholesterol intake might

lead to the dysfunction of these essential, sensitive phenomena. Interestingly, contrary to GAL, RL-treated samples exhibited a positive enrichment of immune (TALL1, LYM, CD40) and protein or cellular regeneration related pathways (AHSP, IL22BP, TNFR2, HSP27, P38MAPK).

According to our results, while the most significantly changed mRNAs and microRNAs showed variation, the overall transcriptome changes across the two metabolic stress conditions showed considerable similarity. Based on the findings we propose that metabolic stress, regardless of the type of the insult, might have a common miRNome and mRNA signature, representing a non-specific resilience response. We identified 4 metabolic stress-related transcript pathways (PPARA, CHREBP2, RACCYCD, and HSP27) upregulated in both GAL and RL-exposed cultures, and 4 significantly changed microRNAs (miR-129-3p, miR-146b-5p, miR-543 and miR-550a) that are likely to be important mediators of metabolic stress. These common molecular consequences might originate from the same starvation-like state caused by glucose deprivation or RL. Note that in RL, cells has to increase *de novo* lipid synthesis, thus acetyl-CoA is used up for lipid synthesis, instead of energy production 109,110,111.

Further, the changes in microRNA expression contributed considerably to altered mRNA expression profile in both the GAL and RL conditions. The 4 commonly changed microRNAs alone appeared to be able to regulate the mRNA expression of 52 target genes, arguing that microRNA regulation of the transcriptome might be a significant contributor to metabolic stress-induced cellular responses. mir-129-3p is located next to a CpG island and modulated by DNA de-methylating drugs<sup>112</sup>. Hence, its expression change might indicate that (metabolic) stress alter microRNA signature through epigenetic modifications.

### **5.1.2 MD-specific transcriptome**

When we compared the transcriptome profile of the MD patient derived HDFs to matched CNT fibroblasts, we found prominent changes in molecular networks associated with immune response and cell-cell interactions. According to the neurodegeneration—inflammation model of MD the neuropathological alterations are resulted from immune activation and inflammation. Immune and cytokine dysregulation was detected on a molecular and tissue level in MD patients not only in the CNS but also in the periphery<sup>113,114</sup>.

However, it is also clear that the immune-related genes are only partially responsible for the genetic vulnerability of MD. The other significant component of the disease might be the disruption of intercellular communication, migration, cell cycle, apoptosis, thus

(neuro)development <sup>115,116</sup>. Genetic elements regulating growth and organ development might also represent vulnerability factors. Our findings, i.e. enrichment of development-related gene sets, are also congruent with this view and might refer to genetically determined susceptibility since most of the epigenetic changes, environmental influences and drug effects are likely to disappear over time, as the fibroblasts continuously divide in the culture <sup>69</sup>. However, our experiments cannot exclude the possibility that some of the extremely stable, cell-division-resistant epigenetic factors might also contribute to the observed changes <sup>117,118</sup>.

An unexpected and interesting finding of our study was the strikingly different level of expression of approximately half (16 of the 37 genes) of the HGF/cMET signaling pathway. Eighty percent of the affected genes were decreased, which allow us to assume the genetically determined deficit of this pathway. c-MET is highly expressed by neurons. Hepatocyte growth factor (HGF), the ligand of c-MET receptor tyrosine kinase, is a multifunctional cytokine involved in immune regulation, neurodevelopment, adult neurogenesis and long term potentiation, processes involved in MD <sup>119,120</sup>. Previous results suggest that ischaemia-provoked HGF production has neuroprotective effects and moderates the memory deficits <sup>121</sup>; however, the proapoptotic, antimitotic effect of MET can be suppressed by enhanced GSH production <sup>93</sup>. Yet, the inhibition of HGF synthesis leads to depression and anxiety-like behavior in animal model <sup>122</sup>. Arnold et al. found that among plasma metabolite levels, HGF is the best predictor of the incidence and evolution of depressive symptoms in patients with age above 55 years <sup>123</sup>. Our hypothesis, that the deficit of the HGF/MET signaling pathway might preclude the beneficial effects of this compensatory elevated HGF, might be the subject of further researches.

The patients' fibroblasts showed altered expression in a panel of 38 miRNAs. The MD-specific microRNA and mRNA profile appeared to be functionally connected, as many of the mRNAs were predicted targets of the microRNAs and changed in the opposite direction. Practically, 50% of the gene expression changes could be explain by the microRNome alterations.

The role of microRNAs in the pathophysiology of MD is under active investigation (recently reviewed in ref. 124). Depressed individuals show notable brain microRNA changes some of which are also detectable in the blood. Further, antidepressants and electroconvulsive therapy also proved to alter microRNAs. Therefore, profiling of microRNAs in peripheral samples might be potential diagnostic and therapeutic biomarkers<sup>124</sup>.

Noteworthy, at least 8 of the 38 differentially expressed microRNAs have been previously associated to neuropsychiatric disorders: miR-132 was previously related to

BDNF-induced (patho)physiology and activity-dependent hippocampal arborisation <sup>125,126</sup> and found to be upregulated along with decreased BDNF levels in MD patients in correlation with the disease's severity <sup>126</sup>. miR-22 regulates BDNF, serotonin receptor 2C (HTR2C) and monoamine oxidase A (MAO-A) <sup>127</sup>; miR-16 participate in the regulation of serotonin transporter (5HTT), mediating the SSRI antidepressant treatment response <sup>128</sup>. miR-33a-3p, and miR-425-3p were altered in the blood of MD patients <sup>129</sup>; while miR-32 and miR-22 in a postmortem bipolar dataset <sup>130</sup>. Furtherly, miR-185 was related to suicidal behavior <sup>131</sup>; miR-196 and miR-7 was indicated in schizophrenia <sup>130,132</sup>. miR-429 is downregulated in response to repeated stress in rat brain <sup>133</sup>. Finally, miR-107 might be associated with accelerated disease progression in Alzheimer's disease <sup>134</sup>.

As microRNAs are considered to be potential biomarkers, more workgroups measured the microRNA levels in the blood or peripheral mononuclear blood cells (PMBCs) of MD patients. Some of our findings are congruent with these results, as HDFs exhibited MD-specific expression of miR-132, miR-103, miR-22<sup>135</sup>, miR-107, miR-132<sup>126</sup>.

However, the microRNAome has a poorly understood, tissue and gene expression pattern specific overall effect with notable pleiotropy and redundancy. Thus, predicted pathway analysis is elemental to contextualize the detected microRNA signature. For instance, Fan et al. detected the microRNA signature in PBMCs of MD patients and identified 22 neural function associated pathways<sup>136</sup>. Although, our diseased HDFs showed different microRNA pattern, 18 of these were also indicated in our samples (e.g. axon guidance, glutamatergic synapse, Wnt signaling pathway, ErbB signaling pathway, mTOR signaling pathway, VEGF signaling pathway, long-term potentiation, *etc.*).

These observations remind us to the multidimensionality of MD, i.e. the disease affects not only the CNS, and molecular anomalies are detectable in peripheral tissues. Hence, examination of fibroblasts gained from MD patients have conceptual implications for our understanding of the pathophysiology.

# **5.1.3** Metabolic stress response of MD fibroblasts

Several clinical and experimental data proved that MD and stress reaction has striking similarities on the level of organism, tissues and molecules; and stress can evoke depression in genetically vulnerable persons<sup>9-15</sup>. On the base of the diathesis–stress hypothesis of MD, we presumed that the gene expression studies could be more informative if we challenge the MD fibroblasts. In this way these molecular clues refer to the presence of genetically determined stress vulnerability even if the disordered phenotype is not detectable in STD.

Our results demonstrate that the metabolic challenge result in robust changes of mRNA and microRNA expression. A substantial fraction of the mRNA changes, 26% (GAL) and 33% (RL) were observed only in MD, but not in CNT. The characteristic response of MD fibroblasts was even more pronounced on the microRNA level: 81% (GAL) and 90% (RL) of the total microRNA changes were MD-specific. Some of the enriched molecular pathways were already identified in the STD condition; however, metabolic stress uncovered other MD-associated impairments in the control of metabolism, energy production (FEEDER, GLYCOLYSIS) and cell migration (SPRY, ECM). Furthermore, 38% (GAL) and 17% (RL) of the enriched gene sets (PTC1, MPR, ACAP95, ARF, HSP27, SET, BAD, IL7, TRKA, CDMAC, SPRY, TFF) and approximately 50-60% of the microRNAs were implicated in survival, proliferation and apoptosis. These data provide an overwhelming support for the aberrant engagement of mechanisms regulating cell proliferation and survival by MD fibroblasts when exposed to metabolic challenges.

GAL and RL treatments elicited common responses in MD fibroblasts. The CHREBP2, HSP27, BAD and ARF were the commonly enriched pathways. Three of them (CHREBP2, HSP27, and BAD) were activated by GAL and/or RL in the CNT cells also and Arf inhibiting ribosomal biogenesis (ARF) pathway was enhanced already in STD-treated MD cells.

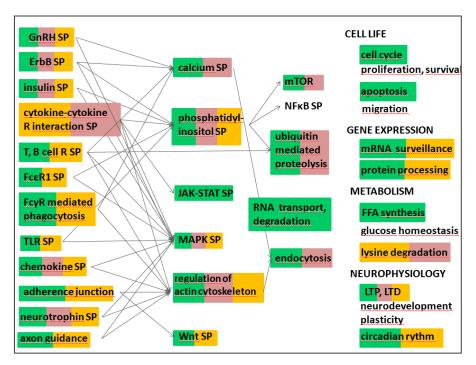
Both of the applied metabolic stress treatments induce starvation-like, oxidative states in the cells<sup>105</sup>. It is not surprising, that one third (GAL: 38%, RL: 37%) of the genes involved in the stress response of the MD-fibroblasts regulates the metabolism and energy homeostasis and both metabolic stress treatments induced miR-424 and miR-495 expression. These microRNAs are overexpressed under hypoxia and play a role in the metabolic switch from oxidative physphorilation to anaerob (glycolytic) energy production<sup>137,138</sup>.

Additionally, the RL-stress response of the MD samples varied in the expression of 8 lipid metabolism related microRNAs from the CNT samples. This fits into our previous knowledge: (1) lipid deficit is an extreme metabolic overload for cells via the forced lipid *de novo* biosynthesis<sup>106</sup>. (2) the dysfunction of lipid metabolism, e.g. FFA metabolism dysregulation, is a long-investigated and documented, but still poorly understood phenomena in MD<sup>139</sup>. According to our results, the RL-environment exaggerates the adaptational deficits observed in MD. We found intriguing that it induces primarily negative changes in the microRNA profile which refers to the increase of the translation and appearance of new enzyme set.

Another interesting fact revealed only in RL-environment is the presence of six hypoxamirs. HypoxamiRs have been identified as microRNAs essential in the adaptation to oxidative stress contributing to mitochondrial respiration arrest, thus decreased production of ROSs in a low oxygen environment <sup>140,141</sup>. In our study, CNT fibroblasts upregulated six hypoxamirs (let-7b\*, miR-192, miR-26a, miR-98, miR-23a and miR-7) in response to RL, whereas MD fibroblasts downregulated them. This particular difference further supports the notion of mitochondrial dysfunction in MD.

According to the microRNA target pathway analysis, both the stress-induced and MD-specific microRNA profiles are likely to affect the glutamergic synapse pathway. Evidence indicates a glutamate dysregulation in chronic stress and MD, which contributes to the neurodegeneration. Interestingly, when Gottshalk et al. investigated the protein expression profile in the prefrontal cortex of MD patients, they found that glutamate neurotransmission and energy metabolism related pathways are the most affected by the disorder<sup>142</sup>. Glutamate is a key intermediate product of energy metabolism and glutamate neurotransmission is highly linked to cellular energy metabolism (glycolysis, ATP synthesis). Our findings suggest that this *in vitro* stress and MD model could help us to understand the genetic and molecular background.

To prove the validity of the presented metabolic stress functional assay in the identification of MD-related gene sets, we look through the pathways which were predicted to be targeted by the stress- and MD-affected microRNAs pathways. As Figure 12 shows, the majority of MD-specific pathways (green) were also modulated by the challenge-evoked microRNA signature.



**Figure 12.** Majority of the stress-induced and MD-associated microRNome target pathways. (green indicates MD-specific target gene sets in standard conditions; yellow highlightes the stress-induced pathways in CNT; purple signes the challenge-induced pathways in MD cells)

An important question is whether the changes we detect in peripheral tissues are relevant to a disease process that takes place primarily in the brain. Searching previous literature, we found that the challenge-induced transcriptome changes of MD cells can be linked to neural functions. For instance, genes important for neurite outgrowth, neurodevelopment and synaptic plasticity were identified: actin-related protein 2/3 complex, subunit 5 (ARPC5)<sup>143</sup>, ArfGAP, ankyrin repeat and PH domains 2 (ACAP2)<sup>144</sup> and beta-1,3glucuronyltransferase 2 (B3GAT2)<sup>145</sup>. Multiple important roles in the CNS are associated with the microRNA stress-response signatures as well. Indeed, 31% (GAL) and 47% (RL) of the stress-affected microRNAs are indicated as regulators of neuropathophysiology or biological markers associated with psychiatric disorders. miR-7 146, miR-26a 147, miR-34a<sup>148</sup>, miR-134<sup>149</sup> and miR-132<sup>150</sup> participate in neurite outgrowth and synapse formation. miR-25<sup>151</sup>, miR-34a<sup>152</sup>, miR-497<sup>153</sup>, miR-196a and miR-376a are involved in cell cycle, apoptosis and neural differentiation<sup>154</sup>. miR-7 and miR-370<sup>155</sup> regulate brain morphogenesis; while miR-23a influences myelination <sup>156</sup>. Furthermore, we detected some microRNAs which were previously named as biomarkers in schizophrenia (miR-132, miR-564 and miR-382<sup>157</sup>); Alzheimer's disease (hsa-let-7g, miR-15b<sup>158</sup>); Huntington's disease (miR-1285, miR-34a and miR-34b<sup>159</sup>). A number of miRNAs that respond to different stressors in the CNS: miR-34b, which affects the degree of oxidative stress and survival of dopaminergic neurons 160; miR-296-5p, which responds to oxidative stress in mouse hippocampal neuronal cultures<sup>161</sup>; miR-199a, which reacts to hypoxia in rat cortical pericytes<sup>162</sup>; and miR-98, which is elevated in the brains of newborn rats experiencing prenatal stress<sup>163</sup>.

Taken together, the information gives confidence to the relevance of our observations in fibroblasts to the MD disease state. We can conclude that presenting metabolic challenges were instrumental for defining distinct MD mRNA and microRNA response signatures that might also contribute to patients' aberrant responses to life stressors.

# **5.1.4** Never-ending limitations

Considering study design; utility of HDFs in psychiatric research; or difficulties of transcriptome studies, several limitations have to be acknowledged when evaluating our results. Although our sample size was determined to ensure enough statistical power for microarray screening and we performed repeated measures, our results would require validation in larger cohort of MD patients to regard the detected transcriptome changes as potential biomarkers.

Expanded literature suggests that MD is a heterogenous systemic disease without clear, consensual subtyping. Several (epi)genetic, neurobiological, neuroimaging characteristics were found only in a subset of patients hence the differences could be masked in the total depressive patient population, underscoring the value of diagnostic subclassification (e.g. serotonin signaling pathway – melancholic depression<sup>68</sup>).

There are several drawbacks that should be considered when using the HDF experimental model. Several research groups investigated the *in vivo* and *in vitro* cellular aging-related changes in HDFs. They revealed that mRNA, miRNA and protein levels<sup>164</sup>, DNA methylation<sup>165</sup>, intracellular calcium levels, mitochondrial function and cell size<sup>166</sup> are all influenced by the age of the donor. These findings necessitate careful case—control age matching and/or use of senescence markers.

Furthermore, matching the number of passages is equally important to avoid consequences of *in vitro* cellular ageing i.e. mitotic rate, telomere length, DNA methylation<sup>20</sup>, proteome and protein phosphorylation<sup>167</sup> changes that occur after the P15 in HDF cultures. The cells enter replicative senescence between P21 and P40<sup>20</sup>. Additionally, the early generations might also undergo significant transcriptome and epigenome remodeling during the adaptation to the culturing conditions<sup>168,169</sup>.

Even though HDFs are thought to lose most of the epigenetic footprints after 5 passages<sup>69</sup>; and Fournier et al. underpinned that body mass index (BMI), smoking and medication do not influence the metabolome of HDF cultures past several passages<sup>22</sup>, we

decided to perform our experiment on HDFs between P5-P10. For microRNome analysis, we pooled the samples regarding age and gender and the results were validated with individual samples. However, we cannot exclude the possibility that the lack of clinical information (i.e. received medication) might hinder clear conclusions.

Lastly and obviously, HDF cells are not brain cells: they are much more robust, stress-resilient with self-renewal capacity<sup>18</sup>. The energy homeostasis of neurons relies on lactate oxidation thus, they live in a symbiotic relationship with glial cells<sup>170</sup>. Additionally, neurons are specialized to rapid cell-cell communication, while HDFs are primarily stromal cells with a prominent role in immune response and regeneration<sup>171</sup>. We have to be aware all these differences when putting our results in context of the diathesis–stress model of MD.

There are several problematic issues on microRNA-studies as well. First of all, target mRNAs identified with computational methods and not necessarily validated in vitro or in vivo. Since microRNAs bind to target mRNAs via imperfect complementarity, understanding exactly which target mRNAs are recognized by which specific miRNAs is challenging 172. The mechanism, how microRNA regulates protein synthesis is not as simple and obvious as previously thought (a simple negative effect)<sup>29,31</sup>. Additionally, translation regulation is not the only biological function of these pleitropic molecules: they also serve as paracrine, endocrine signaling molecules<sup>26</sup>. Thus, further efforts are needed to establish connections between microRNA and mRNA expression data, improve target gene and pathway prediction. In regard of these and the huge amount of data, we carried out pathway analysis to get a clue what are the overall consequences of the detected transcriptome profile changes in MD and CNT HDFs.

# 5.2 STUDY 2 – A PSYCHOPHARMACOLOGICAL ASSAY

We used a special differentiation protocol resembling adult hippocampal neurogenesis and resulting in granule cells to study the AP-induced gene expression changes. Importantly, the same model system was recently applied in a Lithium-response assay<sup>52,173</sup>. Hippocampal neurogenesis is mandatory for the maintenance of normal cognition through the life. Exogen factors impairing it (e.g. chronic stress or radiation) have detrimental effects on cognition and mood<sup>174</sup>. Thus studying neurogenesis during AP treatment have implications for the large community of patients who take these medication for years or decades.

Haloperidol (HL) is a typical antipsychotic drug (TAP) acting primarily on D2 dopaminergic receptors with lower activity at D1, D3, D4, 5-HT2A serotonergic, and  $\alpha$ 1 adrenergic receptors (pharmacodynamics of APs reviewed in: ref. 175). In addition, it alters

NMDA binding and glutamate transporter expression thus exert a hyperglutamatergic effect <sup>176,177</sup>. In contrast, olanzapine (OL) and risperidone (RP) are atypical antipsychotics (AAPs) which operate primarily as 5HT2A antagonists and relatively weak D2 antagonists. Furtherly, they block with moderate affinity several other serotonergic, dopaminergic, histaminergic and alfa-adrenergic receptors <sup>178</sup>. Clinical studies suggested that treatment with AAPs, may slow the progressive changes in brain structure in patients with schizophrenia <sup>179</sup>.

We have to take into account that APs might have poorly known off-target effects. For example, HL can block L- and T-type calcium channels, enhance voltage-gated sodium channel expression thus affect the generation and propagation of action potentials <sup>180,181</sup>. Similarly, we must not forget that deducing from *in vitro* data to clinical implications is possible only a very limited way and has to be done cautiously.

# **5.2.1** Neuronal differentiation 1 (NEUROD1)

According to our results, low and high concentration RP and high dosage OLtreatment increased the expression of *NeuroD1*. HL exerted augmenting effect on the gene at lower concentration, but not at higher.

NeuroD1 is a transcription factor, key regulator of vertebral neurodevelopment. *NeuroD1* expression diminishes as the brain matures except in the cerebellum and hippocampus where it controls the differentiation of granule neurons throughout adulthood *via* activation of E-box containing gene promoters (e.g. *IGF1*, *NCAM* and *TrkB*)<sup>182,183</sup>. *NeuroD1* activation or transfection is used to induce neural fate in pluripotent cell cultures and forced expression of *NeuroD1* alone have promoting effects on neuronal differentiation<sup>184</sup>. Hsieh et al. found that *NeuroD1* overexpressing NPCs differentiated into neurons (>75%) and reduce their ability to develop oligodendrocytes and astrocytes <sup>185</sup>. Agents (e.g. retinoic and valproic acid) increasing NeuroD1 levels are known to promote neural differentiation and inhibit astroglia and oligodendroglia development <sup>185,186</sup>.

We have to consider that NeuroD1 elevation in the treated versus untreated cultures can be indicative of accelerated neurogenesis or augmented survival as well, in general. However, the bFGF deprivation from the first day of AP-treatment had to arrest proliferation; thus, we assume that APs facilitated cell survival only at certain concentrations. These findings are aligned with the previous literature. The beneficial effect of APs have been attributed partially to their capacity to increase neurogenesis/survival; however, the results are often inconsistant especially in case of HL (reviewed in ref. 187 and 188).

On the whole, OL administration repeatedly proved to increase the number of newborn cells with neural fate in the rodent dentate gyrus <sup>189</sup> and improve memory performance *via* increasing brain-derived neurotrophic factor (BDNF) levels in the hippocampus <sup>190</sup>. Others suggested neuroprotective rather than proliferative effect of OL <sup>191</sup>.

Most of the studies were not able to detect any consequences of RP and HL-treatment on hippocampal cell proliferation <sup>187,188</sup>. On one hand, RP and HL both found to promote the survival of young neurons in the hippocampus by anti-apoptotic BCL-2 and VEGF induction <sup>192</sup>, on the other hand significant body of data suggests detrimental effect of HL <sup>193,194,195</sup> and several publications discussed the neuroprotective potential of AAPs above the TAPs (usually OL>RP>HL) <sup>195,196,197</sup>. One possible mechanism of the dual HL-effect is dose-dependency <sup>193,198</sup> what was confirmed in our results also: there was a significant difference between HL<sub>low</sub> and HL<sub>high</sub>.

This great diversity of data might be due to differences in the dosage, application regime, examined brain areas and animal models<sup>192</sup>. For instance, Green et al. reported that OL increased cell proliferation in the prefrontal cortex and subventricular zone but not in the dentate gyrus<sup>199</sup>. There might be major variaties within circuits since the depletion of neural transcription factors (NeuroD1, neurogenin 1, 2 or 3) induces massive apoptosis of DG granule cells but does not affect CA regions seriously<sup>182</sup>.

The effects of AP treatment on neurogenesis/survival is especially worthy of further research: schizophrenia can be referred to as a neurogenesis deficit disorder since neurodevelopmental and/or adult neurogenesis, in particular, DG neural stem cell proliferation might be deficient<sup>200</sup>.

## **5.2.2** Microtubule-associated protein 2 (MAP2)

We found that MAP2 expression was altered in the differentiating neurons only by haloperidol: the 19-day-long  $HL_{low}$ -treatment increased the relative mRNA levels, while AAPs did not affected it.

MAP2, as other microtubule associated proteins, promotes microtubule assembly, polymer stabilization and regulate organelle transport. Since it is predominantly expressed in neurons, it is used as an (early) neural differentiation marker in stem cell neural differentiation assays <sup>201</sup>. More importantly, MAP2 represents a specific neurite outgrowth marker also participating in dendrite spine formation and neuronal plasticity *in vivo* and *in vitro* <sup>202, 203</sup>. *MAP2* expression alterations are usually evaluated as increased synaptic plasticity, and

thought to reflect functional and/or structural changes in the dendritic tree<sup>204</sup>. Accordingly, our findings suggest that HL<sub>low</sub> treated cells exhibited active synaptic dynamics.

Large body of data underpins that APs alter synaptic morphology and expression of several presynaptic genes in addition to their classic receptorial mechanism. In deed, enhanced neural plasticity and synaptic remodeling thought to be important detail of their therapeutic mechanism <sup>205</sup>, <sup>204</sup>. However, notably few study examined the postsynaptic molecular effects of APs<sup>204</sup>.

Lidow et al. showed increased MAP2 phosphorilation after long-term haloperidol treatment in primate cortex but did not detected expression changes <sup>206</sup>. An other study measured the effects of 14-day-long HL, RP and OL on the cortical and hippocampal MAP2 mRNA levels. The gene expression was increased in the rat cortex by HL and RP and in the dentate gyrus by RP and OL but remained unchanged in CA1-3<sup>204</sup>.

Yet, it is worthy of note that gene expression is only one part of MAP2 function regulation: the binding and activity of MAPs depend on their phosphorilation state and MAP2 serves as substrates for most of protein kinases and phosphatases present in neurons (PKA, PKC, ERKs, CAMKII, GSK3, CDK, MARKs)<sup>203</sup>. Hence, our observation that RP and OL do not modulate the gene expression itself is not in contradiction with previously detected AP-induced plasticity, arborisation changes.

Contextualizing our results, we must also not forget that synaptic changes are modulated on a network level which is *per se* much more complex *in vivo* than *in vitro*. Our study implies that RP and OL does not influence directly the *MAP2* expression in cultured neurons contrary to HL. This is aligned with previous findings, suggesting that TAPs and AAPs regulate differentially the dendritic spines and postsynaptic plasticity<sup>207</sup>. Appreciating the known dendritic pathology in schizophrenia (e.g. decreased hippocampal MAP2 levels<sup>208</sup>, but see <sup>210</sup>), these molecular consequences are worthy of further investigations.

## 5.2.3 Glial fibrillary acidic protein (GFAP)

Interestingly, we found that AAPs exerted inverse effects on *GFAP* expression at different concentrations: OL and RP elevated GFAP mRNA levels at low concentration but repressed it at higher dosages.

GFAP is the major intermediate filament of mature astrocytes and has been widely used as an astrocyte differentiation marker <sup>211</sup>. Elevated GFAP level can refer either to astrocyte activation or increased number of glial elements <sup>212</sup>. The phenomenon that differentiating neural cultures can develop glial cells spontaneously was evidenced by several

research groups who detected non-neuronal cells in stem cell-derived neural cultures using various differentiation protocols (data vary between 6-50% <sup>213,214,215,216</sup>). These cells include neural and glial precursors, oligodendrocytes and GFAP positive astrocytes <sup>213</sup>.

Even though, alterations in levels of GFAP may reflect pathological regulation of neuronal function, survival, as well as synaptogenesis and neurotransmission, studies on astrocytes in context of psyciatric disorders are underrepresented in neuroscience. For instance, directed differentiation of glial cells from human PSCs has not been paid sufficient attention since glia are regarded as supporting cells and appearance of glia in the differentiating neural cultures as a by-product default consequence of differentiation <sup>217</sup>. However, astrocyte abnormalities have been detected in schizophrenia, depression and bipolar disorder in various brain regions <sup>218,219</sup>. Among these, the most commonly reported gene expression alteration is reduced level of GFAP<sup>218,187, 220</sup> which is further modified by antidepressant and AP-medication <sup>221,222</sup>.

Despite of these, surprisingly few study aimed to investigate the effect of APs on the expression of *GFAP*: searching PubMed for haloperidol OR olanzapine OR risperidone AND GFAP, we found 6 relevant papers. Importantly, the results suggest that GFAP-modulatory effect of APs might be human and subregion specific<sup>223,222</sup>. For instance, Radomska et al. found that GFAP expression of human primary astrocytes were increased by 6h HL-treatment *in vitro*<sup>223</sup>; and others detected OL-induced GFAP upregulation and proliferation suppression in human glioblastoma cells<sup>224</sup>. The workgroup suggested that the mediator might be a human-specific Quaking (QKI) -binding element in the gene promoter<sup>223</sup>. This might explain the negative findings in rodent models after HL, RP and OL treatments<sup>225,212,226</sup>.

The effect mechanism of APs on glial cells is poorly known. Notably, astroglia response to antidepressants and thought to be key factors of their beneficial effects on neurogenesis<sup>227</sup>. They express wide range of neurotransmitter receptors in a brain region-specific manner (reviewed in ref. 228 and 229). For instance, hippocampal astrocytes were reported to express serotonine (5HT1A, 2A, 2B, 2C), glutamate (AMPA, mGluR1-8 except mGluR7), GABA<sub>A</sub> and GABA<sub>B</sub>, muscarinic, beta adrenergic, histamine, and somatostatine receptors; more of them modulated by APs. In addition, several signaling molecules proved to influence the transcription of GFAP, e.g. circulating cytokines, endocrine hormones, neuron-released glutamate and TGF-β.

Overall, while our findings and previous data support a role for GFAP in pathomechanism of APs, the exact nature of this, and the pathological implications of these findings remain unclear.

# 5.2.4 Metabotropic glutamate receptors (mGluR2 and mGluR7)

We found that the effect of APs on *mGluR2* and *mGluR7* genes depended on the dosage: both receptors were upregulated by HL at low concentration. In contrast, mGluR2 and mGluR7 mRNA levels were decreased by OL<sub>high</sub> and RP<sub>low</sub>, respectively.

Metabotropic glutamate receptors (mGluRs) have various modulatory functions on neurotransmission and synaptic plasticity especially in hippocampal learning and memory processes <sup>230</sup>. The eight mGluR subtypes are classified into three groups: group I (mGluR1/mGluR5) coupled to inositol phospholipid hydrolysis, group II (mGluR2/mGluR3) and group III (mGluR4/mGluR6/mGluR7/mGluR8) linked to inhibition of the cAMP cascade <sup>230</sup>. Group II and III mGluRs restrain glutamate release by inhibiting pre-synaptic voltage-dependent calcium channels and/or interfering with the release-system <sup>231,232</sup>.

mGluR2 is predominantly expressed in dentate granule cells and distributed specifically on the mossy fibers at the preterminal zone or presynaptically<sup>231</sup>. It is an actively studied new therapeutic target in schizophrenia<sup>233</sup>, anxiety, depression<sup>234</sup>, and substance use disorders<sup>235</sup>.

According to animal and human postmortem data, chronic RP, OL and clozapine treatment, but not haloperidol, downregulates mGluR2 expression<sup>236,237</sup>. Importantly, the silencing effect of AAPs is modulated by the decrease of histon H3 acetylation and enclosing the promoter of mGluR2 among other genes<sup>237</sup>. Furtherly, this repressive histon modification proved to be serotonin 2A receptor (5HT2A) dependent unravelling the ineffectivity of HL: HL is a silent agonist of 5HT2A, while AAPs (as RP and OL) are high affinity antagonists<sup>237,238</sup>. 5HT2A was detected in the granular layer of dentate gyrus and pyramidal cell layer of CA1–CA3 of the hippocampus<sup>239</sup>. Our data suggest that HL might evoke mGluR2 overexpression through an other, currently unknown mechanism in a concentration-dependent manner what could be interesting subject for further investigations.

Further, the glutamatergic hypothesis of schizophrenia, clinical and preclinical observations suggest that mGluR2 activating drugs represent potentially new AP medications  $^{233-235,\ 240}$ . Therefore, some speculate that mGluR2 downregulation might restrain the therapeutic effects of existing AAP drugs $^{237}$ .

Genetic association studies identified *mGluR7* as a candidate gene for schizophrenia, bipolar disorder and other psychiatric disorders <sup>241,242</sup>. The schizophrenia-linked genotype might result in lower mGluR7 expression; although, studies on mGluR7 levels in patients have not been reported <sup>243</sup>. Recently, the receptor gained significant attention when proved to be more than an inhibitory presynaptic autoreceptor <sup>244,245</sup>. Indeed, mGluR7 is also expressed

presynaptically on the GABA-neurons of the hippocampus and basal ganglia. It suppresses GABA transmission thus enhances LTP in the hippocampus and disinhibits the nigrostriatal dopaminergic pathways<sup>245,246</sup>. Additionally, agonists may have neuroprotective effects in ischaemia and excitotoxicity<sup>247</sup>. As a consequent, it is hypothesized that lower expression of mGluR7 may increase risk of developing schizophrenia, have potential therapeutic implication in cognitive impairment and extrapyramidal movement disorders, especially those originating from AP-induced dopamine depletion<sup>248,249</sup>.

Notably, despite of its potential involvement in neuropsychiatric disorders and the active research on novel mGluR7 acting drugs<sup>250,247</sup>, we did not find any publications about the effects of HL, RP, OL or other APs on mGluR7 expression or function.

## **5.2.5** Vesicular glutamate transporter 1 (VGLUT1)

We found that HL at low concentration and RP at both concentrations decreased the expression of VGLUT1. This protein, encoded by the *SLC17A7* gene, orchestrates the synaptic vesicle cargos: its expression pattern directly influences glutamate release (i.e. glutamate quantal size)<sup>251</sup> and correlates with learning and memory processes<sup>252</sup>. Accordingly, VGLUT1 plays a pivotal role in glutamate release, synaptic plasticity, postnatal neurodevelopment and learning <sup>253</sup>, <sup>254</sup>. Downregulation is implicated in the cognitive symptoms of affective and neurodegenerative disorders<sup>254</sup>. Further, VGLUT1 is a presynaptic marker of excitatory neurons in the cortex and hippocampus<sup>255</sup>.

Importantly, VGLUT1 expression modulation might be region, furthermore cortical layer specific and age-dependent, thus published results are often inconsistent <sup>256,257</sup>. In general, postmortem and animal studies revealed altered glutamate neurotransmission and *VGLUT1* expression in MD, bipolar disorder <sup>256,258</sup>, and schizophrenia <sup>259,257</sup>. Uezato et al. reported that HL interferes with VGLUT1 in the temporal cortex of rats but not in the hippocampus <sup>256</sup>; while others found no effect of HL on *VGLUT1* <sup>257</sup>. Clozapine (AAP), lithium and antidepressants raised VGLUT1 in the cortex and hippocampus <sup>260</sup>. Notably, we found no previous data on the effect of RP or OL on VGLUT1.

# 5.2.6 Limitations and future directions

Although, iPSC/iNC cultures are probably the most promising tools in brain-research, they have considerable shortcomings. First of all, even if the cell lines can be initiated from easily obtainable biospecimens, the reprogramming, culturing and differentiation is labor-intensive and requires notable expertise<sup>261</sup>. Proliferating iPSCs exhibit genetic instability which may result in population diversity and biases in genetic assays<sup>262,263</sup>.

Although, the hereby used monolayer technique thought to be the most efficient way to synchronize and control NPC development *in vitro*<sup>264</sup>. However, iPSC-derived neural cultures always contain progenitors, glial cells and mature or immature neurons with different neurotransmitter and receptor profiles and varying electrophysiological properties<sup>213</sup>. For instance, Yu et al. reported that the above described protocol resulted in predominantly glutamatergic neurons (>85%) with low occurrence of GABAergic neurons (<15%). Additionally, we detected GFAP-response to AP-treatments which would be impossible in a neural culture theoretically. On one hand, this resembles better the physiological, *in vivo* conditions suggesting more natural cell functions. On the other hand, it might necessitate single-cell molecular-biology approaches<sup>213</sup>.

Using iNCs, we aimed to study the effect of APs on neurogenesis and differentiating hippocampal granule cells. However, we have only limited knowledge of how far can we mimic *in vivo* embryonic or adult neurodevelopment. NPCs and new neurons need a special niche, surrounded by glia, blood vessels, and ependymal cells<sup>55</sup>. They follow a stereotypic process for network integration in close interactions with hundreds of cells and different excitatory and inhibitory signals <sup>265</sup>. Still, the maturation process (i.e. reaching electrophysiological, neurochemical properties similar to adult neurons) might last for 6-10 weeks *in vitro*<sup>52</sup> that can be shortened by growing the neurons on feeder astrocytes<sup>266</sup>. In conclusion, when we decided to use poor, monolayer neuronal cultures, we compromised between subideal techniques considering pros and contras and resourcements.

Importantly, epigenetic effects of APs and other psychiatric medications are under active research. iNCs might be key approaches of these studies as iPSCs undergo epigenetic rearrangement during reprogramming and differentiation. This might be a notable advantage since cells are likely to lose *in vivo* effects, e.g. lifestyle or medication. However, the inherited and early epigenetic effects are also erased from the functional assays. Furthermore, iPSCs exhibit a considerably high number or epigenetic abberrations<sup>267</sup>.

One of the weakest point of our experiment might be the concentration of AP-treatments. When choosing the dosage, we had to consider two major issues: we aimed to model *in vivo* circumstances (i.e. the therapeutically-relevant serum concentrations) and gain results comparable with previous data. Yet, contextualizing our results might be problematic due to difficulties in establishing dose equivalences between APs, poor information on real brain concentrations and disputed dosage in animal studies <sup>268, 269</sup>. Correlating receptor occupancy in vitro and in vivo might improve the validity of these pharmacological assays<sup>269</sup>.

## **5.3** OUR MAJOR FINDINGS

In the first study, we aimed to set up and test an *in vitro* functional assay for modeling MD in the diathesis–stress aspect. Here, we suggest that the above presented results correspond with the hypothesis that MD is a genetically determined, systemic maladaptational disorder.

- (1) First, we wanted to know how metabolic stress-response manifests on the level of mRNAs and microRNAs in HDFs? Our results suggest that metabolic stresses resulted in similar, but not identical, robust transcriptional changes affecting gene sets implicated in cell cycle, apoptosis, inflammation, and metabolic adaptation. The microRNA signature contributed considerably to the mRNA stress-response.
- (2) Next, we examined if there are any differences between the MD and CNT samples in the mRNA and microRNA profile? We found a functionally interconnected microRNA—mRNA network disturbance in MD cells: namely, a loss-of-function genetic dysregulation with most prominent decreases in genes related to cell communication, adhesion, immune functions and apoptosis.
- (3) Finally, we compared the stress response of MD and control HDFs. These data underpin our hypothesis that the dysregulated microRNA profile in MD contributes to the maladaptation. We can also assume that MD cells can reach the required metabolic changes *via* non-physiological ways what result in increased vulnerability. Contrary to CNT cells, RL-medium showed to be greater challenge for MD cultures. Understanding this phenomena and investigating the MD-specific stress response might help to get closer to the genetic background of maladaptation.

In Study 2, we established an *in vitro* pharmacological assay using neural cells originated from human iPSCs and treating them with typical AP haloperidol or with atypical olanzapine and risperidone. As far as we know, we are the first who examined the effect of APs on iPSC derived neural cells during differentiation and maturation.

AAPs increased the expression of *NeuroD1*, indicative of accelerated neurogenesis and/or augmented neural survival. *MAP2* transcription was elevated by HL<sub>low</sub> suggesting increased synaptic plasticity, and functional–structural changes in the dendritic tree. Our results call attention to the existing, but different effects of APs on the expression of *mGluRs*, which are actively studied new therapeutic targets in psychiatric disorders and implied in hippocampal LTP. Similarly, the RP and HL<sub>low</sub>-attenuated *VGLUT1* expression might contribute to the understanding of cognitive aspects of long-term AP-treatment. Interestingly, GFAP was modulated by AAPs which can be remarkable subject of further research.

## 6 CONCLUSIONS

On the basis of our observations, we argue that *in vitro* model systems have potency in psychiatric research.

First, we worked with the classic, but still valid patient-derived HDFs which have been utilized in psychiatric studies since 1978 <sup>270</sup>. We presented that the mRNA and microRNA profile of the cells gained from MD and CNT subjects are different and reflect to the known MD-specific CNS and peripheral pathophysiological phenomena. Previously HDF cultures were used to study the signal transduction alterations, oxidative stress in MD<sup>271,272</sup>. However, we are the first, who used these peripheral cells to get familiar with the (epi)genetic regulation of stress reaction and MD. Our research might serve as a base to develop a new stress model, which allows us to discover the (epi)genetic risk factors and G \* E in the background of maladaptational disorders, such as MD.

Second, we used iPSC-derived neural cells, one of the most promising models in current neuropsychiatric research. We found AP-induced gene expression alterations in differentiating hippocampal granule neurons. Considering our and previous results, we have to acknowledge that APs exert complex, poorly understood modulatory effect on the gene expression and cell pathophysiology in a brain region- and cell type-specific manner; therefore, these cannot be studied in peripheral cells. Understanding these mechanisms might have direct consequences in clinical and experimental pharmacology.

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# Metabolic stress-induced microRNA and mRNA expression profiles of human fibroblasts

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## Abstract

Metabolic and oxidative stresses induce physiological adaptation processes, disrupting a finely tuned, coordinated network of gene expression. To better understand the interplay between the mRNA and miRNA transcriptomes, we examined how two distinct metabolic stressors alter the expression profile of human dermal fibroblasts.

Primary fibroblast cultures were obtained from skin biopsies of 17 healthy subjects. Metabolic stress was evoked by growing subcultured cells in glucose deprived, galactose enriched (GAL) or lipid reduced, cholesterol deficient (RL) media, and compared to parallel-cultured fibroblasts grown in standard (STD) medium. This was followed by mRNA expression profiling and assessment of > 1,000 miRNAs levels across all three conditions. The miRNA expression levels were subsequently correlated to the mRNA expression profile.

Metabolic stress by RL and GAL both produced significant, strongly correlated mRNA/miRNA changes. At the single gene level four miRNAs (miR-129-3p, miR-146b-5p, miR-543 and miR-550a) showed significant and comparable expression changes in both experimental conditions. These miRNAs appeared to have a significant physiological effect on the transcriptome, as nearly 10% of the predicted targets reported changes at mRNA level. The two distinct metabolic stressors induced comparable changes in the miRNome profile, suggesting a common defensive response of the fibroblasts to altered homeostasis. The differentially expressed miR-129-3p, miR-146b-5p, miR-543 and miR-550a regulated multiple genes (e.g. NGEF, NOVA1, PDE5A) with region- and age-specific transcription in the human brain, suggesting that deregulation of these miRNAs might have significant consequences on CNS function. The overall findings suggest that analysis of stress-induced responses of peripheral fibroblasts, obtained from patients with psychiatric disorders is a promising avenue for future research endeavors.

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Kálmán et al. Page 2

## Keywords

human fibroblast; stress; miRNA; mRNA; profiling; lipid; galactose; qPCR

#### INTRODUCTION

Postmortem brain studies of psychiatric disorders show complex transcriptome profile changes that encompass both miRNA and mRNA disturbances [1,2]. Yet, these studies face considerable confounds, limiting mechanistic and molecular investigation into the causality of the observed changes. The uniquely human occurrence of major psychiatric disorders and the absence of *bona fide* animal models [3,4,5] underscore the need for analyzing human tissue. However, the usefulness of post-mortem brain tissue is limited primarily to static measures, such as gene expression analysis. Patient fibroblasts, due to their abundance, availability, and neuron-like receptor and protein expression are appealing alternative *in vitro* models for functional analysis of brain disorders [6,7].

Stress is a strong modulator of gene expression [8]. In vitro, glucose-depleted, galactose-supplemented medium is a widely used metabolic stress treatment in fibroblast cultures [9]: glucose depletion increases the level of reactive-oxygen species (ROS), which results in elevated, compensatory glutathione production [7]. Yet, over a prolonged time starvation results in reduction of NADPH, limiting the efficacy of the glutathione protection to the cells. In contrast, reduction in the exogenous cholesterol is a different kind, but related metabolic stress: to maintain their membrane structure and survive, fibroblasts are forced to synthesize their own cholesterol, stressing their metabolic machinery [10]. These two metabolic stress models are likely to share common characteristics: there is an increased rate of glucose incorporation into lipid when cells are switched into lipid-deficient medium [11] and C<sup>14</sup> galactose incorporates into galactolipids [12]. Therefore, both would be expected to manifest common disturbances in the gene expression machinery.

Micro-RNAs (miRNA) are 18-22 nucleotide long fine-tuning regulators of gene expression and protein production [13]. Thousands of miRNAs are encoded in the human genome, controlling the function of approximately 50% of our genes. miRNA expression is tissue, environment and individual specific [14]. A single miRNA can regulate the expression of hundreds of mRNAs, cause their degradation, destabilization, stocking or transport.

The present study was aimed to answer three questions. First, do the different metabolic stressors alter the miRNA expression profile of human fibroblasts? Second, are the miRNA expression profiles similar between two different metabolic stressors? Finally, do the miRNA expression changes result in changes at the mRNA level? Importantly, these studies provide critical baseline data for similar experiments that will be performed on fibroblasts from patients with schizophrenia, major depression and bipolar disorder.

## MATERIALS AND METHODS

#### **ETHICS STATEMENT**

The Vanderbilt University Institutional Review Board (IRB) approved the study and written informed consent was obtained from all study participants before any procedures were conducted.

#### **HUMAN FIBROBLAST CELL CULTURES**

Specimens for fibroblast cultures were obtained by skin biopsies ( $\sim 1 \times 2$  mm) from 17 healthy subjects (4 males and 13 females) (Supplemental Material 1) as described previously

Kálmán et al. Page 3

[15]. Exclusion criteria included any DSM-IV diagnosis [16] or any medical condition that would preclude the biopsy.

All fibroblast samples used in this experiment were cultured between passages 5 and 10 using Dulbecco's modified Eagle's medium<sup>™</sup> (DMEM; Mediatech, Manassas, VA, USA) containing 25mM glucose, 1 mM sodium pyruvate supplemented with 2 mM L-glutamine (Mediatech), 10% fetal bovine serum (FBS; Thermo Scientific HyClone, Logan, UT, USA) and antibiotic/antimycotic solution (A/A; Invitrogen) at 37 °C and 5% CO₂. The cells were cultured simultaneously under same conditions until reaching confluence, trypsinized and counted.

A single cell line from each individual was divided into three plates (plating density  $1.2\times106$  cells/plate) and after overnight adherence, the medium was changed into 3 different conditions. All cultures were grown for 7 days, with a media change every 2 days. (Figure 1) and were grown in: 1) lipid reduced (RL) medium (DMEM supplemented with lipid reduced FBS (Thermo Scientific HyClone, Logan, UT, USA)); 2) galactose-containing (GAL) medium (DMEM deprived of glucose (Mediatech) supplemented with 10mM galactose) and 3) standard, glucose-containing (STD) medium. The medium was changed three times a week. Cell growth and proliferation were not affected by GAL or RL treatment. After one week the cells were washed with ice-cold PBS twice, trypsinized, pelleted (700g for 8 min on 18 °C) and stored on -80 °C until the RNA isolation.

#### **RNA ISOLATION**

Total cell RNA and small RNA fractions were isolated from the frozen samples using the mirVana miRNA isolation Kit (Ambion, Austin, TX) according to manufacturer's instructions. In brief, the pellet was suspended in 600  $\mu l$  Lysis/Binding Solution, than 60  $\mu l$  Homogenate Additive was added. After 10 min incubation time for total RNA isolation  $1.25\times$  volume of 100% ethanol was added to the aqueous phase and the supernatant was purified using the proprietary solutions provided by the manufacturer. Finally the total RNA was collected with 100  $\mu l$  Elution Solution. For small RNA isolation we added on-thrid volume of 100% ethanol to the aqueous phase and two-thrid volume of 100% ethanol to the flow-through. The small RNA specied were collected from the filter with 100  $\mu l$  Elution Solution. Agilent 2100 Bioanalyzer was used to determine the quality and size distribution of the total RNA and small RNA fractions. All samples showed a RNA Intergity Number (RIN) >8.0. The samples were stored on  $-80\,^{\circ}\text{C}$  until used.

#### DNA MICROARRAY and miRNome PCR ARRAY

**mRNA expression**—mRNA levels were examined with the GeneChip HT HG-U133+PM Array Plate (Affymetrix, Santa Clara, CA, USA). cDNA synthesis from total RNA, IVT, labeling and hybridization were performed according to manufacturer's protocol.

miRNA expression—From small RNA samples cDNA was prepared with miScript II RT Kit (Qiagen, Valencia, CA, USA) using miScript HiSpec Buffer. The DNA was quantified with NanoDrop ND-1000 spectophotometer, yielding 693-839 ng/μl. After reverse transcription, the individual sample cDNAs were pooled into four groups based the gender and the age. Each group contained material from 4-5 individuals. Group 1: males age of 30-48; group 2: females age of 20-25; group 3: females age of 27-40; group 4: females age of 44-52 (Supplemental Material 1). The relative amounts of 1008 miRNAs were measured with miRNome miRNA PCR Arrays using miScript SYBR Green PCR Kit (Qiagen, Valencia, CA, USA) according to the manufacturer's instructions.

Kálmán et al. Page 4

#### **VALIDATION OF mRNA FINDINGS**

Based on our pathway analyses we selected a panel of 10 lipid biosynthesis genes, and validated the mRNAs using qPCR on the individual control, GAL-treated and RL-exposed samples (n=18). Total RNA (500 ng) from each sample was reverse transcribed to cDNA using RT2 First Strand Kit (Qiagen) using the instructions of the manufacturer. Custom-designed RT2 Profiler PCR Arrays (Qiagen) were provided in 96-well plate format and contained primer assays for 10 focused genes (SCD, FABP3, DHCR7, INSIG1, QPRT, HMGCR, HMGCS1, LDLR, FADS1, FADS2) and 2 housekeeping genes (ACTB and GAPDH). RT2 Profiler PCR Arrays assays were performed on the real-time cycler ABI Prism 7300 System (Applied Biosystems). The exported Cts were analyzed using SABiosciences PCR Array Data Analysis Template Excel software and compared across STD-RL and STD-GAL groups using a paired experimental design.

## **VALIDATION OF mIRNA FINDINGS**

22 miRNAs were selected for follow up on the 17 individual samples (hsa-miR-146b-5p, hsa-miR-550a, hsa-miR-129-3p, hsa-miR-214, hsa-miR-21, hsa-miR-22, hsa-miR-132, hsa-miR-376c, hsa-miR-19a, hsa-miR-195, hsa-miR-181a, hsa-miR-486-5p, hsa-miR-377, hsa-miR-424,hsa-miR-542-3p,hsa-miR-22, hsa-miR-103a, hsa-miR-376b, hsa-miR-29b, hsa-miR-185, hsa-miR-564, hsa-miR-34a). The assays was identical to the one used on the pooled samples described above.

#### **DATA ANALYSIS**

**Differential expression**—For the mRNA studies, after standard image segmentation of the microarray images, RMA normalization was performed using GenePattern software [17]. At the individual level, the gene was considered to be differentially expressed if it showed an absolute average log ratio |ALR| 0.378 and p-value 0.01 between the experimental and control conditions. Pathway analyses were performed using GenePattern – Gene Set Enrichment Analysis (GSEA) [18] and its BioCarta Database.

For miRNA expression quantification comparative Ct method was used with SNORD61, SNORD68, SNORD72, SNORD95, SNORD96A and RNU6-2 as housekeeping genes. A miRNA was considered differentially expressed if it showed a  $|\Delta\Delta Ct|$  0.583 and both a groupwise and pairwise p value of p 0.05 between the experimental and control condition.

These parameters were chosen based on previously analyzed datasets [17,18], and followed up by qPCR validation.

Hierarchical clustering and calculation of correlation—For both the mRNA and miRNA data two-way unsupervised clustering using Euclidian distance was performed using the GenePattern software package [19]. For mRNA, this was performed using the RMA - normalized  $\log_2$  gene expression values from each individual sample, while for the miRNA the  $\Delta$ Ct values were used. Correlations were calculated in MS-Excel 2010 using Pearson coefficient.

**Identification of miRNA targets—**To identify the potentially affected mRNAs by the four miRNAs that were changed in both the GAL- and RL-exposed cultures (miR-129-3p, miR-146b-5p, miR-543 and miR-550a), we searched the miRDB online database [21] and established the list of their potential targets.

#### **COMPARISON TO BRAIN EXPRESSION**

To test the relevance of our fibroblast findings in context of human brain disorders, we examined the mRNA expression of putative miR-129-3p, miR-146b-5p, miR-543 and miR-550a targets in the developing human brain [33].

# **RESULTS**

#### METABOLIC STRESS-INDUCED mRNA CHANGES

Our mRNA expression profiling revealed 2063 differentially expressed genes in the GAL group compared to the matched controls. Of these, 1117 (54.1%) were up-regulated (Supplemental Material 2A), while 946 (45.9%) showed downregulation. These regulated gene products were involved in cell cycle, apoptosis, inflammatory response and mRNA processing related pathways, and in metabolic adaptation. RL treatment had also a widespread effect on the transcriptome. 984 gene transcripts were affected by the RL treatment, with 640 mRNAs increased (65.0%) and 344 (35.0%) transcripts repressed (Supplemental Material 2B). Two-way unsupervised hierarchical clustering provided a good separation of samples based on the treatment condition (Supplemental Material 3AB). Pathway analysis with BioCarta classification revealed enrichment of 18 groups of transcripts in the GAL condition (Table 1A), while in the RL condition, the analysis revealed enrichment in 12 pathways and transcript repression in 3 pathways (Table 1B). Notably, 4 of these pathways were commonly upregulated in both the GAL and RL condition: peroxisome proliferator-activated receptor a (PPARA), carbohydrate response element binding protein 2 (CHREBP2), influence of Ras and Rho proteins on G1 to S Transition (RACCYCD) and stress induction of HSP regulation (HSP27). As there was a significant enrichment of lipid biosynthesis genes in the fibroblast as a result of exposure to RL and GAL conditions, we decided to validate a panel 10 commonly upregulated genes (SCD, FABP3, DHCR7, INSIG1, QPRT, HMGCR, HMGCS1, LDLR, FADS1, FADS2). qPCR assessment of expression validated 9 out of 10 transcript changes in both RL and GAL conditions (all except HMGCR, which showed the same directionality and magnitude of change, but did not reach statistical significance) (Supplemental Material 4) and revealed a high correlation between the microarray and qPCR results (GAL-STD comparison: r=0.92; RL-STD comparison: r=0.72) (Figure 2).

#### **MIRNA EXPRESSION IN RESPONSE TO METABOLIC STRESS**

We found that in human fibroblasts 45 miRNAs were differentially expressed due to the GAL treatment (Table 2 A,B) ( $|\Delta\Delta Ct|$  0.583; p 0.05), with approximately same number of miRNAs increased and decreased (24 miRNAs and 21 miRNAs, respectively). The RL treatment affected 34 miRNAs, with more prominent downregulation than upregulation (27 and 7, respectively). When compared to the control cultures, four miRNAs showing significant differential expression overlapped in the two metabolic stress conditions (GAL, RL) (Figure 3). However, the overall pattern of miRNA profiles between the two stressors was strong: the differentially expressed miRNA's in the GAL condition, when correlated with their expression level in the RL condition, showed a significant correlation (r=0.71, p<0.001) (Figure 4A). Similarly, the expression levels of differentially expressed miRNA's in the RL condition were correlated with the expression levels observed in the RL condition (r=0.65, p<0.005) (Figure 4B). Furthermore, the combined list of these miRNA expression changes, when subjected to a two-way unsupervised hierarchical clustering, perfectly separated out the CNT, GAL and RL conditions (Figure 5). Thus, while the most changed miRNAs were not identical between the GAL and RL, the overall pattern suggested a comparable miRNA response between the two very different metabolic stressors.

As the initial screening was performed on 4 pools of samples which could theoretically bias our data, we wanted to validate the expression of 22 miRNAs on our 17 individual samples. In this follow-up study the initial miRNA findings on the pooled samples showed the expected expression pattern on the individual experimental samples (Figure 6).

#### **CORRELATION OF mIRNA WITH mRNA EXPRESSION**

To establish how metabolic stress-induced miRNAs affect the mRNA transcriptome, we focused our attention on the four significantly changed miRNAs that overlapped between the GAL- and RL-treatment: miR-129-3p, miR-146b-5p, miR-543 and miR-550a. To identify the target mRNAs of these miRNAs we established the list of their potential targets using the miRDB online data base. The database revealed 211 putative mRNA targets of miR-129-3p, 243 mRNA targets of miR146b-5p, 129 mRNA targets of miR-550a, and 921 targets for miR-543 (Supplemental Material 5). Of the combined 1504 potential targets 140 mRNAs showed significant change at gene expression level (Table 3A-C). It is noteworthy that multiple target genes showed significantly altered transcription levels in both the GAL-and RL-treated human fibroblast cultures, further arguing for a consistent effect of the two different metabolic stressors.

Finally, we attempted to establish if any of these putative mRNA targets of miR-129-3p, miR-146b-5p, miR-543 and miR-550a showed spatio-temporal regulation in the developing human brain [31]. Fourteen such transcripts were identified (rfx7, syt14, nova1, kiaa1199, spata13, osbpl8, exph5, ngef, pag1, acyp1, pde5a, adamtsl1, cyp26b1 and pag1) (Supplemental Material 6), suggesting that these targets should be the primary focus of further follow-up examinations in the brain tissue of neurodevelopmental disorders.

#### **CONCLUSIONS**

This study established the mRNA and miRNA expression changes in human fibroblast cell cultures in response to two nutrition-based metabolic stress paradigms. We found that 1) glucose depleted, galactose supplemented and a lipid reduced, cholesterol depleted medium produced widespread mRNA and miRNA changes in human fibroblasts; 2) while the most significantly changed miRNAs showed variation, the overall miRNA changes across the two metabolic stress conditions showed considerable similarity; 3) it appears that changes in miRNA expression contributed considerably to altered mRNA expression profile in both the GAL and RL conditions and 4) we identified 4 significantly changed miRNAs (miR-129-3p, miR-146b-5p, miR-543 and miR-550a) that are likely to be important mediators of multiple types of metabolic stress.

Using the individual transcript assessment approach, we identified only four significantly changed miRNAs (miR-129-3p, miR-146b-5p, miR-543 and miR-550a) across the two metabolic stressors. Yet, this is not surprising, as transcripts work in networks: while we observed considerable differences in the most changed miRNAs of the GAL- and RL-treated fibroblasts, the overall miRNA profile of the two stressors was strikingly similar. Furthermore, 4 metabolic stress-related transcript pathways (PPARA, CHREBP2, RACCYCD, and HSP27) were upregulated in both GAL and RL-exposed cultures, suggesting that this common signature is present both at the miRNA and mRNA level. This came as a surprise, as the two stressors acts through distinct mechanisms: the GAL condition primarily creates oxidative radicals through starvation [7], while the RL conditions forces the cells into a metabolic overdrive [10]. Based on these findings we propose that metabolic stress, regardless of the type of the insult, might have a common miRNome and mRNA signature, and this common signature perhaps represents a non-specific resilience response, helping the cells to adapt and survive.

Our results also suggest that the four changed miRNAs alone appeared to be able to regulate the mRNA expression of 52 target genes, arguing that miRNA regulation of the transcriptome might be a significant contributor to metabolic stress-induced cellular responses. Unfortunately, miR-543 and miR-550a has not been well studied experimentally, and their effects remain mostly unknown. However, mir-129-2 and miR-146b-5p have been a focus of multiple investigations to date: mir-129-2 is located next to a CpG island and is methylation-associated, and the expression of this miRNA can be epigenetically restored by de-methylating drugs [22]. Furthermore, mir-129-2 is conserved in vertebrates and regulates the expression of CP110, ARP2, TOCA1, ABLIM1 and ABLIM3, thus effectively controlling actin dynamics in the cell [21]. Still, miR-146b-5p might be the most important finding of our studies: its expression is highly induced by proinflammatory cytokines, with a clear dependency on IFN-γ, potentially via the JAK/STAT pathway [24,25]. Furthermore, a decrease of miR-146b-5p has been observed in monocytes during obesity, and it was associated with loss of the anti-inflammatory signaling action [26]. miR-146b-5p also regulates signal transduction of TGF- $\beta$  [27], and appears to play a critical role in the pathophysiology of various cancers [28,29]. These data suggest that metabolic stress might regulate miRNA expression through epigenetic modification, and that the two metabolic stressors trigger an inflammation-like response in the stressed cells. However, this hypothesis has to be tested more comprehensively in follow-up experiments.

Finally, we need to emphasize that peripheral biomarkers studies are essential to understand the pathophysiology of human brain disorders. Recent studies indicate that peripheral biomarkers may aid the diagnosis of psychiatric disorders and help assess treatment efficacy [30]. However, obtaining peripheral patient tissues and analyzing them at resting state might not be sufficient to reveal the critical deficits, and they must be challenged to reveal the full signature of the disease [7,31]. Human dermal fibroblasts as a model system are ideally suited for such studies [32], as they have several advantages over the functional assays performed on peripheral blood cells: 1) they can be readily propagated without immortalization, 2) have a more similar expression profile to brain cells than peripheral blood cells; 3) are homogenous and very responsive to a variety of stimuli, and 4) they are minimally affected by epigenetic changes, which usually disappear after the 5<sup>th</sup> culture passage.

Our results also suggest that metabolic stress in dermal fibroblasts affects genes that are important for brain development and homeostasis. The 4 miRNAs with differential expression in both the RL and GAL condition (miR-129-3p, miR-146b-5p, miR-543 and miR-550a) regulated multiple genes (e.g. NGEF, NOVA1, PDE5A) that show region- and age-specific transcription in the human brain [33], suggesting that deregulation of these transcripts might have significant consequences on brain function, and should be examined in the context of neurodevelopmental disorders. Thus, dermal fibroblasts are appealing, readily available human biomaterials, allowing to perform controlled, functional and reproducible experiments on human tissue. This is especially important for studying major, polygenic psychiatric disorders, where postmortem tissue availability is limited and the genetic animal models do not fully recapitulate the human disease. This study defined the miRNA/mRNA transcriptome responses of fibroblasts to metabolic stress in healthy individuals, and similar studies should be performed in diseased patient material – the response of their transcriptome to the metabolic stress will be more revealing of pathophysiology than the case-control differences under resting, unchallenged conditions.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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# Research highlights

metabolic stress produced strong mRNA and miRNA changes in human fibroblasts

- miRNA changes across two metabolic stress conditions showed substantial similarity
- miRNA expression contributed to altered mRNA expression
- miRNA and mRNA changes were correlated
- miR 129 3p, miR 146b 5p, miR 543 and miR 550a are mediators of metabolic stress

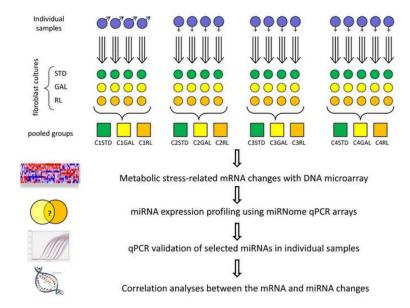
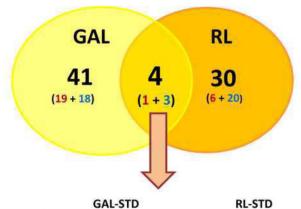


Figure 1. Experimental design.

Flowchart representing the sample collection and grouping, the experiments and analyses performed. In summary, skin biopsies were collected from 17 male and female individuals, and used to establish *in vitro* fibroblast cultures. Each fibroblast culture was then cultured in standard (STD), galactose containing (GAL) or reduced lipid (RL) media. DNA microarrays were used to detect the mRNA profile of each individual sample in each culture condition. 4-5 samples of similar age and gender were grouped before performing miRNA expression profiling with miRNome qPCR arrays. Grouping-sample effects were examined in individual samples with custom qPCR arrays containing selected miRNA assays. Finally, we preformed correlation analyses between the commonly changed miRNAs and their putative mRNA targets.

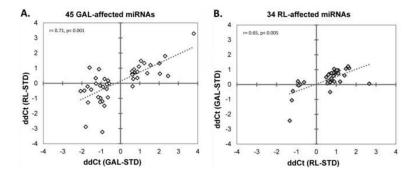
# miRNAs are affected by GAL and RL treatment



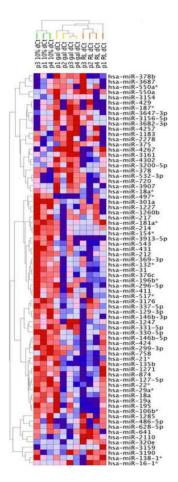
miRNA ID	ddCt	gpval	ppval	ddCt	gpval	ppval		
hsa-miR-146b-5p	1.058	0.007	0.011	1.487	0.015	0.005		
hsa-miR-129-3p	0.949	0.011	0.050	1.108	0.020	0.050		
hsa-miR-543	0.659	0.025	0.020	0.610	0.021	0.035		
hsa-miR-550a	-1.054	0.031	0.025	-1.236	0.025	0.039		

Figure 2. qPCR validation of selected mRNA expression changes.

10 transcripts were validated using qPCR (SCD, FABP3, DHCR7, INSIG1, QPRT, HMGCR, HMGCS1, LDLR, FADS1, FADS2). X- axis denotes microarray-obtained average log2 ratios (ALR), while Y-axis denotes actin-normalized -ΔΔCt values obtained by qPCR. Note that the microarray and qPCR data were highly correlated (GAL: r=0.92 p<0.001; RL: r=0.72, p<0.001). For further details, see Supplemental Material 4.



**Figure 3.** Commonly changed miRNAs in GAL and RL culture conditions.
45 and 34 miRNAs showed significant change in GAL and RL conditions, respectively (red-decreased; blue – increased). Note that the 4 commonly changed miRNAs had the same directionality in both GAL and RL conditions, and they were significantly altered in both pairwise (ppval) and groupwise (gpval) testing.



**Figure 4. Overall miRNA pattern changes in GAL and RL conditions are highly correlated.** The 45 miRNAs with significantly changed expression pattern in GAL conditions were assessed in the RL samples (**A**) and the 34 miRNAs with significantly changed expression pattern in RL conditions were assessed in the GAL samples (**B**). Note that the miRNA pattern observed in either metabolic stressor also showed a similar, highly correlated expression pattern in the other condition.

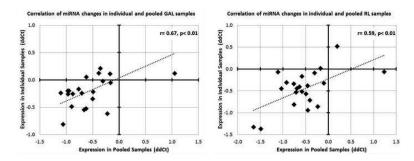
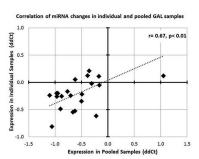


Figure 5. miRNA expression pattern separates the STD, GAL and RL lipid conditions. Two-way unsupervised hierarchical clustering was performed on the expression level ( $\Delta$ Ct) of 75 differentially expressed miRNAs. Samples were clustered vertically, miRNAs were clustered horizontally. Each colored square represents a normalized gene expression level, color coded for increase (red) or decrease (blue) from the mean. Color intensity is proportional to magnitude of change. The clustering resulted in a perfect separation of samples into three discrete groups corresponding to culture conditions (vertical dendrogram, green STD, yellow GAL, and orange RL).



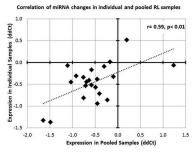


Figure 6. Correlation of miRNA changes between individual and pooled fibroblast samples cultured in GAL (A) and RL (B) conditions.

22 miRNAs were assessed in the validation study, with the pooled  $\Delta\Delta CTs$  plotted on X axis and the  $\Delta\Delta CTs$  from individual samples plotted on the Y axis. Each miRNA represents a single data point. The correlation coefficient indicates that pooling of the samples did not skew artificially the miRNA pattern observed in GAL and RL.

#### Table 1

**mRNA transcriptome changes.** Microarray gene expression data, subjected to BioCarta pathway analysis with GSEA, identified 19 pathways enriched in fibroblasts cultured in GAL (**A**) and 15 in RL (**B**). The significantly changed BioCarta pathways are ranked by a net enrichment score (NES). The number of genes in each pathway is depicted in the Size column. Note that there are 4 differentially expressed pathways common for GAL and RL treatment (\*).

#### A. Galactose (GAL) media

NAME	SIZE	NES	p-value
RACCYCD*	26	1.93	0.000000
CELLCYCLE	23	1.83	0.000000
SRCRPTP	11	1.70	0.000000
P53	16	1.70	0.002045
TEL	18	1.73	0.010730
STATHMIN	19	1.57	0.011516
CFTR	12	1.65	0.012000
CERAMIDE	22	1.67	0.012448
ATRBRCA	21	1.60	0.016129
G2	24	1.59	0.026157
HSP27*	15	1.47	0.026639
CARM_ER	34	1.61	0.027451
PLCE	12	1.47	0.030864
CHREBP2*	42	1.61	0.031373
AKAPCENTROSOME	15	1.53	0.031809
CHEMICAL	22	1.56	0.032520
RB	13	1.53	0.034137
PPARA*	56	1.43	0.036000
ATM	20	1.58	0.044807

# B. Reduced lipid (RL) media

NAME	SIZE	NES	p-value
PPARA*	56	1.80	0.000000
P38MAPK	39	1.56	0.009579
VIP	26	1.60	0.009709
BAD	26	1.48	0.015936
CHREBP2*	42	1.64	0.022945
RACCYCD*	26	1.65	0.027559
GCR	19	1.46	0.038000
HSP27*	15	1.49	0.040541

NAME	SIZE	NES	p-value
CD40	15	1.58	0.044000
LYM	11	1.37	0.047714
TNFR2	18	1.53	0.048583
TALL1	15	1.52	0.048638
IL22BP	16	-1.56	0.020638
DNAFRAGMENT	10	-1.51	0.030488
AHSP	11	-1.59	0.043222

<sup>\*</sup>Commonly upregulated in NL and GAL treatment

Table 2

miRNA expression profile changes in GAL (A) and RL (B) treatment in human fibroblasts. Blue - increased expression; Red – reduced expression;  $\Delta\Delta$ Ct - normalized threshold cycle difference between experimental and control samples; gt - groupwise t-test; pt – pairwise t-test. The correlations of these data are graphically represented in Figure 3.

GAL-induced miRNA expression changes and their expression in RL

miRNA ID	ddCt (GAL-STD)	gt-test (GAL-STD)	pt-test (GAL-STD)	ddCt (RL-STD)	gt-test (RL-STD)	pt-test (RL-STD)
hsa-miR-378b	-2.065	0.006	0.003	-0.512	0.548	0.614
hsa-miR-1183	-1.875	0.023	0.064	-0.485	0.557	N/A
hsa-miR-429	-1.801	0.019	0.154	-2.877	N/A	N/A
hsa-miR-3682-3p	-1.704	0.031	0.178	-0.212	0.659	0.936
hsa-miR-187*	-1.683	0.034	0.074	-1.270	N/A	N/A
hsa-miR-4302	-1.604	0.019	0.036	1.038	0.143	0.067
hsa-miR-375	-1.522	0.149	0.041	-0.417	0.535	0.862
hsa-miR-3200-5p	-1.283	0.041	0.128	0.338	0.489	0.509
hsa-miR-3161	-1.269	0.017	0.002	-0.015	0.982	0.865
hsa-miR-4267	-1.154	0.006	0.015	-0.915	0.105	0.085
hsa-miR-378	-1.115	0.057	0.040	0.935	0.169	0.183
hsa-miR-3156-5p	-1.055	0.022	0.034	-0.148	0.723	0.870
hsa-miR-550a	-1.054	0.031	0.025	-1.236	0.025	0.039
hsa-miR-4257	-1.044	0.020	0.327	-0.972	0.227	0.436
hsa-miR-3159	-0.943	0.142	0.037	-3.222	0.299	0.325
hsa-miR-550a*	-0.941	0.042	0.133	-1.192	0.130	0.072
hsa-miR-720	-0.903	0.090	0.023	-0.236	0.588	0.335
hsa-miR-2278	-0.839	0.287	0.035	-1.490	0.155	0.169
hsa-miR-3907	-0.827	0.070	0.013	0.291	0.436	0.343
hsa-miR-3687	-0.717	0.042	0.011	-0.370	0.567	0.648
hsa-miR-532-3p	-0.709	0.062	0.029	-0.069	0.820	0.757
hsa-miR-3190	-0.658	0.430	0.050	-0.930	0.242	0.572
hsa-miR-1247	-0.645	0.450	0.022	0.177	0.803	0.800
hsa-miR-3647-3p	-0.590	0.011	0.048	-0.017	0.949	0.960
hsa-miR-301a	0.602	0.038	0.025	0.802	0.070	0.060
hsa-miR-369-3p	0.612	0.029	0.030	0.575	0.052	0.025
hsa-miR-874	0.616	0.313	0.002	0.632	0.398	0.277
hsa-miR-486-5p	0.626	0.279	0.029	-0.196	0.754	0.680
hsa-miR-543	0.659	0.025	0.020	0.610	0.021	0.035
hsa-miR-1260b	0.660	0.077	0.049	0.290	0.459	0.431
hsa-miR-424	0.698	0.061	0.011	0.919	0.104	0.052
hsa-miR-127-5p	0.713	0.069	0.045	0.696	0.120	0.114
hsa-miR-3913-5p	0.757	0.343	0.031	N/A	N/A	N/A

miRNA ID	ddCt (GAL-STD)	gt-test (GAL-STD)	pt-test (GAL-STD)	ddCt (RL-STD)	gt-test (RL-STD)	pt-test (RL-STD)
hsa-miR-628-5p	0.871	0.020	0.067	0.355	0.440	0.552
hsa-miR-181a*	0.876	0.039	0.014	0.759	0.213	0.146
hsa-miR-129-3p	0.949	0.011	0.053	1.108	0.020	0.051
hsa-miR-146b-5p	1.058	0.007	0.011	1.487	0.015	0.005
hsa-miR-1271	1.227	0.032	0.113	1.338	0.171	0.339
hsa-miR-1285	1.386	0.010	0.037	0.667	0.407	0.517
hsa-miR-337-5p	1.550	0.017	0.103	1.200	0.060	0.061
hsa-miR-217	2.018	0.112	0.013	1.323	0.097	0.223
hsa-miR-3176	2.041	0.018	0.009	0.635	0.373	0.515
hsa-miR-497*	2.313	0.040	0.079	1.803	0.098	0.204
hsa-miR-1227	2.462	0.014	0.113	0.488	0.343	0.172
hsa-miR-146b-3p	3.795	0.046	0.123	3.291	0.216	0.205

#### RL-induced miRNA expression changes and their expression in GAL

miRNA ID	ddCt (RL-STD)	gt-test (RL-STD)	pt-test (RL-STD)	ddCt (GAL-STD)	gt-test (GAL-STD)	pt-test (GAL-STD)
hsa-miR-3154	-1.342	0.039	0.047	-2.425	0.161	0.267
hsa-miR-550a	-1.236	0.025	0.039	-1.054	0.031	0.025
hsa-miR-16-1*	-1.181	0.014	0.063	-0.437	0.347	0.311
hsa-miR-138-1*	-0.924	0.326	0.021	0.219	0.775	0.712
hsa-miR-641	-0.887	0.042	0.253	-0.059	0.875	0.726
hsa-miR-2110	-0.805	0.043	0.031	0.017	0.953	0.965
hsa-miR-320e	-0.618	0.032	0.118	0.162	0.384	0.513
hsa-miR-376c	0.493	0.039	0.027	0.490	0.114	0.050
hsa-miR-296-5p	0.561	0.011	0.018	0.085	0.736	0.623
hsa-miR-517*	0.595	0.099	0.013	0.245	0.475	0.375
hsa-miR-543	0.610	0.021	0.035	0.659	0.025	0.020
hsa-miR-214	0.636	0.006	0.032	0.703	0.088	0.075
hsa-miR-195	0.689	0.011	0.061	0.163	0.600	0.586
hsa-miR-18a*	0.692	0.057	0.014	-0.504	0.238	0.141
hsa-miR-19a	0.710	0.103	0.035	0.168	0.660	0.323
hsa-miR-212	0.742	0.031	0.032	0.404	0.155	0.078
hsa-miR-132*	0.753	0.120	0.002	0.766	0.122	0.292
hsa-miR-411	0.779	0.016	0.066	0.331	0.391	0.410
hsa-miR-330-5p	0.854	0.117	0.007	0.797	0.261	0.347
hsa-miR-431	0.864	0.023	0.004	0.579	0.063	0.016
hsa-miR-154*	0.891	0.008	0.115	1.052	0.087	0.110
hsa-miR-18a	0.900	0.039	0.029	0.198	0.597	0.375
hsa-miR-29a*	0.912	0.041	0.116	0.801	0.085	0.220
hsa-miR-135b	0.927	0.148	0.037	0.698	0.395	0.249
hsa-miR-22*	1.033	0.049	0.194	0.966	0.083	0.339

miRNA ID	ddCt (RL-STD)	gt-test (RL-STD)	pt-test (RL-STD)	ddCt (GAL-STD)	gt-test (GAL-STD)	pt-test (GAL-STD)
hsa-miR-31	1.105	0.004	0.012	0.750	0.065	0.079
hsa-miR-129-3p	1.108	0.020	0.051	0.949	0.011	0.053
hsa-miR-758	1.188	0.042	0.042	0.199	0.672	0.608
hsa-miR-106b*	1.193	0.035	0.229	0.188	0.795	0.918
hsa-miR-299-3p	1.414	0.048	0.109	0.612	0.159	0.243
hsa-miR-146b-5p	1.487	0.015	0.005	1.058	0.007	0.011
hsa-miR-196b*	1.599	0.025	0.034	1.226	0.114	0.289
hsa-miR-21*	1.647	0.003	0.019	1.102	0.093	0.052
hsa-miR-331-5p	2.660	0.010	0.041	0.058	0.915	0.932

#### Table 3

miRNA and mRNA expression changes are correlated in human fibroblasts. The three commonly changed miRNAs in both GAL and RL conditions were correlated with expression changes of 52 putative target mRNAs. A. miR-129-3p target changes, B. miR-550a target changes, C. miR-146b-5p target changes. The commonly changed mRNAs in both GAL- and RL-medium exposed human fibroblasts are marked with an asterisk.

#### A. miR-129-3p

Gene	ALR GAL	pval GAL	Gene	ALR RL	pval RL
FADS1*	1.08	0.000001	FADS1*	1.22	0.000000
FADS1*	1.08	0.000001	FADS1*	1.22	0.000000
FADS1*	1.06	0.000001	FADS1*	1.11	0.000000
DGKI	0.68	0.000073	STARD4	0.94	0.000000
LHFPL2	0.63	0.000000	TMTC1*	0.57	0.000173
PTGER4*	0.51	0.000302	PTGER4*	0.57	0.000329
TMTC1*	0.50	0.000007	CCDC102B	0.51	0.006941
CDK1	0.49	0.007441	RCAN2	0.45	0.000727
CDCA7L	0.47	0.000002	CHML	0.43	0.000010
PKIA	0.43	0.000075	RFX7	0.41	0.000179
C2orf88	0.41	0.000036	RIMS1	0.38	0.004726
RDH10	-0.42	0.000011	CYP27C1	0.38	0.000169
			ZNF436	-0.42	0.000329
			BAALC	-0.60	0.000524

## B. miR-550a

Gene	ALR GAL	pval GAL	Gene	ALR RL	pval RL
CLIC2	1.18	0.000000	DSTN	0.44	0.000322
SPATA13	0.50	0.000059	EXPH5*	0.41	0.008081
C1QTNF2	0.48	0.002883	NGEF	0.40	0.005541
OSBPL8	0.48	0.000000	APOL6	-0.93	0.000000
PLD1	0.45	0.000245			
SCARA3	0.39	0.000014			
ADAMTS6	-0.38	0.005308			
EXPH5*	-0.51	0.001573			
MYH2	-0.80	0.000192			

#### C. miR-146b-5p

Gene	ALR GAL	pval GAL	Gene	ALR RL	pval RL
IFIT3	0.65	0.000003	SVIL*	0.58	0.000000
IQGAP3	0.64	0.000058	KRTAP1-5*	0.56	0.000110

Gene	ALR GAL	pval GAL	Gene	ALR RL	pval RL
IRAK1	0.61	0.000001	SVIL*	0.50	0.000009
SYT14	0.61	0.000101	CLCN6*	0.46	0.000000
RAB7L1	0.58	0.000000	PID1	0.42	0.000173
RAB7L1	0.55	0.000000	NOVA1	0.41	0.000848
CLCN6*	0.52	0.000001	SLC1A1*	-0.45	0.000093
SVIL*	0.44	0.000079	LRRC15	-0.45	0.000372
STRBP	0.43	0.000607	KIAA1199	-0.47	0.001176
TIMELESS	0.42	0.000047			
RACGAP1	0.41	0.000632			
STIL	0.40	0.002208			
WISP1	-0.38	0.002183			
DNAL1	-0.39	0.000081			
DNAL1	-0.40	0.002178			
SLC1A1*	-0.49	0.000259			
KRTAP1-5*	-0.53	0.003753			
RASGRP1	-0.67	0.000057			

# D. miR-543

Gene	ALR GAL	pval GAL	Gene	ALR RL	pval RL
RRAGD*	2.36	0.000000	NRXN3	1.98	0.009901
RRAGD	1.48	0.000000	ABCA1*	1.60	0.000000
PAG1	0.98	0.000000	ABCA1*	0.92	0.000000
PAG1	0.91	0.000000	PLA2G4A	0.86	0.002028
LAMA1	0.83	0.000029	GALNT1	0.84	0.003950
C3orf55	0.82	0.000002	$RRAGD^*$	0.79	0.009357
PAG1*	0.80	0.000000	PPP1R12B*	0.76	0.003190
PRKAR2B*	0.76	0.000002	GALNT1	0.70	0.005351
TOX	0.68	0.000073	GALNT1	0.63	0.002321
ZNF367	0.64	0.000001	COL16A1	0.61	0.000219
CDK1	0.63	0.000099	ZNF436	0.56	0.000329
PBX3	0.62	0.000000	TRIM13	0.50	0.000035
DCLK1	0.61	0.000864	ZNF436	0.49	0.001606
FNIP2*	0.58	0.000013	DUSP3*	0.46	0.000321
ZCCHC14	0.58	0.000000	EVI5	0.39	0.000685
CDK1	0.58	0.000135	TGFB1	0.39	0.000077
GTSE1	0.56	0.001911	DDX3X	0.38	0.005765
CDK1	0.56	0.000136	PAG1*	0.38	0.000839
BEX2	0.55	0.000005	FNIP2*	0.38	0.000458
GTSE1	0.54	0.001029	CCDC117	-0.38	0.000395
DUSP3*	0.54	0.000000	ADAMTSL1	-0.41	0.000269

Kálmán et al.

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ļ	Gene	ALR GAL	pval GAL	Gene	ALR RL	pval RL
	FNIP2	0.52	0.000006	EEF1A1	-0.42	0.003515
	ESCO2	0.51	0.000066	SMAD5	-0.42	0.008163
	E2F7	0.51	0.000144	ADAMTSL1*	-0.43	0.002492
	FMNL2	0.49	0.000014	TMEM133	-0.43	0.003737
	B3GNT5	0.49	0.000143	ADAMTSL1*	-0.44	0.004797
	ABCA1*	0.49	0.000012	PDP1	-0.44	0.000010
١	CDK1	0.49	0.007441	ADAMTSL1	-0.53	0.000006
	OSBPL8	0.48	0.000000	CHML	-0.53	0.000279
	DCLK1	0.48	0.003116	PDE5A*	-0.56	0.002906
	DCLK1	0.48	0.003116	GBP1	-0.60	0.003012
ı	SLC2A13	0.47	0.000000	RAPH1*	-0.68	0.000064
	OSBPL1A	0.47	0.000000	HIPK2	-0.71	0.000009
İ	ABCA1*	0.47	0.000006	PRKAR2B*	-0.75	0.000159
ı	RAD51AP1	0.46	0.000394	CREB5*	-1.49	0.000041
ı	DUSP3	0.46	0.000000	CREB5*	-1.58	0.000760
	LAMP2	0.45	0.000000			
ı	GTSE1	0.45	0.003273			
	FMNL2	0.45	0.000000			
ı	WHSC1	0.44	0.000477			
١	STRBP	0.43	0.000607			
	CCNF	0.43	0.000305			
	SMC4	0.42	0.000009			
	DUSP3	0.42	0.000000			
	C3orf55	0.41	0.000024			
	SLC2A13	0.40	0.000035			
	ATP6V1A	0.40	0.000000			
	OSBPL8	0.40	0.000000			
	HMGB2	0.40	0.000029			
	ACYP1	0.40	0.000001			
	RBM47	0.40	0.000154			
	MEGF9	0.40	0.000002			
	ZCCHC14	0.40	0.000657			
	OSBPL1A	0.40	0.000003			
	CD163	0.39	0.005055 0.000022			
	ATP6V1A WHSC1	0.39 0.38	0.000535			
	TMEM135	0.38	0.000333			
ı	SC5DL	0.38	0.000265			
	NRXN3	-0.38	0.002052			
	USP53	-0.38	0.002009			
	NRCAM	-0.38	0.000730			
	PDE5A*	-0.39	0.000332			
١	I DEJA	0.07				

Page 24

Kálmán et al.

pval RL ALR GAL pval GAL Gene ALR RL Gene MDM4 -0.40 0.000436-0.41 COL1A2 0.000018TRIM13 -0.410.001256SNAPC3 -0.430.000598 -0.430.000002ADAMTSL1\* ARHGAP29 -0.450.000223RAPH1 -0.450.000001SYNE1 -0.470.000020 GATS -0.470.000009 RAPH1\* 0.000071 -0.49-0.500.000029 CREB5\* RAPH1 -0.52 0.000001 RAPH1 -0.520.000007 ACVR2A 0.000006-0.52CHN1 -0.53 0.000002FNDC3B -0.540.000034 CACNB4 -0.560.000001SYTL4 -0.560.0001130.000000 ADAMTSL1\* -0.57CREB5\* -0.59 0.000234 ADAMTSL1 -0.600.000003PPP1R12B\* -0.630.000179PAWR 0.000017 -0.64ID4 0.000000 -0.74ID4 -0.800.000000ID4 -0.83 0.000002

Page 25

0.000000 ALR- average log2 ratio; RL- reduced lipid media; GAL- galactose media

0.000002

-0.85

-1.16

ARRDC4

CYP26B1

commonly changed mRNAs in GAL and NL treatment

II.



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# Coordinated mRNA/miRNA changes in fibroblasts of patients with major depression

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#### **Abstract**

**Background**—Peripheral biomarkers for major psychiatric disorders have been an elusive target for the last half a century. Dermal fibroblasts are a simple, relevant, and much underutilized model for studying molecular processes of patients with affective disorders as they share considerable similarity of signal transduction with neuronal tissue.

**Methods**—Cultured dermal fibroblast samples from patients with Major Depressive Disorder (MDD) and matched controls (CNTR) (n=16 pairs, 32 samples) were assayed for genome wide mRNA expression using microarrays. In addition, a simultaneous qPCR-based assessment of >1,000 miRNA species was performed. Finally, to test the relationship between the mRNA-miRNA expression changes, the two datasets were correlated with each other.

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**Results**—Our data revealed that MDD fibroblasts, when compared to matched controls, showed a strong mRNA gene expression pattern change in multiple molecular pathways, including cell-to-cell communication, innate/adaptive immunity and cell proliferation. Furthermore, the same patient fibroblasts showed altered expression of a distinct panel of 38 miRNAs, which putatively targeted many of the differentially expressed mRNAs. The miRNA-mRNA expression changes appeared to be functionally connected, as the majority of the miRNA and mRNA changes were in the opposite direction.

**Conclusions**—Our data suggest that a combined miRNA-mRNA assessments are informative about the disease process, and that analyses of dermal fibroblasts might lead to the discovery of promising peripheral biomarkers of MDD, which could be potentially used to aid the diagnosis and allow mechanistic testing of disturbed molecular pathways.

#### **Keywords**

human fibroblasts; major depression; miRNA; gene expression; DNA microarray; biomarker

#### INTRODUCTION

There has been an intensive search for peripheral biomarkers of major psychiatric disorders for the last half a century. These efforts encompassed gene expression profiling of peripheral mononuclear cells (1, 2), biochemical evaluations of serum (3), urine (4), saliva (5), and cerebrospinal fluid (6), gene association studies of DNA markers (7) and many other approaches. More recently, inducible pluripotent stem cells (IPSCs) emerged as a very promising model for studying neuronal lineage disturbances across various disorders (8–10). Unfortunately, the complex diagnostic-phenotypic-genetic-etiologic heterogeneity continues (11) to provide significant obstacles for identifying highly specific and sensitive peripheral biomarkers of mental disorders.

Transcriptome profiling experiments of postmortem human brain tissue from subjects with major depressive disorder (MDD) suggest evidence of local inflammatory, apoptotic, oxidative stress and multiple other, non-brain specific molecular processes (12–17). Emerging evidence argues that many of these changes might be, at least partially, driven by altered expression of microRNAs (miRNAs): miRNA levels change during stress, in the brain of animal models of depression, and in human postmortem brain of MDD subjects(18) and depressed suicide subjects (19).

Importantly, peripheral biomarker studies of MDD over the last several decades revealed that peripheral growth factors, pro-inflammatory cytokines, endocrine factors, and metabolic markers all contribute to the disease pathophysiology (20). These combined data suggest that MDD is not only a disease of the CNS, but affects the whole body (21, 22), and that peripheral cellular-molecular events are strongly correlated with the disease pathology in the CNS (23). Experimental data suggest that analyzing patient dermal fibroblasts is a simple, relevant, and much underutilized model for studying processes of signal transduction in patients with affective disorders (24–26). Dermal fibroblasts are easy to establish and maintain in culture without transformation, and the majority of confounding factors (e.g. life style or medication use) are virtually eliminated after several rounds of cell division.

Furthermore, a recent study of fibroblasts obtained from MDD patients highlights the role that oxidative stress might play in the pathophysiology of MDD (25), which has been already well-established across multiple other research models and patient populations (27, 28). Thus, analyzing dermal fibroblast cultures from patients can give us meaningful insights into the molecular effects of the combined genetic predisposition to the disorder.

It appears that biomarker panels hold a greater promise than single analyte molecules in aiding the diagnosis, monitoring disease progression or therapeutic response in MDD (20). As understanding non-neuronal changes in MDD can be informative of the overall disease pathophysiology (23), we performed a combined mRNA-miRNA profiling of dermal fibroblasts from patients with MDD and matched controls.

#### **METHODS AND MATERIALS**

# Participants in the study

The Study was approved by the Vanderbilt University Institutional Review Board (IRB). Procedures for recruitment and diagnosis have been described previously (24, 25). All participants were diagnosed with a current Major Depressive Episode according to the Structured Clinical Interview for DSM-IV-TR (29) with an exclusion criteria of other primary axis I DSM-IV diagnosis. A written informed consent was obtained from all participants before collecting skin biopsy samples. Sixteen pairs of subjects with Major Depressive Disorder (MDD) and healthy controls (CNTR) were matched by age, race and sex. The average age of the MDD patients and CNTR were comparable (MDD=34.9, CNTR=35.2), as were the sex (12F/4M in both groups) and race (12W/4AA), but there was a significant difference in body mass index at the time of skin biopsy (25.4 in CNTR and 32.3 in MDD, p=0.03) (Supplemental Table S1).

#### **Human dermal fibroblasts**

The skin biopsy was obtained from the lateral side of the upper arm  $(1 \times 2 \text{ mm})$  according to a protocol previously described in details (24, 25). The sample was put into regular Dulbecco's Modified Eagle's Medium (DMEM, MediaTech, Manassas, VA, USA) without serum and processed the same day. Briefly, biopsy sample was cut into several smaller pieces with scissors and incubated in trypsin and collagenase mix at 37°C for 1 hr. Regular medium was added [DMEM containing high glucose, L-glutamine, 10% fetal bovine serum (FBS, ThermoScientific HyClone, Logan, UT, USA), and Penicillin/Streptomycin solution (MediaTech)] and biopsy pieces with dissociated cells were pelleted by centrifugation. The supernatant was discarded. Biopsy pieces with cells were resuspended in fresh regular medium and transferred to 60 mm tissue culture plates. Cells were cultured in incubator at 37°C and 5% CO<sub>2</sub> concentration. Medium was changed 3 times a week. In about 2–3 weeks the fibroblasts divided and became confluent. The fibroblasts were subcultured using 0.5% Trypsin-EDTA (Invitrogen) as described elsewhere (30) and expanded for freezing in a liquid nitrogen cell repository or expanded for experiments. Selected fibroblasts from matching patient/control pairs were cultured simultaneously to ensure they grow under the same conditions. Cell growth and proliferation were checked regularly during the whole experiment. All cultured fibroblasts were less than passage 15. At the end of experiment, the

fibroblasts were washed 2X with ice-cold PBS, collected with cell scraper, pelleted by centrifugation and frozen on dry ice and stored at -80°C.

#### mRNA expression analysis by microarrays

Total RNA was isolated using the *mir*Vana<sup>™</sup> miRNA Isolation Kit (Ambion, Foster City, CA, USA) and RNA quality assessed by an Agilent 2100 Bioanalyzer (Agilent, Palo Alto, California, USA). cDNA was generated using 2 μg of total RNA. cDNA synthesis, amplification and labeling were performed using The Enzo Life Sciences Single-Round RNA Amplification and Biotin Labeling System (Enzo Life Sciences, Famingdale, NY, USA). 5 μg of the biotin labeled, fragmented aRNA were hybridized to a GeneChip HT HG-U133+ PM Array Plate (Affymetrix Inc, Santa Clara, CA, USA) at the Vanderbilt Microarray Shared Resource core facility.

Segmented images from each mircoarray were normalized and log<sub>2</sub> transformed using GC-robust multi-array analysis (GC-RMA) (31). The normalized expression values were used in all analyses. Average expression values for each group (MDD and CNTR) were calculated for each gene probe. The magnitude of expression change was determined by the Average Logarithmic Ratio (ALR=mean<sub>MDD</sub> mean<sub>CNTR</sub>). Student's paired and grouped two-tailed t-tests were used to test the significance of the difference in gene expression (32–36). A gene was considered to be differentially expressed between MDD and CNTR when it met the dual criteria of |ALR|>0.585 (50%) and both pairwise and groupwise p-values<0.05.

The differentially expressed genes were subjected to a two-way hierarchical clustering analysis based on Pearson correlation using GenePattern software (37). Gene set enrichment analysis (GSEA) based on pre-defined gene classes were carried out with the GenePattern software (38). GSEA determines whether an *a priori* defined set of genes shows statistically significant, concordant differences between our subject groups based on the BioCarta defined molecular pathways. GSEA calculates a *normalized enrichment score* (*NES*), which reflects the degree to which a gene set is overrepresented in the ranked list of genes and a *nominal p-value* which estimates the statistical significance of the enrichment score for a single gene set. BioCarta gene sets were considered differentially expressed at *nominal p-value* <0.05.

#### mRNA data validation by qPCR

cDNA was generated with random primers using High Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA). Primers for 13 genes (heparinbinding EGF-like growth factor - HBEGF, major histocompatibility complex, class II invariant chain - CD74, major histocompatibility complex, class II, DP alpha 1 – HLA-DPA1, glutathione S-transferase theta 1 - GSTT1, major histocompatibility complex, class II, DQ beta 1 - HLA-DQB1, major histocompatibility complex, class II, DQ beta 1 - HLA-DQB1, major histocompatibility complex, class II, DP beta 1 - HLA-DPB1, major histocompatibility complex, class II, DQ alpha 1 - HLA-DQA1, interleukin 11 - IL11, Met proto-oncogene - MET, protocadherin 10 - PCDH10, S100 calcium binding protein B - S100B, tumor necrosis factor receptor superfamily, member 19 – TNF19) with efficiency >85% were used in SYBR Green based PCR reactions. Each sample was tested in 4

technical replicates on an ABI Prism 7300 thermal cycler (Applied Biosystems, Foster City, CA). The cycle threshold (Ct) of the housekeeping gene Glyceraldehyde-3-Phosphate Dehydrogenase (GAPDH) was used for normalization of all samples.

#### miRNome Arrays and qPCR validation

Small RNAs were isolated using the *mir*Vana<sup>™</sup> miRNA Isolation Kit (Ambion, Foster City, CA, USA), and cDNA was prepared from it with miScript II RT Kit (Qiagen, Valencia, CA, USA) using miScript HiSpec Buffer. The individual sample cDNAs were pooled in equal proportions into four groups based on gender and age (Supplemental Table S1). The levels of 1008 miRNAs were assessed with Human miRNome *miScript miRNA PCR* Array (Qiagen, Valencia, CA, USA) according to the manufacturer's instructions and as previously described (26). A 30% difference between the average Ct for MDD and CNTR (| Ct| >0.3785) and a group-wise p-value generated by a ttest (p<0.05) were used to determine differential expression for each miRNA.

Custom generated miScript miRNA PCR Arrays (Qiagen, Valencia, CA, USA) were used to assay the level of seven miRNAs: hsa-miR-21, hsa-miR-377, hsa-miR-193a-3p, hsa-miR-542-3p, hsa-miR-22, hsa-miR-103a, hsa-miR-185. This assessment was performed on all individual samples (MDD n=16; CNTR n=16).

## **RESULTS**

# mRNA signature in MDD fibroblasts

The experimental design for our study is presented in Supplemental Figure S1. In the first part of the study, cultured fibroblast samples from patients with Major Depressive Disorder (MDD) and matched control (CNTR) subjects (n=16 pairs, 32 individuals) (Supplemental Table S1) were assayed for differential gene expression using *GeneChip* HT HG-U133 Plus PM 96 Array Plate (Affymetrix Inc, Santa Clara, CA). We identified 162 differentially expressed gene probes (Supplemental Table S2) that reported > 50% change, and p<0.05 in both pairwise and groupwise assessment. Of the 162 changed gene probes, representing 139 unique known genes, 25 showed increased expression and 114 had decreased levels in MDD, suggesting a predominant loss of function, rather than induction of gene expression in the diseased subjects. A two-way hierarchical clustering (*genes* × *samples*) of the expression levels of these gene probes resulted in separation the majority of MDD samples to a distinct class (Supplemental Figure S2).

Among the individual genes with the most prominent decrease were protocadherin 10 (PCDH10) (ALR=-1.73, ppval=0.00154, gpval=0.00057), tenascin XB (TNXB) (ALR=-1.30, ppval=0.04545, gpval=0.02515), periplakin (PPL) (ALR=-1.34, ppval=0.00556, gpval=0.02714), and hepatocyte growth factor receptor met (MET) (ALR=-1.21, ppval=0.04474, gpval=0.0012), which are involved in cell-cell communication/adhesion. Of these, due to its known effects on brain development and function, MET attracted particular attention and we decided to assess the expression of genes belonging to the MET intracellular cascade defined by Biocarta in a targeted fashion. Overall, from the 37 genes 16 showed a significant difference (Figure 1) including

phosphoinositide-3-kinase, regulatory subunit 1 (PIK3R1), hepatocyte growth factor (HGF), GRB2-associated binding protein 1(GAB1), son of sevenless homolog 1 (SOS1), Rap guanine nucleotide exchange factor 1 (RAPGEF1), signal transducer and activator of transcription 3 (STAT3) protein tyrosine phosphatase, non-receptor type 11 (PTPN11), p21/Cdc42/Rac1-activated kinase 1 (PAK1), mitogen-activated protein kinase 1 (MAPK1), v-crk sarcoma virus CT10 oncogene homolog like (CRKL), jun oncogene (JUN), phosphoinositide-3-kinase, catalytic, alpha polypeptide (PTEN), member of RAS oncogene family (RAP1A) mitogen-activated protein kinase kinase 1 (MAP2K1), and v-Ha-ras Harvey rat sarcoma viral oncogene homolog (HRAS). Furthermore, HGF/MET morphogenic signaling synergizes with v-erb-b2 erythroblastic leukemia viral oncogene homolog 2 (ErbB2) to enhance cell motility (39), and our data also revealed a significant downregulation of ErbB2, further supporting the notion for a deficit in HGF/MET-mediated signaling in MDD fibroblasts.

In addition to a targeted MET pathway analysis, we also performed an unbiased pathway enrichment analysis using Gene Set Enrichment Analyses (38). Using this approach, we identified 10 differentially expressed BioCarta gene sets, six of which were upregulated and 4 were downregulated in MDD samples (Table 1). Interestingly, most of these molecular pathways were related to cell-to-cell communication and are known for their role in the adaptive and innate immune system. These pathway analyses argue that the primary gene expression disturbance in the fibroblasts of MDD patients is in the expression of immune response genes, which has been also reported in the postmortem brain tissue of patients with MDD (12).

#### qPCR validation of mRNA signature

Fourteen of the differentially expressed mRNA species were selected for further validation by qPCR. The genes for validation were primarily chosen because of their involvement in the immune system response, a process that has been previously implicated in the pathophysiology of the disease. Twelve of fourteen selected transcripts showed similar, significant expression differences between the control and MDD samples by the two methods, with a high degree of correlation between the microarray-reported ALRs and Cts (r=0.84) (Supplemental Figure S3), but did not show correlation with body mass index in either dataset. qPCR-reported expression differences between the control and MDD samples were as follows: <u>CD74</u>: Ct=2.29, p=0.012; <u>HLA-DRA</u>: Ct =1.61, p=0.017; HLA-DOB1; Ct=1.31, p=0.018; IL11: Ct=1.13, p=0.017; HLA-DPA1: Ct=1.08, p=0.011; S100B: Ct=1.05, p=0.031; HBEGF: Ct= 1.00, p=0.010;Ct=0.43, p=0.156; HLA-DQA1: Ct=0.29, p=0.285; MET: HLA-DPB1: Ct=-0.91, p=0.036; <u>TNF19</u>: Ct=-1.11, p=0.007 and <u>GSTT1</u>: p=0.043; PCDH10: Ct=-3.77, p=0.007.

#### miRNA signature in MDD fibroblasts

miRNAs are important control elements in the fine-tuning of gene expression, and are capable of regulating extensive transcriptional networks (26, 40). Therefore, we further sought to determine if there was a disturbance of miRNA expression profile in MDD fibroblasts. Small RNA species were isolated from each fibroblast culture, cDNA was

generated, pooled in 4 groups according to gender and age, and then used to probe Human MirNome arrays, containing assays for 1008 known human miRNAs (26). We observed that approximately 50% (561) of the tested miRNAs were expressed in cultured dermal fibroblasts. We used a dual expression-significance criteria (26) for determining differential miRNA expression (>30% change, p<0.05). We detected 38 miRNAs with distinctly different expression in MDD fibroblasts compared to healthy controls (Supplemental Table S3). Of these, 17 miRNAs reported lower and 21 higher levels in MDD fibroblasts. Using unsupervised two-way hierarchical clustering of expression levels, these 38 miRNAs provided a clear separation basis of the MDD and CNTR samples (Figure 2).

Since the miRNA levels were assayed on 4 pooled sets of samples, we sought to validate the observed differences in individual samples. For this purpose, we created custom qPCR arrays containing assays for 7 differentially expressed miRNAs; hsa-miR-21\*, hsa-miR-377, hsa-miR-193a-3p, hsa-miR-542-3p, hsa-miR-22, hsa-miR-103a, hsa-miR-185. miRNA expression levels for these 7 miRNA species showed an extremely high correlation ( $R^2 = 0.93$ , p<0.001) between the pooled sample and individual sample assessments, suggesting that the observations made using the combined samples were not an artifact generated by the pooling (Figure 3).

#### Cross-talk between miRNA and mRNA expression in MDD fibroblasts

Next, we tested if the miRNA signature can explain some of the mRNA signature in MDD fibroblasts. To achieve this, we identified all predicted target genes/mRNAs for each of the 38 miRNAs using miRDB online database for miRNA target prediction and functional annotations (41),(42) and tested if the targeted mRNAs were enriched in the transcriptome profile of MDD fibroblasts (Table 2). 32 out of 38 miRNAs (89%) had at least one target mRNA that was differentially expressed between the MDD and control samples. Furthermore, 51% of the differentially expressed mRNAs were targets of at least one of the 38 miRNAs that were differentially expressed in the MDD fibroblasts. These findings suggest that the miRNA-mRNA expression signatures of MDD fibroblasts are strongly interconnected.

miRNAs are most commonly considered negative regulators of mRNA expression (44, 45), so we hypothesized that the miRNA and their mRNA targets will show expression changes in the opposite direction. Indeed, we found that 28 (76%) of the miRNAs with altered expression had mRNA targets changed in the opposite direction. Acknowledging the fact that different prediction algorithms produce different sets of target genes, we also performed a secondary identification of miRNA targets using TargetScan Release 6.2 (http://www.targetscan.org/) (43). TargetScan identified miRNA targets (Supplemental Table S4) that were somewhat different from the ones identified by miRDB, but strikingly similar in terms of relating the miRNA and the mRNA changes in MDD; 65% (TargetScan) and 76% (MiRDB) of the differentially changed miRNAs had mRNA targets that were changed in the opposite direction. Regardless of these differences, the findings across the two databases suggest a functionally interconnected miRNA-mRNA network disturbance in MDD fibroblasts, where many (if not the majority) of the mRNA changes are miRNA driven. Nevertheless, it remains challenging to establish which specific miRNA species control

what individual mRNA transcripts, as 64% of the differentially expressed mRNAs in MDD fibroblasts were hypothetically controlled by more than one miRNA.

## **DISCUSSION**

Our data revealed that 1) MDD fibroblasts, when compared to matched controls, show a strong mRNA gene expression difference in molecular networks known to engage in cell-to-cell communication and innate/adaptive immunity; 2) the same patient fibroblasts showed altered expression in a distinct panel of 38 miRNAs, which appeared to target many of the differentially expressed mRNAs; 3) the miRNA-mRNA expression changes appeared to be functionally connected, as the majority of the miRNA and mRNA changes were in the opposite direction.

These findings have conceptual implications for our understanding of MDD pathophysiology. Our findings reinforce the notion that MDD is not only a disease of the brain, but molecular deficiencies in MDD patients are detectable in other peripheral organs (28, 46), including dermal fibroblasts. In addition, it is important to note that the observed mRNA and miRNA changes in the patient fibroblasts are most likely driven by genetic susceptibility to the disease, rather than effects of the environment and lifestyle: most of the epigenetic changes, environmental influences and drug effects are likely to disappear over time, as the fibroblasts continuously divide in the culture (25, 26). However, our experiments cannot exclude the possibility that some of the extremely stable, cell-division-resistant epigenetic factors might also contribute to the observed changes (47, 48). In summary, the molecular changes observed in cultured fibroblasts of MDD patients can provide us clues about lifestyle- and medication-independent, conserved disturbances in MDD across the various tissue types.

An unexpected and interesting finding of this study is the strikingly different level of expression of approximately half of the Biocarta defined hepatocyte growth factor receptor *met* (MET) pathway genes. MET is a receptor tyrosine kinase activated by the hepatocyte growth factor (HGF) and affecting cellular signaling pathways involved in control of proliferation, motility, migration and invasion. Although the functions of MET have been primarily studied in the context of cancer (49), MET signaling is also known to be important in brain development (50) and the regulation of immune cells (51). Importantly, in a recent study HGF was the most highly associated plasma analyte with depressive symptoms (52). Furthermore, the *met* pathway facilitates adult neurogenesis (53), a process that is significantly impaired in major depression (54).

Immune system disturbances in MDD appear to be an integral part of the disease process (22, 55, 56). The overlap between symptoms of infectious diseases and common affective manifestations (57) suggested a shared pathophysiology between these two systems, which was investigated in a host of follow-up studies. Ultimately, the combined findings lead to the formulation of the inflammatory and neurodegenerative (I&ND) hypothesis of MDD (46), which states that MDD is a consequence of neurodegeneration and reduced neurogenesis that arise from inflammation and cell-mediated immune activation. Today, this view is supported by converging data obtained across different methods and systems. First,

postmortem findings identified that MDD patients show a strong dysregulation of immune system pathways in the brain, encompassing altered levels of pro- and anti-inflammatory cytokine expression of IL-1a, IL-2, IL-3, IL-5, IL-8, IL-9, IL-10, IL-12A, IL-13, IL-15, IL-18, IFN-γ and lymphotoxin-α (12). Similarly, altered mRNA levels of immune system genes were found in the neocortex of subjects who committed suicide (58, 59). Second, the immune deficits appear to be systemic in patients with MDD, and that they are readily detectable in the peripheral tissues (2). Inflammation and immune system biomarkers of MDD might include C-reactive protein (CRP), cytokines (in particular tumor necrosis factor-α (TNF-α) and interleukin-6 (IL-6)), neopterin and tryptophan catabolites (reviewed by (28)). Third, while in the most recent genome-wide association study of MDD no SNPs achieved genome-wide significance in the MDD discovery or replication phase (60), candidate gene studies hint that genetic vulnerability in immune system genes might predispose to MDD in a complex pattern (61-64). However, it is also clear that the immune system genes are only partially responsible for the genetic vulnerability of MDD, as a recent pathway analysis found that genetic elements regulating growth and organ development might also represent vulnerability factors (65). Our results are also aligned with this overall view: the disturbance in classic complement pathway, cell-to-cell communication and innate/adaptive immunity suggest an integrated immune system and growth disturbance in the patient population.

Several miRNAs have been already associated with treatment response or an increased risk for major depression (18, 66-68). Recent reports suggest that polymorphism in the miR-30e precursor is associated with major depressive disorder risk (69), and that miRNA expression was significantly and globally down-regulated in prefrontal cortex of depressed suicide subjects (19). In addition, abnormal processing of pre-miR-182 (a circadian clock modulator) was found in major depression patients with insomnia (70). Unfortunately, due to lack of replication, specific experimental design, differences in analyzed tissue and variety of cohorts the data are challenging to interpret and combine into a comprehensive view in a context of MDD. However, it is clear that miRNAs play a pivotal role in a vast variety of MDD-relevant biological processes, including synaptic plasticity, neurogenesis, and stress response (for a review, see (18)). Thus, it is worth pointing out that at least 8 of the 38 differentially expressed miRNAs that we identified in our MDD-fibroblast screen have been previously implicated in either pathophysiology of psychiatric disorders or pathophysiological processes relevant to MDD: 1) miR-32 and miR-22 levels were altered in both our and in a bipolar postmortem dataset (71), 2) miR-22 represses BDNF, serotonin receptor 2C (HTR2C), monoamine oxidase A (MAO-A), and the regulator of G protein signaling (RGS2) (72), 3) miR-196 plays an important regulatory role in schizophrenia (73), 4) miR-132 regulates neurite outgrowth and dendritic morphogenesis (74-76), 5) miR-16 acts as a central effector in 5-HT transporter regulation, mediating the adaptive response of serotonergic and noradrenergic neurons to SSRI antidepressant treatment (77), 6) miR-7 expression is altered in the prefrontal cortex of schizophrenia patients (71), 7) miR-429 is downregulated in response to repeated shocks in a rodent model (78), and 8) miR-107 associated with accelerated disease progression in Alzheimer's disease through regulation of BACE1 (β-site amyloid precursor protein-cleaving enzyme 1) (79).

Still, in our study, the most promising miRNA candidate for diagnostic biomarker was hsamiR-122, with a 350% decrease in MDD cases at p<0.00004. Hsa-miR-122 is highly expressed in the hippocampus (80) and has been implicated in regulation of fatty acid metabolism (81, 82) and circadian rhythm (83). Unfortunately, its role in the central nervous system has not been well established, and understanding its function in the brain requires further studies.

In summary, we believe that a combined miRNA-mRNA analysis approach has a potential to uncover reliable, disease-related panels of biomarkers. The mRNA/miRNA panel identified in this study represents a promising lead, but it will have to be further validated on a different cohort of patients and across different experimental manipulations. Even through in our data sets we did not observe an association between expression and body mass index recorded at the time of the material harvest, we cannot exclude the possibility that some of the observed mRNA/miRNA changes might be related to confounding factors such as life style.

We wish to emphasize that dermal fibroblasts are an appealing experimental model. First, they are easy to obtain and propagate. Second, they are not genetically modified and/or immortalized, yet, the resource is not easily depleted. Third, due to their division in the cell culture, many confounds and epigenetic changes disappear over time. Fourth, our current and previous data suggests that the miRNA and mRNA expression profiles of the fibroblasts from MDD patients are likely to be related to the changes that occur in the brain (25, 30, 84, 85). Fifth, this model is potentially well-suited for *in vitro* drug screening. Finally, establishing this patient-derived model requires only minimal technical and financial resources, and is ideally suited for smaller laboratories. In addition, should the need arise in follow-up experiments, patient fibroblasts can be transformed into IPSCs that can be differentiated into neuronal lineages (86).

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

# **Acknowledgments**

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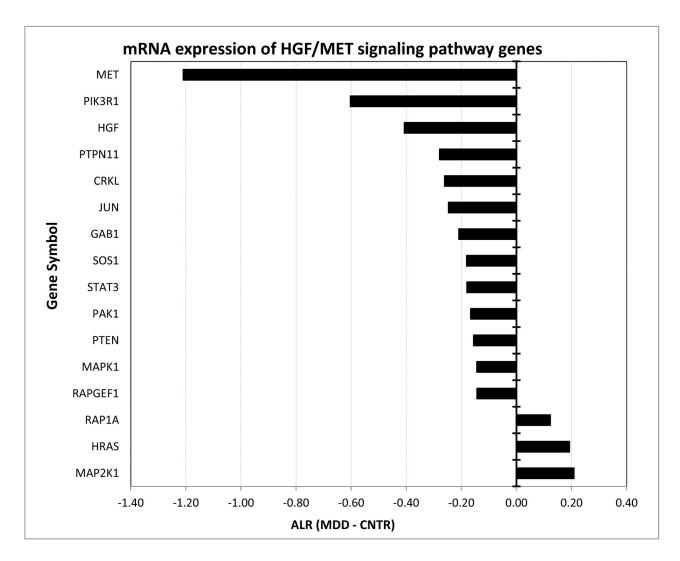


Figure 1. mRNA expression of HGF/MET signaling pathway genes is different between the fibroblasts originating from MDD and CNTRL subjects

Y-axis depicts differentially expressed HGF/MET pathway transcripts as defined by BioCarta/GSEA. X-axis denotes Average Log2 Ratio (ALR) between the MDD and CNTR samples. Bars denote magnitude of change. Note that the vast majority of the genes within this pathway were underexpressed in the MDD fibroblasts.

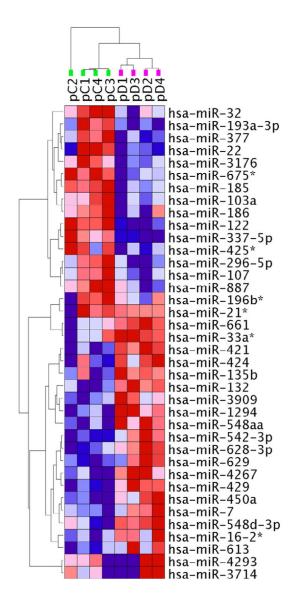
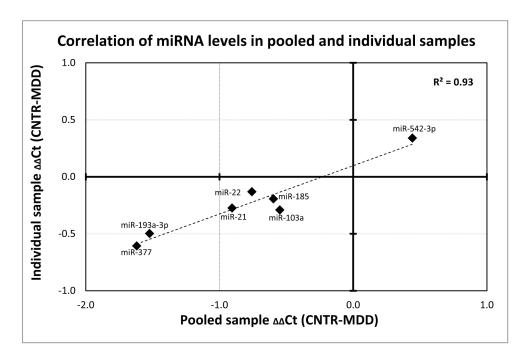


Figure 2. Clustering of miRNAs that are differentially expressed between the MDD and CNTR samples  $\,$ 

miRNA levels were assessed in 8 pooled samples (4 CNTR + 4 MDD) using miRNome PCR Arrays. 38 miRNAs reported differential expression between fibroblasts from MDD patients and healthy controls. Unsupervised two-way hierarchical clustering of these miRNA expression levels provided a clear separation between the MDD and CNTR samples. Samples were clustered vertically, miRNAs were clustered horizontally. Each colored square represents a normalized miRNA expression level, color coded for increase (red) or decrease (blue) from the mean. Color intensity is proportional to magnitude of change. The clustering resulted in a separation of the samples into two groups, perfectly matching the two distinct diagnostic categories (vertical dendrogram: green - CNTR samples, purple – MDD samples). For more detail, see Supplemental Figure S2.



 $\label{eq:control_problem} \textbf{Figure 3. Differential miRNA expression in pooled MDD fibroblast samples validated on individual samples$ 

The expression levels of 7 miRNAs in pooled samples determined by miRNome arrays were validated on individual samples using custom qPCR arrays (n=32, 16 MDD + 16 CNTR).

Ct from the pooled samples are plotted on the x-axis, Cts from individual samples are denoted on the y-axis. Individual data points indicate the expression of 7 miRNA species. Note that the two datasets were highly correlated ( $R^2$ =0.93, p<0.001).

Garbett et al.

Table 1

BioCarta GSEA Enrichment of mRNA expression.

PATHWAY NAME	SIZE	NES	p-val	Direction
AKT: AKT Signaling Pathway	22	-1.61	-1.61 0.0184	down in MDD
CLASSIC: Classical Complement Pathway	12	-1.49	0.0255	
ARF: Tumor Suppressor Arf Inhibits Ribosomal Biogenesis	17	-1.55	0.0438	
COMP: Complement Pathway	17	-1.42	0.0471	
ASBCELL: Antigen Dependent B Cell Activation	12	1.49	0.0061	up in MDD
CSK: Activation of Csk by PKA	22	1.51	0.0125	
TCR Activation by Lck and Fyn tyrosine kinases	11	1.43	0.0331	
TCAPOPTOSIS: HIV Induced T Cell Apoptosis	6	1.53	0.0361	
CTLA4: Co-Stimulatory Signal During T-cell Activation	19	1.44	0.0370	
NKT: Selective expression of chemokine receptors	28	1.52	0.0385	

Page 19

Garbett et al.

Table 2

Regulated miRNAs in MDD and their target mRNAs.

miRNA ID	Ct	p-value	mRNA targets	mRNA up in MDD	mRNA down in MDD	mRNAs up		mRNAs down
				Downregulated mi	Downregulated miRNAs in MDD and their putative mRNA expression			
hsa-miR-122	2.17	0.0000	157		OCLN, MASP1, KCNI2	0		3
hsa-miR-32	2.01	0.0214	431	BCL11A	LSAMP, CHM, KLF4, SVIP, SSFA2, XPNPEP3, FNIP1, AFF1	1		8
hsa-miR-196b*	1.96	0.0281	16	-	-	0		0
hsa-miR-377	1.62	0.0104	145		PTGFR	0		1
hsa-miR-193a-3p	1.52	0.0176	181	HLA-DPB1	DNAJC13, KCNJ2	1		2
hsa-miR-337-5p	1.52	0.0043	27		ERAP1	0		1
hsa-miR-675*	1.46	0.0065	185			0		0
hsa-miR-3176	1.39	0.0172	228	RUFY2	RAC2	1		1
hsa-miR-21*	0.91	0.0396	446	B3GNT7	IL6ST, LSAMP, BMP6	1		3
hsa-miR-22	0.76	0.0423	294	RUFY2	FMNL2, PTGFR, CBL, OGN	1		4
hsa-miR-425*	0.71	0.0227	25			0		0
hsa-miR-185	09.0	0.0038	430	TRIM58	FAIM2, LSAMP, CPT1A	1		3
hsa-miR-296-5p	0.56	0.0187	111		KAZALD1	0		1
hsa-miR-103a	0.55	0.0198	434	BCL11A	PIK3R1, DCLK1, ZCCHC2, MASP1	1		4
hsa-miR-107	0.53	0.0357	452	BCL11A	PIK3R1, DCLK1, ZCCHC2	1		3
hsa-miR-186	0.53	0.0343	1443	FRMD4A	IL6ST, ATP7A, PABPC4L, FNIP1, OCLN, KIAA1324L, AFF1, SFRS6, MET	1		6
hsa-miR-887	0.45	0.0277	22		-	0		0
				Upregulated miR	Upregulated miRNAs in MDD and their putative mRNA expression			
hsa-mir-132	-0.42	0.0028	537	SLC2A1	ANKRD29, ENPP4, PCDH10		1	3
hsa-mir-421	-0.43	0.0013	468	SCG2	BMP2, RASSF8, PTGFR, PTGES		1	4
hsa-mir-542	-0.44	0.0078	209		KIAA1324L		0	1
hsa-mir-450a	-0.50	0.0233	20				0	0
hsa-mir-16-2* (3p)	-0.54	0.0381	898	MSTN, RUFY2	PIK3R1, FMNL2, ATP7A, DDIT4L, PABPC4L, ERAP1, OGN, MET	AP1, OGN, MET	2	8
hsa-mir-424	69:0-	0.0309	885		PIK3R1, HSPA4L, ZFHX4, MLL, DCLK1, ATP7A, RASSF8, SVEP1, ENPP4, ZCCHC2, MASP1, KCNJ2	SF8, SVEP1, ENPP4,	0	12

Page 20

miRNA ID	Ct	p-value	mRNA targets	mRNA up in MDD	mRNA down in MDD	mRNAs up		mRNAs down
hsa-mir-628-3p	-0.72	0.0101	231		AMPD3		0	1
hsa-mir-629-5p	-0.76	0.0244	224		NFIB		0	1
hsa-mir-4293	-0.77	0.0086	234		PTGFR		0	1
hsa-mir-661	-0.80	0.0072	315	B3GNT7	PCDH10		1	1
hsa-mir-3909	-0.80	0.0286	178	HLA-DRA	CHM, PTGFRN, PDE1A		1	3
hsa-mir-33a* (3p)	-0.80	0.0156	1541	MSTN, LEF1	SEMA3D, CCNLI, RALGPS2, DCLK1, HECTD1, EHBP1, EIF4G3, AHNAK, ETV1, RASSF8, PTGFR, DDIT4L, KIAA1324L, ERAP1, TNFRSF19, AFF1, OGN	EIF4G3, AHNAK, ETV1, RSF19, <b>AFF1, OGN</b>	2	17
hsa-mir-135b	-0.84	0.0289	405		IGF2BP3, KLF4, IL1R1, PABPC4L, IGF2BP3	2BP3	0	5
hsa-mir-7	-0.96	0.0320	675	TRIM58	KLF4, CBL, KCNJ2		1	3
hsa-mir-4267	76.0-	0.0360	272		PREX1, SSFA2, XPNPEP3, AFF1		0	4
hsa-mir-548a-3p	-1.05	0.0052	1118		PIK3R1, IGF2BP3, CYP1B1, ZFHX4, RAPGEF2, IL1R1, SSFA2, CBL, OCLN, PDE1A, IGF2BP3, DDX17	SSFA2, CBL, OCLN,	2	12
hsa-mir-548d-3p	-1.25	0.0120	1380	LEF1, SLC2A1	ZBTB38, FOXP2, RALGPS2, MLL3, PER3, DCLK1, ATP7A, IL1R1, XPNPEP3, OCLN	7A, IL1R1, XPNPEP3,	2	10
hsa-mir-613	-1.53	0.0025	371		CHM, ANKRD29, PAX3, OGN, MET	J	1	5
hsa-mir-3714	-1.58	0.0202	545		SEMA3D, RALGPS2, ERC1, AMPD3, CPT1A, CBL, PABPC4L, AFF1, KCNJ2, BMP6	PC4L, AFF1, KCNJ2,	0	10
hsa-mir-1294	-1.78	0.0371	165				0	0
hsa-mir-429	-2.00	0.0109	842	MSTN, FRMD4A	RALGPS2, CHM, KLF4, RAPGEF2, RASSF8, SSFA2, OCLN	SFA2, OCLN	2	7

LEGEND: Red - upregulated mRNAs in MDD; Green - downregulated mRNAs in MDD; Bold symbols - regulated by multiple miRNAs

III.

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# **ORIGINAL ARTICLE**

# Fibroblasts from patients with major depressive disorder show distinct transcriptional response to metabolic stressors

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Major depressive disorder (MDD) is increasingly viewed as interplay of environmental stressors and genetic predisposition, and recent data suggest that the disease affects not only the brain, but the entire body. As a result, we aimed at determining whether patients with major depression have aberrant molecular responses to stress in peripheral tissues. We examined the effects of two metabolic stressors, galactose (GAL) or reduced lipids (RL), on the transcriptome and miRNome of human fibroblasts from 16 pairs of patients with MDD and matched healthy controls (CNTR). Our results demonstrate that both MDD and CNTR fibroblasts had a robust molecular response to GAL and RL challenges. Most importantly, a significant part (messenger RNAs (mRNAs): 26–33%; microRNAs (miRNAs): 81–90%) of the molecular response was only observed in MDD, but not in CNTR fibroblasts. The applied metabolic challenges uncovered mRNA and miRNA signatures, identifying responses to each stressor characteristic for the MDD fibroblasts. The distinct responses of MDD fibroblasts to GAL and RL revealed an aberrant engagement of molecular pathways, such as apoptosis, regulation of cell cycle, cell migration, metabolic control and energy production. In conclusion, the metabolic challenges evoked by GAL or RL in dermal fibroblasts exposed adaptive dysfunctions on mRNA and miRNA levels that are characteristic for MDD. This finding underscores the need to challenge biological systems to bring out disease-specific deficits, which otherwise might remain hidden under resting conditions.

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#### INTRODUCTION

Major depressive disorder (MDD) is a mental disorder characterized by persistent depressed mood, anhedonia, sleep and appetite disturbances, and feelings of worthlessness, guilt and hopelessness. It is increasingly viewed as an illness of the body as well as of the mind.<sup>1</sup> Both genetic and environmental factors have been associated with the etiology of the disease,<sup>2</sup> but their interplay remains unexplained to date. Stressful life events are associated with the onset and severity of major depression;<sup>3</sup> therefore, we speculated that aberrant adaptive responses to stressors would be also detectable at the cellular level.

Coordination of cellular responses to stress is largely accomplished by mitochondria.<sup>4</sup> Regardless of the type of stress a cell is experiencing (for example, exposure to harmful chemicals, changes of nutrient or oxygen supplies, dangerous levels of reactive oxygen species or even pathogen invasion), mitochondria utilize a wide array of mechanisms aimed at restoring cellular homeostasis.<sup>5</sup> Therefore, the health of these cellular organelles is critical not only for the fate of the individual cells, but for the wellbeing of the entire organism. Not surprisingly, abnormalities in mitochondrial functions have been implicated in neurological<sup>6</sup> and psychiatric disorders,<sup>7–9</sup> and specifically in MDD.<sup>10</sup> In addition, mitochondria are involved in multiple metabolic pathways and are the most prominent generators of energy in the cell. Energy is produced in the cytoplasm through glycolysis, or in the mitochondria through oxidative phosphorylation, also known as mitochondrial respiration. The reliance on energy produced by mitochondrial respiration, rather than glycolysis, can be experimentally shifted by changing the sugar source in the cell culture medium from glucose to galactose (GAL). <sup>11</sup> The shift to oxidative phosphorylation can reveal mitochondrial deficits intersecting control of carbohydrate metabolism and energy homeostasis. Energy production is also tightly interconnected with lipid metabolism through the key metabolite acetyl-CoA. Acetyl-CoA may remain in the mitochondria for energy production or may be exported for *de novo* fatty acid synthesis into the cytoplasm, depending mainly on the availability of fatty acids. This adaptive shift can be experimentally directed by limiting the fatty acid supply in the cell culture medium. Therefore, cellular adaptation to stress can be tested by simple manipulations of the carbohydrate and fatty acids source in the culture medium.

Molecular adaptation to stress in the context of mental disorders is difficult to address in the human brain. Alternatively, we used in vitro propagated peripheral cells to test the effects of metabolic stress. Dermal fibroblasts are an appealing cell-based model for studying peripheral events associated with brain disorders, based on the ease of establishing them from skin biopsies, and the ability to maintain in culture without additional reprograming.<sup>12</sup> In addition, the confounding variability in human samples on the basis of patients' hormones, life style or medication use, are virtually eliminated after several cell divisions. To date, skin fibroblast cultures have been used successfully to molecular mechanisms associated schizophrenia 13,14 and developmental disorders, 15,16 and for discerning abnormalities in signal transduction pathways in MDD.  $^{12,17-19}$  In addition, previous reports for dysregulations in

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lipid metabolism<sup>20</sup> and mitochondrial respiration,<sup>21</sup> suggest abnormalities in mitochondrial function in the periphery of MDD patients. Therefore, we aimed at elucidating whether MDD fibroblasts would in addition exhibit molecular deficits in response to metabolic stressors such as GAL and reduced lipids (RL) in the culture medium. In this manuscript, we present the experimental data gathered from metabolically challenged human dermal fibroblasts and discuss their relevance to MDD.

#### MATERIALS AND METHODS

#### Human fibroblasts

This study was approved by the Vanderbilt University Institutional Review Board. Participants were diagnosed with a current major depressive episode according to the Structured Clinical Interview for DSM-IV-TR<sup>22</sup> with an exclusion criteria of other primary axis I DSM-IV diagnosis. Procedures for recruitment and diagnosis have been described previously. <sup>12,18</sup> A written informed consent was obtained from all the participants before any procedures were conducted. Sixteen healthy controls (CNTR) were matched by age, race and gender to MDD patients (Supplementary Material 1). The MDD and CNTR subject groups had similar average age (MDD=34.9, CNTR=35.2), representation of gender (12 female and four male) and race (12 white and four African American). Fibroblast cultures were established from skin biopsies according to a protocol previously described. <sup>12,18</sup>

Briefly, fibroblast cultures underwent 5–10 passages with DMEM (Dulbecco's Modified Eagle's medium; Mediatech, Manassas, VA, USA) containing 250 mm glucose and 1 mM sodium pyruvate, supplemented with 2 mm L-glutamine (Mediatech), 10% fetal bovine serum (Thermo Scientific HyClone, Logan, UT, USA) and antibiotic/antimycotic solution (Invitrogen, Carlsbad, CA, USA). Cultures were maintained at 37 °C and 5% CO<sub>2</sub>. A cell line from each patient was divided into three plates (plating density  $1.2 \times 10^6$  cells per plate) and after overnight adherence, each plate received one of the following formulations: (1) standard (STD) medium: DMEM containing 25 mm glucose; (2) galactose-containing (GAL) medium: DMEM with no glucose, supplemented with 10 mm GAL (Sigma-Aldrich, St. Louis, MO, USA); (3) RL medium: DMEM containing 25 mm glucose, supplemented with lipid-reduced fetal bovine serum (Thermo Scientific HyClone). All the cultures were grown for 7 days, refreshing the media every 2 days. The cells were collected after washing with ice-cold phosphate-buffered saline twice, and then trypsinized, pelleted (700 g for 8 min at 18 °C) and stored at –80 °C until RNA isolation. In all the tested cell lines, neither GAL nor RL exhibited a detectable effect on cell growth and mortality.

#### RNA isolation and analyses

Total RNA and small RNA fractions were isolated from frozen fibroblasts using mirVana microRNA (miRNA) isolation Kit (Ambion, Austin, TX, USA) according to manufacturer's instruction. Both total RNA and small RNA were eluted with  $100\,\mu I$  Elution Solution. Agilent 2100 Bioanalyzer was used to determine the quality and size of the RNA preps. Total RNA integrity number for all messenger RNA (mRNA) samples ranged from 9.4 to 10, and was similar between the MDD and CNTR groups and various conditions. The samples were stored at  $-80\,^{\circ}\text{C}$  until further use.

The mRNA levels in each fibroblast culture were examined with the GeneChip HT HG-U133+ PM Array Plate (Affymetrix, Santa Clara, CA, USA). The complementary DNA synthesis from total RNA, labeling and hybridization were performed according to manufacturer's protocol. The segmented images from each GeneChip were normalized and log2 transformed using GC-robust multi-array analysis.<sup>23</sup> The average logarithmic ratio (ALR = Mean<sub>MDD</sub> - Mean<sub>CNTR</sub>) was calculated for each gene probe, as an indicator for magnitude of change and Student's paired and group two-tailed P-values as indicators for significance of change. Significance was established according to the dual criteria of |ALR| > 0.3785 (30% change) and both pairwise and groupwise  $P \le 0.01$ . Quantitaive PCR validation of the microarray data was performed with RT<sup>2</sup> custom Profiler PCR Arrays (Qiagen, Valencia, CA, USA), designed to test the mRNA expression level of 10 genes involved in the regulation of lipid metabolism: stearoyl-CoA desaturase (delta-9-desaturase), fatty acid binding protein 3, 7-dehydrocholesterol reductase, insulin induced gene 1, quinolinate phosphoribosyltransferase, 3-hydroxy-3-methylglutaryl-CoA reductase, 3hydroxy-3-methylglutaryl-CoA synthase 1, low-density lipoprotein receptor, fatty acid desaturase 1, fatty acid desaturase 2. The differentially expressed genes were subjected to a two-way hierarchical clustering analysis using GenePattern software. An addition, for each gene probe, we applied a linear statistical model with gene expression values as the outcome variable and group, stressor and group x stressor as fixed effects (groups: CNTR, MDD; stressors: GAL, RL). Data were analyzed with procedure MIXED in SAS software (version 9.3, SAS Institute, Cary, NC, USA). Gene set enrichment analysis (GSEA) based on pre-defined gene classes were carried out with the GenePattern software. BioCarta defined set of genes were considered significantly overrepresented at  $P \leq 0.05$ .

The miRNA levels were interrogated with miRNome miScript miRNA PCR Arrays (Qiagen). The complementary DNA was prepared from small RNA preps with miScript HiSpec Buffer according to miScript II RT Kit (Qiagen) instructions. The complementary DNA from each sample was quantified and proportionately combined into four pools of samples according to age and gender (Supplementary Material 1). Creating multiple sample pools from closely matched individuals allowed us a reduced work load and cost, while still retaining the ability to establish statistical significance in the downstream analyses. However, to avoid any pooling biases and outlier effects, the outcome of these data had to be validated in the individual samples. As a result, significantly changed miRNA levels in each individual fibroblast sample were examined with custom miScript miRNA PCR Arrays. (Qiagen), containing assays for the following miRNAs: miR-146b-5p, miR-550a, miR-214, miR-132\*, miR-376c, miR-19a, miR-181a\*, miR-486-5p, miR-424\*, miR-542-3p, miR-22, miR-376b, miR-29b, miR-564. The selection of the 14 miRNA assays was based on a statistically significant difference in response to GAL or RL in the MDD or the CNTR group. The Ct values for each miRNA from both miRNome and custom qPCR arrays were normalized to the average Ct from a set of housekeeping genes and thus  $\Delta$ Ct values were generated. At Ct > 35, a miRNA level was considered nondetectable. In cases where the levels of a miRNA were non-detectable in two or more samples within a group, the miRNA was not used for further comparisons. The miRNA difference of expression between groups was measured by  $\Delta\Delta Ct_{RI} = Mean\Delta Ct_{RI} - Mean\Delta Ct_{STD}$  and  $\Delta\Delta Ct_{GAI} = Mean\Delta Ct$ GAL – MeanΔCt<sub>STD</sub>. A miRNA was considered differentially expressed when |  $\Delta\Delta Ct > 0.3785$  and pairwise  $P \le 0.05$ . Group × stressor interaction was determined by the dual criteria of  $|\Delta\Delta\Delta Ct| > 0.3785$  (30% difference) and groupwise  $P \leq 0.05$ .  $\Delta\Delta\Delta Ct_{GAL} = \Delta\Delta Ct_{MDDGAL} - \Delta\Delta Ct_{CNTRGAL}$ ;  $=\Delta\Delta Ct_{MDDRL} - \Delta\Delta Ct_{CNTRRL}$ .

#### **RESULTS**

MDD fibroblast response to metabolic stress: mRNA changes

Metabolic stress response in MDD and CNTR fibroblasts from 32 subjects (16 MDD and 16 CNTR) was achieved by exposure to culture media containing GAL or RL (Supplementary Material 2). Analysis of mRNA species by oligonucleotide microarrays revealed that GAL substitution of glucose in the growth medium resulted in robust changes in the transcriptome of both MDD and CNTR fibroblasts. Using dual criteria for establishing significant expression differences (|ALR<sub>GAL-STD</sub>| > 0.3785 (30% change) and both group- and pairwise  $P \le 0.01$ ), we identified 1196 changed in GAL-treated MDD fibroblasts (Supplementary Material 3A). Of those, 975 were upregulated as a result of GAL treatment. According to the same criteria, 1111 probes were changed in CNTR fibroblasts, 733 of which were upregulated. In comparison with the CNTR fibroblasts, MDD fibroblasts revealed a distinct GAL-induced mRNA pattern; of the total number of mRNAs, 310 (26%) were only exhibited in MDD (Supplementary Material 4A).

RL treatment also resulted in pronounced mRNA changes in both MDD and CNTR cells. Differential expression in RL conditions (compared with STD media) was noted for 312 transcripts in the MDD: 262 upregulated and 50 downregulated mRNAs. Similarly, in CNTR fibroblast, 360 mRNA species (261 upregulated, 99 downregulated) were differentially expressed in RL compared with STD conditions (Supplementary Material 3B). Importantly, the MDD fibroblasts responded to RL condition differently than CNTR; 103 (33.4%) of all mRNA changes induced by RL were only exhibited in MDD (Supplementary Material 4B).

It was remarkable that both GAL and RL treatments resulted in distinct mRNA changes in MDD fibroblasts that were not present

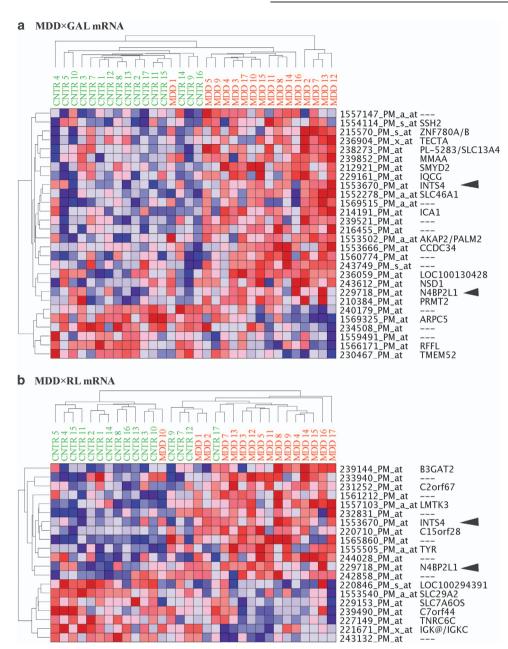


Figure 1. Disease × stressor interaction mRNA signatures. (a) MDD × GAL and (b) MDD × RL. The ALR (Mean<sub>RL</sub> – Mean<sub>STD</sub>) of the probes with significant disease × challenge interaction were subjected to unsupervised hierarchical clustering. The colored squares represent the increase (red) or decrease (blue) of each ALR from the mean. Color intensity is proportional to magnitude of change. Clear separation of MDD and CNTR groups was observed. Furthermore, two genes (INTS4 and N4BP2L1—denoted by arrows) are commonly present in both signatures. CNTR, control; GAL, galactose; MDD, major depressive disorder; mRNA, messenger RNA; RL, reduced lipid; STD, standard.

in CNTR, therefore, we further sought to identify the interaction effect between disease state and metabolic challenge (group × stressor) by applying a linear statistical model. We used a dual significance cutoff criterion of  $|\Delta ALR| > 0.3785$  (30% change) and  $P \le 0.01$ . We found that the characteristic MDD signature in response to GAL (MDD×GAL) was defined by 28 (Figure 1a), and in response to RL (MDD×RL) was defined by 20 mRNA species (Figure 1b). Two of the genes (integrator complex subunit 4; INTS4 and NEDD4 binding protein 2-like 1; N4BP2L1) overlapped in the MDD×GAL and MDD×RL response-defining pattern.

Custom qPCR arrays were used to validate the microarraydetected mRNA changes in response to GAL and RL. The arrays were designed to test the mRNA expression level of 10 genes involved in lipid metabolism with significantly changed expression in MDD and in CNTR samples in GAL vs STD and in RL vs STD conditions. The statistical significance of the microarray-detected expression changes for all 10 genes was confirmed by qPCR (Figure 2). In addition, the microarray's ALRs had a high correlation with the qPCR's  $-\Delta\Delta$ Ct in both GAL vs STD and RL vs STD comparisons.

To better understand what molecular pathways are differently engaged in MDD compared with CNTR in response to metabolic stress, we performed GSEA with predetermined gene sets by BioCarta. Significantly enriched gene sets, representing molecular pathways, were identified for both MDD and CNTR in GAL and RL environment (Table 1, GSEA). GAL treatment induced enrichment of 21 pathways in MDD and 17 in CNTR. Nine of the 21 gene sets (43%) were only enriched in MDD and are involved in cell cycle



				CONT	ROL			
		GALAC'	TOSE		REDUCED LIPID			
	microarray		qPCR		microarray		qPCR	
Gene	ALR(GAL-STD)	p-value	-ΔΔCt (GAL-STD)	p-value	ALR(RL-STD)	p-value	-ΔΔCt (GAL-STD)	p-value
SCD	2.02	0.00000	2.66	0.00040	1.82	0.00000	2.23	0.00007
FABP3	1.86	0.00001	2.80	0.00397	1.89	0.00000	3.10	0.00014
DHCR7	1.18	0.00000	1.42	0.00021	1.82	0.00000	2.49	0.00000
INSIG1	1.43	0.00000	1.79	0.00571	1.61	0.00000	2.16	0.00004
QPRT	1.42	0.00000	2.03	0.00125	1.96	0.00000	2.71	0.00036
HMGCR	0.70	0.00017	0.43	0.64146	1.50	0.00000	1.18	0.19592
HMGCS1	1.17	0.00010	1.20	0.00937	1.64	0.00000	2.40	0.00000
LDLR	1.08	0.00000	1.46	0.04054	1.55	0.00000	2.35	0.00020
FADS1	1.08	0.00000	1.36	0.00531	1.22	0.00000	1.57	0.00001
FADS2	1.00	0.00000	1.84	0.00143	1.51	0.00000	2.50	0.00000

				MD	D			100
		GALAC'	FOSE			REDUCEI	LIPID	
	microarray		qPCR		microarray		qPCR	
Gene	ALR(GAL-STD)	p-value	-ΔΔCt (GAL-STD)	p-value	ALR(RL-STD)	p-value	-ΔΔCt (GAL-STD)	p-value
SCD	2.13	0.00001	2.37	0.00005	1.71	0.00000	2.21	0.00004
FABP3	1.88	0.00000	3.33	0.00028	1.55	0.00003	3.36	0.00003
DHCR7	1.24	0.00000	1.76	0.00172	1.99	0.00000	2.57	0.00000
INSIG1	1.44	0.00000	1.76	0.01071	1.59	0.00000	2.41	0.00008
QPRT	1.67	0.00000	2.07	0.00313	2.02	0.00000	2.65	0.00043
HMGCR	0.75	0.00004	0.98	0.01540	1.50	0.00000	1.96	0.00000
HMGCS1	1.21	0.00070	1.46	0.02899	1.73	0.00000	2.30	0.00011
LDLR	1.24	0.00000	1.75	0.00665	1.70	0.00000	2.44	0.00002
FADS1	1.08	0.00003	1.36	0.00239	1.23	0.00000	1.58	0.00000
FADS2	0.76	0.00100	1.78	0.00342	1.27	0.00000	2.34	0.00010

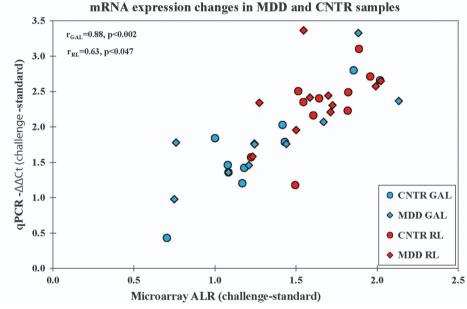


Figure 2. qPCR validation of the differential mRNA expression detected with microarrays. The differential expression of 10 mRNAs, detected with microarrays, was validated with custom qPCR arrays (groups: MDD, CNTR; culture conditions: STD, GAL, RL). ALR (ALR<sub>GAL</sub> = Mean<sub>GAL</sub> - Mean<sub>STD</sub>, blue, ALR<sub>RL</sub> = Mean<sub>RL</sub> - Mean<sub>STD</sub>, pink) was used as an estimate for the microarray expression changes and was plotted on the x axis.  $\Delta\Delta$ Ct ( $\Delta\Delta$ Ct<sub>GAL</sub> =  $\Delta$ Ct<sub>GAL</sub> -  $\Delta$ Ct<sub>STD</sub>, blue;  $\Delta\Delta$ Ct<sub>RL</sub> =  $\Delta$ Ct<sub>RL</sub> -  $\Delta$ Ct<sub>STD</sub>, pink) was used for a qPCR expression changes estimate and was plotted as -  $\Delta\Delta$ Ct on the y axis. Note that the estimates from both analyses in each comparison were highly correlated. CNTR, control; GAL, galactose; MDD, major depressive disorder; mRNA, messenger RNA; qPCR, quantitative PCR; RL, reduced lipid; STD, standard.

regulation (PTC1, MPR, ACAP95, ARF), apoptosis (HSP27, SET, BAD), anti-inflammation (IL10) and cell survival (IL7). RL resulted in enrichment of 19 pathways in MDD and 15 in CNTR. Ten of the 19 gene sets (53%) were only enriched in MDD and are involved in cell repair (TFF), survival (TRKA), migration (ECM) and proliferation (CDMAC, SPRY), and also in regulation of metabolism (GH) and energy production (FEEDER, GLYCOLYSIS). Overall, GSEA revealed that the specific changes in MDD evoked by both metabolic stressors are represented by approximately half of all detected molecular pathways, indicating that MDD fibroblasts utilize different strategies for adaptation to the metabolic stressors. Moreover, challenging the MDD fibroblasts with GAL and RL exposed characteristic molecular signatures undetectable at STD conditions.

MDD fibroblast response to metabolic stress: miRNA changes

The miRNAs are important regulators of mRNA function and they are heavily involved in control of metabolism and energy homeostasis.<sup>26</sup> Therefore, we sought to identify the miRNA response to metabolic challenges in the same MDD fibroblasts in which differential mRNA expression patterns had been established.

The miRNA samples, isolated individually from the 16 MDD and 16 CNTR fibroblast cultures, were pooled into four sets according to the patients' age and gender (Supplementary Material 1). Human miRNome miScript miRNA PCR Arrays (Qiagen) were used to profile the expression of the 1008 most abundantly expressed miRNA species in the human miRNA genome (miRNome).



Table 1. BioCarta GSEA enrichment of mRNA expression in response to GAL and RL challenges

to GAL and RL challenges			
Pathway	Size	NES	P-value
Enriched in CNTR GAL			
RACCYCD	26	1.89	0.0076
CELLCYCLE	23	1.81	0.0000
TEL	18	1.74	0.0040
SRCRPTP	11	1.72	0.0000
P53	16	1.66	0.0078
CERAMIDE	22	1.65	0.0115
CFTR	12	1.62	0.0000
CHREBP2	42	1.61	0.0275
G2	24	1.61	0.0199
ATRBRCA	21	1.58	0.0159
CARM_ER STATHMIN	34 19	1.58 1.56	0.0373 0.0233
ATM	20	1.55	0.0233
CHEMICAL	22	1.53	0.0497
RB	13	1.53	0.0346
AKAPCENTROSOME	15	1.52	0.0471
PLCE	12	1.51	0.0299
Enriched in CNTR RL			
PPARA	56	1.83	0.0000
RACCYCD	26	1.71	0.0229
CHREBP2	42	1.65	0.0136
CD40	15	1.59	0.0301
ARF	17	1.57	0.0359
VIP	26	1.57	0.0169
P38MAPK	39	1.53	0.0076
HSP27	15	1.50	0.0389
BAD	26	1.50	0.0217
GCR	19	1.47	0.0360
LYM PLCE	11 12	1.43 1.43	0.0368
IL22BP	16	– 1.53	0.0443 0.0300
DNAFRAGMENT	10	– 1.53 – 1.54	0.0300
AHSP	11	- 1.56	0.0412
Enriched in MDD GAL	10	4.00	0.0000
TEL	18	1.98	0.0000
SRCRPTP PTC1	11 11	1.73 1.73	0.0020 0.0000
G2	24	1.66	0.0000
CARM_ER	34	1.66	0.0056
HSP27	15	1.65	0.0116
RB	13	1.62	0.0062
CERAMIDE	22	1.60	0.0212
P53	16	1.58	0.0220
SET	11	1.58	0.0328
CHEMICAL	22	1.58	0.0243
ATRBRCA	21	1.57	0.0080
MPR	34	1.56	0.0413
CELLCYCLE	23	1.56	0.0305 0.0469
AKAP95 CHREBP2	12 42	1.56 1.56	0.0469
IL10	17	1.53	0.0222
ARF	17	1.50	0.0382
PLCE	12	1.47	0.0301
IL7	17	1.46	0.0258
BAD	26	1.43	0.0138
Enriched in MDD RL			
RACCYCD	26	1.90	0.0040
TFF	21	1.88	0.0064
CD40	15	1.78	0.0102
TRKA	12	1.74	0.0084
ECM	24	1.67	0.0234
PPARA	56	1.63	0.0066
HSP27	15	1.62	0.0176
GH	28	1.60	0.0204
GLEEVEC	23	1.58	0.0361

Table. 1. (Continued)			
Pathway	Size	NES	P-value
ARF	17	1.54	0.0463
EXTRINSIC	13	1.53	0.0140
CHREBP2	42	1.53	0.0246
CDMAC	16	1.52	0.0355
BAD	26	1.48	0.0118
SPRY	18	1.45	0.0417
FEEDER	9	- 1.53	0.0236
DNAFRAGMENT	10	- 1.54	0.0488
AHSP	11	- 1.56	0.0354
GLYCOLYSIS	10	-1.63	0.0040

Abbreviations: CNTR, control; GAL, galactose; GSEA, gene set enrichment analysis; MDD, major depressive disorder; mRNA, messenger RNA; RL, reduced lipid. Molecular pathway enrichment of mRNA in MDD and CNTR. Pathways enriched only in one group (MDD or CNTR) are in bold.

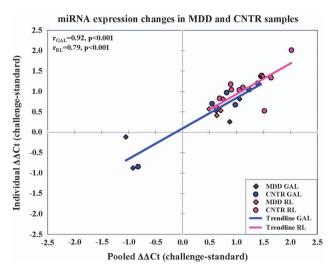
Approximately 50% of the assayed miRNAs were detected in human cultured dermal fibroblasts, regardless of disease status or culture condition. Significant expression differences in metabolic stress vs STD conditions were defined when change was larger than 30% ( $|\Delta\Delta Ct| > 0.3785$ ) and paired *t*-test  $P \le 0.05$ . In response to GAL challenge, MDD fibroblasts revealed expression changes in 63 miRNAs (Supplementary Material 5A). The number of miRNAs changed by GAL challenge in CNTR samples was substantially lower, 38 miRNAs. In addition, 81% of the miRNAs changed in GAL were specific for MDD fibroblasts.

RL elicited much stronger miRNA response in MDD (147 miRNAs), compared with CNTR (38 miRNA) (Supplementary Material 5B), leading us to believe that MDD fibroblasts are experiencing the RL environment as much more stressful than CNTRs. Furthermore, 90% of the miRNA RL-response pattern was observed only in MDD, but not in CNTR.

Validation of miRNome analyses on pooled samples was performed with custom qPCR array of 14 miRNAs (SABiosciences, Qiagen) on individual samples. The  $\Delta\Delta$ Ct ( $\Delta\Delta$ Ct<sub>GAL</sub> =  $\Delta$ Ct<sub>GAL</sub> –  $\Delta$ Ct <sub>STD</sub>,  $\Delta\Delta Ct_{RL} = \Delta Ct_{RL} - \Delta Ct_{STD}$ ) from the pooled samples for each miRNA was correlated with the corresponding  $\Delta\Delta$ Ct from the individual samples (Figure 3). Both GAL- and RL-induced miRNA response demonstrated high correlation between pooled and individual samples with coefficients of  $r_{GAL} = 0.920$  and  $r_{RL} = 0.785$ . In addition, 85% of the miRNA changes in the individual samples were significantly different in the predicted direction ( $P \leq 0.05$ ), providing a strong validation for the miRNome data.

In addition, in an attempt to identify the miRNA changes that characterize the specific response of MDD to each metabolic challenge, we used a group x challenge linear statistical model and the dual significance criterion of  $|\Delta\Delta\Delta Ct| > 0.3785$  and  $P \leq 0.05$ . Thus, we derived two miRNA signatures: (1) representing  $MDD \times GAL$  interaction (16 miRNAs) and (2) representing  $MDD \times$ RL interaction (36 miRNAs, Figure 4). It is noteworthy that miR-7, miR-382, miR-296-5p and miR-3176 were common for both signatures.

Literature search in PubMed for the roles of the MDD × GAL and MDD × RL signature miRNAs revealed an interesting trend toward extensive miRNA involvement in the regulation of metabolism, cell proliferation, survival and migration (Table 2). In relation to control of metabolism, we found miRNAs regulating insulin levels and secretion, obesity and starvation in both MDD×GAL (38%) and  $\mathsf{MDD}\!\times\!\mathsf{RL}$  (37%) panels. In addition, eight miRNAs from the MDD × RL panel: miR-3613-3p, miR-33a, miR-192, miR-26a, miR--34a, miR-370, miR-15b and miR-296-5p, have been described in the literature as regulators of lipid metabolism. With regard to cell proliferation and apoptosis, 56% of the MDD×GAL and 61% of the MDD×RL miRNAs are known controllers of various signaling



**Figure 3.** Differential miRNA expression in pooled samples is validated in individual samples. The expression level of 14 miRNAs, detected in miRNome analyses of pooled samples, was validated with independent qPCR arrays of individual samples (groups: MDD, CNTR; culture conditions: STD, GAL, RL). The expression changes, estimated with  $\Delta\Delta$ Ct ( $\Delta\Delta$ Ct<sub>GAL</sub> =  $\Delta$ Ct<sub>GAL</sub> -  $\Delta$ Ct<sub>STD</sub>, blue;  $\Delta\Delta$ Ct<sub>RL</sub> =  $\Delta$ Ct<sub>RL</sub> -  $\Delta$ Ct<sub>STD</sub>, pink), from the pooled samples are plotted on the x axis, and from the individual samples on the y axis. Note that the values from each comparison were highly correlated. CNTR, control; GAL, galactose; MDD, major depressive disorder; miRNA, microRNA; qPCR, quantitative PCR; RL, reduced lipid; STD, standard.

cascades, out of which 13% (GAL) and 33% (RL) affect or are affected by the tumor suppressor protein p53. As p53 is not only a modulator of apoptosis, but is also involved in regulation of metabolism,<sup>27</sup> some overlap between these categories is expected. Furthermore, 25% (MDD×GAL) and 39% (MDD×RL) of the signature miRNAs are known to regulate cell motility. Interestingly, three of them: miR-34a, miR-34b and miR-199a-3p, are recognized as regulators of the hepatocyte growth factor receptor, c-Met,<sup>28,29</sup> a key controller of cell migration.

# DISCUSSION

Our results demonstrate that the metabolic challenges evoked by substitution of glucose with GAL or reducing the abundance of lipids in the growth media of fibroblast cultures result in robust changes of mRNA and miRNA expression. MDD fibroblasts responded to the metabolic stress with alternate expression of 1196 (GAL) and 312 (RL) transcripts. A substantial fraction of these mRNA changes, 26% (GAL) and 33% (RL) were only observed in MDD, but not in CNTR. The specific response of MDD fibroblasts to each challenge was represented by 20 (MDD×GAL) and 28 (MDD × RL) mRNAs with significant group by challenge interaction. The characteristic response of MDD fibroblasts to the metabolic stressors was even more pronounced on the miRNA level; 81% (GAL) and 90% (RL) of the total miRNA changes were only observed in MDD, but not in CNTR. The miRNA signature response of MDD fibroblasts was defined by 16 (MDD×GAL) and 36 (MDD×RL) miRNAs. The stress-induced changes, observed on both mRNA and miRNA level, revealed MDD-associated impairments in molecular pathways involved in the control of metabolism and energy production, cell survival, proliferation and migration. These impairments are likely to be present in all the somatic cells, and therefore are informative of the disease process. In fact, the results are consistent with our previous findings in human postmortem brain tissue, as both studies implicated disturbances in apoptotic molecular pathways.<sup>30</sup> Impairments in any of the detected molecular pathways could be critical for the development and plasticity of the brain and can result in the disease state of MDD.<sup>31</sup> In a previous study, MDD fibroblasts cultured in STD condition revealed deficits in cell proliferation and cell motility.<sup>32</sup> In this study, we demonstrated that molecular pathways involved in the same processes were also impaired in response to metabolic challenges with GAL and RL, and revealed previously unknown disruption of pathways regulating metabolism and energy production. Presenting metabolic challenges was instrumental for defining distinct MDD mRNA and miRNA response signatures that might also contribute to patients' aberrant responses to life stressors.

GAL and RL treatments elicited common responses in MDD fibroblasts. The commonality was demonstrated on both mRNA and miRNA level. On mRNA level, the overlap between MDD × GAL and MDD×RL signatures was defined by the integrator complex subunit 4 (INTS4), and the NEDD4 binding protein 2-like 1 (N4BP2L1). The INTS4 associates with RNA polymerase II, and therefore potentially has a general effect on regulation of gene transcription and RNA processing.<sup>33</sup> The N4BP2L1 is a paralog of N4BP2 and is likely involved in cell survival.<sup>34</sup> Evidence for MDD impairment in the regulation of cell survival and proliferation streamed from the molecular pathway analyses as well. The HSP27, BAD and ARF molecular pathways were the commonly enriched pathways in MDD during GAL and RL challenges; all of which affect cell survival and proliferation. Furthermore, 38% (GAL) and 17% (RL) of the MDD-enriched gene sets (PTC1, MPR, ACAP95, ARF, HSP27, SET, BAD, IL7, TRKA, CDMAC, SPRY), contribute to the regulation of cell survival and proliferation. On the miRNA level, three of the commonly changed miRNAs are regulators of cell proliferation and apoptosis. 35–37 In addition, a striking 56-61% of the miRNAs from the MDD×GAL and MDD x RL signatures have roles in cell cycle and survival regulation. Overall, these data provide an overwhelming support for the aberrant engagement of mechanisms regulating cell proliferation and survival by MDD fibroblasts when exposed to two distinct metabolic challenges. Commonality between GALand RL-induced responses in MDD was also detected in their respective miRNA signatures, where at least 38% (GAL) and 37% (RL) of the miRNAs were regulators of metabolism or energy homeostasis, indicating deficiencies in those signaling cascades in MDD as well. In summary, the challenges presented by GAL and RL in MDD fibroblasts affected cellular processes, such as control of cell proliferation and survival, regulation of metabolism and energy production. The molecular machinery for regulation of these processes is located mainly in the mitochondria. Therefore, our data strongly support the disruption of mitochondrial functions in patients with MDD, as previously suggested. To

The GAL and RL treatment also evoked different responses in MDD fibroblasts. The number of mRNAs with changed expression in GAL was four times the number of mRNAs changed in RL. In contrast, the mRNA signatures characterizing the specific response of MDD to each stress, have similar number of mRNAs (MDD× GAL = 28,  $MDD \times RL = 20$ ). Therefore, the proportion of the specific mRNAs from the total mRNA changes (GAL = 1196, RL = 360) is in favor of RL (5.6 vs 2.3%). Consequently, we concluded that RL vs GAL environment more strongly illuminates the molecular deficits of MDD. Furthermore, additional data, obtained from RL treatment, reveal abnormalities in MDD, which were not apparent in GAL. These are the eight miRNAs in the MDD×RL miRNA signature known to control lipid metabolism, pointing toward the possibility of fatty acid metabolism dysregulation in patients with MDD, a phenomenon studied in many different ways during the last couple of decades.<sup>38–42</sup> Another interesting fact revealed only in RL environment is the presence of six hypoxamirs in the MDD × RL miRNA signature. Hypoxamirs have been identified as miRNAs contributing to mitochondrial respiration arrest in a low oxygen environment. 43 In our study, CNTR fibroblasts upregulated six hypoxamirs (let-7b\*, miR-192, miR-26a, miR-98, miR-23a and

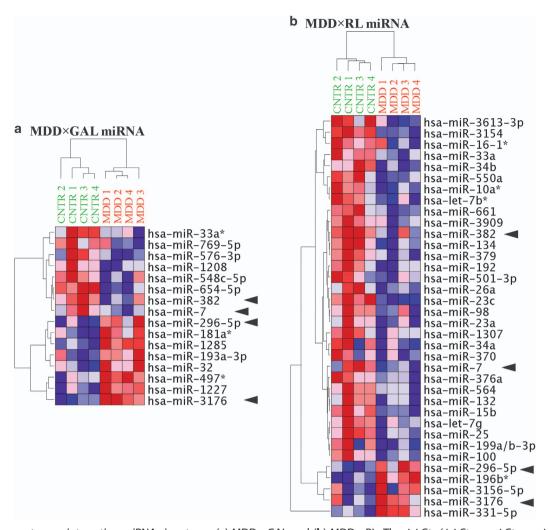


Figure 4. Disease × stressor interaction miRNA signatures. (a) MDD × GAL and (b) MDD × RL. The  $\Delta\Delta$ Cts ( $\Delta\Delta$ Ct<sub>GAL</sub> =  $\Delta$ Ct<sub>GAL</sub> –  $\Delta$ Ct<sub>STD</sub>;  $\Delta\Delta$ Ct<sub>RL</sub> =  $\Delta$ Ct<sub>RL</sub> –  $\Delta$ Ct<sub>STD</sub>) of the miRNAs with significant disease × challenge interaction were subjected to unsupervised hierarchical clustering. The colored squares represent the increase (red) or decrease (blue) of each  $\Delta\Delta$ Ct from the mean. Increased  $\Delta\Delta$ Ct represents reduced level of miRNA in metabolic stress compared with STD conditions. Clear separation of MDD and CNTR groups was observed. Four miRNAs (that is, miR-7, miR-382, miR-296-5p and miR-3176), denoted by arrows, are commonly present in both signatures. CNTR, control; GAL, galactose; MDD, major depressive disorder; miRNA, microRNA; RL, reduced lipid; STD, standard.

miR-7)<sup>44</sup> in response to RL, whereas MDD fibroblasts downregulated them. This particular difference in the MDD response compared with CNTR further supports the notion of mitochondrial dysfunction in MDD. The RL challenge was also very informative in uncovering abnormalities in the process of cell migration; 39% of the miRNAs in the MDD × RL miRNA signature were regulators of metastasis. Also, MDD responded to RL with enrichment of ECM (extracellular matrix) pathway and TFF (Trefoil factors initiate mucosal healing) pathway; both important players in the processes of cell migration. The deficit of MDD in cell migration was not as apparent during adaptation to GAL, but was observed in a previous study in STD conditions.<sup>32</sup>

An important question is whether the changes we detect in peripheral tissues are relevant to a disease process that takes place primarily in the brain. Genetic factors associated with MDD are likely to be present throughout the entire body and not just be specific to the brain. The adaptive deficits detected in fibroblast cell lines can be linked back to the function of neurons and the brain, with multiple examples found in the mRNA and miRNA challenge-response signatures and in the altered molecular pathways. On mRNA level, such examples are presented by genes important for neurite outgrowth, neurodevelopment and synaptic

plasticity: Actin-related protein 2/3 complex, subunit 5 (ARPC5),<sup>45</sup> ArfGAP with coiled-coil, ankyrin repeat and PH domains 2 (ACAP2)<sup>46</sup> and Beta-1,3-glucuronyltransferase 2 (glucuronosyltransferase S, B3GAT2).<sup>47</sup> Multiple important roles in the nervous system are associated with miRNA challenge-response signatures as well. Generally, 31% (GAL) and 47% (RL) of the miRNAs from the miRNA signatures are either regulators of molecular events in the brain or biological markers associated with psychiatric disorders in the periphery. In particular, we identified miRNAs with roles in neurite outgrowth and synapse formation: miR-7,<sup>48</sup> miR-26a,<sup>49</sup> miR-34a,<sup>50</sup> miR-134 (ref. 51) and miR-132;<sup>52,53</sup> cell cycle progression, apoptosis and specification of neurons: miR-25,<sup>54</sup> miR-34a,<sup>55</sup> miR-497 (ref. 56) and miR-376a;<sup>57</sup> brain morphogenesis: miR-7,<sup>58</sup> miR-370 (ref. 50) and miR-376a; in the control miR-370 (ref. 50) and miR-370 miR-370 (ref. 59) and myelination in the central nervous system:  $\rm miR\text{-}23a.^{60}$  Furthermore, our study identified miRNAs implicated in the pathological development of schizophrenia, such as miR-132 (ref. 61) and miR-382;<sup>62</sup> and of Alzheimer's, such as miR-98.<sup>63</sup> In addition, several of the miRNAs with aberrant challenge-response in MDD have been described as potential peripheral biomarkers for psychiatric or neurological diseases: miR-564 (ref. 64) and miR-132 for schizophrenia;<sup>65</sup> hsa-let-7g and miR-15b for Alzheimer's;66 and miR-1285, miR-34a and miR-34b for Huntington's



**Table 2.** Experimentally established involvement of the miRNAs from MDD×GAL and MDD×RL signatures in cellular processes (on the basis of PubMed search)

Physiological process	miRNA_ID
MDD×GAL miRNA	
Metabolism	miR-33a*, miR-7, miR-296-5p, miR-181a*, miR-497*
Fatty acid metabolism	miR-296-5p, miR-193a-3p ×
P53	miR-1208, miR-1285, miR-7
Apoptosis/proliferation	
Migration/c-MET	miR-548c-5p, miR-7, miR-296-5p, miR-497*
Neurons/psychiatry	miR-7, miR-382, miR-296-5p, miR-32, miR-497*
MDD×RL miRNA	
Metabolism	miR-33a, miR-7, miR-661, miR-1307, miR-376a, miR-26a, miR-132, miR-25, miR-98, miR-34a, miR-23a, miR-199a/b-3p,
Wictabolisiii	miR-296-5p
Fatty acid metabolism	·
P53 <sup>°</sup>	miR-34b, miR-16-1*, miR-661, miR-192, miR-7, miR-134, miR-25, miR-98, miR-34a, miR-370, miR-15b, miR-199a/b-3p
Apoptosis/proliferation	miR-33a, miR-34b, miR-16-1*, miR-661, miR-192, miR-7, miR-376a, miR-382, miR-26a, miR-134, miR-379, let-7g, miR-132,
	miR-25, miR-98, miR-34a, miR-370, miR-15b, miR-23a, miR-199a/b-3p, miR-100, miR-296-5p
Migration/c-MET	miR-34b, miR-661, miR-550a, miR-7, miR-376a, miR-26a, let-7g, miR-134, miR-132, miR-25,miR-98, miR-34a, miR-100,
	miR-296-5p
Neurons/psychiatry	miR-34b, miR-7, miR-376a, miR-382, miR-26a, miR-134, miR-564, let-7g, miR-132, miR-25, miR-98, miR-34a, miR-370,
,	miR-15b, miR-23a, miR-199a/b-3p, miR-296-5p
Abbreviations: GAL, galac proliferation/p53. 37,49,54,56,5	tose; MDD, major depressive disorder; miRNA, microRNA; RL, reduced lipid. Metabolism/fatty acid metabolism. <sup>36,63,74–94</sup> Apoptosis/ <sup>58,95–118</sup> Migration. <sup>29,54,98,99,119–131</sup> Neurons/psychiatry. <sup>48–51,53,54,56–58,60,61,63–66,68–71,98,132–134</sup>

disease.<sup>67</sup> This study also identified a number of miRNAs that respond to different stressors in the nervous system: miR-34b, which affects the degree of oxidative stress and survival of dopaminergic neurons;<sup>68</sup> miR-296-5p, which responds to oxidative stress in mouse hippocampal neuronal cultures;<sup>69</sup> miR-199a, which reacts to hypoxia in rat cortical pericytes;<sup>70</sup> and miR-98, which is elevated in the brains of newborn rats experiencing prenatal stress.<sup>71</sup> And last, miR-296-5p, which showed aberrant response to both RL and GAL in MDD fibroblasts, presents a strong connection to MDD; miR-296-5p has been identified as a regulator of inducible I kappa-B kinase,<sup>72</sup> a gene with genetic association with MDD.<sup>73</sup>

Taken together, this information gives confidence to the relevance of our observations in fibroblasts to the MDD disease state. This study provides a solid foundation for future experiments with human fibroblasts aimed at deciphering the systemic immune disturbances in MDD. Moreover, our results demonstrate that aberrant responses to stressors are indeed present in the peripheral tissues from MDD patients. These responses intersect multiple cellular processes associated with mitochondria, such as regulation of metabolism and energy production, cell proliferation, survival and motility; therefore, they strongly suggest that the stress-response impairments of MDD patients are most likely based on impaired mitochondrial functions.

#### **CONFLICT OF INTEREST**

RCS receives unrelated research support from Assurex Health; Bristol-Myers Squibb; Eli Lilly and Company; Elan Corporation; Euthymics Bioscience; Forest Pharmaceuticals; Janssen Pharmaceutica; Jazz Pharmaceuticals; Novartis Pharmaceuticals; Otsuka Pharmaceuticals; Pamlab; Pfizer; Repligen Corporation; Ridge Diagnostics; St. Jude Medical; and Takeda Pharmaceuticals and consults for Bristol-Myers Squibb Company; Cerecor; Cyberonics; Eli Lilly and Company; Forest Pharmaceuticals; Janssen Pharmaceutica; Medtronic; Naurex; Pamlab; Pfizer; Ridge Diagnostics; Shire Plc; and Takeda Pharmaceuticals. The remaining authors declare no conflict of interest.

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Supplementary Information accompanies the paper on the Translational Psychiatry website (http://www.nature.com/tp)

# IV.

# **REVIEW**

# **HUMAN DERMAL FIBROBLASTS IN PSYCHIATRY RESEARCH**

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Abstract-In order to decipher the disease etiology, progression and treatment of multifactorial human brain diseases we utilize a host of different experimental models. Recently, patient-derived human dermal fibroblast (HDF) cultures have re-emerged as promising in vitro functional system for examining various cellular, molecular, metabolic and (patho)physiological states and traits of psychiatric disorders. HDF studies serve as a powerful complement to postmortem and animal studies, and often appear to be informative about the altered homeostasis in neural tissue. Studies of HDFs from patients with schizophrenia (SZ), depression, bipolar disorder (BD), autism, attention deficit and hyperactivity disorder and other psychiatric disorders have significantly advanced our understanding of these devastating diseases. These reports unequivocally prove that signal transduction, redox homeostasis, circadian rhythms and gene\*environment (G\*E) interactions are all amenable for assessment by the HDF model. Furthermore, the reported findings suggest that this underutilized patient biomaterial, combined with modern molecular biology techniques, may have both diagnostic and prognostic value, including prediction of response to therapeutic agents. © 2016 IBRO. Published by Elsevier Ltd. All rights reserved.

Key words: dermal fibroblasts, schizophrenia, major depression, bipolar disorder, *in vitro* model, gene\*environment interaction.

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Abbreviations: BD, bipolar disorder; BDNF, brain-derived neurotrophic factor; CREB, cAMP-response element-binding protein; ECM, extracellular matrix; G\*E, gene\*environment interaction; GCL, glutamate cystein ligase; GSH, glutathione; HDF, human dermal fibroblast; iNCs, induced neuronal cells; iPCSs, induced pluripotent stem cells; MD, major depression; NGF, nerve growth factor; PKA, protein kinase A; PKB, protein kinase B; PLC, phospholipase C; SZ, schizophrenia.

The need for multiple model systems 105 Patient biomaterial models, advantages and limitations 106 Peripheral leukocytes 107 Immortalized lymphocytes 107 Olfactory epithelium 107 Induced pluripotent stem cells (iPSC) 107 iNCs 108 **HDFs** 108 Utility of fibroblasts in psychiatric research 109 Understanding pathophysiological processes using HDFs 110 Signaling pathway studies 110 Circadian rhythm studies 113 Studies of stress and adaptation 113 Redox state studies 114 Age-related studies 114 Data-driven studies 114 Studies of pharmacological agents 115 Similarities between HDF and CNS cells 115 Conclusions 116 Acknowledgements 116 References 116

Contents

## THE NEED FOR MULTIPLE MODEL SYSTEMS

Models simplify complex processes, isolate critical pathophysiological components and allow experimentation. In order to study a system, the model has to be able to test cause—and—effect relationships. Yet, compromise is unavoidable: we select a model for its desired features, and the presumably "less relevant" variables are sacrificed for the sake of simplicity. Obviously, the choice of the model should always be guided by the tested hypothesis, as the combination of various models should result in conclusive data and gain of new knowledge.

Considering that the brain pathophysiology of psychiatric disorders can be only analyzed in humans by non-invasive methods, animal models are the preferred choice to examine behavioral disturbances and associated structural and functional brain alterations that arise from genetic manipulations (Schmidt and Mirnics, 2012; Schmidt et al., 2014; Brown et al., 2015). Although these experiments are essential, psychiatric disorders are uniquely human conditions, and cannot be interpreted in the disease context without understanding the events in the diseased tissue (Nestler and Hyman, 2010).

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Brain biopsies from psychiatric patients are very rarely justified, and even when brain biopsy tissue is obtained, keeping mature neurons alive is extremely challenging (Hayashi-Takagi et al., 2014). As a result, postmortem studies are the preferred choice to study disease-related transcriptome, proteome and metabolome changes. However, these tissue samples have limited utility for the most critical functional assays, such as evaluating gene\*environment (G\*E) interactions, stress resilience or drug effects (Horváth et al., 2011; Horváth and Mirnics, 2015). Additionally, as this is a sample of opportunity, the interpretation of findings is greatly complicated by confounds such as individual lifestyle differences, comorbidity, drug abuse, medication use, postmortem interval, hormonal status, cause of death and many other factors (Mirnics et al., 2006; Schmitt et al., 2008). Furthermore, perhaps the greatest intrinsic limitation of postmortem tissue is its limited utility in establishing diagnosis and aiding therapeutic approaches.

# PATIENT BIOMATERIAL MODELS, ADVANTAGES AND LIMITATIONS

Psychiatric disorders are multifactorial and multidimensional diseases: the pathology and pathophysiology encompass biological events that span genetic, molecular, cellular, neurochemical, systemic, psychological and social domains (Schmitt et al., 2014). As a result, all human-based in vitro experimental systems have limitations, but also offer significant advantages; they allow mechanistic experimentation on patient biomaterial, and this is especially important as none of the in vivo rodent models of psychiatric disorders can fully recapitulate human genetic diversity and overall disease phenotype (Sarnyai et al., 2011; Kaiser and Feng, 2015).

There is a strong need for patient-derived biospecimens that can be propagated, preferably without altering the genetic makeup of the patients. Importantly, the pathophysiological mechanisms associated with psychiatric disorders such as schizophrenia (SZ) can be investigated in cell cultures as (1) they show high heritability, suggesting a significant genetic contribution to the disease, which would be preserved in an in vitro model (Brennand et al., 2012); (2) psychiatric disorders appear to be a disease of the whole body (and not only the brain), therefore many of the disease-associated immune, endocrine and metabolic dysregulations should be detectable in peripheral cells as well (Penninx et al., 2013; Shivakumar et al., 2014); (3) the molecular anomalies which contribute to the neural dysfunction (e.g. altered oxidative and energy homeostasis, mitochondrial changes, metabolic disruptions, signal transduction disturbances) are also present in patient-derived peripheral tissues.

Investigators have been testing meaningful patient-derived functional experimental models for decades. To date, the most commonly used patient-derived models include (1) peripheral blood leukocytes; (2) immortalized peripheral lymphocytes; (3) olfactory epithelium, (4) induced pluripotent stem cells (iPCSs), (5) induced neural progenitor cells (iNPCs) and induced neuronal

**Fable 1.** Suitability of commonly used patient-derived in vitro models for studying psychiatric disorders (++++++) high; + low)

	Availability/Ease of harvest	Availability/Ease Renewability and Uniformity of of harvest propagation cell types	Uniformity of cell types	Similarity to human Genetic stability brain tissue	Genetic stability	Cost effective generation – maintenance	Throughput Ease of mainten:	Ease of maintenance
Peripheral leukocytes	+ + + + + +	+	+	++	+ + + + +	+ + + + +	+ + + + +	+ + + + +
Immortalized lymphocytes	+ + +	+ + + +	++++	+	+	++++	++	+ + + +
Olfactory epithelium	++	+ + +	+ + + +	+ + +	+ + + +	+++	++	++
iPSC	+	++++	++	+	+	+	++	+
iNC	+	+	++++	+ + +	+ + + + +	+++	+++	++
HDF	+ + + +	+ + +	+ + + + +	++	+ + + +	++++++	+ + + +	+ + + +

human dermal fibroblast; iPSC: induced pluripotent stem cell, iNC: neural cell induced from iPSC or directly from postmitotic somatic cell

HDF.

cells (iNCs) and (6) human dermal fibroblasts (HDFs) (Hayashi-Takagi et al., 2014). Each of these cellular models have advantages and shortcomings, described below and summarized in Table 1.

In addition to the inherent differences between all cellular models, they all share a common limitation: the cells are maintained in an artificial environment. The biology of all cells (including, but not limited to and function) proliferation. migration, dependent on the microenvironment. Unfortunately, we have limited understanding of in vivo spatiotemporal relationships and microenvironments (Lu et al., 2011; Tatullo et al., 2015). We cannot recreate them in our in vitro culturing environments, and the physiological niche of the dissociated cells is certainly far from ideal. For example, we know that self-maintenance and renewal of cell cultures is highly dependent on the extracellular matrix (ECM) remodeling in a cell-type-specific fashion (Przybyla et al., 2013): it appears that some cells grown in vitro are capable of modifying their microenvironment by producing ECM-proteins, glycopeptides and proteases (e.g. cultured astroglia or HDFs) (Biran et al., 1999; Fullár et al., 2015), while other cell types (e.g. pluripotent stem cells and neurons) require support in niche-modulation from feeder cells such as mouse embryonic fibroblasts or astroglia (Moore et al., 2009; Przybyla et al., 2013).

#### Peripheral leukocytes

Peripheral leukocytes, and particularly peripheral bloodderived mononuclear cells have a long history of use in psychiatric research. assuming a bidirectional communication between the immune and nervous systems (Naydenov et al., 2007; Khandaker and Dantzer, 2015). It has been argued that peripheral leukocytes and brain cells share considerable similarities in their proteome, signaling signature, and hormone and drug response (Gladkevich et al., 2004; Iga et al., 2008). Several studies revealed peripheral leukocyte number and functional alterations in psychiatric diseases. establishing it as a useful ex vivo model (reviewed in Gladkevich et al., 2004; Iga et al., 2008). The main advantages of the peripheral leukocyte/mononuclear cell model are that (1) they can be easily and repeatedly harvested during the course of the illness, and (2) they are reactive to external and internal stimuli, allowing monitoring of the disease state. In contrast, the main drawbacks of the peripheral blood cell models are the considerable individual variability and sensitivity to factors that are independent of the course of the neuropsychiatric disorders (e.g. lifestyle, hormonal status, circadian rhythm, exposure to pathogens) (Gladkevich et al., 2004; Druzd et al., 2014). In addition, the number and function of circulating leukocytes are affected by the psychopharmacological treatment (Munzer et al., 2013; Tourjman et al., 2013). All these factors are a considerable source of "biological noise" that results in a considerable variability among subjects, often preventing discovery of small effect sizes or discerning clear causality (Krieger et al., 1998). However, peripheral blood cells are still guite useful for performing one-generation-long ex vivo functional assays (Naydenov et al., 2007).

#### Immortalized lymphocytes

In contrast to natively harvested, unmodified leukocytes, immortalized lymphocytes have self-renewal capacity represent a virtually unlimited source experimental material. However, immortalization (which introduces foreign genetic material into the cells) is a time- and resource-consuming process which might erase the majority of epigenetic modifications, and alter the DNA makeup of the cell lines to the degree that the responses might not properly mimic the cellular response found in unmodified cells (Fridman and Tainsky, 2008). In addition, immortalized cell lines exhibit significant karyotypic instability and disturbed DNA damage response (Toouli et al., 2002). Hence, these cells are more appropriate for addressing narrow focused questions in the context of the donor's genetic background (e.g. the brain-derived neurotrophic factor (BDNF)-induced serotonin receptor changes) (Mössner et al., 2000), but less practical for the investigation of the broad spectrum of cellular functions (e.g. transcriptome and proteome signatures).

## Olfactory epithelium

Olfactory epithelium-derived cell cultures are promising models in neuropsychiatric research (Borgmann-Winter et al., 2015). Biopsies or exfoliated tissue samples yield a mixture of multipotent stem cells, mature and developing neurons and glia (Huard et al., 1998). Consequently, ex vivo and in vitro experiments (reviewed by Borgmann-Winter et al., 2015) can be performed on cells which closely reflect the donor's neurobiology without compromising the self-renewal capacity. Unfortunately, these cell cultures remain quite diverse even after culturing (Huard et al., 1998), and represent a mixture of different cell types at various stages of differentiation, which can change based on culturing conditions (Féron et al., 2013), presented co-factors (Greiner et al., 2011), number of passages and site of the biopsy (Borgmann-Winter et al., 2015). During culturing some cells maintain proliferative capacity, others progress to replicative senescence, while the highly differentiated cells respond to odorants in the primary cultures (Gomez et al., 2008). Thus, these experiments require standardized methodology, careful identification of the examined cells via molecular phenotyping, and conservative interpretation of findings. In summary, olfactory epithelium cell cultures present a unique, very valuable experimental system, with drawbacks related to the complexity of biomaterial harvest and subsequent culturing challenges.

#### Induced pluripotent stem cells (iPSC)

In the last decade iPSCs emerged as an exciting, disease-relevant experimental model (Tang et al., 2015). iPSCs, re-programed from somatic cells can differentiate into virtually any adult cell type, resulting in an unlimited source of patient-specific biomaterial (Takahashi et al., 2007). The technology is rapidly developing, and several protocols exist for reprogramming and differentiation with varying efficacy and results

(Singh et al., 2015), Disease- and patient-specific iPSC lines have been created for several disorders, including Parkinson's disease (Park et al., 2008 and Soldner et al., 2011), amyotrophic lateral sclerosis (Dimos et al., 2008), spinal muscular atrophy (Ebert et al., 2009), Alzheimer's disease (Israel et al., 2012), Huntington's disease (Park et al., 2008), and SZ (Brennand et al., 2012). Still, it is worth noting that during reprogramming. unforeseen DNA mutations may occur and significant part of the epigenome becomes rearranged (Martins-Taylor and Xu, 2012). This (epi)genetic instability of iPSCs could result in great heterogeneity within cultures, often necessitating performing the experiments on multiple cell lines from the same individuals (Brennand et al., 2014). Additionally, creating and maintaining iPSCs is a laborintensive, and a time- and resource-consuming endeavor.

#### iNCs

Currently, neural cells can be derived from somatic cells via iPSC differentiation (Hu et al., 2010) or via lineage conversion (direct transdifferentiation) (Pang et al., 2011). The reprogramming and differentiation of iPSCs into neural progenitor cells (NPCs) and mature neurons is achieved by forced expression or exogenous addition of growth factors and small molecules (reviewed by Kim et al., 2014). The obtained cells are thought to undergo the neuronal developmental pathways observed in the brain, and can be easily cultured and stored (Hu et al., 2010; Song et al., 2013). Technical challenges associated with iPSC research (i.e. generation time and resource demands, (epi)genetic changes, population heterogeneity and oncogenesis) motivated the development of alternative iNC generation methods, i.e. cell lineage conversion (Pang et al., 2011). Remarkably, the expression of only two microRNAs or a single transcription factor might be sufficient to induce neural cell fate in human postmitotic somatic cells and produce functional neurons (Yoo et al., 2011: Chanda et al., 2014).

Both iPSC-derived and transdifferentiated iNCs form functional synapses and resemble the receptor expression and electrophysiologic profile of neurons in the brain (Belinsky et al., 2014; Chanda et al., 2014). Moreover, iNCs with different neurotransmitter- and region-specific identity can be generated, such as GABAergic cortical interneurons (Liu et al., 2013), glutamatergic pyramidal neurons, dopaminergic midbrain neurons, or spinal motor neurons (Zeng et al., 2010). However, the iNC models need comprehensive validation by genetic, electrophysiologic and pharmacologic approaches due to the following reasons: (1) de novo copy number variations (CNVs) are likely to happen through the somatic cell - iPSC - iNC transitions (Corrales et al., 2012); (2) the maturation of neurons requires 6-12 weeks. During this time window there are virtually thousands of gene expression changes (Fathi et al., 2011; Dage et al., 2014) and the extended culture period often results in heterogeneous, asynchronic cell populations consisting of progenitors, glial cells, mature and immature neurons (Belinsky et al., 2014). (3) iPSCs "reset" in their epigenetics, telomere processing and mitochondrial organization (Rohani et al., 2014) while

transdifferentiated neurons retain the donor's agerelated signature (Mertens et al., 2015).

#### **HDFs**

Notably, the HDF model excels in many of the important experimental considerations listed above: (1) they are relatively easy to obtain from ambulatory skin biopsies (Vangipuram et al., 2013, Wang et al., 2004), (2) their maintenance does not require significant equipment, chemical or human resources; (3) they can be easily propagated for long periods of time without genetic manipulation or external growth factors and stored in liquid nitrogen for years (Auburger et al., 2012;); and (4) HDF cultures consist of mitotic and post-mitotic, uniform fibroblast cells (Bayreuther et al., 1991) and retain genetic stability for 15–20 passages (Hänzelmann et al., 2015), making a single biopsy sufficient for hundreds of experiments. All these considerations make HDF cultures an appealing, cost-effective experimental model.

There are several drawbacks that should be considered when using the HDF experimental model. First, in vivo and in vitro cellular aging-related changes in HDFs must be considered, as several experiments examined the effects of donor's age on cell viability and senescence based on multiple parameters (e.g. life span, replicative life span, growth rate, replicative potential, proliferation rate). These publications reveal that mRNA, miRNA and protein levels (Waldera-Lupa et al., 2014), DNA methylation (Koch et al., 2011), intracellular calcium levels, mitochondrial function and cell size (Peterson and Goldman, 1986) are all influenced by the age of the HDF donor. These findings necessitate careful case-control age matching and/or use of senescence markers. Furthermore, to avoid consequences of in vitro cellular aging, matching of HDF passage is equally important, as multiple studies reveal that the mitotic rate (Maier et al., 2007), telomere length, DNA methylation (Hänzelmann et al., 2015), proteome and protein phosphorylation (Sprenger et al., 2010) change after the 15th passage in HDF cultures and the cells enter replicative senescence between passage 21 and 40 (Hänzelmann et al., 2015). Additionally, it is also noteworthy that using early HDF passages might be also less than ideal: during the first 3 divisions HDF cultures are not yet homogeneous (Auburger et al., 2012) and are undergoing adaptation to the culturing conditions that result in both transcriptome and epigenome remodeling (Antequera et al., 1990; Nestor et al., 2015). Similarly, Akin et al. (2004) suggest that patients' dietary, hormonal and medication effects disappear after the 5th HDF passage. Other, consistent reports suggest that body mass index (BMI), smoking and medication use of the biopsy donor do not influence the metabolome of HDF cultures past several passages (Fournier et al., 2014). Therefore, it appears that case-control HDF experiments produce the most consistent and reproducible findings when performed on HDFs between passages 5 and 15.

In addition, HDFs are as variable as the human beings they originate from. HDF signal transduction (Gaspar et al., 2014), mitochondrial function, circadian period length (Brown et al., 2005) and cell size (Huang et al., 2005)

**Table 2.** The advantages and limitations of human dermal fibroblast (HDF) cultures as *in vitro* model of psychiatric disorders (based on Auburger et al. (2012) and Connolly (1998))

#### Advantages

- easy to obtain, transport, culture and store
- high sample volume
- feasibility of well-matched case-control and within subject control studies
- trophic factors or genetic modification are not necessary to maintain the cell line
- primary cell cultures with functional and genetic homogeneity (better signal/noise ratio)
- enables personalized/precision medicine studies and allows testing personalized drug treatment response
- express many of the same receptors and signaling pathways as neurons
- synthetize and respond to multiple auto-, para- and endocrine factors
- model amenable to stimulation and genetic manipulation
- lose epigenetic modifications and in vivo effects after 5 passages
- show natural in vivo and in vitro aging
- can be used for generation of iPSCs and iNCs

#### Limitations

- cultures are a mixture of keratinocytes/fibroblasts in early passages (before P5) and proliferating/postmitotic cells in late passages (after P20)
- proliferation rate, confluent growing and cell senescent might bias inter- and intragroup variability
- susceptible to environmental influences
- cultured cells grow on artificial surfaces
- lack the variety of physiological, in vivo signals
- the age of the donor might affect cell viability
- HDFs differ from neurons in multiple relevant features, including synapse formation, division, ion channel expression, excitability, neurotransmitter release and glial interaction

iPSC: induced pluripotent stem cell; iNC: neural cell induced from iPSC or directly from postmitotic somatic cell.

all show individual variability, necessitating careful consideration of experimental and control group size. However, as much as this individual variability represents an experimental challenge in case-control studies, it also allows assessment of individual, patient-specific responses, opening the door to future personalized/precision medicine approaches.

Lastly and obviously, HDF cells are not brain cells, and being aware of the differences between HDFs and neurons is essential when considering the usefulness of the HDF model for a specific experimental purpose: (1) HDFs are much more robust and stress-resilient (Auburger et al., 2012); (2) Unlike post-mitotic neurons, HDFs can proliferate or enter into a reversible quiescent state and then spontaneously regain proliferating capacity (Lemons et al., 2010). (3) HDFs are self-sufficient, while neurons live in a symbiotic relationship with glial cells (Lundgaard et al., 2014); (4) neuronal energy homeostasis relies almost exclusively on lactate oxidation (Lundgaard et al., 2014) while HDFs utilize a much broader range of substrates for metabolic activity (Lemons et al., 2010). (5) There is an undeniable divergence in functional specializations between HDFs and neurons. Neurons are built to be excitable and rapidly convey cell-to-cell signals, while HDFs are primarily stromal cells with a prominent role in immune response and regeneration (Glaros et al., 2009). The advantages and drawbacks of the HDF model are summarized in Table 2.

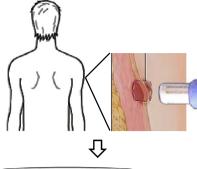
# UTILITY OF FIBROBLASTS IN PSYCHIATRIC RESEARCH

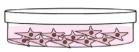
In summary, the selection of the right in vitro experimental system should always depend on both the characteristic

features of the model and the experimental questions asked. In the absence of human neural tissue, HDFs are useful for examining genetically encoded and conserved cellular functions and molecular pathways (e.g. cycle, apoptosis, secretory and intracellular signaling). HDF cultures are easily obtained using minimally invasive skin biopsies; primary cell lines can be established within 24 h and maintained for more than 20 passages without genetic or chemical manipulation (Akin et al., 2004). Hence, the investigator can perform controlled, reproducible, 'personalized' experiments without a need to alter the individual patient's genetic background. Such a functional model can be used to perform both state and trait experiments, focusing either on the endophenotype at rest, and/or assess resilience or maladaptation to various challenges (and compare the response to that seen in HDF samples obtained from matched controls) (Fig. 1).

Fibroblasts have been traditionally used to study neurodegenerative disorders to investigate mitochondrial dysfunction (Moreira et al., 2007), calcium dynamics (Palotás et al., 2002), membrane composition (Evangelisti et al., 2014), autophagy and lysosomal activation (Coffey et al., 2014), redox homeostasis (Naderi et al., 2006), and amyloid precursor protein or hyperphosphorylated tau- (Shahpasand et al., 2012) related cell damage. In psychiatric research, the late 1980s were the golden age of HDF culture experiments, followed by an extended period of decline in the utilization of this model. This trend is recently changing: in the last 5 years HDFs have been rediscovered as useful patient-derived models for studying CNS dysfunction (Fig. 2).

To better understand this trend and to define the areas where HDFs can contribute most to understanding brain disorders, we performed a critical review of the





#### "OMICS" STUDIES

- epigenome
- transcriptome
- proteome
- metabolome

## **DRUG RESPONSE STUDIES**

- · case-control studies
- personalized medicine (individual response)

# **FUNCTIONAL STUDIES**

- viability
- aging
- · stress response
- interactome
- · gene regulation
- · signal transduction
- metabolism
- G\*E interaction
- ECM studies
- · iPSC, iNC generation

**Fig. 1.** Utility of human dermal fibroblasts in neuropsychiatric research (iPSC – induced pluripotent stem cell; iNC – induced neural cell; ECM – extracellular matrix; G\*E – gene \* environment interaction).

published HDF literature to date. We searched the PubMed database for publications from 1966 until October 2015 using the following keywords: "fibroblast AND SZ" (221 items), "fibroblast AND major depression (MD)" (110 items), "fibroblast AND bipolar disorder (BD)" (81 items), "fibroblast AND autism" (123 items), "fibroblast AND attention deficit" (27 items), "fibroblast AND alcohol dependency" (66 items). Case reports and animal studies were excluded. We also excluded articles when the abstracts did not contain information on study

subjects, measured parameters and main findings. It is noteworthy that by design we limited our search to psychiatric disorders and the HDF model – due to the extent of the literature, our review cannot encompass other models and diagnoses (Table 3).

# UNDERSTANDING PATHOPHYSIOLOGICAL PROCESSES USING HDFS

#### Signaling pathway studies

Understanding neurotransmitter systems enabled the development of symptom-alleviating drugs in psychiatry, yet it did not elucidate the full pathophysiology of these disorders. This resulted in a shift from studies of neurotransmitter levels to studies of intracellular dysregulations underlying the neurochemical and pathological changes. These studies were quite fruitful and suggest that signal transduction disturbances can lead to altered states of neuronal function and predispose to cognitive and affective disorders (Dwivedi et al., 2002; Akin et al., 2005; Zhan et al., 2011).

The cell-type-specific response to stimuli depends on a cascade of intracellular events, and encompasses receptor and effector expression, the presence of co-regulatory factors, epigenetic modifications and final effectors (most commonly a transcription factor). However, it should be noted that second messenger systems and intracellular signal transduction cascades are highly conserved among many different cell types. Importantly, Rieske et al. (2005) proved that HDF expressed transcription factors, signaling molecules and receptors that are highly similar to cells of neuro-ectodermal origin (Rieske et al., 2005).

The work of Shelton et al. is a good example of taking advantage of the cellular/ molecular similarity between HDFs and neuronal cells. Studying signal transduction following adrenoreceptor stimulation in HDFs revealed that cAMP-response element-binding protein (CREB) can be activated both through the cAMP/protein kinase-A (PKA) and phospholipase-C/protein kinase C (PLC/PKC) pathways (Manier et al., 2001). Furthermore, HDFs

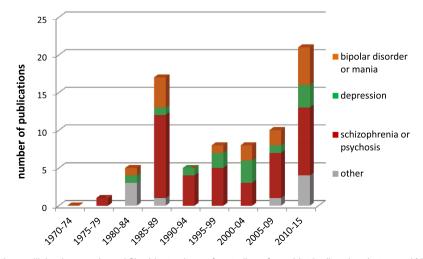


Fig. 2. Number of publications utilizing human dermal fibroblast cultures for studies of psychiatric disorders between 1970 and October 2015. Note the increased number of publications within the last five years.

Table 3. Human dermal fibroblast studies in psychiatric disorders

Research focus	Psychiatric disorder	Finding	References
Receptor profile and signaling path	way		
Muscarinic cholinergic receptors	Affective	Increased density of binding sites in patients and	Nadi et al. (1984)
	disorders	their affected or healthy relatives	
	ADHD	Decreased B <sub>max</sub>	Johansson et al. (2013a,b)
Serotonin 2A receptor	MD	Decreased receptor coupled phosphoinositide	Akin et al. (2004)
·		response in melancholic MDD	
β2 receptor signaling	BD	NSD in receptor coupled cAMP synthesis	Berrettini et al. (1987)
	MD	Decreased cAMP induced PKA activity	Shelton et al. (1996)
cAMP/PKA signaling	MD	Decreased basal and cAMP-stimulated PKA	Shelton et al. (1999)
, , , , , , , , , , , , , , , , , , , ,		activity, especially in melancholic subgroup	( )
	MD	Reduction in the $B_{\text{max}}$ of cAMP binding to PKA	Manier et al. (2000)
	MD	Reduced PKC dependent CREB phosphorylation;	Akin et al. (2005)
		decreased PKA activity correlated with Hamilton-D	(2000)
		score	
	BD	Increased cAMP induced CREB response	Gaspar et al. (2014)
Glucocorticoid receptor	MD	NSD in glucocorticoid binding	Wassef et al. (1992)
Gideocorticola receptor	IVID	NSD in glacocorticola binding	Wasser et al. (1992)
Enzyme activity			
Transketolase	AUD and their	Increased $K_{m}$	Mukherjee et al. (1987)
	offspring		
Kynurenine pathway	SZ, BD	Increased KYNA and 3-HK production;	Johansson et al. (2013a,b)
	•	increased 3-HK/KYNA ratio after cytokine;	
		NSD in enzyme levels	
Monoamine oxidase-A, -B and	SZ	NSD	Groshong et al. (1978),
catechol-O-methyl transferase	-		Ramchand et al. (1995)
activity	BD	NSD	Breakefield et al. (1980)
	ASD	NSD	Giller et al. (1980)
	Tourette	NOD	Cinci ci di. (1900)
	syndrome		
	AUD	NSD	Giller et al. (1984)
	AOD	NSD	Giller et al. (1904)
Metabolism			
Carbohydrate metabolism	SZ	Increased glucose oxidation	Ramchand et al. (1995)
	episodic	NSD in one-carbon metabolism enzymes	Bruinvels et al. (1988)
	schizoaffective		
	disorder		
	episodic	NSD in serine-folate metabolism enzyme set	Fekkes and Bruinvels (1986
	psychotic	•	•
	patients		
Cell membrane phospholipid	SZ	Lower phospholipids, phosphatidylserine,	Mahadik et al. (1994a)
composition		phosphatidylinositol, phosphatidylethanolamine,	
Composition		cholesterol fraction	
	S7	Increase in polyamines	Ramchand et al. (1994)
	SZ	Decreased total n-3 fatty acid;	Mahadik et al. (1996a)
	<i>52</i>	NSD in arachidonic acid	manadik et al. (1990a)
	SZ DD		Paniokar et al. (2002)
	SZ, BD	Decreased eicosapentaenoic acid (EPA) and	Ranjekar et al. (2003)
		docosahexaenoic acid (DHA);	
	BD.	NSD in arachidonic acid	Mohadik et al. (4000-)
Herman Arman C. L.C. W. C. C.	BD	NSD in total n-3 fatty acids and arachidonic acid	Mahadik et al. (1996a)
Utilization of essential fatty acids	SZ	NSD	Mahadik et al. (1996b)
Mitochondria			
Mitochondrial morphology and	BD	Altered mitochondrial morphology and distribution;	Cataldo et al. (2010)
distribution		abnormal cytochrome C distribution;	V 1 -7
		NSD in cytochrome C level and ATP production	
		.,	
Membrane transport			
Tyrosine	SZ	Decreased $V_{\text{max}}$ ;	Hagenfeldt et al. (1987),
		NSD in $K_{\rm m}$	Bongiovanni et al. (2013)
	SZ	Decreased $V_{\text{max}}$ and $K_{\text{m}}$	Ramchand et al. (1996),
			Elvold at al. (2001)
			Flyckt et al. (2001)
	SZ	Decreased transport due to the L-system	Olsson et al. (2006)
	SZ BD	Decreased transport due to the L-system Decreased $V_{\text{max}}$ ;	

Table 3 (continued)

Research focus	Psychiatric disorder	Finding	References
	ADHD	NSD	Johansson et al. (2011a,b)
	ASD	Increased K <sub>m</sub>	Fernell et al. (2007)
Tryptophan	ADHD	Decreased $V_{\text{max}}$ and $K_{\text{m}}$	Johansson et al. (2011a,b)
Пурюрнан	BD	NSC	Persson et al. (2009)
Carina falata			,
Serine, folate	psychotic patients	NSD in $V_{\sf max}$ and $K_{\sf m}$	Fekkes and Bruinvels (1986
Alanine	ADHD	Increased $V_{\sf max}$	Johansson et al. (2011a,b)
	AD	Increased $V_{\text{max}}$	Fernell et al. (2007)
Lithium	BD, SZ	NSD	Hitzemann et al. (1988), Breslow et al. (1985)
Cell growth, proliferation and apoptos			
Apoptotic susceptibility	SZ	Increased apoptotic susceptibility;	Gassó et al. (2014)
		higher caspase-3 activity;	
		decreased BCL2	
	SZ	Increased apoptotic susceptibility;	Batalla et al. (2015)
		in vitro apoptotic markers correlate with volumetric	
		and metabolic brain measures	
	SZ	More sub-G0 cells;	Catts et al. (2006)
	02	attenuated caspase-3 response	Odito Ct di. (2000)
	BD		Cataldo et al. (2010)
0-11-4-1-11-1-1-1-1-1-1-1-1-1-1-1-1-1-1-		NSD in apoptotic rate	
Cell viability, proliferation and growth	SZ	NSD	Cohen et al. (1987), Gassó
			et al. (2014)
	SZ	Reduced growth rate	Mahadik et al. (1991)
	SZ	Cell-cycle associated transcriptome and proteome	Wang et al. (2010)
		changes;	
		decreased proliferation rate	
	SZ	Decreased adhesiveness and fibronectin synthesis	Mahadik et al. (1994b)
Cytoskeleton	BD	NSD in actin or tubulin cytoskeleton	Cataldo et al. (2010)
•		•	, ,
Stress resilience and adaptation	0.7	liditt	Outside at all (0007, 0000)
Sensitivity to oxidative stress	SZ	Impaired capacity to synthesize GSH	Gysin et al. (2007, 2009),
			Tosic et al. (2006)
	SZ	9 protein is affected by the impaired antioxidative	Gysin et al. (2009)
		protection in genetically predisposed SCZ patients	
	SZ	NSD in SOD activity	Cohen et al. (1986)
	MD	Increased GS reductase;	Gibson et al. (2012)
		decreased antioxidant reserve capacity;	
		NSD in GSH	
	SZ	Decreased SOD, CAT and GSH peroxidase;	Ranjekar et al. (2003)
		NSD in membrane lipid peroxidation	
	BD	Decreased SOD, CAT;	Ranjekar et al. (2003)
		NSD in GP	. tanjonar ot al. (2000)
Matabalia atrasa raspansa	MD	26–33% of the mRNA and	Corbett et al. 2015a
Metabolic stress response	MD		Garbett et al., 2015a
		81–90% of the microRNA stress response were	
		MDD specific	
Metabolome after oxidative stress	Acute psychosis	Extracellular matrix, arginine metabolism, plasma membrane alterations;	Fournier et al. (2014)
0 ''' '' / BNA / '	SZ, MD, BD	deficit of lysolipid response NSD	Cohen et al. (1989)
Sensitivity to DNA-damaging agents			,
Transcriptome	0.7	404 116 (1.11)	NA (1 1 (0000)
	SZ	434 differentially expressed transcripts, NSD after	Matigian et al. (2008)
Transcriptome		multiple comparison test	
Transcriptome	SZ	multiple comparison test 6 genes upregulated	Cattane et al. (2015)
Transcriptome		multiple comparison test	
Transcriptome	SZ	multiple comparison test 6 genes upregulated	Cattane et al. (2015)
Transcriptome	SZ	multiple comparison test 6 genes upregulated 139 genes affected	Cattane et al. (2015)
Transcriptome	SZ	multiple comparison test 6 genes upregulated 139 genes affected (114 downregulated);	Cattane et al. (2015)

Table 3 (continued)

Research focus	Psychiatric disorder	Finding	References
Circadian rhythm			
Period length	BD	NSD in period length and clock gene expression rhythmicity	Yang et al. (2009)
	BD	NSD	Bamne et al. (2013)
	BD	Longer period length; NSD in amplitude	McCarthy et al. (2013a)
		genotype-determined lithium response	
	AUD	Period correlates inversely with symptom severity; NSD in contrast with CNT	McCarthy et al. (2013b)
Lithium-response	BD	Calcium channel genes modulate the effect of lithium on the circadian rhythm	McCarthy et al. (2015)

Abbreviations used: 3-hydroxy-kynurenine (3-HK), attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD), alcohol use disorder (AUD), maximal binding capacity ( $B_{max}$ ), bipolar disorder (BD), cyclic adenosyl monophosphate (cAMP), catalase (CAT), glutathione peroxidase (GP), control, healthy subjects (CNT), glutathione (GSH), substrate affinity ( $K_m$ ), kynurenic acid (KYNA), major depressive disorder (MD), no significant difference (NSD), protein kinase A (PKA), schizophrenia (SZ), superoxide dismutase (SOD), maximal transport velocity ( $V_{max}$ ).

from melancholic MD patients had decreased PKA and PKC activity and reduced serotonin 2A receptor-specific PLC response, confirming previous *post mortem* and platelet findings in MD patients (Shelton et al., 1999; Akin et al., 2004, 2005).

This PKA/PKC-deficit of CREB activation in MD deserves more attention, considering that CREB plays an essential role in activity-driven functional and structural neural changes (Benito and Barco, 2015) and that monoamines, stress hormones and antidepressants affect the CREB/BDNF pro-survival pathway (for a comprehensive review see Dwivedi and Pandey, 2008). Notably, some CREB-mediated cellular functions are neuron-specific, but others – like the circadian rhythm regulation – are also present in peripheral cells (McCarthy et al., 2013a; Druzd et al., 2014; Gaspar et al., 2014).

# Circadian rhythm studies

Disruption of the circadian rhythm is a well-known pathogenic factor for psychiatric disorders such as MD, BD and SZ (Jagannath et al., 2013). During the last decade HDFs have been established as a valid model for studying molecular oscillators, as: (1) cultured HDFs have cell-autonomous circadian rhythm (average length of 24.5 h) that depends on the same clock genes found in the pacemaker cells of the suprachiasmatic nuclei (Nagoshi et al., 2004); (2) the circadian rhythm in HDFs is stable, and donor-specific differences are preserved even after multiple cell divisions (Brown et al., 2005; Pagani et al., 2010); and (3) the HDF cellular clock can be re-synchronized with a serum shock (50% serum treatment) (Yagita et al., 2001).

In more recent experiments, Gaspar et al. examined the differences in the cAMP/CREB pathway in fibroblast cultures from BD patients and healthy subjects (Gaspar et al., 2014). They found that the cAMP-induced CREB response was inversely correlated with light-stimulated melatonin changes in the donors, and concluded that light-induced melatonin suppression and resetting of the circadian rhythm (Lonze and Ginty, 2002) is present in HDFs. Importantly, BD cells showed approximately

3.3-fold higher CREB induction that control cells, suggesting an increased sensitivity to phase-resetting in BD patients (Gaspar et al., 2014).

Similarly, McCarthy et al. (2013a) found a longer circadian period length in HDF cultures from BD patients. Furthermore, lithium treatment augmented the resynchronization of the circadian clock, with BD responding more prominently to drug-induced resynchronization than the matched control HDFs. Additionally, it was determined that genotype can predict the lithium-induced rhythm changes: increased period length in HDFs was associated with SNPs in the *RORA* and *PER3* genes in a diagnosis-independent fashion. Importantly, SNPs in both of these genes have been previously identified as potential BD, anti-depressant response and post-traumatic stress disorder-associated alleles (Benedetti et al., 2008; Smith et al., 2009; Garriock et al., 2010; Logue et al., 2013).

These experiments suggest that HDFs can be used in studies bridging genetics and disease-associated endophenotypes (i.e. the inherited sensitivity to light-induced circadian rhythm disruption) (Saini et al., 2015). Furthermore, such assays could sub-stratify affective patients based on circadian rhythm status, and thus open the door for basic and clinical studies that specifically target subgroups of patients.

#### Studies of stress and adaptation

Stressful life events contribute to the development of psychiatric disorders (Walker et al., 2008; Musliner et al., 2015). Maladaptive stress response can lead to systemic immune, hormonal and metabolic dysregulation in the body and affective, behavioral and cognitive disturbances in the brain. According to the stress—diathesis or G\*E model of MD, the hereditary risk factors will manifest in clinical symptoms when the environmental challenges exceed the individual's adaptation potential (Santarelli et al., 2014).

In our recent studies, we used HDF cultures from MD patients and matched controls to determine the genetically encoded stress vulnerability to metabolic

stimuli (Kálmán et al., 2014; Garbett et al., 2015a,b). mRNA and microRNA profiling analyses after metabolic stress exposure revealed profound transcriptional differences between the MD and control HDFs: the mRNA signature of MD patients consisted of cell cycle, apoptosis and immune function-related gene sets. Furthermore, the metabolic stressors affected MD HDFs differently than controls, as 81–90% of the microRNA changes were detected only in the MD biomaterial. These findings also suggest that different metabolic stressors lead to different transcriptome changes, thus culturing conditions and stressors for HDFs have to be selected carefully in order to appropriately study the pathophysiology of interest (Kálmán et al., 2014; Garbett et al., 2015a,b).

#### Redox state studies

Oxidative stress-related disturbances in SZ, BD and MD are an integral part of these diseases, yet our understanding of the underlying pathophysiology is quite limited (Bajpai et al., 2014; Reyazuddin et al., 2014). As free radicals are found in very low concentrations in human biomaterials and have short half-life (Revazuddin et al., 2014), the majority of past experiments relied on indirect measures of oxidative stress such as DNA damage, lipid peroxidation, levels of antioxidants and enzyme sets in the blood or the brain tissue (Reyazuddin et al., 2014). Reliable, direct and meaningful measurements of oxidative stress markers are challenging even in freshly prepared plasma due to large differences between intraand extracellular concentrations and rapid molecular transformations (e.g. rapid oxidation, disulfide exchange and redistribution) (Gysin et al., 2011). Thus, functional peripheral assays in HDFs are better suited to assess both the oxidative status and the anti-oxidative reserve capacities of the cells.

A good example of this is the research performed by Do et al. who studied the redox homeostasis in SZ patients by combining neuroimaging, blood and cerebrospinal fluid assessment, genetic testing and HDF functional assays (Do et al., 2000; Tosic et al., 2006; Gysin et al., 2007). Their study, using patient HDFs expanded on previously reported findings that (1) glutamate-cysteine ligase (GCL) is the rate-limiting enzyme of reduced glutathione (GSH) synthesis, which is one of the main antioxidant mechanism across various tissues (Meister, 1995), (2) genetic variants of the GCLMsubunit appear to be associated with greater risk to SZ (Tosic et al., 2006), and (3) in vivo and postmortem studies reported decreased GSH levels in the SZ brain (Do et al., 2000; Yao et al., 2006). The redox homeostasis of SZ HDFs (measured by GSH and GCL levels) was suboptimal even under standard culturing conditions and, when exposed to oxidative stress, HDFs from SZ patients were unable to appropriately adapt and increase GCL activity in response to the environmental challenges (Gysin et al., 2007). Notably, this antioxidant deficit had widespread consequences under stress (Gysin et al., 2009; Fournier et al., 2014) and could also be observed in the blood of patients carrying a high-risk GCL genotype who also had plasma thiol alterations (Gysin et al., 2011).

#### Age-related studies

The combined data argue that oxidative stress and inflammation, elevated stress hormones, subsequent insulin resistance, dyslipidemia, premature telomere shortening, mitochondrial dysfunction and multiple other factors contribute to enhanced systemic and brain aging (Wolkowitz et al., 2010; Liu, 2014). At a cellular level, aging is associated with a loss of division potential (replicative senescence) and increased apoptotic rate. Unlike immortal and genetically modified cell line systems the dividing HDFs show natural aging and reflect the biological age of donors, providing a platform to study the effects of genetic and environmental factors on cellular senescence (Tigges et al., 2014).

Although the term 'dementia praecox' is no longer in use (McGlashan, 2011), there are indications that SZ is at least partially a systemic disorder accompanied by accelerated molecular aging (Shivakumar et al., 2014). During the course of the illness, the premature onset of age-related pathophysiological changes mentioned above appear to affect both the brain and the peripheral tissues (reviewed in Kirkpatrick et al., 2008; Shivakumar et al., 2014). Previous results demonstrated accelerated aging-related processes in HDF cultures from SZ patients, which encompassed reduced growth and proliferation rate (Wang et al., 2010), decreased adhesiveness (Mahadik et al., 1994b), relative predominance of sub-G0 cells (Catts et al., 2006), increased apoptotic susceptibility, elevated pro-apoptotic caspase-3 reactivity and lower anti-apoptotic Bcl-2 expression (Gassó et al., 2014). These combined findings indicate that the observed molecular similarities between SZ and aging could and should be investigated in HDF cultures, as they may be an important part of the disease pathophysiology (Batalla et al., 2015).

#### **Data-driven studies**

Psychiatric disorders arise as an interplay between the individual's genetic makeup and environmental influences. "Hypothesis-generating" or "data-driven" approaches allow new, unanticipated discoveries, potentially revealing the consequences of known and unknown genetic factors and identifying the most affected pathways and cellular functions.

One example of HDFs used for this purpose is the study by Garbett at al., which provided a detailed description of the transcriptome alterations in HDFs from patients with MD (Garbett et al., 2015a,b). Molecular pathway analysis both on mRNA and microRNA levels revealed that apoptosis, cell–cell communication, adhesion and immune function-related transcripts were significantly altered in the MD samples. These results were consistent with the previous postmortem and *in vivo* findings (Shelton et al., 2011; Hung et al., 2014), and provided further validation of transcriptome similarities between the brain and peripheral tissue of patients with MD.

The utility of HDFs in data-driven discovery efforts is not solely limited to studies of pathophysiological mechanisms in MD. In a recent analysis, Cattane et al. (2015) performed

transcriptome profiling of HDFs from SZ patients and controls using DNA microarrays and RT-qPCR. The study identified six differentially expressed genes (*Egr1*, *Fos*, *Fosb*, *Hist2h2be*, *Jun* and *Tcf4*), five of which have been previously implicated in the pathophysiology of SZ in postmortem brain, peripheral blood and genetic studies (Kyosseva, 2004; Kurian et al., 2011; Forrest et al., 2014). It is also notable that this study found that EGR1 levels were correlated in the peripheral blood cells and HDFs from the same donors.

#### Studies of pharmacological agents

To date, the majority of studies of psychotropic drugs effects utilized control, immortalized or non-human fibroblasts (e.g. De Filippi et al., 2007; Lauth et al., 2010; Sugden et al., 2010). However, patient HDFs deserve a much greater consideration as models for testing pharmacological agents and responses: (1) In the context of precision/personalized medicine, patientderived HDF lines could be successfully used to predict treatment response to lithium in BP patients (McCarthy et al., 2013a). (2) Self-sustaining HDF cell lines provide a virtually unlimited source of experimental material, enabling high-throughput screening assays for identification of novel therapeutic compounds (Bae et al., 2015; Kubben et al., 2015). (3) This in vitro model system is also useful for identifying unwanted side effects and toxicity of known psychotropic drugs, such as antidepressantcaused cellular damage (Cordero et al., 2009), lithium and valproic acid-caused circadian clock alterations (Johansson et al., 2011a), or antipsychotic agentmodulated aminoacid transport (Bongiovanni et al., 2013).

#### SIMILARITIES BETWEEN HDF AND CNS CELLS

Neurons and glia are both affected in psychiatric disorders and both can be considered valid therapeutic targets (Eroglu and Barres, 2010; Sanacora and Banasr, 2013). Interestingly, glia and HDF show striking similarities in several aspects.

(1) Glia generate ECM consisting of hyaluronic acids, glycoproteins and proteoglycans (Faissner et al., 2010). Although ECM is tissue specific, the main components and the cell-matrix dynamics show high similarity throughout various tissues (Naba et al., 2015). The roles of ECM are many: ECM determines structural plasticity and adaptation, modulates inter- and intracellular signaling, ion levels and transmits survival or death/survival signals (Gundelfinger et al., 2010). Postmortem, neuroimaging and genetic studies of SZ, MD and BD all suggest neurodevelopmental disturbances, which might be highly dependent on the extracellular environment (Berretta et al., 2015; Gong and He, 2015; Gurung and Prata, 2015). It has been also suggested that both the composition and the turnover of ECM are likely contributors to the development and progression of psychiatric disorders (Lubbers et al., 2014). For example, the reelin/

- Dab1 molecular pathway, which is triggered in the ECM, is implicated in corticogenesis and the neurobiology of SZ and BD (Ovadia and Shifman, 2011; lafrati et al., 2014). Clearly, HDFs can provide valuable information about reelin-induced signal transduction (Leeb et al., 2014), and the similar ECM-generating potential of HDFs and glia might allow mechanistic ECM studies on HDF systems that might provide important disease insights.
- (2) Glia provide antioxidant defense in the CNS and closely cooperate with neurons for GSH synthesis (Bélanger et al., 2011). Postmortem and peripheral biomarker studies reveal a diminished ability to maintain redox homeostasis in psychiatric disorders (Bajpai et al., 2014; Reyazuddin et al., 2014). In addition, HDF cultures obtained from SZ and MD patients show impaired GSH regeneration (Cohen et al., 1986; Ranjekar et al., 2003; Tosic et al., 2006; Gysin et al., 2007, 2009; Gibson et al., 2012). Therefore, the decreased oxidative resilience in HDFs is potentially mimicking a dysfunction that occurs in glial cells in the brains of patients with SZ and MD.
- (3) Neurons have a narrow metabolic spectrum and rely on glia in almost every metabolic process (Brown et al., 2014; Lundgaard et al., 2014). Energy storage and supply and lipid homeostasis of the brain (fatty acid oxidation, cholesterol biosynthesis and trafficking) are primarily driven by astrocytes (Dietschy and Turley, 2004; Bélanger et al., 2011). Recent study of HDF from patients with MD revealed a disease-specific response to lipid deprivation (Garbett et al., 2015b), suggesting that this molecular endophenotype might be related to glial cell deficits in subjects with MD.
- (4) In addition to microglia, astrocytes also actively participate in the inflammatory and immune response, and they contribute to these processes by secretion of many auto- and paracrine factors (reviewed by Lee and MacLean, 2015). Prolonged neuroinflammation with glial involvement is a key step in the progression of multiple psychiatric diseases (Leonard, 2007; Müller et al., 2012). Consequently, altered expression of immune and cell-cell communication molecular pathways in HDFs from subjects with MD and SZ (Cattane et al., 2015; Garbett et al., 2015b), as well as BD-specific changes in the basal and cytokine-induced tryptophan-kynurenine metabolism (Johansson et al., 2013; Brown et al., 2014) may reflect disrupted glial inflammatory functions in the brains of diseased individuals.
- (5) Growth factors coordinate cell proliferation, migration, survival and apoptosis, synapse formation and axonal guidance (Terwisscha et al., 2013). Additionally, two recent meta-analyses showed that serum BDNF is decreased in first episodic psychotic patients (Toll and Mané, 2015) and serum NGF (nerve growth factor) is lowered in MD patients (Chen et al., 2015). Importantly, recent HDF studies by Palazzo et al. (2012) revealed that HDF express BDNF, NGF, neurotrophin-3 (NTF3) and NTF4 and

their respective receptors. Thus, HDF experiments might allow testing for how genetic variants of growth factors contribute to acquired vulnerability to psychiatric disorders.

## **CONCLUSIONS**

The expanding literature during the last several decades suggests that the patient-derived HDF model is a valuable platform for developing novel molecular biology methods and represents a useful cellular system for studying the molecular basis of psychiatric disorders. The value of HDFs is based on ease of acquiring/ establishing of the cell lines from patients, sharing molecular similarities with cells from the CNS, and the ability to be propagated without additional genetic manipulations. HDFs also facilitate our understanding of brain disorders by allowing us to examine similarities between the in vitro observations and pathophysiology of the CNS, and by providing the arena for investigating G\*E interactions, signal transduction and metabolic dysfunctions. Additionally, the HDF model can be instrumental in identifying brain disease biomarkers and thus emphasize the organic aspects of neuropsychiatric disorders. Due to these characteristics, in the near future HDFs might provide seminal contribution to pharmacogenetics and individual therapeutic strategies used in precision/personalized medicine.

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# Review Article

# A Dishful of a Troubled Mind: Induced Pluripotent Stem Cells in Psychiatric Research

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Neuronal differentiation of induced pluripotent stem cells and direct reprogramming represent powerful methods for modeling the development of neurons *in vitro*. Moreover, this approach is also a means for comparing various cellular phenotypes between cell lines originating from healthy and diseased individuals or isogenic cell lines engineered to differ at only one or a few genomic loci. Despite methodological constraints and initial skepticism regarding this approach, the field is expanding at a fast pace. The improvements include the development of new differentiation protocols resulting in selected neuronal populations (e.g., dopaminergic, GABAergic, hippocampal, and cortical), the widespread use of genome editing methods, and single-cell techniques. A major challenge awaiting *in vitro* disease modeling is the integration of clinical data in the models, by selection of well characterized clinical populations. Ideally, these models will also demonstrate how different diagnostic categories share overlapping molecular disease mechanisms, but also have unique characteristics. In this review we evaluate studies with regard to the described developments, to demonstrate how differentiation of induced pluripotent stem cells and direct reprogramming can contribute to psychiatry.

## 1. Challenges in Psychiatric Research

Schizophrenia (SCZ) and bipolar disorder (BPD) present with overlapping clinical symptomatology and share many environmental and genetic risk factors (for a review see [1]). Additionally, extended literature argues on the neurodevelopmental origin and neuroprogressive course of both syndromes. Although psychotic disorders and BPD are not the most frequent psychiatric conditions, they affected 8 million people in Europe and costed €125 billion for the society in 2010 according to the report of the European Brain Council [2].

As mental disorders are exclusively human conditions, investigating and modeling these conditions raise several problems and necessitate compromises. Animal models, based on rare mutations of large effects, provide valuable information on the cellular biology and behavioral endophenotypes of psychiatric disorders but obviously have their

limitations and validation difficulties. Indeed, 92% of drugs that passed preclinical studies fail in the clinical phase due to lack of efficacy or safety reasons [3].

In vivo brain sampling in psychiatric patients or control, healthy subjects is ethically and technically problematic. Postmortem tissue samples are widely used for assessment of architectural and molecular alterations in brain disorders, but the results must be evaluated circumspectly regarding the variability in the sampled brain area, the pre- and postmortem circumstances and the consequent degradation of RNAs and proteins. In order to countervail these technical issues, brain banks provide great sample sizes, standardized methodology, and detailed clinical information; however, these samples are not appropriate for functional assays or diagnostic purposes and the observed changes might be evoked by comorbidities or environmental factors over the course of the disease.

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The heritability of SCZ, BPD, and autism spectrum disorders (ASD) is above 80% [4-6], but neither candidate gene nor genome-wide association (GWA) studies can fully explain this magnitude. These hidden genetics substantiated the theory of rare mutations with large effects versus common alleles with low penetrance [7]. Accordingly, in most of the cases psychiatric diseases are multifactorial and thus derive from the constellation of (otherwise harmless) common susceptibility alleles and environmental factors. Cases caused by single mutations occur very rarely and remain undetected in large-scale studies. Additionally, recent studies suggested that de novo mutations may have a great impact on the individual susceptibility [8, 9]. In vitro cell culture models represent a system-oriented view, in which mental disorders are the manifestations of the donor's individual genetics, and along this line they enable performing functional assays to map gene  $\times$  environment (G  $\times$  E) and gene  $\times$  gene (G  $\times$  G) interactions.

# 2. Manufacturing Neurons: Made in Dish

Since detailed description of the iPSC/iNC induction and differentiation would extend the limitations of this paper and several publications have been already written on this rapidly developing field, here we will only briefly summarize the main technical issues (Figure 1). For further information and comparison of different protocols see [92–94].

Currently, there are three methods to generate human neural cells *in vitro*: iPSCs can be differentiated into neuronal progenitor cells (NPCs) and somatic cells can be transdifferentiated into neural stem cells or directly into neurons. Interestingly, transdifferentiation experiments have not yet been performed in the context of psychiatric disorders, even though four transcription factors or two microRNAs are enough to convert human fibroblasts into functional neurons within three weeks [95, 96]. Direct conversion has the advantage of bypassing the prolonged, potentially mutagenic phases of reprogramming and intensive progenitor proliferation [97]. On the other hand, the amount of experimental material is limited by the number of somatic cells and the efficacy of the transdifferentiation.

Somatic cells can be reprogrammed into pluripotent stage with a set of transcriptional factors, namely, OCT4, SOX2, KLF4, and c-MYC or OCT4, SOX2, NANOG, and LIN28 [98, 99]. These can be entered into the cells via integrating (lenti- and retroviral) or non-integrative (adenovirus, Sendai virus, episomal vector, and synthetic mRNA) vectors or direct protein delivering tools [100]. After initial induction, endogenous *NANOG*, *SOX2*, and *OCT3/4* expression indicate pluripotency which can be maintained via basic fibroblast growth factor (bFGF) supplementation for theoretically unlimited time.

The differentiation of iPSCs is thought to follow *in vivo* developmental pathways and require environmental cues. During the past eight years several protocols have been developed based on monolayer dual SMAD inhibition [101] or embryoid aggregates [102] with an efficacy of 80% or more than 85%, respectively. (For a comparative review see [103].) Successfully differentiated or transformed cells can

be easily recognized by the detection of PAX6, an early forebrain neuronal marker. Since embryonic aggregate-based techniques reduce the variability of differentiation potential among pluripotent cells, it results in a more homogenous cell population. However, the culture always contains progenitors, glial cells, and mature or immature neurons with different neurotransmitter and receptor profiles and varying electrophysiological properties [13].

During manufacturing specific neurons, two major approaches are available. (1) High neurotransmitter specificity can be evoked by viral vectors or the combination of growth factors/small molecules. GABAergic cortical interneurons [104, 105], dopaminergic midbrain neurons [106, 107], dentate gyrus granule cells, and glutamatergic pyramidal neurons were successfully generated according to these protocols with an efficacy above 90%. (2) On the other hand, one can address the investigation of region and layerspecific neurons. Remarkably, NPCs emerging from neural rosettes show self-organized spatiotemporal differentiation pattern and model the six-layered cortical structure. Benefitting from this, researchers are able to cultivate and isolate early and late cortical progenitors, preplate neurons, deep (V-VI) and superficial (II-IV) layer neurons in a definite temporal manner [108]. Furthermore, advents of biotechnologies already allow us to grow neural and glial cells in 3D cultures, forming functional organoids which resemble certain brain regions on the cellular and tissue level [109]. These microphysiological systems could be especially valuable tools for modeling neurodevelopmental or neuroprogressive diseases.

The basic requirements against differentiation are as follows: quick and efficient generation of homogenous cell populations with physiological (or diseased) characteristics. The main concern about currently existing protocols is that they frequently result in heterogeneous, asynchronic cell populations with varying phenotypes and maturation states [13]. Remarkable efforts are made to develop cost-effective, large-scale generation of NPCs and matured, synchronized neurons for high-throughput assays [14, 110].

#### 3. Closer to Perfection or Just Misperception?

iPSC/iNC cultures as model systems have advantages and disadvantages: (1) the cell lines can be initiated from easily obtainable biospecimens, for example, blood sample, skin biopsy, hair follicle, or urine, (2) but the reprogramming, culturing, and differentiation are labor intensive and require notable expertise [111]. (3) iPSCs and iNPCs have selfsustaining capacity, (4) while differentiated neurons are in postmitotic state; hence they provide restricted experimental material. (5) During reprogramming and differentiation the cells undergo epigenetic rearrangement, (6) and proliferating iPSCs exhibit genetic instability which may result in population diversity and biases in genetic assays [112]. (7) Neurotransmitter and brain region specific neurons provide unique opportunity to study the pathophysiology and genetics of neuropsychiatric disorders, (8) but every new protocol has to be carefully validated regarding the cell type-specific markers and the analogies and discrepancies compared to in vivo and

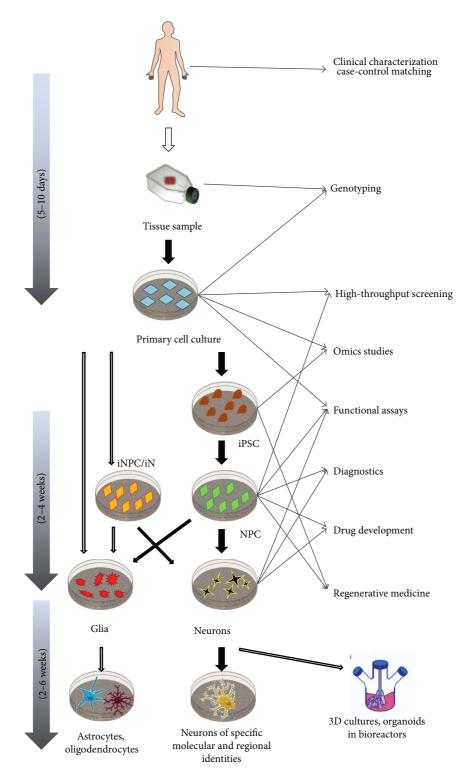


FIGURE 1: Schematic illustration of induced pluripotent stem cell and neural cell line generation and further clinical and research applications. (iPSC: induced pluripotent stem cell; iNPC: induced neural progenitor cell; iN: induced neuron).

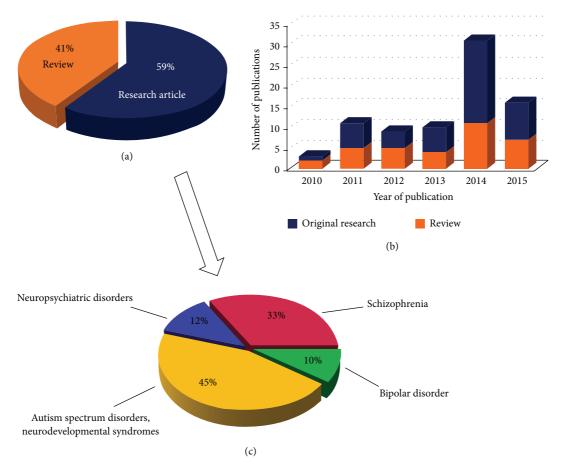


FIGURE 2: (a), (b), and (c) Characteristics of current literature dealing with induced pluripotent/neural cell lines in psychiatric research. (c) Represents the research articles only. Publications were reviewed until June, 2015.

animal model findings. (9) Finally, iPSC/iNC experiments are time and money consuming.

#### 4. Three Years' Balance: Debits and Credits

In 2012, the National Institute of Mental Health (NIMH) and the Foundation for the NIH organized a workshop on the technological advances and challenges of patient-derived iPSCs/iNCs research in psychiatry. Scientists and delegates of industry and government and funding organizations conceived recommendations and directions for the future focusing on basic research, new target identification, and drug development (for the meeting report see [10]). Since stem cell biology and brain research are two of the most active fields of life sciences, we decided to review systematically the literature on iPSC/iNC in the context of psychiatric diseases and strike a balance: Did we take our own advice? How far have we got? What challenges do we face? (Table 1).

To give exact answers, we performed, first in the literature, a systematic review on iPSC/iNC based researches in psychiatry. We searched PubMed with the following keywords: "induced pluripotent OR reprogramming OR transdifferentiation AND psychiatry OR schizophrenia OR bipolar OR major depression OR autism" until 20 June, 2015. First, we catalogued research papers, if (at least part of) the

experiment was conducted on human induced pluripotent derived or transdifferentiated neural cell cultures and English text was available. We excluded papers on neurodegenerative disorders, dementias, and epilepsies (Table 2(a)). During the survey, we noticed that review publications display outstanding proportion of the literature (41%); thus we decided to list the relevant reviews using the same criteria (Table 2(b)).

#### 5. What Can (Should) Be Reviewed?

After categorizing the items, we found 80 relevant publications: 48 research articles and 33 reviews (Figures 2(a), 2(b), and 2(c)). Intriguingly, we did not find any papers with iPSCs/iNCs targeting major depression. This is surprising, since unipolar depression is the leading chronic disorder in the WHO European Region, and the third cause of disability-adjusted life-years (DALY) [113], while only half of the patients receive adequate therapy with 70% long-term efficacy [114]. Considering that major depression is a multifactorial, neurobiological disorder with heritability estimates between 40 and 60% [115] and peripheral cells were traditionally used to model and study the diseased endophenotypes [116–118], we can envisage that iPSCs/iNCs hold great promise in this field.

Table 1: Advancements and further challenges of the utility of induced pluripotent/neural cells in psychiatric research. The recommendations were conceived on a meeting of the National Institute of Mental Health and the Foundation for NIH in 2012 [10].

Recommendations in 2012	Advancements in the past 3 years	Challenges remain	
	Standardization of protocols		
(i) Optimizing reprogramming and differentiating methods (ii) Efficient generation and validation of specific neural cell types (iii) The importance of region and maturation state specific differentiation (iv) Poorly defined regional identity	(i) Safe, integration-free, nonviral induction (ii) Neurotransmitter and region specific protocols with efficacy >80% (iii) Multiple model based studies (iv) Combination of GWAS databases with iPSC/iNC observations	(i) Comparison of cells induced from different peripheral tissues (ii) Utility of induced glial cells in psychiatric research	
	Improving homogeneity		
<ul> <li>(i) Detailed comparison of induced and source cells to reveal <i>de novo</i> genetic mutations</li> <li>(ii) Multiple parallel cell lines from one donor</li> <li>(iii) Epigenetic mapping during reprogramming and differentiation</li> </ul>	(i) Vector integration-free, "safe" reprogramming methods (ii) Reassuring results on chromosomal mutations (iii) Average 3 cell lines/donor (iv) Experiments and reviews comparing the available protocols	(i) Concerns on <i>de novo</i> CNV mutations and the neuronal genome (ii) Contradictions regarding epigenetics (iii) Little is that known about endogenous production of astrocytes	
	Increasing statistical power		
<ul> <li>(i) Increasing sample sizes</li> <li>(ii) Careful selection and grouping of subjects</li> <li>(iii) Detailed clinical and genetic characterization of subjects</li> <li>(iv) Overthought diseased-control pairing</li> </ul>	(i) Studies with whole genome sequencing and whole transcriptome profiling (ii) Isogenic case-control comparison (new DNA editing techniques, twin studies)	<ul><li>(i) Increasing sample sizes</li><li>(ii) Reconsideration of patient grouping</li><li>(iii) Transparent, published case-control matching</li></ul>	
Impro	ove reproducibility, resource sharing, and collaborate	tion	
<ul> <li>(i) Establishing rigorous, transparent, and reproducible methods</li> <li>(ii) Detailed publication of protocols</li> <li>(iii) Rapid sharing of cell lines, technologies, and best practices</li> <li>(iv) Improving public-private partnership</li> </ul>	(i) iPSC banks combined with gene banks (ii) Commercially available iPSCs, iCell neurons, and knock-out cell lines with isogenic controls (iii) Open access movements (iv) Results usually correlated with postmortem and animal model findings	(i) Guidelines for validation (ii) Criteria for cell characterization (markers, electrophysiological properti- (iii) Poor publication of donor's genoty clinical features	
	Towards large-scale studies		
(i) Decreasing protocol diversity (ii) Validation assays for phenotypic comparison of derived cell lines	(i) Protocol diversity remains, but major steps towards large-scale production (ii) Commercially available cells provide enough experimental material for high throughput assays	Personalized medicine requires reprogramming and differentiation by every single patient, which is still remarkably time-consuming and money consuming	
	Careful patient selection, case-control matching		
<ul><li>(i) Subgrouping on the base of comprehensive genetic and clinical characterization</li><li>(ii) Linking genotype with molecular and cellular pathophysiology</li></ul>	<ul><li>(i) Isogenic case-control pairs provided by DNA editing techniques, twin studies</li><li>(ii) Pedigree-studies</li><li>(iii) DSM-5 reconsidered subcategories</li></ul>	Endophenotype-based subgrouping?	

# 6. Evidence-Based Questions

iPSC/iNC studies are interpretable only in a multiscale disease modeling paradigm; thus results from a well-designed experiment should raise more questions than those they answer *per se*. Therefore, we examine the main issues addressed at the 2012 NIMH workshop [10] and those which emerged since *via* introducing some of the published studies and focusing on answered and emerged future challenges.

6.1. Time Is Not Everything, but Timing! The 2012 workshop highly emphasized the need for effective, standardized derivation and validation protocols for high-scale studies

and future clinical application of iPSC/iNC technologies [10]. The participants cautioned against proliferation of poorly designed studies and recommended the establishment of rigorous, transparent, and reproducible methodology.

Reviewing the literature, we can conclude that significant progression was made in neural differentiation methods during the past three years. Today, researchers are able to generate neurons of regional and temporal identity, as well as 3D organoids; however, the methods are still under intense development for more efficient, time-sparing protocols. Since we have to allow room for these innovations, validation practices call for standardization.

Table 2: (a) Research articles using induced pluripotent stem cells and/or induced neural cells in studying psychiatric disorders. (b) Review articles on induced pluripotent stem cells and/or induced neural cells in modeling psychiatric disorders.

(a)

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Author, publication date	Modeled disease(s)	Main findings	Cell line, differentiation protocol	derived cell lines	Free full text
Ananiev et al., 2011 [11]	Rett syndrome	Neurons exhibit smaller nuclear size	Differentiated glutamatergic neurons	Y (3)	Y
Bavamian et al., 2015 [12]	BPD	miR-34a is associated with BPD and neurodevelopment	NPCs	Y (1)	N
Belinsky et al., 2014 [13]	Neurodevelopment	Electrophysiology and gene expression during neural maturation	Differentiated glutamatergic neurons	Y (1)	Y
Boissart et al., 2013 [14]	Psychopharmacology, ASD	Synchronous production of cortical neurons for high-throughput assays	Glutamatergic cortical neurons	Y (2)	Y
Brennand et al., 2011 [15]	SCZ	Diminished connectivity, cAMP and WNT signaling rescued by antipsychotic treatment	Panneuronal differentiation protocol, glutamatergic neurons	Y (4)	Y
Brennand et al., 2015 [16]	SCZ	Altered migration, mitochondrial damage, and increased oxidative stress	NPCs, panneuronal differentiation	Y (4)	Y
Brick et al., 2014 [17]	ASD	iPSC bank from ASD patients and controls	Differentiated glutamatergic neurons	Y (cell bank)	Y
Bundo et al., 2014 [18]	SCZ	LINE retroelements show more activity in SCZ derived cells	Differentiated glutamatergic neurons	Y (3)	Y
Chen et al., 2014 [19]	BPD	BPD iNCs exhibit Ca-signaling and neurodevelopment associated transcription alterations	Differentiated neurons (mixed glutamatergic- GABAergic populations)	Y (3)	Y
Chen et al., 2013 [20]	SCZ, BPD	Transcriptional effects of zinc finger protein 804A silencing	Differentiated glutamatergic neurons	N	Y
Cheung et al., 2011 [21]	Rett syndrome	Generation of MECP2 mutant iPSC/iNC lines and their isogenic pairs	Differentiated glutamatergic neurons	Y (1)	Y
Chiang et al., 2011 [22]	SCZ	Introduction of an integration-free method for reprogramming	iPSCs	Y (2)	Y
Corrales et al., 2012 [23]	SCZ	Copy number variations in iPSCs, iNCs	NPCs	Y*	N
Dage et al., 2014 [24]	Psychopharmacology, ASD	Pharmacological and transcriptome characterization of iNCs	Forebrain neurons	N	N
DeRosa et al., 2012 [25]	ASD	iPSC and GABA neuron derivation from whole blood	GABAergic neurons	Y*	Y
Doers et al., 2014 [26]	Fragile X syndrome	iNCs show neurite outgrowth deficit	Forebrain neurons	Y (3)	N
Germain et al., 2014 [27]	Neurodevelopmental disorders	Gene expression analysis of iPSCs from 15q11 variants	Differentiated glutamatergic neurons	Y (3)	Y
Griesi-Oliveira et al., 2014 [28]	ASD	TRPC6 gene is associated with ASD	Differentiated glutamatergic neurons	Y (1)	N
Hashimoto-Torii et al., 2014 [29]	SCZ	Heat shock transcription factor 1 mediated stress response abnormalities in a subpopulation of iNPCs	NPCs	Y (4)	Y
Hook et al., 2014 [30]	SCZ	Increased catecholaminerg neural activity in SCZ cell cultures	Panneuronal differentiation protocol	Y (4)	Y
Chung et al., 2014 [31]	Fragile X syndrome	Development of a high-content screening assay	NPCs	Y*	N
Krey et al., 2013 [32]	Timothy syndrome	iNCs exhibit dendritic retraction deficit	Differentiated glutamatergic neurons	Y (2)	Y

#### (a) Continued.

Author, publication date	Modeled disease(s)	Main findings	Cell line, differentiation protocol	Patient derived cell lines	Free full text
Kumari et al., 2015 [33]	Fragile X syndrome	Development of a high-throughput screening assay	NPCs	Y (3)	N
Larimore et al., 2013 [34]	Rett syndrome	MECP2 regulates synaptic expression of dysbindin-BLOC1 pathway	Differentiated glutamatergic neurons	Y (2)	Y
Lin et al., 2012 [35]	SCZ	Allele specific expression profile	Differentiated glutamatergic neurons	Y (3)	Y
Lin et al., 2014 [36]	SCZ, ASD	Heat shock alters SCZ, ASD-related genes	3-dimensional neuronal aggregates	Y	Y
Liu et al., 2012 [37]	Fragile X syndrome	FMR1 mutation linked phenotype and signaling deficits	Differentiated neurons	Risk variant carrier	Y
Madison et al., 2015 [38]	BPD	Phenotypic alterations in BPD progenitors rescued by WNT inhibition	NPCs	Y (2) (pedigree- study)	N
Maekawa et al., 2015 [39]	SCZ, ASD	Hair follicle is a potential biomarker source	iPSC-derived neurospheres	Y	Y
Marchetto et al., 2010 [40]	Rett syndrome	Morphological and electrophysiological anomalies	Panneuronal differentiation protocol	Y	Y
Maschietto et al., 2015 [41]	SCZ	Altered gene expression profile during neurodevelopment	NPCs	Y (1)	Y
Niedringhaus et al., 2015 [42]	Fragile X syndrome	Mobile raft minicultures developed for high-throughput assays on neurons	Differentiated neurons in microraft cultures	Y (1)	Y
Pașca et al., 2011 [43]	Timothy syndrome	Disease-specific cellular phenotype and differentiation	Cortical glutamatergic neurons	Y (2)	Y
Paulsen et al., 2014 [44]	SCZ	Zinc and potassium imbalance reverted by valproate	NPCs	Y (2)	N
Pedrosa et al., 2011 [45]	SCZ	22q11.2 deletion delays differentiation	Glutamatergic neurons	Y (3)	N
Robicsek et al., 2013 [46]	SCZ	Impaired differentiation, maturation, and mitochondrial dysfunction	Dopaminergic neurons	Y (3)	N
Roussos et al., 2014 [47]	SCZ	CACNA1C variation disrupts gene regulation through chromosome loops	Differentiated glutamatergic neurons	N	Y
Shcheglovitov et al., 2013 [48]	22q13.3 deletion syndrome	SHANK3 and IGF1 correct excitatory synaptic transmission deficit	Differentiated glutamatergic neurons	Y (2)	N
Sheridan et al., 2011 [49]	Fragile X syndrome	Diminished neural differentiation	Differentiated neurons and glia	Y (3)	Y
Shi et al., 2014 [50]	Psychopharmacology	Dopamine 2 receptor is mediated by microRNA-9 and microRNA-326	Dopaminergic neurons	N	Y
Tian et al., 2014 [51]	Timothy syndrome	Altered Ca <sup>2+</sup> signaling leads to transcriptional dysregulation	Differentiated glutamatergic neurons	Y (3)	Y
Topol et al., 2015 [52]	SCZ	Altered WNT signaling	Forebrain patterned NPCs	Y (4)	N
Wang et al., 2014 [53]	BPD	Cell adhesiveness is associated with lithium response	Immature iNs, lentiviral-based transdifferentiation	Y (12)	Y
Wen et al., 2014 [54]	SCZ, MDD	DISC1 mutation causes synaptic deficits and transcription dysregulation	Glutamatergic forebrain neurons	Y (2)	N
Williams et al., 2014 [55]	Rett syndrome	MECP2 mutant astrocyte influences negatively the morphology and function of cocultured neurons	Astrocytes	Y	Y

#### (a) Continued.

Author, publication date	Modeled disease(s)	Main findings	Cell line, differentiation protocol	Patient derived cell lines	Free full text
Yoon et al., 2014 [56]	SCZ	15q11.2 CNV results in neural stem cell deficit	Neural rosettes, NPCs	Y	Y
Yu et al., 2014 [57]	SCZ	Deficit in hippocampal granule neuron generation	Hippocampus dentate gyrus granule cells	Y (4)	Y
Zeng et al., 2013 [58]	Neurodevelopment	NRXN1 silencing impacts adhesion and differentiation related transcription	NPCs and differentiated neurons	N	Y

<sup>\*</sup> indicates data were not available.

ASD: autism spectrum disorders; BPD: bipolar disorder; iPSC: induced pluripotent stem cell; MDD: major depressive disorder; SCZ: schizophrenia; NPC: neural progenitor cell.

(b

(0)				
Author(s) (31)	Year of publication	Disease(s)		
Acab and Muotri	2015 [59]	ASD		
Aigner et al.	2014 [60]	ASD		
Ardhanareeswaran et al.	2015 [61]	ASD		
Brennand and Gage	2012 [62]	Psychiatric disorders		
Brennand et al.	2014 [63]	SCZ		
Buxbaum and Sklar	2011 [64]	SCZ		
Chailangkarn et al.	2012 [65]	Neurodevelopmental disorders		
Cheung et al.	2012 [66]	Rett syndrome		
Cundiff and Anderson	2011 [67]	Neuropsychiatric disorders		
Duan	2015 [68]	SCZ		
Freitas et al.	2014 [69]	ASD		
Ho et al.	2015 [70]	Neuropsychiatric disorders		
Cocks et al.	2014 [71]	ASD		
Kim	2010 [72]	Psychiatric disorders		
Kim et al.	2012 [73]	ASD		
Kim et al.	2014 [74]	ASD		
Ladran et al.	2013 [75]	Neuropsychiatric disorders		
Liu and Scott	2014 [76]	ASD		
Mackay-Sim et al.	2011 [77]	Neuropsychiatric disorders		
Muotri	2015 [78]	ASD		
O'Shea and McInnis	2015 [79]	BPD		
Pașca et al.	2014 [80]	Neuropsychiatric disorders		
Paulsen et al.	2012 [81]	SCZ		
Paulsen et al.	2013 [82]	Neurodevelopmental disorders		
Prilutsky et al.	2014 [83]	ASD		
Qiang et al.	2014 [84]	Neuropsychiatric disorders		
Schadt et al.	2014 [85]	Neuropsychiatric disorders		
Tobe et al.	2013 [86]	Psychopharmacology		
Tran et al.	2013 [87]	SCZ		
Vaccarino et al.	2011 [88]	Neuropsychiatric disorders		
Viswanath et al.	2015 [89]	BPD		
Walsh and Hochedlinger	2010 [90]	Rett syndrome		
Wright et al.	2014 [91]	SCZ		

 $ASD: autism\ spectrum\ disorders;\ BPD:\ bipolar\ disorder;\ SCZ:\ schizophrenia.$ 

Key questions are as follows: What are we modeling? (Which developmental and functional state of the in vivo neurons?) What kind of indicators and assays should be used for quality control? iPSCs are considered almost undistinguishable compared to human embryonic stem cells; and iPSC derived NPCs form rosettes, analog to the neural tube, the embryonic primordium of the central nervous system [119]. Thus, it is reasonable to assume that we are modeling fetal neurogenesis and neurodevelopment in cell cultures under differentiation. Accordingly, Brennand et al. found that the gene expression profile of NPCs and even 6-weekold differentiated neurons resembles the first-trimester fetal brain at the most [16]. Moreover, the electrophysiological properties of stem cell derived neurons share common temporal pattern with pyramidal neurons of the postnatal animal neocortex [120].

However, we have to declare that our knowledge on preand postnatal brain development is restricted and mainly relies on animal and human fetal brain studies. This limited insight and the *in vitro* observations underpin that iPSC differentiation and iNC maturing follow the *in vivo* timeline and stages and react to the same exogenous effects [93].

For instance, Boissart et al. demonstrated that the differentiational potential of iNPCs follows a temporal manner similar to what has been previously described in animal models [14]. The group delayed cellular commitment with high-mitogenic medium and sustained NPC proliferation for passages 8–20. The prolonged proliferation period resulted in a homogeneous late cortical progenitor population that spontaneously differentiated into superficial cortical neurons. Three weeks after withdrawal of mitogenic factors, more than 80% of the cells were glutamatergic. Importantly, the short, synchronous, and highly productive differentiation period makes this method amenable to high-throughput assays.

- 6.2. Doing Well in the Wells. Neurons, specified from progenitor cells, are immature and require 4–12 weeks to reach their definitive phenotype *in vitro*, which [119, 121, 122] is a notable hampering factor of iNC studies. Literature proves that detailed investigation of this period is crucial for the following technical and validation reasons.
- (1) First, transition from pluripotency to differentiated neuronal state is attended by complex, pervasive gene expression changes. Fathi et al. analyzed the differentiation-related transcriptome dynamics and revealed that 5955 transcripts were modified during the 4-week-long protocol [123]. Of note, 2589 transcripts were upregulated in the differentiated neurons compared to pluripotent cells. On one hand, this intensive, early period can be used to unveil and understand neurodevelopmental disturbances and bridge between disease-associated genotypes and endophenotypes. On the other hand, experimental design, timing, and theories must be set up circumspectly.
- (2) Differentiation and maturation can be influenced by the culturing conditions; therefore, several researches proposed protocol modifications to shorten the "before-theexperiment" period and improve synchronicity. For instance, Tang et al. compared the neural maturation on two different surfaces: the most frequently used artificial coating, laminin,

versus astrocyte layer [124]. Astrocytes promoted the differentiation, soma and neurite growth, and dendrite arborization. They supported functional maturation with regard to ion channel and receptor expression and synaptic transmission. Still, even if cultured on astrocytes, neurons did not exhibit matured synaptic activity before the third week, and cells on laminin were further delayed. Astrocyte-conditioned [125], ascorbic acid [126] and cAMP supplemented [123] culturing medium or the application of graphene oxide nanomaterial [127] also accelerates differentiation.

- (3) We also cannot pass by the fact that the extended, responsive maturation may lead to phenotypic heterogeneity within the dish and result in a mix of progenitors and immature, partially or fully matured neurons in different ratios [13]. Additionally, NPCs and neurons display similar appearance and NPCs express glutamate [128], GABA [129], and dopamine [130] receptors.
- 6.3. Casting Neurons. Given the above-mentioned issues, we suggest that every iPSC/iNC experiment should include the developmental and functional characterization of the subject cells. The main approaches for describing a neuron are as follows: neural marker detection, receptor and ion channel profiling, electrophysiological analysis, and the evaluation of synaptic functions via enzyme activity, neurotransmitter release, metabolism, and reuptake [131].

The methodology of neural marker detection developed concomitantly with the differentiation protocols. Today, we are able to generate and identify cortical excitatory glutamatergic pyramidal cells [102]; GABAergic inhibitory interneurons [105]; cerebellar Purkinje cells [122]; or dopaminergic neurons of the substantia nigra [131]. However, the presence of the differentiation markers is not indicative of the neuron's maturation state.

The work of Dage et al. revealed that detailed pharmacological characterization of the differentiated neurons would be much desired since the receptor and ion channel signature of differentiated neurons may change almost day by day [24]. Furthermore, maturing iPSC-derived neurons do not display NMDA receptor subunit switch, peculiar to the neonatal brain [24], which might be a relevant difference between *in vitro* and *in vivo* fashions.

Data suggest that electrophysiological assessment of the cells might be the most potent approach for defining maturation states. The electrophysiological development *in vitro* resembles postnatal neocortical changes observed in animal models. Namely, the resting membrane potential becomes more negative, the duration of action potential decreases, and the Na<sup>+</sup>, K<sup>+</sup>, and Ca<sup>2+</sup> currents show time-dependent changes [120]. The milestones are thought to be the appearance of spontaneous excitatory postsynaptic currents (sEPSC) and action potentials in fresh neurons [122] and capability for repetitive action potentials in matured neurons [13, 120, 131].

Belinsky et al. went further. They carried out patch clamp, Ca<sup>2+</sup> imaging, and PCR on single-cell level to correlate the electrophysiological properties and the gene expression pattern of differentiating and maturing neurons [13]. The

cells demonstrated action potential already from day 15, but expression of several neuronal physiology and diseaseassociated genes were delayed until day 29 (COMT, DISCI, DTNBP1, GAD1, and PAX6). These thought-provoking results press for multimethod validation. Recently, Chatzidaki et al. [132] demonstrated the detailed pharmacological characterization of nicotinic acetylcholine receptors on iPSC-derived human neurons. The exact time points of the functional and developmental stages highly depend on the cell type and the culturing protocol; therefore, an orientating timeline with the defined, critical landmarks and minimally required validation assays could assist the interpretation and reproducibility of in vitro findings. Furtherly, high-throughput assays offer the possibility to monitor the cell cultures around the clock, analyze structural and functional alterations (e.g., synaptic activity), and capture the right time to run hundreds of tests.

6.4. Neurons, into Single File! We are only beginning to realize the magnitude of heterogeneity in neuronal cultures derived from iPSCs. Earlier lines of evidence already highlighted the fact that, despite the utilization of targeted differentiation protocols, neuronal cultures remain heterogeneous and give rise to mixed populations of glutamatergic, GABAergic, and dopaminergic neurons, as well as astrocytes and undifferentiated cells. Recently, the development of single-cell approaches makes it possible to determine the ratio of neurons versus astroglia, neuronal subpopulations, or neurons reaching a specific stage of maturation, within a population of differentiating neurons. Neuron-to-neuron variation seems to be a general feature of in vitro as well as in vivo neuronal populations. Moreover the degree of variation also casts light on faulty neurodevelopment associated with neuropsychiatric disorders. Shcheglovitov et al. [48] used singlecell methodology to analyze neuronal cultures derived from patients suffering from Phelan-McDermid syndrome, a rare condition caused by 22q13.3 deletion. Besides other major findings, this outstanding paper also points out that only a small proportion of neurons express postsynaptic density proteins SHANK1-SHANK3, indicating small fraction of synaptically mature neurons. 20-60% of neurons expressed TBR1, CTIP2, and SATB2 upper layer cortical markers, while less than 10% of neurons expressed GABAergic markers. In their methodological summary, Citri et al. [133] provide a protocol for single-iN qPCR and present data indicating the low proportion of VGLUT1 and VGLUT2 expressing iNs, suggesting delayed synaptic maturation in this system [134]. The described single-cell methodology has been successfully incorporated in several other studies. While neuronal differentiation protocols are much better characterized in recent years, the above findings illustrate that single-cell approaches are on the rise and will be important and necessary tools in the armamentarium of *in vitro* neuronal disease modeling

6.5. Thinking Big. Theoretical concepts of psychiatric disorders changed radically in the recent decades: the immune-neurodevelopmental model of SCZ and ASD [135], neuro-inflammation-degeneration theory of MDD [136], and the need for  $G \times E$  and network-based diagnostic and therapeutic

approaches became widely accepted. But the revolution is still delayed in psychopharmacology. One detrimental factor can be the lengthy, expensive, and animal model based testing of potential new targets and compounds. Therefore, robotic high-throughput assays on human cell lines could be milestones in the paradigm shift towards human biology based, *in vitro* drug development [137]. iPSC/iNCs can be optimal subjects for these studies.

Fragile X syndrome is neurodevelopmental disorder caused by a silencing mutation of the FMR1 gene. Recently, two independent research groups developed and published high-throughput screening methods for FMR protein detection and novel drug identification using patient-derived iNPCs [33, 138]. Kumari et al. designed a time-resolved fluorescence energy transfer (TR-FRET) based assay to measure FMRP levels in 1536 wells and screen 1280 pharmacologically active compounds parallel to identify those which increase the expression of the silenced gene [33]. The most effective molecules were retested in a secondary assay using qRT-PCR and further confirmed by dose-response experiment. Kaufmann et al. used high-content screening to observe cell morphology and FMRP expression alterations and tested the efficacy and toxicity of 50 000 compounds [138]. Importantly, automated high resolution microscopy and machine learning algorithms allow single-cell-based follow-up and data analysis in living cultures; therefore the group was able to detect that a remarkable subpopulation of the cells (40%) responds to certain drugs, although the averaged measures did not reach significance.

Both works demonstrated a sensitive, cost-effective approach for drug development. However, we have to add that the utility of progenitor cells is frequently suboptimal or invalid in psychopharmacology; and current high-throughput methods are optimized for proliferating, easily transferable cell lines and not for postmitotic neurons [42, 139]. To reduce the technical difficulties, Niedringhaus et al. worked out a transferable raft miniculturing practice for neuron cultures which provide sufficient experimental material for microvolume reactions and appropriate sample sizes [42]. Notably, the cell viability, sample-to-sample reproducibility, and screening potential proved to be higher than those on conventional well-plates.

An additional hampering factor might be the time-consuming derivation and characterization of neurons from somatic cells accompanied by several technical pitfalls. Research industry offers several genetically modified iPSC-derived neurons which can be a faster model for drug development after thorough validation [125].

6.6. Double Standard: Stable and Flexible. The iPSC/iNC line generation requires stem cell-like, incompact chromatin and multiple epigenetic rearrangements. Controversially, scientists agree that a high-quality iPSC/iNC assay conserves the donor's genetic information (including parental imprinting). The NIMH meeting participants, and many since then, conceived a reasonable concern on the genetic (un)stability of induced cell lines [10].

Previously, chromosome aberrations, gene deletions/ duplications, and point mutations were thought to be the

main mechanisms responsible for *de novo* mutations during the pluripotent state. However, multiple studies demonstrated that iPSCs and iNPCs exhibit chromosomal stability (one examined 1700 stem cell cultures [140]). Per contra, copy number variations (CNVs) show significant incidence [23, 112]. All of the investigated cell lines gained CNVs and the CNV signature of the iPSCs differed from both somatic parent cells and iNCs. This indicates that *de novo* mutations may appear through the somatic cell-iPSC-NPC-neuron transitions. On the other hand, mosaicism for CNVs is also common *in vivo*: it represents 0.12–7.3% of intraindividual genomic variability [141].

Keeping in mind that CNVs are known to influence clonal selection in cell cultures [142] and participate in the etiology of several human diseases, including neurodevelopmental disorders (SCZ [143], ASD [31], and ADHD [144]), the iPSC/iNC quality control calls for reconsideration. It was always supposed but, recently, Kang et al. proved that genetic integrity is highly influenced by the reprogramming technique, and DNA nonintegrating protocols are safer [145]. The previously recommended karyotyping is not sufficient for ensuring validity; instead, DNA sequencing of the source and generated cells is desirable.

6.7. The Neuronal Genome: Imperfectly Imitable? Somatic mosaicism affects the brain also: brain-only or brain regiononly somatic mutations, chromosome aneuploidy, microdeletions, or retrotransposon dynamics have been detected in post mortem brain tissue. Presumably, these neural genomic variations contribute to the functional heterogeneity of brain cells and also to the development of neuropsychiatric disorders [146]. For instance, L1 retroelements (the only human retrotransposon with autonomous activity) exhibit increased copy number in adult NPCs compared to nonbrain cells and are known to be associated with Rett syndrome [147]. Bundo et al. examined the L1 signature in SCZ using multiple model systems [18]. First, they showed that L1 copy number is increased in the prefrontal cortical neurons of SCZ patients compared to controls and autologous nonbrain cells. To answer the question whether this ensues from hereditary or environmental factors, the group assessed the L1 profile in an environment-induced SCZ animal model and in iNCs derived from SCZ patients with rare mutation of large effect (22q11 deletion). The genomic DNA of the mouse brain exhibited the consequences of high L1 activity and they also detected increased L1 insertion rate during in vitro neurogenesis. Moreover, brainspecific L1 insertion sites were near or in genes involved in synaptic functions and neuropsychiatric disorders supporting the possible pathognomic role of retrotransposition events. For conclusion, we can speculate that increased L1 dynamics by environmental and/or genetic factors may increase the susceptibility to neurodevelopmental disorders by disrupting synaptic and schizophrenia related genes in neurons.

This outstanding experimental design reassures the validity of iPSCs/iNCs in modeling neurodevelopment and calls for further studies on the neuronal genome.

6.8. Designation of Origin. Besides the above-mentioned somatic mosaicism, cellular commitment and *in vivo* cellaging raise the following question: Does the source cell type matter? Neuropsychiatric studies apply the most frequently easy-to-obtain lymphocytes, fibroblasts, and keratinocytes; but, theoretically, all somatic cells can be reprogrammed or transdifferentiated into iPSCs and iNCs.

These somatic cells widely vary in their epigenetics, proliferative potential, and the rate of cellular aging. Previous studies found that the intrinsic properties of the source cells, that is, stage of differentiation [148], senescence [149], tissue type [150], and number of passages [151], influence the efficacy of reprogramming. Furthermore, the generated cells display a residual gene expression pattern of the source cell type referring to "incomplete reprogramming" and result in variability among iPSCs from different tissue samples [152].

Chen et al. speculated that induced cell lines may retain and transmit transcriptional/epigenetic marks from the source tissue to the differentiated cells; therefore, they carried out whole transcriptome analysis in neurons gained from fibroblasts or dental pulp [20]. Notably, they found 63 differentially expressed genes, including a glutamate receptor, choline, GABA, and glycine transporter. Striking differences were found in the expression of the SLITRK2 gene (associated with BPD and ASD), multiple HOX genes, and a set of transcription factors. Pathway analysis revealed that neurological disease/schizophrenia related gene sets are the most affected [20]. Unfortunately, the interpretation of the results might be problematic since the dental pulp was obtained from a 12-year-old male subject, while fibroblasts originated from a 30-year-old female and a 58-year-old male. However, the experiment is highly noteworthy: even if we conclude that the source cell type or the donor's age passed down through generations and affected the gene expression of the iNCs, it urges for further research.

6.9. Patients Ill Sorted? One of the main research principles is representativeness: the sample has to be an unbiased illustration of the studied population. Psychiatric diagnostic categories cover a wide range of patients with great heterogeneity in etiological factors, symptomatology, disease progression, and therapy response. This diversity issued several difficulties in experimental and clinical settings during the past decades.

Now, the overlook is changing: DSM-5 omitted the previous SCZ subtypes defined by clinical symptoms [153]. Two years later, the Consortium on the Genetics of Schizophrenia (COGS) postulated that endophenotypes could provide a more negotiable approach of patient categorization for clinical and research purposes [154]. Endophenotypes, for example, cognitive dysfunction, EEG-markers, or brain imaging phenotypes, are quantitative laboratory based measures with a same level of heritability as SCZ itself [155]. They can be linked to certain genotypes, cellular phenotypes, psychopathologies, and functional impairments and fill the gene to phene gap. The NIMH workshop in 2012 also addressed the critical step of patient selection and recommended subject recruitment based on comprehensive clinical, genetic, and cellular characterization.

6.10. The Art of Design. Disrupted in schizophrenia 1 (DISCI) gene is known to be involved in fetal and adult neurode-velopment and neuroplasticity, and its variations are highly associated with a wide range of mental disorders: SCZ, BPD, MDD, and ASD as well [156]. Presumably, it predisposes to endophenotypes which can manifest themselves in different clinical syndromes depending on the genetic and environmental cofactors [157].

Wen et al. aimed to study cellular consequences of the DISC1 mutation [54]. They derived iPSC lines from a carrier pedigree: one SCZ and one MDD patient with a DISC1 frameshift mutation, two unaffected family members without the mutation, and one additional control: an unrelated healthy subject. The DISC1 mutation caused functional synaptic transmission deficits in the glutamatergic neurons via pervading transcriptome alterations. To challenge their hypothesis on the primary pathognomic effect of the DISC1 mutation, the research group repeated the measures with the isogenic pairs of the cell lines, generated by DNA editing. Over and above the obvious values of their results in understanding DISC1 related pathophysiology and filling the gap between the genotype and the clinical picture with a cellular endophenotype, this work provides a great example for careful, overthought study design.

Considering that patient iPSC/iNC studies are usually conducted on small sample sizes (1–5 persons/group) and advancements are trending towards personalized medicine, careful case-control matching in iPSC/iNC research is crucial to maintain validity and reliability. When monogenic diseases (e.g., Rett and Fragile X syndrome) are investigated, the gender, age, and/or genotype based selection of healthy individuals is sufficient. Per contra, in case of polygenic neuropsychiatric disorders with intermediate heritability (30–70%) other designs are noteworthy since the combined effect of all disease-related and irrelevant alleles manifests itself in the dish [158].

For instance, pedigree-studies allow identifying heritability factors. Inclusion of affected and unaffected family members reduces the genetic noise (heterogeneity) and thus the risk of type I error. While a second, independent control group from out-of-pedigree healthy subjects helps to oversee the potential effects from family genetic background. Isogenic pairs produced by genetic correcting technologies (e.g., TALE nuclease [159], zinc finger nuclease [160], homologous recombination [161], or CRISPR [162]) allow a cell line to be its own control and enables the targeted testing of single gene effects via excluding (epi)genetic diversity. In some cases (e.g., CNVs, trinucleotide repeats, and X-linked disorders), *in vivo* or *in vitro* mosaicism provides isogenic controls [26].

6.11. Psyche in the Dish? The question is not sceptic by all means. How can we validate a specific iPSC/iNC line for modeling a psychiatric disorder? Chromosomal and cellular marker characterization and evaluation of genetic stability are only the base of quality control. Having differentiated neurons does not evidence a model for neurophysiology or disease neuropathology.

Two research groups aimed the validation of a commercially available neural cell line for further studies on ASD and

neurodegenerative diseases [1, 24, 125]. The corroboration included whole transcriptome analysis, receptor and ion channel profiling, and detailed electrophysiological characterization. According to their results, the cells display early developmental neural phenotype and express the majority of ASD associated genes and thus this cell line might be utilized as control in comparison to patient-derived cells or suitable for isogenic mutant—wild type pair generation.

Interestingly, many of the ASD-related genes showed changes along the culturing process [24], and Belinsky et al. also detected specific temporal manner in the genes of interest (DISC1, DTNBP1, GAD1, PAX6, FOXP1, FOXP2, vGLUT1, and COMT) [13]. This sounds reasonable since the mentioned genes are linked to neurodevelopment, synaptic transmission, and intracellular signaling, functions highly implicated during neural maturing. However, these observations are worthy of note, suggesting that timing can easily enhance or undermine the validity of the experiment, especially when the most frequently used early neural and forebrain markers (PAX6 and vGLUT1 and GAD1) or canonical disease genes (DISC1 and COMT) are the subjects. Concordantly, Wen et al. found that DISC1 mutation caused structural anomalies and synaptic dysfunction attenuate around postdifferentiation weeks 4-6 [54].

Usually, experimental data can be embedded into previous results and legitimized by the cited literature. Considering the novelty of the field and the limited number of research papers, iPSC/iNC researchers can rarely expect their model's validation from preceding experiments. Comparing the results with animal model and human postmortem findings can offer pivots; however, dissimilarities might ensue from differences between species and cell types since we are matching pure neuron cultures with tissues [41].

6.12. Grafting Neurons for Psychiatric Treatment? Three future applications of iPSCs and iNCs are most commonly predicted [24]. As model systems, they can help us understand the cellular pathophysiology of neuropsychiatric disorders and reveal genotype-phenotype correlations. High-throughput cellular screening assays may provide novel targets in drug development; and, finally, iPSC-derived cells may play a role in regenerative medicine.

Induced or embryonic PSC-based replacement therapy research is one of the most expeditiously developing fields of medicine. Currently, clinical trials are in progress in macula degeneration, type I diabetes mellitus, ischemic heart failure, and spinal cord injury [163]. Preclinical results are also promising in Parkinson's and Alzheimer's disease, neurodegenerative disorders with well-defined pathological and functional alterations and cellular loss (recently reviewed in [163, 164]). And what about other psychiatric disorders? Animal models can provide us with hints about this application.

For instance, SCZ has multifactorial origin which pervades the whole connectivity during neurodevelopment and results in poorly understood brain pathology. Human and animal research suggest that cortical and hippocampal inhibitory interneuron deficit contributes to the dopaminergic system dysfunction, thus the positive symptoms of

SCZ [165]. In rodents, embryonic and induced human and nonhuman NPC grafts survive, proliferate, migrate, and differentiate spontaneously into pyramidal or GABAergic neurons [166–168]. The integration of these inhibitory neurons into the host neural circuits successfully modulated the hyperactive dopaminergic system and the behavior analogous of positive symptoms in a mouse SCZ model. While these engraftment experiments are perplexing and can contribute substantially to our understanding of the neurobiology of psychiatric disorders, they do not necessarily forecast engraftment of *in vitro* differentiated neurons as a feasible approach for the treatment of psychiatric disorders in the near future. Disease pathology remains poorly understood and the clinical hurdles are also numerous.

6.13. Open Access in Stem Cell Based Disease Modeling. The NIMH workshop addressed one more intensively discussed, still actual issue: information and resource sharing which is especially meaningful in the rapidly developing scientific fields such as iPSC/iNC research [10]. The participants argued that open sharing of data and standardization of iPSC/iNC generation and validation protocols are essential for improving experimental reproducibility.

It is well known that open sharing and collaborative environment empower knowledge circulation and thus fuels innovation and discovery. Therefore, decision-makers took significant steps to implement the open access policy: in 2015, both the European Commission and the US Congress supported the proposal that articles on publicly funded researches have to be freely available for anyone [169, 170]. We were curious if this open access movement is observable in the iPSC/iNC literature. We found that 73% of the reviewed research papers are freely accessible (35 from 48 articles, listed in Table 2(a)).

The other basis of open science is resource sharing. Growing number of cell banks collect somatic cells and/or iPSCs from patients with neuropsychiatric disorders and assure accessibility for the scientific community on request [17, 171]. Such (inter)national consortiums and collaborations provide standardized databases and methodology, increased, homogenous sample quality, and possibility to study rare genetic or phenotypic variations, affected families, or—as seen in Sweden—isogenic cell line pairs from monozygotic twins [172].

# 7. Tools in Our Hands: We Have Nothing to Fear

The ideal cell culture model for *in vitro* experiments meets the following requirements: (1) it is easily obtainable via minimal invasive intervention; (2) the initiation and maintenance of the cell culture are not extremely labor intensive or time-consuming; (3) the fact that differentiation, if necessary, can be directed and monitored; (4) the cell line reserves proliferative, self-sustaining capacity over passages; (5) and this is done with genetic stability; (6) it exhibits similar (or identical) pathophysiological features to the diseased tissue *in vivo*; and (7), last but not least, the method provides enough experimental material at reasonable expenses.

Revising the currently available *in vitro* systems, the words of Salvador Dali flash on: "Have no fear of perfection – you'll never reach it." Ideal *in vitro* model cannot exist, but depending on the concept of the research and the accessible resources one can choose the most optimal from the following.

Extended literature discusses peripheral cells, such as blood leukocytes and dermal fibroblasts, as potential *in vitro* models and biomarker sources of mental disorders. They are relatively easy-to-obtain, robust cell lines and share receptor and signaling pathway similarities with CNS cells [173–175]. Fibroblasts have self-maintaining capacity *ab ovo* and maintain homogeneity between passages 5 and 20 [176]. Freshly isolated leukocytes are appropriate even for bedside functional assays or can be immortalized for culturing but represent poor genetic stability [177]. Finally, we cannot disregard that peripheral cells do not permit the examination of specific neural phenomena (e.g., electrophysiology, microarchitecture, and neurodevelopment).

Human primary neural cultures, initiated from brain biopsies, are barely applied to neuroscience. They require special conditions and lack self-maintaining capacity; therefore, the amount of experimental material is restricted. Furtherly, the cells are already tainted with life-long *in vivo* effects, which balks the expression of the naïve endophenotype.

Since 2006, when Takahashi and Yamanaka showed that the expression of four transcription factors can reprogram adult somatic cells into an earlier ontogenic state [98], induced pluripotent stem cells (iPSCs) and iPSC-derived cell lines became one of the most studied and advancing fields of medicine; but, as seen above, we still face numerous technical or theoretical issues.

## 8. Can We Make a Long Story Short?

The main concerns about iPSC-research, that is, time and resource demands, genetic instability, epigenetic changes, and populational heterogeneity, might be partially overcome by omission of the pluripotent state and direct transdifferentiation of somatic cells into completely different cell types. After Takahashi and Yamanaka introduced the method of cellular reprogramming, researchers started to work on new protocols to establish neural cultures from somatic cells by direct cell lineage conversion. Vierbuchen et al. were the first who successfully transdifferentiated mouse fibroblasts into functional neurons [95]. Since then, they and others showed that human somatic cells (e.g., fibroblasts [134], blood cells [178], and hepatocytes [179]) can be transdifferentiated into neural progenitor cells [180] or postmitotic neurons via forced expression or exogenous addition of transcription factors, microRNAs, or small molecules. Moreover, one single factor is enough to induce neural cell fate [181] and cell type-specific factors allow the generation of dopaminergic [182], motor neurons [183] or oligodendrocytes [184]. The induced neural cells resemble in vivo neurons in their functional, electrophysiological, translational characteristics and form functional synapses; thus, they can be valuable in vitro models of neuropsychiatric disorders. However, as of yet only one experiment has been published on direct

reprogramming in the context of psychiatric disorders. Wang et al. [53] used lentiviral transduction with a construct expressing miR-9/9\*-124, NEUROD2, ASCL1, and MYT1L to transdifferentiate fibroblasts from bipolar patients responsive or unresponsive to lithium medication, the gold standard of mood-stabilizing treatments. iNCs derived from lithium-responders and lithium-nonresponders demonstrated different cell adhesion characteristics. This innovative approach demonstrates the translation potential and "nearly bedside" application of transdifferentiation-based assays.

The greatest advantage of direct lineage conversion is bypassing pluripotent states and avoiding potential oncogenicity as a consequence. On the other hand, this stability, that is, lack of self-renewal and potential amplification, might be a drawback in laboratory research and regenerative medicine. Besides, the possibility of residuals from *in vivo* cellular senescence and epigenetic memories inherited from the parental tissue deserves further considerations [185].

# 9. The Undeservedly Neglected: Glia-Associated Pathologies

Vast majority of psychiatric research deals with neurons but they account for only about one-third of human brain cells. Glial cells are responsible for maintaining brain homeostasis and neural well-being. They provide lactate as source of energy, regulate the redox balance, metabolic clearance, and CNS immunology [186, 187], and play crucial role in directing neuronal migration, neurite outgrowth, and synaptic pruning [188]. Additionally, astrocytes are in bidirectional cross talk with neurons, and glial neurotransmission has been proposed to be involved in several mental functions (e.g., memory, motor control, and decision making) and neuropsychiatric disorders [189]. Postmortem human and animal studies proved that glial cells contribute to the development and progression of psychiatric disorders and can be potential therapeutic targets [190, 191].

NPCs derived from iPSCs can be differentiated into glial precursors and mature astrocytes and oligodendrocytes [192, 193]. Microglial-like cells are even more easily obtainable due to their mesodermal origin, and circulating monocytes can be transdifferentiated within 14 days [194]. These cell lines are underrepresented in psychiatric research, only used as a feeder/supporting layer for the neurons. Per contra, they are intensively studied as potential disease models and therapeutical targets in neurological disorders, for example, Huntington disease [195], amyotrophic lateral sclerosis [196] or congenital hypomyelination [197], and intellectual disability [198].

Yet, we can find a great example: how neuron-glia cocultures can help to answer whether certain glia-associated pathologies are pathognomic factors, additive part of the endophenotype, or reactive (beneficial) response to the neural dysfunction. Williams et al. differentiated astrocytes and neurons from iPSCs of Rett syndrome patients and demonstrated that mutant astrocytes have non-cell-autonomous adverse effects both on cocultured mutant and on healthy neurons [55]. The group also proved that this impact is

directed by the extracellular environment since the astrogliaconditioned media took the same detrimental effect on the morphology and function of wild type and mutant neuronal cultures. The adverse effects could be rescued by IGF-1 supplementation which underpins the ongoing IGF-1-based clinical trials in the treatment of Rett syndrome. Surprisingly, the efficiency of IGF-1 supplementation depended on the genotype of the astrocyte, which calls for further pharmacogenetic studies. According to these findings, the effects of the mutations in the astrocytes and neurons appear to be additive. Similar innovative studies will unravel the complex association of human neurons and glial cells in healthy and diseased brains.

#### 10. Limitations

On the whole, results are reassuring. Those who reported differentiation and maturation anomalies in iNCs from patients with neurodevelopmental disorders [37, 41, 43, 45, 46, 49] are more than those who could not detect alterations during differentiation [14] or in electrophysiological properties [13, 54]. However, there are some noteworthy study design and publication biases.

- (1) Scalability represents a central issue for stem cell based disease modeling. Ideally, the number of cell lines derived from specific patients could be scaled up to numbers typical for clinical studies, meaning tens or hundreds of patients. Realistically seen, today this is not feasible. However we must keep in mind that this method is in its infancy and the task remains the exploration of cell lines derived from genetically and clinically well characterized individuals.
- (2) A priori hypotheses influence the objectives and the measured parameters. Differentiation is intensively monitored in these diseases; therefore, such small-scale variations like 12% nuclear size differences can be detected [11], but less is known about the transcriptome or receptor profile alterations. (3) Majority of the studies examined the iPSC/iNC lines at rest in monotonous environments which might be detrimental during neurodevelopment, that is, specialization for signal detection and transmission. Therefore environmental challenges could enhance and reveal additional differences as showed in [29, 36]. (4) Great proportion of these differences might affect synaptic transmission which is understudied in iPSC/iNC models; however, novel visualization and high-content screening technologies might bring advances to this field. For instance, functional assays of DISC1 mutant cells, namely, spontaneous synaptic current measurement and synaptic vesicle staining in living cells, revealed synaptic vesicle release defect which were also observable in the transcriptome [54].
- (5) Similarly, there is a rate shift towards pervasive, monogenic neurodevelopmental syndromes with early-childhood presentation and well-defined clinical and genetical picture. The nature of these syndromes differs substantially from the most frequent adult psychiatric disorders which are multifactorial with less robust pathology and might show themselves in the connectome and not on the single-cell level. (6) Additionally, in case of polygenic disorders, the discrete phenotypic alterations might be very small, presented on a

continuous spectrum. In contrast, iPSC/iNC studies usually recruit psychiatric patients with rare mutations of large effects. Selection of severe cases based on the polygenic score method could be a possible approach to overcome this limitation.

#### 11. Take Home Messages

This review demonstrates the unprecedented possibilities offered by iPSC based in vitro disease modeling in psychiatry, a field of medicine awaiting major developments. It is striking how fragmented our understanding is about molecular disease pathways underlying SCZ, BPD, and ASD and how high the level of unmet needs is among patients suffering from these disorders. Incomplete therapeutic response, therapyresistance, and cognitive deterioration are all major hurdles in the treatment of psychiatric patients. In vitro disease modeling will help us with diagnostics by demonstrating the heterogeneity within clinical disease groups in terms of molecular disease mechanisms. This question, whether similar clinical phenotypes share molecular foundations or are rather determined by a final common pathway, remains a central idea in psychiatry. Stem cells could also contribute to treatment by paving the way to personalized pharmacological treatment and drug screening as detailed in the review. The prospects of stem cell based disease modeling cannot be exactly foreseen; however, based on the past few years' developments we can envisage major breakthroughs in stem cell based psychiatry for the benefit of our patients.

#### **Conflict of Interests**

The authors declare that there is no conflict of interests regarding the publication of this paper.

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