

The application of HPLC methods for the preclinical and clinical assessment of neurological disorders

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List of abbreviations

3-NLT – 3-nitro-L-tyrosine

3-NP – 3-nitropropionic acid

3-OHK – 3-hydroxy-L-kynurenine

α TTP – α -tocopherol transfer protein

ACN – acetonitrile

AD – Alzheimer's disease

AMPA – α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid

AVED – ataxia with vitamin E deficiency

BBB – blood brain barrier

BHT – butylated hydroxytoluene

CAG – cytosine-adenine-guanine

CV – coefficient of variation

DA – dopamine

DAD – diode array detector

DOPAC – 3,4-dihydroxyphenylacetic acid

FLD – fluorescent detection

GSH – glutathione

HD – Huntington's disease

HPLC – high performance liquid chromatography

Htt – huntingtin protein

HVA – homovanillic acid

ICH – International Conference on Harmonisation

IPR – isoproterenol

KA-1 – N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

KA-2 – N-(2-N-pyrrolidinyethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

KAT – kynurenine aminotransferase

KP – kynurenine pathway

KYNA – kynurenic acid

LLOQ – lower limit of quantification

LOD – limit of detection

MassSpec – mass spectrometry

mHtt – mutant Htt

MPTP – 1-methyl-4-phenyl-1,2,3,6- tetrahydropyridine

MS – multiple sclerosis

Na₂EDTA – disodium ethylenediaminetetraacetate

NMDAR – N-methyl-D-aspartate receptors

OND – other neurological diseases

PBS – phosphate-buffered saline

PCA – perchloric acid

PD – Parkinson's disease

PGC-1 α – PPAR γ coactivator-1 alpha

PPAR γ – proliferator-activated receptor-gamma

QUIN – quinolinic acid

RCF – relative centrifugal force

RI – reference intervals

SDH – succinate dehydrogenase

SN – substantia nigra

TNC – trigeminal nucleus pars caudalis

TRP – tryptophan

Summary

The main aim of neuroscience research is the assessment of the nervous system under physiological and pathological conditions, with the purpose of acquiring knowledge about the diagnosis, prevention and treatment of neuropsychiatric disorders. A substantial portion of research is engaged in the discovery of biomarkers, not only to help to better understand of the underlying pathomechanisms, but also because they may be suitable for monitoring disease progression and the evaluation of therapeutic effects of already applied drugs. Amongst analytical methods, high performance liquid chromatography is one of the most popular options because it provides fast and robust determination of a wide range of compounds. However, these methods need substantial procedural development to be able to obtain valid, i.e., replicable, results.

Amongst neurological disorders, headache is one of the most common conditions, whereas, neurodegenerative disorders including Alzheimer's, Parkinson's (PD) and Huntington's disease (HD) affect a smaller portion of the general population.

The kynurenine pathway (KP) of tryptophan (TRP) metabolism is extensively studied, mostly because of the well-established endogenous protective properties of kynurenic acid (KYNA) against the excitotoxic and oxidative stress inducing effects of other KP metabolites, such as quinolinic acid (QUIN) and 3-hydroxy-L-kynurenine (3-OHK). It is assumed that KYNA, and some of its analogs with improved pharmacokinetic or pharmacodynamic properties, may have modifying effects on nociception. With regard to HD, there is evidence that glutamatergic excitotoxicity is involved in the development of the disease which may be influenced by endogenous substances, including certain metabolites of the KP of TRP metabolism. Based on these findings several metabolites of the KP were investigated in a well-known model of trigeminal nociception, the orofacial formalin test, and in the 3-nitropropionic acid toxin model of HD. As a result, we were able to provide some pharmacokinetic insight into the different characteristics of two KYNA analogs in the animal headache model, and we were the first to demonstrate some differences in the KP in the widely used 3-nitropropionic acid toxin model of HD. Another neurodegenerative disorder in our field of interest is PD, which is characterized by the loss of dopaminergic (DAergic) neurons in the substantia nigra pars compacta caused by

mitochondrial dysfunction, which results in energy deficit and oxidative stress. With regard to environmental factors, one of the well-established causes of this condition is the long, cumulative, low-dose exposure to mitochondrial toxins. 1-Methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) is a widely used neurotoxin in various *in vivo* animal studies to investigate the pathogenesis of PD and to assess the therapeutic effect of potential neuroprotective agents. DA measurements provide a well-established way to confirm DAergic neuronal loss. Accordingly, in our study 2 MPTP treatment regimens were compared (acute and chronic low dose) by measuring their striatal DA concentrations. The results demonstrated the presence of significant neurotoxicity in the acute treatment regimens, while the chronic low dose regimen failed to evoke any significant changes in striatal DA levels. Besides QUIN and 3-OHK, there are numerous other substances that can facilitate the formation of reactive species (RS) which are responsible for most of the deleterious effects of pathological processes in the nervous system. The toxic effects of RS are decreased by a system of antioxidant machinery involving non-enzymatic mechanisms, such as vitamin E which has proven antioxidant properties. Vitamin E refers to a group of molecules including 4 tocotrienols and 4 tocopherols, as lipid soluble antioxidants. Decreased tocopherol levels are associated with several neurological symptoms, such as cerebellar ataxia, peripheral neuropathy and myopathy, as the nervous system is particularly sensitive to oxidative damage resulting from increased energy demand and reduced antioxidant capacity. Severe tocopherol deficiency develops mainly as a result of malabsorption disorders, abetalipoproteinemia and ataxia with vitamin E deficiency (AVED). Differential diagnosis can sometimes be difficult in certain conditions accompanied by neurological symptoms (especially in AVED). Therefore the measurement of serum tocopherol levels is advised in cases of ataxia, myopathy or cognitive deficiency. To facilitate the diagnostic process, reference intervals for α -, γ -, and δ -tocopherols were determined for the adult Hungarian population.

1 Introduction

According to the Global Burden of Disease Study (Patel et al. 2016), neurological disorders such as headache disorders (migraine, tension-type headache and medication-overuse headache), Alzheimer's disease (AD) and other dementias, multiple sclerosis (MS), Parkinson's disease (PD) and epilepsy are responsible for 3 percent of the worldwide burden of disease. Despite this seemingly small percentage, dementia, epilepsy, migraine, and stroke rank in the top 50 causes of disability-adjusted life years, furthermore, dementia and PD are among the top 15 conditions with the most substantial increase in burden in the past decade.

Headache, one of the most common disorders of the nervous system, is a major health problem worldwide. The global prevalence of active headache disorders for the adult population is 46% for headache in general, 11% for migraine, 42% for tension-type headache and 3% for chronic daily headache (Stovner et al. 2007). The treatment of primary headache disorders is challenging, requiring both acute and preventive therapeutic strategies (Weatherall 2015). The efficacy of these treatments is not always satisfactory and the contraindications and side-effects often limit the options of the physician (Obermann et al. 2015, Diener et al. 2015). There is, therefore, a constant need to study and develop new molecules.

Although neurodegenerative disorders, including AD, PD, Huntington's disease (HD) and amyotrophic lateral sclerosis, affect a smaller portion of the general population, there is no proven causative therapy (Zádori et al. 2011b). Only symptomatic treatment is available, and with the exception of PD, the efficacy of these medications is quite limited with regard to symptom management (Klivényi and Vécsei 2010, Dézsi and Vécsei 2017). The complex and partially unrevealed pathomechanism of these disorders may be the underlying reason for the lack of causative therapy. Neurodegeneration can be described as progressive neuronal loss resulting in severe neuronal dysfunction. There are several identified and suspected genetic mutations and environmental factors in the background, but in most cases, despite the well delineated cellular and molecular events such as mitochondrial dysfunction and increased formation of reactive species, glutamate excitotoxicity, deposition of aggregated proteins, inflammatory response and altered gene expression, the pathogenic process is hard to influence (Jellinger 2001, Parihar et al. 2008).

The main aim of neuroscience research is the assessment of the nervous system under physiological and pathological conditions with the purpose of acquiring knowledge about the diagnosis, prevention and treatment of neuropsychiatric disorders. A substantial portion of research is engaged in the discovery of biomarkers in patients or in animal models of the assessed pathological conditions. These biomarkers may not only help in better understanding the underlying pathomechanisms of the investigated disorders with the possibility of finding novel therapeutic targets, but they may be suitable for monitoring disease progression and the evaluation of the therapeutic effects of already applied and potential novel drugs, as well.

Animal and human studies suggest that glutamate receptors are present in various parts of the trigeminal system (Tallaksen-Greene et al. 1992, Sahara et al. 1997, Quartu et al. 2002) which is the system responsible for processing most of the pain originating from the head area (Carpenter and Sutin 1983). The stimulation of the trigeminal nerve results in elevated glutamate levels in the spinal trigeminal nucleus pars caudalis (TNC, (Oshinsky and Luo 2006)). The peripheral application of glutamate to deep craniofacial tissue proved to activate and sensitize nociceptive afferents and neurons in the upper cervical cord (Lam et al. 2009a, 2009b). These findings suggest that excitatory amino acid receptors (particularly N-methyl-D-aspartate receptors (NMDAR)), which are also present in migraineurs, play an important role in pain processing and the sensitization process (Vikelis and Mitsikostas 2007).

Despite the above-mentioned data, amongst NMDAR antagonists, only ketamine was delineated as a promising therapeutic option in patients with severe or long lasting migraine aura (Afridi et al. 2013). Substances which can act on α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) and kainate subtypes of ionotropic glutamate receptors are also limited, but among them, tezampanel (Alt et al. 2006) has demonstrated promising results in acute migraine therapy (Sang et al. 2004).

The kynurenine pathway (KP) of tryptophan (TRP) metabolism is extensively studied, mostly because of the well-established endogenous protective properties of kynurenic acid (KYNA) against the excitotoxic and oxidative stress inducing effects of other KP metabolites, such as quinolinic acid (QUIN) and 3-hydroxy-L-kynurenine (3-OHK) (Vécsei et al. 2013). KYNA is a non-selective antagonist of the NMDA receptor with a high affinity to its strychnine-insensitive glycine co-agonist site and also exerts weak antagonistic effects on kainate and

AMPA receptors (Pereira et al. 2002, Prescott et al. 2006, Szalárdy et al. 2012b). On the basis of this antagonism on glutamatergic neurotransmission, it is assumed that KYNA and some of its analogs with improved pharmacokinetic or pharmacodynamic properties may have a modifying effect on nociception (Näsström et al. 1992, Párdutz et al. 2012) and thus might be future candidates in headache treatment. A well-known model of trigeminal nociception is the orofacial formalin test, where a formalin solution is administered subcutaneously into the upper lip of rats, causing tissue injury, inflammation and nociception (Clavelou et al. 1995, Raboisson and Dallel 2004). By using this model, both peripheral and central components of pain processing (Chichorro et al. 2017) can be assessed in preclinical studies.

HD is an autosomal, dominantly inherited, progressive neurodegenerative disorder which results in cognitive, psychiatric and motor disturbances. HD is caused by an expansion of the cytosine-adenine-guanine (CAG) repeat in the gene coding for the *N*-terminal region of the huntingtin protein (Htt), which leads to the formation of a polyglutamine stretch. Above 39 CAGs, there is obligatory disease development (The Huntington's Disease Collaborative Research Group 1993). Although the exact mechanisms through which mutant Htt (mHtt) leads to the characteristic neuropathology are not fully understood, the potential roles of excitotoxicity and neuronal mitochondrial dysfunction are among the best-established concepts (Szalárdy et al. 2012a, Zádori et al. 2012). Accordingly, striatal glutamatergic excitotoxicity is involved in the development of HD and predominantly mediated by the overactivation of NMDARs, and most specifically through NR2B subunit-containing NMDARs at the extrasynaptic sites (Milnerwood et al. 2010). In line with this, the expression of mHtt has been shown to sensitize the NR2B subunit-containing NMDARs (Chen et al. 1999). There is evidence indicating that such excitotoxic injury is mediated, at least in part, by endogenous substances, including certain metabolites of the KP of TRP metabolism (Zádori et al. 2011b). Previous studies pointed out several alterations in the KP in tissues from HD patients and transgenic animals (Schwarcz et al. 1988, Beal et al. 1990, 1992, Pearson and Reynolds 1992, Heyes et al. 1992, Jauch et al. 1995) and these results indicated decreased KYNA concentrations relative to the levels of toxic neuroactive kynurenines (Zádori et al. 2011b). Further investigation of these changes in toxin or genetic animal models of HD may yield biomarkers with the above-mentioned properties. A decreased activity of the succinate dehydrogenase (SDH), complex II of the electron transport chain in post-mortem HD brains was one of the

early findings suggestive of the role of mitochondrial dysfunction in the development of HD (Stahl and Swanson 1974). Furthermore, mHtt has been shown to be able to bind directly to the mitochondria, altering their normal function (Choo et al. 2004). In line with the decreased SDH activity, mitochondrial II complex inhibitors, such as 3-nitropropionic acid (3-NP), have been found to be useful in the investigation of HD through their utilization in animal toxin models (Túnez et al. 2010). Accordingly, the 3-NP model is frequently applied as an easy and rapid way to study certain aspects of neurodegenerative processes in HD (Brouillet 2014).

Besides genetic predisposition, like in HD, certain environmental factors may also be responsible for the development of neurodegenerative processes. One of the main culprits in the pathomechanism of PD, which is characterized by the loss of dopaminergic (DAergic) neurons and the presence of Lewy bodies in the substantia nigra (SN) pars compacta (Forno 1996), is mitochondrial dysfunction resulting in energy deficit and oxidative stress (Bose and Beal 2016). With regard to environmental factors, one of the well-established causes of this condition is the life-long cumulative low-dose exposure to mitochondrial toxins (Harris and Blain 2004). The observation of 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) induced Parkinsonian symptoms yielded one of the first pieces of evidence for toxin-induced parkinsonism (Forno et al. 1993) and since then, systemic MPTP administration has been widely used in various *in vivo* animal studies to investigate the pathogenesis of PD and to assess the therapeutic effect of potential neuroprotective agents (Javitch et al. 1985).

MPTP can easily cross the blood brain barrier (BBB) and is metabolized by monoamine oxidase to 1-methyl-4-phenyl-pyridinium cation (Chiba et al. 1984), which is taken up by DAergic neurons and damages complex I in the mitochondrial electron transport chain (Nicklas et al. 1985). The most sensitive brain region to this toxin is the nigrostriatal system where neuronal loss and reduced DA levels are well-established by both histo- and biochemical methods in MPTP-treated animal models (Hallman et al. 1984). Histochemical confirmation of neuronal loss can be time consuming and usually is only done for a few subjects not for the whole experimental group and there is already evidence that several MPTP treatment regimens cause DAergic neuronal loss associated with decreased DA concentrations in the striatum (Kurosaki et al. 2004, Jackson-Lewis and Przedborski 2007). Compared to histochemical methods, the levels of DA and its metabolites can be determined by high performance liquid chromatography (HPLC), and can be used on all of the animals in a reasonable time. According to the above-

mentioned mitochondrial dysfunction in PD, several causative and susceptibility genes were identified (Kalinderi et al. 2016), including peroxisome proliferator-activated receptor-gamma (PPAR γ) coactivator-1 alpha (PGC-1 α). PGC-1 α is a multifunctional transcriptional coactivator of nuclear respiratory factors 1 and 2, estrogen-related receptors and PPARs amongst others, and hereby regulates mitochondrial function and biogenesis (Knutti and Kralli 2001). According to St-Pierre et al., PGC-1 α -deficient mice are more sensitive to MPTP toxicity compared to the controls (St-Pierre et al. 2006). Furthermore, sub-chronic administration of the toxin can result in significantly elevated PGC-1 α expression in the striatum after 24 hours that was normalized 72 hours after treatment (Swanson et al. 2013). This evidence suggests an adaptive mechanism to neurotoxicity, but neuroprotective effects of PGC-1 α were also demonstrated in pioglitazone- and resveratrol-treated mice against MPTP toxicity (Breidert et al. 2002, Dehmer et al. 2004). Despite these findings, the available data are limited with regard to the alteration of tissue-specific PGC-1 α expression in the brain following various MPTP administration regimens.

Besides QUIN and 3-OHK there are numerous other substances that can facilitate the formation of reactive species (RS) which are responsible for most of the deleterious effects of pathological processes in the nervous system (Szalárdy et al. 2015). The synthesis and toxic effects of RS are decreased by a complex system of antioxidant machinery, including enzymatic (e.g., superoxide dismutase, catalase and glutathione (GSH) peroxidase, (Sies 1997)) and non-enzymatic mechanisms. The latter group consists of chemical compounds, such as, among others, vitamin E, vitamin C, coenzyme Q10, β -carotene, GSH and flavonoids with proven antioxidant properties (Sies 1993). Vitamin E refers to a group of molecules including 4 tocotrienols and 4 tocopherols as lipid soluble antioxidants. Their molecular structure comprises a chromanol ring with an aliphatic side chain, unsaturated for tocotrienols and saturated for tocopherols. Depending on the number and position of methyl groups on the chromanol ring, α -, β -, γ - and δ -tocotrienols and tocopherols can be distinguished (Hacquebard and Carpentier 2005).

Severe tocopherol deficiency develops mainly as a result of malabsorption disorders, abetalipoproteinemia and ataxia with vitamin E deficiency (AVED). AVED is caused by the mutation of the TTPA gene resulting in the decreased activity of the α -tocopherol transfer protein (α TTP, (Morley et al. 2004)). Decreased tocopherol levels are associated with several

neurological symptoms, such as cerebellar ataxia, peripheral neuropathy and myopathy (Ueda et al. 2009, Muller 2010), as the nervous system is particularly sensitive to oxidative damage resulting from increased energy demand and reduced antioxidant capacity (Szalárdy et al. 2015). In addition to the above-mentioned disorders with their characteristic symptoms, some other neuropsychiatric conditions, such as AD (Lopes da Silva et al. 2014) and the exacerbation of MS (Karg et al. 1999) can also be accompanied by significantly reduced serum or plasma tocopherol levels. Differential diagnosis sometimes can be difficult in certain conditions accompanied by neurological symptoms (especially in AVED), therefore the measurement of serum tocopherol levels is advised in cases of ataxia, myopathy or cognitive deficiency (Muller 2010, Fata et al. 2014).

During the analytical procedure to determine concentrations of various compounds from biological matrices, several difficulties can emerge. With regard to the metabolites of TRP, the main problem is that there are several compounds with neuroactive properties (e.g., KYNA, 3-OHK and QUIN) and, so far, there is no simple way to determine their concentrations in a single run. In most cases, multiple runs with different methods (Gas Chromatography-Mass Spectrometry (MassSpec), HPLC-MassSpec, HPLC-UV/Fluorescent detection (FLD)) cannot be applied because of limited amounts of sample (e.g., mouse CNS samples). Another challenge is the measurement of novel KYNA analogs (Fülöp et al. 2009) which requires advanced HPLC-MassSpec method development.

With regard to animal toxin models of neurodegenerative diseases, such as the MPTP model of PD, the main limiting factors are the size of the sample and the small concentration of the measured compounds. Neuronal loss, the decisive trait of neurodegeneration, can be evaluated by specific histochemical methods, but they are time consuming. However, it has been proven that DAergic neuronal loss correlates with the measured decrease in DA concentration in the striatum (Kurosaki et al. 2004). Accordingly, the determination of the levels of DA and some of its metabolites, 3,4-dihydroxyphenylacetic acid (DOPAC) and homovanillic acid (HVA) with HPLC and electrochemical detection may be simpler than cell counting with design-based stereological methods following immunohistochemical labeling (Jackson-Lewis and Przedborski 2007). Electrochemical detectors are one of the most sensitive detector options for HPLC measurements and they are typically used for determining catecholamines, aromatic amines and phenolics. However, there are some drawbacks to these detectors because they are

sensitive to changes in temperature and pressure, and furthermore, the detector cell needs to be properly shielded from electromagnetic radiation.

Tocopherol measurements pose a different challenge to the analytical procedure. During sample preparation there is liquid-liquid extraction into n-hexane, evaporation under nitrogen flow and reconstitution in organic solvents, all of which may contribute to overall errors in measurement.

2 Aims

I., To study the possible pharmacokinetic explanation of the protective effects of two KYNA analogs (KA-1: N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride and KA-2: N-(2-N-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride) in the orofacial formalin model of headache.

II., To examine the alterations in concentrations of some initial compounds in the KP of TRP metabolism following 3-NP administration as a toxin model of HD.

III., To determine the biochemical background to assess of the presence or the lack of MPTP-induced changes in tissue specific PGC1- α expression when grading nigrostriatal injury.

IV., To establish reference intervals (RI) for serum tocopherol concentrations in relation to the adult Hungarian population.

3 Materials and methods

3.1 Pharmacokinetic assessment of KYNA and KYNA amides

During the experiments, adult male Sprague-Dawley rats weighing 200-250 g were used. The animals were housed under standard laboratory conditions (in an air-conditioned, humidity-controlled and ventilated room) and were allowed free access to drinking water and regular rat chow on a 12 h–12 h dark-light cycle. The procedures used in this study were approved by the Committee of Animal Research at the University of Szeged (I-74-12/2012) and the Scientific Ethics Committee for Animal Research of the Protection of Animals Advisory Board (XXIV./352/2012.).

At set time points (15, 30, 60, 120 and 300 min) following the intraperitoneal (i.p.) injection with the KYNA amides (1 mmol/kg), the rats were deeply anesthetized with i.p. injection of chloral hydrate (0.4 g/kg, Sigma-Aldrich). Blood samples were collected from vena cava caudalis and centrifuged at 13709 relative centrifugal force (RCF) for 10 min at 4°C. The supernatants, i.e., the serum samples, were collected and centrifuged at 13709 RCF for 10 min at 4°C again and the supernatants were stored at - 80°C until use. After the collection of blood samples, the animals were transcardially perfused with 100 ml 0.1 M phosphate-buffered saline (PBS) for 5 min. The CNS samples containing the medullary segment of the TNC were then removed and stored at - 80°C until measurements. The animals in the control group underwent a similar procedure.

For the measurement of KYNA concentration, the CNS samples were cut in half, weighed and then sonicated for 1.5 min in an ice-cooled solution (250 µl) comprising perchloric acid (PCA, 2.5% w/w), 3-nitro-L-tyrosine (3-NLT, 10 or 2 µM) and distilled water in an Eppendorf tube. The content of the Eppendorf tube was centrifuged at 13709 RCF for 10 min at 4°C and the supernatant was measured. Before analysis, the serum samples were thawed and, after a brief vortex, the serum sample was 'shot' onto a precipitation solvent (containing PCA with 3-NLT as internal standard, with resulting concentrations of 2.5 w/w% and 2 µM, respectively). The samples were subsequently centrifuged at 13709 RCF for 10 min at 4°C, and the supernatants were collected for measurement.

For the analysis of KYNA amides (KA-1 and KA-2, Figure 1), the other half of the CNS samples were weighed and then sonicated in ice-cold (250 μ l) distilled water for 1.5 min and centrifuged at 13709 RCF for 10 min at 4°C. From the supernatant, 100 μ l was transferred to an Eppendorf tube containing 750 μ l HPLC gradient grade acetonitrile and 150 μ l distilled water. After a brief vortex, the samples were centrifuged at 13709 RCF for 10 min at 4°C and 900 μ l of supernatant was evaporated in a vacuum centrifuge. After thawing and brief stirring with a vortex, 200 μ l of serum sample was transferred to an Eppendorf tube containing 700 μ l HPLC gradient grade acetonitrile (ACN) and 100 μ l distilled water. After a brief vortex, the samples were centrifuged at 13709 RCF for 10 min at 4°C and 900 μ l of supernatant was evaporated in a vacuum centrifuge. The resulting samples were stored at 4°C until use.

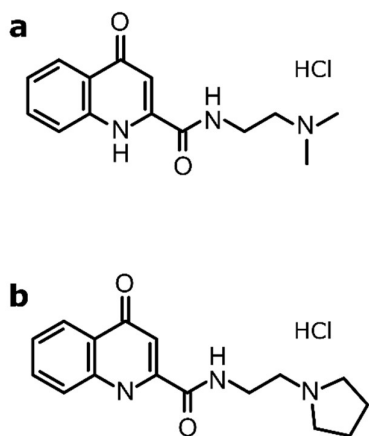


Figure 1 The chemical structure of N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride (KA-1, a) and N-(2-N-pyrrolidinyethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride (KA-2, b)

Besides HPLC MassSpec methods (Fuertig et al. 2016) fluorescent detection of KYNA is the most commonly used method in the literature. Since HPLC MassSpec methods can be quite expensive and complicated, we chose a fluorescent method which can reach really good sensitivity (Bao et al. 2016). The KYNA concentrations of the serum and CNS samples were quantified on the basis of a slight modification of a literature method (Hervé et al. 1996). Briefly, we used an Agilent 1100 HPLC system (Agilent Technologies, Santa Clara, CA, USA) equipped with fluorescence and a UV detector; the former was applied at excitation and emission wavelengths of 344 nm and 398 nm for the determination of KYNA and the latter was set at 365 nm for the determination of the internal standard (3-NLT). Chromatographic separations were performed on an Onyx Monolithic C18 column, 100 mm x 4.6 mm I.D.

(Phenomenex Inc., Torrance, CA, USA) after passage through a SecurityGuard pre-column C18, 4 x 3.0 mm I.D., 5 μ m particle size (Phenomenex Inc., Torrance, CA, USA) with a mobile phase composition of 0.2 M zinc acetate/ACN = 95/5 (v/v), the pH of which was adjusted to 6.2 with acetic acid, applying isocratic elution. The flow rate was 1.5 ml/min and the injection volume was 20 μ l for serum, and 50 μ l for CNS samples.

For the determination of KYNA amides, a Thermo LCQFleet ion trap mass spectrometer was used equipped with an ESI ion source combined with a Dionex Ultimate3000 HPLC system. The ionization parameters were as follows: heater temperature: 500°C, sheath gas flow rate: 60, auxiliary gas flow rate: 20, spray voltage: 4 kV, capillary temperature: 400°C. Chromatographic separations were performed on a Kinetex C18 column, 100 mm x 4.6 mm, 2.6 μ m particle size (Phenomenex Inc., Torrance, CA, USA) after passage through a SecurityGuard pre-column C18, 4 x 3.0 mm, 5 μ m particle size (Phenomenex Inc., Torrance, CA, USA), with a mobile phase composition of 0.05% aqueous CH₃COOH/ACN = 90/10 (v/v), applying isocratic elution. The flow rate and the injection volume were 1 ml/min and 50 μ l, respectively.

Calibrants were prepared at 6 different concentration levels, from 1 to 100 nM, 0.5 to 5 μ M and 0.01 to 100 μ M for KYNA, 3-NLT and the KYNA amides, respectively. 3 parallel injections of each solution were made under the chromatographic conditions described above. All of the chromatograms were evaluated with software supplied with the equipment, ChemStation for Agilent 1100 system and EasyChrom for Agilent 1260 system (Agilent Technologies, Santa Clara, CA, USA). The peak area responses of the external standards were plotted against their corresponding concentration, and the equation of the resulting graph was determined by linear regression computations carried out by the least square method with the freely available R software (R Development Core Team 2008). Very good linearity ($R^2 \leq 0.99$) was observed throughout the investigated concentration ranges for KYNA, 3-NLT and the KYNA amides when fluorescence, UV or MassSpec detection was applied. Based on these equations the samples unknown concentrations of the samples can be calculated.

The selectivity of the method was checked by comparing the chromatograms of KYNA, KYNA amides and the internal standard for a blank serum and CNS sample and those for a spiked sample. All compounds could be detected in their own selected chromatograms without any significant interference.

The limit of detection (LOD) and the lower limit of quantification (LLOQ) were determined via the signal-to-noise ratio with a threshold of 3 and 10, respectively, according to the International Conference on Harmonization guidelines (ICH 1995). The LOD and LLOQ for KYNA in the serum samples were 1 nM and 3.75 nM, respectively, while in the CNS samples they were 0.4 nM and 1 nM, respectively. The LOD and LLOQ for the samples in MassSpec detection were 1 nM and 15 nM, respectively.

Replicate HPLC analysis showed that the coefficient of variation (CV) was $\leq 2.2\%$ for the peak area response and $\leq 0.1\%$ for the retention time for KYNA and the KYNA amides.

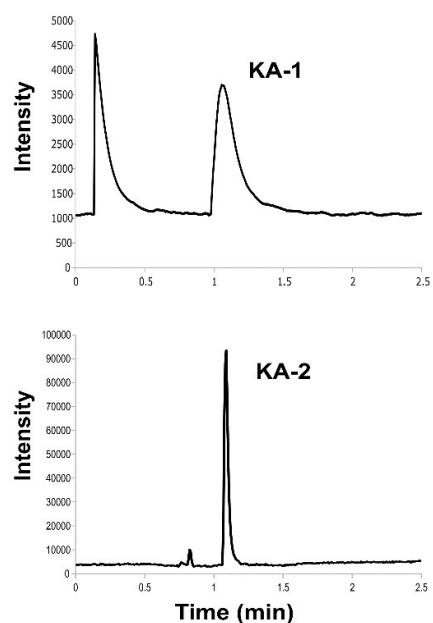


Figure 2 Chromatograms of the analyzed kynurenic acid analogs, KA-1 (N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride) and KA-2 (N-(2-N-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride) obtained with mass spectrometric detection from the serum of Sprague-Dawley rats.

The relative recoveries were estimated by measuring spiked samples of KYNA and the KYNA amides at 2 concentrations with 3 replicates of each. No significant differences were observed for the lower and higher concentrations. The recoveries for the serum samples ranged from 103 to 108%, 81 to 94% and 79 to 80% for KYNA, KA-1 and KA-2, respectively. The recoveries for the CNS samples ranged from 82 to 92% and 78 to 84% for KYNA and KA-2, respectively. The peaks of the different compounds obtained during HPLC-MassSpec analysis are presented in Figure 2.

3.2 Measurement of TRP metabolites in a toxin model of HD

We used 30 5-month-old male C57Bl/6 mice in this study. The animals were housed in cages under standard conditions with a 12-12-h light-dark cycle and free access to food and water. The experiments were carried out in accordance with the European Communities Council Directive (86/609/EEC) and were approved by the local animal care committee as well. The animals were randomly divided into two groups ($n = 16$ and $n = 14$, respectively). In the first group, 3-NP (Sigma-Aldrich, Saint Louis, MO, USA; dissolved in PBS, pH adjusted to 7.4) was administered in a subacute dosing regimen as reported previously (Török et al. 2015), with 2 daily i.p. injections (50 mg/kg each) for 5 consecutive days. The 2nd group served as the vehicle-injected control.

On the 18th day of the experiment (12 days after the last 3-NP injection), the mice were deeply anesthetized with isoflurane (Forane; Abott Laboratories Hungary Ltd., Budapest, Hungary). After thoracotomy, 0.3–0.7 ml venous blood was obtained from the right ventricle by intracardial puncture, followed by perfusion with artificial cerebrospinal fluid (composition in mM: 122 NaCl, 3 KCl, 1 Na₂SO₄, 1.25 KH₂PO₄, 10 D-glucose*H₂O, 1 MgCl₂*6H₂O, 2 CaCl₂*2H₂O, 6 NaHCO₃) for 2 min by an automatic peristaltic pump. The blood samples were left to coagulate for 30 min, and were then centrifuged at 13709 RCF for 10 min at 4°C. The supernatant sera were pipetted into Eppendorf tubes and stored at - 80°C until further sample handling. After perfusion, the brains were rapidly removed on ice and stored at - 80°C until analysis. Before analysis, the CNS samples were weighed and then sonicated in an ice-cooled solution (250 µl) containing 2.5 w/w% PCA with 2 µM 3-NLT and 600 nM isoproterenol (IPR) as internal standards. The samples were next centrifuged at 13709 RCF for 10 min at 4°C, and the supernatants were collected.

Before analysis, the serum samples were thawed and, after a brief vortex 200 µl of serum sample was 'shot' onto 200 µl of precipitation solvent (containing 5 w/w% PCA with 4 µM 3-NLT and 2 µM IPR as internal standards). The samples were subsequently centrifuged at 13709 RCF for 10 min at 4°C, and the supernatants were collected.

The TRP, KYN and KYNA concentrations of the samples were quantified with the same equipment and method as described in paragraph 3.1 where the fluorescence detector was set

at excitation and emission wavelengths of 254 nm and 398 nm for TRP, and the UV detector was set at 365 nm for the determination of KYN.

For determination of the concentrations of 3-OHK there are a few papers in the literature using electrochemical detection (Wu et al. 2000), but these methods were not reproducible with our equipment, so we developed a new method to measure 3-OHK and its internal standard (IPR). We applied the Agilent 1100 HPLC system equipped with Model 105 electrochemical detector (Precision Instruments, Marseille, France). In brief, the working potential of the detector was set at +650 mV, using a glassy carbon electrode and an Ag/AgCl reference electrode. The mobile phase containing sodium octylsulfate (2.8 mM), sodium dihydrogenphosphate (75 mM) and disodium ethylenediaminetetraacetate (Na_2EDTA , 100 μM) was supplemented with ACN (5 v/v%) and the pH was adjusted to 3.0 with phosphoric acid (85 w/w%). The mobile phase was delivered at a rate of 1 ml/min at 40°C onto the reversed-phase column (HR-80 C18, 80 x 4.6 mm, 3- μm particle size; ESA Biosciences, Chelmsford, MA, USA) after passage through a pre-column (Hypersil ODS, 20 x 2.1 mm, 5- μm particle size; Agilent Technologies, Santa Clara, CA, USA). 10 μl aliquots were injected by the auto-sampler with the cooling module set at 4°C.

Method validation was conducted the same way as described in paragraph 3.1. Calibrants were prepared at 6 different concentration levels, from 0.1 to 50 μM , 0.05 to 5 μM , 1 to 100 nM, 10 to 200 nM, 0.5 to 7.5 μM and 25 to 600 nM for TRP, KYN, KYNA, 3-OHK and the internal standards, 3-NLT and IPR, respectively. Very good linearity ($R^2 \leq 0.99$) was observed throughout the investigated concentration ranges for TRP, KYNA, KYN, 3-OHK and the internal standards when either fluorescence, UV or electrochemical detection was applied and all compounds could be detected in their own selected chromatograms without any significant interference. The LOD for CNS samples was 10, 40, 0.4 and 10 nM, while LLOQ was 20, 130, 1 and 30 nM for TRP, KYN, KYNA, and 3-OHK, respectively. The LOD for the serum samples was 15, 100, 1 and 10 nM, while LLOQ was 35, 275, 3.75 and 30 nM for TRP, KYN, KYNA and 3-OHK, respectively. Replicate HPLC analysis showed that CV was $\leq 2.2\%$ for the peak area response and $\leq 0.1\%$ for the retention time for TRP, KYN and KYNA, whereas in the case of 3-OHK the CV was $\leq 8.6\%$ for the peak area response and $\leq 0.3\%$ for the retention time. The recoveries for the CNS samples were 86 to 91%, 98 to 100%, 82 to 92% and 69 to 74% for TRP, KYN, KYNA and 3-OHK, respectively. The recoveries for the serum samples ranged from

77 to 90%, 77 to 82%, 103 to 108% and 28 to 34% for TRP, KYN, KYNA and 3-OHK, respectively. The peaks of the different compounds obtained during chromatographic analysis are presented in Figure 3.

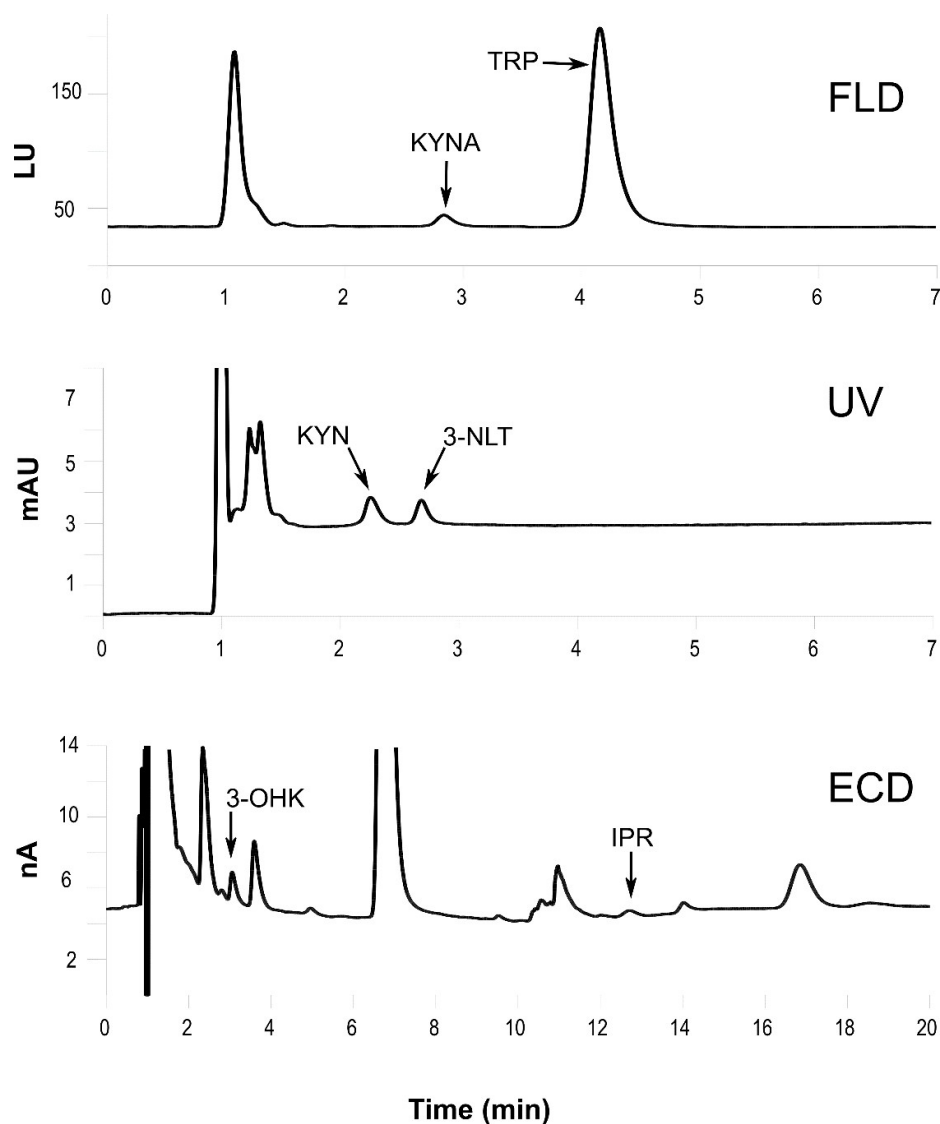


Figure 3 Chromatograms of the analyzed compounds of the kynurenine pathway of the tryptophan metabolism, from C57Bl/6 murine brain samples. 3-NLT 3-nitro-L-tyrosine, 3-OHK 3-hydroxykynurenine, ECD electrochemical detector, FLD fluorescence detector, IPR isoproterenol, KYNA kynurenic acid, KYN kynurenine, TRP tryptophan

3.3 Measurement of DA and its metabolites after MPTP treatment

12-week-old C57Bl/6 male mice were used in this study. The animals were housed in cages and maintained under standard laboratory conditions with 12-12 h light-dark cycle and free access to food and water. The experiments were carried out in accordance with the European Communities Council Directive (86/609/EEC) and were approved by the local animal care committee as well.

MPTP was dissolved in PBS (pH adjusted to 7.4) and was administered i.p. Animals were randomly divided into 6 groups (n = 7-8 in each group). The 1st and 2nd group received i.p. injection of 15 mg/kg body weight MPTP 5 times at 2 h intervals. The animals in the 1st group were deeply anesthetized with isoflurane (Forane®; Abott Laboratories Hungary Ltd., Budapest, Hungary) and the brains were dissected 90 min following the last MPTP injection (acute treatment – acute (day 1) assessment), while animals in the 2nd group were deeply anesthetized with isoflurane and the brains were dissected 1 week later (acute treatment - subacute (day 7) assessment). The mice in the 3rd group were injected i.p. with 15 mg/kg body weight MPTP once a day for 12 days (chronic treatment). 90 min following the last injection the animals were euthanized via isoflurane overdose as well. The 4th, 5th and 6th groups served as the respective control groups, and were injected with 0.1 M PBS according to the above-detailed treatment regimen. During the dissection process the brains were rapidly removed on ice and immediately halved at the midline. Following that, both hemispheres were further cut to obtain the striatum, cortex and cerebellum. Thereafter, these samples were stored at – 80°C until the HPLC analysis.

The striata were weighted and then homogenized in an ice-cold solution (750 µl) containing PCA (2.5% w/w), sodium metabisulfite (0.1 M), Na₂EDTA (0.1 M), distilled water and 0.25 mM IPR for 30 sec. The homogenate was centrifuged at 13709 RCF for 10 min at 4°C. The supernatant was stored at - 20°C until the analysis. For the determination of DA and its metabolites, DOPAC and HVA, there are available methods using HPLC MassSpec (Bergh et al. 2016), but so far measurements using electrochemical detection are still a popular choice because of its high sensitivity to catecholamines (Parrot et al. 2011). Accordingly, we measured the aforementioned compounds with an Agilent 1100 HPLC system (Agilent Technologies, Santa Clara, CA, USA) combined with a Model 105 electrochemical detector (Precision Instruments, Marseille, France) under isocratic conditions. In brief, the working potential of the

detector was set at +750 mV, using a glassy carbon electrode and an Ag/AgCl reference electrode. The mobile phase containing sodium dihydrogenphosphate (75 mM), sodium octylsulfate (2.8 mM) and Na₂EDTA (50 µM) was supplemented with ACN (10% v/v) and the pH was adjusted to 3.0 with phosphoric acid (85% w/w). The mobile phase was delivered at a rate of 1 ml/min at 40°C onto the reversed-phase column (HR-80 C18, 80 x 4.6 mm, 3 µm particle size; ESA Biosciences, Chelmsford, MA, USA) after passage through a pre-column (SecurityGuard, 4 x 3.0 mm I.D., 5 µm particle size, Phenomenex Inc., Torrance, CA, USA)). 10 µl aliquots were injected by the autosampler with the cooling module set at 4°C. With regard to method validation, which was conducted the same way as described in paragraph 3.1, the following parameters are reported briefly. Calibrants were prepared at 6 different concentration levels, from 2 to 200 ng/ml. Very good linearity ($R^2 \leq 0.99$) was observed throughout the investigated concentration ranges for DA, DOPAC and HVA and the internal standard (IPR) and all compounds could be detected in their own selected chromatograms without any significant interference. The LOD and LLOQ for the investigated compounds in the brain samples were 2 ng/ml and 10 ng/ml, respectively. With regard to precision, the CV was $\leq 3.25\%$ for the peak area responses and $\leq 0.05\%$ for the retention times. The recoveries ranged from 109 to 110%, 108 to 109% and 99 to 102% for DA, DOPAC and HVA, respectively. The peaks of the different compounds obtained during chromatographic analysis are presented in Figure 4.

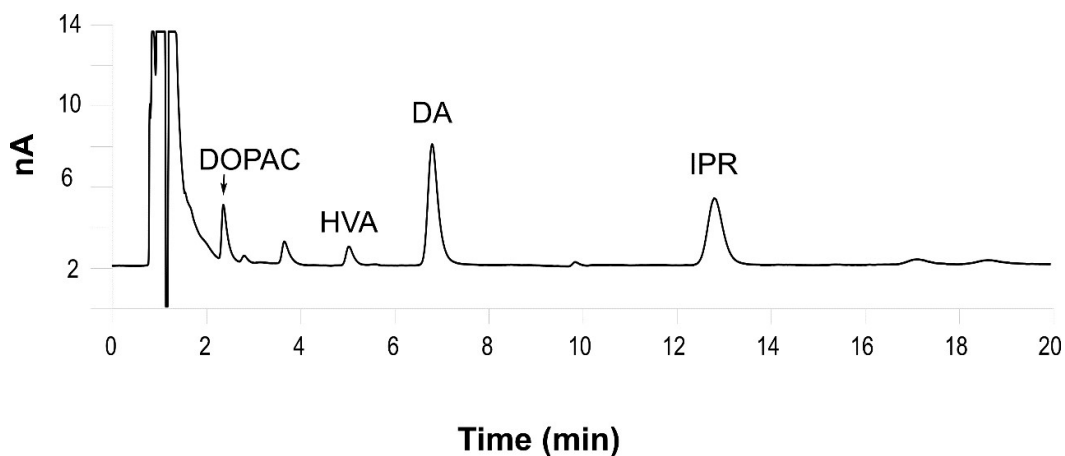


Figure 4 Chromatograms of the analyzed compounds of the dopamine metabolism in C57Bl/6 murine brain samples with electrochemical detection. *DA* dopamine, *DOPAC* 3,4-dihydroxyphenylacetic acid, *HVA* homovanillic acid, *IPR* isoproterenol

3.4 Tocopherol measurements from human serum

The study sample population comprised of 30 male (age range: 21-71 years, mean age: 49.50 year) and 30 female volunteer individuals (age range: 25-76 years, mean age: 50.03 year) without any major chronic illness and 30 male (age range: 18-73 years, mean age: 49.43 year) and 30 female (age range: 24-78 years, mean age: 49.60 year) patients with other neurological diseases (OND; main diagnoses for males were the following: ischemic stroke: 8, PD: 5, epilepsy: 5, lumbar disc disorder: 3, and other: 9; main diagnoses for females were the following: multiple sclerosis in remission: 8, ischemic stroke: 6, epilepsy: 5, and other: 11) where the presence of ataxia, myopathy or cognitive dysfunction was excluding criteria. The distribution of the age of the subjects was Gaussian in all groups ($p > 0.05$, Anderson-Darling test) and the variances were equal ($p = 0.98$, Levene test). There was no significant difference between the groups ($F = 0.01$, $p = 0.99$, one-way ANOVA). The recent regular intake of antihyperlipidemic agents or any kind of drugs or food supplements containing antioxidants was exclusion criteria as well in all groups. All participating individuals were of Hungarian origin and were enrolled in the Department of Neurology at the University of Szeged. The study was approved by the Ethics Committee of the Faculty of Medicine, University of Szeged (19/2014). All study participants gave their written informed consent, in accordance with the Declaration of Helsinki.

Blood was collected by venipuncture into gold-top vacutainers following fasting for 12 hours. The blood was immediately centrifuged at 1166 RCF for 10 min. 200 μ L of the supernatant serum was shot into a solution containing 200 μ L ascorbic acid (0.085 M) and 400 μ L butylated hydroxytoluene (BHT, 1.14 mM) and the resulting solution was stored on - 80°C until measurement, while the remaining serum was aliquoted and stored on - 80°C as well.

Before HPLC measurement, 600 μ L n-hexane containing 1.14 mM BHT and rac-tocol as internal standard were added to the freshly thawed serum samples treated with antioxidants (800 μ L). This mixture was mixed for 1 min and then centrifuged at 1166 RCF for 5 min at 4°C. The hexane layer was transferred to a test vial and evaporated under nitrogen flow. The

residue was reconstituted with 75 μ L ACN and 50 μ L ethanol/dioxane (1:1). The resulting solution was transferred into a 200 μ L glass insert placed into an amber-colored vial for measurement.

Total cholesterol and triglyceride levels were determined by commercially available kits from Diasys (Diagnostics Systems GmbH, Holzheim, Germany) on Roche Modular P800 analyser (Roche, Rotkreuz, Switzerland) in the Department of Laboratory Medicine (Faculty of Medicine, Albert Szent-Györgyi Clinical Center, University of Szeged, Szeged, Hungary).

There are several methods (including UV/VIS, fluorescent, electrochemical and MassSpec detection) available for the determination of lipid-phase micronutrients, such as α -, β/γ - and δ -tocopherol (Lai and Franke 2013). Based on tocopherol concentrations found in the literature, we applied a UV/VIS detection method which may be less sensitive than the others, but it can be more robust. Briefly, the mentioned tocopherols were quantified with an Agilent 1260 HPLC system (Agilent Technologies, Santa Clara, CA, USA) equipped with an UV/VIS diode array detector (DAD) applying the modified method of Hess et al. (Hess et al. 1991). Chromatographic separations were performed on an Alltech Prevail C18 column, 150 x 4.6 mm I.D., 5 μ m particle size (Alltech Associates Inc., Deerfield, IL, USA) after passage through a SecurityGuard pre-column, C18, 4 x 3.0 mm I.D., 5 μ m particle size (Phenomenex Inc., Torrance, CA, USA) with a mobile phase composition of ACN/tetrahydrofurane/methanol/1 w/v% ammonium acetate/distilled water (684:220:68:28:28) applying isocratic elution. The flow rate and the injection volume were 2.1 mL/min and 50 μ L, respectively. The detector was set at 292 (α -tocopherol) and 297 (β/γ -, δ -tocopherol, rac-tocol) nm.

The separation of β - and γ -tocopherol is challenging because they only differ in the position of a methyl group. With the use of a C18 column these 2 compounds have almost the same retention time (Saha et al. 2013). β - and γ -tocopherols can only be separated with the application of special columns and methods (Grebenstein and Frank 2012, Górnas et al. 2014), the application of which may be challenging for the routine clinical practice. Accordingly, only γ -tocopherol was applied as standard compound for the establishment of the calibration curve in this study, and the concentrations at the corresponding retention time includes both substances and reported as β/γ -tocopherol.

With regard to method validation, which was conducted with minor changes compared to paragraph 3.1, the following parameters are reported briefly. Calibrants were prepared from serum samples spiked with 6 different concentration levels with concentration ranges of 0 – 40 μM , 0 – 6 μM , 0 – 6 μM and 0 – 24 μM for α -, β/γ -, δ -tocopherol and rac-tocol, respectively. Very good linearity ($R^2 \geq 0.99$) was observed throughout the concentration ranges for α -, β/γ -, δ -tocopherol and rac-tocol. For the determination of within-run precision, 5 samples for 4 concentration levels were applied (i.e., 20 replicates altogether). This measurement was repeated 2 more times with at least 1 week intervals to obtain between-run precision. With regard to within-run precision the CV of the measured concentrations were 4.53%, 3.72% and 5.11% for α -, β/γ - and δ -tocopherols, respectively, whereas in case of between-run precision, they were 3.59%, 5.93% and 4.76% for α -, β/γ - and δ -tocopherol, respectively. The recoveries for the serum samples ranged from 86 to 105%, from 95 to 108% and from 116 to 124% for α -, β/γ - and δ -tocopherol, respectively. The peaks of the different compounds obtained during chromatographic analysis are presented in Figure 5.

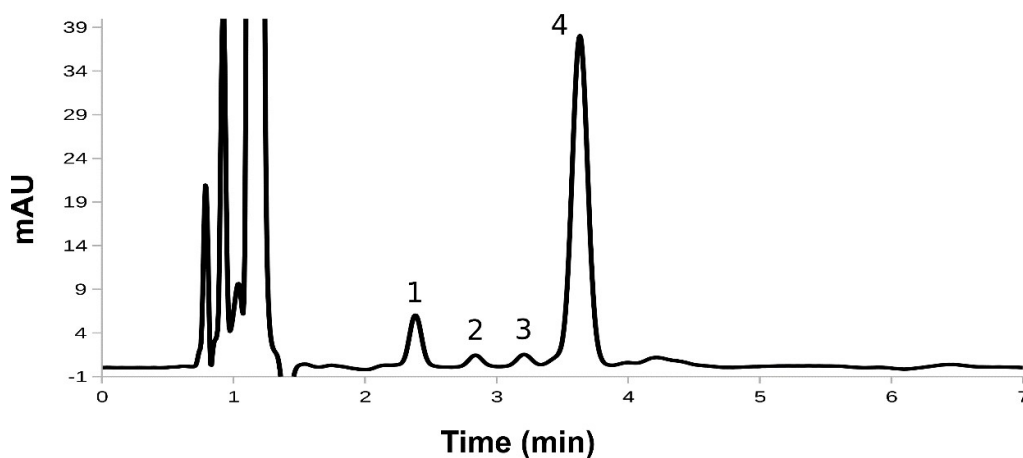


Figure 5 Chromatograms of the analyzed tocopherols from human serum with UV detection on 297 nm. rac-tocol (1), δ -tocopherol (2), γ -tocopherol (3) and α -tocopherol (4)

3.5 Statistics

All statistical analyses were performed with the use of the R software (R Development Core Team 2002). The pharmacokinetic data were evaluated with PKSolver, a freely available menu-driven add-in program for Microsoft Excel (Zhang et al. 2010).

We first checked the distribution of data populations with the Shapiro-Wilk test, and we also performed the Levene test for analysis of the homogeneity of variances. In the case of the analysis of 3-NP toxin model, due to the necessity of a large number of comparisons of data from the 2 groups obtained via a single measurement, two-sample t-tests via Monte-Carlo permutation (with 10,000 random permutations) were applied. With regard to the measurements for MPTP toxin model, all the data exhibited normal distribution and equal variances were assumed, and therefore ANOVA was used with Bonferroni post hoc comparison.

To determine RI for tocopherol measurements, we took the IFCC (International Federation of Clinical Chemistry and Laboratory Medicine) and CLSI (Clinical and Laboratory Standards Institute) guidelines (Horowitz 2016) as a basis. According to these guidelines the minimum required number of individuals for the determination of RI with the bootstrap method is at least 100 samples. First we checked the distribution of our data with the Anderson-Darling test and we also performed the Levene test for analysis of the homogeneity of variances. If the distribution proved to be Gaussian and the variances were equal, one-way ANOVA was applied to compare the groups, otherwise Kruskal-Wallis test was utilized. To obtain the necessary quantiles and their confidence intervals for the determination of the reference intervals, the bootstrap method (1000 iterations) was applied. The correlation between the concentration of the measured compounds and the age of individuals in the sample population was examined with the nonparametric Spearman's test.

We rejected the null hypothesis when the corrected p values were < 0.05 , and in such cases the differences were considered significant. Data with Gaussian or non-Gaussian distributions were plotted as means (\pm S.E.M. or \pm S.D.) or medians (and interquartile range), respectively.

4 Results

4.1 Pharmacokinetic assessment of KYNA and KYNA amides

The concentrations of KYNA and KYNA amides measured in rat serum and CNS samples by HPLC are demonstrated in Table 1.

Table 1 The concentration of KYNA and KYNA amides in Sprague-Dawley male rat serum and CNS samples.

| Serum | | | | |
|----------------|-------------------|---------------------------|---------------------|----------------------------|
| Time (min) | KA-1 treatment | | KA-2 treatment | |
| | KA-1 (μ M) | KYNA (nM) | KA-2 (μ M) | KYNA (nM) |
| 0 (control) | 0 | 75.7 (72.8–90.4) | 0 | 75.7 (72.8–90.4) |
| 15 | 87.4 (0–191.2) | 5517.9 (3287.2–6290.1) | 2.6 (2.2–20.9) | 287.9 (239.1–6753.5) |
| 30 | 35.6 (0–140.4) | 1159.3 (523.8–2397.9) | 20.9 (17.4–22.6) | 16709.5 (13796.6–17519) |
| 60 | 39.6 (0–114.4) | 464.1 (304.9–1342.3) | 13.7 (13.7–14) | 3375.8 (3332.7–4604.1) |
| 120 | 19.5 (0–87.2) | 561 (353.2–570.4) | 3.2 (3–4.7) | 334.6 (232.4–422.2) |
| 300 | 3.1 (0–61.5) | 103.6 (99.1–128.2) | 0.5 (0.5–0.5) | 149.3 (110.3–150.1) |

| CNS | | | | |
|----------------|---------------------|-------------------------|---------------------|-------------------------|
| Time (min) | KA-1 treatment | | KA-2 treatment | |
| | KA-1 (pmol/g ww) | KYNA (pmol/g ww) | KA-2 (pmol/g ww) | KYNA (pmol/g ww) |
| 0 (control) | 0 | 5.33 (1.00–13.17) | 0 | 5.33 (1.00 - 13.17) |
| 15 | < LOD | 58.98 (53.37–277.22) | < LOD | 17.41 (15.02–19.31) |
| 30 | < LOD | 44.69 (29.43–104.13) | 4.45 (3.88–4.67) | 34.77 (25.01–50.53) |
| 60 | < LOD | 58.61 (25.97–103.53) | 6.44 (5.62–7.85) | 65.70 (41.54–110.68) |
| 120 | < LOD | 12.00 (11.07–15.68) | 3.28 (2.75–3.31) | 15.30 (10.81–18.47) |
| 300 | < LOD | 13.73 (13.16–19.79) | 1.98 (1.50–2.90) | 22.43 (19.63–24.62) |

The concentrations were measured with HPLC after pretreatment with KA-1 and KA-2. Sprague-Dawley male rats: n = 5 in each group; data are shown as median (interquartile range); *KYNA* kynurenic acid, *KA-1* N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, *KA-2* N-(2-N-pyrrolidinyethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, *LOD* limit of detection.

The time-course profile of the KYNA amides in the rat serum revealed that, after a steep increase in the concentration, a subsequent steep decrease occurred in the first hour, followed by a prolonged further gradual decrease (Figure 6).

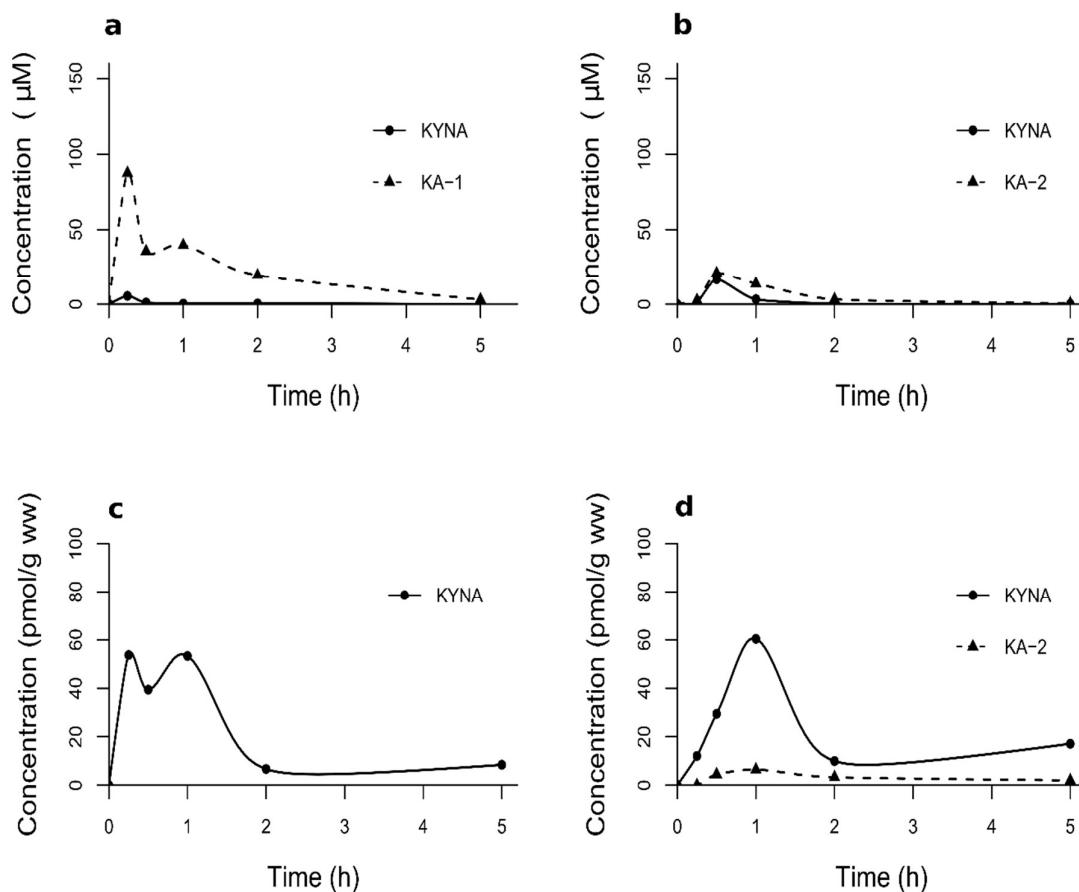


Figure 6 The concentrations of KYNA and KYNA amides in serum and CNS samples of Sprague-Dawley male rats. Figure 6a and 6b demonstrate the concentrations of KYNA and KYNA amides in rat serum with the course of time after injection. Figure 6c and 6d show the concentrations of KYNA and KYNA amides in the CNS samples of the same animals. KA-1 concentrations were under the limit of detection in the CNS samples. Sprague-Dawley male rats: $n = 5$ in each group; data are shown as medians; KYNA kynurenic acid, KA-1 N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, KA-2 N-(2-N-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

Although the serum concentration of KA-2 did not show such a high level as that of KA-1, a slightly slower decrease in concentration was observed. These observations are consistent with the calculated serum pharmacokinetic parameters (C_{\max} , T_{\max} , area under the curve (AUC_{0-t}), the half-life ($t_{1/2}$), apparent total clearance (CL/F_{obs}) and apparent volume of distribution (V_z/F_{obs})) of KA-1 and KA-2, demonstrated in Table 2.

| Pharmacokinetic parameters | Serum | | | |
|---|----------------|------|----------------|-------|
| | KA-1 treatment | | KA-2 treatment | |
| | KA-1 | KYNA | KA-2 | KYNA |
| $t_{1/2}$ (h) | 1.09 | 0.91 | 0.84 | 0.64 |
| t_{\max} (h) | 0.25 | 0.25 | 0.50 | 0.50 |
| C_{\max} (μM) | 87.44 | 5.44 | 20.87 | 16.63 |
| AUC_{0-t} ($\mu\text{M}\cdot\text{h}$) | 99.22 | 2.61 | 23.35 | 7.89 |
| V_z/F_{obs} (($\mu\text{mol/kg}$)/($\mu\text{mol/l}$)) | 15.17 | - | 50.02 | - |
| CL/F_{obs} (($\mu\text{mol/kg}$)/($\mu\text{mol/l/h}$)) | 9.61 | - | 41.81 | - |

Table 2 Pharmacokinetic parameters of KYNA and KYNA amides in rat serum and CNS samples after intraperitoneal injection of KA-1 and KA-2.

| Pharmacokinetic parameters | CNS | | | |
|---|----------------|-------|----------------|-------|
| | KA-1 treatment | | KA-2 treatment | |
| | KA-1 | KYNA | KA-2 | KYNA |
| $t_{1/2}$ (h) | NA | 1.67 | 2.61 | 3.45 |
| t_{\max} (h) | NA | 0.25 | 1 | 1 |
| C_{\max} (pmol/g) | NA | 53.66 | 6.44 | 60.37 |
| AUC_{0-t} (pmol/g*h) | NA | 86.46 | 16.24 | 97.77 |
| V_z/F_{obs} ((pmol/kg)/(pmol/l)) | NA | - | 158,88 | - |
| CL/F_{obs} ((pmol/kg)/(pmol/l/h)) | NA | - | 42,22 | - |

The KYNA amides were applied in a dose of 1 mmol/kg. Sprague-Dawley male rats: n = 5 in each group; KYNA kynurenic acid, KA-1 N-(2-N,N-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, KA-2 N-(2-N-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, NA not available

However, the increase in serum KYNA concentration following the i.p. injection of KA-2 was considerably higher (an approximately 200-fold maximal increase) as compared with that of KA-1 (an approximately 70-fold maximal increase), also well reflected by the above-mentioned pharmacokinetic parameters. To avoid the influence of the basal serum KYNA level on the calculated pharmacokinetic parameters, these basal concentrations were subtracted from the corresponding subsequent concentrations in the calculation of the pharmacokinetic parameters. The pharmacokinetic data therefore reflect only the KYNA amide-induced changes in KYNA concentrations. In the 5th hour, KA-1 and KA-2 were still present at 3.1 (0–61.5) μ M and 0.5 (0.5–0.5) μ M in the serum, respectively, while the KYNA levels had approximately returned to the baseline level, preferentially in the case of KA-1 treatment. In the rat CNS samples the KA-1 concentration was under LOD. However, KA-2 was present in detectable amounts in the CNS, reaching its maximum concentration (6.44 (5.62–7.85) pmol/g ww) after an hour which subsequently gradually decreased but in the 5th hour it was still present at 1.98 (1.50–2.90) pmol/g ww. The CNS pharmacokinetics of KYNA following KA-1 and KA-2 administration showed quite similar profiles, characterized by an approximately maximal 10-fold increase in basal concentration within the 1st hour. V_z/F_{obs} was relatively high in KA-1 and especially in KA-2. The apparent clearance was also high in the case of KA-2 relative to KA-1.

4.2 Measurement of TRP metabolites in the 3-NP toxin model of HD

As shown in Table 3, no difference was found in the KYNA concentration in the serum or in the investigated brain regions of the toxin-treated and control mice 12 days after the last injection, and there was no significant difference between the TRP levels of the serum samples of the toxin-treated and control mice, whereas in the case of KYN, a significant difference was detected in the cortex (2679 ± 110 pmol/g wet weight (ww); $p = 0.017$, permutation test) relative to the control value (3110 ± 112). However, significantly decreased TRP levels were found in the striatum (19,530 (17,700–20,440) pmol/g ww; $p = 0.0002$, permutation test), cortex (14,360 (13,540–16,300) pmol/g ww; $p = 0.003$, permutation test), hippocampus (16,550 (14,790–17,580) pmol/g ww; $p = 0.006$, permutation test), cerebellum (14,930 (14,210–16,260) pmol/g ww; $p = 0.0002$, permutation test) and brainstem (12,740 (12,280–14,100) pmol/g ww; $p = 0.0004$, permutation test) of 3-NP-treated mice as compared with the controls (27,950 (23,820–

35,700); 22,860 (17,260–28,430); 26,590 (18,020–30,730); 24,810 (17,630–28,510); 20,960 (15,920–29,890) pmol/g ww, respectively).

Table 3 The concentrations of some metabolites of the KP in different brain regions and serum of control and 3-NP treated mice

| | | Serum | Str | Ctx | Hip | Cer | Stem |
|-------------------|------|-------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|
| T R P | ctrl | 102.8 (89.8 – 115.4) | 27,950 (23,820 – 35,700) | 22,860 (17,260 – 28,430) | 26,590 (18,020 – 30,730) | 24,810 (17,630 – 28,510) | 20,960 (15,920 – 29,890) |
| | 3-NP | 88.6 (83.2 – 94.5) | 19,530*** (17,700 – 20,440) | 14,360** (13,540 – 16,300) | 16,550** (14,790 – 17,580) | 14,930*** (14,210 – 16,260) | 12,740*** (12,280 – 14,100) |
| K Y N | ctrl | 1.39 ± 0.09 | 2922 ± 288 | 3110 ± 112 | 2914 ± 176 | 3060 ± 238 | 2389 ± 118 |
| | 3-NP | 1.12 ± 0.12 | 3001 ± 309 | 2679* ± 110 | 2723 ± 208 | 2521 ± 182 | 2169 ± 111 |
| K Y N A | ctrl | 0.19 (0.17 – 0.21) | 5.73 (<LOD – 21.91) | 5.07 (<LOD – 7.72) | <LOD (<LOD – 7.66) | <LOD (<LOD – 4.18) | <LOD |
| | 3-NP | 0.10 (0.09 – 0.18) | <LOD | 6.67 (3.04 – 7.08) | <LOD (<LOD – 7.68) | <LOD (<LOD – 7.45) | <LOD |
| 3- O H K | ctrl | <LOD | <LOD | <LOD | <LOD | 66.84 (28.99 – 97.64) | <LOD (<LOD – 25.50) |
| | 3-NP | <LOD | <LOD | <LOD | <LOD | <LOD** | <LOD |

The concentration of TRP and some of its metabolites were measured from 5 different brain regions and serum of C57Bl/6 mice with HPLC. TRP levels were significantly decreased in all brain regions of 3-NP treated mice. In the cortex and cerebellum of toxin treated mice there was also a significant depletion in KYN and 3-OHK concentrations, respectively. Measurement unit was μM for serum and pmol/g wet weight for brain regions (*str* striatum; *ctx* cortex; *hip* hippocampus; *cer* cerebellum; *stem* brainstem). KYN results are expressed as mean \pm S.E.M., the other substances are shown as median (interquartile range). KP kynurenine pathway, TRP tryptophan, KYN kynurenine, KYNA kynurenic acid, 3-OHK 3-hydroxykynurenine, 3-NP 3-nitropropionic acid, ctrl control, LOD limit of detection. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

The observed decreases in TRP level were generally associated with an increased KYN/TRP ratio, an index widely used to assess the metabolic activity of KP. Indeed, a significant increase in KYN/TRP ratio was observed in the striatum (0.156 ± 0.014 ; $p = 0.008$, permutation test), hippocampus (0.158 ± 0.008 ; $p = 0.023$, permutation test), cerebellum (0.166 ± 0.01 ; $p = 0.008$, permutation test) and brainstem (0.166 ± 0.008 ; $p = 0.009$, permutation test) as compared with the control values (0.102 ± 0.011 ; 0.122 ± 0.011 ; 0.129 ± 0.007 ; 0.117 ± 0.013 , respectively; Figure 7); however, the difference in the cortex did not reach statistical significance.

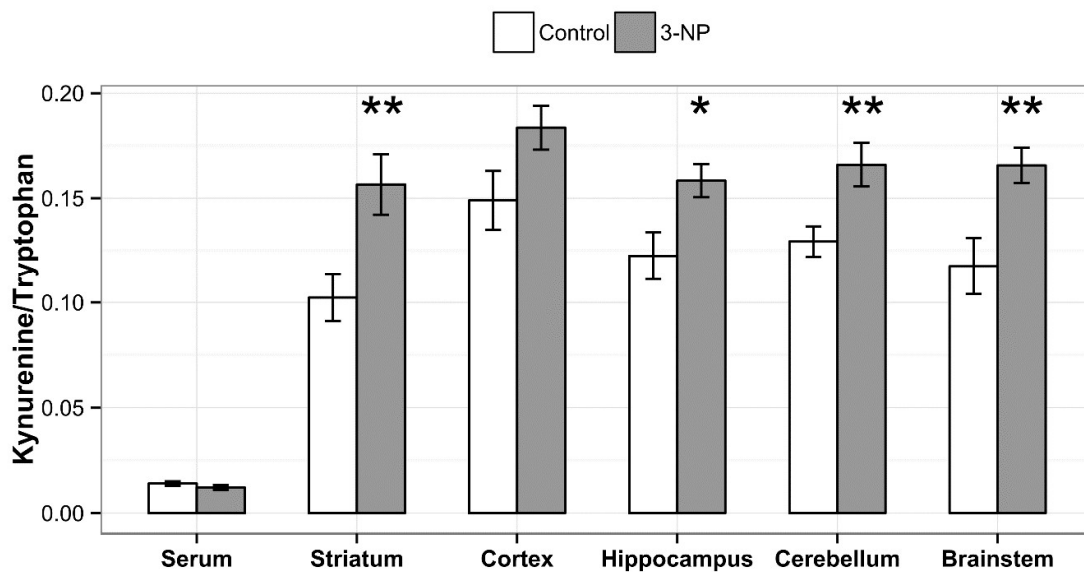


Figure 7 The effects of 3-NP treatment on the KYN/TRP ratio in the serum and different brain regions of C57Bl/6 mice. The KYN/TRP ratio was significantly elevated in the striatum, hippocampus, cerebellum and brainstem of the 3-NP-treated mice. The increase in the cortex did not reach the level of statistical significance. No alteration was observed in the serum. Data are means \pm S.E.M; 3-NP 3-nitropropionic acid, KYN kynurenine, TRP tryptophan, * $p < 0.05$, ** $p < 0.01$

No difference in the KYN/TRP ratio was observed in the serum. With regard to 3-OHK levels, a significant decrease was observed in the cerebellum (to below the LOD; $p = 0.005$, permutation test) in the 3-NP-treated mice in comparison with the control value (66.84 (28.99 – 97.64) pmol/g ww), but not in the other brain regions.

4.3 Measurement of DA and its metabolites after MPTP treatment

The DA, DOPAC and HVA values in the respective control groups of the 3 treatment regimens were compared to each other, and there were no significant differences. Therefore, the values in these control groups were pooled for further comparisons with the MPTP-treated groups. The MPTP administration caused significant reductions in the striatal DA (ctrl: 8.08 ± 0.50 , MPTP: 4.36 ± 0.92 , $p = 0.0005$, ANOVA), DOPAC (ctrl: 2.57 ± 0.21 , MPTP: 0.44 ± 0.08 , $p = 3.78 \times 10^{-8}$, ANOVA) and HVA (ctrl: 2.18 ± 0.12 , MPTP: 0.67 ± 0.11 , $p = 5.12 \times 10^{-10}$, ANOVA) levels compared to control values 90 min following its last administration in the acute treatment regimen (acute-1 day; Figure 8). Moreover, a significant reduction in metabolite levels was also observed 1 week after the last injection in the acute treatment regimen (acute-7 days; Figure 8) in the DA (ctrl: 8.08 ± 0.50 , MPTP: 1.34 ± 0.43 , $p = 4.86 \times 10^{-8}$, ANOVA), DOPAC (ctrl: 2.57 ± 0.21 , MPTP: 0.76 ± 0.15 , $p = 7 \times 10^{-6}$, ANOVA) and HVA (ctrl: 2.18 ± 0.12 , MPTP: 0.81 ± 0.13 , $p = 5.08 \times 10^{-8}$, ANOVA) values in the striatum of the MPTP-treated mice compared to the control animals. However, chronic MPTP treatment resulted in significant reductions of only striatal HVA (ctrl: 2.18 ± 0.12 , MPTP: 1.40 ± 0.08 , $p = 0.0005$, ANOVA) levels, striatal DA (ctrl: 8.08 ± 0.50 , MPTP: 6.83 ± 0.48) and DOPAC (ctrl: 2.57 ± 0.21 ; MPTP: 1.99 ± 0.23) levels were not decreased significantly (Figure 8). 7 days following the acute treatment regimen the DA levels significantly decreased compared to those data from samples obtained 90 min following the last MPTP injection in the acute treatment regimen ($p = 0.039$, ANOVA).

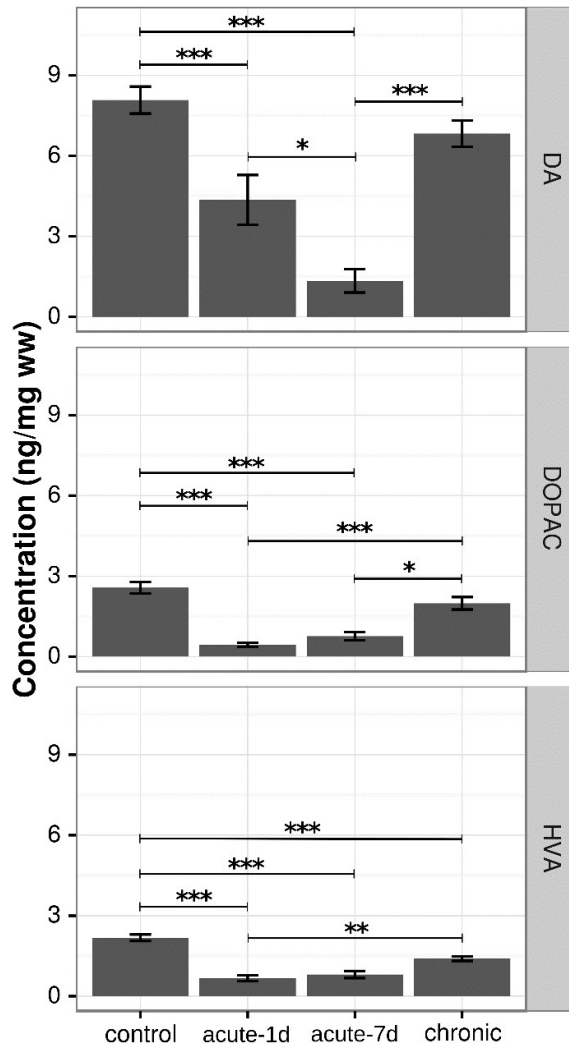


Figure 8 Striatal DA, DOPAC and HVA concentrations of MPTP-treated mice in 3 different treatment regimens. 90 min (acute-1d) and 7 days (acute-7d) following acute MPTP intoxication, DA, DOPAC and HVA levels significantly decreased in the striatum compared to the controls. The chronic (12 day) low dose MPTP treatment did not influence the striatal levels of DA and DOPAC, only HVA levels were significantly decreased. Values are plotted as means \pm S.E.M; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$; DA dopamine, DOPAC 3,4-dihydroxyphenylacetic acid, HVA homovanillic acid

4.4 Tocopherol measurements from human serum

The group-wise comparisons failed to detect any significant difference between groups regarding the concentrations of α -tocopherol ($p = 0.48$, $\chi^2 = 2.46$; Kruskal-Wallis test), β/γ -tocopherol ($p = 0.47$, $\chi^2 = 2.53$; Kruskal-Wallis test) or δ -tocopherol ($p = 0.82$, $\chi^2 = 0.94$; Kruskal-Wallis test; Table 4). Accordingly, in order to establish RI with appropriate subject numbers, the values for each measured compounds were pooled and the minimum required sample size ($n = 120$) was achieved.

Table 4 Serum tocopherol concentrations of subjects belonging to the control and OND groups.

| | Controls (women) | Controls (men) | OND patients (women) | OND patients (men) | Group comparisons (<i>p</i>) |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------------------|
| α - tocopherol (μM) | 38.08 (33.70 – 44.10) | 35.38 (31.35 – 45.83) | 34.26 (29.40 – 41.60) | 33.93 (30.54 – 41.08) | 0.48 ($\chi^2 = 2.46$) |
| β/γ - tocopherol (μM) | 1.83 (1.32 – 2.23) | 1.68 (1.39 – 2.52) | 1.57 (1.33 – 1.82) | 1.75 (1.52 – 2.21) | 0.47 ($\chi^2 = 2.53$) |
| δ - tocopherol (μM) | 0.63 (0.52 – 0.86) | 0.62 (0.53 – 0.78) | 0.62 (0.55 – 0.82) | 0.65 (0.57 – 0.75) | 0.82 ($\chi^2 = 0.94$) |

Group-wise comparisons (Kruskal-Wallis test) of the four groups failed to detect any significant difference between serum tocopherol levels. Data are presented as median and interquartile range. *OND* other neurological disease.

Table 5 The calculated uncorrected lower (2.5%) and upper (97.5%) reference intervals for tocopherols for the assessed Hungarian population.

| | 2.5% | S.E. | C.I. (95%) | 97.5% | S.E. | C.I. (95%) |
|---|-------|------|---------------|-------|------|---------------|
| α -tocopherol (μM) | 24.62 | 0.76 | 23.24 – 26.26 | 54.67 | 4.09 | 46.88 – 61.84 |
| β/γ -tocopherol (μM) | 0.81 | 0.13 | 0.60 – 1.11 | 3.69 | 0.45 | 2.71 – 4.55 |
| δ -tocopherol (μM) | 0.29 | 0.03 | 0.22 – 0.32 | 1.07 | 0.13 | 0.80 – 1.29 |

n = 120, *S.E.* standard error; *C.I.* confidence interval

For the determination of lower (2.5%) and upper (97.5%) RI with the corresponding confidence intervals and standard errors, the bootstrap method was applied and the results are demonstrated in Table 5. To obtain cholesterol-corrected tocopherol values as well, serum cholesterol concentrations were determined for each subject (median and interquartile range: 4.99 mM (4.31 – 5.54)) and the tocopherol/cholesterol ratios were calculated. The bootstrap method was applied again for the lipid corrected values (Table 6). To assess the incidental effect of age on

measured serum lipid levels, Spearman test was performed. The cholesterol levels positively correlated with the age of subjects ($p < 0.001$, Spearman's $\rho = 0.34$; Figure 10).

Table 6 The calculated cholesterol corrected lower (2.5%) and upper (97.5%) reference intervals for tocopherols for the assessed Hungarian population.

| | 2.5% | S.E. | C.I. (95%) | 97.5% | S.E. | C.I. (95%) |
|--|------|------|-------------|-------|------|--------------|
| α -tocopherol ($\mu\text{mol}/\text{mmol}$) | 5.11 | 0.14 | 4.79 – 5.36 | 11.27 | 0.69 | 9.91 – 12.82 |
| β/γ -tocopherol ($\mu\text{mol}/\text{mmol}$) | 0.14 | 0.02 | 0.10 – 0.19 | 0.72 | 0.07 | 0.60 – 0.88 |
| δ -tocopherol ($\mu\text{mol}/\text{mmol}$) | 0.06 | 0.01 | 0.05 – 0.07 | 0.22 | 0.03 | 0.16 – 0.27 |

$n = 120$, *S.E.* standard error; *C.I.* confidence interval

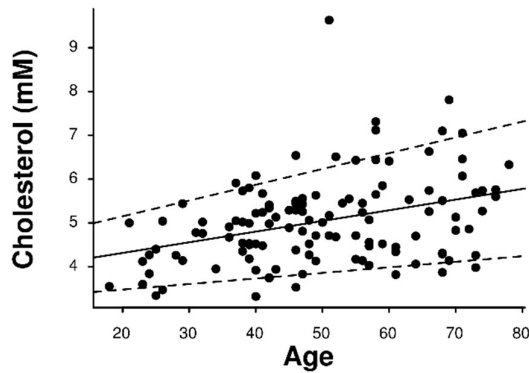


Figure 10 Serum cholesterol concentrations in function of age. There is a positive correlation between cholesterol levels and age ($p < 0.001$, Spearman's $\rho = 0.34$).

In case of uncorrected α - and β/γ -tocopherol concentrations this correlation with age is present as well (α -tocopherol: $p = 0.002$, Spearman's $\rho = 0.28$, Figure 11a; β/γ -tocopherol: $p = 0.001$, Spearman's $\rho = 0.29$, Figure 11c) whereas δ -tocopherol levels did not correlate with age ($p = 0.98$, Spearman's $\rho = 0.003$, Figure 11e). When tocopherol levels were normalized to cholesterol levels, all the correlations with age were eliminated (α -tocopherol: $p = 0.99$, Spearman's $\rho = -0.0007$, Figure 11b; β/γ -tocopherol: $p = 0.14$, Spearman's $\rho = 0.14$, Figure 11d; δ -tocopherol: $p = 0.051$, Spearman's $\rho = -0.18$, Figure 11f).

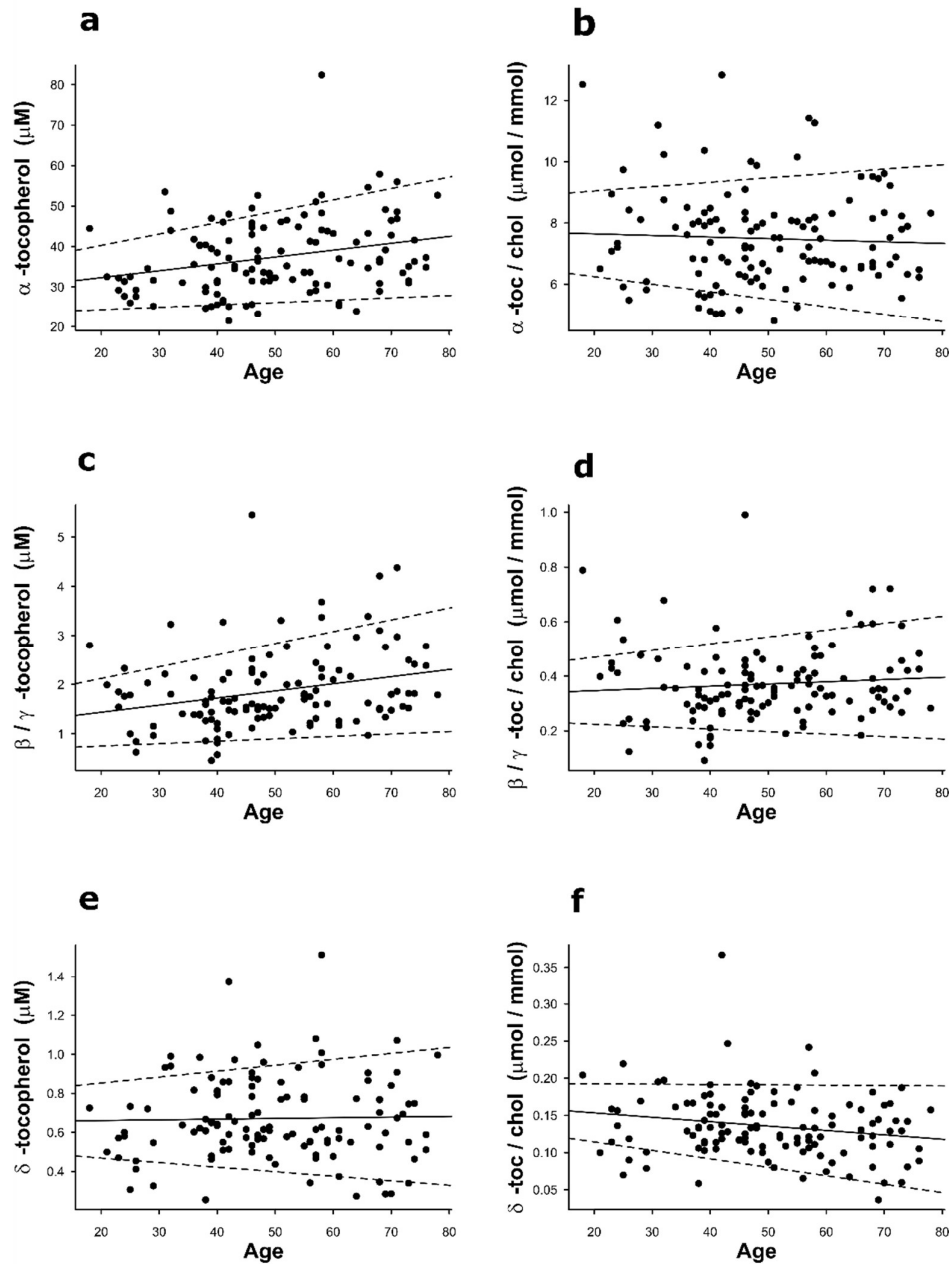


Figure 11 Serum tocopherol concentrations and tocopherol/cholesterol ratios plotted against the age of participants. The level of α -tocopherol positively correlates with age ($p = 0.002$, Spearman's $\rho = 0.28$; a), similarly to β/γ -tocopherol ($p = 0.001$, Spearman's $\rho = 0.29$; c), whereas δ -tocopherol levels do not correlate with age ($p = 0.98$, Spearman's $\rho = 0.003$; e). The cholesterol corrected values (**toc/chole**) of α -tocopherol ($p = 0.99$, Spearman's $\rho = -0.0007$; b) and β/γ -tocopherol ($p = 0.14$, Spearman's $\rho = 0.14$; d) do not further significantly correlate with age, and the correlation of δ -tocopherol levels with age also remained non-significant ($p = 0.051$, Spearman's $\rho = -0.18$; f).

5 Discussion

Bioanalytical measurements play an essential role in differential diagnostics and may have prognostic value as well. Accordingly, numerous preclinical and clinical studies aim to discover novel biomarkers to monitor various pathological processes or the therapeutic effects of novel drugs. Amongst analytical methods, HPLC is one of the most popular options because it provides fast and robust determination of a wide range of compounds. However, these methods require substantial development of procedures in order to obtain valid, i.e., replicable, results.

5.1 Pharmacokinetic assessment of KYNA and KYNA amides

For the investigation of the potential beneficial effects of KYNA amides in headache, a well-known model of trigeminal nociception, the orofacial formalin test, was applied. Immunohistochemical studies have revealed that formalin induces c-FOS and nNOS expression in the TNC, which suggests the activation and sensitization of that region (Hunt et al. 1987, Párdutz et al. 2000). Our aim was to give a pharmacokinetic explanation for the observed beneficial effects of 2 KYNA amides (KA-1 and KA-2) in the above-mentioned formalin model, which involves both peripheral and central components of pain processing. With regard to the serum concentrations of the analogs following their i.p. administration, the levels of KA-2 were considerably lower than those of KA-1 from the aspects of peak concentration and AUC_{0-5h}. In contrast, KA-1 could not be detected in the examined CNS region, and the concentration of KA-2 was likewise relatively low. On the other hand the serum pharmacokinetic data revealed that KA-2 decays into KYNA in larger amounts than KA-1, but nevertheless, in the examined CNS region, there is no major difference between KYNA levels following the treatments with KA-1 or KA-2. In view of these findings, the difference in the observed effects in behavioral and immunohistochemical studies (Veres et al. 2017) may be explained by the differences in the serum KYNA levels. From the aspect of a structure-activity relationship, the difference in peripheral conversion may stem from the structures of the 2 analogs, e.g., in the case of KA-2 the strained pyrrolidine moiety may influence the faster hydrolysis of the amide bond relative to the N,N-dimethyl function (KA-1). These findings suggest that the difference in the beneficial effects of the 2 analogs may be explained by the peripheral effect of elevated KYNA concentrations on formalin-induced pathological

alterations. The molecular background would be the inhibition of NMDAR-mediated neurotransmission at the strychnine-insensitive glycine-binding site (Szalárdy et al. 2012b) which is present on the peripheral process of the trigeminal nociceptors (Watanabe et al. 1994, Quartu et al. 2002). The observed peak serum KYNA concentration following KA-2 treatment during the experiment (16.71 μ M) may be relevant with regard to the inhibition of glutamatergic neurotransmission via the above-mentioned pathway (Szalárdy et al. 2012b).

5.2 Measurement of TRP metabolites in the 3-NP toxin model of HD

In another study, regarding the KP of TRP metabolism, we used the 3-NP toxin model of HD (Brouillet 2014). In contrast with genetic models (Guidetti et al. 2000, 2006, Sathyasaikumar et al. 2010, Mazarei et al. 2013), there are no available published data on the effects of 3-NP toxicity on the concentrations of TRP and KP metabolites under *in vivo* conditions in mice. One of the 2 studies on the effects of chronic 3-NP treatment in rats demonstrated a significant decrease in the number of kynurenine aminotransferase (KAT)-I-immunoreactive cells, predominantly in the striatum (Csillik et al. 2002). The other study on *ex vivo* rat cortical slices, demonstrated that 3-NP dose-dependently inhibited the production of KYNA and led to decreased KAT-I and KAT-II activities in the cortical tissue homogenates (Luchowski et al. 2002). No murine studies have been conducted previously to assess the effects of *in vivo* applied 3-NP on KP metabolism at the metabolite level per se, and there have been no studies of KP alterations due to 3-NP intoxication in the serum, which may allow the differentiation of systemic effects from those confined to the CNS. We have now quantitatively assessed the levels of 4 KP metabolites in the striatum, cortex, hippocampus, cerebellum and brainstem of mice, with a relatively high number of animals per group ($n = 14-16$).

Our findings indicated a decreased TRP level in association with an increased KYN/TRP ratio in most of the examined brain regions of C57Bl/6 mice treated with 3-NP, and also a reduced concentration of 3-OHK in the cerebellum. It is noteworthy that we did not detect any significant difference in serum samples, which suggests that the observed alterations are specific for the examined brain regions and are not affected by a systemic change and/or an altered permeability of the blood-brain barrier. Our results on 5-month-old 3-NP-treated animals resemble those from studies of 3-month-old transgenic YAC128 animals (Mazarei et

al. 2013), which is known to be one of the best animal strains for the modeling of the alterations in human HD (Slow et al. 2003, Pouladi et al. 2013). The elevated KYN/TRP ratio is comparable with the previous finding of increased indolamine dioxigenase-1 activity in the brain (but not in the serum) of YAC128 animals, an alteration reflecting that observed in several neurodegenerative diseases and their animal models (Vécsei et al. 2013), and which is suggested to contribute to the neurodegenerative process. In another study (Török et al. 2015) it has been confirmed with histochemical methods, that the sub-acute 3-NP treatment we used caused neuronal cell death in the striatum.

With regard to the behavioral tests, our findings were in line with the behavioral changes described in the literature, i.e. most of the behavioral changes disappeared (i.e. the latency to fall, tested by rotarod; and the ambulation distance, tested in an openfield) or could not be detected (the recognition index, tested with the Y-maze test) 11 days after the last injection (Fernagut et al. 2002, Li et al. 2009, Brouillet 2014). The lack of difference in cognitive performance was not influenced by any incidental difference in locomotor activity, because we did not observe any significant difference in the total ambulation distance within the Y-maze. It is noteworthy, however, that we observed a significant reduction in the ambulation distance parameter in the last 5 min of the open-field test in the toxin-treated animals as compared with the controls, which may reflect a slight persistent behavioral dysfunction (Veres et al. 2015).

The similarity of the findings of KP alterations in this 3-NP model with those observed previously in genetic models (Guidetti et al. 2000, 2006, Sathyaikumar et al. 2010, Mazarei et al. 2013) leads us to presume that the KP alterations observed in transgenic animals might be secondary, at least partially, to a mitochondrial dysfunction, a well-known phenomenon in the pathogenesis of HD, and that 3-NP toxicity may comprise a useful and cheap tool for the screening of the efficacy of potential drug candidates before the application of more demanding genetic models.

5.3 Measurements of DA and its metabolites after MPTP treatment

With regard to DA measurements, our aim was to confirm that the applied acute MPTP treatment regimen was effective in decreasing striatal DA levels, while the chronic low dose administration of the toxin was not. In our study, we compared the above-mentioned MPTP

treatment regimens. MPTP is typically administered to mice according to one of 2 protocols: acute treatment (typically 4 injections at 2-h intervals in 1 day (Jackson-Lewis et al. 1995, Przedborski and Vila 2003, Anderson et al. 2006)) or subacute treatment (sometimes also called ‘chronic’ (Furuya et al. 2004)), in which 1 or 2 injections per day are administered for 5 consecutive days. In our study, we tested an acute regimen similar to the others found in the literature (Jackson-Lewis et al. 1995) and furthermore, instead of the subacute treatment we applied a more prolonged low dose regimen to model drug-induced preconditioning. The preconditioning by MPTP is not intended to suggest a future direct therapeutic approach, but rather aimed at finding key players which may help to alleviate the pathological alterations. The situation may be similar to ischemic preconditioning where the outcome in myocardial infarction may depend substantially on which medications were applied with an influence on preconditioning (Tomai et al. 1999). Accordingly, the aim in the case of preconditioning with MPTP is the demonstration that this administration regimen does not cause significant decreases in striatal DA concentration.

90 min after the last MPTP injection of the high-dose acute treatment (75 mg/kg/day total dose) the concentration of DA and its metabolites, DOPAC and HVA, were significantly decreased compared to the controls. 7 days after the last injection this difference could still be observed. Additionally, DA levels were notably lower compared to the animals processed after 90 min. With regard to the chronic low dose administration of MPTP (15 mg/kg/day), it did not induce significant DA depletion (i.e., neurotoxic effect at biochemical level), a meaningful decrease in concentration was observed only in the case of HVA.

These results demonstrated the presence of significant neurotoxicity in the case of the acute treatment regimen, associated with a sudden, but temporary, increase in PGC-1 α expression, while the chronic low dose regimen failed to evoke any significant changes either in striatal DA concentration or in PGC-1 α expression, suggesting that chronic low dose intoxication did not induce protective mechanisms with the involvement of PGC-1 α .

5.4 Tocopherol measurements from human serum

The determination of exact serum tocopherol concentrations may be substantial for the diagnosis and therapeutic monitoring of certain conditions usually accompanied with

neurological symptoms, such as ataxia, myopathy or cognitive deficiency (Muller 2010, Fata et al. 2014). Although the symptoms of genetically-determined disorders with tocopherol deficiency usually manifest during childhood (Raizman et al. 2014), malabsorption disorders and late-onset genetically determined metabolic conditions typically appear in adulthood, indicating the need for tocopherol measurement in adult population as well (Ueda et al. 2009). However, these concentrations alone hold little diagnostic value. For proper evaluation physicians need a well-established RI, which can vary considerably between populations (Appendix I). The underlying cause of this variation may be multifactorial, mainly including not standardized patient selection criteria and some methodological issues. The aim of our tocopherol measurements was to establish RIs for the adult Hungarian population and to compare the method of patient selection and the analytical procedure with that of previously published studies.

The investigated population in this study is homogeneously distributed with regard to age and covers a considerably wide age range of the adult population. Moving further to another qualitative aspect of the composition of the study population, in addition to the involvement of subjects without any chronic illness, the group of assessed individuals also comprised patients with different neurological disorders where tocopherol levels were not previously reported to be abnormal (the establishment of the so called control group of OND). This study setup may ensure the absence of significant alterations of tocopherol levels in neurological cases lacking the symptoms of ataxia, myopathy and cognitive deficiency, which may be important for future screening studies. Thorough statistical assessment resulted in no significant differences, thus subgroups became suitable for pooling, i.e., the number of individuals in the reference population could be easily increased to the desired level. Furthermore, in the current study design, special attention was paid to dietary factors and to the intake of special medicines (e.g., statins) and food supplements as well, because these may considerably alter the levels of the assessed compounds (Colquhoun et al. 2005). Tocopherol levels are often reported as tocopherol:cholesterol ratios based on the fact that there is a close relationship between the concentrations of tocopherols and lipids in the blood (Thurnham et al. 1986). However, under special circumstances, lipid corrected tocopherol levels can be misleading, because it was reported that malnutrition and infectious diseases in children can lower the levels of circulating cholesterol and its lipoprotein carriers, which alteration can mask decreased tocopherol levels

if only corrected values are reported (Das et al. 1996, Sauerwein et al. 1997, Squali Houssaïni et al. 2001). Contrarily, when obese children were investigated, their α -tocopherol levels were normal while their tocopherol:cholesterol ratios were significantly lower compared to the control group (Strauss 1999). With regard to adults, in light of the fact that lipid status can vary with age (Figure 10; (Rifkind and Segal 1983)) the application of lipid corrected values may be necessary for the characterization of vitamin E status (Horwitt et al. 1972, Thurnham et al. 1986). Nevertheless, the report of serum tocopherol concentrations with lipid ratios may be practical for the proper evaluation of tocopherol status.

6 Conclusion

Our results from KP metabolite measurements in the orofacial pain model draw attention to the role of the glutamatergic system in the alleviation of peripheral sensitization, which can be utilized for future drug development. The possibility of targeting the peripheral component of pain processing may provide an option for pharmaceutical drug design without necessitating good penetration of the BBB, but other pharmacokinetic parameters, such as solubility and clearance, must be kept in mind. The present results and previous preclinical findings indicate that the KYNA amides, via their probable direct effects (KA-1 (Zádori et al. 2011a)) or as prodrugs (KA-2 in the current pharmacokinetic study), may be promising drug candidates in neurological disorders with a high socioeconomic burden, including those involving pain and headache. Furthermore, we detected marked persistent increases in the KYN/TRP ratio in the striatum, hippocampus, cerebellum and brainstem and a slight reduction in the level of 3-OHK in the cerebellum in mice when we applied the subacute 3-NP model of HD. Such alterations have not been reported earlier in 3-NP studies and are similar to those seen in young genetic animal models (especially in 3-month-old YAC128 transgenic mice (Mazarei et al. 2013)). In the era of advanced genetic models of HD, our findings demonstrate the continued relevance and applicability of toxin models, which may provide cost-effective and rapid ways of screening potential drug candidates to treat this currently intractable disease.

Similarly to the 3-NP toxin model for HD, the MPTP toxin treatment serves as a good model for PD for the rapid testing of novel compounds and for the observation of various biochemical changes. Measuring the DA concentration in the striatum is a reliable method for the evaluation of possible neuroprotective effects.

Glutamatergic excitotoxicity and mitochondrial disturbances play essential roles in the pathomechanism of several neurological diseases (Zádori et al. 2012) and they are almost always accompanied by the formation of RS (Szalárdy et al. 2015). Accordingly, we were interested in the characterization of the antioxidant mechanisms, more specifically the serum tocopherol levels. First we had to establish proper RIs for the adult Hungarian population, which are presented here with their corresponding cholesterol corrected values. These results can facilitate the diagnostic process for certain neurological conditions, such as ataxia with vitamin E deficiency. Moreover, we draw attention to the importance of a thoroughly designed protocol associated with the establishment of these RIs and the possible pitfalls of tocopherol measurements.

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Appendix

I.

| Population | Population description | Age range (year) | Sample size | α -tocopherol (μM) [corrected values ($\mu\text{mol}/\text{mmol}$)] | γ -tocopherol (μM) [corrected values ($\mu\text{mol}/\text{mmol}$)] | δ -tocopherol (μM) [corrected values ($\mu\text{mol}/\text{mmol}$)] | Cholesterol measurement | Sample type | ISTD | Validation |
|-------------------------|------------------------|-----------------------------|-------------|---|---|---|-------------------------|-------------|------|------------|
| Arabian ^[1] | detailed | 32.5 (18 – 58) ^a | 159 M | 21.3 \pm 0.6 ^b | | | + | serum | + | + |
| | | | | [5.6 \pm 0.2] | | | | | | |
| | | 33.3 (18 – 63) | 101 F | 17.3 \pm 0.5 | | | | | | |
| | | | | [4.3 \pm 0.1] | | | | | | |
| Dutch ^[16] | detailed | 31.2 (24 – 45) ^a | 33 M | 23.9 (13.2 – 41.3) ^a | 2.3 (0.98 – 5.20) ^a | | + | serum | + | + |
| | | | | [4.97 (2.65 – 7.01)] | | | | | | |
| | | 33.1 (24 – 43) | 39 F | 25.5 (18.3 – 39.2) | 2.32 (1.17 – 4.30) | | | | | |
| | | | | [5.37 (3.21 – 9.32)] | | | | | | |
| English ^[22] | none | 44 (19 – 62) ^a | 45 M | 30.0 \pm 7.4 ^b | | | - | plasma | + | + |
| | | | 66 F | 30.4 \pm 7.1 | | | | | | |

| | | | | | | | | | | | |
|--------------------------|----------|---------------------------------|--------|-----------------------------------|---------------------------------|---------------------------------|--|---|--------|---|---|
| English ^[8] | detailed | 70.2 ± 2.0 ^b | 264 M | [5.5 ± 1.3] ^c | | | | + | plasma | + | + |
| | | 70.2 ± 2.1 | 204 F | [5.4 ± 1.4] | | | | | | | |
| European ^[10] | detailed | 58.0 ± 7.8 ^b | 446 | 27.9 (17.6 – 45.1) ^d | 3.1 (1.0 – 8.6) ^d | | | - | plasma | + | - |
| European ^[11] | detailed | 59 (49.5 – 67.2) ^e | 898 | 27.7 (20.50 – 37.92) ^f | 1.49 (0.79 – 3.01) ^f | 0.13 (0.05 – 0.36) ^f | | - | plasma | + | + |
| Finnish ^[12] | detailed | 71.3 (65.4 – 79.1) ^a | 76 | 29.26 ± 2.99 ^b | 1.88 ± 0.17 ^b | 0.27 ± 0.01 ^b | | + | serum | - | + |
| | | | | [5.13 ± 1.02] | [0.33 ± 0.06] | [0.047 ± 0.01] | | | | | |
| French ^[3] | detailed | 52.1 ± 4.7 ^b | 1487 M | 27.5 (24.1 – 31.7) ^g | | | | + | serum | + | + |
| | | 47.1 ± 6.7 | 2034 F | 28.2 (24.5 – 32.4) | | | | | | | |
| French ^[7] | detailed | <45 | 1307 M | - | | | | + | serum | - | + |
| | | 45 – 50 | | 31.8 ± 7.5 ^b | | | | | | | |
| | | 50 – 55 | | 31.8 ± 8.0 | | | | | | | |
| | | >55 | | 31.7 ± 7.7 | | | | | | | |

| | | | | | | | | | | |
|------------------------|----------|-----------------------------|--------|---------------------------------|---------------------------------|--|---|--------|---|---|
| French ^[7] | detailed | <45 | 1821 F | 29.4 ± 6.9 | | | + | serum | - | + |
| | | 45 – 50 | | 30.7 ± 7.5 | | | | | | |
| | | 50 – 55 | | 31.9 ± 6.4 | | | | | | |
| | | >55 | | 33.5 ± 8.5 | | | | | | |
| | | | | | | | | | | |
| French ^[16] | detailed | 34.7 (24 – 45) ^a | 38 M | 26.9 (17.9 – 37.8) ^a | 1.28 (0.17 – 2.90) ^a | | + | serum | + | + |
| | | [6.12 (4.93 – 9.12)] | | | | | | | | |
| | | 35.9 (25 – 45) | 37 F | 26.5 (16.7 – 39.9) | 1.05 (0.31 – 2.50) | | | | | |
| | | [5.89 (4.78 – 9.96)] | | | | | | | | |
| | | | | | | | | | | |
| Indian ^[4] | detailed | 55 ± 4.7 ^b | 291 | 20.63 ± 5.37 ^b | 2.54 ± 0.84 ^b | | + | NA | - | - |
| | | [4.44 ± 1.13] | | [0.55 ± 0.18] | | | | | | |
| Irish ^[27] | detailed | 18 – 35 | 363 | 21.83 ± 4.81 ^b | 1.61 ± 0.77 ^b | | - | plasma | + | + |
| | | 36 – 50 | | 283 | 26.73 ± 6.48 | | | | | |

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|--------------------------------|----------|-----------------------------|-------|------------------------------------|----------------------------------|----------------------------|---|--------|---|---|
| Irish ^[27] | detailed | 51 – 64 | 165 | 28.37 ± 7.14 | 2.05 ± 0.96 | | - | plasma | + | + |
| | | > 64 | 110 | 26.67 ± 7.43 | 1.79 ± 0.95 | | | | | |
| Irish ^[16] | detailed | 30.7 (24 – 44) ^a | 40 M | 26.2 (20.7 – 23.2) ^a | 1.87 (0.81 – 3.51) ^a | | + | serum | + | + |
| | | | | [7.62 (4.95 – 12.97)] | | | | | | |
| | | 31.9 (24 – 45) | 33 F | 26.5 (19.0 – 33.4) | 1.74 (0.73 – 4.19) | | | | | |
| | | | | [7.82 (5.94 – 14.17)] | | | | | | |
| Italian ^[19] | detailed | 73.7 ± 6.1 ^b | 666 | [6.0 ± 1.8] ^b | [0.37 ± 0.11] ^b | [0.05 ± 0.01] ^b | + | plasma | + | - |
| Japanese ^[28] | detailed | 41 (23 – 67) ^l | 206 M | 15.09 (3.94 – 35.75) ^l | 1.20 (0.24 – 10.08) ^l | | + | serum | - | + |
| North American ^[26] | none | 19 – 64 | 51 | 13.93 – 53.40 ^h | 0.72 – 7.68 ^h | | - | NA | + | + |
| North American ^[17] | none | ≥13 | 160 | 9.84 – 69.67 ^j | 0.17 – 8.06 ^j | | - | serum | + | + |
| | | 0 – 12 | 120 | 8.82 – 54.02 | 0.048 – 5.13 | | | | | |
| North American ^[5] | detailed | 71 ± 6.8 ^b | 272 | 30.49 (23.74 – 39.50) ^g | 3.56 (1.63 – 5.75) ^g | | - | plasma | + | - |

| | | | | | | | | | | |
|--------------------------------|----------|--------------------------|-----------|--|---------------------------------|---------------------------------|---|-------|---|---|
| North American ^[24] | basic | 51 ± 18 ^b | 307 | <div>11.61 – 41.79^h</div> <div>[not calculated]</div> | | | + | serum | + | + |
| North American ^[14] | detailed | 70 ± 7.5 ^b | 538 | 33.57 (26.44 – 45.09) ^g | 4.06 (2.35 – 6.53) ^g | 0.60 (0.50 – 0.77) ^g | + | | + | + |
| North American ^[20] | detailed | 60.6 ± 10.9 ^b | 777 M | 32.30 ± 14.58 ^b | | | - | NA | + | + |
| | | 59.3 ± 10.3 | 839 F | 34.83 ± 16.25 | | | | | | |
| North American ^[6] | detailed | 20 – 29 | 442 – 770 | 20.92 ^k | 4.97 ^k | | + | serum | + | + |
| | | | | [4.48] | [1.07] | | | | | |
| | | 30 – 39 | | 24.17 | 4.88 | | | | | |
| | | | | [4.87] | [0.98] | | | | | |
| | | 40 – 49 | | 28.54 | 5.04 | | | | | |
| | | | | [5.35] | [0.95] | | | | | |
| | | 50 – 59 | | 32.50 | 4.89 | | | | | |
| | | | | [5.95] | [0.90] | | | | | |

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|--------------------------------|----------|-----------------------------|-----------|---|---------------------------------|---------------------------------|---|--------|---|---|--|
| North American ^[6] | detailed | 60 – 69 | 442 – 770 | 35.14 | 4.36 | | + | serum | + | + | |
| | | ≥ 70 | | [6.26] | [0.78] | | | | | | |
| | | | | 35.01 | 4.16 | | | | | | |
| | | | | [6.49] | [0.77] | | | | | | |
| North American ^[21] | none | NA | 221 | 34.45 (4.71 – 65.42) ^a | 3.05 (0.55 – 9.36) ^a | 0.15 (0.02 – 0.57) ^a | - | plasma | + | + | |
| North Irish ^[16] | detailed | 34.7 (26 – 46) ^a | 32 M | 26.0 (16.5 – 46.4) ^a | 1.64 (0.55 – 6.93) ^a | | + | serum | + | + | |
| | | | | [7.12 (1.31 – 14.04)] | | | | | | | |
| | | 35.1 (19 – 45) | 33 F | 27.6 (18.1 – 40.4) [7.60 (2.96 – 16.23)] | 1.55 (0.51 – 4.22) | | | | | | |
| Norwegian ^[9] | detailed | 65 – 79 | 418 M | 29.5 ± 11.8 ^b | | | + | serum | + | + | |
| | | | 1016 F | 32.1 ± 14.2 | | | | | | | |

| | | | | | | | | | | |
|---------------------------|----------|---------------------------------|-------|--|---------------------------------|--|---|--------|---|---|
| Spanish ^[16] | detailed | 36 (25 – 45) ^a | 32 M | 27.4 (18.1 – 38.8) ^a [7.04 (4.60 – 14.79)] | 1.14 (0.39 – 4.16) ^a | | + | serum | + | + |
| | | 36.1 (25 – 45) | 32 F | 28.3 (17.6 – 41.6) [6.53 (4.83 – 11.38)] | 0.88 (0.37 – 2.44) | | | | | |
| | | | | | | | | | | |
| Swiss ^[25] | basic | 12.6 (0.4 – 38.7) ^l | 208 | [4.29 – 6.76] ^j | | | + | plasma | - | + |
| Taiwanese ^[2] | detailed | 46 (44.77 – 47.03) ^m | 176 M | 28.60 ± 14.34 ^b | | | + | serum | + | + |
| | | 44 (42.41 – 44.64) | 118 F | 23.72 ± 15.16 | | | | | | |
| Taiwanese ^[23] | detailed | 41.0 (25.0 – 53.0) ^l | 14 M | 18.73 (2.62-28.30) ^l [3.52 (2.73 – 4.15)] | | | + | serum | - | - |
| | | 40 (16.0 – 60.0) | 58 F | 18.53 (5.30 – 30.28) [3.41 (0.81 – 7.78)] | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |

Footnotes to Supplementary table 1

1 Abbreviations

F – female

M – male

NA – not available

RA – retinol acetate

TA – tocopherol acetate

2 Notes

a – mean (range)

b – mean \pm standard deviation

c – geometric mean \pm standard deviation

d – median (5-95th percentile)

e – median (10-90th percentile)

f – geometric mean (10-90th percentile)

g – median (interquartile range)

h – reference interval

i – reference interval (95%)

j – reference interval (90%)

k – geometric mean

l – median (range)

m – median (95% confidence interval)

* - retinyl butyrate and nonapreno- β -carotene

3 Methods

PubMed (MEDLINE) and Web of Science™ were used as search engines for articles. The key terms for searching were: tocopherol, human, reference interval, vitamin E. Papers reporting only measurement data of subjects under the age of 18 years or those with a control group consisting less than 50 individuals were excluded. With regard to population description three levels were determined: descriptions without details were assigned to ‘none’; when only few specific criteria for patient enrollment were presented, ‘basic’ was applied; if the study population parameters were thoroughly delineated with special attention to vitamin E consumption and medications, the description was considered as ‘detailed’. There was not applied any differentiation between the depth of validation process, only methods without any reported validation were considered as unvalidated.

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II.

A comparative assessment of two kynurenic acid analogs in the formalin model of trigeminal activation: a behavioral, immunohistochemical and pharmacokinetic study

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Abstract Kynurenic acid (KYNA) has well-established protective properties against glutamatergic neurotransmission, which plays an essential role in the activation and sensitization process during some primary headache disorders. The goal of this study was to compare the effects of two KYNA analogs, *N*-(2-*N,N*-dimethylaminoethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride (KA-1) and *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride (KA-2), in the orofacial formalin test of trigeminal pain. Following pretreatment with KA-1 or KA-2, rats were injected with subcutaneous formalin solution in the right whisker pad. Thereafter, the rubbing activity and c-Fos immunoreactivity changes in the spinal trigeminal nucleus pars caudalis (TNC) were investigated. To obtain pharmacokinetic data, KA-1, KA-2 and KYNA concentrations were measured following KA-1 or KA-2 injection. Behavioral tests demonstrated that KA-2 induced larger amelioration of formalin-evoked alterations as compared with KA-1 and the assessment of c-Fos

immunoreactivity in the TNC yielded similar results. Although KA-1 treatment resulted in approximately four times larger area under the curve values in the serum relative to KA-2, the latter resulted in a higher KYNA elevation than in the case of KA-1. With regard to TNC, the concentration of KA-1 was under the limit of detection, while that of KA-2 was quite small and there was no major difference in the approximately tenfold KYNA elevations. These findings indicate that the differences between the beneficial effects of KA-1 and KA-2 may be explained by the markedly higher peripheral KYNA levels following KA-2 pretreatment. Targeting the peripheral component of trigeminal pain processing would provide an option for drug design which might prove beneficial in headache conditions.

Keywords Kynurenic acid analog · Rat · Trigeminal pain · Formalin test · Pharmacokinetics

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Introduction

The kynurenine pathway (KP) of the tryptophan (TRP) metabolism is extensively studied, mostly because of the well-established endogenous protective properties of kynurenic acid (KYNA) against the excitotoxic effect of other KP metabolites, such as quinolinic acid and 3-hydroxy-L-kynurenine (Vécsei et al. 2013; Zádori et al. 2011b). Thus, KYNA has become a molecule of interest for central nervous system (CNS) drug development for several disorders (Schwarcz 2004). The application of KYNA in in vivo preclinical studies would be difficult due to its chemical and pharmacokinetic properties. There are problems with its solubility in higher doses, it cannot pass the blood–brain barrier in an acceptable quantity and it has

a rapid clearance from the CNS and in the periphery, mediated by organic anion transporters (Bahn et al. 2005; Fukui et al. 1991). Several analogs, derivatives and prodrugs have been synthesized with the aim of mitigating these disadvantages and of improving the utility of the molecule in preclinical studies (Fülöp et al. 2009). Among our newly synthesized KYNA amides, two lead compounds have been identified (Patent number #P0900281/PCT/HU2010/00050).

With regard to in vitro electrophysiology studies, *N*-(2-*N,N*-dimethylaminoethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride (KA-1, Fig. 1a) has been demonstrated to be an even more effective inhibitor of hippocampal excitatory synaptic transmission than KYNA (Nagy et al. 2011). Accordingly, in an in vivo model of trigeminal activation, KA-1 displayed better efficacy than that of its parent compound, KYNA (Knyihár-Csillik et al. 2008). Following this comparative study, KA-1 was tested in several experimental setups and proved to have beneficial effects (Gellért et al. 2012, 2011; Knyihár-Csillik et al. 2008; Marosi et al. 2010; Vámos et al. 2010, 2009; Zádori et al. 2011c). In contrast with the electrophysiological findings with KA-1, *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride (KA-2, Fig. 1b) did not decrease, but rather slightly increased the amplitudes of field excitatory postsynaptic potentials (fEPSPs) (Nagy et al. 2011). However, in a recent study, pretreatment with KA-2 was also able to attenuate the effects of nitroglycerine (NTG) in an experimental model of migraine (Fejes-Szabó et al. 2014).

The modes of action of these two compounds are still not fully understood. The two main possibilities are the following: (1) the intact structure is necessary for the mechanism of action, which would mimic some effects of the parent compound, KYNA; (2) the KYNA amides serve as prodrugs and dissociate into KYNA, which can exert its

pharmacological effects. With regard to the clarification of this issue, only one pharmacokinetic study is available to date (Zádori et al. 2011a). In that study, KYNA and KA-1 levels were measured with high-performance liquid chromatography (HPLC) in C57B/6 mouse serum following the intraperitoneal administration of KA-1. The time-course profile of KA-1 exhibited a steep increase in concentration followed by a rapid decrease in the first hour. Although the concentration of KYNA also increased from the basal serum level following KA-1 administration, this increase was considerably less than that in the case of KA-1. It may therefore be concluded that only a small proportion of KA-1 is metabolized to KYNA. These findings and the results of electrophysiology studies led to the assumption that it is less likely that KA-1 acts as a prodrug. Similar pharmacokinetic studies relating to KA-2 have not yet been made, but in view of the results of the electrophysiology studies, it seems to have a different mode of action.

The trigeminal system is responsible for most of the pain processing originating from the area of the head (Carpenter and Sutin 1983), and its activation therefore plays an important role in the pathomechanism of several neurological disorders, including primary headaches and trigeminal pain syndromes. These disorders, including migraine cause an enormous burden to the society (Olesen et al. 2012) underlining the need of new treatment options with a possible different mechanism of action. On the basis of its antagonistic influence on *N*-methyl-D-aspartate (NMDA), α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) and kainate receptors (Pereira et al. 2002), it is assumed that KYNA has a modifying effect on nociception (Näsström et al. 1992; Párdutz et al. 2012), and thus might possibly be a future candidate in headache treatment.

One aim of this study was to investigate the effects of KA-1 and KA-2 in the orofacial formalin test to quantify the nociception in the trigeminal region of the rat (Clavelou et al. 1995; Raboisson and Dallel 2004). A further aim was to perform a comparative pharmacokinetic study so as to further clarify the possible modes of action of these two KYNA amides.

Materials and methods

Animals

During the experiments, adult male Sprague–Dawley rats weighing 200–250 g were used. The animals were housed under standard laboratory conditions (in an air-conditioned, humidity-controlled and ventilated room) and were allowed free access to drinking water and regular rat chow on a 12 h–12 h dark–light cycle. The procedures used in

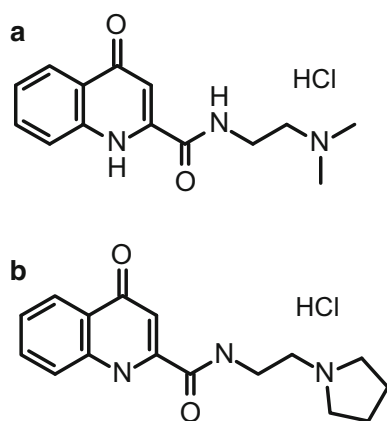


Fig. 1 The chemical structure of *N*-(2-*N,N*-dimethylaminoethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride (KA-1, **a**) and *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride (KA-2, **b**)

this study followed the guidelines of the International Association for the Study of Pain and the directive of the European Economic Community (86/609/ECC). They were approved by the Committee of Animal Research at the University of Szeged (I-74-12/2012) and the Scientific Ethics Committee for Animal Research of the Protection of Animals Advisory Board (XXIV./352/2012.).

Materials

The new KYNA amides (patent number #P0900281/PCT/HU2010/00050), KA-1 and KA-2, were synthesized in the Department of Pharmaceutical Chemistry, University of Szeged. The reference compounds [KYNA and 3-nitro-L-tyrosine (3-NLT)], zinc acetate dihydrate, chloral hydrate and 3,3'-diaminobenzidine were purchased from Sigma-Aldrich (Saint Louis, MO, USA), acetonitrile, H₂O₂, nickel ammonium sulfate and perchloric acid (PCA) were purchased from Scharlau (Barcelona, Spain), acetic acid and Triton X-100 were purchased from VWR International (Radnar, PA, USA), and paraformaldehyde was purchased from Merck (Darmstadt, Germany). The HPLC–MS grade acetonitrile and acetic acid were obtained from VWR International (Radnar, PA, USA).

Behavioral testing

To produce and quantify nociception in the trigeminal region of the rat, we used the orofacial formalin test.

The animals were divided into three groups ($n = 27$ – 28 per group) and received an intraperitoneal (i.p.) injection of phosphate-buffered saline (PBS, 0.1 M, pH 7.4) in the Control group or an i.p. injection of KA-1 (1 mmol/kg body weight; pH 7.4) in the KA-1 group or an i.p. injection of KA-2 (1 mmol/kg body weight; pH 7.4) in the KA-2 group. One hour after pretreatment, the animals were divided further into two subgroups ($n = 13$ – 15 per subgroup), half of the rats receiving a subcutaneous (s.c.) injection of 50 μ l physiological saline without formalin (control, KA-1 and KA-2), while the other half of the rats were injected s.c. with 50 μ l 1.5 % formalin solution containing 0.55 % formaldehyde (control–formalin, KA-1–formalin and KA-2–formalin), administered via a 26-gauge needle into the right whisker pad.

The testing procedures were performed during the light phase (between 8 a.m. and 2 p.m.) in a quiet room. The test box was a 30 \times 30 \times 30 cm glass terrarium with mirrored walls. For the offline analysis of rubbing activity directed to the whisker pad, the behavior of the individually tested rats was recorded with a video camera (Logitech HD Webcam C615) situated 1 m above the terrarium. One hour after pretreatment and following a 10-min habituation period in the test box, the whisker pads of the rats were

injected s.c. with physiological saline or formalin and the animals were immediately replaced in the chamber for 45-min. The rats did not receive any food or water during the observation period. The test box was cleaned and decontaminated after each animal. An observer blind to the experimental procedures analyzed the recorded videos. The 45-min recording period was divided into 15 \times 3-min blocks, and we distinguished two phases following formalin injection [Phase 1 (time block 1, i.e., 0–3 min) and Phase 2 (time blocks 5–15, i.e., 12–45 min)] according to the previously published methods (Clavelou et al. 1995; Raboisson and Dallel 2004), and the total time (number of seconds) spent in rubbing/scraping the injected area with the ipsilateral fore- or hindpaw was measured in each block and defined as the nociceptive score for that block. Earlier literature findings led us to use the grooming activity of animals in the control subgroup as control (Clavelou et al. 1995).

Immunohistochemistry

Four hours after the formalin injection, the rats were perfused transcardially with 100 ml PBS, followed by 500 ml 4 % paraformaldehyde in phosphate buffer under deep chloral hydrate (0.4 g/kg body weight) anesthesia. The medullary segment containing the spinal trigeminal nucleus pars caudalis (TNC) between +1 and –5 mm from the obex was removed, postfixed overnight for immunohistochemistry in the same fixative and cryoprotected (10 % sucrose for 2 h, 20 % sucrose until the blocks sank, and 30 % sucrose overnight). Before sectioning, each segment was marked with a small incision on the ventral and left (contralateral) side of the tissue block, allowing side discrimination during the quantification process. 30- μ m transverse cryostat sections were cut through the rostrocaudal axis from the beginning of the TNC and were serially collected in wells containing cold PBS. Each well contained every tenth section at 0.3-mm intervals along the rostrocaudal axis (15 levels = sections). The free-floating sections were rinsed in PBS and immersed in 0.3 % H₂O₂ in PBS for 30 min to suppress endogenous peroxidase activity. After several rinses in PBS containing 1 % Triton X-100 (PBST), sections were incubated at room temperature overnight in PBST containing rabbit anti-rat c-Fos polyclonal antibody (Santa Cruz Biotechnology, sc-52) at a dilution of 1:2000. The immunohistochemical reaction was visualized using Vectastain Elite avidin–biotin kits (Vector Laboratories, PK6101). Briefly, the sections were incubated at room temperature for 2 h in PBST containing goat anti-rabbit biotinylated secondary antibody. After several rinses in PBST, and incubation at room temperature for 2 h in PBST containing avidin and biotinylated horseradish peroxidase, the sections were stained with 3,3'-

diaminobenzidine intensified with nickel ammonium sulfate. The specificity of the immune reactions was checked by omitting the primary antiserum.

The immunoreactive (IR) cells in the superficial layer of the TNC were counted by an observer blind to the experimental procedures under the 10× objective of a Nikon Optiphot-2 (Nikon Instruments, Melville, NY, USA) light microscope in every tenth transverse section in each animal. Before the counting, the location of each section along the rostrocaudal axis and the location of the TNC on each medullary section were determined by means of The Rat Brain in Stereotaxic Coordinates Atlas (Paxinos and Watson 2007). The c-Fos neurons with obvious specific nuclear staining were taken into consideration and were counted in the TNC both ipsilaterally and contralaterally to the formalin injection.

HPLC measurements

Sample preparation

At set time points (15, 30, 60, 120 and 300 min) following the i.p. injection with the KYNA amides (1 mmol/kg), the rats were deeply anesthetized with i.p. injection of chloral hydrate (0.4 g/kg, Sigma-Aldrich). Blood samples were collected from vena cava caudalis and centrifuged at 13709 RCF (relative centrifugal force) for 10 min at 4 °C. The supernatants, i.e., the serum samples, were collected and centrifuged at 13709 RCF for 10 min at 4 °C again and the supernatants were stored at −80 °C until use. After the collection of blood samples, the animals were transcardially perfused with 100 ml 0.1 M PBS for 5 min. The CNS samples containing the medullary segment of the TNC were then removed and stored at −80 °C until measurements. The animals in the Control group underwent a similar procedure with one measurement point at 300 min.

For the measurement of KYNA concentration, the CNS samples were cut in half, weighed and then sonicated for 1.5 min in an ice-cooled solution (250 µl) comprising PCA (2.5 % w/w), 3-NLT (10 or 2 µM) and distilled water in an Eppendorf tube. The content of the Eppendorf tube was centrifuged at 13709 RCF for 10 min at 4 °C and the supernatant was measured. Before analysis, the serum samples were thawed and, after a brief vortex, the serum sample was ‘shot’ onto a precipitation solvent (containing PCA with 3-NLT as internal standard, with resulting concentrations of 2.5 w/w% and 2 µM, respectively). The samples were subsequently centrifuged at 13709 RCF for 10 min at 4 °C, and the supernatants were collected for measurement.

For the analysis of KYNA amides, the other half of the CNS samples were weighed and then sonicated in ice-cold (250 µl) distilled water for 1.5 min and centrifuged at

13709 RCF for 10 min at 4 °C. From the supernatant, 100 µl was transferred to an Eppendorf tube containing 750 µl HPLC gradient grade acetonitrile and 150 µl distilled water. After a brief vortex, the samples were centrifuged at 13709 RCF for 10 min at 4 °C and 900 µl of supernatant was evaporated in a vacuum centrifuge. After thawing and brief stirring with a vortex, 200 µl of serum sample was transferred to an Eppendorf tube containing 700 µl HPLC gradient grade acetonitrile and 100 µl distilled water. After a brief vortex, the samples were centrifuged at 13709 RCF for 10 min at 4 °C and 900 µl of supernatant was evaporated in a vacuum centrifuge. The evaporated CNS and serum samples were stored at 4 °C until use.

Chromatographic conditions

The KYNA concentrations of the CNS samples were quantified on the basis of a slight modification of a literature method (Hervé et al. 1996) as described in detail with method validation in our previous article (Fejes-Szabó et al. 2014). For the measurement of concentration of the above-mentioned metabolite from serum samples we applied the same method with a slight modification. Furthermore, we applied the method validation procedures to the serum samples too. Briefly, we used an Agilent 1100 HPLC system (Agilent Technologies, Santa Clara, CA, USA) equipped with fluorescence and a UV detector; the former was applied for the determination of KYNA and the latter for the determination of the internal standard (3-NLT). Chromatographic separations were performed on an Onyx Monolithic C18 column, 100 mm × 4.6 mm I.D. (Phenomenex Inc., Torrance, CA, USA) after passage through a SecurityGuard pre-column C18, 4 × 3.0 mm I.D., 5 µm particle size (Phenomenex Inc., Torrance, CA, USA) with a mobile phase composition of 0.2 M zinc acetate/ACN = 95/5 (v/v), the pH of which was adjusted to 6.2 with acetic acid, applying isocratic elution. The flow rate was 1.5 ml/min and the injection volume was 20 µl for serum, and 50 µl for CNS samples. The fluorescence detector was set at excitation and emission wavelengths of 344 and 398 nm. The UV detector was set at a wavelength of 365 nm.

For the determination of KYNA amides, a Thermo LCQFleet ion trap mass spectrometer was used equipped with an ESI ion source combined with a Dionex Ultimate 3000 HPLC system. The ionization parameters were as follows: heater temperature: 500 °C, sheath gas flow rate: 60, auxiliary gas flow rate: 20, spray voltage: 4 kV, capillary temperature: 400 °C. Chromatographic separations were performed on a Kinetex C18 column, 100 mm × 4.6 mm, 2.6 µm particle size (Phenomenex Inc., Torrance, CA, USA) after passage through a SecurityGuard pre-

column C18, 4 × 3.0 mm, 5 µm particle size (Phenomenex Inc., Torrance, CA, USA), with a mobile phase composition of 0.05 % aqueous CH₃COOH/ACN = 90/10 (v/v), applying isocratic elution. The flow rate and the injection volume were 1 ml/min and 50 µl, respectively.

Calibration curve and linearity

Calibrants were prepared at six different concentration levels, from 1 to 100 nM, 0.5 to 5 µM and 0.01 to 100 µM for KYNA, 3-NLT and the KYNA amides, respectively. Three parallel injections of each solution were made under the chromatographic conditions described above. The peak area responses were plotted against the corresponding concentration, and the linear regression computations were carried out by the least square method with the freely available R software (R Development Core Team 2002). Very good linearity was observed throughout the investigated concentration ranges for KYNA, 3-NLT and the

KYNA amides when either fluorescence, UV or MS detection was applied.

Selectivity

The selectivity of the method was checked by comparing the chromatograms of KYNA, KYNA amides and the internal standard for a blank serum and CNS sample and those for a spiked sample. All compounds could be detected in their own selected chromatograms without any significant interference.

LOD and LLOQ

The limit of detection (LOD) and the lower limit of quantification (LLOQ) were determined via the signal-to-noise ratio with a threshold of 3 and 10, respectively, according to the ICH guidelines (ICH 1995). The LOD and LLOQ for KYNA in the serum samples were 1 and

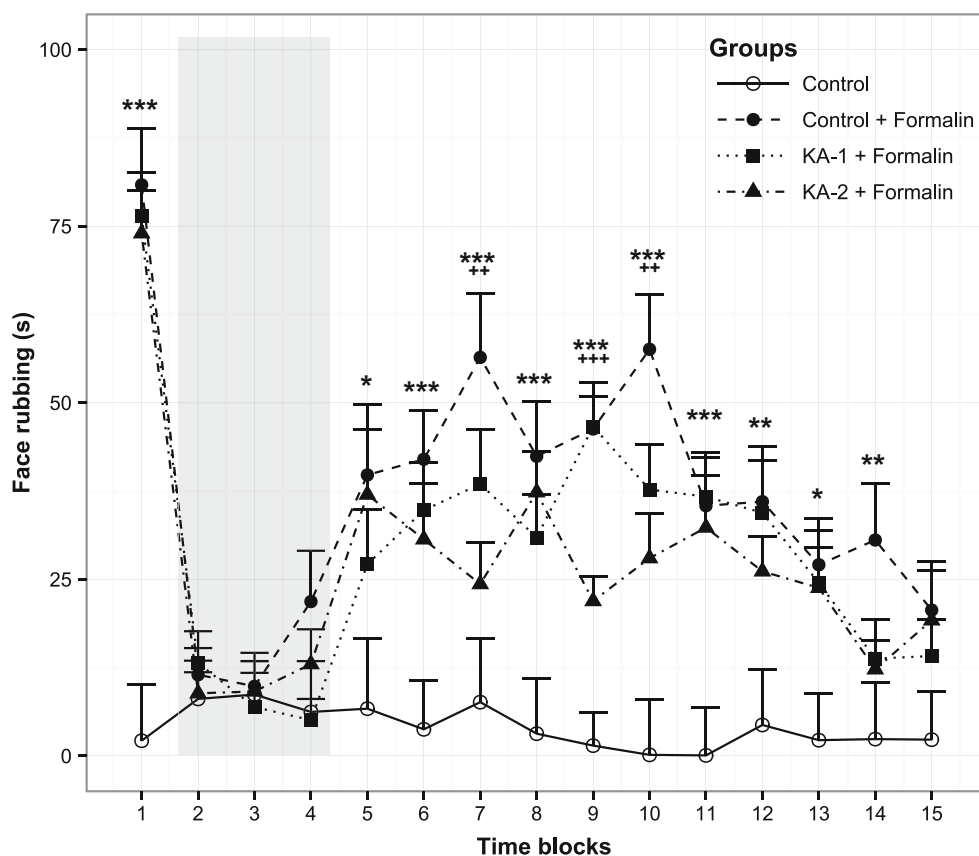


Fig. 2 The effects of formalin and KYNA amide treatments on Sprague–Dawley male rats in the orofacial formalin tests. Following formalin injection, the recording period was 45-min and this time period was divided into 15 × 3-min time blocks. Phase 1 (time block 1) of the test is before the grayed out area, while Phase 2 (time blocks 5–15) is after the grayed out area. The two phases of formalin action in the control + formalin group are well demonstrated when compared to the control group (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$).

The KA-2 pretreatment significantly reduced the formalin-induced nociceptive behavior relative to the control + formalin group (++ $p < 0.01$; +++ $p < 0.001$). Sprague–Dawley male rats: $n = 13$ –15 in each group; data are shown as mean ± SEM; KA-1 *N*-(2-*N*,*N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride; KA-2 *N*-(2-*N*-pyrrolidinyethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

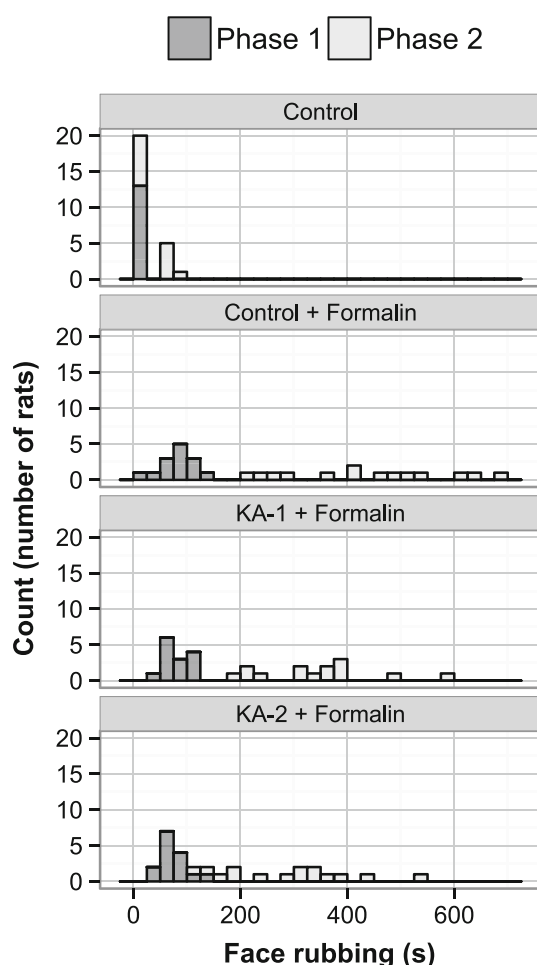


Fig. 3 Distribution of rubbing activity by groups in Phase 1 and 2 of the orofacial formalin test. The recording period was 45-min, Phase 1 is the first 3-min, while Phase 2 is the overall rubbing activity from min 12 to the end of the examination. Sprague–Dawley male rats: $n = 13$ – 15 in each group; KA-1 *N*-(2-*N,N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride; KA-2 *N*-(2-*N*-pyrrolidylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

3.75 nM, respectively, while in the CNS samples they were 0.4 and 1 nM, respectively. The LOD and LLOQ for the samples in MS detection were 0.001 and 0.015 μM , respectively.

Precision

Replicate HPLC analysis showed that the relative standard deviation was $\leq 2.2\%$ for the peak area response and $\leq 0.1\%$ for the retention time for KYNA and the KYNA amides.

Recovery

The relative recoveries were estimated by measuring spiked samples of KYNA and the KYNA amides at two concentrations with three replicates of each. No significant

differences were observed for the lower and higher concentrations. The recoveries for the serum samples ranged from 103 to 108 %, 81 to 94 % and 79 to 80 % for KYNA, KA-1 and KA-2, respectively. The recoveries for the CNS samples ranged from 82 to 92 % and 78 to 84 % for KYNA and KA-2, respectively.

Data evaluation

To compare the means of jaw rubbing counts (orofacial formalin tests) in the different treatment groups (control, control–formalin, KA-1, KA-1–formalin, KA-2, KA-2–formalin) on rats during 15 3-min time periods ($n = 13$ – 15 animals in each group), two-way repeated measures ANOVA were run. Treatment with six groups was used as between-subject factor and time with 15 time points as within-subject factor for the analysis.

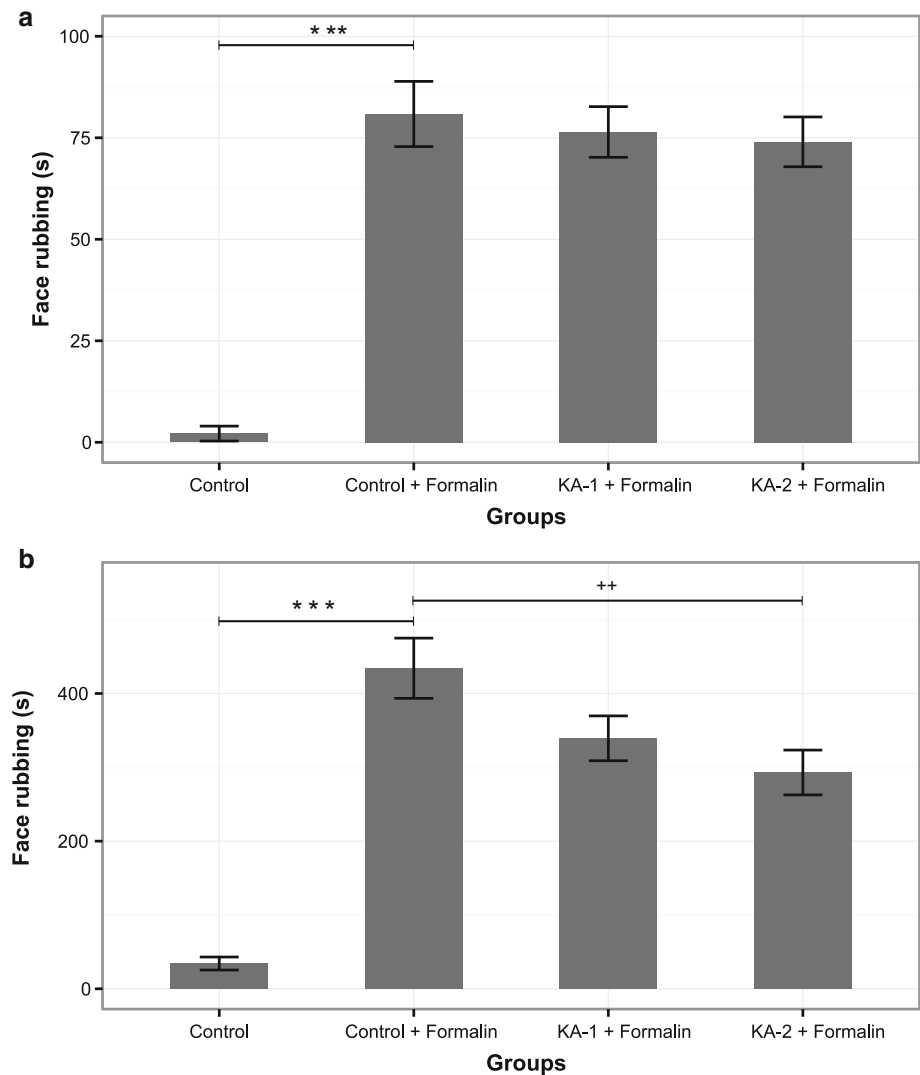
When Levene's test for homogeneity of variance was significant in the Phase data (Phase 1 is the first 3 min, while Phase 2 is the overall rubbing from min 12 to the end of the examination, min 45, i.e., which is from the fifth 3-min time period to the 15th), the Welch test was run to compare mean rubbing counts. Pairwise comparisons were estimated by the Sidak test. The effect size (EF, f) was calculated according to Cohen J. (Cohen 1988) with regard to the ANOVA tests comparing the effects of compounds on behavioral data in Phase 1 and 2.

In the case of the immunohistochemistry data, the numbers of c-Fos-containing nuclei were assessed. Three-way repeated measures ANOVA was used to analyze group means across 15 adjacent measuring sites (consequent slices from the medullary segment of the CNS containing the TNC) among sides (contralateral and ipsilateral) and between pretreatment groups (control, KA-1 and KA-2) all with formalin injections. Measuring sites and sides were used as within-subject factor, while pretreatment was the between-subject factor in the general linear model.

In the ANOVA models when Mauchly's test of sphericity was significant, the Greenhouse–Geisser correction was performed. In the event of the significant interaction of factors, effects could not be reported independently. Moreover, owing to the significant interaction, group differences could be examined separately over the within-subject factor based on estimated marginal means for multiple comparisons with the Sidak adjustment.

Statistical analyses were carried out with IBM SPSS Statistics, version 21 (IBM Corporation, Armonk, NY, USA) software. All tests were two-sided, and $p < 0.05$ was considered to be statistically significant. The pharmacokinetic data were evaluated with PKSolver, a freely available menu-driven add-in program for Microsoft Excel (Zhang et al. 2010).

Fig. 4 Diagrams showing the rubbing activity in the first (a) and the second (b) phase in the orofacial formalin test. In the control + formalin group, the subcutaneous formalin injection induced a significant increase in rubbing activity in both Phase 1 and 2 ($***p < 0.001$) as compared to the control group. In Phase 2, pretreatment with KA-2 had a significant effect on mitigating the formalin-induced increase in the time spent with rubbing ($^{++}p < 0.01$) as compared with the control + formalin group. Sprague–Dawley male rats: $n = 13$ – 15 in each group; data are presented as mean \pm SEM; KA-1 *N*-(2-*N*-dimethylaminoethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride; KA-2 *N*-(2-*N*-pyrrolidinyethyl)-4-oxo-1*H*-quinoline-2-carboxamide hydrochloride



Results

Behavioral assessment

The results of orofacial formalin testing are demonstrated in Figs. 2, 3 and 4. To simplify the presentation of group comparisons for better transparency, the groups of KA-1 and KA-2 were omitted from Figs. 2, 3 and 4. Pairwise comparisons revealed that face rubbing activity in the control, KA-1 and in the KA-2-treated groups was significantly lower in both Phase 1 and Phase 2 compared with the control–formalin (ES of Phase 1, -1.88 and Phase 2, -2.17), KA-1–formalin (ES of Phase 1, -1.75 and Phase 2, -1.56) and KA-2–formalin (ES of Phase 1, -1.64 and Phase 2, -1.26) groups. With regard to the comparison of the face rubbing activity in the KA-1–formalin (ES of Phase 1, 0.11 and Phase 2, 0.51) and KA-2–formalin (ES of Phase 1: 0.16 and Phase 2: 0.76) groups with that in the control–formalin group, although KA-1 decreased face

rubbing activity as well (demonstrated by the corresponding left-skewed histogram in Fig. 3), only KA-2 treatment resulted in a significant reduction in the middle of Phase 2 (Figs. 2, 4).

Immunohistochemistry

The results of immunohistochemical analysis are demonstrated in Figs. 5 and 6. The comparison of the ipsilateral and the contralateral sides of the slices from the medullary segment of the rat CNS containing the TNC demonstrated that the mean number of c-Fos IR neurons was significantly higher on the ipsilateral side than on the contralateral side in the control–formalin, KA-1–formalin and KA-2–formalin groups (the two latter groups are not demonstrated to simplify the presentation of group comparisons for better transparency in Fig. 6). With regard to the comparison of the ipsilateral sides of the KA-1–formalin and KA-2–formalin groups with the control–formalin group from the

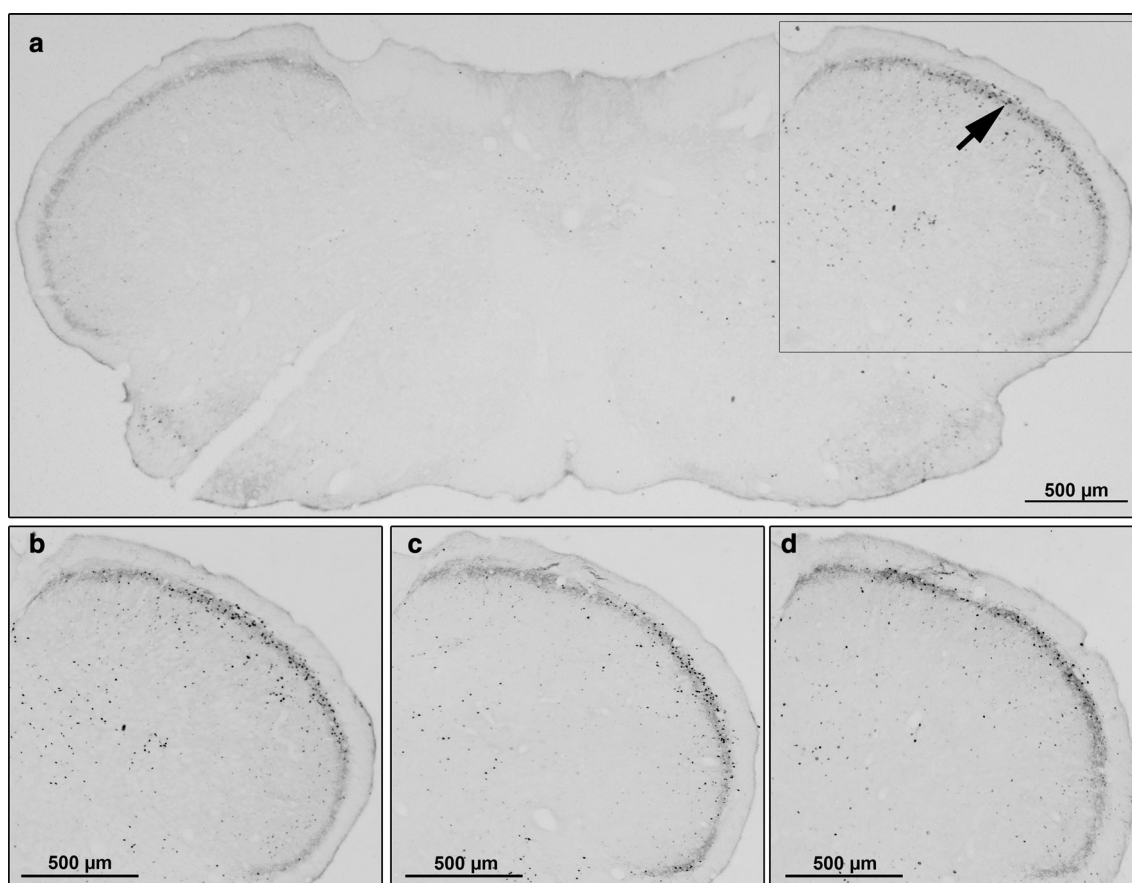


Fig. 5 Representative histological images following c-Fos immunostaining in Sprague–Dawley male rats. Subcutaneous formalin injection induced an increase in the number of c-Fos IR neurons on the ipsilateral side demonstrated on the transverse section of medulla containing the TNC from the control + formalin subgroup (**a**, **b**; contralateral side is indicated with an incision on the ventral side of the section). The pretreatments (KA-1: **c**; KA-2: **d**), reduced the

amount of IR cells in the superficial layers of TNC as compared with control + formalin group (**b**). *Black arrow* c-Fos IR neurons in the superficial laminae; *black frame* magnified area, which can be seen in images **b–d**; *TNC* trigeminal nucleus pars caudalis, *IR* immunoreactive, *KA-1* *N*-(2-*N,N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, *KA-2* *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

aspect of the mean number of c-Fos IR neurons, the treatments, preferentially with KA-2, resulted in significant reductions in IR cell count at certain levels of the assessed region (the c-Fos changes followed the somatotopic representation of the trigeminal nociceptors in the injected whisker pad area; Strassman and Vos 1993). Besides the observed significant differences, the effects of the treatment are well demonstrated by the curves in Fig. 6.

HPLC measurements and pharmacokinetics

The concentrations of KYNA and KYNA amides measured in rat serum and CNS samples by HPLC are demonstrated in Table 1. The time-course profile of the KYNA amides in the rat serum revealed that after a steep increase in the concentration, a subsequent steep decrease occurred in the first hour, followed by a prolonged further gradual decrease (Fig. 7). Although the serum concentration of KA-2 did not show such a high level as that of KA-1, a slightly slower decrease

in concentration was observed. These observations are consistent with the calculated serum pharmacokinetic parameters (C_{\max} , T_{\max} , area under the curve (AUC_{0-t}), the half-life ($t_{1/2}$), apparent total clearance (CL/F_{obs}) and apparent volume of distribution (V_z/F_{obs}) of KA-1 and KA-2, demonstrated in Table 2. However, the increase in serum KYNA concentration following the i.p. injection of KA-2 was considerably higher (an approximately 200-fold maximal increase) as compared with that of KA-1 (an approximately 70-fold maximal increase), also well reflected by the above-mentioned pharmacokinetic parameters. To avoid the influence of the basal serum KYNA level on the calculated pharmacokinetic parameters, these basal concentrations were subtracted from the corresponding subsequent concentrations in the calculation of the pharmacokinetic parameters. The pharmacokinetic data therefore reflect only the KYNA amide-induced changes in KYNA concentrations. In the fifth hour, KA-1 and KA-2 were still present at 3.1 (0–61.5) μM and 0.5 (0.5–0.5) μM in the serum,

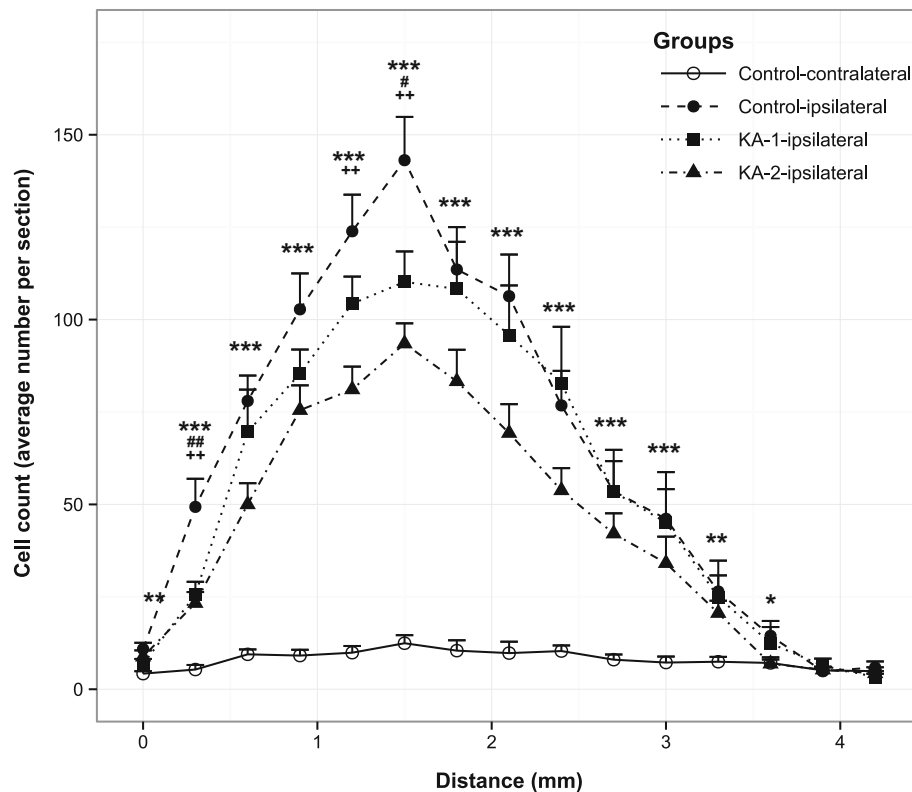


Fig. 6 The average number of c-Fos immunoreactive cells per section of TNC in Sprague-Dawley male rats after formalin injection with KYNA amide pretreatments. The distance was calculated caudally from the starting point of TNC. Subcutaneous formalin injection resulted in a higher number of c-Fos-IR neurones on the ipsilateral side compared with the contralateral side in the control + formalin group (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$). The pretreatments (KA-1: # $p < 0.05$, ## $p < 0.01$; KA-2: ++ $p < 0.01$),

reduced the amount of IR cells in the superficial layers of TNC as compared with the ipsilateral side in the control + formalin group. Sprague-Dawley male rats: $n = 9-10$ in each group; data are shown as mean \pm SEM; IR immunoreactive, TNC trigeminal nucleus pars caudalis, KA-1 *N*-(2-*N,N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, KA-2 *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

respectively, while the KYNA levels had approximately returned to the baseline level, preferentially in the case of KA-1 treatment. In the rat CNS samples, the KA-1 concentration was under LOD. However, KA-2 was present in detectable amounts in the CNS, reaching its maximum concentration (6.44 (5.62–7.85) pmol/g ww) after an hour which subsequently gradually decreased, but in the fifth hour it was still present at 1.98 (1.50–2.90) pmol/g ww. The CNS pharmacokinetics of KYNA following KA-1 and KA-2 administration showed quite similar profiles, characterized by an approximately maximal tenfold increase in basal concentration within the first hour. V_z/F_{obs} was relatively high in KA-1 and especially in KA-2. The apparent clearance was also high in the case of KA-2 relative to KA-1.

Discussion

Headache, one of the most common disorders of the nervous system, is a major health problem worldwide. The global prevalence for the adult population of active

headache disorder is 46 % for headache in general, 11 % for migraine, 42 % for tension-type headache and 3 % for chronic daily headache (Stovner et al. 2007). The treatment of primary headache disorders is challenging requiring both acute and preventive therapeutic strategies (Weatherall 2015). The efficacy of these treatments is not always satisfactory and the contraindications and side effects often limit the options of the physician (Diener et al. 2015; Obermann et al. 2015). There is therefore a constant need to study and develop new molecules. In addition to the currently available drugs, e.g., NSAIDs, triptans, anti-convulsants, verapamil, propranolol, etc. (National Institute for Health and Care Excellence 2012), the pipeline of pharmaceutical research in this field involves the development of novel agents acting on the glutamatergic system due to its essential role in the nociceptive process (Dickenson et al. 1997; Diener et al. 2015). Animal and human studies have revealed that glutamate receptors are present in various parts of the trigeminal system (Quartu et al. 2002; Sahara et al. 1997; Tallaksen-Greene et al. 1992), and stimulation of the trigeminal nerve results in elevated

Table 1 The concentration of KYNA and KYNA amides in Sprague–Dawley male rat serum and CNS samples

| Time (min) | Serum | | | | | | CNS | | | |
|-------------|----------------|------------------------|--|------------------|----------------------------|------|------------------|----------------------|------------------|----------------------|
| | KA-1 treatment | | | KA-2 treatment | | | KA-1 treatment | | KA-2 treatment | |
| | KA-1 (μM) | KYNA (nM) | | KA-2 (μM) | KYNA (nM) | | KA-1 (pmol/g ww) | KYNA (pmol/g ww) | KA-2 (pmol/g ww) | KYNA (pmol/g ww) |
| 0 (control) | 0 | 75.7 (72.8–90.4) | | 0 | 75.7 (72.8–90.4) | | 0 | 5.33 (1.00–13.17) | 0 | 5.33 (1.00–13.17) |
| 15 | 87.4 (0–191.2) | 5517.9 (3287.2–6290.1) | | 2.6 (2.2–20.9) | 287.9 (239.1–6753.5) | <LOD | <LOD | 58.98 (53.37–277.22) | <LOD | 17.41 (15.02–19.31) |
| 30 | 35.6 (0–140.4) | 1159.3 (523.8–2397.9) | | 20.9 (17.4–22.6) | 16,709.5 (13,796.6–17,519) | <LOD | <LOD | 44.69 (29.43–104.13) | 4.45 (3.88–4.67) | 34.77 (25.01–50.53) |
| 60 | 39.6 (0–114.4) | 464.1 (304.9–1342.3) | | 13.7 (13.7–14) | 3375.8 (3332.7–4604.1) | <LOD | <LOD | 58.61 (25.97–103.53) | 6.44 (5.62–7.85) | 65.70 (41.54–110.68) |
| 120 | 19.5 (0–87.2) | 561 (353.2–570.4) | | 3.2 (3–4.7) | 334.6 (232.4–422.2) | <LOD | <LOD | 12.00 (11.07–15.68) | 3.28 (2.75–3.31) | 15.30 (10.81–18.47) |
| 300 | 3.1 (0–61.5) | 103.6 (99.1–128.2) | | 0.5 (0.5–0.5) | 49.3 (110.3–150.1) | <LOD | <LOD | 13.73 (13.16–19.79) | 1.98 (1.50–2.90) | 22.43 (19.63–24.62) |

The concentrations were measured with HPLC after pretreatment with KA-1 and KA-2. Sprague–Dawley male rats: $n = 5$ in each group; data are shown as median (interquartile range) KYNA kynurenic acid, KA-1 *N*-(2-*N*,*N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, KA-2 *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, LOD limit of detection

glutamate levels in the TNC (Oshinsky and Luo 2006). The peripheral application of glutamate to deep craniofacial tissue proved to be able to activate and sensitize nociceptive afferents and neurons in the upper cervical cord (Lam et al. 2009a, b). These findings suggest that excitatory amino acid receptors (and NMDA in particular) play an important role in pain processing and the sensitization process which is also present in migraineurs (Vikelis and Mitsikostas 2007). Ketamine, an NMDA antagonist, is so far the only promising treatment option for patients with severe or long-lasting migraine aura (Afridi et al. 2013). Another novel substance, tezampanel, which acts on the AMPA and kainate subtypes of ionotropic glutamate receptors (Alt et al. 2006), has also shown promising results in acute migraine therapy (Sang et al. 2004).

As regards the preclinical models of headache disorders, NTG is the most frequently used substance to trigger a delayed migraine-like attack (Sicuteri et al. 1987). Animal experiments have revealed that NTG can activate the trigeminal system and stimulate the second-order trigeminal neurons, which lead to increased c-Fos and neuronal nitric oxide synthase (nNOS) expression in the affected area (Párdutz et al. 2000; Tassorelli et al. 1997). NTG is also able to sensitize the trigeminal system in humans (Di Clemente et al. 2009). Together, these results confirm that NTG administration can model the central trigeminal nociceptor sensitization demonstrated in migraine patients (Burstein et al. 2000). With regard to the above-mentioned therapeutic strategy with the aim of neurotransmission modulation via the glutamatergic system, earlier studies revealed that KA-1 is able to attenuate the effects of NTG on the number of nNOS, calcium/calmodulin-dependent protein kinase II type alpha (CamKIIα) and calcitonin gene related peptide (CGRP) IR cells in the TNC, markers related to the activation and sensitization of the nociceptors (Vámos et al. 2010, 2009). KA-2 was later also tested in the NTG model and proved to be able to increase the KYNA concentration both in the C1–C2 region and in the serum. Pretreatment with KA-2 (0.5 and 1 mmol/kg) significantly reduced the effects of NTG on the CGRP-, c-Fos-, nNOS- and CaMKIIα-related changes in the C1–C2 region (Fejes-Szabó et al. 2014). To date, there has been only one study of the pharmacokinetic properties of KYNA amides, which found that only a small proportion of KA-1 decays into KYNA in the serum of C57B/6 mice (Zádori et al. 2011a).

In this study, we used another well-known model of trigeminal nociception, the orofacial formalin test. Formalin solution administered s.c. into the upper lip of rats causes tissue injury, inflammation and nociception (Clavelou et al. 1995). Immunohistochemical studies have revealed that formalin induces c-Fos and nNOS expression in the TNC, similarly as in the NTG model, which suggests

Fig. 7 The concentrations of KYNA and KYNA amides in serum and CNS samples of Sprague–Dawley male rats. **a**, **b** Concentrations of KYNA and KYNA amides in rat serum with the course of time after injection. **c**, **d** Concentrations of KYNA and KYNA amides in the CNS samples of the same animals. KA-1 concentrations were under the limit of detection in the CNS samples. Sprague–Dawley male rats: $n = 5$ in each group; data are shown as medians; KYNA kynurenic acid, KA-1 *N*-(2-*N*,*N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, KA-2 *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

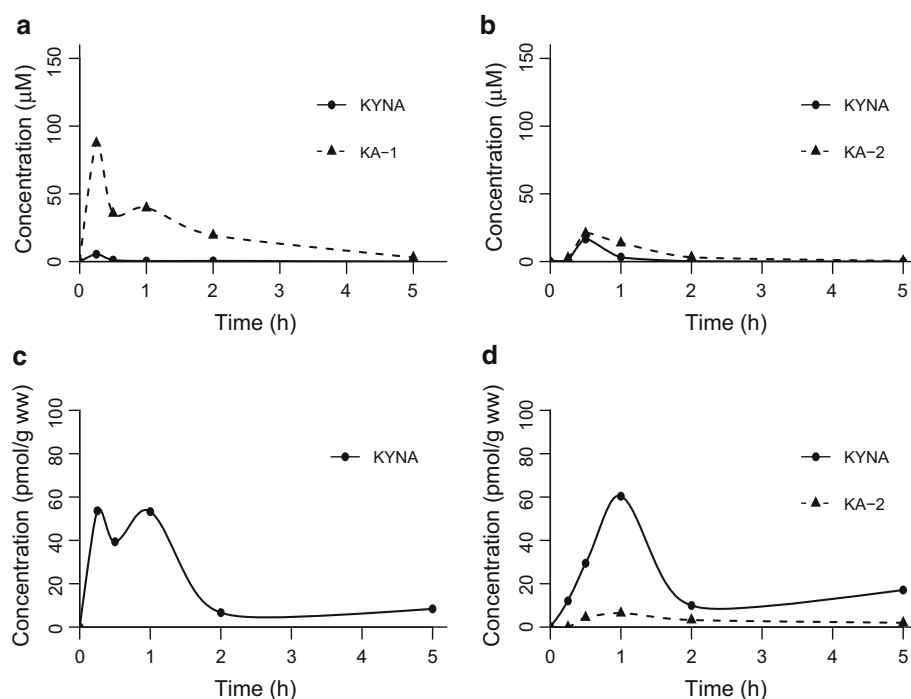


Table 2 Pharmacokinetic parameters of KYNA and KYNA amides in rat serum and CNS samples after intraperitoneal injection of KA-1 and KA-2

| Serum | | | | | CNS | | | | |
|-------------------------------------|----------------|------|----------------|-------|-------------------------------------|----------------|-------|----------------|-------|
| Pharmacokinetic parameters | KA-1 treatment | | KA-2 treatment | | Pharmacokinetic parameters | KA-1 treatment | | KA-2 treatment | |
| | KA-1 | KYNA | KA-2 | KYNA | | KA-1 | KYNA | KA-2 | KYNA |
| $t_{1/2}$ (h) | 1.09 | 0.91 | 0.84 | 0.64 | $t_{1/2}$ (h) | NA | 1.67 | 2.61 | 3.45 |
| t_{max} (h) | 0.25 | 0.25 | 0.50 | 0.50 | t_{max} (h) | NA | 0.25 | 1 | 1 |
| C_{max} (μM) | 87.44 | 5.44 | 20.87 | 16.63 | C_{max} (pmol/g) | NA | 53.66 | 6.44 | 60.37 |
| AUC_{0-t} (μM h) | 99.22 | 2.61 | 23.35 | 7.89 | AUC_{0-t} (pmol/g h) | NA | 86.46 | 16.24 | 97.77 |
| Vz/F_{obs} ((μmol/kg)/(μmol/l)) | 15.17 | – | 50.02 | – | Vz/F_{obs} ((pmol/kg)/(pmol/l)) | NA | – | 158,879.15 | – |
| Cl/F_{obs} ((μmol/kg)/(μmol/l)/h) | 9.61 | – | 41.81 | – | Cl/F_{obs} ((pmol/kg)/(pmol/l)/h) | NA | – | 42,220.03 | – |

The KYNA amides were applied in a dose of 1 mmol/kg. Sprague–Dawley male rats: $n = 5$ in each group

KYNA kynurenic acid, KA-1 *N*-(2-*N*,*N*-dimethylaminoethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride, KA-2 *N*-(2-*N*-pyrrolidinylethyl)-4-oxo-1H-quinoline-2-carboxamide hydrochloride

the activation and sensitization of the area (Hunt et al. 1987; Párdutz et al. 2000). The behavioral effect of formalin is biphasic, with a short period of rubbing activity immediately after injection and then a tonic prolonged (20–22 min) second phase after a quiescent period (Raboisson and Dallel 2004). Using the formalin model, our aim was to compare the two compounds (KA-1 and KA-2) in an assessment method which involves both peripheral and central components of pain processing, with special interest in the pharmacokinetic explanation of the observed differences.

Our results indicated that KA-2 has more significant beneficial effects on the formalin-induced behavioral and immunohistochemical alterations. We carried out a

comparative pharmacokinetic study to clarify this difference between the two analogs. With regard to the serum concentrations of the analogs following their i.p. administration, the levels of KA-2 were considerably lower than those of KA-1 from the aspects of peak concentration and AUC_{0-5h} . In contrast, KA-1 could not be detected in the examined CNS region, and the concentration of KA-2 was likewise relatively low. On the other hand, the serum pharmacokinetic data revealed that KA-2 decays into KYNA in larger amount as compared with KA-1, but nevertheless, in the examined CNS region, there is no major difference between KYNA levels following the treatments with KA-1 or KA-2. Summarizing these findings, the peak elevation of KYNA in the CNS

(approximately tenfold of the basal concentration) is considerably lower (by one order of magnitude) than that of peak elevation of KYNA in the serum (approximately 70–200-fold of the basal concentration) following the administration of KA-1 and KA-2, and with respect to CNS samples, there are no differences between KYNA levels. In view of these findings, the difference in the observed effects in behavioral and immunohistochemical studies could be explained by the differences in serum KYNA levels. From the aspect of a structure–activity relationship, the difference in peripheral conversion may stem from the structures of the two analogs, e.g., in the case of KA-2 the strained pyrrolidine moiety may influence the faster hydrolysis of the amide bond relative to the N,N-dimethyl function (KA-1). These findings suggest that the difference in the beneficial effects of the two analogs may be explained by the peripheral effect of elevated KYNA concentrations on formalin-induced pathological alterations. The molecular background would be the inhibition of NMDA receptor-mediated neurotransmission at the strychnine-insensitive glycine-binding site (Szalárdy et al. 2012) which is present on the peripheral process of the trigeminal nociceptors (Quartu et al. 2002; Watanabe et al. 1994). The observed peak serum KYNA concentration following KA-2 treatment during the experiment (16.71 μM) would be relevant with regard to the inhibition of glutamatergic neurotransmission via the above-mentioned possibility (Szalárdy et al. 2012).

In conclusion, our results draw attention to the role of influencing the glutamatergic system in the alleviation of peripheral sensitization, which can be utilized during future drug development. The possibility of targeting the peripheral component of pain processing would provide an option of pharmaceutical drug design without the obligation of good penetration through the BBB, but other pharmacokinetic parameters, such as solubility and clearance, must be kept in mind. The present results and previous preclinical findings indicate that the KYNA amides, via their probable direct effects (KA-1; Zádori et al. 2011a) or serving as prodrugs (KA-2 in the current pharmacokinetic study), would be promising drug candidates in neurological disorders, including those involving pain and headache, with a high socioeconomic burden.

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Compliance with ethical standards

Conflict of interest The authors declare that there is no conflict of interest.

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III.



Central nervous system-specific alterations in the tryptophan metabolism in the 3-nitropropionic acid model of Huntington's disease

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ABSTRACT

Experiments on human samples and on genetic animal models of Huntington's disease (HD) suggest that a number of neuroactive metabolites in the kynurenine (KYN) pathway (KP) of the tryptophan (TRP) catabolism may play a role in the development of HD. Our goal in this study was to assess the concentrations of TRP, KYN, kynurenic acid and 3-hydroxykynurenine (3-OHK) in the serum and brain of 5-month-old C57Bl/6 mice in the widely used 3-nitropropionic acid (3-NP) toxin model of HD. We additionally investigated the behavioral changes through open-field, rotarod and Y-maze tests. Our findings revealed an increased TRP catabolism via the KP as reflected by elevated KYN/TRP ratios in the striatum, hippocampus, cerebellum and brainstem. As regards the other examined metabolites of KP, we found only a significant decrease in the 3-OHK level in the cerebellum of the 3-NP-treated mice. The open-field and rotarod tests demonstrated that treatment with 3-NP resulted in a reduced motor ability, though this had almost totally disappeared a week after the last injection, similarly as observed previously in most murine 3-NP studies. The relevance of the alterations observed in our biochemical and behavioral analyses is discussed. We propose that the identified biochemical alterations could serve as applicable therapeutic endpoints in studies of drug effects on delayed-type neurodegeneration in a relatively fast and cost-effective toxin model of HD.

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1. Introduction

Huntington's disease (HD) is an autosomal dominantly inherited progressive neurodegenerative disorder which results in cognitive, psychiatric and motor disturbances. HD is caused by an expansion of the cytosine–adenine–guanine (CAG) repeat in the gene coding for the N-terminal region of the huntingtin protein (Htt), which leads to the formation of a polyglutamine stretch. Above 39 CAGs, there is obligatory disease development (The Huntington's Disease Collaborative Research Group, 1993). Although the exact mechanisms through which mutant Htt (mHtt) leads to the characteristic neuropathology are not fully understood, the potential roles of excitotoxicity and a neuronal mitochondrial dysfunction are among the best-established concepts (Szalárdy et al., 2012; Zádori et al., 2012).

Various evidence suggest that the involvement of striatal glutamatergic excitotoxicity in the development of HD is mediated predominantly by the overactivation of N-methyl-D-aspartate receptors

(NMDARs), and most specifically through NR2B subunit-containing NMDARs at the extrasynaptic sites (Milnerwood et al., 2010). In line with this, the expression of mHtt has been shown to sensitize the NR2B subunit-containing NMDARs (Chen et al., 1999). There is evidence indicating that such excitotoxic injury is mediated at least in part by endogenous substances, including certain metabolites of the kynurenine pathway (KP) of the tryptophan (TRP) metabolism (Fig. 1; Zádori et al., 2011).

This pathway involves a number of neuroactive compounds. Among them, quinolinic acid (QUIN) is a weak NMDAR agonist (Stone and Darlington, 2002) which demonstrated an ability to induce excitotoxic injury, which led to QUIN toxicity being utilized as an early toxin model of HD (Beal et al., 1986). This toxic effect of QUIN was revealed to be augmented by another deleterious KP metabolite, 3-hydroxykynurenine (3-OHK), which can generate oxidative stress via the production of reactive oxygen species (ROS) (Guidetti et al., 2000). On the other hand, kynurenic acid (KYNA) is an NMDAR antagonist at the strychnine-insensitive glycine coagonist site (Perkins and Stone, 1982) and a weak antagonist on kainate- and α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid-sensitive ionotropic glutamate receptors (Kessler et al., 1989). Furthermore, its inhibitory potential on presynaptic α 7-nicotinic acetylcholine receptors is proposed to be of

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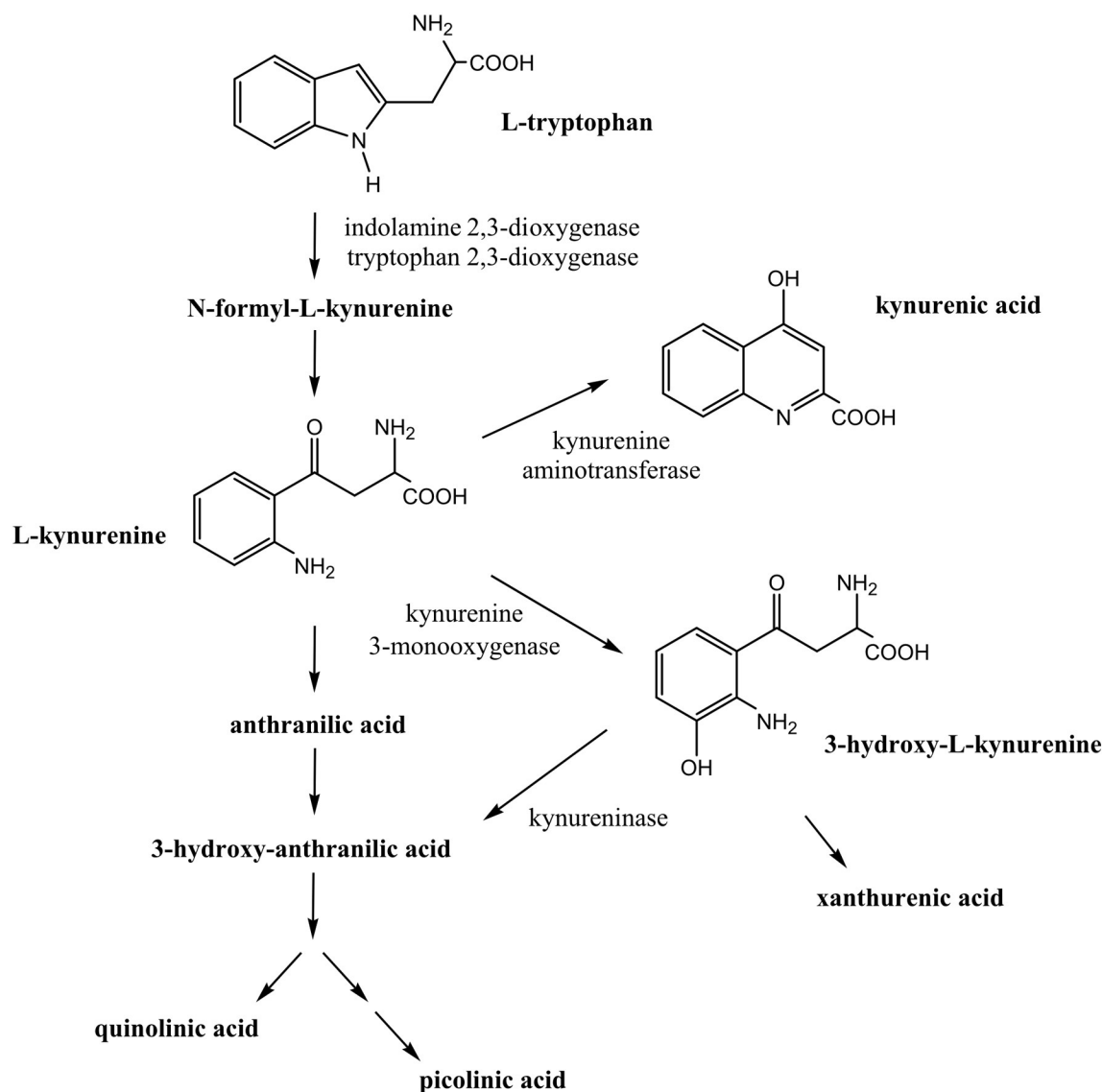


Fig. 1. Schematic depiction of the kynurenine pathway of the tryptophan metabolism.

high relevance at physiological KYNA levels, due to the suppression of presynaptic glutamate release (Hilmas et al., 2001). On this basis, KYNA was considered to be neuroprotective against NMDAR-modulated glutamatergic excitotoxicity, which has since been demonstrated by a variety of experimental evidence (Miranda et al., 1997; Sinor et al., 2000).

Besides the theoretical considerations, evidence of the presence of alterations in the KP of the TRP metabolism in tissues from HD patients and transgenic animals and in human post-mortem HD brains (Schwarcz et al., 1988; Beal et al., 1990, 1992; Heyes et al., 1992; Pearson and Reynolds, 1992; Jauch et al., 1995; Guidetti et al., 2004, 2006) is emerging. Briefly, these results indicate a relative decrease in KYNA concentrations relative to the levels of toxic neuroactive kynurenines (Zádori et al., 2011).

A decreased activity of the succinate dehydrogenase (SDH), complex II of the electron transport chain in post-mortem HD brains was one of the early findings suggestive of the role of a mitochondrial dysfunction in the development of HD (Stahl and Swanson, 1974). Furthermore, mHtt has been shown to be able to bind directly to the mitochondria, altering their normal function (Choo et al., 2004). In line with the decreased SDH activity, mitochondrial II complex inhibitors such as

3-nitropropionic acid (3-NP) or malonate have been found to be useful in the investigation of HD through their utilization in animal toxin models (Túnez et al., 2010). The 3-NP model is frequently applied as an easy and rapid way to study certain aspects of neurodegenerative processes in HD (Brouillet, 2014). Treatment with 3-NP evokes increases in the production of ROS and $\cdot\text{NO}$ (La Fontaine et al., 2000) and the activation of apoptosis-related factors including caspase-3 and calpain (Duan et al., 2000; Bizat et al., 2003a), mechanisms through which 3-NP evokes striatal lesions in both rodents and primates in a rather selective manner. Several dosing regimens are applied to evoke characteristic neuropathological and behavioral alterations in rodents (Brouillet et al., 2005). Briefly, striatal neurodegeneration in rats occurs when the steady inhibition of SDH attains 50–60% (Alexi et al., 1998; Brouillet et al., 1998; Blum et al., 2002; Bizat et al., 2003b). In mice, there have been only a few studies of the dosage-related reduction in SDH activity. Lower cumulative doses (320 mg/kg) have been shown to induce an approximately 20% reduction of enzyme activity, which is not associated with marked striatal lesions (Fernagut et al., 2002a). However, higher cumulative doses (400–450 mg/kg) were widely used to induce measurable striatal lesions (Klivenyi et al., 2000, 2006). Accordingly, in a previous study we demonstrated a significant

reduction in striatal neuronal density *via* the application of unbiased semiquantitative densitometric analysis by using a subacute dosing regimen with a cumulative dose of 500 mg/kg (Török et al., 2015).

A number of publications have reported 3-NP-evoked alterations in motor and cognitive performance in rodents (Borlongan et al., 1995b; El Massioui et al., 2001; Brouillet et al., 2005; Li et al., 2009). The described alterations in motor functioning are highly reminiscent of those characteristic of human juvenile HD, such as rigidity, bradykinesia, dystonia and gait disturbances (Nance and Myers, 2001). Although it seems clear that higher cumulative doses of 3-NP cause motor and cognitive impairments, the motor dysfunctions observed undergo a considerable amelioration after the cessation of toxin administration (El Massioui et al., 2001; Fernagut et al., 2002b; Li et al., 2009). Early studies raised the possibility that the KP is altered in 3-NP models (Csillik et al., 2002; Luchowski et al., 2002), but this has not yet been further investigated.

The aims of the present study were a delayed assessment of the TRP metabolism with regard to certain metabolites of the KP following subacute 3-NP treatment, and a comparison of the time-course of the toxin-induced behavioral alterations with the data available from the literature.

2. Materials and methods

2.1. Animals and 3-NP treatment

We used 30 5-month-old male C57Bl/6 mice in this study. The animals were housed in cages under standard conditions with a 12–12-h light–dark cycle and free access to food and water. The experiments were carried out in accordance with the European Communities Council Directive (86/609/EEC) and were approved by the local animal care committee. The animals were randomly divided into two groups ($n = 16$ and $n = 14$, respectively). In the first group, 3-NP (Sigma-Aldrich, Saint Louis, MO, USA; dissolved in phosphate-buffered saline (PBS), pH adjusted to 7.4) was administered in a subacute dosing regimen as reported previously (Török et al., 2015), with twice daily intraperitoneal (i.p.) injections (50 mg/kg each) for 5 consecutive days. The second group served as the vehicle-injected control.

2.2. Behavioral assessment

2.2.1. Open-field test

Spontaneous locomotor and exploratory activities of the animals were assessed with the open-field paradigm. The first analysis was performed 3 days before the beginning of 3-NP administration to exclude any spontaneous difference between the randomly distributed animals. The second and third analyses were performed on the 3rd and the 11th day subsequent to the last day of the toxin regimen. The tests were performed at the same time of day to avoid possible changes due to diurnal rhythm. Each mouse was placed in the center of an open-field motimeter box measuring $48 \times 48 \times 40$ cm for 15-min tracking periods (analyzed in three 5-min periods). The movement patterns of the animals were tracked and recorded with the Conducta 1.0 system, with the use of infrared beams (Experimetria Ltd., Budapest, Hungary). The ambulation distance, the time spent in immobility and the total time spent with consecutive rearings were the parameters used to assess the motor and exploratory characteristics of the mice. The grid and the walls of the setup were thoroughly wiped with a cloth containing ethanol solution 70 v/v% after each session to prevent any bias from olfactory cues.

2.2.2. Rotarod test

The rotarod test was applied to characterize the effects of 3-NP on motor coordination. The animals were trained on the rotarod for a 3-session period for 5 min on 2 consecutive days prior to the first test day. On the first and second days of the training sessions, a constant

speed of 5 and 10 rpm, respectively, was used. Following the training sessions, the first test was performed prior to the first 3-NP injection in order to exclude any inborn difference between the randomly distributed 2 groups. During the tracking sessions on the test days, an accelerating speed profile from 1 rpm to 30 rpm was set for a 5-min tracking period. The performance of each mouse was measured three times; resting periods of 30 min were allowed between consecutive tracking sessions. The latency to fall values were recorded with the TSE Rotarod Advanced system (TSE Systems International Group, Frankfurt am Main, Germany). The average latency to fall values were used for the comparative analyses. The second, third and fourth tests were performed 2 h following the second 3-NP injection and on the 1st and 10th days following the last 3-NP administration, respectively. On the day before the respective test days, a 3-session retraining at 10 rpm for 5-min with 30-min resting periods was carried out to enable the animals to recall the rotarod experience. The rods and the separating walls were thoroughly wiped with a cloth containing ethanol solution 70 v/v% after each session to prevent any bias from olfactory cues.

2.2.3. Y-maze test

An asymmetric Y-maze paradigm was applied to assess the short-term spatial memory of the mice. The Y-shaped translucent maze was placed on a black board enclosed by black walls, which prevented any view of the external environment. Unique visual cues were placed around the three arms of the maze. The test was performed on the 9th day after the end of the toxin regimen. The animals were first placed into the labyrinth and allowed to explore the common arm and only 1 of the 2 shorter arms of the maze until each mouse had spent a total of 2 min in the open short arm. After the session of acquisition, the mice were returned to their home cages for 30 min. In the trial of recall, the animals were free to enter all arms, and the tracking was stopped after a total of 2 min had been spent inside the 2 short arms. The exploratory activity of the mice was tracked and recorded with the SMART v2.5 system (Panlab, Barcelona, Spain). For evaluation, the recognition indices of the time spent and the distances traveled in the novel arm of interest were used. The recognition index was calculated *via* the following formula, where P is the examined parameter:

$$\text{recognition index} = P_{\text{novel arm}} / (P_{\text{novel arm}} + P_{\text{known arm}}).$$

The side of the novel arm was randomly distributed in each group, and the board and walls of the setup were thoroughly wiped with a cloth containing ethanol solution 70 v/v% after each session to prevent any bias from olfactory cues.

2.3. High-performance liquid chromatography (HPLC)

2.3.1. Sample preparation

The investigated reference compounds (L-TRP, L-KYN-sulfate, KYNA and 3-OHK), the substances used as internal standards (3-nitro-L-tyrosine (3-NLT) and isoproterenol (IPR)), zinc acetate dihydrate and sodium octylsulfate were purchased from Sigma-Aldrich (St. Louis, MO, USA). Acetonitrile and perchloric acid (PCA) were purchased from Scharlau (Barcelona, Spain), and acetic acid, phosphoric acid, sodium dihydrogenophosphate and disodium ethylenediaminetetraacetate were purchased from VWR International (Radnor, PA, USA).

On the 18th day of the experiment (12 days after the last 3-NP injection), the mice were deeply anesthetized with isoflurane (Forane®; Abbott Laboratories Hungary Ltd., Budapest, Hungary). After thoracotomy, 0.3–0.7 ml venous blood was obtained from the right ventricle by intracardial puncture, followed by perfusion with artificial cerebrospinal fluid (composition in mM: 122 NaCl, 3 KCl, 1 Na₂SO₄, 1.25 KH₂PO₄, 10 D-glucose·H₂O, 1 MgCl₂·6H₂O, 2 CaCl₂·2H₂O, 6 NaHCO₃) for 2 min by an automatic peristaltic pump. The blood samples were left to coagulate for 30 min, and were then centrifuged for 10 min at 12,000 rpm. The supernatant sera were pipetted into polypropylene

Eppendorf tubes and stored at -80°C until further sample handling. After perfusion, the brains were rapidly removed on ice and stored at -80°C until analysis. Before analysis, the brain samples were weighed and then sonicated in an ice-cooled solution (250 μl) containing 2.5 w/w% PCA with 2 μM 3-NLT and 600 nM IPR as internal standards. The samples were next centrifuged at 12,000 rpm for 10 min at 4°C , and the supernatants were collected.

Before analysis, the serum samples were thawed and, after a brief vortex 200 μl of serum sample was 'shot' onto 200 μl of precipitation solvent (containing 5 w/w% PCA with 4 μM 3-NLT and 2 μM IPR as internal standards). The samples were subsequently centrifuged at 12,000 rpm for 10 min at 4°C , and the supernatants were collected.

2.3.2. Measurement of TRP, KYN and KYNA

The TRP, KYN and KYNA concentrations of the samples were quantified by a slight modification of the method of Hervé et al. (Hervé et al., 1996), with the use of an Agilent 1100 HPLC system (Agilent Technologies, Santa Clara, CA, USA). The system was equipped with a fluorescent and a UV detector, the fluorescent detector was set at excitation and emission wavelengths of 344 nm and 398 nm for the determination of KYNA and TRP, and the UV detector was set at 365 nm for the determination of KYN and the internal standard 3-NLT. Chromatographic separations were performed on an Onyx Monolithic C18 column, 100 mm \times 4.6 mm I.D. (Phenomenex Inc., Torrance, CA, USA) after passage through a Hypersil ODS pre-column, 20 \times 2.1 mm I.D., 5 μm particle

size (Agilent Technologies, Santa Clara, CA, USA) with a mobile phase composition of 0.2 M zinc acetate/ACN = 95/5 (v/v%) with the pH adjusted to 6.2 with glacial acetic acid, applying isocratic elution. The flow rate and the injection volume were 1.5 ml/min and 50 μl , respectively. The peaks of the different compounds obtained during chromatographic analysis are presented in Fig. 2.

2.3.3. Measurement of 3-OHK

For determination of the concentrations of 3-OHK and its internal standard (IPR), we applied the Agilent 1100 HPLC system equipped with Model 105 electrochemical detector (Precision Instruments, Marseille, France). In brief, the working potential of the detector was set at +650 mV, using a glassy carbon electrode and an Ag/AgCl reference electrode. The mobile phase containing sodium octylsulfate (2.8 mM), sodium dihydrogenophosphate (75 mM) and disodium ethylenediaminetetraacetate (100 μM) was supplemented with acetonitrile (5 v/v%) and the pH was adjusted to 3.0 with phosphoric acid (85 w/w%). The mobile phase was delivered at a rate of 1 ml/min at 40°C onto the reversed-phase column (HR-80 C18, 80 \times 4.6 mm, 3- μm particle size; ESA Biosciences, Chelmsford, MA, USA) after passage through a pre-column (Hypersil ODS, 20 \times 2.1 mm, 5- μm particle size; Agilent Technologies, Santa Clara, CA, USA). Ten-microliter aliquots were injected by the auto-sampler with the cooling module set at 4°C . The peaks of the different compounds obtained during chromatographic analysis are presented in Fig. 2.

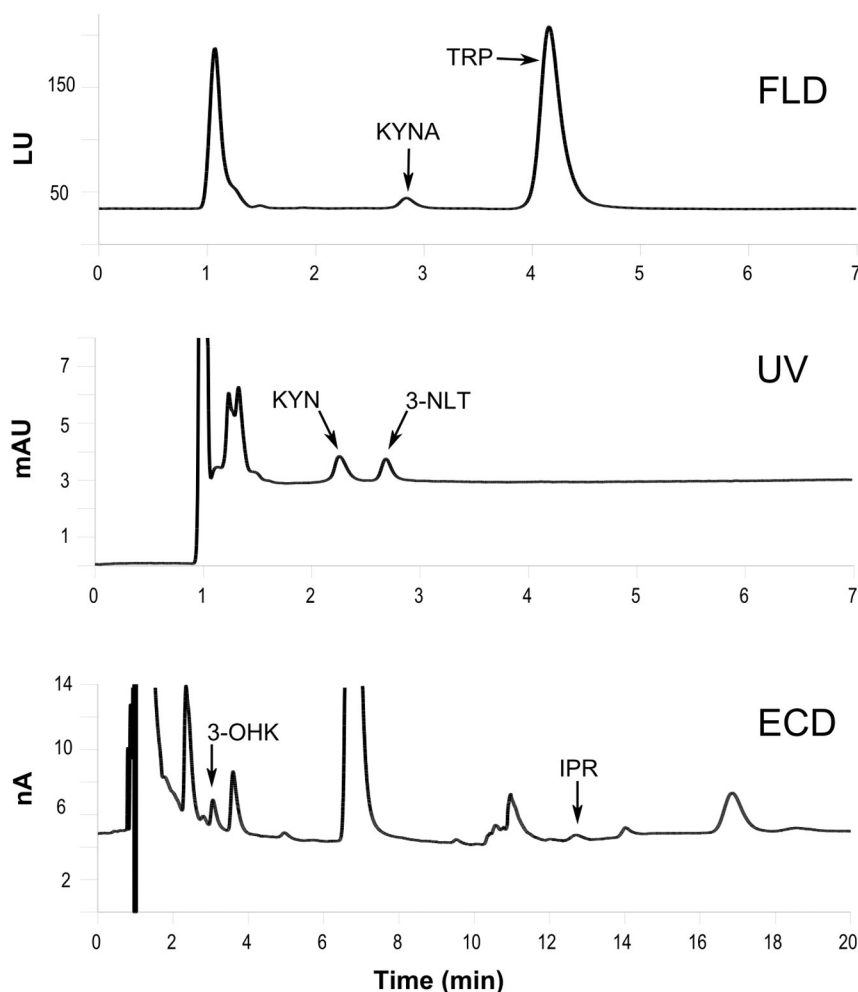


Fig. 2. Chromatograms of the analyzed compounds of the kynurenine pathway of the tryptophan metabolism, from C57Bl/6 murine brain samples. KYNA kynurenic acid, TRP tryptophan, KYN kynurenine, 3-NLT 3-nitro-L-tyrosine, 3-OHK 3-hydroxykynurenine, IPR isoproterenol, FLD fluorescent detector, ECD electrochemical detector.

2.4. HPLC method validation

2.4.1. Calibration curve and linearity

Calibrants were prepared at 6 different concentration levels, from 0.1 to 50 μ M, 0.05 to 5 μ M, 1 to 100 nM, 10 to 200 nM, 0.5 to 7.5 μ M and 25 to 600 nM for TRP, KYN, KYNA, 3-OHK and the internal standards, 3-NLT and IPR, respectively. Three parallel injections of each solution were made under the chromatographic conditions described above. The peak area responses were plotted against the corresponding concentration, and the linear regression computations were carried out by the least square method with the freely available R software (R Development Core Team, 2002). Very good linearity was observed throughout the investigated concentration ranges for TRP, KYNA, KYN, 3-OHK and the internal standards when either fluorescence, UV or electrochemical detection was applied.

2.4.2. Selectivity

The selectivity of the method was checked by comparing the chromatograms of TRP, KYN, KYNA, 3-OHK and the internal standards for blank serum and homogenized brain samples and those for spiked serum and homogenized brain samples. All compounds could be detected in their own selected chromatograms without any significant interference.

2.4.3. LOD and LLOQ

The limit of detection (LOD) and the lower limit of quantification (LLOQ) were determined via the signal-to-noise ratio with a threshold of 3 and 10, respectively, according to the ICH guidelines (ICH, 1995). The LOD for brain samples was 10, 40, 0.4 and 10 nM, while LLOQ was 20, 130, 1 and 30 nM for TRP, KYN, KYNA, and 3-OHK, respectively. The LOD for the serum samples was 15, 100, 1 and 10 nM, while LLOQ was 35, 275, 3.75 and 30 nM for TRP, KYN, KYNA and 3-OHK, respectively.

2.4.4. Precision

Replicate HPLC analysis showed that the relative standard deviation was $\leq 2.2\%$ for the peak area response and $\leq 0.1\%$ for the retention time for TRP, KYN and KYNA, whereas in the case of 3-OHK the relative standard deviation was $\leq 8.6\%$ for the peak area response and $\leq 0.3\%$ for the retention time.

2.4.5. Recovery

The relative recoveries were estimated by measuring spiked samples of TRP, KYN, KYNA and 3-OHK at 2 concentrations with 3 replicates of each. No significant differences were observed for the lower and higher concentrations. The recoveries for the brain samples were 86 to 91%, 98 to 100%, 82 to 92% and 69 to 74% for TRP, KYN, KYNA and 3-OHK, respectively. The recoveries for the serum samples ranged from 77 to 90%, 77 to 82%, 103 to 108% and 28 to 34% for TRP, KYN, KYNA and 3-OHK, respectively.

2.5. Statistics

All statistical analyses were performed with the use of the R software (R Development Core Team, 2002). We first checked the distribution of data populations with the Shapiro–Wilk test, and we also performed the Levene test for analysis of the homogeneity of variances. In the behavioral analyses, all the data exhibited normal distribution and equal variances were assumed, and we therefore used the independent *t*-test to compare the 2 groups. As a consequence of the multiple comparisons of the same 2 groups, the necessary corrections were carried out in *p* values according to the Bonferroni method. In the case of the HPLC analyses, due to the necessity of a large number of comparisons of data from the 2 groups obtained via a single measurement, two-sample *t*-tests via Monte-Carlo permutation (with 10,000 random permutations) were applied. We rejected the null hypothesis when the

corrected *p* values were < 0.05 , and in such cases the differences were considered significant. Data with Gaussian or non-Gaussian distributions were plotted as means (\pm S.E.M.) or medians (and interquartile range), respectively.

3. Results

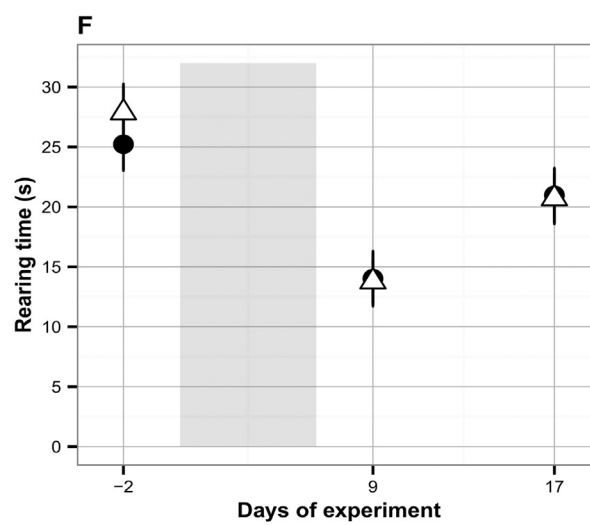
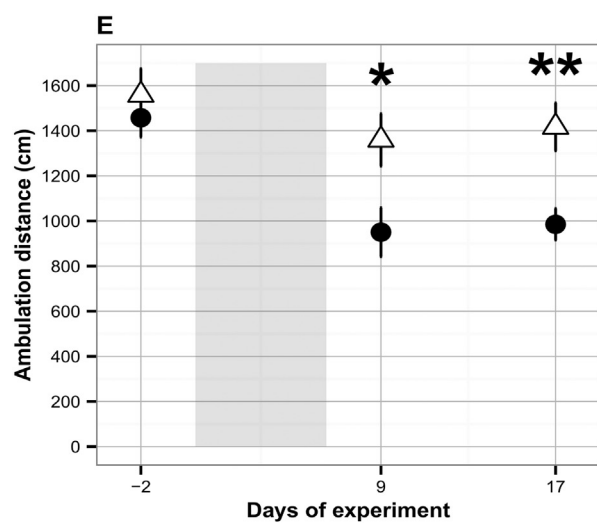
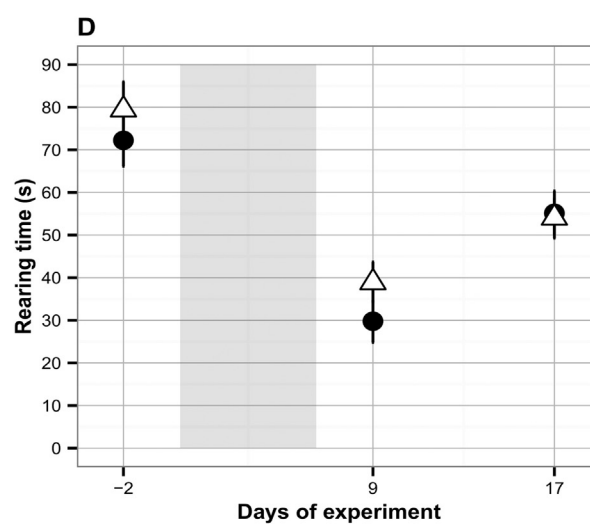
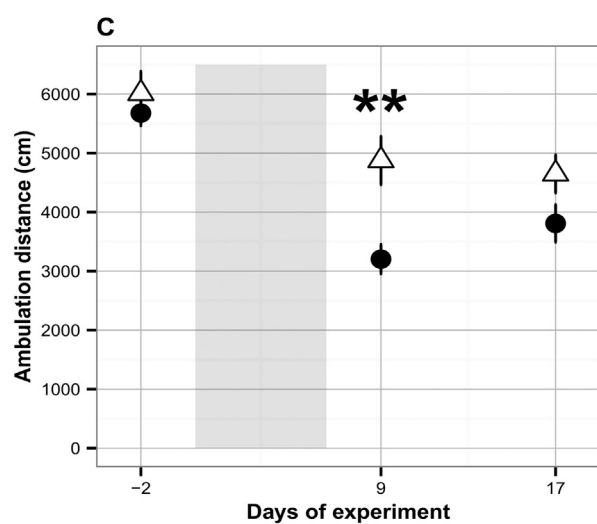
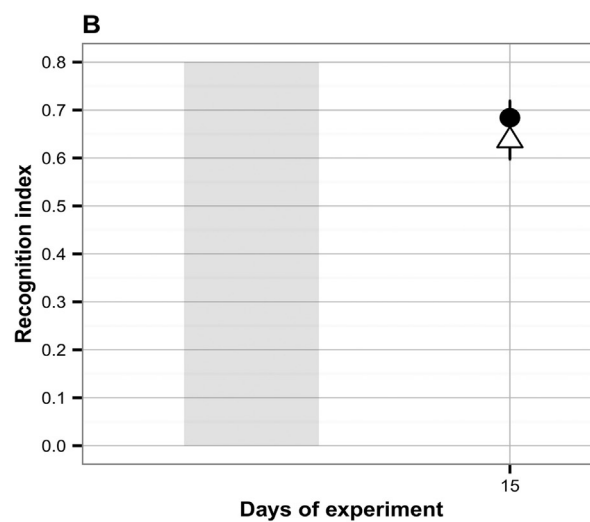
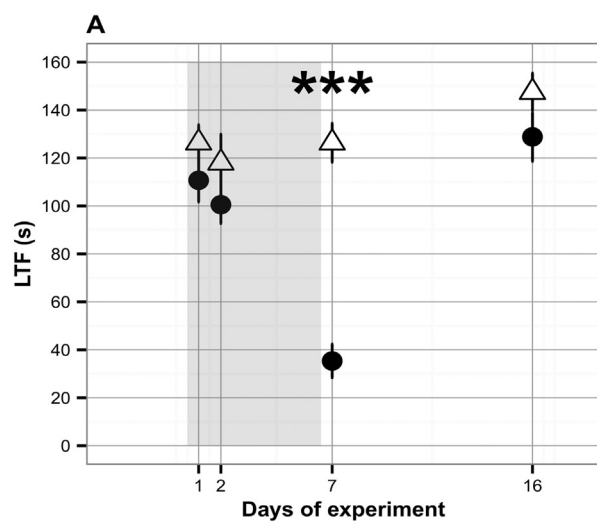
3.1. Behavioral assessment

Our results demonstrated a significant decrease in the latency to fall period in the 3-NP-treated animals (35.33 ± 6.97 s; $p < 0.001$, independent *t*-test) in the rotarod test 1 day after the last toxin injection in the subacute treatment regime as compared with the control group (126.34 ± 8.08 s). 10 days after the last injection, this difference had disappeared ($p = 0.16$, independent *t*-test; Fig. 3A). In the Y-maze test, there was no difference between the groups 9 days after the last injection ($p = 0.37$, independent *t*-test; Fig. 3B). In the open-field test performed 3 days after the last injection, a significant decrease was observed in the ambulation distance during the total 15-min tracking period (3-NP: 3203.2 ± 249.9 cm; control: 4874.9 ± 409.6 cm; $p = 0.003$, independent *t*-test; Fig. 3C) including that in the last 5-min period (3-NP: 950.4 ± 108.6 cm; control: 1359.5 ± 116 cm; $p = 0.028$, independent *t*-test; Fig. 3E). However, 11 days after the last 3-NP injection, the difference was significant only as regards the last 5-min period (3-NP: 985.2 ± 69.9 cm; control: 1417.1 ± 106 cm; $p = 0.001$, independent *t*-test; Fig. 3C). No difference in rearing time was detected between the groups either in the total 15-min (Fig. 3D) or in the last 5-min (Fig. 3F) tracking period.

3.2. HPLC analysis

As shown in Table 1, no difference was found in the KYNA concentration in the serum or in the investigated brain regions of the toxin-treated and control mice 12 days after the last injection, and there was no significant difference between the TRP levels of the serum samples of the toxin-treated and control mice, whereas in the case of KYN, a significant difference was detected in the cortex ($2,679 \pm 110$ pmol/g wet weight (ww); $p = 0.017$, permutation test) relative to the control value ($3,110 \pm 112$ pmol/g ww). However, significantly decreased TRP levels were found in the striatum ($19,530$ ($17,700$ – $20,440$) pmol/g ww; $p = 0.0002$, permutation test), cortex ($14,360$ ($13,540$ – $16,300$) pmol/g ww; $p = 0.003$, permutation test), hippocampus ($16,550$ ($14,790$ – $17,580$) pmol/g ww; $p = 0.006$, permutation test), cerebellum ($14,930$ ($14,210$ – $16,260$) pmol/g ww; $p = 0.0002$, permutation test) and brainstem ($12,740$ ($12,280$ – $14,100$) pmol/g ww; $p = 0.0004$, permutation test) of 3-NP-treated mice as compared with the controls ($27,950$ ($23,820$ – $35,700$); $22,860$ ($17,260$ – $28,430$); $26,590$ ($18,020$ – $30,730$); $24,810$ ($17,630$ – $28,510$); $20,960$ ($15,920$ – $29,890$) pmol/g ww, respectively). The observed decreases in TRP level were generally associated with an increased KYN/TRP ratio, an index widely used to assess the metabolic activity of KP. Indeed, a significant increase in KYN/TRP ratio was observed in the striatum (0.156 ± 0.014 ; $p = 0.008$, permutation test), hippocampus (0.158 ± 0.008 ; $p = 0.023$, permutation test), cerebellum (0.166 ± 0.01 ; $p = 0.008$, permutation test) and brainstem (0.166 ± 0.008 ; $p = 0.009$, permutation test) as compared with the control values (0.102 ± 0.011 ; 0.122 ± 0.011 ; 0.129 ± 0.007 ; 0.117 ± 0.013 , respectively; Fig. 4); however, the difference in the cortex did not reach statistical significance. No difference in the KYN/TRP ratio was observed in the serum. Additionally, a significant decrease in 3-OHK level was observed in the cerebellum (to below the LOD; $p = 0.005$, permutation test) in the 3-NP-treated mice in comparison with the control value (66.84 (28.99 – 97.64) pmol/g ww), but not in the other brain regions.

△ — Control ● — 3-NP



4. Discussion

Although HD is a rare condition, it serves as a prototype of monogenetically determined, but multifactorially affected neurodegenerative disorders (Kim and Fung, 2014). The study of the pathogenetic process in animal models of HD could therefore provide a valuable tool for insight into the general neurodegenerative process, yielding a possibility of finding promising targets for drug development.

From this respect, genetic rodent models are optimal tools for the study of HD in view of the possible molecular and genetic translatability to humans (Ramawamy et al., 2007). However, animal genetic models also fail to demonstrate the pathological alterations characteristic of human HD completely. Furthermore, the relatively long duration of disease development may be a disadvantage in studies in which the therapeutic effects of potential neuroprotective agents are assessed.

Before genetic models were established, a number of toxin-based models were utilized to study the neurodegenerative processes in HD, which may still be a rapid and cost-effective way of screening the therapeutic effects of potential drug candidates prior to the costly and demanding application of genetic models. These inhibitors of the mitochondrial functions are widely used to model the mitochondrial dysfunction in HD (Browne, 2008).

SDH, the enzyme of complex II in the mitochondrial electron transport chain (Alston et al., 1977), is reversibly and irreversibly inhibited by malonate and 3-NP, respectively, toxins which have proved to furnish applicable phenotypic models of HD (Beal and Brouillet, 1993; Beal et al., 1993). 3-NP is currently the toxin most widely used to study certain neuropathological aspects of the disease.

The consecutive or continual administration of 3-NP to rodents (i.p. or subcutaneously, respectively) leads to bilateral dystonia, rigidity, gait disturbances and uncoordinated movements. At lower cumulative doses of 3-NP (<60 mg/kg), motor symptoms have been described to be manifested in mild movement disturbances, such as slowness and a subtle wobbling gait. However, some authors have also reported early-stage hyperactivity at lower cumulative doses (<40 mg/kg) (Borlongan et al., 1995a). When the cumulative dose is elevated up to 80 mg/kg, the general weakness becomes more marked and dystonia develops, the latter being particularly pronounced in the hind-limbs at this dose, and appearing soon after toxin administration (Brouillet, 2014). A further elevation of the cumulative dose (>100 mg/kg) results in more expressed weakness and rigidity (Brouillet, 2014). However, subsequent to the termination of the subacute toxin regimen in mice in the widely-applied experimental setup (as used in the current study), the detected alterations in motor functioning tend to abate and then cease (Fernagut et al., 2002a,b; Li et al., 2009). It should be noted, however, that the extended application of 3-NP in a considerably higher cumulative dose resulted in persistent locomotor deficits in one study on mice (Stefanova et al., 2003). Studies involving 3-NP intoxication in rats yielded rather inconclusive results in terms of a persistent motor dysfunction (Teunissen et al., 2001; Tasset et al., 2012).

As regards a cognitive impairment, rats treated with a cumulative dose of 190 mg/kg demonstrated a severely decreased memory function in a fear-associated memory test (a passive avoidance task) and a perceptual-learning task (an attentional set-shifting task) (El Massioui et al., 2001). However, in a simple 2-trial Y-maze paradigm, performed on the 15th day after termination of the administration of 3-NP to mice (in a cumulative dose of 320 mg/kg), the intoxicated animals did not display any 3-NP-induced memory impairment (Li et al., 2009).

The above observations in mice were confirmed by our findings, i.e. most of the behavioral changes disappeared (i.e. the latency to fall,

tested by rotarod; and the ambulation distance, tested in an open-field) or could not be detected (the recognition index, tested with the Y-maze test) 11 days after the last injection. The lack of difference in cognitive performance was not influenced by any incidental difference in locomotor activity, because we did not observe any significant difference in the total ambulation distance within the Y-maze (not shown). It is noteworthy, however, that we observed a significant reduction in the ambulation distance parameter in the last 5 min of the open-field test in the toxin-treated animals as compared with the controls, which may reflect a slight persistent behavioral dysfunction.

As concerns to the previously observed alterations in the TRP metabolism in transgenic HD animals, the 3-OHK and KYNA levels were reported to be elevated in the striatum and cortex of a heterozygous transgenic mouse (FVB/N background, 89 CAG repeats, 12–15 months of age) model of HD (Guidetti et al., 2000). Another study involving the R6/2 mouse model of HD revealed increased kynurenine 3-monooxygenase activity in the striatum, cortex and cerebellum of 6–12-week-old animals, while the 3-hydroxyanthranilic acid oxygenase, kynurenine aminotransferase (KAT)-I and KAT-II activities (catalyzing the conversion of KYN to KYNA) in the cortex and cerebellum were unchanged. An elevated synthesis of 3-OHK was found in the striatum and a decreased kynureninase activity in the striatum and cortex of 4–12-week-old animals, but not in the cerebellum. Other investigated compounds (KYN, KYNA and QUIN) did not display any difference (Sathyasaikumar et al., 2010). In the R6/2 model, enhanced 3-OHK concentrations were observed in the striatum, cortex and cerebellum of 4–12-week-old animals, but no difference was found in younger mice (Guidetti et al., 2006). In the *Hdh*^{Q92} and *Hdh*^{Q111} models, 5–17-month-old animals demonstrated increased levels of 3-OHK in the striatum, cortex and cerebellum, and of QUIN in the striatum and cortex, whereas there were no differences in younger animals (Guidetti et al., 2006). In the YAC128 model, the 3-OHK concentrations were increased in the striatum, cortex and cerebellum of 5–12-month-old mice, while the QUIN levels were elevated only in the striatum and cortex of 8–12-month-old animals (Guidetti et al., 2006). In the same YAC128 mouse model, the striatal expression of indoleamine 2,3-dioxygenase (IDO)-1 (probably the most important enzyme participating in the TRP catabolism in the brain), was found to be up-regulated, whereas IDO-2 and tryptophan 2,3-dioxygenase did not undergo any significant change. As concerns metabolite concentrations, the levels of TRP and 3-OHK proved to be decreased in the striatum of 3-month-old animals. However, no difference in TRP level was found in 12-month-old mice, while 3-OHK and KYN were significantly elevated in the striatum. The KYNA and QUIN concentrations did not change in either group (Mazarei et al., 2013). Studies on the hippocampus did not indicate significant difference in any examined model or age group (Guidetti et al., 2006).

In contrast with genetic models, there are no available published data on the effects of 3-NP toxicity on the concentrations of TRP and KP metabolites under *in vivo* conditions in mice. One of the two studies of the effects of the chronic treatment of rats with 3-NP demonstrated a significant decrease in the amount of KAT-I-immunoreactive cells, predominantly in the striatum (Csillik et al., 2002). The other study on *ex vivo* rat cortical slices, showed that 3-NP dose-dependently inhibited the production of KYNA and led to decreased KAT-I and KAT-II activities in the cortical tissue homogenates (Luchowski et al., 2002). No murine studies have been conducted previously to assess the effects of *in vivo* applied 3-NP on the KP metabolism at the metabolite level *per se*, and there have been no studies of KP alterations due to 3-NP intoxication in the serum, which would allow conclusions as to the possible effects

Fig. 3. The effects of 3-NP treatment on different behavioral parameters in C57Bl/6 mice. Shortly after the last 3-NP injection, the latency to fall was significantly decreased in the rotarod test (A), but this difference had disappeared 9 days later. The Y-maze test, performed 9 days after the last 3-NP injection, did not reveal any difference between the groups (B). In the open-field paradigm 3 days after the last 3-NP injection, the ambulation distance was significantly decreased in the total 15-min examination period (C) and in the last 5-min period (E). However, 11 days after the last 3-NP injection, the difference was significant only in the last 5 min. No difference in rearing time was detected (D, F). The gray area indicates the 3-NP treatment period. 3-NP mice: n = 16, control mice: n = 14; data are means \pm S.E.M.; 3-NP 3-nitropropionic acid, LTF latency to fall, **p* < 0.05, ***p* < 0.01, and ****p* < 0.001.

Table 1

The concentrations of some metabolites of the KP in different brain regions and serum of control and 3-NP treated mice.

| | TRP | | KYN | | KYNA | | 3-OHK | |
|-------------------------|------------------------|---------------------------|--------------------|--------------------|----------------------|---------------------|------------------------|--------|
| | Ctrl | 3-NP | Ctrl | 3-NP | Ctrl | 3-NP | Ctrl | 3-NP |
| Serum (μM) | 102.8 (89.8–115.4) | 88.6 (83.2–94.5) | 1.39 ± 0.09 | 1.12 ± 0.12 | 0.19 (0.17–0.21) | 0.10 (0.09–0.18) | <LOD | <LOD |
| Striatum (pmol/g ww) | 27950 (23820–35700) | 19530*** (17700–20440) | 2922 ± 288 | 3001 ± 309 | 5.73 (<LOD–21.91) | <LOD | <LOD | <LOD |
| Cortex (pmol/g ww) | 22860 (17260–28430) | 14360** (13540–16300) | 3110 ± 112 | 2679* ± 110 | 5.07 (<LOD–7.72) | 6.67 (3.04–7.08) | <LOD | <LOD |
| Hippocampus (pmol/g ww) | 26590 (18020–30730) | 16550** (14790–17580) | 2914 ± 176 | 2723 ± 208 | <LOD (<LOD–7.66) | <LOD (<LOD–7.68) | <LOD | <LOD |
| Cerebellum (pmol/g ww) | 24810 (17630–28510) | 14930*** (14210–16260) | 3060 ± 238 | 2521 ± 182 | <LOD (<LOD–4.18) | <LOD (<LOD–7.45) | 66.84 (28.99–97.64) | <LOD** |
| Brainstem (pmol/g ww) | 20960 (15920–29890) | 12740*** (12280–14100) | 2389 ± 118 | 2169 ± 111 | <LOD | <LOD | <LOD (<LOD–25.50) | <LOD |

The concentration of TRP and some of its metabolites were measured from five different brain regions and serum of C57Bl/6 mice with HPLC. TRP levels were significantly decreased in all brain regions of 3-NP treated mice. In the cortex and cerebellum of toxin treated mice there was also a significant depletion in KYN and 3-OHK concentration, respectively. KYN results are expressed as mean \pm S.E.M.; the other substances are shown as median (interquartile range). KP kynurenine pathway, TRP tryptophan, KYN kynurenine, KYNA kynurenic acid, 3-OHK 3-hydroxykynurenine, 3-NP 3-nitropropionic acid, ctrl control, LOD limit of detection, and ww wet weight.

* $p < 0.05$.** $p < 0.01$.*** $p < 0.001$.

of systemic KP alterations within the CNS. We have now quantitatively assessed the levels of 4 KP metabolites in the striatum, cortex, hippocampus, cerebellum and brainstem of mice, with a relatively high number of animals per group ($n = 14$ –16).

Our findings indicated a decreased TRP level in association with an increased KYN/TRP ratio in most of the examined brain regions of C57Bl/6 mice treated with 3-NP, and also a reduced concentration of 3-OHK in the cerebellum. It is noteworthy that we did not detect any significant difference in serum samples, which suggests that the observed alterations are specific for the examined brain regions and are not affected by a systemic change and/or an altered permeability of the blood–brain barrier. Our results on 5-month-old 3-NP-treated animals resemble those from studies of 3-month-old transgenic YAC128 animals (Mazarei et al., 2013), which is known to be one of the best animal strains for the modeling of the alterations in human HD (Slow, 2003; Pouladi et al., 2013). The increase observed in the KYN/TRP ratio is comparable with the previous finding of increased IDO-1 activity in the brain (but not the serum) of YAC128 animals, an alteration reflecting that observed in several neurodegenerative diseases and their animal models (Vécsei et al., 2013), and suggested to contribute to the neurodegenerative process. The similarity of the findings of the KP alterations in this 3-NP model with those observed previously in

genetic models (and especially the YAC128 model) leads us to presume that the KP alterations observed in transgenic animals might be secondary to a mitochondrial dysfunction as present in the pathogenesis of HD, and that 3-NP toxicity may comprise a useful and cheap tool with which to screen the efficacy of potential drug candidates before the application of more demanding genetic models.

The rationale of our study was to find a valuable biomarker for therapeutic studies in the widely applied subacute 3-NP model of HD with previously demonstrated neurodegenerative characteristics, at a time point when merely minor behavioral alterations persist. Accordingly, we have confirmed that the behavioral alterations evoked by 3-NP toxicity are mostly intermittent, similarly as observed previously by others, which suggests that these alterations might be only functional and do not reflect the long-term effects of delayed-type neurodegeneration. On the other hand, at this delayed time point, we detected a marked persistent increases in the KYN/TRP ratio in the striatum, hippocampus, cerebellum and brainstem and a slight reduction in the level of 3-OHK in the cerebellum. Such alterations have not been reported earlier in 3-NP studies and are similar to those seen in young genetic animal models (especially in 3-month-old YAC128 transgenic mice). In the era of advanced genetic models of HD, our findings demonstrate the continued relevance and applicability of toxin models, which may provide

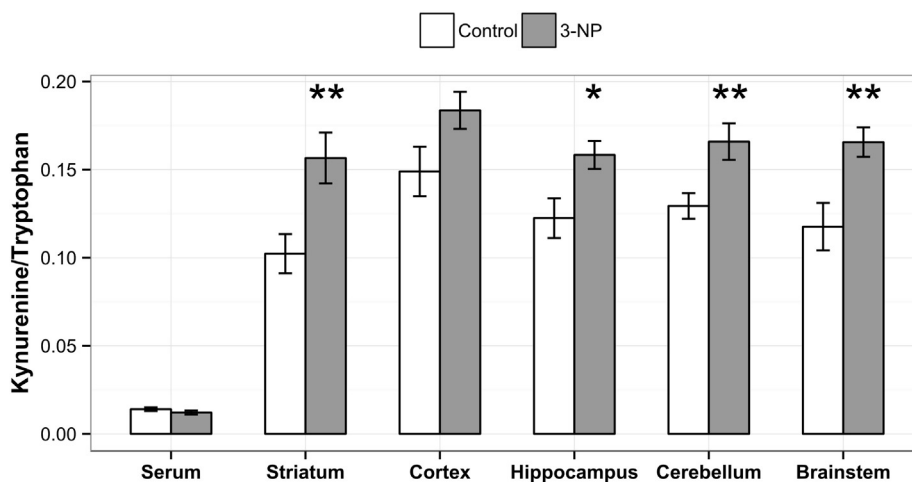


Fig. 4. The effects of 3-NP treatment on the KYN/TRP ratio in the serum and different brain regions of C57Bl/6 mice. The KYN/TRP ratio was significantly elevated in the striatum, hippocampus, cerebellum and brainstem of the 3-NP-treated mice. The increase in the cortex did not reach the level of statistical significance. No alteration was observed in the serum. Data are means \pm S.E.M.; 3-NP 3-nitropropionic acid, KYN kynurenine, TRP tryptophan, * $p < 0.05$, and ** $p < 0.01$.

cost-effective and rapid ways of screening potential drug candidates to treat this currently intractable disease.

Acknowledgments

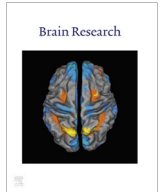
This research was supported by TÁMOP-4.2.2.A-11/1/KONV-2012-0052, MTA-SZTE Neuroscience Research Group and Hungarian Brain Research Program – Grant No. KTIA_NAP_13-A_III/9, and in the frame of TÁMOP 4.2.4. A/1-11-1-2012-0001 “National Excellence Program – elaborating and operating an inland student and researcher personal support system”. The project was subsidized by the European Union and co-financed by the European Social Fund.

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IV.



Research report

Effect of MPTP on mRNA expression of PGC-1 α in mouse brain

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ABSTRACT

The peroxisome proliferator-activated receptor- γ (PPAR γ) coactivator 1 α (PGC-1 α) is a key regulator of mitochondrial biogenesis, respiration and adaptive thermogenesis. Besides the full-length protein (FL-PGC-1 α), several other functionally active PGC-1 α isoforms were identified as a result of alternative splicing (e.g., N-truncated PGC-1 α ; NT-PGC-1 α) or alternative promoter usage (e.g., central nervous system-specific PGC-1 α isoforms; CNS-PGC-1 α). Achieving neuroprotection via CNS-targeted pharmacological stimulation is limited due to poor penetration of the blood brain barrier (BBB) by the proposed pharmaceutical agents, so preconditioning emerged as another option. The current study aimed to examine how the expression levels of FL-, NT-, CNS- and reference PGC-1 α isoforms change in different brain regions following various 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) treatment regimens, including chronic low-dose treatment for preconditioning. Ninety minutes following the acute treatment regimen, the expression levels of FL-, NT- and CNS-PGC-1 α isoforms increased significantly in the striatum, cortex and cerebellum. However, this elevation diminished 7 days following the last MPTP injection in the acute treatment regimen. The chronic low-dose administration of MPTP, which did not cause significant toxic effects in light of the relatively unaltered dopamine levels, did not result in any significant change of PGC-1 α expression. The elevation of PGC-1 α levels following acute treatment may demonstrate a short-term compensatory mechanism against mitochondrial damage induced by the complex I inhibitor MPTP. However, drug-induced preconditioning by chronic low-dose MPTP seems not to induce protective responses via the PGC-1 α system.

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1. Introduction

Parkinson's disease (PD) is a progressive neurodegenerative disorder characterized by the loss of dopaminergic neurons, and the presence of Lewy bodies in the substantia nigra (SN) pars compacta (Forno, 1996). Although the precise pathomechanism of PD is not fully understood, several molecular mechanisms of neuronal death were described in the pathogenesis, including mitochondrial dysfunction, energy deficit and oxidative stress (Bose and Beal, 2016). It is postulated that life-long cumulative low-dose exposure to mitochondrial toxins may contribute to the pathogenesis of certain neurodegenerative disorders (Harris and Blain, 2004). The delineation of 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) induced Parkinsonian symptoms yielded one of the first pieces of evidence that mitochondrial dysfunction is involved in

PD pathogenesis (Forno et al., 1993). Accordingly, systemic MPTP administration has been widely used to study disease mechanisms in various *in vivo* animal studies (Javitch et al., 1985).

Besides environmental factors, several causative or susceptibility genes have been identified in PD, many of them having direct implications in mitochondrial dysfunction (Kalinderi et al., 2016). Peroxisome proliferator-activated receptor- γ (PPAR γ) coactivator-1 alpha (PGC-1 α) is one of them, which may play a role in PD pathogenesis. PGC-1 α is a multifunctional transcriptional coactivator of nuclear respiratory factors 1 and 2 (NRF-1, -2), estrogen-related receptors (ERRs) and PPARs amongst others, and hereby regulates mitochondrial function and biogenesis (Knutti and Kralli, 2001).

Analysis of human brain samples indicated that PD is associated with the increased methylation of PGC-1 α promoter and the reduced expression of PGC-1 α itself (Su et al., 2015) and its downstream-regulated genes in the SN of PD patients (Zheng et al., 2010). Furthermore, possible associations of PGC-1 α poly-

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morphisms with PD risk, age of onset and longevity were described as well (Clark et al., 2011). Reduced expression of PGC-1 α leads to enhanced α -synuclein oligomerization, too (Ebrahim et al., 2010), and accordingly, overexpression of PGC-1 α produced neuroprotection against α -synuclein- and rotenone-induced neurotoxicity (Zheng et al., 2010).

Several PGC-1 α isoforms were identified as a result of alternative splicing and alternative promoter usage (Martinez-Redondo et al., 2015). The proximal promoter of PGC-1 α has been reported as an important key regulator in several neurodegenerative diseases, including PD (Su et al., 2015). With regard to alternative splicing, besides the full-length protein (FL-PGC-1 α), the N-truncated PGC-1 α (NT-PGC-1 α) isoform was discovered, which is a shorter, but active isoform of PGC-1 α (Zhang et al., 2009). Recent studies identified further different tissue-specific isoforms of PGC-1 α , including central nervous system-specific isoforms (CNS-PGC-1 α (Ruas et al., 2012; Soyak et al., 2012)). The novel CNS-specific isoforms originated from a new promoter located 587 kb upstream of exon 2 (Choi et al., 2013; Soyak et al., 2012). A recent study demonstrated that both PGC-1 α reference gene and CNS-PGC-1 α are downregulated in human PD brain and in experimental models with α -synuclein oligomerization, and that the pharmacological activation or genetic overexpression of PGC-1 α reference gene reduced α -synuclein oligomerization and toxicity (Eschbach et al., 2015). In contrast, the loss of PGC-1 α enhances the vulnerability of SN pars compacta dopaminergic neurons to α -synuclein toxicity (Ciron et al., 2015). These data suggest that PGC-1 α downregulation and α -synuclein oligomerization form a vicious circle (Eschbach et al., 2015). Similarly to PD, certain mutations in amyotrophic lateral sclerosis inhibit the expression of CNS-specific isoforms, indicating this as a common finding in neurodegeneration (Bayer et al., 2017).

St-Pierre et al. described that PGC-1 α -deficient mice are more sensitive to MPTP toxicity compared to the controls (St-Pierre et al., 2006). Interestingly, the sub-chronic administration of MPTP to mice resulted in the significant elevation of PGC-1 α expression in the striatum after 24 h that was normalized following 72 h (Swanson et al., 2013). This may represent an adaptive mechanism to neurotoxicity. Accordingly, the protective effect of PGC-1 α was demonstrated previously as well; pioglitazone- and resveratrol-induced activation of PGC-1 α was protective against MPTP toxicity (Bredert et al., 2002; Dehmer et al., 2004). However, there is a seeming controversy with regard to the effect of genetically-induced overexpression of PGC-1 α on MPTP neurotoxicity. On the one hand, the transgenic overexpression of PGC-1 α was proven to be protective against MPTP (Mudo et al., 2012), on the other hand, the adenovirus vector-mediated overexpression of PGC-1 α resulted in dopamine depletion in the SN (Ciron et al., 2012) and consequently enhanced susceptibility to MPTP (Clark et al., 2012). Clarification of this issue needs further studies.

Evidence suggests a beneficial role of PGC-1 α stimulation in neurodegenerative disorders. However, CNS-targeted pharmacological stimulation is limited due to the poor penetration of the blood brain barrier (BBB) by the above-mentioned compounds, so preconditioning emerged as another option to achieve neuroprotection. It was previously demonstrated that the acute administration of the selective complex II inhibitor 3-nitropropionic acid (3-NP) increased the expression of both FL- and NT-PGC-1 α isoforms in the striatum of C57Bl/6 mice (Torok et al., 2015). As the available data are limited with regard to the alteration of tissue-specific PGC-1 α expression in the brain following MPTP administration, this study aimed to examine the expression levels of several PGC-1 α isoforms in different brain regions following various MPTP treatment regimens. The hypothesis that low doses of MPTP may produce compensatory, protective alterations in the PGC-1 α system was tested as well.

2. Results

2.1. Gene expression analysis

Ninety minutes following the last MPTP injection of the acute treatment of MPTP, the FL-PGC-1 α and NT-PGC-1 α expression significantly increased in the striatum (FL-PGC-1 α : ctrl: 0.97 (0.92–1.04), MPTP: 1.47 (1.21–1.83), $p = 0.0048$; NT-PGC-1 α : ctrl: 0.44 (0.40–0.49), MPTP: 0.70 (0.56–0.78), $p = 0.019$), cortex (FL-PGC-1 α : ctrl: 0.96 (0.91–1.06), MPTP: 1.23 (1.15–1.43), $p = 0.009$; NT-PGC-1 α : ctrl: 0.46 (0.43–0.48), MPTP: 0.69 (0.59–0.71), $p = 0.0012$) and cerebellum (FL-PGC-1 α : ctrl: 1.50 (1.27–1.90), MPTP: 2.40 (2.07–2.76), $p = 0.013$; NT-PGC-1 α : ctrl: 0.67 (0.48–0.86), MPTP: 1.21 (1.14–1.44), $p = 0.009$) (Fig. 1A, B). Furthermore, MPTP-induced increases in CNS-PGC-1 α expression were also significantly larger in all investigated brain regions compared to the controls (striatum: ctrl: 1.03 (0.88–1.11), MPTP: 1.38 (1.34–1.78), $p = 0.0069$; cortex: ctrl: 0.91 (0.80–0.98), MPTP: 1.41 (1.24–1.42), $p = 0.0048$; cerebellum: ctrl: 1.51 (1.20–1.98), MPTP: 2.77 (2.34–3.17), $p = 0.019$) (Fig. 1C). However, there was not any difference between the Ref-PGC-1 α levels in the striatum (ctrl: 0.11 (0.10–0.12), MPTP: 0.11 (0.95–0.12)), cortex (ctrl: 0.11 (0.11–0.12), MPTP: 0.09 (0.08–0.10)) and cerebellum (ctrl: 0.21 (0.20–0.29), MPTP: 0.28 (0.24–0.29)) of MPTP-treated and control mice (Fig. 1D).

One week following the last injection in the acute treatment regimen, there was not any significant change either in the FL-, NT-, CNS-, or in the Ref-PGC-1 α levels between the control and the MPTP-treated animals in any brain area (Fig. 2A–D).

Furthermore, the low-dose 12-day MPTP-treatment did not influence the expression levels of FL-PGC-1 α , NT-PGC-1 α , CNS-PGC-1 α and Ref-PGC-1 α in any brain region (Fig. 3A–D).

2.2. HPLC measurement

Dopamine (DA), 3,4-dihydroxyphenylacetic acid (DOPAC) and homovanillic acid (HVA) values in the respective control groups of the 3 treatment regimens were compared to each other, and there were no significant differences. Therefore the values in these control groups were pooled for further comparisons with the MPTP-treated groups. MPTP administration caused significant reductions in striatal DA (ctrl: 8.08 ± 0.50 , MPTP: 4.36 ± 0.92 , $p = 0.0005$), DOPAC (ctrl: 2.57 ± 0.21 , MPTP: 0.44 ± 0.08 , $p = 3.78 \times 10^{-8}$) and HVA (ctrl: 2.18 ± 0.12 , MPTP: 0.67 ± 0.11 , $p = 5.12 \times 10^{-10}$) levels compared to control values 90 min following its last administration in the acute treatment regimen (acute-1 day; Fig. 4). Moreover, a significant reduction in metabolite levels was also observed one week after the last injection in the acute treatment regimen (acute-7 days; Fig. 4) in the DA (ctrl: 8.08 ± 0.50 , MPTP: 1.34 ± 0.43 , $p = 4.86 \times 10^{-8}$), DOPAC (ctrl: 2.57 ± 0.21 , MPTP: 0.76 ± 0.15 , $p = 7 \times 10^{-6}$) and HVA (ctrl: 2.18 ± 0.12 , MPTP: 0.81 ± 0.13 , $p = 5.08 \times 10^{-8}$) values in the striatum of the MPTP-treated mice compared to the control animals. However, chronic MPTP treatment resulted in significant reductions of only striatal HVA (ctrl: 2.18 ± 0.12 , MPTP: 1.40 ± 0.08 , $p = 0.0005$) levels, striatal DA (ctrl: 8.08 ± 0.50 , MPTP: 6.83 ± 0.48) and DOPAC (ctrl: 2.57 ± 0.21 ; MPTP: 1.99 ± 0.23) levels were not decreased significantly (Fig. 4). Seven days following the acute treatment regimen DA levels significantly decreased compared to those data from samples obtained 90 min following the last MPTP injection in the acute treatment regimen ($p = 0.039$).

3. Discussion

PGC-1 α is essential in normal mitochondrial function and its deficiency may contribute to neurodegeneration, while its stimula-

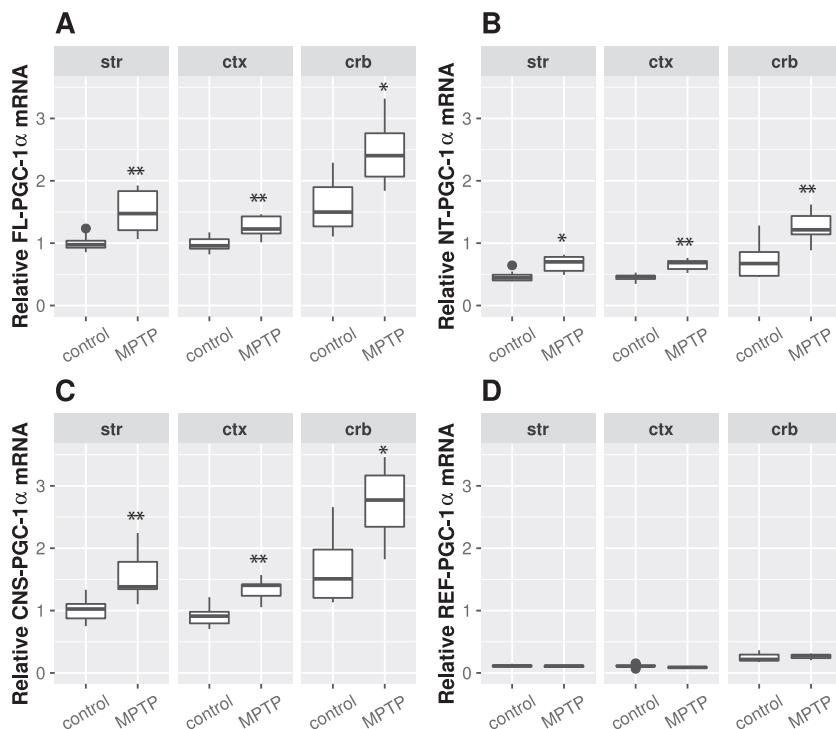


Fig. 1. The relative mRNA expression of PGC-1α isoforms in the striatum, cortex and the cerebellum of mice 90 min after acute MPTP intoxication. The FL-PGC-1α, NT-PGC-1α and CNS-PGC-1α levels were significantly increased in the striatum, cortex and the cerebellum of MPTP-treated mice. (A, B, C respectively). The Ref-PGC-1α expression did not change in any brain areas of MPTP-treated mice compared to the controls (D). Values are plotted as medians and interquartile range; * $p < 0.05$, ** $p < 0.01$; MPTP MPTP-treated; str striatum, ctx cortex, crb cerebellum.

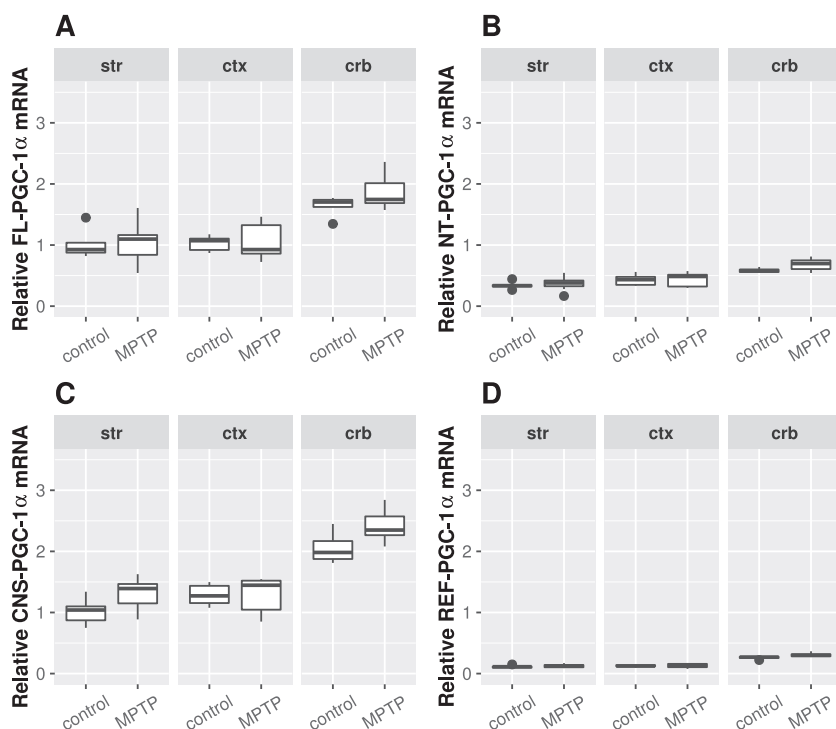


Fig. 2. The relative mRNA expression of PGC-1α isoforms in the striatum, cortex and the cerebellum of mice 7 days after acute MPTP intoxication. The expression levels of the PGC-1α isoforms did not change in any brain areas of MPTP-treated mice (A–D). Values are plotted as medians and interquartile range; MPTP MPTP-treated; str striatum, ctx cortex, crb cerebellum.

tion was demonstrated to be neuroprotective in certain models (Braidert et al., 2002; Dehmer et al., 2004; Eschbach et al., 2015; Mudo et al., 2012). Accordingly, the pharmacological induction of PGC-1α expression may be considered as a neuroprotective approach, but currently this possibility seems to be limited in light

of the reduced BBB penetration of the potential pharmaceutical agents.

The aim of the current study was a thorough assessment of the expression of PGC-1α isoforms in various brain regions following different MPTP administration regimens, including a

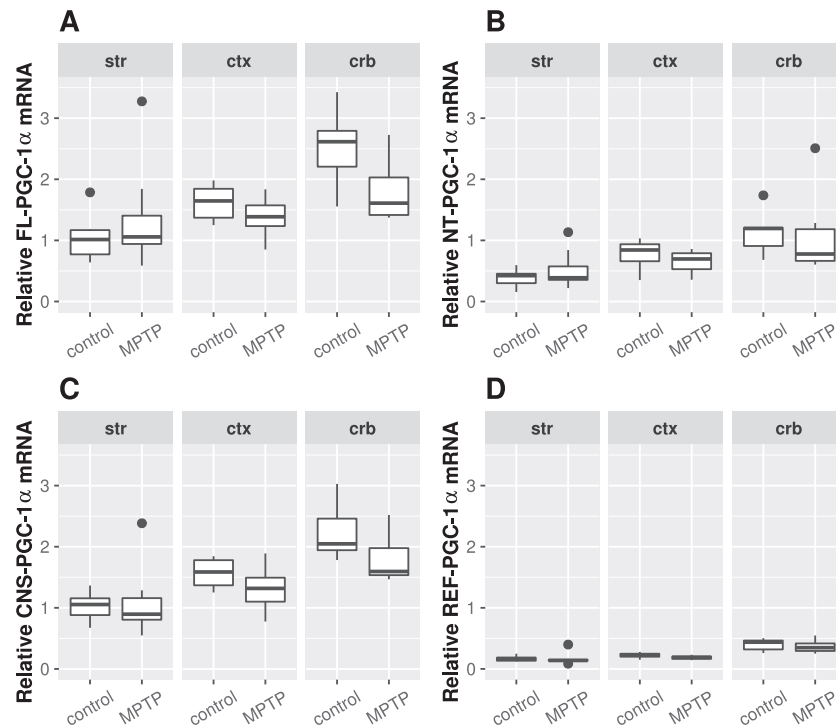


Fig. 3. The relative mRNA expression of PGC-1 α isoforms in the striatum, cortex and the cerebellum of mice following a 12-day treatment with low-dose MPTP. The expression levels of the PGC-1 α isoforms did not change in any brain areas of MPTP-treated mice (A–D). Values are plotted as medians and interquartile range; MPTP MPTP-treated; str striatum, ctx cortex, crb cerebellum.

low-dose chronic one, possibly mimicking drug-induced preconditioning.

Ninety minutes following the last MPTP injection of the high-dose acute treatment regimen of MPTP (75 mg/kg/day total dose) the expression level of FL-, NT- and CNS- PGC-1 α isoforms increased significantly in the striatum, cortex and cerebellum. However, this elevation was diminished 7 days following the last MPTP injection in the acute treatment regimen. Torok et al. (Torok et al., 2015) demonstrated that the acute (90 min following a single dose injection of 100 mg/kg dose), but not the subacute (50 mg/kg twice daily for 5 days) 3-NP treatment regimen induced the overexpression of FL- and NT- PGC-1 α isoforms mainly in the striatum (3-NP is a rather selective striatal neurotoxin (Brouillet et al., 2005)) similar to the results of the current study. Those findings were explained by a proposed reduced neuronal adaptive capability of the striatum following the neurotoxic insult. The above-mentioned results of the current study may also be explained by the propagation of the neurotoxic process following 7 days of the acute treatment regimen given the extent of decrease in striatal DA levels. The elevation of PGC-1 α expression, especially that of the CNS-specific isoform, may indicate a short-term compensatory protective mechanism against mitochondrial dysfunction induced by the complex I inhibitor MPTP. It is hard to interpret the increased expression of PGC-1 α in the cerebellum, which is not primarily affected in MPTP toxicity. However, several lines of evidence indicate that MPTP neurotoxicity is not highly selective to dopaminergic neurons; in specific circumstances systemic MPTP administration resulted in Purkinje cell loss (Takada et al., 1993). The involvement of the cerebellum in disease mechanisms of different neurodegenerative disorders such as amyotrophic lateral sclerosis, Huntington's disease (HD) and PD is frequently seen (Rees et al., 2014; Tan et al., 2016; Wu and Hallett, 2013). Furthermore, increasing evidence suggest that PGC-1 α expression is associated with degenerative changes in the CNS, including cerebellum (Torok et al., 2015). It was hypothe-

sized that the elevation of PGC-1 α in the cerebellum is a compensatory mechanism against the energy deficit which may be an important factor underlying the relative resistance of cerebellar neurons against neurodegenerative processes in HD and in PD.

The drug-induced preconditioning by applying low-dose neurotoxic agents may stimulate neuroprotective mechanisms, resulting in the amelioration of neurodegenerative process. This approach has already been demonstrated to be beneficial in case of 3-NP: the low-dose of toxin treatment increased tolerance to ischemia and hypoxia in rats and gerbils (Horiguchi et al., 2003; Riepe et al., 1997; Wiegand et al., 1999). Although the exact mechanism is not fully understood, the overexpression of free radical scavenging enzymes may be involved: acute 3-NP treatment activated superoxide dismutase (SOD) and catalase (CAT) in several brain areas (Binienda et al., 1998). Similarly, an increase in SOD activity in the glial cells of the striatum and SN was observed following MPTP treatment (Kurosaki et al., 2004). The preconditioning by MPTP is not intended to suggest a future direct therapeutic approach, but rather aimed at finding key players which may help to alleviate the pathological alterations. The situation may be similar to ischemic preconditioning where the outcome in myocardial infarction may depend substantially on which medications were applied with an influence on preconditioning (Tomai et al., 1999). This may be especially important in light of the fact that environmental toxins could play a role in the pathogenesis of idiopathic PD. The chronic low-dose administration of MPTP in the current study neither resulted in significant DA depletion (i.e. neurotoxic effect at biochemical level), nor in any significant change in PGC-1 α expression. These data suggest that drug-induced preconditioning by MPTP may not evoke apparent responses in the PGC-1 α system.

In conclusion the current study demonstrated that acute severe mitochondrial dysfunction initiated protection via elevating the expression of brain specific isoforms of the mitochondrial master regulator PGC-1 α . However, low-dose chronic administration of

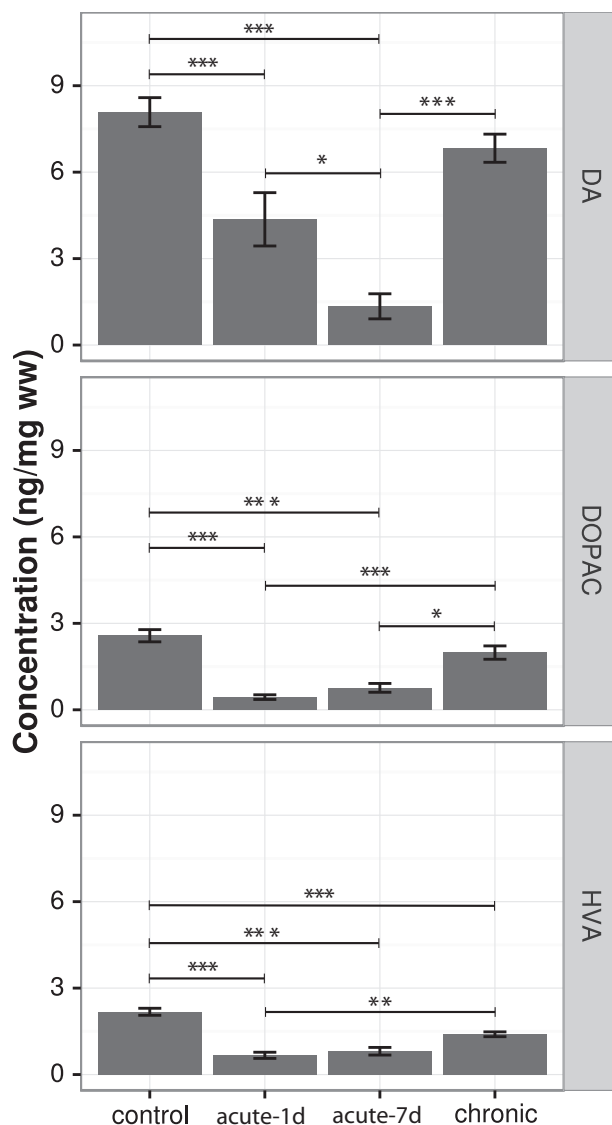


Fig. 4. Striatal dopamine, DOPAC and HVA concentrations of MPTP-treated mice in 3 different treatment regimens. Ninety minutes (acute-1d) and 7 days (acute-7d) after acute MPTP intoxication, DA, DOPAC and HVA levels significantly decreased in the striatum compared to the controls. The chronic (12 day) low-dose MPTP treatment did not influence the striatal level of DA and DOPAC, only HVA levels were significantly decreased. Values are plotted as means \pm S.E.M; *** p < 0.001; DA dopamine, DOPAC 3,4-dihydroxyphenylacetic acid, HVA homovanillic acid.

mitochondrial toxin MPTP did not induce those protective mechanisms with the involvement of PGC-1 α .

4. Experimental procedures

4.1. Animals

12-Week-old C57Bl/6J male mice were used in this study. The animal strain was originally obtained from Jackson Labs (Jackson Laboratories, Bar Harbor, ME, USA).

The animals were housed in cages and maintained under standard laboratory conditions with 12–12 h light–dark cycle and free access to food and water. The experiments were carried out in accordance with the European Communities Council Directive (86/609/EEC) and were approved by the local animal care committee.

4.2. Treatment and sample handling

MPTP was dissolved in phosphate-buffered saline (PBS; pH adjusted to 7.4) and was administered intraperitoneally (i.p.). Animals were randomly divided into six groups (n = 7–8 in each group). The first and second group received i.p. injection of 15 mg/kg body weight MPTP 5 times at 2 h intervals. The animals in the first group were deeply anesthetized with isoflurane (Forane; Abbott Laboratories Hungary Ltd., Budapest, Hungary) and the brains were dissected ninety minutes following the last MPTP injection (acute treatment – acute (day 1) assessment), while animals in the second group were deeply anesthetized with isoflurane and the brains were dissected one week later (acute treatment – subacute (day 7) assessment). The mice in the third group were injected i.p. with 15 mg/kg body weight MPTP once a day for 12 days (low-dose chronic treatment). Ninety minutes following the last injection the animals were euthanized via isoflurane overdose as well. The fourth, fifth and sixth groups served as the respective control groups, and were injected with 0.1 M PBS according to the above-detailed treatment regimen. During the dissection process the brains were rapidly removed on ice and immediately halved at the midline. Following that, both hemispheres were further cut to obtain the striatum, cortex and cerebellum. Thereafter, these samples were stored at -80°C until the RT-PCR and HPLC analysis.

4.3. RT-PCR analysis

The left striatum, cortex and cerebellum were homogenized and Trizol reagent was used to extract RNA according to the manufacturer's protocol. The RNA was quantified spectrophotometrically, and the integrity of RNA was confirmed by gel electrophoresis using 1% agarose gel. 1 μg of total RNA was reverse-transcribed applying random hexamer primers and reverse transcriptase according to the RevertAid First Strand cDNA Synthesis Kit protocol (Thermo Fisher Scientific Inc., Marietta, OH, USA). cDNAs were kept at -20°C until further use.

Real-time PCR reactions were carried out in a 20 μl final volume.

The following, previously published primers were used: for FL-PGC-1 α , 5'-TGCCATTGTTAAGACCGAG-3' (forward) and 5'-TTGGG GTCATTTGGTGAC-3' (reverse); for NT-PGC-1 α , 5'-GGTCACTGGAA GATATGGC-3' (reverse); for CNS-PGC-1 α and Ref-PGC-1 α , 5'-AAT TGGAGCCCCATGGATGAAGG-3' and 5'-TGAGTCTGTATGGAGTGA CATCGAGTG-3' (both forward), and 5'-TCAAATGAGGG CAATCCGTC-3' (reverse), respectively (Chang et al., 2012; Soyak et al., 2012). qRT-PCR reaction conditions were 95°C for 2 min, followed by 40 cycles of 95°C for 10 s, and 60°C for 30 s. Target gene expression was normalized to the endogenous control gene 18S rRNA (Applied Biosystems, Carlsbad, CA, USA). The relative expression was determined using the $2^{-\Delta\Delta\text{Ct}}$ method (Livak and Schmittgen, 2001).

4.4. Dopamine measurement

DA and its metabolites, DOPAC and HVA were measured by reversed-phase chromatography from the right striatum of the MPTP-treated and the control animals, using an Agilent 1100 high-performance liquid chromatography (HPLC) system (Agilent Technologies, Santa Clara, CA, USA) combined with a Model 105 electrochemical detector (Precision Instruments, Marseille, France) under isocratic conditions. The striata were weighed and then homogenized in an ice-cold solution (750 μl) containing perchloric acid (70% wt/wt), sodium metabisulfite (0.1 M), disodium ethylenediaminetetraacetate (0.1 M), distilled water and 0.25 mM isoproterenol for 30 s. The homogenate was centrifuged at

12,000g for 10 min at 4°C. The supernatant was stored at –20°C until the analysis. The supernatants were measured with an Agilent 1100 high-performance liquid chromatography (HPLC) system (Agilent Technologies, Santa Clara, CA, USA) combined with a Model 105 electrochemical detector (Precision Instruments, Marseille, France) under isocratic conditions. In brief, the working potential of the detector was set at +750 mV, using a glassy carbon electrode and a Ag/AgCl reference electrode. The mobile phase containing sodium dihydrogenphosphate (75 mM), sodium octylsulfate (2.8 mM) and disodium ethylenediaminetetraacetate (50 µM) was supplemented with acetonitrile (10% v/v) and the pH was adjusted to 3 with phosphoric acid (85% w/w). The mobile phase was delivered at a rate of 1 ml/min at 40°C onto the reversed-phase column (HR-80 C18, 80 × 4.6 mm, 3 µm particle size; ESA Biosciences, Chelmsford, MA, USA) after passage through a pre-column (SecurityGuard, 4 × 3.0 mm I.D., 5 µm particle size, Phenomenex Inc., Torrance, CA, USA). 10 µl aliquots were injected by the autosampler with the cooling module set at 4°C. With regard to method validation, the following parameters are reported briefly. The LOD and LLOQ for the investigated compounds in the brain samples were 2 ng/ml and 10 ng/ml, respectively. With regard to precision, the relative standard deviation was ≤ 3.25% for the peak area responses and ≤ 0.05% for the retention times. The recoveries ranged from 109 to 110%, 108 to 109% and 99 to 102% for DA, DOPAC and HVA, respectively.

4.5. Statistics

All statistical analyses were performed with the use of the R software (R Development Core Team). The distribution of data populations was checked with the Shapiro–Wilk test, and Levene test was also performed for the analysis of the homogeneity of variances. In case of gene expression analysis, due to the necessity of a large number of comparisons of data, two-sample *t*-tests via Monte-Carlo permutation (with 10,000 random permutations) were applied for RT-PCR results. In case of HPLC analysis, all the data exhibited normal distribution and equal variances were assumed, and therefore ANOVA was used with Bonferroni post hoc comparison. The null hypothesis was rejected when the corrected *p* values were < 0.05, and in such cases the differences were considered significant. FL- and NT-PGC-1α levels of gene expression of all brain areas were calculated relative to the levels of FL-PGC-1α gene expression in the striatum, whereas the CNS- and Ref-PGC-1α expression levels of all brain areas were calculated relative to the level of CNS-PGC-1α expression in the striatum. Data with Gaussian or non-Gaussian distributions were plotted as means (± S.E.M.) or medians (and interquartile range), respectively.

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Conflict of interest

The authors declare there is no conflict of interest.

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V.

RESEARCH ARTICLE

The establishment of tocopherol reference intervals for Hungarian adult population using a validated HPLC method

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Abstract

Evidence suggests that decreased α -tocopherol (the most biologically active substance in the vitamin E group) level can cause neurological symptoms, most likely ataxia. The aim of the current study was to first provide reference intervals for serum tocopherols in the adult Hungarian population with appropriate sample size, recruiting healthy control subjects and neurological patients suffering from conditions without symptoms of ataxia, myopathy or cognitive deficiency. A validated HPLC method applying a diode array detector and rac-tocol as internal standard was utilized for that purpose. Furthermore, serum cholesterol levels were determined as well for data normalization. The calculated 2.5–97.5% reference intervals for α -, β / γ - and δ -tocopherols were 24.62–54.67, 0.81–3.69 and 0.29–1.07 μM , respectively, whereas the tocopherol/cholesterol ratios were 5.11–11.27, 0.14–0.72 and 0.06–0.22 $\mu\text{mol}/\text{mmol}$, respectively. The establishment of these reference intervals may improve the diagnostic accuracy of tocopherol measurements in certain neurological conditions with decreased tocopherol levels. Moreover, the current study draws special attention to the possible pitfalls in the complex process of the determination of reference intervals as well, including the selection of study population, the application of internal standard and method validation and the calculation of tocopherol/cholesterol ratios.

KEYWORDS

cholesterol, HPLC, human samples, reference interval, tocopherol

1 | INTRODUCTION

Most of the deleterious effects of pathological processes in the human organism are mediated by the formation of reactive species (RS; Szalárdy, Zádori, Klivényi, Toldi, & Vécsei, 2015). The synthesis and toxic effects of RS are ameliorated by a complex system of antioxidant machinery, including enzymatic (e.g. superoxide dismutase, catalase and glutathione peroxidase; Sies, 1997) and nonenzymatic mechanisms (Figure 1).

The latter group consists of numerous chemical compounds, such as vitamin E, vitamin C, coenzyme Q10, β -carotene, glutathione and flavonoids with proved antioxidant properties (Sies, 1993). In addition to the capability of these agents to react with RS, their sufficient tissue concentrations and their suitability for regeneration are desirable properties as well for efficient antioxidant protection (Rose & Bode, 1993).

Abbreviations used: α -TTP, α -tocopherol transport protein; ACN, acetonitrile; BHT, butylated hydroxy toluene; OND, other neurological disease; RI, reference interval; RS, reactive species; THF, tetrahydrofuran

The vitamin E group includes four tocotrienols and four tocopherols as lipid soluble antioxidants. Their molecular structure comprises a chromanol ring with an aliphatic side chain, unsaturated for tocotrienols and saturated for tocopherols. Depending on the number and position of methyl groups on the chromanol ring, α -, β -, γ - and δ -tocotrienols and tocopherols can be distinguished (Hacquebard & Carpentier, 2005). The bioavailability of tocotrienols is inefficient and physiological serum concentrations are low (O'Byrne et al., 2000), suggesting that under normal circumstances their role as antioxidants is negligible. However, increasing α -tocotrienol concentration by its external supplementation can ameliorate the symptoms caused by α -tocopherol deficiency (Sen, Khanna, & Roy, 2007). α -Tocopherol has the highest concentration and biological activity from the vitamin E group, while the other tocopherols have a less expressed role in antioxidant protection (Hacquebard & Carpentier, 2005). Tocopherols are taken up by the enterocytes from the intestines and they are incorporated into the secreted chylomicrons and transported to the liver (Cooper, 1997). In the liver, the cytosolic α -tocopherol transport protein (α -TTP)

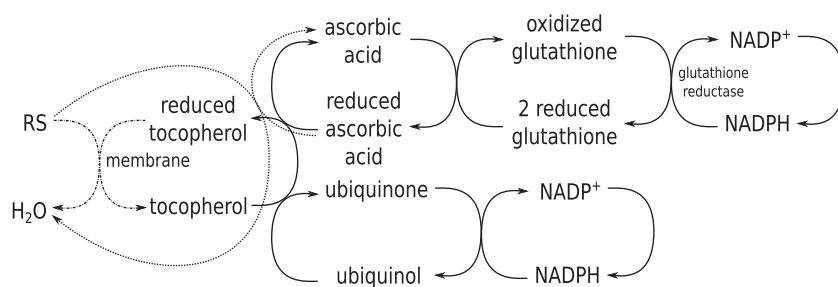


FIGURE 1 The schematic depiction of nonenzymatic mechanisms in antioxidant protection. NADPH, reduced nicotinamide adenine dinucleotide phosphate; RS, reactive species

recognizes and binds α -tocopherol with good selectivity, and the majority of the other forms of tocopherols are rapidly excreted in the bile. α -TTP is responsible for the secretion of α -tocopherol into plasma and very-low-density lipoprotein particles (Arita, Nomura, Arai, & Inoue, 1997). Very-low-density lipoprotein is catabolized on the periphery by lipoprotein lipase, localized at the endothelium, and the formed high-density lipoprotein and low-density lipoprotein particles become responsible for the distribution of α -tocopherol to extrahepatic tissues (Mardones & Rigotti, 2004). With regard to the other forms of vitamin E, there is no discrimination between them and α -tocopherol during absorption from the intestines; however, in the liver there is a preferential secretion of α -tocopherol into the blood, as well as a preferential metabolism of the other forms (Traber, 2013). Accordingly, cholesterol levels and metabolism may considerably influence the bioavailability of tocopherols (Schmölz, Birringer, Lorkowski, & Wallert, 2016).

The major causes of severe tocopherol deficiency are malabsorption disorders with decreased intestinal lipid uptake (e.g. cholestasis, cystic fibrosis, short bowel syndrome), abetalipoproteinemia and ataxia with vitamin E deficiency where the underlying pathological alteration is the decreased activity of α -TTP caused by mutations in the TTPA gene (Morley et al., 2004).

Decreased vitamin-E levels are associated with several neurological symptoms, such as cerebellar ataxia, peripheral neuropathy and myopathy (Muller, 2010; Ueda et al., 2009), as the nervous system is particularly sensitive to oxidative damage resulting from reduced antioxidant capacity (Zádori, Klivényi, Plangár, Toldi, & Vécsei, 2011; Zádori et al., 2012). Accordingly, in addition to the above-mentioned disorders with their characteristic symptoms, some other neuropsychiatric conditions, such as Alzheimer's disease (Lopes da Silva et al., 2014) and the exacerbation of multiple sclerosis (Karg et al., 1999) can also be accompanied by significantly reduced serum or plasma tocopherol levels. Therefore, the measurement of serum tocopherol levels is advised to be part of the differential diagnostic process in certain neuropsychiatric conditions. The establishment of unbiased reference values for the targeted population is essential for that purpose.

The aim of the current study was to develop an unbiased method for tocopherol (α -, β/γ - and δ -tocopherol) measurements in human serum samples and to hereby establish reference intervals (RI) via the participation of 120 individuals for the adult Hungarian population based on the pooling of the values of control subjects without any chronic disease and neurological patients suffering from conditions without symptoms of ataxia, myopathy or cognitive deficiency (the so-called control group of other neurological diseases; OND).

2 | MATERIALS AND METHODS

2.1 | Materials

The investigated reference compounds [α -, γ -, δ -tocopherol; (2R)-2,5,7,8-tetramethyl-2-[(4R,8R)-(4,8,12-trimethyltridecyl)]-6-chroman-ol, (2R)-2,7,8-trimethyl-2-[(4R,8R)-4,8,12-trimethyltridecyl]-6-chroman-ol, (2R)-2,8-dimethyl-2-[(4R,8R)-4,8,12-trimethyltridecyl]-6-chroman-ol, respectively], ammonium acetate, ascorbic acid [(5R)-[(1S)-1,2-dihydroxyethyl]-3,4-dihydroxyfuran-2(5H)-one], butylated hydroxy toluene (BHT), dioxane and methanol were purchased from Sigma-Aldrich (Saint Louis, MO, USA), rac-tocol [2-methyl-2-(4,8,12-trimethyltridecyl)-6-chroman-ol, as internal standard] was purchased from Matreya LLC. (Pleasant Gap, PA, USA), and acetonitrile (ACN), absolute ethanol, *n*-hexane and tetrahydrofuran (THF) were purchased from VWR International (Radnor, PA, USA).

2.2 | Enrollment criteria and sample preparation

The study sample population comprised 30 male (age range 21–71 years, mean age 49.50 year) and 30 female volunteer individuals (age range 25–76 years, mean age 50.03 year) without any major chronic illness and 30 male (age range 18–73 years, mean age 49.43 year) and 30 female (age range 24–78 years, mean age 49.60 year) patients with OND (main diagnoses for males were the following: ischemic stroke, 8; Parkinson's disease, 5; epilepsy, 5; lumbar disk disorder, 3; and other, 9; main diagnoses for females were the following: multiple sclerosis in remission, 8; ischemic stroke, 6; epilepsy, 5; and other, 11) where the presence of ataxia, myopathy or cognitive dysfunction were excluding criteria. The distribution of the age of the subjects was Gaussian in all groups ($p > 0.05$, Anderson–Darling test) and the variances were equal ($p = 0.98$, Levene test). There was no significant difference between the groups ($F = 0.01$, $p = 0.99$, one-way ANOVA). The recent regular intake of antihyperlipidemic agents or any kind of drugs or food supplements containing antioxidants were exclusion criteria as well in all groups. All participating individuals were of Hungarian origin and were enrolled in the Department of Neurology at the University of Szeged. The study was approved by the Ethics Committee of the Faculty of Medicine, University of Szeged (19/2014). All study participants gave their written informed consent, in accordance with the Declaration of Helsinki.

Blood was collected by venipuncture into gold-top vacutainers following fasting for 12 h. The blood was immediately centrifuged at 3500 rpm for 10 min. A 200 μ L aliquot of the supernatant serum was shot into a solution containing 200 μ L ascorbic acid (0.085 M) and

400 μL BHT (1.14 mM) and the resulting solution was stored at -80°C until measurement, while the remaining serum was aliquoted and stored at -80°C as well.

Before high-performance liquid chromatography (HPLC) measurement, 600 μL *n*-hexane containing 1.14 mM BHT and rac-tocol as internal standard was added to the freshly thawed serum samples treated with antioxidants (800 μL). This mixture was mixed for 1 min, then centrifuged at 3500 rpm for 5 min at 4°C . The hexane layer was transferred to a test vial and evaporated under nitrogen flow. The residue was reconstituted with 75 μL ACN and 50 μL EtOH-dioxane (1:1). The resulting solution was transferred into a 200 μL glass insert placed into an amber-colored vial for measurement.

2.3 | Serum cholesterol and triglyceride measurement

Total cholesterol and triglyceride levels were determined by commercially available kits from Diasys (Diagnostics Systems GmbH, Holzheim, Germany) on Roche Modular P800 analyser (Roche, Rotkreuz, Switzerland).

2.4 | Chromatographic conditions

The concentrations of α -, β/γ -, δ -tocopherol were quantified with an Agilent 1200 HPLC system (Agilent Technologies, Santa Clara, CA, USA) equipped with an UV/VIS diode array detector applying the modified method of Hess, Keller, Oberlin, Bonfanti, and Schuep (1991). Chromatographic separations were performed on an Alltech Prevail C_{18} column, 150×4.6 mm i.d., 5 μm particle size (Alltech Associates Inc., Deerfield, IL, USA) after passage through a SecurityGuard pre-column, 4×3.0 mm i.d., 5 μm particle size (Phenomenex Inc., Torrance, CA, USA) with a mobile phase composition of ACN-THF-MeOH-1% w/v ammonium acetate-distilled water (684:220:68:28:28) applying isocratic elution. The flow rate and the injection volume were 2.1 mL/min and 50 μL , respectively. The detector was set at 292 (α -tocopherol) and 297 (β/γ -, δ -tocopherol, rac-tocol) nm.

Separating β - and γ -tocopherol is challenging because they only differ in the position of a methyl group. With the use of a C_{18} column these two compounds have almost the same retention times (Saha, Walia, Kundu, & Pathak, 2013). The β - and γ -tocopherols can only be separated with the application of special columns and methods (Gornas et al., 2014; Grebenstein & Frank, 2012), the application of which may be challenging for routine clinical practice. Accordingly, only γ -tocopherol was applied as a standard compound for the establishment of the calibration curve in this study, and the concentration at the corresponding retention time includes both substances and is reported as β/γ -tocopherol.

2.5 | HPLC method validation for serum samples

2.5.1 | Calibration curve and linearity

Calibrants were prepared in six different concentration levels and spiked serum samples were used with concentration ranges of 0–40, 0–6, 0–6 and 0–24 μM for α -, β/γ -, δ -tocopherol and rac-tocol, respectively. The peak area responses were plotted against the

corresponding concentration, and linear regression computations were carried out by the least square method with the freely available R software (R Development Core Team, 2002). Very good linearity ($R^2 \geq 0.99$) was observed throughout the concentration ranges for α -, β/γ -, δ -tocopherol and rac-tocol.

2.5.2 | Selectivity

The selectivity of the method was checked by comparing the chromatograms of α -, β/γ -, δ -tocopherol and rac-tocol for a blank serum sample and those for a spiked sample. All compounds could be detected in their own selected chromatograms without any significant interference, as can be seen in Figure 2.

2.5.3 | Precision

For the determination of within-run precision five samples for four concentration levels were applied (i.e., 20 replicates altogether). This study was repeated two more times with at least one week intervals to obtain between-run precision. With regard to within-run precision the coefficients of variation of the measured concentrations were 4.53, 3.72 and 5.11% for α -, β/γ - and δ -tocopherols, respectively, whereas in case of between-run precision, they were 3.59, 5.93 and 4.76% for α -, β/γ - and δ -tocopherol, respectively.

2.5.4 | Recovery

The relative recoveries were estimated by measuring spiked samples of α -, β/γ - and δ -tocopherol at two different concentrations with three replicates of each. No significant differences were observed for the lower and higher concentrations. The recoveries for the serum samples ranged from 86 to 105%, from 95 to 108% and from 116 to 124% for α -, β/γ - and δ -tocopherol, respectively.

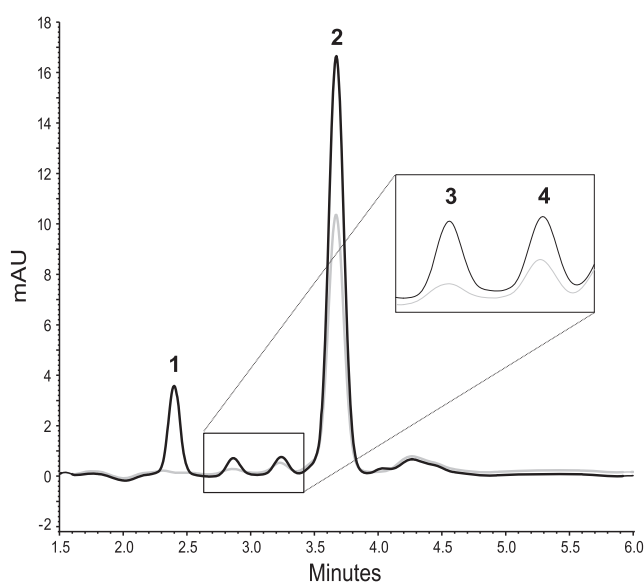


FIGURE 2 The representative chromatograms of tocopherol measurement. The gray line represents a blank serum sample which was spiked with a mixture containing rac-tocol (1), α -tocopherol (2), γ -tocopherol (4) and δ -tocopherol (3) (black line). The peak spiked with γ -tocopherol may contain β -tocopherol from the blank serum as well

2.6 | Statistics

All statistical calculations were performed with the use of the freely available R software (R Development Core Team, 2002) according to the International Federation of Clinical Chemistry and Laboratory Medicine and Clinical and Laboratory Standards Institute guidelines (Horowitz, 2016). Based on these guidelines, the minimum required number of individuals for the determination of RI with the bootstrap method is at least 100. First we checked the distribution of our data with the Anderson–Darling test and we also performed the Levene test for analysis of the homogeneity of variances. If the distribution proved to be Gaussian and the variances were equal, one-way ANOVA was applied to compare the groups, otherwise the Kruskal–Wallis test was utilized. To obtain the necessary quantiles and their confidence intervals for the determination of the reference intervals, the bootstrap method (1000 iterations) was applied. The correlation between the concentration of the measured compounds and the age of individuals in the sample population was examined with the nonparametric Spearman's test. We rejected the null hypothesis when the corrected p -values were ≤ 0.05 , and in such cases the differences were considered significant. Data with Gaussian or non-Gaussian distributions were plotted as means (\pm SD) or medians (and interquartile range), respectively.

3 | RESULTS

The group-wise comparisons failed to detect any significant difference between groups regarding the concentrations of α -tocopherol ($p = 0.48$, $\chi^2 = 2.46$; Kruskal–Wallis test), β/γ -tocopherol ($p = 0.47$,

$\chi^2 = 2.53$; Kruskal–Wallis test) or δ -tocopherol ($p = 0.82$, $\chi^2 = 0.94$; Kruskal–Wallis test; Table 1).

Accordingly, in order to establish RI with appropriate subject numbers, the values for each measured compounds were pooled and the minimum required sample size ($n = 120$) was achieved. For the determination of lower (2.5%) and upper (97.5%) RI with the corresponding confidence intervals and standard errors, the bootstrap method was applied and the results are demonstrated in Table 2.

To obtain cholesterol-corrected tocopherol values as well, serum cholesterol concentrations were determined for each subject [median and interquartile range 4.99 mM (4.31–5.54)] and the tocopherol/cholesterol ratios were calculated. The bootstrap method was applied again for the lipid corrected values (Table 3). To assess the incidental effect of age on measured serum lipid levels, the Spearman test was performed. The cholesterol levels positively correlated with the age of subjects ($p < 0.001$, Spearman's $\rho = 0.34$; Figure 3).

In the case of uncorrected α - and β/γ -tocopherol concentrations, this correlation with age is present as well (α -tocopherol: $p = 0.002$, Spearman's $\rho = 0.28$, Figure 4A; β/γ -tocopherol: $p = 0.001$, Spearman's $\rho = 0.29$, Figure 4C) whereas δ -tocopherol levels did not correlate with age ($p = 0.98$, Spearman's $\rho = 0.003$, Figure 4E). When tocopherol levels were normalized to cholesterol levels, all the correlations with age were eliminated (α -tocopherol: $p = 0.99$, Spearman's $\rho = -0.0007$, Figure 4B; β/γ -tocopherol: $p = 0.14$, Spearman's $\rho = 0.14$, Figure 4D; δ -tocopherol: $p = 0.051$, Spearman's $\rho = -0.18$, Figure 4F).

TABLE 1 Serum tocopherol concentrations of subjects belonging to the control and OND groups

| | Controls (women) | Controls (men) | OND patients (women) | OND patients (men) | Group comparisons (p) |
|--|---------------------|---------------------|----------------------|---------------------|---------------------------|
| α -Tocopherol (μM) | 38.08 (33.70–44.10) | 35.38 (31.35–45.83) | 34.26 (29.40–41.60) | 33.93 (30.54–41.08) | 0.48 ($\chi^2 = 2.46$) |
| β/γ -Tocopherol (μM) | 1.83 (1.32–2.23) | 1.68 (1.39–2.52) | 1.57 (1.33–1.82) | 1.75 (1.52–2.21) | 0.47 ($\chi^2 = 2.53$) |
| δ -Tocopherol (μM) | 0.63 (0.52–0.86) | 0.62 (0.53–0.78) | 0.62 (0.55–0.82) | 0.65 (0.57–0.75) | 0.82 ($\chi^2 = 0.94$) |

Group-wise comparisons (Kruskal–Wallis test) of the four groups failed to detect any significant difference between serum tocopherol levels. Data are presented as median and interquartile range. OND, Other neurological disease.

TABLE 2 The calculated uncorrected lower (2.5%) and upper (97.5%) reference intervals for tocopherols for the assessed Hungarian population ($n = 120$)

| | 2.5% | SE | CI (95%) | 97.5% | SE | CI (95%) |
|--|-------|------|-------------|-------|------|-------------|
| α -Tocopherol (μM) | 24.62 | 0.76 | 23.24–26.26 | 54.67 | 4.09 | 46.88–61.84 |
| β/γ -Tocopherol (μM) | 0.81 | 0.13 | 0.60–1.11 | 3.69 | 0.45 | 2.71–4.55 |
| δ -Tocopherol (μM) | 0.29 | 0.03 | 0.22–0.32 | 1.07 | 0.13 | 0.80–1.29 |

SE, Standard error; CI, confidence interval.

TABLE 3 The calculated cholesterol corrected lower (2.5%) and upper (97.5%) reference intervals for tocopherols for the assessed Hungarian population ($n = 120$)

| | 2.5% | SE | CI (95%) | 97.5% | SE | CI (95%) |
|--|------|------|-----------|-------|------|------------|
| α -Tocopherol ($\mu\text{mol}/\text{mmol}$) | 5.11 | 0.14 | 4.79–5.36 | 11.27 | 0.69 | 9.91–12.82 |
| β/γ -Tocopherol ($\mu\text{mol}/\text{mmol}$) | 0.14 | 0.02 | 0.10–0.19 | 0.72 | 0.07 | 0.60–0.88 |
| δ -Tocopherol ($\mu\text{mol}/\text{mmol}$) | 0.06 | 0.01 | 0.05–0.07 | 0.22 | 0.03 | 0.16–0.27 |

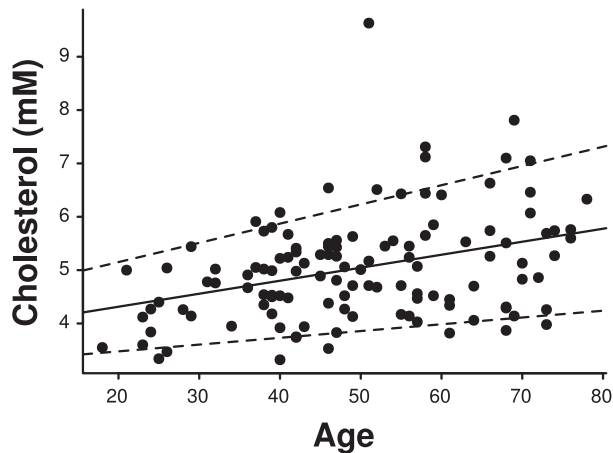


FIGURE 3 Serum cholesterol concentrations in function of age. There is a positive correlation between cholesterol levels and age ($p < 0.001$, Spearman's $\rho = 0.34$)

4 | DISCUSSION

The determination of exact serum tocopherol concentrations may be substantial for the diagnosis and therapeutic monitoring of certain conditions usually accompanied by neurological symptoms, such as ataxia, myopathy or cognitive deficiency (La Fata, Weber, & Mohajeri, 2014; Muller, 2010). Although the symptoms of genetically determined disorders with tocopherol deficiency usually manifest during childhood (Raizman et al., 2014), malabsorption disorders and late-onset genetically determined metabolic conditions preferentially appear in adulthood, indicating the need for tocopherol measurement in adult population as well (Ueda et al., 2009). However, these concentrations alone hold little diagnostic value, for proper evaluation physicians need a well-established RI, which can considerably vary between populations (Table S1 in the Supporting Information). The underlying cause of this variation may be multifactorial, mainly including nonstandardized patient selection criteria and some methodological issues. The

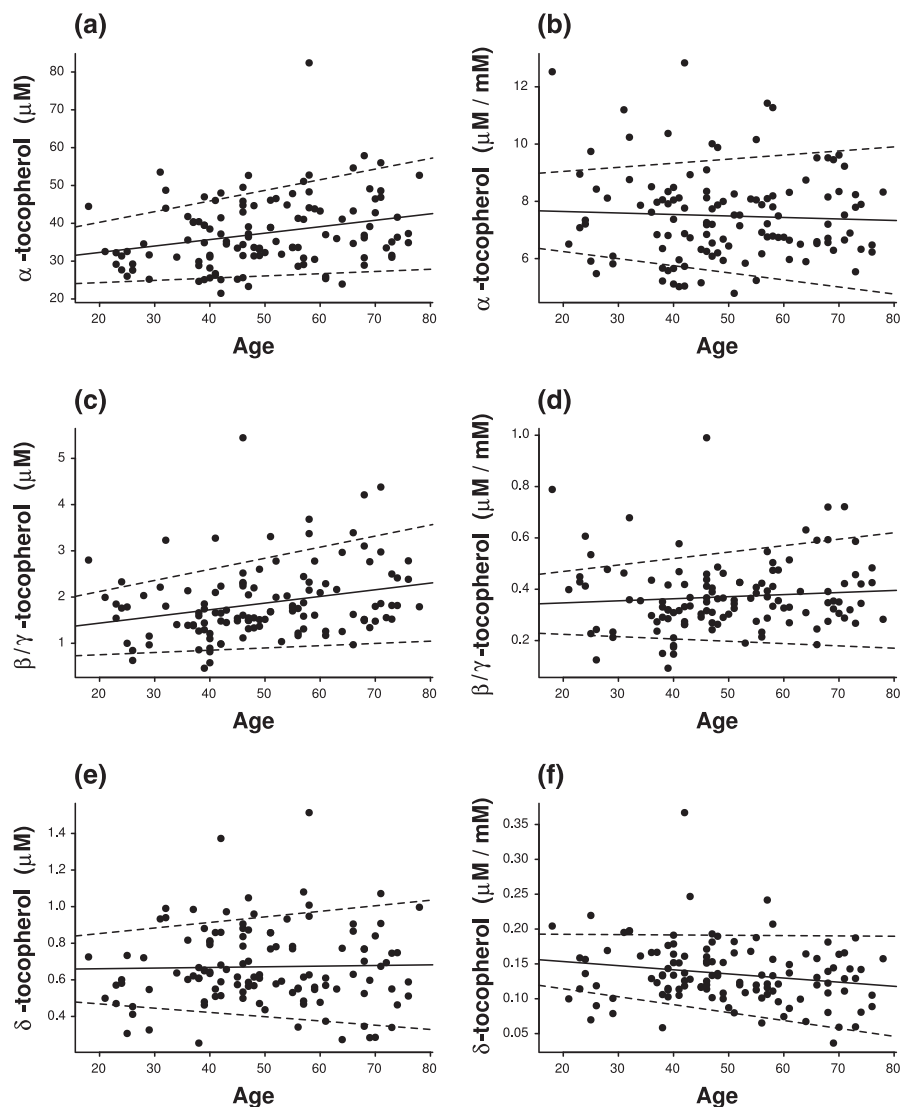


FIGURE 4 Serum tocopherol concentrations and tocopherol/cholesterol ratios plotted against the age of participants. The level of α -tocopherol positively correlates with age ($p = 0.002$, Spearman's $\rho = 0.28$; A), similarly to β/γ -tocopherol ($p = 0.001$, Spearman's $\rho = 0.29$; C), whereas δ -tocopherol levels do not correlate with age ($p = 0.98$, Spearman's $\rho = 0.003$; E). The cholesterol corrected values of α -tocopherol ($p = 0.99$, Spearman's $\rho = -0.0007$; B) and β/γ -tocopherol ($p = 0.14$, Spearman's $\rho = 0.14$; D) do not further significantly correlate with age, and the correlation of δ -tocopherol levels with age also remained nonsignificant ($p = 0.051$, Spearman's $\rho = -0.18$; F)

aim of the current study was to establish RIs for the Hungarian population and to compare the method of patient selection and the analytical procedure with those of previously published studies.

The investigated population in this study is homogeneously distributed with regard to age and covers a considerably wide age range for the adult population. The selection of a homogeneous study population may have a special importance, because age distribution can considerably influence reference values in light of the fact that the levels of certain tocopherols significantly increase with age (Figure 4; Rifkind & Segal, 1983). Accordingly when the investigated reference population includes young individuals, the results may be skewed to lower levels (Ford, Schleicher, Mokdad, Ajani, & Liu, 2006; Paliakov et al., 2009; Quesada, Mata-Granados, & Luque De Castro, 2004; Zhao, Monahan, McNulty, Gibney, & Gibney, 2014). Moving on to another qualitative aspect of the composition of the study population, in addition to the involvement of subjects without any chronic illness, the group of assessed individuals also comprised patients with different neurological disorders where tocopherol levels were not previously reported to be abnormal (the establishment of the so-called control group of OND). This study setup may ensure the absence of significant alterations of tocopherol levels in neurological cases lacking the symptoms of ataxia, myopathy and cognitive deficiency, which may be important for future screening studies. Following thorough statistical assessment resulting in the lack of significant differences, these subgroups become suitable for pooling, i.e. the number of individuals in the reference population can be increased easily to the desired level. Several previous studies lack this study setup including well-detailed description of the health condition of reference individuals, possibly introducing a bias into the reference values (Table S1; Paliakov et al., 2009; Quesada et al., 2004). In the current study design, special attention was paid to dietary factors and to the intake of special medicines (e.g. statins) and food supplements as well, because these may considerably alter the levels of the assessed compounds (Colquhoun et al., 2005). The lack of this kind of standardization introduces another bias into the establishment of RIs (Table S1; Winbauer, Pingree, & Nuttall, 1999; Yuan et al., 2014).

With regard to the analytical procedure of the determination of tocopherol concentrations from biological matrices, several difficulties can emerge as well. While the use of serum or heparinized plasma for measurement does not affect α -tocopherol level (Table S1), the application of oxalate, citrate or ethylenediaminetetraacetic acid significantly reduces its concentration (Nierenberg & Lester, 1985). The most problematic step in the measurement process may be the sample preparation, which includes liquid-liquid extraction into *n*-hexane, evaporation under nitrogen flow and reconstitution in organic solvents. The emerging problems during these steps and during sample injection can considerably contribute to the overall error of the measurement. Internal standards in known quantity can be utilized to compensate for the bias between the measured and true concentrations. In the current study, rac-tocol was applied as internal standard, but several other compounds can be utilized (Table S1).

Another important matter may be the validation of the applied analytical procedure, which can provide valuable information about the robustness of the measurement and the validity of the reported

values. For scientific publications at least a partial method validation is required (ICH, 1995). Without method validation the reliability of the presented data is questionable. Approximately 80% of the previous studies presenting human tocopherol concentrations applied a validation procedure (Table S1).

Tocopherol levels are often reported as tocopherol-cholesterol ratios based on the fact that there is a close relationship between the concentrations of tocopherols and lipids in the blood (Thurnham, Davies, Crump, Situnayake, & Davis, 1986). However, under special circumstances lipid-corrected tocopherol levels can be misleading, because it was reported that malnutrition and infectious diseases in children can lower the levels of circulating cholesterol and its lipoprotein carriers, which alteration can mask decreased tocopherol levels if only corrected values are reported (Das, Thurnham, & Das, 1996; Sauerwein et al., 1997; Squali Houssaini et al., 2001). Contrarily, when obese children were investigated, their α -tocopherol levels were normal while their tocopherol-cholesterol ratios were significantly lower compared with the control group (Strauss, 1999). With regard to adults, in light of the fact that lipid status can vary with aging (Figure 3; Rifkind & Segal, 1983), the application of lipid-corrected values may be necessary for the characterization of vitamin E status (Horwitt, Harvey, Dahm, & Searcy, 1972; Thurnham et al., 1986). Nevertheless, the report of serum tocopherol concentrations with lipid ratios may be practical for the proper evaluation of tocopherol status. However, only one-third of the papers reported both of them (Table S1 in the Supporting Information).

In conclusion, the current study presents RIs for the first time for serum tocopherol concentrations and their corresponding cholesterol corrected values with regard to the adult Hungarian population. These results can facilitate the diagnostic process for certain neurological conditions, such as ataxia with vitamin E deficiency. Moreover, this paper draws attention to the importance of thorough design associated with the establishment of these RIs and the possible pitfalls in tocopherol measurements.

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DISCLOSURE OF INTEREST

The authors report no conflict of interest.

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SUPPORTING INFORMATION

Additional Supporting Information may be found online in the supporting information tab for this article.

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