

**Tryptophan-Kynurenine Metabolic Remodeling and  
Complementary Pathways in Kynurenine Aminotransferase II  
Knockout Mice with Relevance to Neuropsychiatric Phenotypes**

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**Ph.D. Thesis**

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## List of abbreviations

3CT	three chamber test	NAD <sup>+</sup>	nicotinamide adenine dinucleotide
3-HAA	3-hydroxyanthranilic acid	NORT	novel object recognition test
3-HK	3-hydroxykynurenine	OBAT	object-based attention test
5-HIAA	5-hydroxyindole-3-acetic acid	OFT	open-field test
5-HT	5-hydroxytryptamine/serotonin	OSI	oxidative stress index
5-HTP	5-hydroxytryptophan	PAT	passive avoidance test
AA	anthranilic acid	PI	preference index
AhR	aryl hydrocarbon receptor	PTSD	post-traumatic stress disorder
ANOVA	analysis of variance	Q-Q	quantile-quantile
CER	cerebellum	QA	quinolinic acid
CTX	cortex	QAA	quinaldic acid
DA	dopamine	SD	standard deviation
DI	discrimination index	STEM	brainstem
EI	excitotoxicity index	STR	striatum
EPM	elevated plus maze	TDO	tryptophan 2,3-dioxygenase
FST	forced swim test	Trp	tryptophan
HIPP	hippocampus	TST	tail suspension test
IAA	indole-3-acetic acid	Tyr	tyrosine
IDO <sub>s</sub>	indoleamine 2,3-dioxygenases		
ILA	indole-3-lactic acid		
INS	indoxyl sulfate		
KAT II	kynurenine aminotransferase II		
<i>kat2</i> <sup>-/-</sup>	kynurenine aminotransferase II knockout strain		
KATs	kynurenine aminotransferases		
KMO	kynurenine 3-monooxygenase		
KYN	kynurenine		
KYNA	kynurenic acid		
KYNU	kynureninase		
LDB	light dark box		
MBT	Marble burying test		

## Summary

Tryptophan (Trp) is an essential amino acid that functions not only as a substrate for protein synthesis but also as a precursor for several metabolically and neurobiologically relevant pathways. In addition to the serotonergic and microbiota-associated indole-pyruvate routes, Trp metabolism interfaces with the tyrosine-dopamine system through shared cofactors and redox-sensitive monoaminergic regulation. The predominant fate of Trp degradation occurs via the kynurenine (KYN) pathway, which generates bioactive metabolites influencing neurotransmission, oxidative balance, immune signaling, and neuronal viability. Dysregulation of these interconnected pathways has been increasingly implicated in neuropsychiatric disorders.

To examine sustained disruption of the KYN pathway regulation, this work characterizes a novel CRISPR/Cas9-generated mouse model carrying a deletion of the *aadat* gene encoding kynurenine aminotransferase II (KAT II), the principal enzyme responsible for brain kynurenic acid (KYNA) synthesis. Genotype verification was performed using TaqMan allelic discrimination assays. In parallel, ultra-high-performance liquid chromatography coupled with tandem mass spectrometry was employed to quantify Trp and its metabolites across central nervous system regions, as well as in plasma and urine. Inferred enzymatic activities and composite indices of oxidative stress and excitotoxicity were calculated to provide functional insight into pathway-level remodeling.

KAT II deficiency induced a pronounced and region-specific reorganization of Trp metabolism across central and peripheral compartments, characterized by reduced KYNA and xanthurenic acid levels, consistently elevated 3-hydroxykynurenine, altered serotonergic, indole-derived, and catecholaminergic fluxes, and increased oxidative and excitotoxic burden. Despite this marked neurochemical imbalance, behavioral alterations were modest and domain-specific, with changes primarily observed in spontaneous exploration and stress-coping paradigms, while cognitive and social performance remained largely preserved.

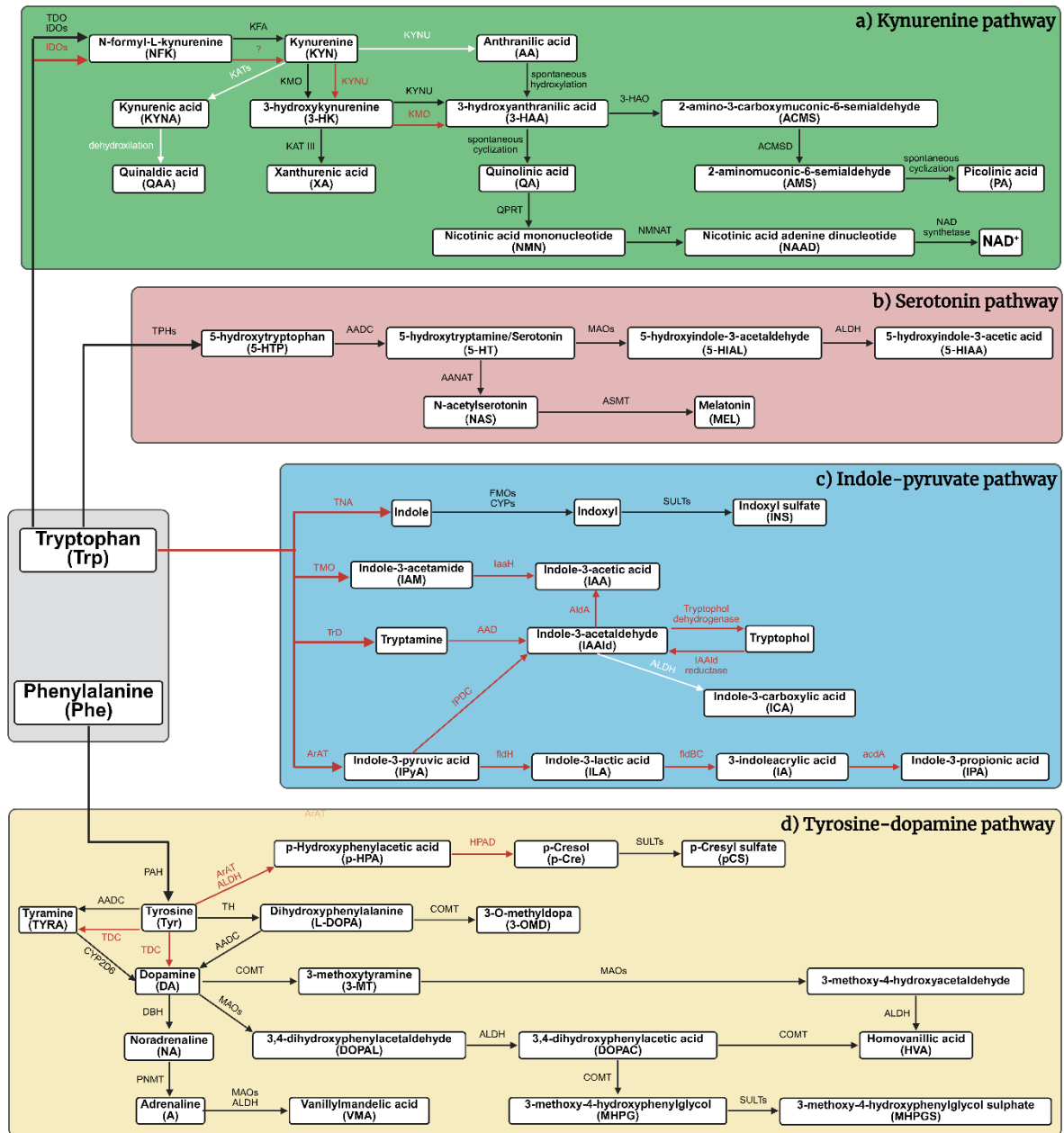
Overall, these findings indicate that loss of KAT II establishes a state of metabolic vulnerability rather than overt behavioral pathology, providing a translational framework for understanding how Trp metabolic remodeling across interconnected pathways may bias neuropsychiatric susceptibility and inform future therapeutic strategies.

# Introduction

## Tryptophan metabolism

Tryptophan (Trp) is an essential amino acid whose biological relevance extends beyond its incorporation into proteins, as it serves as a central precursor for several metabolic pathways [1]. These pathways give rise to a diverse array of biologically active metabolites that are critical for maintaining physiological homeostasis. Although the serotonin (5-hydroxytryptamine; 5-HT) pathway represents the most extensively characterized route of Trp metabolism, approximately 95% of Trp is catabolized through the kynurenine (KYN) pathway, leading to the biosynthesis of the energy-carrying cofactor nicotinamide adenine dinucleotide (NAD<sup>+</sup>) and multiple bioactive intermediate compounds [2, 3].

The KYN pathway is initiated by a rate-limiting oxidative step catalyzed by tryptophan 2,3-dioxygenase (TDO) and indoleamine 2,3-dioxygenases (IDOs), which convert Trp to N-formyl-L-kynurenine (**Figure 1a**). This unstable intermediate is rapidly hydrolyzed to L-kynurenine (KYN), a central branching metabolite. From this point, KYN enters several downstream routes with distinct functional consequences. Kynurenine 3-monooxygenase (KMO) converts KYN to 3-hydroxykynurenine (3-HK), whereas kynureninase (KYNU) catalyzes the formation of anthranilic acid (AA). Both 3-HK and AA can be further metabolized to 3-hydroxyanthranilic acid (3-HAA), which represents a key metabolic junction. Through oxidative ring cleavage, 3-HAA gives rise to intermediates that are ultimately directed toward picolinic acid or quinolinic acid (QA), the latter serving as a precursor for de novo NAD<sup>+</sup> synthesis [4–7]. In parallel, KYN can be transaminated to kynurenic acid (KYNA) by kynurenine aminotransferases (KATs), which may subsequently be further metabolized to quinaldic acid (QAA) [8, 9]. Among the four identified KAT isoforms (KAT I-IV), KAT II represents the dominant source of KYNA in the brain under physiological conditions, highlighting its pivotal role in controlling flux through this neuroactive arm of the KYN pathway [10].



**Figure 1.** Host- and microbiota-driven tryptophan metabolic pathways, depicting the (a) kynurenine, (b) serotonin, and (c) indole-pyruvate routes, together with their enzymatically linked (d) tyrosine-dopamine pathway [11]. Black arrows indicate host-derived metabolic routes; red arrows denote gut microbiota-driven pathways; white arrows indicate metabolic routes common to both host and microbiota, catalyzed by identical enzymes. 3-HAO, 3-hydroxyanthranilate oxidase; AAD, amino acid decarboxylase; AADC, aromatic L-amino acid decarboxylase; AANAT, arylalkylamine N-acetyltransferase; acdA, acyl-CoA dehydrogenase; ACMSD, amino- $\beta$ -carboxymuconate-semialdehyde-decarboxylase; AldA, indole-3-acetaldehyde dehydrogenase; ALDH, aldehyde dehydrogenase; ArAT, aromatic amino acid

aminotransferase; ASMT, acetylserotonin-O-methyltransferase; COMT, catechol-O-methyltransferase; CYP2D6, cytochrome P450 2D6; CYPs, cytochrome P450 monooxygenases; DBH, dopamine  $\beta$ -hydroxylase; fldBC, phenyllactate dehydratase; fldH, indole-3-pyruvate ferredoxin oxidoreductase; FMOs, flavin-containing monooxygenases; HPAD, 4-hydroxyphenylacetate decarboxylase; IaaH, indole-3-acetamide hydrolase; IDOs, indoleamine 2,3-dioxygenases (IDO1 and IDO2); IPDC, indole-3-pyruvate decarboxylase; KAT III, kynurenine aminotransferase III; KATs, kynurenine aminotransferases (KAT I, II, III, and IV); KFA, kynurenine formamidase; KMO, kynurenine-3-monooxygenase; KYNU, kynureninase; MAOs, monoamine oxidases (MAO-A and MAO-B); NAD<sup>+</sup>, nicotinamide adenine dinucleotide; NMNAT, nicotinamide mononucleotide adenylyltransferase; PAH, phenylalanine hydroxylase; PNMT, phenylethanolamine N-methyltransferase; QPRT, quinolinate phosphoribosyl transferase; SULTs, sulfotransferases; TDC, tyrosine decarboxylase; TDO, tryptophan-2,3-dioxygenase; TH, tyrosine hydroxylase; TMO, tryptophan-2-monooxygenase; TNA, tryptophanase; TPHs, tryptophan hydroxylases (TPH1 and TPH2); TrD, tryptophan decarboxylase.

In addition to the KYN pathway, the serotonergic route represents a major but quantitatively minor branch of Trp metabolism, accounting for approximately 2% of total Trp utilization (**Figure 1b**) [12]. Along this pathway, Trp is converted to 5-hydroxytryptophan (5-HTP) and subsequently to 5-HT, a key neuromodulator involved in mood regulation, stress responsiveness, and cognitive processing. 5-HT undergoes tightly regulated turnover, reflecting its dual function as a neurotransmitter and a metabolic intermediate. While a small fraction contributes to melatonin synthesis, the predominant catabolic route yields 5-hydroxyindole-3-acetic acid (5-HIAA), which is commonly used as an index of serotonergic activity [13]. Accordingly, 5-HTP, 5-HT, and 5-HIAA together provide an integrated functional readout of serotonergic pathway dynamics [2, 14, 15].

The indole-pyruvate pathway is gaining increased attention due to its close association with the gut-brain axis and its contribution to approximately 5% of Trp metabolism (**Figure 1c**). This pathway encompasses several microbiota-associated branches that generate bioactive indole derivatives [16]. Key routes include the production of indole and its conversion to indoxyl sulfate (INS), the formation of indole-3-acetic acid (IAA) and related metabolites via monooxygenase-dependent reactions, decarboxylation-derived tryptamine pathways, and aminotransferase-initiated routes yielding indole-3-lactic acid (ILA) and related compounds [17]. These indole metabolites exert immunomodulatory and barrier-protective effects, largely

mediated through aryl hydrocarbon receptor (AhR) signaling, and can indirectly influence central nervous system function through peripheral immune and metabolic mechanisms [18–22].

Trp metabolism further intersects with dopaminergic neurotransmission through its interaction with the tyrosine (Tyr)-dopamine (DA) pathway (**Figure 1d**). Although DA synthesis originates from phenylalanine and Tyr, Trp metabolism may influence this system via shared enzymatic steps, redox sensitivity, and cofactor availability. In particular, tetrahydrobiopterin, an essential cofactor for tyrosine hydroxylase, links Trp metabolism to DA biosynthesis, while its oxidized forms, dihydrobiopterin and biopterin, reflect cofactor turnover and oxidative state [23, 24]. Beyond its role as a neurotransmitter, DA is also a precursor of downstream catecholamines (noradrenaline and adrenaline) involved in stress responses, arousal, and adaptive behavior, linking dopaminergic turnover to broader neuroendocrine and neuropsychiatric regulation [25–27]. Collectively, these interconnected pathways illustrate how perturbations in Trp metabolism can propagate across multiple monoaminergic systems.

### **Tryptophan Metabolites in Neuropsychiatric Disorders**

Beyond its canonical metabolic routes, Trp catabolism constitutes a major regulatory interface through which biochemical signals influence neural, immune, and metabolic processes. The biological activity of Trp-derived metabolites contributes to the modulation of neurotransmission, redox homeostasis, immune signaling, and cellular metabolism, thereby linking peripheral Trp availability to central nervous system function [28, 29]. Among the known degradative pathways, the KYN pathway represents the predominant fate of Trp and generates metabolites with pronounced neurobiological relevance.

Intermediates of the KYN pathway display a wide spectrum of biological activities, encompassing neuroprotective/neurotoxic actions, pro-oxidant/antioxidant properties, as well as potent immunomodulatory effects [3]. Historically, these metabolites have been categorized according to their prevailing functional characteristics, with compounds such as KYNA and AA viewed as neuroprotective, whereas 3-HK, QA, XA, and 3-HAA were associated with oxidative stress and neuronal injury [30]. While this dichotomous framework has been conceptually useful, accumulating evidence indicates that KYN metabolites exhibit pronounced context dependence. Their biological effects are shaped by concentration, cellular origin, and local microenvironment, resulting in a Janus-faced profile in which metabolites may exert protective actions at physiological levels but become detrimental when chronically elevated or

spatially dysregulated. These observations underscore the importance of maintaining metabolic balance within the KYN pathway [31, 32].

Altered Trp metabolism, particularly shifts in the relative production of downstream KYN metabolites, has been documented across a broad range of human diseases. Dysregulation of Trp catabolism has been reported in oncological, autoimmune, neurological, and psychiatric conditions, frequently accompanied by enhanced activation of the KYN pathway [33–39]. Such metabolic reprogramming is often driven by inflammatory or immune-related mechanisms and leads to reduced Trp availability together with changes in the abundance of bioactive KYN intermediates. Increasingly, these alterations are regarded as active contributors to disease-associated functional impairments rather than passive biochemical by-products [39–42].

In neurological disorders, disease-specific patterns of KYN pathway dysregulation have been described, commonly reflecting an imbalance between neuroprotective and neurotoxic branches [43–47]. Similar shifts have been observed in psychiatric conditions, including mood and anxiety disorders, schizophrenia, and neurodevelopmental disorders, where altered KYN metabolite profiles have been linked to changes in neurotransmission, cognitive performance, and emotional regulation. Notably, elevated KYNA levels have been consistently associated with disrupted glutamatergic and cholinergic signaling in schizophrenia, whereas increased flux toward oxidative KYN metabolites has been implicated in affective and stress-related disorders [48–50].

Collectively, these findings point to a robust association between disease-related remodeling of Trp metabolism and functional disturbances of the nervous system, positioning the KYN pathway as a shared biochemical substrate across diverse human pathologies. Despite extensive correlative evidence, however, the causal contribution of KYN pathway dysregulation to disease pathogenesis is not yet fully understood, highlighting the need for experimental models that enable mechanistic dissection of Trp metabolic imbalance.

### **Novel *kat2*<sup>-/-</sup> Mice Model**

Preclinical research has played a fundamental role in advancing the understanding of neuropsychiatric disorders by enabling the systematic investigation of disease mechanisms under controlled experimental conditions. Through the use of *in vitro* and *in vivo* models, it has become possible to dissect complex molecular pathways, examine their functional consequences, and identify potential therapeutic targets that are difficult to isolate in clinical settings. In particular, animal models have provided indispensable insight into the behavioral,

cognitive, and physiological dimensions of mental disorders, allowing for the assessment of symptom-like phenotypes and their underlying biological substrates [51–54].

Among preclinical approaches, genetically modified animal models have proven especially valuable, as they permit the targeted manipulation of specific genes implicated in disease-relevant pathways. By introducing gene deletions or structural alterations, transgenic models can approximate defined aspects of human pathology, thereby facilitating causal interpretations of gene-function relationships. Such models not only contribute to mechanistic understanding but also support translational research by enabling the evaluation of novel therapeutic strategies and the interpretation of clinical findings, including imaging and biomarker data [55–57].

Given the central role of the KYN pathway in shaping the neurochemical environment of the brain, enzymes regulating the formation of bioactive KYN metabolites represent particularly relevant targets for genetic manipulation [58–65]. Among these intermediates, KYNA occupies a prominent position due to its broad neuromodulatory profile. KYNA functions as an endogenous antagonist at the N-methyl-D-aspartate receptor and modulates excitatory neurotransmission through its interactions with  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid and kainate receptors, while also influencing cholinergic signaling via the  $\alpha 7$  nicotinic acetylcholine receptor. In addition, KYNA engages metabotropic signaling pathways through receptors such as G protein-coupled receptor 35 and the AhR, highlighting its capacity to influence neuronal and immune-related processes at multiple regulatory levels. Through these diverse interactions, KYNA plays a key role in maintaining excitatory-inhibitory balance and shaping synaptic and network-level activity [66, 67].

Alterations in KYNA availability have been associated with disrupted neurotransmission, cognitive deficits, and behavioral abnormalities, underscoring the importance of tightly regulated KYN pathway flux within the brain. Although substantial correlative evidence links KYNA dysregulation to neuropsychiatric conditions, experimental approaches that allow direct assessment of sustained KAT II deficiency *in vivo* have remained comparatively limited. This gap has constrained efforts to disentangle the primary effects of altered KYNA synthesis from secondary metabolic or adaptive changes within the KYN pathway [68].

To address this limitation, a novel *kat2*<sup>-/-</sup> mouse model was generated by our collaboration partners, Etsuro Ono and his colleagues (Kyushu University, Fukuoka, Japan), using CRISPR/Cas9-mediated gene editing on a C57BL/6N genetic background [69]. Female C57BL/6N mice were hormonally stimulated using pregnant mare serum gonadotropin,



followed by human chorionic gonadotropin administered at a 48-hour interval, after which they were mated with male C57BL/6N mice. Fertilized one-cell-stage embryos were subsequently collected from the oviducts and subjected to cytoplasmic microinjection with single guide RNA and recombinant Cas9 protein. The injected embryos were cultured to the two-cell stage and then transferred into pseudopregnant Institute for Cancer Research recipient females. The mouse strain generated through this procedure carries a targeted deletion within the *aadat* gene that results in the expression of a truncated KAT II polypeptide, effectively disrupting normal enzyme function. This CRISPR/Cas9 line carries an *aadat* deletion (KAT II knockout) and is referred to throughout as *kat2*<sup>-/-</sup>. The strategy enabled precise genetic modification while preserving overall genomic integrity, providing a robust platform for studying the consequences of impaired KYNA synthesis under physiological conditions. The *kat2*<sup>-/-</sup> mouse model was designed to support an integrated analysis of behavioral phenotypes and their underlying metabolic correlates. Behavioral assessments focused on domains with established relevance to KYN pathway function, including emotional processing within the negative valence domain, learning and memory performance, and motor function. These domains were selected to capture behavioral features frequently altered in neuropsychiatric disorders and to evaluate the functional impact of disrupted KYNA regulation at the level of organisms.

In parallel, comprehensive profiling of Trp metabolism was performed to link behavioral outcomes to biochemical alterations. Levels of Trp and its metabolites were assessed across multiple metabolic pathways in peripheral samples, alongside measurements of enzyme activities related to Trp catabolism and indices of oxidative stress and excitotoxicity associated with KYN pathway metabolites. This multimodal approach enabled the identification of metabolic signatures associated with KAT II deficiency and provided a mechanistic context for the observed behavioral phenotypes.

By combining targeted genetic manipulation with behavioral and metabolic analyses, the *kat2*<sup>-/-</sup> mouse model constitutes a powerful experimental framework for investigating the role of KAT II and KYN pathway regulation in brain function. Importantly, this model allows for the differentiation between primary consequences of altered KYNA synthesis and secondary adaptations within interconnected metabolic networks, thereby offering valuable insight into the contribution of Trp metabolism to neuropsychiatric phenotypes.

## Aims

- I. Following the successful generation of the *kat2*<sup>-/-</sup> mouse model, our first objective was to verify the genetic background of the mouse colony before each experimental series. This step was essential to ensure that the gene knockout based on the *aadat* gene deletion was consistently present in all animals, thereby confirming the integrity of both the breeding strategy and the experimental cohorts.
- II. Following confirmation of the appropriate genetic background, our next objective was to comprehensively assess the impact of reduced KAT II activity on the metabolic balance of Trp degradation pathways.
- III. An additional aim of the study was the baseline phenotypic characterization of *kat2*<sup>-/-</sup> mice using standardized screening approaches to identify potential alterations in general health, neurological function, and sensorimotor performance that could influence subsequent behavioral assessments.
- IV. Building on these metabolic and phenotypic findings, a further aim of the study was the behavioral characterization of *kat2*<sup>-/-</sup> mice, to determine how gene deletion-induced alterations in Trp metabolism may influence distinct behavioral domains.

## Materials and methods

### Animals

The C57BL/6N wild-type (WT) mice were obtained from Charles River Laboratories (Germany), while the *kat2*<sup>-/-</sup> mouse line was provided through collaboration with Kyushu University (Fukuoka, Japan) [69]. Animals were housed in polycarbonate cages (530 cm<sup>2</sup> floor area; 4-5 mice per cage) under specific pathogen-free conditions at the Animal Facility of the Department of Neurology, University of Szeged. Environmental parameters were maintained at 24 ± 1 °C, 45-55% relative humidity, and a 12-hour light-dark cycle. Mice had ad libitum access to standard laboratory chow and water, and environmental enrichment was provided using paper tubes, wooden blocks, and nesting material. The importation of genetically modified animals was authorized by the Department of Biodiversity and Gene Conversion of the Ministry of Agriculture (BGMF/37-5/2020). All experimental procedures complied with the Ethical Codex for Animal Experiments and were approved by the Ethics Committee of the Faculty of Medicine, University of Szeged, and the National Food Chain Safety Office (XI./84/2025 and X./1008/2025). The protocol for animal care was approved by the European Communities Council Directive (2010/63/EU) and the Hungarian Health Committee (40/2013 (II.14.)). Animal health was monitored weekly before the experiments and daily during the testing period using a standardized scoring system. Animals reaching predefined humane endpoints were excluded in accordance with welfare regulations.

#### I. Verification of the Genetic Background of the *kat2*<sup>-/-</sup> Mouse Model

All animals were genotyped before inclusion in any experimental procedure, ensuring verification of the genetic background before each experimental series. We collected tail biopsies under 2% isoflurane anesthesia, supplemented with topical lidocaine for local analgesia. A ~3 mm tail fragment was excised using sterile instruments under aseptic conditions, and tissue samples were stored at -80 °C until further processing. Genomic DNA was isolated using an alkaline lysis protocol adapted from the HotSHOT method [70]. Briefly, tissue samples were incubated in a freshly prepared lysis buffer containing 25 mM NaOH and 0.2 mM disodium EDTA at 95 °C for 30 minutes, followed by cooling and neutralization with 40 mM TRIS-HCl. This approach reliably yielded DNA suitable for downstream genotyping. DNA concentration and purity were assessed by spectrophotometry, and extracts were stored at -20 °C until analysis. Genotype determination was performed using a fluorescence-based

TaqMan allelic discrimination assay on a CFX Opus 96 real-time PCR system (Bio-Rad, USA). Reactions were run in singleplex format with allele-specific primers and dual-labeled probes. Each assay plate included non-template controls, as well as verified WT and *kat2*<sup>-/-</sup> reference samples. Allelic discrimination was based on endpoint fluorescence clustering, with genotype assignments cross-validated against amplification curves. Samples yielding ambiguous results were reanalyzed from the original DNA stock.

## II. Metabolic Profiling of Tryptophan Degradation Pathways

### *Quantification of Tryptophan and Its Metabolites*

8-week-old male *kat2*<sup>-/-</sup> and WT mice (n = 10 per group) were included in the metabolomic analyses. Urine samples were collected before anesthesia and immediately stored at -80 °C. For plasma collection, mice were anesthetized with 2% isoflurane, and blood samples were obtained from the left cardiac ventricle into tubes containing disodium ethylenediaminetetraacetate dihydrate. Plasma was separated by centrifugation (10,300 rpm, 10 minutes, 4 °C), transferred to fresh tubes, and stored at -80 °C until analysis. For central metabolite measurements, animals were perfused transcardially with artificial cerebrospinal fluid, after which brains were rapidly removed and dissected into the striatum (STR), cortex (CTX), hippocampus (HIP), cerebellum (CER), and brainstem (STEM). All tissues were collected on ice and stored at -80 °C. Tissue sampling was performed between 08:00 and 12:00 to minimize circadian variability in Trp pathway measures.

Following tissue weight determination, brain samples were homogenized in three times their volume of ice-cold LC-MS-grade water using an ultrasonic homogenizer (UP100H, Hielscher Ultrasound Technology, Germany; 100% amplitude, 0.5 cycles). Samples failing predefined preparation or homogenization quality criteria were excluded before analysis. Targeted metabolomic profiling of Trp-KYN, serotonergic, indole-derived, and catecholaminergic metabolites, as well as selected cofactors, was performed using ultra-high-performance liquid chromatography coupled with tandem mass spectrometry (UHPLC-MS/MS), based on previously published and validated multiplex protocols [71, 72]. Analyses were conducted on a PerkinElmer Flexar UHPLC system coupled to an AB SCIEX QTRAP 5500 triple quadrupole mass spectrometer, operated with Analyst 1.7.1 software. Stable isotope-labeled internal standards were used to ensure accurate quantification. All reagents and solvents were of analytical or LC-MS grade.

### ***Estimation of Enzymatic Activities***

To estimate relative enzyme activities within the Trp metabolic network, product-to-substrate concentration ratios were calculated for each relevant enzymatic step [73–77]. This approach provides an indirect index of pathway flux and enzymatic engagement under the given experimental conditions. Ratio-based estimates were applied consistently across experimental groups, enabling comparative assessment of enzymatic balance within and between Trp degradation pathways.

### ***Indices of Oxidative Stress and Excitotoxicity***

An oxidative stress index (OSI) was derived by normalizing the concentration of the putative pro-oxidant 3-HK to the summed concentrations of the putative antioxidant metabolites KYNA, AA, and XA:

$$\text{Oxidative stress index} = \frac{[3 - \text{hydroxykynurenine}]}{[\text{Kynurenic acid}] + [\text{Anthranilic acid}] + [\text{Xanthurenic acid}]}$$

An excitotoxicity index (EI) was calculated as the ratio of the NMDA receptor agonist QA to the NMDA receptor antagonist KYNA:

$$\text{Excitotoxicity index} = \frac{[\text{Quinolinic acid}]}{[\text{Kynurenic acid}]}$$

These indices were used to capture functional shifts in metabolic balance, rather than isolated changes in metabolites [78–82].

### **III. Baseline Phenotypic Characterization of *kat2*<sup>-/-</sup> Mice**

8-week-old male *kat2*<sup>-/-</sup> and WT mice (n = 10 per group) underwent standardized baseline phenotypic assessment using the RIKEN-modified SHIRPA protocol, developed by The Institute of Physical and Chemical Research (RIKEN, Japan) [83–85]. All evaluations were performed between 08:00 and 12:00 to minimize circadian variability. Animals were transferred to the testing room one hour before scoring to allow for acclimatization. The SHIRPA protocol provides a comprehensive screen of general health, neurological status, and sensorimotor function and was applied to identify baseline phenotypic alterations that could confound subsequent behavioral testing. The assessment covered neuromuscular, autonomic, reflexive, and sensorimotor domains, including spontaneous activity, posture, locomotion, reflex integrity, and responses to sensory stimuli. All assessments were video-recorded using a Basler ace Classic acA1300-60gm camera (Basler AG, Germany) and analyzed with EthoVision XT14 software (Noldus Information Technology BV, The Netherlands).

#### **IV. Behavioral Characterization of *kat2*<sup>-/-</sup> Mice**

8-week-old male *kat2*<sup>-/-</sup> and WT mice (n = 10-13 per group) were included in the behavioral assessments. To ensure consistency across measurements, all behavior tests were conducted between 08:00 and 12:00. Before testing, animals were transferred to the experimental room one hour in advance to allow adequate acclimatization to the testing environment. Between individual animals, all behavioral apparatuses were cleaned with 70% ethanol and allowed to dry to minimize olfactory cues. For behavioral assays not requiring task-specific acquisition or analysis software, animal behavior was video-recorded and quantified using a Basler ace Classic acA1300-60gm camera (Basler AG, Ahrensburg, Germany) in combination with EthoVision XT14 software (Noldus Information Technology BV, Wageningen, The Netherlands), which served as the primary tools for behavioral tracking and data acquisition across multiple tests.

##### ***Open-field test (OFT)***

The OFT was used to assess spontaneous locomotor and exploratory activity, as well as center-oriented exploration as an indirect index of anxiety-like behavior. Mice were tested individually in an open-field arena (48 × 40 cm) illuminated at the center by a standard table lamp. At the beginning of each session, animals were placed in the center of the arena and allowed to freely explore for 10 minutes [86, 87]. Locomotor and exploratory parameters were recorded using the Conducta 1.0 system (Experimetria Ltd., Budapest, Hungary), including ambulation, immobility, vertical and horizontal activity, jumping, rearing, and spatial distribution between central and corner zones.

##### ***Rotarod test***

Motor coordination and balance were evaluated using an automated rotarod apparatus (TSE RotaRod V4.2.6, TSE Systems, Berlin, Germany). Mice underwent a two-day habituation and training period followed by testing on the third day. On Day 1, animals were placed individually on the rotating rod at 5 rpm for 3 minutes, with three trials performed at 30-minute intervals and immediate repositioning after falls. On Day 2, the procedure was repeated at a constant speed of 10 rpm. On Day 3, motor performance was assessed using an accelerating protocol (5-40 rpm over 3 minutes). Each mouse completed three test trials separated by 30-minute intervals without repositioning. Latency to fall was automatically recorded, and mean latency across trials was used for analysis [88–91].

### ***Elevated Plus Maze (EPM) Test***

Anxiety-like behavior was evaluated using the EPM, consisting of a plus-shaped apparatus elevated 50 cm above the floor, with two open and two enclosed arms ( $35 \times 10$  cm). Enclosed arms were bordered by 20 cm-high walls, while open arms lacked side walls. Mice were placed on the central platform facing an open arm and allowed to freely explore the maze for 5 minutes. Time spent in the open arms, closed arms, and central zone was recorded [92, 93].

### ***Light Dark Box (LDB) Tests***

Anxiety-like behavior was further assessed using the LDB test, comprising a larger illuminated compartment (two-thirds of the apparatus) and a smaller enclosed dark compartment (one-third), connected by a  $5 \times 5$  cm opening. Mice were placed individually in the light compartment, and time spent in the illuminated area was recorded during a 5-minute session, beginning 5 seconds after placement to allow initial orientation [94–97].

### ***Modified Forced Swim Test (FST)***

Depressive-like behavior was evaluated using a modified FST. Mice were individually placed in a glass cylinder (12 cm diameter, 30 cm height) filled with fresh water ( $25 \pm 1$  °C) to a depth of 20 cm. To minimize novelty-related effects, a 15-minute pretest was conducted 24 hours before the 3-minute test session. During testing, immobility, swimming, and climbing behaviors were quantified using a time-sampling method [98, 99].

### ***Tail Suspension Test (TST)***

Depressive-like behavior was additionally evaluated using the TST. Animals were individually suspended by the tail for 6 minutes in a wooden enclosure ( $28.0 \times 28.0 \times 23.5$  cm) using a clip attached to the top of the apparatus, allowing free limb movement without surface contact. Immobility duration was recorded as the primary outcome measure. To reduce discomfort and prevent tail injury, a cotton insert was placed inside the clip. Animals that climbed the clip or escaped suspension were excluded from analysis [100, 101].

### ***Passive Avoidance Test (PAT)***

PAT was used to assess fear-associated aversive learning and long-term memory. The apparatus consisted of two compartments with contrasting illumination, connected by a  $5 \times 5$  cm opening. During the training session, mice were placed in the illuminated compartment and allowed to freely explore until entering the dark compartment, where a mild foot shock (0.3 mA) was delivered. Animals were removed from the apparatus 10 seconds later. Memory retention was evaluated 24 hours thereafter by recording the latency to enter the dark compartment. Mice that

did not enter the dark compartment within 5 minutes during training were excluded from further analysis [102–104].

### ***Novel Object Recognition Test (NORT)***

Recognition memory and novelty preference were assessed using NORT in a 60 × 60 × 60 cm arena. Three objects differing in shape and color, but matched for size, were used. The procedure was conducted over three consecutive days. On Day 1 (habituation), mice explored the empty arena for 10 minutes. During Day 2 (training), animals were allowed to explore two identical objects for 10 minutes; mice showing no object interaction were excluded from further analysis. On Day 3 (test), one familiar object was replaced with a novel object, while the remaining object served as the familiar control. Object-directed exploration time was recorded during training and testing [105–108]. Novelty preference was quantified using the discrimination index (DI) and preference index (PI), calculated as:

$$DI = \frac{T_{novel} - T_{familiar}}{T_{novel} + T_{familiar}}$$

$$PI = \frac{T_{novel}}{T_{novel} + T_{familiar}} \times 100$$

### ***Object-Based Attention Test (OBAT)***

Attentional performance was assessed using OBAT. The task was conducted in a two-compartment arena comprising a larger (40 × 40 × 40 cm) and a smaller (20 × 40 × 40 cm) compartment, using objects matched for size but differing in shape and color. During the training phase, mice explored five distinct objects in the larger compartment for 3 minutes. Animals failing to interact with the object later designated as familiar were excluded. In the test phase, the familiar object and a novel object were presented in the smaller compartment for 3 minutes. Object-directed exploration time during training and testing served as the primary outcome measure [109–111].

### ***Y-Maze Test***

Working memory performance was assessed using the Y-maze test. At the start of the trial, animals were placed at the distal end of the longest arm, facing the central junction, and allowed to freely explore the maze for 8 minutes. Spontaneous alternation behavior and the total number of arm entries were recorded [112–114]. The spontaneous alternation rate was calculated as follows:



$$\text{Spontaneous alternation (\%)} = \frac{\text{number of spontaneous alternations}}{\text{total number of arm entries} - 2} \times 100$$

### ***Marble Burying Test (MBT)***

Repetitive behavior was assessed using MBT. Mice were tested individually in a transparent plastic arena (40 × 24 × 18 cm) containing a 5 cm-deep layer of fresh bedding. Sixteen glass marbles (1 cm diameter) were arranged at one end of the arena in a regular grid pattern, with the outermost marbles positioned 3.5 cm from the walls and 5 cm spacing between adjacent marbles. The enclosure was covered with a ventilated transparent lid to prevent escape while allowing adequate airflow. Animals were allowed to freely explore the arena for 30 minutes, after which marbles were classified according to their degree of displacement or burial as intact, displaced, partially buried (0-75%), or fully buried (75-100%). The distribution of marble categories was quantified and compared across experimental groups [115–118].

### ***Three Chamber Test (3CT)***

Social behavior was evaluated using 3CT. For this type of behavioral test, we used a rectangular apparatus divided into three compartments (20.0 × 40.5 × 22.0 cm each) by opaque plastic walls with closable doorways (7.5 × 5.0 cm). Cylindrical wire-mesh enclosures placed in the lateral chambers permitted visual and olfactory interaction while preventing direct contact. The protocol comprised three phases. During habituation, mice were confined to the center chamber for 10 minutes. In the sociability phase, animals freely explored all compartments for 10 minutes, with one lateral chamber containing an empty enclosure and the other housing a novel, sex-, age-, and weight-matched conspecific. The social novelty phase followed an identical procedure, with the previously encountered animal serving as the familiar stimulus and a new conspecific introduced into the opposite chamber. Time spent in each compartment, enclosure investigation time, and chamber entries were recorded as primary outcome measures [119–123].

### **Statistical Analysis**

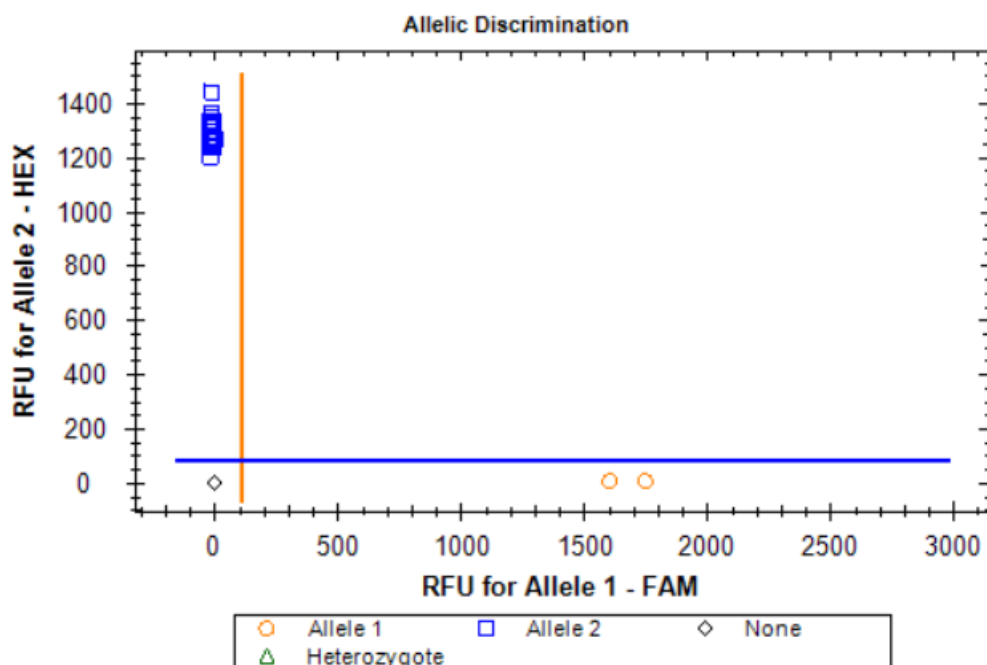
All statistical analyses were performed using IBM SPSS Statistics, version 28.0.0.0 (IBM Corp., Armonk, NY, USA). Prior to inferential testing, the distribution of all datasets (metabolomic, phenotypic, and behavioral parameters) was assessed for normality using the Shapiro-Wilk test, complemented by visual inspection of Q-Q plots. Where appropriate, the Kolmogorov-Smirnov test was also applied. Homogeneity of variances was evaluated using Welch's F-test, and potential outliers were identified using Grubb's test. For comparisons

between *kat2*<sup>-/-</sup> and WT groups, independent samples t-tests were applied when assumptions of normality and variance homogeneity were met. In cases of non-normal distribution, the Mann-Whitney U test was used. Within-group comparisons of paired measures were analyzed using paired samples t-tests or Wilcoxon signed-rank tests, as appropriate. Data derived from paradigms involving multiple dependent variables or repeated factors were analyzed using mixed-design analysis of variance (ANOVA). When heterogeneity of variances was detected, Tamhane post hoc tests were applied. Baseline phenotypic data obtained using the SHIRPA protocol were analyzed using one-way ANOVA, reflecting their screening-level descriptive nature. Behavioral and metabolomic data were evaluated using two-tailed statistical tests throughout. A p-value < 0.05 was considered statistically significant for all analyses. Data are presented as mean ± standard deviation (SD).

## Results

### I. Verification of the Genetic Background of the *kat2*<sup>-/-</sup> Mouse Model

Genotyping procedures based on alkaline DNA extraction and TaqMan allelic discrimination were successfully established and consistently applied throughout the study. All *kat2*<sup>-/-</sup> animals included in the breeding program and experimental cohorts carried the targeted deletion, as confirmed before each experimental series (**Figure 2**). These results verify that the CRISPR/Cas9-mediated *aadat* deletion was stably maintained in a homozygous form across generations and did not exhibit loss or reversion during colony propagation.



**Figure 2.** Representative TaqMan allelic discrimination plot used for genotypic verification of *kat2*<sup>-/-</sup> mice. Fluorescence intensity values are shown as relative fluorescence units for the WT-specific probe labeled with 6-carboxyfluorescein (FAM; Allele 1, x-axis) and the mutant allele-specific probe labeled with hexachloro-fluorescein (HEX; Allele 2, y-axis). Samples positive for Allele 1 (orange circles) correspond to WT mice, whereas samples positive for Allele 2 (blue squares) represent *kat2*<sup>-/-</sup> mice. Black diamonds indicate non-template controls lacking detectable amplification of either allele. Heterozygous samples, which would display concurrent FAM and HEX signals and be marked with green triangles, were not detected in the analyzed cohort, confirming homozygous inheritance of the deletion. Vertical and horizontal threshold lines indicate the fluorescence cutoffs used by the allelic discrimination algorithm to assign samples to allele-specific clusters. FAM, 6-carboxyfluorescein; HEX, hexachloro-fluorescein; RFU, relative fluorescence units.

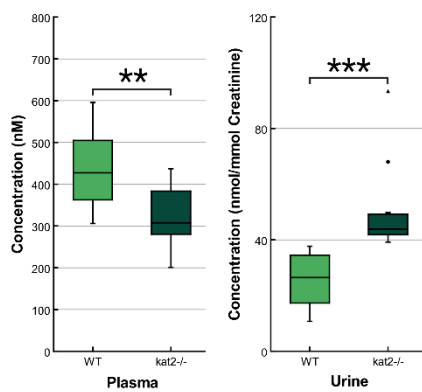
## II. Metabolic Profiling of Tryptophan Degradation Pathways

### *Quantification of Tryptophan and Its Metabolites*

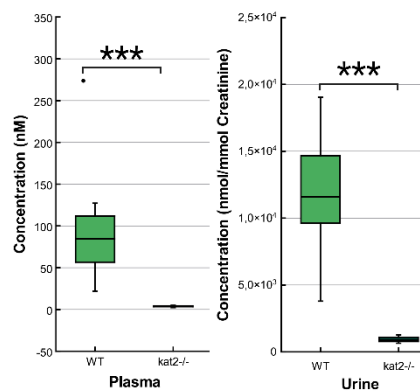
Targeted UHPLC-MS/MS analysis revealed widespread alterations in Trp-related metabolite profiles in *kat2*<sup>-/-</sup> mice compared to WT controls, affecting both peripheral matrices and distinct brain regions. In plasma, *kat2*<sup>-/-</sup> mice exhibited significantly reduced concentrations of KYN, KYNA, AA, XA, 5-HIAA, and IAA, accompanied by a marked elevation of 3-HK. In urine samples, the pattern was slightly different from that previously observed in plasma: KYNA,

XA, and IAA decreased, whereas KYN, 3-HK, and 5-HT increased relative to WT mice (**Figure 3, Figure 6**).

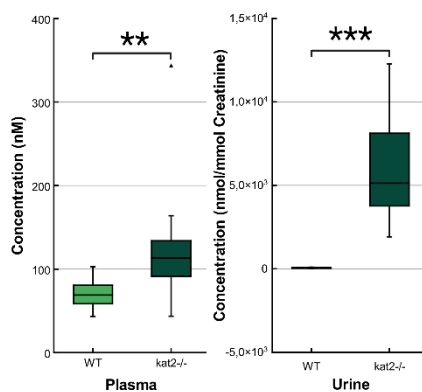
### a) KYN



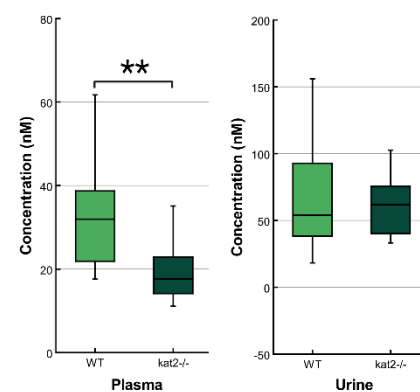
### b) KYNA



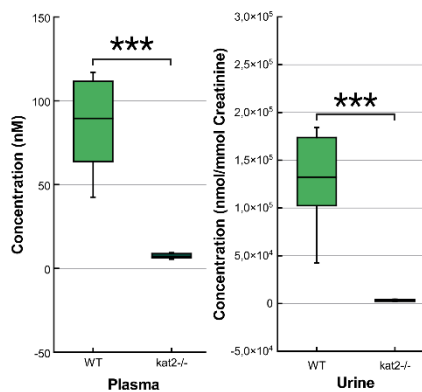
### c) 3-HK



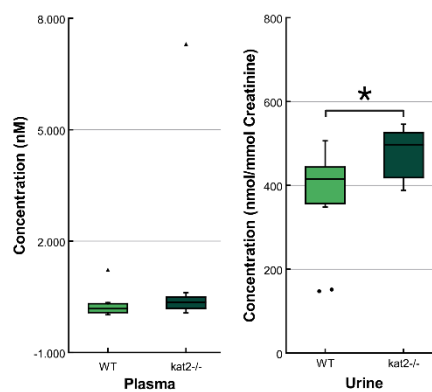
### d) AA



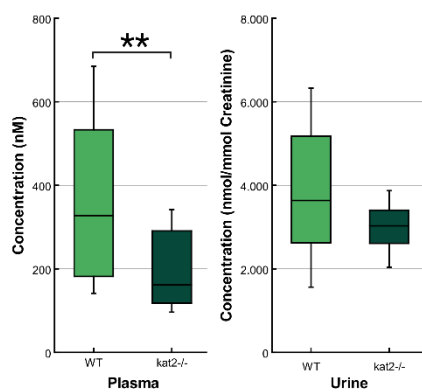
### e) XA



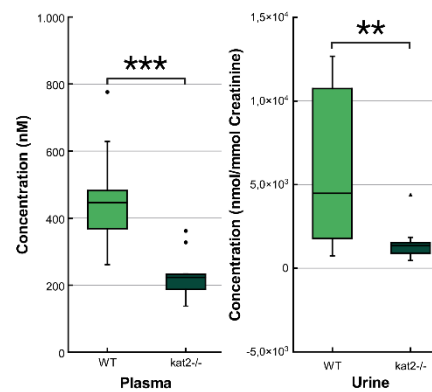
### f) 5-HT



### g) 5-HIAA

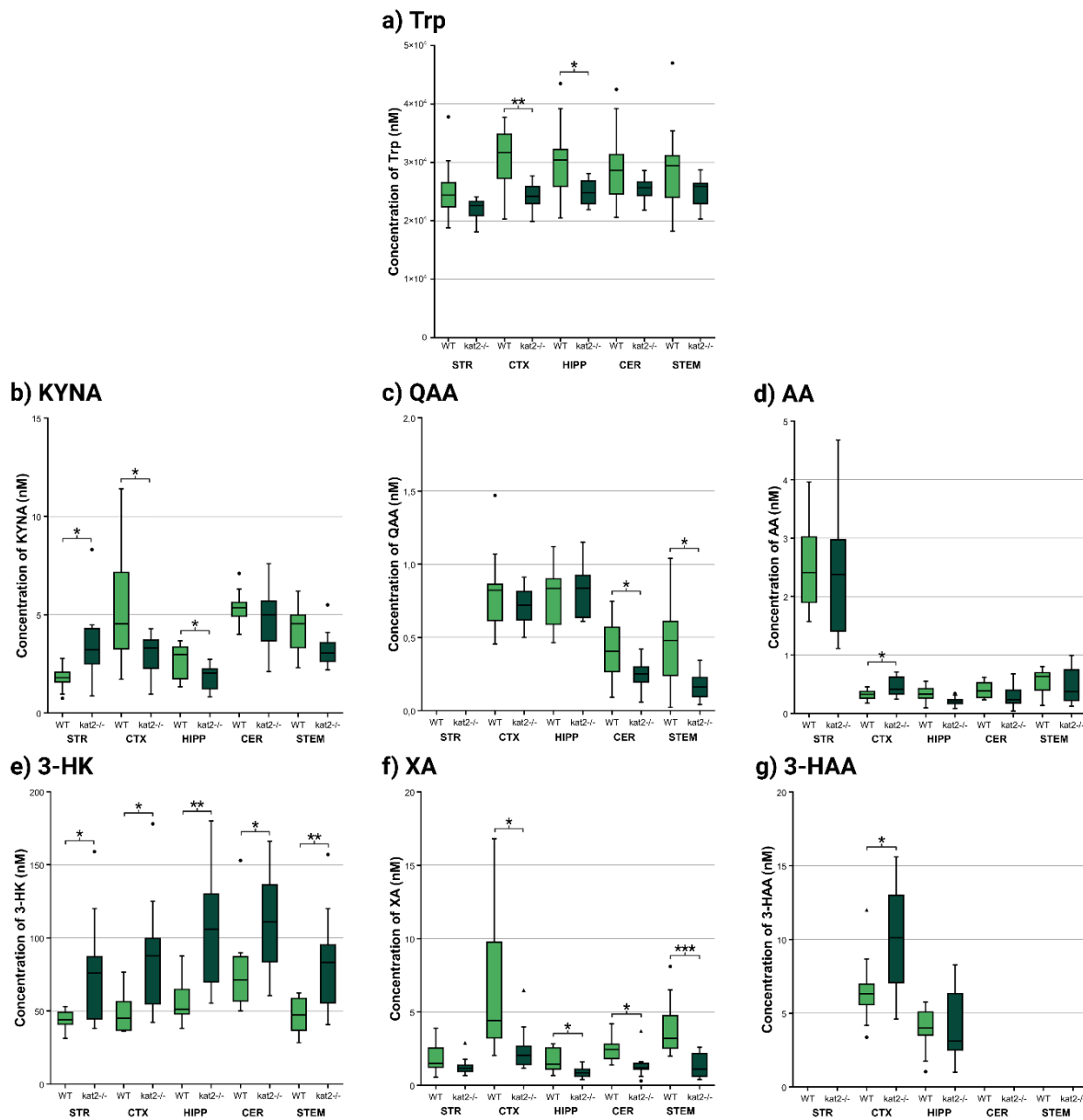


### h) IAA



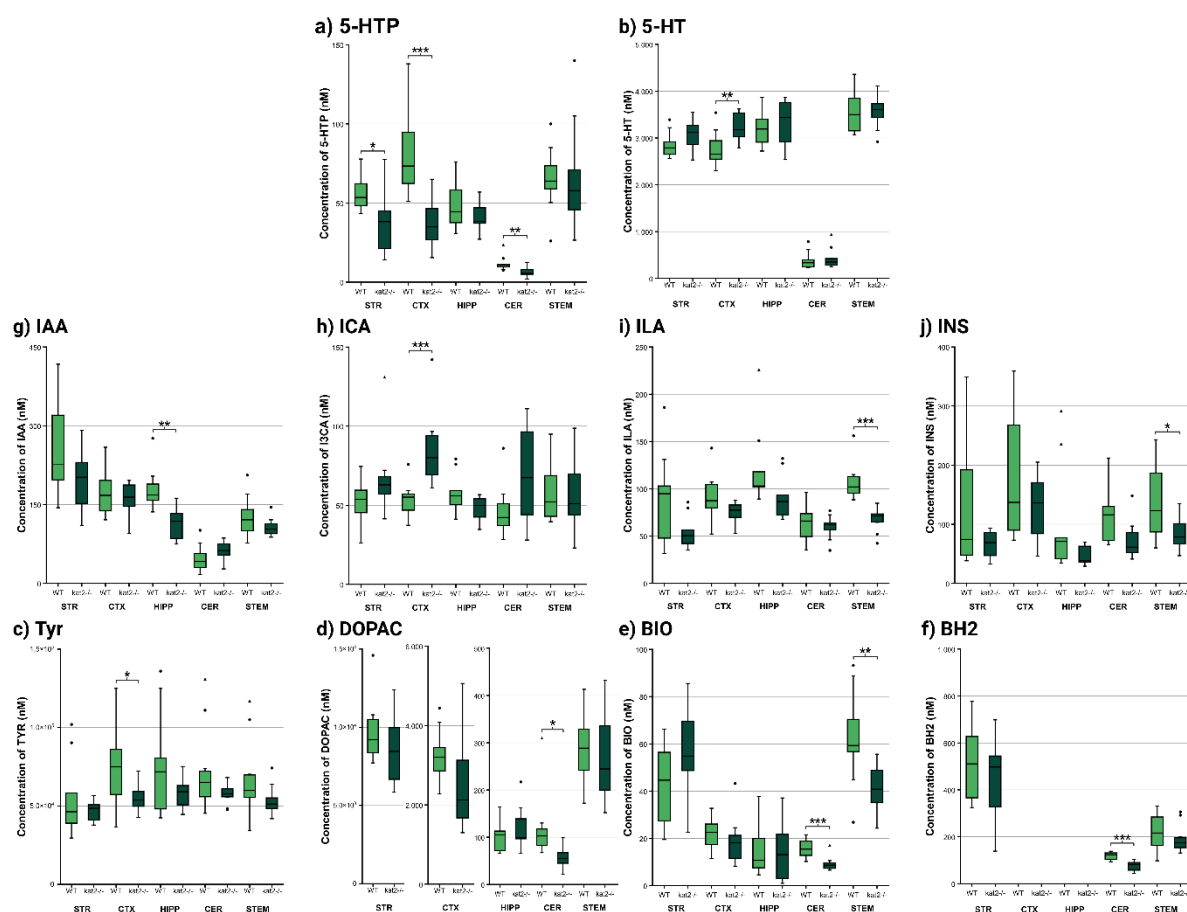
**Figure 3.** Peripheral concentrations of Trp-related metabolites in plasma and urine [69]. Results obtained from WT mice are indicated by light green boxes, whereas *kat2*<sup>-/-</sup> mice are represented by dark green boxes. Data are presented as mean ± SD. Statistical significance is denoted as \*  $p < 0.05$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.001$ . Outliers and extreme values are indicated by symbols. Figures were generated using LabPlot 2.9.0 (KDE, Berlin, Germany) and BioRender.com scientific illustration software. 3-HK, 3-hydroxykynurenine; 5-HIAA, 5-hydroxyindole-3-acetic acid; 5-HT, 5-hydroxytryptamine/serotonin; AA, anthranilic acid; IAA, indole-3-acetic acid; *kat2*<sup>-/-</sup>, kynurenine aminotransferase II knockout mice; KYN, kynurenine; KYNA, kynurenic acid; XA, xanthurenic acid; WT, wild-type mice; •, outlier; ▲, far out.

Analysis of brain tissue demonstrated pronounced region-dependent metabolic remodeling (**Figure 4, Figure 6**). The most consistent alteration across all examined regions (STR, CTX, HIP, CER, STEM) was an increase in 3-HK, accompanied by a global reduction in XA. In contrast, KYNA displayed a heterogeneous regional pattern, with significant decreases in CTX and HIP, while being elevated in the STR. Despite these KYNA changes, its downstream metabolite QAA remained unchanged in CTX and HIP but was significantly reduced in CER and STEM.



**Figure 4.** Brain region-dependent distribution of Trp and kynurenine pathway metabolites measured in *kat2*<sup>-/-</sup> and WT mice [11]. The figure displays quantitative data for Trp, KYNA, QAA, AA, 3-HK, XA, and 3-HAA. Results from WT mice are shown in light green, while *kat2*<sup>-/-</sup> mice are indicated in dark green. Data are presented as mean  $\pm$  SD. Outliers and extreme values are marked accordingly. Statistical significance is denoted as \*  $p < 0.05$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.001$ . Figures were generated using LabPlot 2.9.0 (KDE, Berlin, Germany) and BioRender.com. 3-HAA, 3-hydroxyanthranilic acid; 3-HK, 3-hydroxykynurenine; AA, anthranilic acid; CER, cerebellum; CTX, cortex; HIPP, hippocampus; *kat2*<sup>-/-</sup>, kynurenine aminotransferase II knockout mice; KYNA, kynurenic acid; QAA, quinaldic acid; STEM, brainstem; STR, striatum; Trp, tryptophan; WT, wild-type mice; XA, xanthurenic acid; •, outlier; ▲, far out.

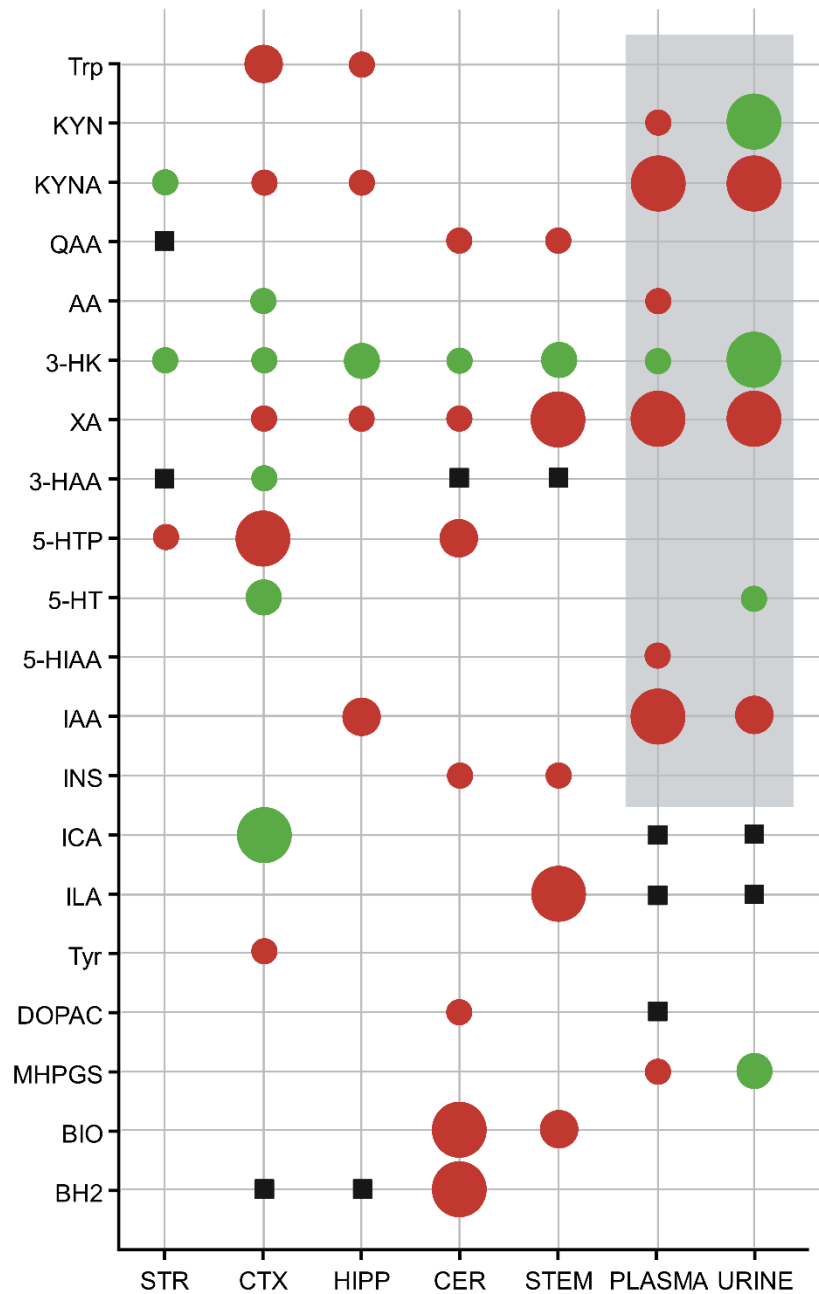
Within the serotonergic pathway, 5-HTP levels were reduced in CTX and CER, whereas 5-HT concentrations were increased in CTX, consistent with the elevated urinary 5-HT observed peripherally (**Figure 5a-b, Figure 6**). Beyond the serotonergic system, selected metabolites of the indole-pyruvate pathway also exhibited region-specific alterations. IAA concentrations were reduced in the HIPP, while ICA levels were increased in the CTX. In the STEM, both ILA and INS concentrations were decreased relative to WT controls (**Figure 5c-f, Figure 6**). Additional alterations included reduced Tyr levels in CTX and HIPP, as well as selective decreases in pterin metabolites, together with alterations detected outside the core KYN pathway. To extend pathway coverage, metabolites of the indole-pyruvate and Tyr-DA pathways were also quantified. Among these, MHPGS emerged as the only metabolite showing a significant difference between genotypes, while other measured intermediates remained unchanged (**Figure 5g-j, Figure 6**).



**Figure 5.** Regional concentrations of metabolites associated with the 5-HT, indole-pyruvate, and Tyr-DA pathways measured across distinct brain regions in *kat2*<sup>-/-</sup> and WT mice [11]. The figure presents box plots of serotonergic metabolites (a-b), indole-pyruvate pathway



metabolites (c-f), and Tyr-DA-related metabolites and cofactors (g-j) quantified in the STR, CTX, HIP, CER, and STEM. Data from WT mice are shown in light green, whereas *kat2*<sup>-/-</sup> mice are indicated in dark green. Values are expressed as mean  $\pm$  SD. The figure was generated with the use of LabPlot version 2.9.0 (KDE, Berlin, Germany) and BioRender.com. 5-HT, 5-hydroxytryptamine/serotonin; 5-HTP, 5-hydroxytryptophan; BH<sub>2</sub>, dihydrobiopterin; BIO, biopterin; CER, cerebellum; CTX, cortex; DOPAC, 3,4-dihydroxyphenylacetic acid; HIP, hippocampus; IAA, indole-3-acetic acid; ICA, indole-3-carboxaldehyde; ILA, indole-3-lactic acid; INS, indoxyl sulfate; *kat2*<sup>-/-</sup>, kynurenine aminotransferase II knockout mice; STEM, brainstem; STR, striatum; Tyr, tyrosine; WT, wild-type mice; •, outlier; ▲, far out.

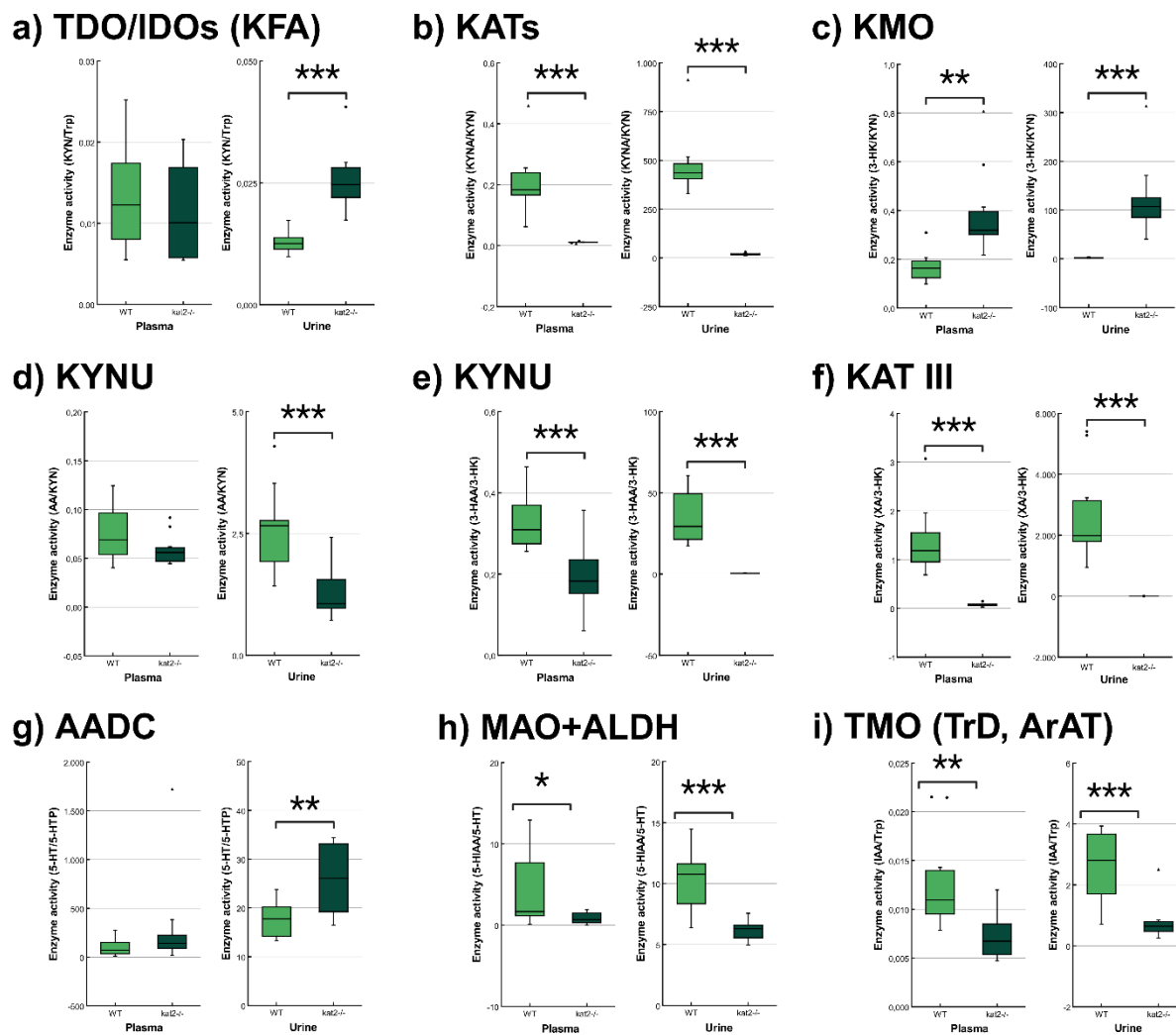


**Figure 6.** Summary of region- and matrix-specific differences in Trp-derived metabolites between *kat2<sup>-/-</sup>* and WT mice assessed by UHPLC-MS/MS [11]. Schematic overview of statistically significant changes in Trp-related metabolites across peripheral matrices (plasma, urine) and distinct brain regions (STR, CTX, HIP, CER, STEM) in *kat2<sup>-/-</sup>* mice relative to WT controls. The diagram integrates alterations detected within the Trp-KYN, serotonergic, indole-pyruvate, and Tyr-DA pathways, providing a region- and matrix-resolved summary of the dataset. Statistically significant differences are indicated by colored circles, with red denoting decreased and green denoting increased metabolite concentrations compared to WT mice. The

size of the circles reflects the level of statistical significance (small:  $p < 0.05$ ; medium:  $p < 0.01$ ; large:  $p < 0.001$ ). Gray background shading denotes data previously published in the first study, while the remaining data originate from the second manuscript. Black squares denote metabolites or matrices for which no data were available. The figure was created using LabPlot version 2.9.0 (KDE, Berlin, Germany) and BioRender.com. 3-HAA, 3-hydroxyanthranilic acid; 3-HK, 3-hydroxykynurenine; 5-HIAA, 5-hydroxyindole-3-acetic acid; 5-HT, 5-hydroxytryptamine/serotonin; 5-HTP, 5-hydroxytryptophan; AA, anthranilic acid; BH<sub>2</sub>, dihydrobiopterin; BIO, biopterin; CER, cerebellum; CTX, cortex; DOPAC, 3,4-dihydroxyphenylacetic acid; HIPP, hippocampus; IAA, indole-3-acetic acid; ICA, indole-3-carboxaldehyde; ILA, indole-3-lactic acid; INS, indoxyl sulfate; KYN, kynurenine; KYNA, kynurenic acid; MHPGS, 3-methoxy-4-hydroxyphenylglycol sulfate; QAA, quinaldic acid; STEM, brainstem; STR, striatum; Trp, tryptophan; Tyr, tyrosine; XA, xanthurenic acid.

### ***Estimation of Enzymatic Activities***

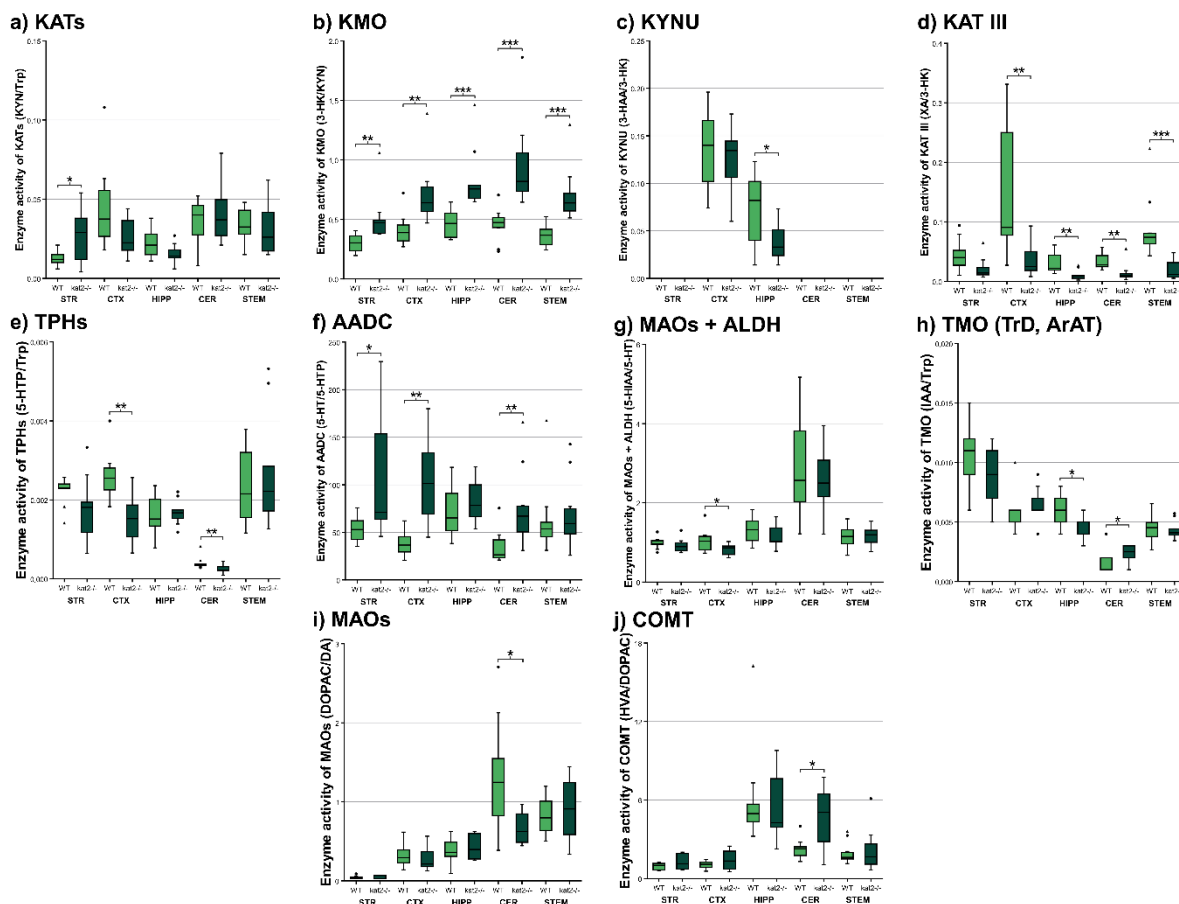
In plasma samples, *kat2*<sup>-/-</sup> mice exhibited significantly reduced estimated activities of KATs, KYNU, KAT III, monoamine oxidases (MAOs), aldehyde dehydrogenase (ALDH), and tryptophan-2-monooxygenase (TMO) relative to WT controls (**Figure 7**). In contrast, the estimated activity of KMO was significantly increased. In urine samples, a broadly similar pattern was observed, with lower estimated activities of KATs, KYNU, KAT III, MAO, ALDH, and TMO in *kat2*<sup>-/-</sup> mice compared to WT animals. In addition, higher estimated activities of TDO/IDOs, KMO, and aromatic L-amino acid decarboxylase (AADC) were detected in urine from *kat2*<sup>-/-</sup> mice.



**Figure 7.** Estimated enzymatic activities within Trp metabolic pathways in plasma and urine [69]. The figure summarizes activity estimates for TDO/IDOs, KATs, KMO, KYNU, KAT III, AADC, MAO combined with ALDH, and TMO-related enzymatic steps. Data from WT mice are shown in light-colored boxes, whereas *kat2*<sup>-/-</sup> mice are indicated in dark-colored boxes. Results are expressed as mean  $\pm$  SD. Levels of statistical significance are denoted by \*  $p < 0.05$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.001$ . Graphical representations were prepared using LabPlot version 2.9.0 (KDE, Berlin, Germany) and BioRender.com. 3-HAA, 3-hydroxyanthranilic acid; 3-HK, 3-hydroxykynurenine; 5-HIAA, 5-hydroxyindoleacetic acid; 5-HT, 5-hydroxytryptamine/serotonin; 5-HTP, 5-hydroxytryptophan; AA, anthranilic acid; AADC, aromatic L-amino acid decarboxylase; ALDH, aldehyde dehydrogenase; ArAT, aromatic amino acid aminotransferase; IAA, indole-3-acetic acid; IDOs, indoleamine 2,3-dioxygenases; KAT III, kynurenine aminotransferase III/cysteine conjugate beta-lyase 2; KATs, kynurenine aminotransferases; KFA, kynurenine formamidase; KMO, kynurenine 3-monooxygenase; KYN, kynurenine; KYNA, kynurenic acid; KYNU, kynureninase; MAO, monoamine oxidase;

TDO, tryptophan 2,3-dioxygenase; TMO, tryptophan-2-monooxygenase; TrD, tryptophan decarboxylase; Trp, tryptophan; XA, xanthurenic acid; •, outlier; ▲, far out.

Analysis of enzyme activity ratios demonstrated region-dependent alterations in estimated Trp metabolic fluxes in *kat2*<sup>-/-</sup> mice. KATs activity, expressed as the KYN/Trp ratio, was selectively reduced in the STR. In contrast, KMO activity was significantly increased across all examined regions. KYNU activity showed a modest but significant increase in the HIPP, whereas KAT III activity was consistently reduced in CTX, HIPP, CER, and STEM (Figure 8a-d). Within the serotonergic pathway, tryptophan hydroxylase (TPH) activity was reduced in CTX and CER, while AADC activity was increased in STR, CTX, and HIPP (Figure 8e-g). In addition, MAO/ALDH activity was decreased in the CTX. In the indole-pyruvate pathway, TMO activity was reduced in the CTX, HIPP, and CER (Figure 8h). Within the Tyr-DA pathway, MAO activity was reduced in the CER, while catechol-O-methyltransferase (COMT) activity was increased in the same region (Figure 8i-j).

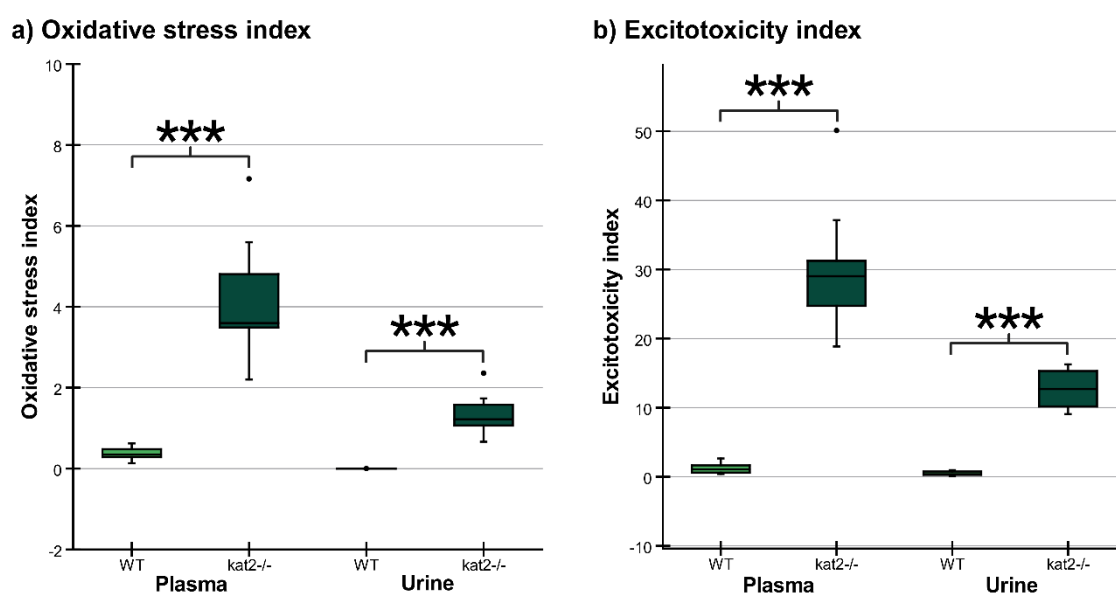


**Figure 8.** Region-specific alterations in estimated enzymatic activities across Trp-related metabolic pathways in *kat2*<sup>-/-</sup> and WT mice [11]. WT mice are represented by light-colored boxes, whereas *kat2*<sup>-/-</sup> mice are shown using dark-colored boxes. Box plots summarize activity

estimates in the STR, CTX, HIP, CER, and STEM, calculated as product-to-substrate concentration ratios. Within the KYN pathway, enzymatic activities were estimated for KATs, KMO, KYNU, and KAT III (a-d). Within the serotonergic pathway, activity estimates included TPHs, AADC, and combined MAO/ALDH (e-g). Within the indole-pyruvate pathway, TMO-related activity was estimated using the IAA/Trp ratio (h). Within the Tyr-DA pathway, MAO and COMT activities were assessed (i-j). Data are presented as mean  $\pm$  SD. Statistical significance is indicated as \*  $p < 0.05$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.001$ . Figures were generated using LabPlot 2.9.0 (KDE, Berlin, Germany) and BioRender.com. 3-HAA, 3-hydroxyanthranilic acid; 3-HK, 3-hydroxykynurenine; 5-HT, 5-hydroxytryptamine/serotonin; 5-HTP, 5-hydroxytryptophan; AADC, aromatic L-amino acid decarboxylase; ALDH, aldehyde dehydrogenase; ArAT, aromatic amino acid aminotransferase; CER, cerebellum; COMT, catechol-O-methyltransferase; CTX, cortex; DA, dopamine; DOPAC, 3,4-dihydroxyphenylacetic acid; HIP, hippocampus; HVA, homovanillic acid; IAA, indole-3-acetic acid; KAT III, kynurenine aminotransferase III/cysteine conjugate beta-lyase 2; *kat2*<sup>-/-</sup>, kynurenine aminotransferase II knockout mice; KATs, kynurenine aminotransferases; KMO, kynurenine-3-monooxygenase; KYN, kynurenine; KYNU, kynureninase; MAOs, monoamine oxidases; STEM, brainstem; STR, striatum; TMO, tryptophan-2-monooxygenase; TPHs, tryptophan hydroxylases; TrD, tryptophan decarboxylase; Trp, tryptophan; WT, wild-type mice; XA, xanthurenic acid; •, outlier; ▲, far out.

### *Indices of Oxidative Stress and Excitotoxicity*

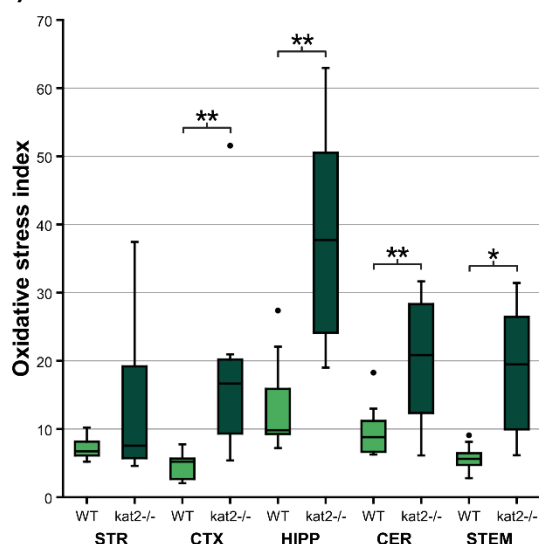
Indices of oxidative stress (**Figure 9a**) and excitotoxicity (**Figure 9b**) were significantly higher in both plasma and urine samples of *kat2*<sup>-/-</sup> mice compared to WT controls.



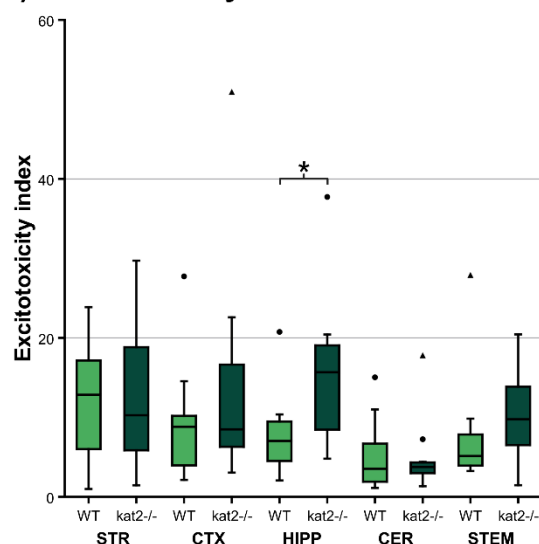
**Figure 9.** Peripheral OSI (a) and EI (b) measured in plasma and urine samples from *kat2<sup>-/-</sup>* and WT mice [69]. WT animals are represented by light-colored boxes, whereas *kat2<sup>-/-</sup>* mice are shown in dark-colored boxes. Data are presented as mean  $\pm$  SD. Statistical significance is indicated as \*\*\*  $p < 0.001$ . The figure was generated with the use of LabPlot 2.9.0 (KDE, Berlin, Germany) and BioRender.com. *kat2<sup>-/-</sup>*, kynurenine aminotransferase II knockout mice; WT, wild-type mice; •, outlier.

To assess oxidative stress and excitotoxicity within central compartments, composite indices were calculated from selected KYN pathway metabolites. The OSI (**Figure 10a**) was significantly elevated in several brain regions of *kat2<sup>-/-</sup>* mice, including the CTX, HIPP, CER, and STEM, with the largest increases observed in the HIPP and STEM. In contrast, the EI (**Figure 10b**) remained unchanged in the STR, CTX, and CER, whereas a significant increase was observed in the HIPP.

#### a) Oxidative stress index



#### b) Excitotoxicity index



**Figure 10.** Region-specific (a) OSI and (b) EI in *kat2<sup>-/-</sup>* and WT mice [11]. Box plots depict index values in the STR, CTX, HIPP, CER, and STEM. WT animals are shown in light-colored boxes, whereas *kat2<sup>-/-</sup>* mice are represented by dark-colored boxes. Data are presented as mean  $\pm$  SD. Statistical significance is indicated as \*  $p < 0.05$ , and \*\*  $p < 0.01$ . The figure was prepared using LabPlot 2.9.0 (KDE, Berlin, Germany) in combination with BioRender.com. CER, cerebellum; CTX, cortex; HIPP, hippocampus; *kat2<sup>-/-</sup>*, kynurenine aminotransferase II knockout mice; STEM, brainstem; STR, striatum; WT, wild-type mice; •, outlier; ▲, far out.

### III. Baseline Phenotypic Characterization of *kat2<sup>-/-</sup>* Mice

Baseline phenotypic assessment using the modified SHIRPA test revealed no significant differences between *kat2<sup>-/-</sup>* mice and their WT counterparts across the evaluated parameters.

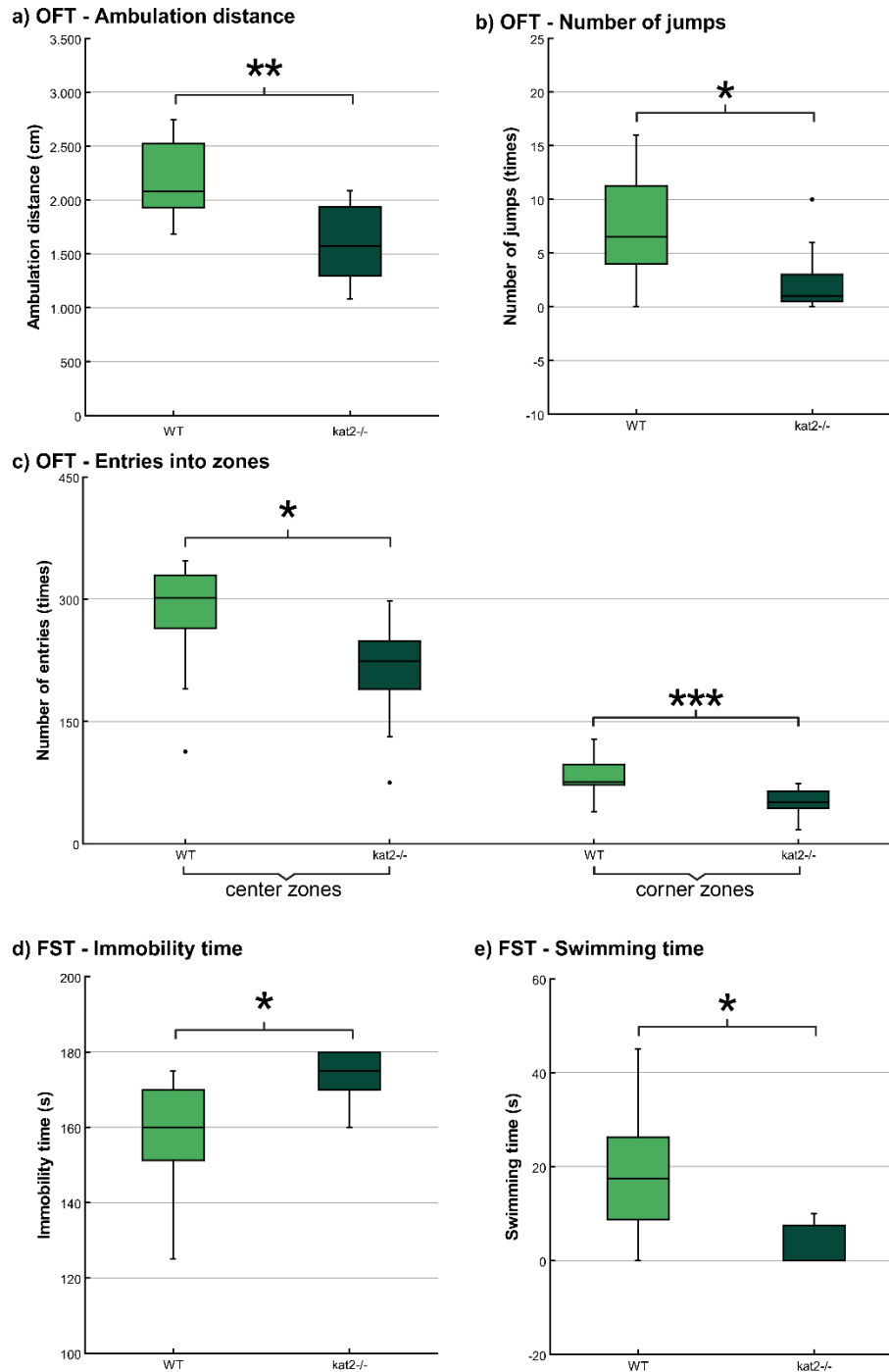
### IV. Behavioral Characterization of *kat2<sup>-/-</sup>* Mice

#### *Locomotor Activity and Motor Coordination*

Baseline locomotor activity and motor coordination were assessed using OFT and rotarod paradigms. In OFT, *kat2<sup>-/-</sup>* mice exhibited a reduction in spontaneous locomotor activity, as reflected by a significantly shorter ambulation distance during the 10-minute observation period compared to WT controls (**Figure 11a**). In addition, *kat2<sup>-/-</sup>* mice performed fewer jumps (**Figure 11b**) and showed reduced exploratory behavior, indicated by a lower number of entries into both the center and corner zones of the arena (**Figure 11c**). Although OFT captures multiple behavioral components, anxiety-related parameters were further examined using dedicated tests described below.

In contrast, performance on the rotarod task did not differ between genotypes, and no significant strain-dependent differences were detected in parameters reflecting motor coordination or motor learning. Together, these findings indicate subtle alterations in spontaneous locomotor and exploratory activity in the genetically modified mice, while motor coordination and balance remained preserved.





**Figure 11.** Behavioral parameters exhibiting significant inter-strain differences between *kat2*<sup>-/-</sup> and WT mice [69]. Box plots depict OFT parameters showing statistically significant genotype-dependent differences: (a) ambulation distance, (b) number of jumps, and (c) entries into the center and corner zones. Modified FST measures showing significant inter-strain differences are (d) time spent immobile and (e) time spent swimming. WT mice are represented by light green boxes, whereas *kat2*<sup>-/-</sup> mice are shown in dark green. Data are presented as mean ± SD.

Statistical significance is indicated as \*  $p < 0.05$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.001$ . The figure was prepared using LabPlot 2.9.0 (KDE, Berlin, Germany) in combination with BioRender.com. FST, forced swim test; *kat2*<sup>-/-</sup>, kynurenine aminotransferase II knockout mice; OFT, open-field test; WT, wild-type mice; •, outlier.

### ***Anxiety-Like Behavior***

Anxiety-related behaviors were evaluated using EPM, LDB and MBT paradigms. Across all measured parameters, no significant genotype-dependent differences were detected between *kat2*<sup>-/-</sup> mice and WT controls, indicating comparable anxiety-like behavior under the applied testing conditions.

### ***Depression- and Stress-Related Behavior***

Depression- and stress-related behaviors were examined using the modified FST and TST. In FST, *kat2*<sup>-/-</sup> mice displayed a significantly longer immobility time (**Figure 11d**) accompanied by a reduced swimming time (**Figure 11e**) compared to WT controls. In contrast, no statistically significant genotype-dependent differences were observed in TST.

### ***Cognitive and Attentional Performance***

Cognitive and attentional functions were evaluated using tasks assessing recognition memory, attentional allocation, working memory, and aversive learning. In NORT, both *kat2*<sup>-/-</sup> and WT mice spent significantly more time exploring the novel object compared to the familiar one during the test phase, with no significant differences detected between genotypes in exploration time or discrimination indices. Performance in PAT did not differ between the genetically modified and WT mice, as measured by step-through latency during the retention trial. In OBAT, total object exploration time during both the training and testing phases was comparable between strains. Within the *kat2*<sup>-/-</sup> group, animals spent significantly more time interacting with the novel object than with the familiar one during the testing phase, whereas no between-strain differences were observed. Assessment of spatial working memory in the Y-maze test revealed no significant genotype-dependent differences in spontaneous alternation rates or total arm entries.

### ***Repetitive and Social Behavior***

In 3CT, both *kat2*<sup>-/-</sup> and WT mice spent significantly less time in the lateral compartments than in the central chamber during both the sociability and social novelty phases. Beyond this shared spatial preference, no genotype-dependent differences were detected across any of the measured social interaction parameters.

## Discussion

### Genetic validation and model integrity

Interpreting metabolic and behavioral outcomes requires a genetically stable, well-validated experimental model. In this study, systematic genotyping confirmed that the *aadat* deletion was consistently present in all animals assigned to the knockout group across experimental cohorts. The absence of heterozygous genotypes, together with clear segregation between *kat2*<sup>-/-</sup> and WT alleles, indicates stable homozygous inheritance of the CRISPR/Cas9-mediated deletion without evidence of allelic reversion or mosaicism. The robustness of the genotyping workflow, combining alkaline DNA extraction with fluorescence-based TaqMan allelic discrimination, ensured high specificity and reproducibility of genotype assignment. This methodological consistency minimized the risk of genetic misclassification and excluded inadvertent inclusion of animals with partial or ambiguous genotypes. As a result, phenotypic variability attributable to background genetic drift or incomplete gene disruption can be reasonably excluded. Importantly, the confirmed integrity of the *kat2*<sup>-/-</sup> line strengthens causal attribution between KAT II deficiency and the observed metabolic remodeling. It further supports the interpretation that downstream biochemical and functional alterations reflect genuine consequences of KAT II loss rather than secondary effects of breeding instability. This validated genetic foundation provides a necessary framework for assessing how targeted disruption of a single enzymatic node propagates across interconnected Trp metabolic pathways.

### Metabolic remodeling and pathway dominance following KAT II deletion

Genetic deletion of KAT II induced a coordinated yet spatially heterogeneous reorganization of Trp metabolism across peripheral and central compartments. In plasma and urine, the metabolic profile consistently shifted toward elevated 3-HK, accompanied by reduced KYNA and XA levels, indicating redistribution of KYN pathway flux away from antioxidant and toward pro-oxidant branches. These peripheral changes were paralleled by alterations in serotonergic and indole-derived metabolites, underscoring that KAT II loss perturbs multiple interconnected Trp-derived pathways rather than selectively affecting KYNA synthesis.

Within the brain, metabolic remodeling exhibited pronounced regional specificity. A uniform elevation of 3-HK across all examined regions contrasted with a global reduction of XA, reflecting a widespread pro-oxidant biochemical bias. In contrast, KYNA levels diverged regionally, decreasing in cortical and hippocampal regions while increasing in the STR,

suggesting the engagement of local compensatory mechanisms that differentially shape KYN metabolism. These patterns indicate that central Trp metabolism is governed primarily by regional enzymatic context rather than by peripheral metabolite availability alone. Partial concordance between central and peripheral signatures, particularly for elevated 3-HK and reduced XA, nevertheless supports shared overarching trends across compartments.

Product-to-substrate ratios further revealed a marked reweighting of enzymatic fluxes following KAT II deletion. Across matrices, inferred KMO activity was consistently elevated, aligning with robust 3-HK accumulation and indicating a dominant shift toward the oxidative branch of the pathway. In parallel, reduced KAT-associated fluxes, including those linked to XA formation, were evident in multiple brain regions, further constraining protective routes. Importantly, these changes were region-dependent rather than uniform, delineating pathway dominance shaped by local metabolic demands. Collectively, these findings define a metabolic hierarchy in which KMO-driven flux predominates while KAT-mediated buffering is constrained, creating a functional basis for downstream biochemical vulnerability.

Importantly, targeted manipulation of a single KYN-pathway enzyme propagates across the broader Trp metabolic network rather than remaining confined to the pathway. Deletion of KAT II, while directly impairing KYNA synthesis, concurrently perturbed the balance of 5-HT, indole-pyruvate, and interconnected Tyr-DA pathways. The parallel alterations observed across these systems suggest that Trp metabolism operates as an integrated network, in which enforced redirection of flux within one branch propagates secondary adjustments in competing pathways through shared substrates, cofactors, and redox-sensitive regulatory nodes. Thus, KAT II deficiency should be viewed not as a pathway-restricted perturbation, but as a systems-level disturbance reshaping monoaminergic and indole-derived metabolic equilibrium.

### **Latent oxidative and excitotoxic vulnerability**

Deletion of KAT II establishes a metabolic environment characterized by elevated oxidative pressure and context-dependent excitotoxic susceptibility across both central and peripheral compartments. Composite indices derived from KYN metabolites revealed a consistent pro-oxidant shift in *kat2*<sup>-/-</sup> mice. OSI increased in multiple brain regions (CTX, HIPPO, CER, STEM) and in peripheral samples (plasma, urine), indicating a systemic redox shift following impaired KYNA synthesis rather than a purely central effect. This pattern was primarily driven by robust elevation of 3-HK combined with reduced antioxidant buffering capacity.

Similarly, EI was elevated in peripheral matrices, reflecting a global shift toward reduced excitatory antagonism relative to neurotoxic drive. In contrast, within the brain, excitotoxic vulnerability displayed pronounced regional specificity. A significant increase in EI was confirmed in HIPP, suggesting that excitatory-inhibitory balance is differentially regulated across neural circuits. This dissociation indicates that while peripheral indices capture a generalized vulnerability state, central excitotoxic risk is gated by region-specific buffering mechanisms and metabolic context.

Importantly, the convergence of increased OSI and EI does not translate into overt neurotoxicity or baseline behavioral impairment. Instead, KAT II deficiency defines a latent vulnerability state, in which oxidative stress and reduced glutamatergic antagonism lower the threshold for dysfunction without precipitating immediate pathology. Peripheral elevations in vulnerability indices further support the presence of a whole-body metabolic predisposition that parallels but does not dictate regional brain susceptibility.

These findings support the interpretation that oxidative stress and excitotoxicity function as permissive conditions shaping circuit resilience, thereby priming stress-sensitive regions, particularly the hippocampus, for dysfunction in response to secondary challenges such as stress, aging, or inflammatory load.

### **Behavioral resilience despite neurochemical imbalance**

Despite the pronounced and regionally heterogeneous metabolic alterations across Trp-derived pathways, *kat2*<sup>-/-</sup> mice displayed largely preserved baseline phenotype and behavioral integrity. Comprehensive screening using the modified SHIRPA protocol revealed no genotype-dependent differences in general appearance, autonomic signs, sensorimotor reflexes, or basic neurological function, indicating that deletion of KAT II does not impair fundamental physiological or developmental processes in young adulthood. This phenotypic stability is notable given the marked neurochemical imbalance characterized by altered enzymatic fluxes, elevated OSI, and region-specific shifts in KYN intermediates, and underscores the capacity of compensatory mechanisms to buffer substantial metabolic perturbations under baseline conditions.

Behavioral assessment further supported a dissociation between neurochemical state and functional output. Alterations were restricted to tasks probing spontaneous exploration and stress coping, whereas anxiety-like behavior, cognitive performance, social interaction, and aversive memory remained largely intact. In the OFT, the genetically modified mouse strain

exhibited reduced exploratory engagement, reflected by decreased ambulation and zone transitions, without evidence of motor impairment or heightened anxiety. In parallel, the modified FST revealed increased immobility accompanied by reduced active coping, consistent with altered stress responsivity. Importantly, this pattern was not mirrored in the TST, highlighting that these paradigms capture distinct dimensions of stress-related behavior rather than a unitary depressive construct.

From a translational perspective, this behavioral dissociation bears relevance to neuropsychiatric conditions in which profound biochemical or metabolic abnormalities coexist with subtle or context-dependent behavioral manifestations. In disorders such as major depression or trauma-related syndromes, metabolic vulnerability and altered stress processing may precede or outpace overt symptom expression, emerging clinically only under sustained stress or environmental challenge. Viewed translationally, the *kat2*<sup>-/-</sup> mice model stress-sensitive affective bias rather than a full disease state: neurochemical imbalance shifts coping strategies without generating broad baseline behavioral pathology. Such a framework supports the utility of this model for investigating mechanisms of susceptibility and resilience relevant to neuropsychiatric vulnerability.

### **Limitations and future directions**

Several limitations should be considered when interpreting the present findings. First, the study was conducted under baseline conditions in young adult male mice, which restricts conclusions regarding developmental trajectories, aging-related effects, or sex-dependent differences. Given the well-documented sexual dimorphism in Trp metabolism and stress responsivity, inclusion of female cohorts and longitudinal designs will be essential to determine whether KAT II-related vulnerabilities emerge or diverge across lifespan stages.

Second, metabolomics relies on bulk tissue homogenates, which collapse cell-type-specific signals by averaging metabolites across heterogeneous cellular populations. Astrocytes, neurons, microglia, and endothelial cells contribute differentially to KYN, serotonergic, and indole-pyruvate pathway fluxes, and cell-type-specific alterations may be masked in regional homogenates. Future studies incorporating cell-resolved approaches – such as single-cell or spatial metabolomics, or cell-type-specific genetic manipulations – will be necessary to localize metabolic rewiring within defined circuit elements.

Third, enzymatic activities were inferred from product-to-substrate ratios rather than directly measured enzyme kinetics. While this strategy provides robust functional proxies at the systems

level, it cannot fully resolve regulatory mechanisms such as post-translational modification, compartmentalization, or cofactor availability. Complementary approaches, including isotope tracing or targeted enzyme assays, would refine causal interpretation of pathway dominance.

Fourth, the gut microbiota was not directly characterized. Although indole-derived metabolites were quantified centrally and peripherally, the absence of taxonomic or functional microbiome data limits inference regarding microbial contributions to the observed metabolic shifts. Integrating fecal metagenomics, metatranscriptomics, and microbial metabolite profiling will be critical for dissecting host-microbiota interactions within this framework.

Finally, behavioral testing did not incorporate stress challenges or cognitive load manipulators. Given the evidence for latent metabolic vulnerability, future work should employ paradigms that tax emotional regulation, attentional flexibility, or stress coping to unmask context-dependent phenotypes. Such designs will be pivotal for translating biochemical risk signatures into functionally meaningful outcome measures.

## Conclusions

This study provides an integrated characterization of the neurochemical and behavioral consequences of genetic deletion of the *aadat* gene, which encodes KAT II, by combining region-resolved metabolomics, inferred enzymatic fluxes, OSI and EI, and a multidomain behavioral phenotyping battery in young adult *kat2<sup>-/-</sup>* mice. Loss of KAT II resulted in pronounced and spatially heterogeneous remodeling of Trp metabolism across central and peripheral compartments, while behavioral alterations remained selective, modest, and context dependent.

At the biochemical level, *aadat* deletion shifted Trp degradation toward a pro-oxidant and potentially excitotoxic profile, characterized by pan-regional elevation of 3-HK, reduced XA, region-specific modulation of KYNA, and altered flux through serotonergic, indole-pyruvate, and catecholaminergic pathways. These changes were accompanied by increased OSI and EI, particularly within cortico-hippocampal regions, indicating latent metabolic vulnerability rather than overt neurodegeneration. Concordant alterations in plasma and urine support the translational relevance of peripheral readouts as indicators of central pathway imbalance.

Despite this marked neurochemical disequilibrium, baseline behavioral performance across most cognitive, social, and anxiety-related domains was largely preserved, highlighting the capacity of neural systems to buffer substantial metabolic perturbations under non-challenging conditions. Nonetheless, selective behavioral differences emerged in paradigms probing spontaneous exploration and stress coping. Reduced exploratory activity in OFT and increased immobility in the modified FST indicate altered engagement and stress responsivity, without corresponding effects in TST or aversive memory tasks.

Overall, these findings support a model in which KAT II deficiency establishes a state of metabolic and affective susceptibility rather than constitutive psychopathology. By refining the role of KAT II within the KYN pathway and complementary branches of Trp metabolism, this work provides a mechanistic framework for future studies exploring how metabolic dysregulation contributes to neuropsychiatric vulnerability and may inform the development of pathway-targeted therapeutic strategies.



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During the preparation of my thesis, I used Grammarly and ChatGPT 5.2 for grammar checking, correction, and refinement of scientific language.

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