

Summary of Ph.D. Thesis

**The roles of α_1 -adrenergic receptor subtypes in the
regulation of uterine contractility – molecular pharmacological
investigations**

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Introduction

Premature birth is the principal cause of perinatal morbidity and mortality. The number of cases is high and no decrease has been experienced for many years. The authorized drugs for treatment of this state include magnesium sulfate, β -adrenergic agonists, and less often prostaglandin inhibitors, calcium-channel blockers and oxytocin-receptor antagonists. The side-effect profiles and degrees of efficacy of these drugs reveal that ideal tocolytic therapy is one of the major challenges in obstetric practice. This unsolved problem of tocolysis motivated our present research.

The spontaneous contractility of the uterine muscle is subject to heterogeneous regulation, involving oxytocin, the adrenergic system, prostaglandins, connexins and sex hormones.

The α -adrenergic receptors (α -ARs) mediate uterine contraction, while the β -ARs mediate uterine relaxation. This provides a theoretical possibility for the use of α_1 -AR blockers as tocolytic agents.

The contributions of the α_1 -AR subtypes in the regulation of the rat and human uterine contractility remain open questions. The antisense oligodeoxynucleotides provide an excellent possibility for such studies.

Traditional pharmacological methods have only a limited capacity for determination of the functional roles of receptors. The antisense effect (i.e., the selective inhibition of gene expression by antisense RNA, DNA or oligonucleotides) opened up new possibilities for the selective manipulation of living function and to defining the functional roles of receptors.

Aims of the study

1. One goal of this study was to determine the changes in density and pharmacological reactivity of the α_1 -AR subtypes during late pregnancy in the rat. To demonstrate the expression of α_1 -AR subtype mRNA, we used a reverse-transcription polymerase chain reaction (RT-PCR) on days 18, 20 and 22 of pregnancy. Electric field stimulation (EFS) was applied to test the pharmacological reactivity of the rat uterus in late pregnancy.

2. Another aim was to detect the role of α_{1A} -AR in the regulation of the contractility of the rat uterus in pregnancy. Because of the limitation of the animal models available for investigation of the pregnant uterine contractility, the aim was to develop a knock-down transformed animal model with which to study the role of α_{1A} -AR. The AONs provide an excellent possibility for such studies.

The efficiency of α_{1A} -AR antisense inhibition was indicated by a radioligand receptor binding assay and Western blot analysis. EFS was applied to test the pharmacological reactivity of the post partum isolated rat uterus.

3. A third goal of this study was to investigate the changes in mRNA of the α_1 -AR subtypes in the human term and non pregnant uterus by RT-PCR.

Methods

RT-PCR studies

Tissue isolation. - Rat uterus samples

Rat uterus tissues from non pregnant animals were rapidly removed on gestation days 18, 20, and 22. The tissues were frozen in liquid nitrogen and

then stored at -70 °C until the extraction of total RNA.

Human uterus samples

In our investigations, non-pregnant uterus strips were cut from the fundus to the cervix and divided into parts of equal size for RT-PCR studies. The pregnant human uterus samples were from women undergoing cesarean section (cervix transversal elective) under regional anesthesia. The tissues were frozen in liquid nitrogen and then stored at -70 °C until the extraction of total RNA. Total RNA was isolated by Chomczynski and Sacchi. The total RNA was denatured and the M-MLV reverse transcriptase, RNase H Minus was added to the mixture, which was incubated at 37 °C for 60 min and then at 72°C for 10 min. PCR was carried out with cDNA, ReadyMix REDTaq PCR reaction mix and sense and antisense primer. α -³²P-dCTP (1 μ Ci) was added to the above reaction mixture to quantify the amplified product. The PCR products were electrophoresed in 2% agarose gels, dried under vacuum, and placed into a PhosphorImagerTM exposure cassette. Quantification was carried out by ImageQuantTM software.

Synthesis of antisense oligodeoxynucleotides

Three antisense oligonucleotides (AONs) and the control oligonucleotides were synthesized by Sándor Bottka in Institute of Plant Biology.

Treatment of animals with AONs

Post partum rats were anesthetized with urethane 2 to 3 h after labour. After laparotomy, the AON was injected into both uterine horns in a special carrier solution (pluronic gel and DOTAP). The treated uteri were

removed 24 h after delivery.

Radioreceptor binding assays

Radioligand binding experiments were carried out on membrane preparations of rat uterus. Saturation analysis of α_1 -ARs was performed by incubating membranes [3 H]prazosine with or without unlabelled phentolamine. In displacement studies the membranes were incubated [3 H]prazosine and unlabelled ligand (prazosine, WB4101). Incubation were started by addition of the membrane suspension to the reaction mixture. The bound radioactivity was determined in liquid scintillation counter. Nonspecific binding was determined in presence of unlabelled phentolamine.

Western blot assay

The protein was subjected to electrophoresis on SDS-polyacrilamide gels and were transferred from gels to nitrocellulose membranes. The membranes were blocked, than incubated with anti- α_{1A} -AR, α_{1B} -AR, α_{1D} -AR polyclonal antibody. The blots were washed and incubated with peroxidase-conjugated goat anti-rabbit IgG. The antibody binding was detected with an enhanced chemiluminescence detection system and exposed on Kodak X-Omat film. Anti- β -actin monoclonal antibody was used as a control.

Electric field stimulation

The AON treated and control uteri were removed from rats 24 h after delivery. Muscle rings 0.5 cm long were sliced from the uterine horns and mounted vertically between two platinum electrodes in an organ bath. The organ bath was maintained at 37 °C and carbogen (95% O₂ / 5% CO₂) was bubbled through it. Maximum rhythmic contractions were elicited on

the uteri by a digital, programmable stimulator using earlier defined values of pulse width and period time and square pulses with a duration of 200 ms every 60 s, at 40 V, respectively. The tension of the myometrial rings was measured with a gauge transducer and recorded with an ISOSYS Data Acquisition System. Non-cumulative concentration-response curves to the selective α_{1A} -antagonist 5-methylurapidil (5-MU), WB 4101, the selective α_{1B} -antagonist cyclazosine, the selective α_{1D} -antagonist BMY 7378 and the β_2 -agonist terbutaline were constructed in each experiment. Concentration-response curves were fitted and areas under curves (AUCs) were evaluated and analyzed statistically with the Prism 2.01 computer program. For statistical evaluations, data were analyzed by the ANOVA Neuman-Keuls test.

Results

α_1 -AR subtype mRNA expression and pharmacological reactivity in the late pregnant rat uterus

The expression of α_{1A} -AR mRNA increased from day 18 to 22 of pregnancy in rats, while α_{1B} -AR mRNA expression was not detectable by RT-PCR analysis. The expression of α_{1D} -AR mRNA was highest on day 20 and decreased by day 22. The EFS-induced contraction on days 18, 20 and 22 of pregnancy was inhibited concentration-dependently by the selective α_{1A} -antagonist 5-methylurapidil. In the measured concentration range, the selective α_{1B} -antagonist cyclazosine had no significant action; only its highest doses displayed weak inhibitory effects on stimulated contractions. The α_{1D} -antagonist BMY 7378 inhibited the contraction in a dose-dependent manner.

The EC50 was established from the dose-dependent curves. The α_{1A} -AR antagonist 5-MU had EC50 values of 6.3×10^{-6} M, 2.9×10^{-6} M and 1.9×10^{-6} M on days 18, 20 and 22, respectively, while the EC50 of the α_{1D} -AR antagonist BMY 7378 was 1.09×10^{-5} M, 4×10^{-6} M and 3.6×10^{-5} M on days 18, 20 and 22, respectively.

A strong correlation was found between the change in α_{1A} -AR mRNA expression and the EC50 values of 5-MU ($r^2=0.9712$) and between the change in α_{1D} -AR mRNA expression and the EC50 values of BMY 7378 ($r^2=0.9936$).

Use of AONs to study the role of the α_{1A} -ARs in the rat uterus

Of the synthesized three AONs, 480-AON reduced the α_{1A} -AR density in a time- and dose-dependent fashion as compared with the untreated group and the random oligonucleotide-treated control group.

The most significant changes in the density of the α_{1A} -AR were observed 12 and 24 h after delivery. Incubation with 480-AON for 12 or 24 h caused a 58.7% or 53.0% inhibition and the B_{max} values under these conditions were 12.04 ± 0.86 and 13.69 ± 0.42 fmol/mg, respectively. No significant changes in receptor density were found for the other AONs.

The α_{1A} -selective WB 4101 identified two α_1 -adrenergic binding sites in the nontreated rat uterus, with K_d values of 0.011 and 15.05 nM, while in the treated animals it bound to only one binding site ($K_i = 36.12$ nM).

In Western blot analysis, the α_{1A} -AR density was decreased only by 480-AON.

The AUCs of the uterine contractility indicated the significantly decreased contractility of the 480-AON-treated uterus as compared with

those of the control, the operated control, the DOTAP-treated control, the 480-mismatched AON-treated control, and the 480-scrambled AON-treated.

The EFS studies revealed that the specific α_{1A} -blockers 5-MU and WB 4101 inhibited the rhythmic contractions by about 75% and 70% in the control uteri and by 25% and 20% in the 480-AON-treated uteri, respectively. The IC50 values for 5-MU and WB 4101 in the control uteri were 3.8×10^{-5} and 9.5×10^{-6} , respectively. The inhibition curves of terbutaline and BMV 7378 remained unchanged for the 480-AON-treated uteri as compared with that of the control.

Changes in α_1 -AR subtype mRNA in the human uterus

The presence of mRNA of all α_1 -AR subtypes (α_{1A} -, α_{1B} - and α_{1D} -AR) was proved in the nonpregnant human uterus; an α_{1B} -AR mRNA predominance was detected. The maximum of the α_{1B} -AR mRNA was found in the corpus of the uteri. The level of this receptor mRNA slowly decreased towards the fundus. The lowest expressions of α_{1A} - and α_{1D} -AR mRNA were observed in the cervix, but the levels of α_{1A} - and α_{1D} -AR mRNA continuously increased in the corpus and fundus.

α_{1A} -, α_{1B} - and α_{1D} -AR mRNA were detected in human uterus samples, obtained on caesarean section. A predominance of α_{1D} -AR mRNA was found at term in the pregnant human uterus.

Conclusions

1. Our findings suggest that both α_{1A} - and α_{1D} -ARs are involved in the regulation of the pregnant rat uterine contractility. The α_{1A} -ARs seem to play the major role as regards the α_1 subtypes in the late-pregnant myometrium.

2. We could detect no expression pharmacological reactivity of α_{1B} -AR mRNA or in late pregnancy. This suggests that the role of α_{1B} -AR is unimportant in the regulation of the uterus contraction in the late-pregnant rat.

3. We found a strong correlation between the α_{1A} - and α_{1D} -mRNA expressions and the pharmacological reactivity. We presume that this strong correlation could be beneficial as compared with the frequently used tocolytic agent (β_2 -mimetics), where the process of receptor desensitization may decrease the effectivity of these compounds.

4. The local use of AONs in the uterus in an attempt to clarify the role of the receptors which influence the uterine contractility is a new method in pharmacology. This method was used to develop an α_{1A} -AR knock-down transformed animal model, which provided experimental opportunities that were unavailable with the previously existing pharmacological methods.

5. In our AON studies, the important role of the α_{1A} -AR in uterine contractility was confirmed.

6. In nonpregnant and pregnant human uteri, we detected the predominance of α_{1B} -AR mRNA and α_{1D} -AR mRNA, respectively. On the basis of mRNA synthesis, it can be presumed that the physiological role of α_1 -ARs may be of importance in pregnant human uterus contractility.

In the light of our findings, we assume the significance of α_{1A} -ARs and α_{1D} -ARs in pregnant uterine contractility. We also conclude that the α_{1B} -ARs are probably not strongly involved in the main control of myometrial contraction in pregnancy.

Further investigations are required to determine the exact roles of the α_1 -AR subtypes in the human pregnant uterus and to develop new, uterus-selective α_1 -adrenergic blockers as potent tocolytic agents.

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Full papers and abstracts related to the Ph.D. thesis

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3. E. Ducza, R. Gáspár, G. Falkay: Alteration of α_1 -adrenergic receptor subtypes and pharmacological reactivity of the late-pregnant myometrium in the rat. *Mol Reprod and Development*, 62 (3): 343-347, 2002

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