

THESIS FOR THE DEGREE OF DOCTOR OF PHILOSOPHY (PhD)

**EX VIVO ADHERENT CULTURES FOR OCULAR DISEASE
MODELING, CHARACTERISATION AND INFLAMMATION STUDIES**

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List of abbreviations

ABCG-2	ATP-binding cassette sub-family G member 2
ACh	Acetylcholine
aLC	Anterior lens capsule
AR	Aldose reductase
AM	Acetoxymethyl
APC	Allophycocyanin
b-FGF	Basic fibroblast growth factor
CAMs	Cell adhesion molecules
CK19/8-18	Cytokeratin
CXCR4	C-X-C chemokine receptor type 4
DMEM	Dulbecco-modified Eagle's medium
DMSO	Dimethyl sulfoxide
DAPI	4',6-diamidino-2-phenylindole
ECM	Extracellular matrix
ELISA	Enzyme-linked immunosorbent assay
EMT	Epithelial-Mesenchymal Transition
FBS/FCS	Fetal bovine/calf serum
FITC	Fluorescein isothiocyanate
fvERMs	Fibrovascular epiretinal membranes
hTERT	Human telomerase reverse transcriptase
HMGB1	High-mobility group box-1
HIF-1 α	Hypoxia-inducible factor 1-alpha
ICB	Iris-ciliary body
IL-6/IL-8	Interleukin 6/8
LEC	Lens epithelial cell
LESC	Limbal epithelial stem cell
LPS	Lipopolysaccharide
M1mAChR	Muscarinic receptors
MMC	Mitomycin C
MMP	Matrix metalloproteinases
MSCs	Mesenchymal stem cells
MUC1	Mucin 1
nAChR	Nicotinic receptors
NF- κ B	Nuclear factor kappa-light-chain-enhancer of activated B cells
OCT-4	Octamer-binding transcription factor 4
PBS	Phosphate buffered saline
PDR	Proliferative diabetic retinopathy
PI	Propidium Iodide
PE	Phycoerythrin
PDR	Proliferative diabetic retinopathy
PCNA	Proliferating cell nuclear antigen
PGE2	Prostaglandin E2
ROI	Region of interest
ROS	Reactive oxygen species
RPE	Retinal pigment epithelium

SCs	Specific stem cells
SD	Standard deviation
Sox-2	Sex determining region Y)-box 2
TGF	Transforming growth factor
TNF α	Tumor necrosis factor alpha
TUNEL	Terminal deoxynucleotidyl transferase (TdT)-mediated dUTP nick-end labeling
Δ Np63	Tumor protein p63
UV	Ultraviolet radiation
Vim	Vimentin
8-OHdG	8-hydroxy-2'-deoxyguanosine

Summary

Development of *ex vivo* models to study pathogenesis, inflammation and treatment modalities for different eye disorders such as pterygium, cataract and fibrovascular epiretinal membranes (fvERMs) from proliferative diabetic retinopathy (PDR) is much needed. A novel, simple, and reproducible method for cultivating such pathological tissues obtained from human eyes during surgery was hereby developed using viscoelastic material as a tissue adherent to facilitate cell attachment.

Pterygium obtained from surgery was cultivated until reaching 3D stratification over long periods of cultivation *ex vivo* (3 months). Surface profiling of the multi-layered outgrowing cells from the pterygium was performed to test for presence of hematopoietic- and mesenchymal- stem cell markers, as well as determine the origin of the outgrowing cells. Examination of these cells by immunohistochemistry using pluripotency, oxidative stress, stemness, migration and proliferation, epithelial and secretory markers was also performed, while the effect of anti-proliferative agent Mitomycin C upon secretion of pro-inflammatory cytokines IL-6 and IL-8 was assessed.

The 3D outgrowing cells from the pterygium showed high expression of migration- (CXCR4), secretory- (MUC1, MUC4) and oxidative damage- (8-OHdG) markers, and low expression of hypoxia- (HIF-1 α) and proliferation- (Ki-67) markers. Moderate and low expression of the pluripotency markers (Vimentin and Δ Np63) was present, respectively, while the putative markers of stemness (Sox2, Oct4, ABCG-2) and epithelial cell markers- (CK19, CK8-18) were weakly expressed. The surface marker profile of the outgrowing cells revealed high expression of the hematopoietic marker CD47, mesenchymal markers CD90 and CD73, minor or less positivity for the hematopoietic marker CD34, mesenchymal marker CD105, progenitor marker CD117 and attachment protein markers. The 3D outgrowing cells secreted low levels of IL-6 and IL-8 *ex vivo*, which were inhibited upon Mitomycin C treatment.

The *ex vivo* tissue engineered pterygium consists of a mixture of cells of different lineage origin, suitable for use as a disease model for studying pathogenesis *ex vivo*, while opening possibilities for new treatment and prevention modalities.

Furthermore, anterior lens capsule-lens epithelial cells (aLC-LECs) from cataract surgery and fvERMs from human eyes undergoing vitrectomy for PDR were used. The aLC-LECs and the fvERM cells were expanded *ex vivo* in a 2D-monolayer culture. The aLC-LECs underwent calcium imaging upon challenge by mechanical and acetylcholine (ACh) stimulation, while the fvERM outgrowing cells underwent inflammatory studies.

The aLC-LECs stimulated by mechanical and ACh treatment showed active calcium signaling and presence of ACh receptors in these cells. The fvERMs could be activated to undergo an inflammatory response upon TNF α treatment, which can serve as an *ex vivo* study model for studying PDR and inflammation in *in vivo* –like conditions.

1. Introduction

The eye is a sensory organ protected from foreign materials by its curved architecture, compartmental organization, impermeable epithelium, tear secretion, and ocular drainage pathways. It is a slightly asymmetrical sphere with an approximate length of 24-25 mm and a transverse diameter of 24 mm.

It is composed of three layers: 1) external layer or so called connective tissue, which consists of transparent cornea connected to white sclera via the limbus; 2) intermediate layer or vascular tissue composed of the choroid as well as the ciliary body in the middle connected by the iris in front of the globe; 3) internal layer or neural tissue constituted of the retina, which has the function of transmitting the electrical impulse to the brain through the optic nerve. There is also another important transparent entity inside the eye called the lens, located behind the iris and between the ciliary body. The eye consists of two segments, anterior segment which represents a smaller part of the eye and consists of the cornea, conjunctiva, iris–ciliary body (ICB), lens and aqueous humor, and posterior segment representing the major ocular structure consisting of the sclera, choroid, and retina surrounding the vitreous cavity filled with the vitreous humor (**Fig. 1**) (1, 2).

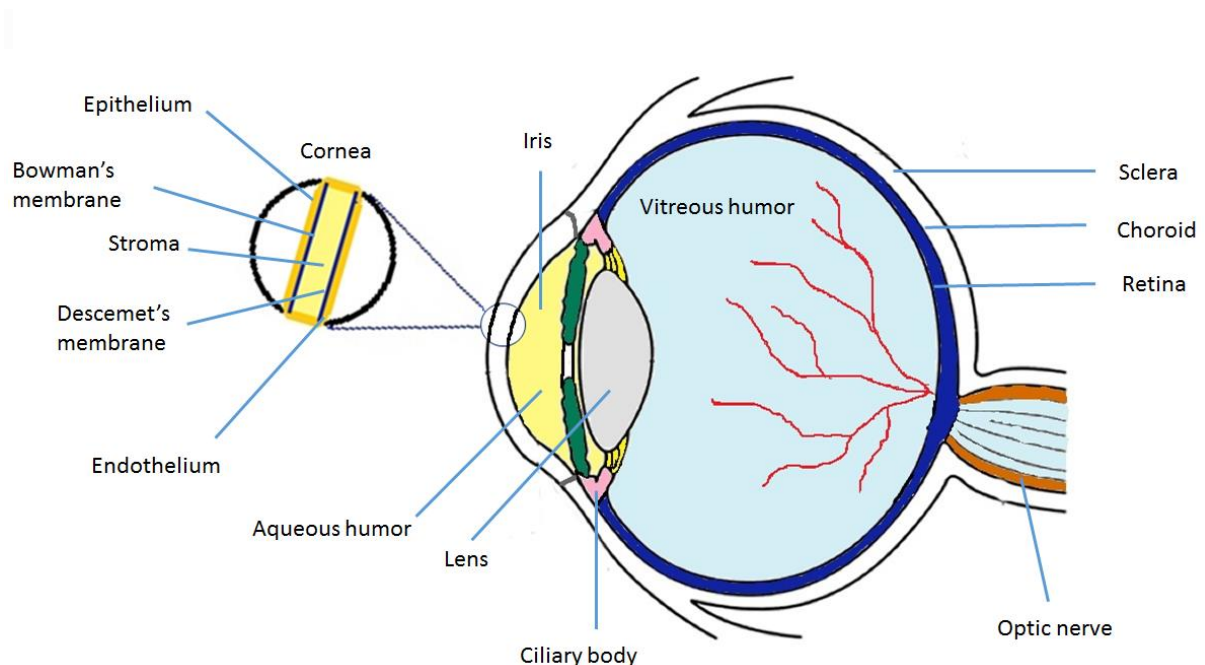


Figure 1. Anatomy of the eye

1.1 Conjunctiva

The conjunctiva is a transparent mucous membrane lining the inner surface of the eyelids and the anterior surface of the globe, terminating at the corneoscleral rim. It has a dense lymphatic supply and an abundance of immunocompetent cells.

Between the cornea and conjunctiva, there is a junction called limbus which contains epithelial and stem cells - these act like a barrier which prevents outgrowing of the conjunctiva onto the cornea.

1.2 Pterygium

Pterygium is a triangular fibrovascular subepithelial ingrowth of degenerative bulbar conjunctival tissue over the limbus and onto the cornea, which is invasive and highly vascularized; it is believed to arise from activated and proliferating limbal epithelia stem cells (LESCs). The pathogenesis of this disorder remains uncertain, although it is thought to be mainly caused by ultraviolet (UV) radiation. Alternatively, a wide range of pathogenic factors have been proposed, including viral infections, epigenetic aberrations, epithelial-mesenchymal transition, immunologic and anti-apoptotic mechanisms, angiogenic and lymphangiogenic stimulation, dysregulation of extracellular matrix (ECM) modulators and growth factors, inflammation cascades, recruitment of bone-marrow-derived stem- and progenitor cells, and modifications in the cholesterol metabolism. Most of these factors are related more to the development and maintenance of the disease than to its origin (3-5).

Sometimes pterygia can extend upon the pupillary axis and cause vision loss. They usually grow from the nasal side into the interpalbebral area (**Fig. 2**), possibly due to the sun's rays passing laterally through the cornea unobstructed, where they get refracted and become focused on the medial limbal area. When the sun's rays are passing medially, the shadow of the nose can act to reduce the intensity of sunlight focused on the lateral limbal area (6). If there is progression towards the visual axis or if the lesion is cosmetically unacceptable, then surgical excision is indicated. Recurrence is common after surgery, but it is reduced by complete excision with beta irradiation, Mitomycin C (MMC) in connection with conjunctival autografts or amniotic membrane transplantation (7-9).

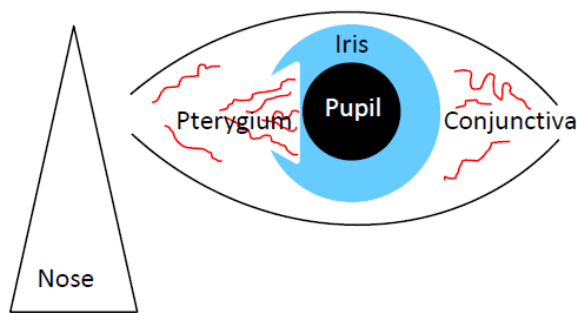


Figure 2. Anatomy of the pterygium of the eye

1.3 Lens

In order to accomplish its function of transmitting and focusing light, the crystalline lens of the vertebrate eye has evolved into a unique cellular

structure and protein complement. Like the lens in a photo camera, the basic function of the lens of the eye is to transmit and focus light onto the retina. To facilitate this, it contains one of the highest concentrations of proteins of any tissue. As much as 60% of the total mass of the lens can be made up of proteins and water, much higher than almost any other tissue. Apart from that, it contains other constituents, such as lipids, amino acids, electrolytes, peptides and carbohydrates, that account for only 1% of the lens wet weight (10, 11).

The lens is transparent, devoid of blood supply and innervation at birth. It is composed of epithelial cells that differentiate into long fiber cells reaching the anterior and posterior poles of the lens.

The crystalline lens grows and changes its shape throughout life from a rounded ovoid in childhood, to a more flattened ovoid in old age. The lens contains capsule, which is an acellular and elastic structure that contains the growing mass of developing and differentiating lens cells, an anterior and equatorial layer of epithelium, a peripheral cortical region, and an inner nuclear core. The capsule acts as a barrier to diffusion and takes role in shaping the lens during accommodation. Its main components are type IV collagen, laminin, entactin, perlecan, type XVIII collagen, heparin sulfate proteoglycan, and fibronectin.

The anterior lens capsule (aLC) remains as a basement membrane supporting the lens epithelial cells (LECs), while the posterior capsule is a thin membrane that is merely adherent to the fiber cells growing along its inner surface. The thickness of the anterior capsule increases with age and the capsule is always thinnest posteriorly.

The cells located in the epithelium can divide and differentiate into lens cell fibers, however, the remaining epithelium which does not normally divide has a role in transporting solutes between the lens and the aqueous humor. The anterior cuboidal epithelial cells of the lens allow exchange of low molecular-weight metabolites and ions. The cells are also rich in

organelles and contain large amounts of cytoskeletal proteins such as microtubules, spectrin, α -actinin, actin, myosin, and vimentin, presumably to help stabilize the cell structures during accommodation. Both LECs and especially fiber cells contain large amounts of crystallins (10-12).

1.4 Cataract of the lens

Cataract refers to any opacity of various degree of the crystalline lens, which in normal conditions is almost completely transparent (**Fig. 3**). During aging, the lens increases in overall size and loses the ability to accommodate. Continued growth of the lens fibers with aging causes the nucleus to become compressed and less flexible. Furthermore the proteins of the nuclear lens start to aggregate and produce pigmentation to decrease the transparency causing the lens nucleus to appear yellow or brown where there is excess pigmentation. Cataractous changes can involve any of the structures of the lens like the nucleus and cortex, as well as anterior and posterior subcapsular areas (13).

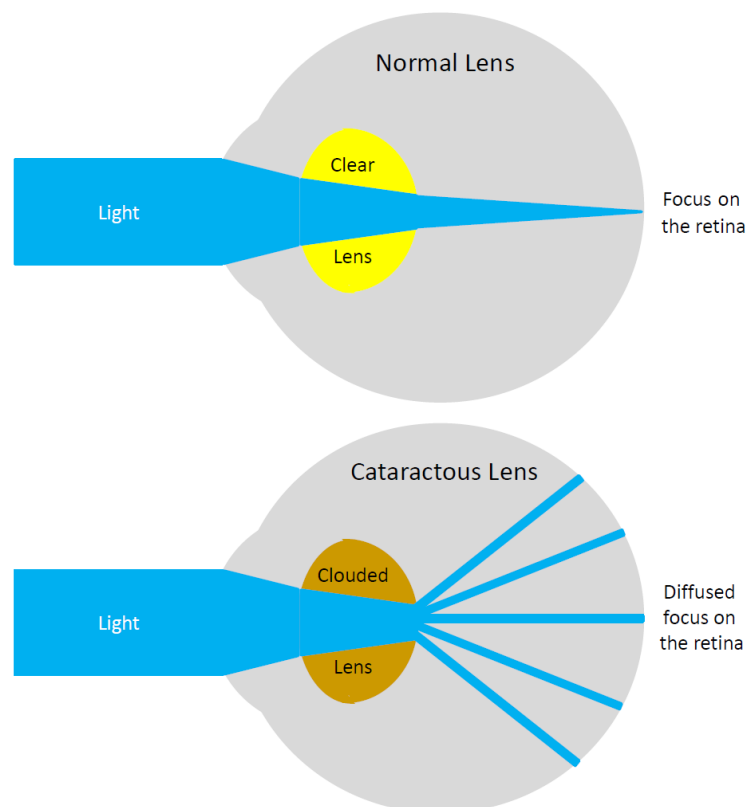


Figure 3. Normal vs. lens affected by cataract

2. Aims of the study

1. To adherently cultivate *ex vivo* three types of tissues: pterygium, aLCs containing LECs and a pathologic fibrovascular tissue/fibrovascular epiretinal membranes (fvERMs).
2. To achieve 2D and/or 3D outgrowth of cells from the cultivated tissues and to characterize molecularly these cells upon different treatments, as well as measure the secretion of inflammatory/pro-angiogenic cytokines (IL-6 and IL-8) from them.
3. To investigate the surface marker phenotype of the pterygium outgrowing cells using markers for hematopoietic and mesenchymal stem cells (MSCs), as well as cell adhesion molecules (CAMs) in order to determine the possible origin of the cells.
4. To measure intracellular calcium dynamics upon mechanical stimulation, as well as calcium signalling and intercellular communication upon Acetylcholine (ACh) stimulation in aLCs containing LECs.

3. Materials and methods

3.1.1 Pterygium harvesting and cultivation

All tissue collection complied with the Guidelines of the Helsinki Declaration and was obtained from surgery following a patient signed consent. The tissue harvesting was approved by the Local Committee for Medical Research Ethics at University of Oslo. The removed graft after surgery was cultivated in 24-well cell culture plates using Dulbecco-modified Eagle's medium (DMEM) supplemented with 4.5g glucose/L, 10% fetal bovine serum (FBS), 200mM/mL L-glutamine (Sigma-Aldrich, Germany), and 1% antibiotic/antimycotic solution (PAA, Pasching, Austria). To gravitationally press down the explanted tissue, viscoelastic material (ProVisc, Alcon, Fort Worth, TX, USA) was used as discovered and described for the first time by our group. The viscoelastic was added on top of the explant to allow flattening and adherence of the tissue onto the surface of the well. The goal was to develop stratified or 3D structure of the outgrowing cells from the pterygium over more than three months, with medium change being performed each other day. The 3D cell structure which was formed could easily be lifted from the cell culture plate by Colibri forceps at the end of the cultivation period and before fixation for further analysis.

3.1.2 Cell viability assay

Cell viability of the long-term 3D cultures of the pterygium was determined using Annexin V-Fluorescein isothiocyanate (FITC)/Propidium Iodide (PI) assay (MBL International, Woburn, MA, USA), as well as the trypan blue exclusion test (Sigma Aldrich, MO, USA). For both assays, the cells were collected by trypsinization in the same culture media, then centrifuged and resuspended in Binding Buffer for the Annexin V-FITC/PI assay or phosphate buffered saline (PBS) for the trypan blue test. The cells were stained with Annexin V-FITC, PI, and Annexin V-FITC/PI, then analyzed by Flowing Software 2.5 (PerttuTerho, Turku Centre for Biotechnology, University of Turku, Finland). Alternatively, cells suspended in 50 μ L PBS were stained by equal part of trypan blue solution and counted in a Hemocytometer (Bürker chamber).

3.1.3. Immunophenotyping of cells

Flow cytometry was performed on the long-term 3D cultures of pterygium containing outgrowing cells to determine their immunophenotype. Three antibodies conjugated with

FITC-, R-phycoerythrin (PE)- and allophycocyanin (APC) were used to measure the expression of CD34, CD44, CD90/Thy-1, CD73, CD105 and CD166/ALCAM (all from Biolegend, San Diego, CA, USA); CD47, CD117/c-kit, CD146/MCAM, CD112 (all from R&D Systems, Minneapolis, MN, USA) (for further details refer to Table 1). The prepared samples were measured by FACS Calibur flow cytometer (BD Biosciences Immunocytometry Systems) and data were analysed by Flowing Software 2.5 (PerttuTerho, Turku Centre for Biotechnology, University of Turku, Finland).

Table 1. List of antibodies used for FACS analysis

Antibody	Clone	Catalog No.	Company
CD34	581	343504	BioLegend
CD44 (H-CAM)	BJ18	338804	BioLegend
CD90/Thy-1	5E10	328108	BioLegend
CD73	AD2	344004	BioLegend
CD105	323206	43A3	BioLegend
CD47	472603	FAB4670A	R&D Systems
CD117 (c-kit)	47233	FAB332P	R&D System
CD146 (MCAM)	128018	FAB932A	R&D System
CD166 (ALCAM)	3A6	343904	BioLegend
CD112 (Nectin-2)	610603	FAB2229A	R&D System

3.1.4. Immunofluorescent staining

For the immunofluorescent staining experiment, we wanted to compare expression of different markers on the pterygium obtained right after surgery and that cultivated as long-term 3D cultures. Therefore in both of the cases the tissues were collected and fixed in 4% paraformaldehyde at room temperature, later dehydrated in ascending alcohol series and embedded in paraffin; 3-4µm thick tissue sections were prepared using a rotary microtome, then mounted onto histological slides. After heat-induced antigen retrieval with Tris/EDTA or Citrate buffer and blocking, immunofluorescent labelling with primary antibodies was performed. The samples were characterized for markers of pluripotency and stemness (Vimentin (Vim), Tumor protein p63 (ΔNp63), SRY (sex determining region Y)-box 2 (Sox2), octamer-binding transcription factor 4 (Oct4), ATP-binding cassette sub-family G member 2 (ABCG-2)), oxidative stress (8-hydroxy-2'-deoxyguanosine (8-OHdG), Hypoxia-inducible factor 1-alpha (HIF-1α)), migration and proliferation- (C-X-C chemokine receptor type 4 (CXCR4) and Ki-67), epithelial- (cytokeratin-19 (CK19) and 8-18) and secretory

markers (Mucin (MUC1) and MUC4) (Table 2 summarizes the primary antibodies and dilutions used for immunofluorescent staining). In continuation secondary antibody Alexa 488 (green) or Cy3 (red) was used. Nuclear staining was performed using 4',6-diamidino-2-phenylindole (DAPI). Fluorescent images were taken by a ZEISS Axio Observer.Z1 (ZEISS, Oberkochen, Germany) microscope. The quantification of positive cells was carried out using standard ImageJ software by three independent individuals. The number of positive cells on the full field of view was taken into account with the help of nuclear (DAPI) staining. Multiple pictures were taken of each sample and the results averaged out as mean \pm standard deviation (SD).

Table 2. Details of the antibodies used for immunohistochemistry

Antibody	Catalog No.	Company	Clonality	Antigen	Dilution
ABCG-2	b7059	Sigma Aldrich	Mouse monoclonal	Fusion protein containing human BCRP	1:50
CK8 CK18	ab17139	Abcam	Mouse monoclonal	Cytokeratins from the human breast carcinoma cell line MCF-7	1:50
CK19	sc-33119	Santa Cruz	Goat polyclonal	Peptide mapping at the N-terminus of CK19 of human origin	1:50
CXCR4	ab7199	Abcam	Rabbit polyclonal	Recombinant fragment corresponding to Rat CXCR4 aa 2-38 (N terminal)	1:100
HIF-1 α	NB100-105	Novus	Mouse monoclonal	Fusion protein containing amino acids 432-528 of human HIF-1- α	1:50
Ki-67	RM-9106-S	Thermo Scientific	Rabbit monoclonal	Synthetic peptide derived from human Ki-67 protein	1:200
MUC1	M32250M	Life science	Mouse monoclonal	High molecular weight glycoprotein from human milk-fat globule molecule	1:50
MUC4	34-4900	Zymed	Mouse monoclonal	Protein coding, encodes an integral membrane glycoprotein on the cell surface	1:50

Oct4	ab19857	Abcam	Rabbit polyclonal	Synthetic peptide conjugated to KLH derived from within residues 300 to the C-terminus of Human Oct4	1:100
p63 alpha	4892	Cell Signaling Technology	Rabbit polyclonal	Detects endogenous levels of total p63alpha protein	1:100
Sox2	ab75485	Abcam	Mouse monoclonal	Recombinant full length protein corresponding to Human Sox2	1:50
Vimentin	RM-9120-S	Thermo Scientific	Rabbit monoclonal	Recombinant protein encoding human vimentin	1:200
8-OHdG	Sc66036	Santa Cruz	Mouse monoclonal	Raised against (8-OHdG)-BSA and casein conjugates	1:100

3.1.5 Secretion of Inflammatory Cytokines by ELISA

For measuring the secretion of inflammatory cytokines we used the same high glucose-containing DMEM medium only this time supplemented with 5% FBS in order to diminish its possible influence on the secretion of the cytokines. The medium was applied to the 3D outgrowing cells and kept for 24h. After the supernatants were collected. In addition, treatment of the cells with 0.5mg/mL MMC (Kyowa, Takeda Belgium-Brussels) was applied for 20 min and supernatant collected. LESC cultures cultivated in high glucose-containing medium with 20% FBS were used as a control. The secreted cytokines, Interleukin 6 (IL-6) and IL-8, were analysed by a commercial enzyme-linked immunosorbent assay (ELISA) kit (R&D, Germany) according to the manufacturer's protocol. Three independent experiments were performed on outgrowing cells from four different pterygium donors.

3.1.6. Statistical analysis for the pterygium study

Each experiment was performed at least three times and each sample was tested in triplicates. Data are expressed as mean \pm standard deviation (SD). Statistically significant differences were determined by student-t tests, a p-value ≤ 0.05 was regarded significant.

3.2.1. Tissue Collection and Processing of aLC-LECs

All tissue collection complied with the Guidelines of the Helsinki Declaration and was approved by the National Medical Ethics Committee of Slovenia; following a patient signed consent before surgery which was performed at the Eye Hospital, University Medical Centre (UMC), Ljubljana, Slovenia. Altogether 11 patients were included in this study - 6 cultures were analyzed for mechanical stimulation and 5 cultures for ACh stimulation, with the patients' age ranging from 70 to 92 years.

The aLC explants consisted of a monolayer of LECs attached to the basal lamina and were obtained from uneventful cataract surgeries due to progredient cataract. Lenses were dissected so that the aLCs (i.e., basal lamina and associated LECs) were isolated from the fiber cells that form the bulk of the lens. FvERMs were obtained from patients undergoing vitrectomy due to intravitreal hemorrhage in proliferative diabetic retinopathy (PDR).

All explants obtained were placed in a single dish accordingly. Immediately after isolation, the excised human eye explants were placed in sterile tubes filled with DMEM:F12 (D8437, Sigma-Aldrich, Ayrshire, UK), supplemented with 10% fetal calf serum (FCS) (PAA Laboratories GmbH, Pasching, Austria). The explants were then transferred to empty cell culture glass bottom Petri dishes (Mattek Corp., Ashland, MA, USA; 3.5 cm in diameter) or tissue culture 12-well plates (TPP, Sigma, Germany) by using microdissecting tweezers (WPI by Dumont, Med.Biologie, Germany). The aLC explants were placed into the culture dish so that the concave side with the LECs was on the top and oriented upwards. The time of culturing ranged from 6 to 48 days.

3.2.2. Tissue Fixation and Adherence by Viscoelastic material

For obtaining adherent conditions, careful removal of the remaining medium from the tissue cultures was performed by a micropipette, and then viscoelastic (HEALON OVD, Abbott Medical Optics, USA) was added on top of the explant to allow for flattening or “ironing” of the tissue onto the surface of the Petri dish (Fig. 12). The next step was carefully applying the DMEM:F12 medium supplemented with 10% FCS not to disturb the already added viscoelastic cover on top of the explants. For that, the micropipette tip was positioned close to the culture dish surface but far away from the explant, so that the medium arrived softly in contact with the viscoelastic and did not move the explant from its location. The culture dishes were then kept in a CO₂ incubator (Innova CO-48; New Brunswick Scientific, Edison, NJ, USA) at 37°C and 5% CO₂. In order to allow the cells to attach and start proliferating out

of the explant we were not moving the culture dish from the incubator for 2-3 days. During medium change, the medium was removed gently and a fresh one was added subsequently by a micropipette from the opposite side of the explant in the dish, the pipette tip being close to the surface of the dish all the time. The viscoelastic dissolved over time and got replaced by new medium—time by which the explant was fully attached to the surface of the culture dish.

3.2.3. Light Microscopy and Calcium Imaging

After culturing the cells were followed and their proliferation and migration were recorded throughout their continued growth using inverted light microscope (Axiovert S100, Carl Zeiss, AG, Oberkochen, Germany). The same microscope was used for $[Ca^{2+}]_i$ measurements. Image acquisition was carried out by a 12-bit cooled CCD camera SensiCam (PCO Imaging AG, Kelheim, Germany). The software used for the acquisition was WinFluor (written by J. Dempster, University of Strathclyde, Glasgow, UK). Microscope objectives used were 4x/0.10 Achroplan, 10x/0.30 Plan-Neofluar, 40x/0.50 LD A-plan, and 63x/1.25 oil Plan-Neofluar (Zeiss).

The excitation filters used were mounted on a Lambda LS-10 filter wheel (Sutter Instruments Co., CA, USA) and had a wavelength of 360 and 380 nm (Chroma Technology Corp., Bellows Falls, VT, USA). Excitation with the 360 nm filter (close to the Fura-2 isosbestic point) allowed observation of the cells' morphology and of the changes in the concentration of the dye, irrespective of the changes in $[Ca^{2+}]_i$, while the 360/380 nm ratio allowed visualization of the $[Ca^{2+}]_i$ changes in the cytoplasm. Image acquisition, timing, and filter wheel operation were all controlled by WinFluor software via a PCI6229 interface card (National Instruments, Austin, TX, USA). The light source used was XBO-75W (Zeiss) Xe arc lamp. The light intensity was attenuated when necessary with grey filters with optical densities 0.5, 1, and 2 (Chroma Technology Corp., Bellows Falls, VT, USA). The criteria for selecting the region for imaging were the presence of adherent cells and good cell morphology both assessed by observation of transilluminated and 360 nm fluorescence images. Individual image frames were acquired every 500 ms resulting in frame cycles being 1 second long (two wavelengths).

For $[Ca^{2+}]_i$ monitoring, the cell cultures were loaded with the acetoxymethyl (AM) ester of Fura-2 (Fura-2 AM, Invitrogen-Molecular Probes, Carlsbad, CA, USA), intracellular calcium indicator. For loading, Fura-2 AM in dimethyl sulfoxide (DMSO) was suspended in 3 mL of

medium (high glucose medium with FBS) or physiological saline with (in mM) NaCl (131.8), KCl (5), MgCl₂ (2), NaH₂PO₄ (0.5), NaHCO₃ (2), CaCl₂ (1.8), HEPES (10), glucose (10), pH 7.24 to the final working concentration of 2 μ M (aLC). The loading was done in the incubator at 37°C for 30 min (aLC). After loading, the cell cultures were washed twice for 7 min with the medium or physiological saline. The final working concentration of Fura-2 and the time of incubation/washing were larger for larger eye explants (it depended on the explant size).

Fura-2 dye has two excitation (absorption) peaks (340 and 380 nm), an isosbestic point at 360 nm and one emission peak at 510 nm. Its absorption and fluorescent properties change in accordance with Ca²⁺ binding (low [Ca²⁺]_i —high absorption at 380 nm, high [Ca²⁺]_i —high absorption at 340 nm while the absorption is not Ca²⁺ dependent at the isosbestic point of 360 nm). The absorptive properties of Fura-2 allow the use of ratio imaging (360/380 ratio), which considerably reduces the effects of uneven dye loading, leakage of the dye, and photobleaching as well as problems associated with measuring [Ca²⁺]_i in cells of unequal thickness.

3.2.4. Mechanical and Acetylcholine (ACh) Stimulation

Further responses to mechanical stimuli were tested, and for that was used a tip of a glass micropipette mounted on a MP-285 micromanipulator (Sutter, Novato, CA, USA). Prior to use, the tip of the pipette was heat-polished until it rounded up.

The agonist acetylcholine (ACh; Sigma, USA) was applied in 10 μ M concentration, which was enough to induce >90% maximal [Ca²⁺]_i response, according to the data by Collison et al. [12]. The agonist application as well as its washout from the bath was driven simply by the hydrostatic pressure of a 35 cm of water column and controlled manually by a luer-lock stopcock (WPI) and applied through a polyethylene plastic tubing (inner diameter 2 mm), attached to the coarse micromanipulator. The excess bathing solution was removed by a suction line.

3.2.5. Secretion of Inflammatory Cytokines by ELISA

Secretion of inflammatory cytokines IL-6 and IL-8 from fvERM and aLC-LECs upon TNF α was measured. Therefore the expanded fvERM cells and aLC-LECs were plated onto 6-well plates at a density of 2×10^5 cells per well in triplicates and kept until proper cell number was achieved for cytokine measurements. After 24 hrs, the medium was changed, and the cells

were treated with 100 ng/mL recombinant human Tumor necrosis factor alpha (TNF α) (Preprotech, Rocky Hill, NJ, USA) for additional 24 hours. The secreted cytokines, IL-6, and IL-8 were analyzed by commercial ELISA kit (R&D, Germany) according to the manufacturer's protocol. Three independent experiments were performed on outgrowing cells from three different donors both fvERM and aLC.

4. Results

4.1.1. Morphology and viability of pterygium cells

Pterygium consists of mixture of cells and the morphology depends mostly on two types of cells: fibroblastic which are long-shaped (**Fig.4, Aa**), and squamous epithelial cells tightly packed together (**Fig.4, Ab**). After long term cultivation, pterygium formed spontaneous multi-layered structure that was easily tangible and removable from the plate for further analysis (**Fig.4, Ac**). The viability of the outgrowing cells tested by the Annexin V-FITC/PI assay and Trypan blue method was ($98.6\pm1.7\%$ and $82.6\pm6.9\%$), respectively (**Fig. 4, B**) showing that the cells were enough viable to continue with further analysis.

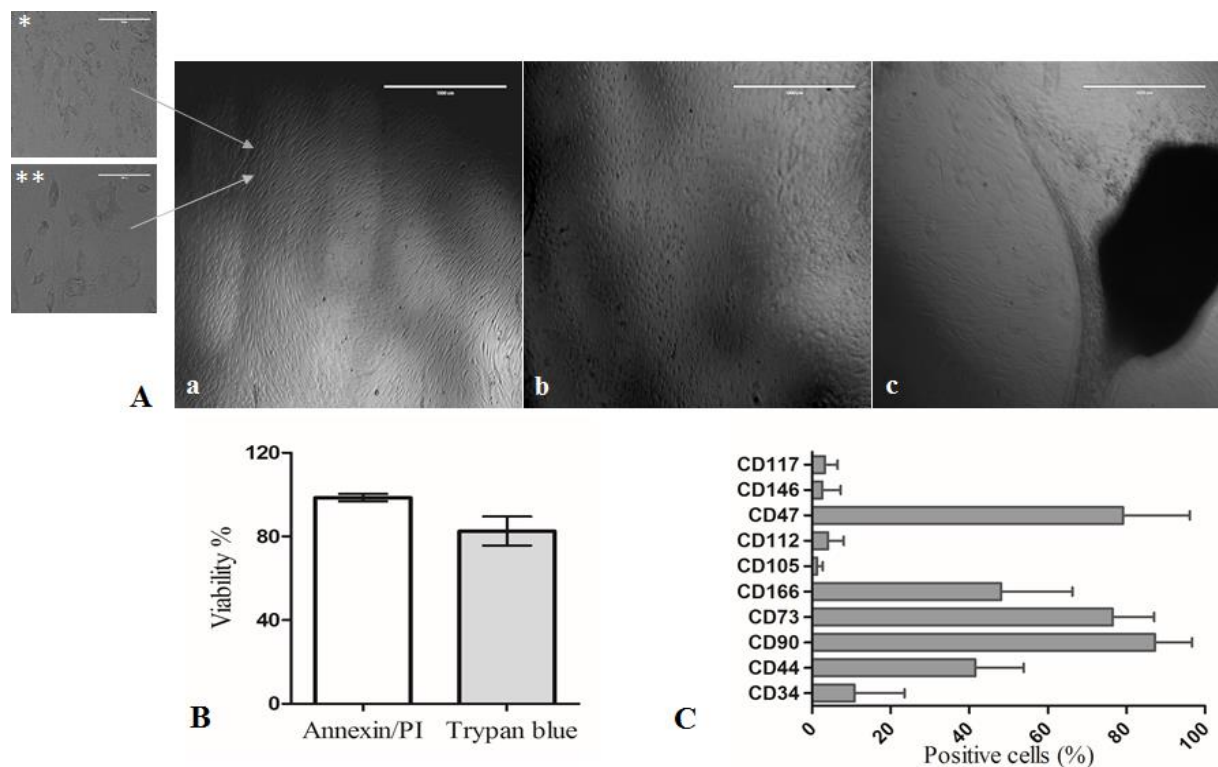


Figure 4. Cell morphology, viability and phenotyping of the cultivated pterygium. Fibroblastic cells (Aa), pterygium epithelial cells (Ab) and graft with outgrowing cells forming 3D layered structure (Ac) (Magnification: 10x, (*): 20x and (**): 40x). Cellular viability of the 3D outgrowing cells from the pterygium using Annexin V-FITC/PI assay and Trypan blue exclusion test (B). Cell surface markers phenotyping of the 3D outgrowing cells by FACS analysis; a plot of the percent positive cells versus different markers is shown as mean \pm SD (C).

4.1.2. Flow cytometry of the long-term 3D cultures of pterygium containing outgrowing cells

The expression of hematopoietic cell surface markers CD34 and CD47 was ($10.8 \pm 12.7\%$ and $79.1 \pm 17\%$), respectively. CD117/c-kit, a progenitor cell marker was low ($3.3 \pm 3.2\%$), while a very high expression of the MSC markers CD90 ($87.2 \pm 9.5\%$) and CD73 ($76.4 \pm 11\%$) were measured, in contrast to the MSC marker CD105 which was ($1.3 \pm 1.4\%$). The expression of ECM attachment proteins, which is important for the maintenance of the cellular growth were tested next: CD146/MCAM ($2.6 \pm 4.7\%$), CD166/ALCAM ($48.1 \pm 18.1\%$), CD112/Nectin-2 ($4.1 \pm 4\%$) and CD44/homing-associated cell adhesion molecule (H-CAM) ($41.5 \pm 12.3\%$) (**Fig. 4, C**). Expression of surface markers in % are summarized in (**Table 3**).

Table 3. Immunophenotyping of the multi-layered outgrowing pterygium cells.

Expression of different surface markers in %.

Multi-layered outgrowing pterygium cells

HSC markers	CD34	$10.8 \pm 12.7\%$
	CD47	$79.1 \pm 17\%$
Progenitor markers	CD117/c-kit	$3.3 \pm 3.2\%$
MSC markers	CD90	$87.2 \pm 9.5\%$
	CD73	$76.4 \pm 11\%$
	CD105	$1.3 \pm 1.4\%$
ECM attachment proteins markers	CD146/MCAM	$2.6 \pm 4.7\%$
	CD166/ALCAM	$48.1 \pm 18.1\%$
	CD44/H-CAM	$41.5 \pm 12.3\%$
	CD112/Nectin-2	$4.1 \pm 4\%$

4.1.3. Immunofluorescent staining of pterygium grafts and long-term cultivated 3D outgrowing cells

Immunofluorescent staining of a wide range of markers involved in the different pathways were examined in the pterygium grafts obtained directly from surgery and compared to those from long-term cultivated 3D outgrowths from the pterygia.

The expression of pluripotency markers (Vim and Δ Np63) was ($26.5\pm3.5\%$ and $13.9\pm0.9\%$), respectively, in the pterygium graft tissue only, and ($43.7\pm4\%$ and $12.3\pm1.5\%$), respectively, in the multi-layered outgrowing cells (**Fig. 5**), while other stemness markers (Sox2, Oct4 and ABCG-2) showed positivity in ($22.2\pm0.9\%$, $34.2\pm1.6\%$ and $25\pm5\%$) of the cells, respectively, in the pterygium graft itself, and ($15.3\pm0.6\%$, $39.2\pm2.5\%$ and $32.7\pm6.6\%$), respectively, within the multi-layered outgrowing cells (**Fig. 6**).

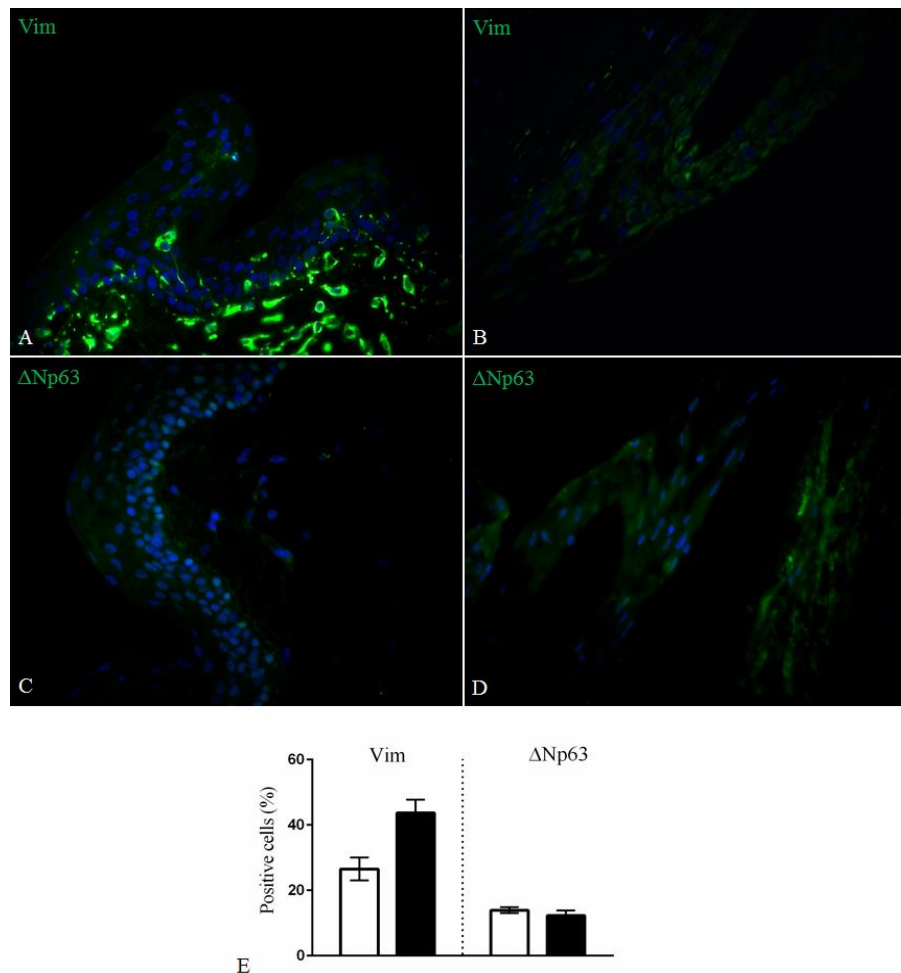


Figure 5. Pterygium tissue and 3D outgrowing cells stained for pluripotency markers. Pterygium tissue-containing cultures (A, C), and outgrowing cells forming 3D structures (B, D) were stained for Vim and Δ Np63, respectively (Magnification: 40x). White bar represents

data from pterygium tissue, while the black bar shows results from independently grown 3D outgrowing cells. Data are expressed as mean \pm SD.

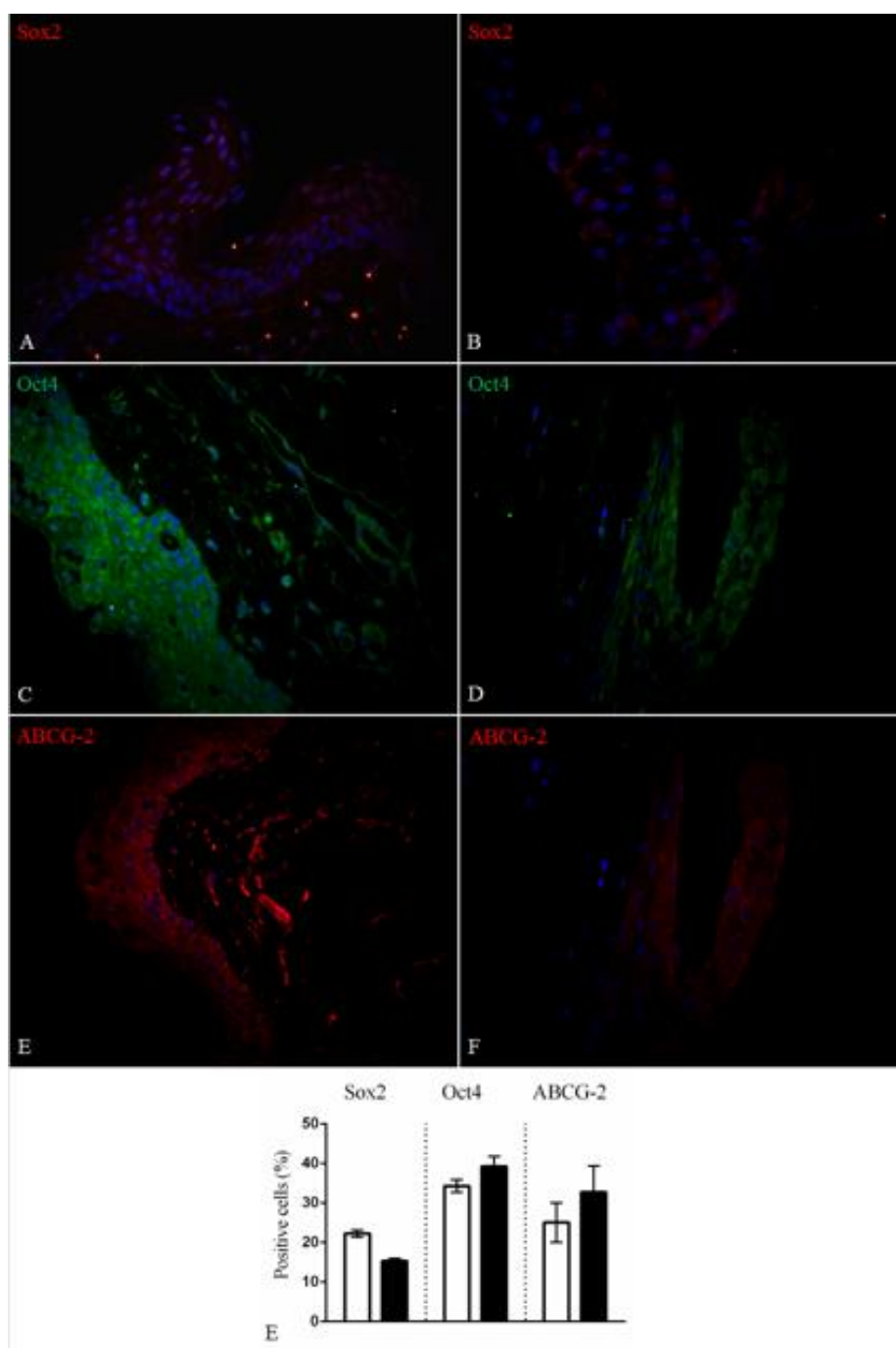


Figure 6. Pterygium tissue and 3D outgrowing cells stained for markers of stemness. Pterygium tissue-containing cultures (A, C and E), and outgrowing cells forming 3D structures (B, D and F) were stained for Sox2, Oct4 and ABCG-2, respectively (Magnification: 40x). White bar represents data from pterygium tissue, while the black bar

shows results from independently grown 3D outgrowing cells. Data are expressed as mean \pm SD.

Oxidative stress markers (8-OHdG and HIF-1 α) were determined in the pterygium graft tissue (42.4 \pm 3% and 13.8 \pm 2.3%), respectively and in the multi-layered outgrowing cells (62.3 \pm 8.6% and 26.6 \pm 4.8%), respectively (**Fig. 7**). The expression of migration and proliferation markers (CXCR4 and Ki-67), was (27.2 \pm 4.5% and 5.1 \pm 0.4%), respectively, in the pterygium graft tissue, and (67.3 \pm 4.7% and 1.2 \pm 0.3%), respectively, in the multi-layered outgrowing cells (**Fig. 8**).

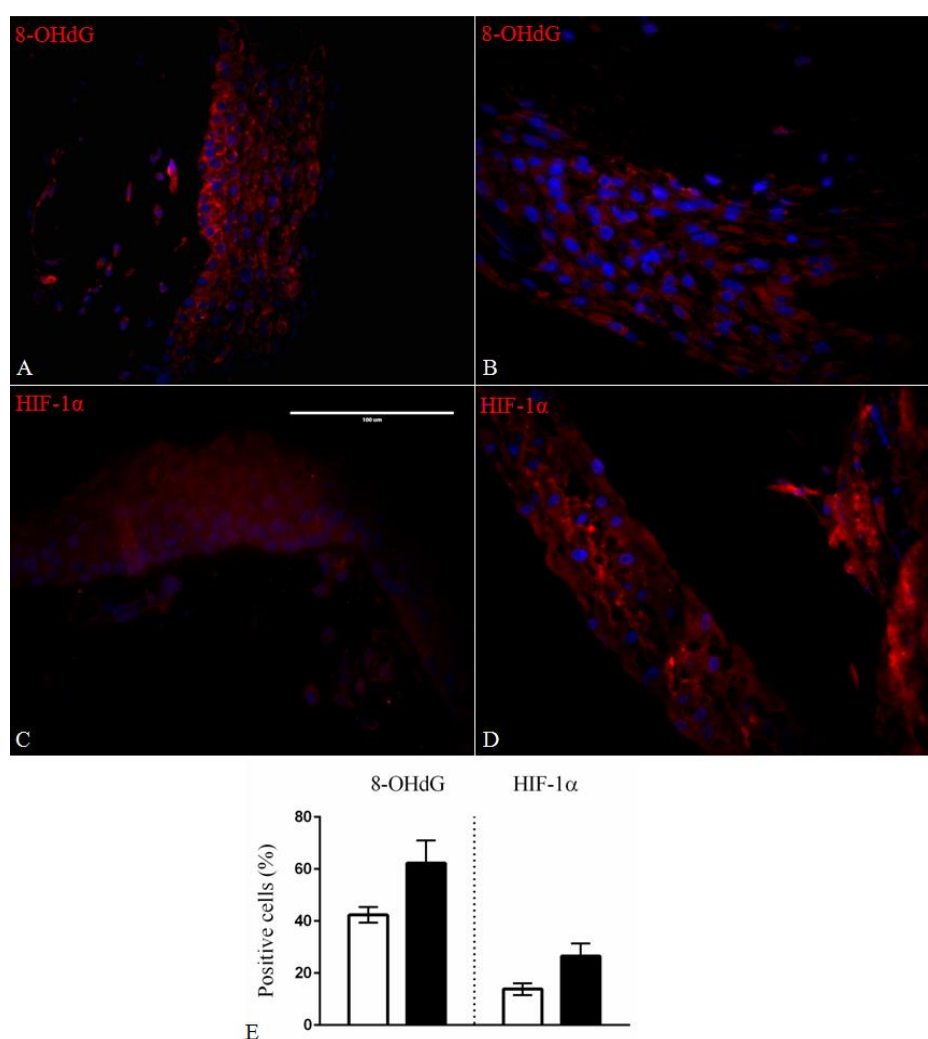


Figure 7. Pterygium tissue and 3D outgrowing cells stained for oxidative stress markers. Pterygium tissue-containing cultures (A, C), and outgrowing cells forming 3D structures (B, D) were stained for 8-OHdG and HIF-1 α , respectively (Magnification: 40x). White bar represents data from pterygium tissue, while the black bar shows results from independently grown 3D outgrowing cells. Data are expressed as mean \pm SD.

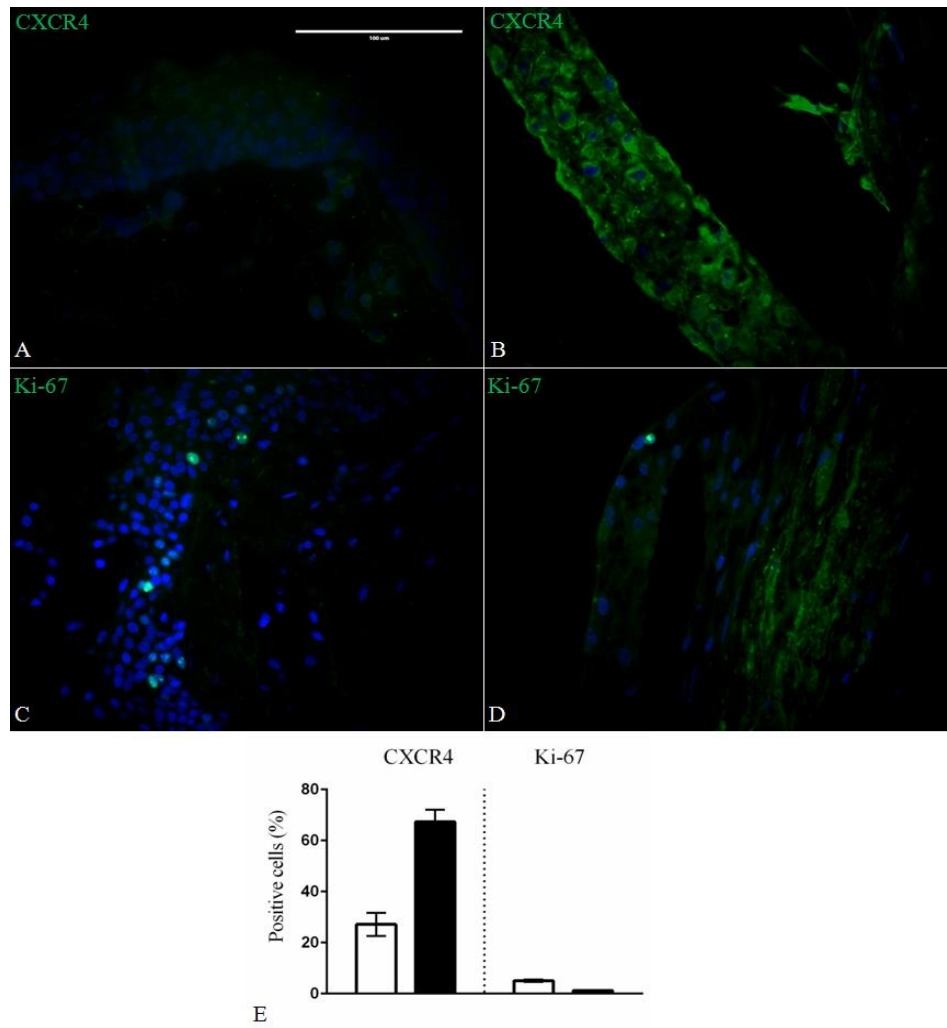


Figure 8. Pterygium tissue and 3D outgrowing cells stained for migration and proliferation markers. Pterygium tissue-containing cultures (A, C), and outgrowing cells forming 3D structures (B, D) were stained for CXCR4 and Ki-67, respectively (Magnification: 40x). White bar represents data from pterygium tissue, while the black bar shows results from independently grown 3D outgrowing cells. Data are expressed as mean±SD.

The epithelial cell markers expression (CK19 and CK8-18) was (0% and 24.3±6.5%), respectively, for the pterygium graft tissue, and (11.9±3.7% and 0%), respectively, for the multi-layered outgrowing cells (**Fig. 9**), while that for the secretory markers (MUC1 and MUC4) was (13.1±4.3% and 32.2±3.3%), respectively, for the pterygium graft tissue, and (63.7±5.7% and 55.3±5%), respectively, for the multi-layered outgrowing cells (**Fig. 10**). Expression of all markers in % is summarized in (**Table 4**).

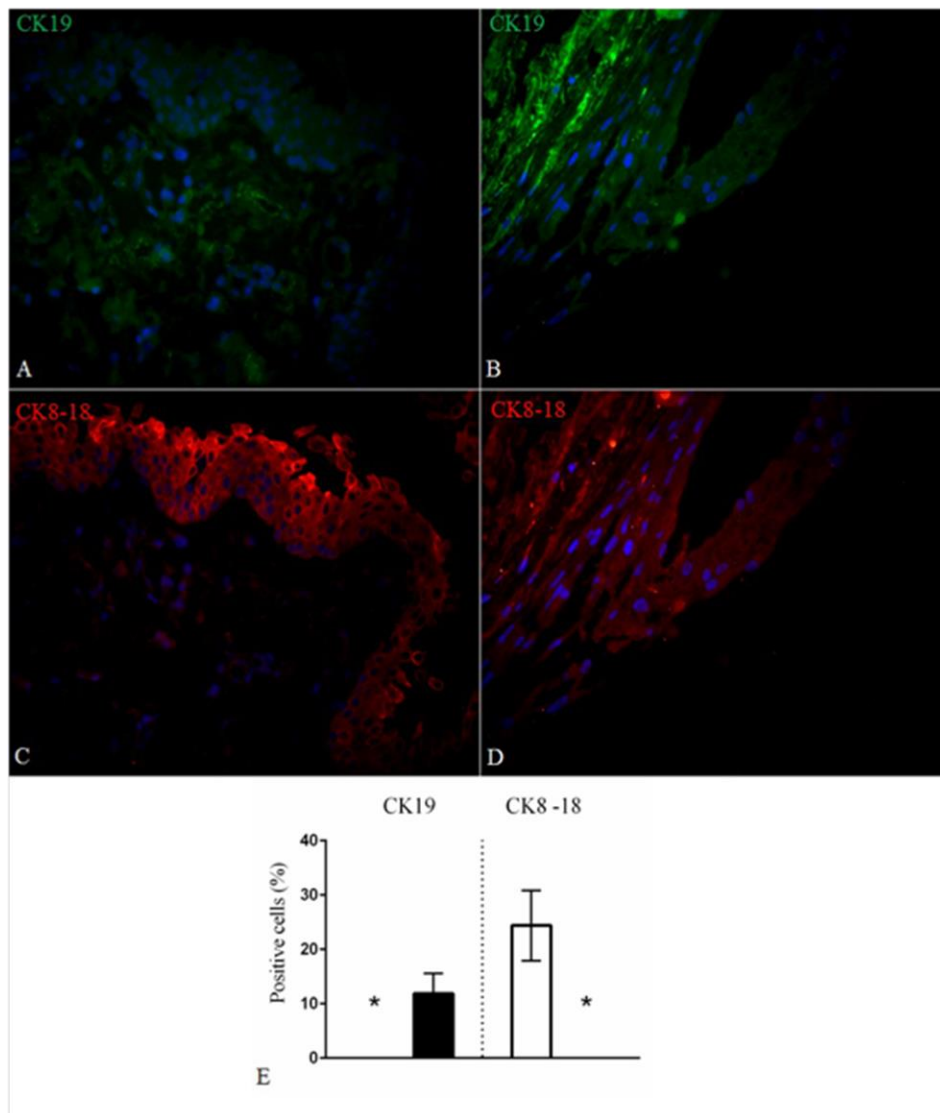


Figure 9. Pterygium tissue and 3D outgrowing cells stained for epithelial cell markers. Pterygium tissue-containing cultures (A, C), and outgrowing cells forming 3D structures (B, D) were stained for CK19 and CK8-18, respectively (Magnification: 40x). White bar represents data from pterygium tissue, while the black bar shows results from independently grown 3D outgrowing cells. Data are expressed as mean \pm SD.

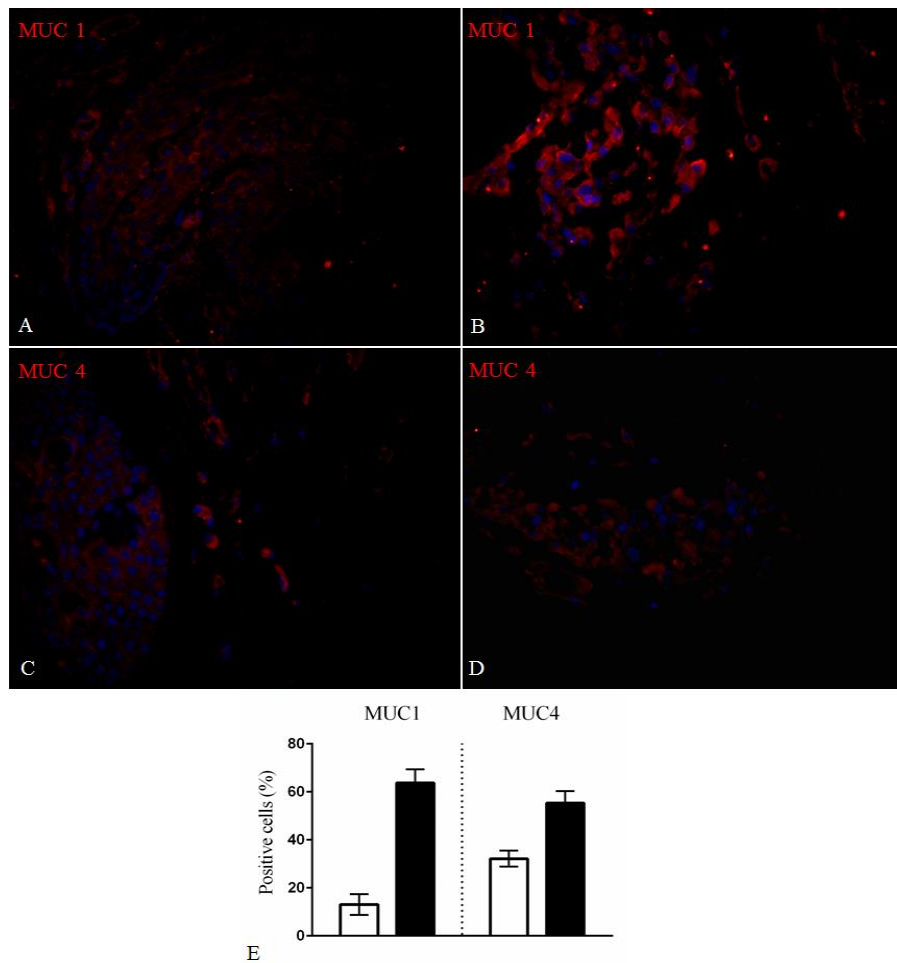


Figure 10. Pterygium tissue and 3D outgrowing cells stained for secretory markers. Pterygium tissue-containing cultures (A, C), and outgrowing cells forming 3D structures (B, D) were stained for MUC1 and MUC4, respectively (Magnification: 40x). White bar represents data from pterygium tissue, while the black bar shows results from independently grown 3D outgrowing cells. Data are expressed as mean \pm SD.

Table 4. Expression of a wide range of markers from immunofluorescent staining examined in the pterygium grafts obtained directly from surgery and compared to those from long-term cultivated 3D outgrowths from the pterygia shown in %.

		Pterygium graft	Multi-layered outgrowing pterygium cells
Pluripotency markers	Vim	26.5±3.5%	43.7±4%
	ΔNp63	13.9±0.9%	12.3±1.5%
Stemness markers	Sox2	22.2±0.9%	15.3±0.6%
	Oct4	34.2±1.6%	39.2±2.5%
	ABCG-2	25±5%	32.7±6.6%
Oxidative stress and hypoxia markers	OHdG	42.4±3%	62.3±8.6%
	HIF-1α	13.8±2.3%	26.6±4.8%
Migration and proliferation markers	CXCR4	27.2±4.5%	67.3±4.7%
	Ki-67	5.1±0.4%	1.2±0.3%
Epithelial cell markers	CK19	0%	11.9±3.7%
	CK8-18	24.3±6.5%	0%
Secretory markers	MUC1	13.1±4.3%	63.7±5.7%
	MUC4	32.2±3.3%	55.3±5%

4.1.4. ELISA measurement of proinflammatory cytokines IL-6 and 8 secreted from 3D outgrowing pterygium cells

The multi-layered outgrowing cells from the pterygium biopsies secreted moderate and low levels of the proinflammatory cytokine IL-6 and IL-8, respectively, which levels were significantly decreased upon treatment with the antiproliferative agent MMC, in contrast to the level secreted by LESC's (control) for IL-6 ($p < 0.05$). The IL-8 secretion upon MMC treatment did not change significantly although was lower than that secreted by LESC's (**Fig. 11, A, B**). Both, the inflammatory cytokines' release and the treatment by MMC have clinical relevance in case of recurrent pterygia.

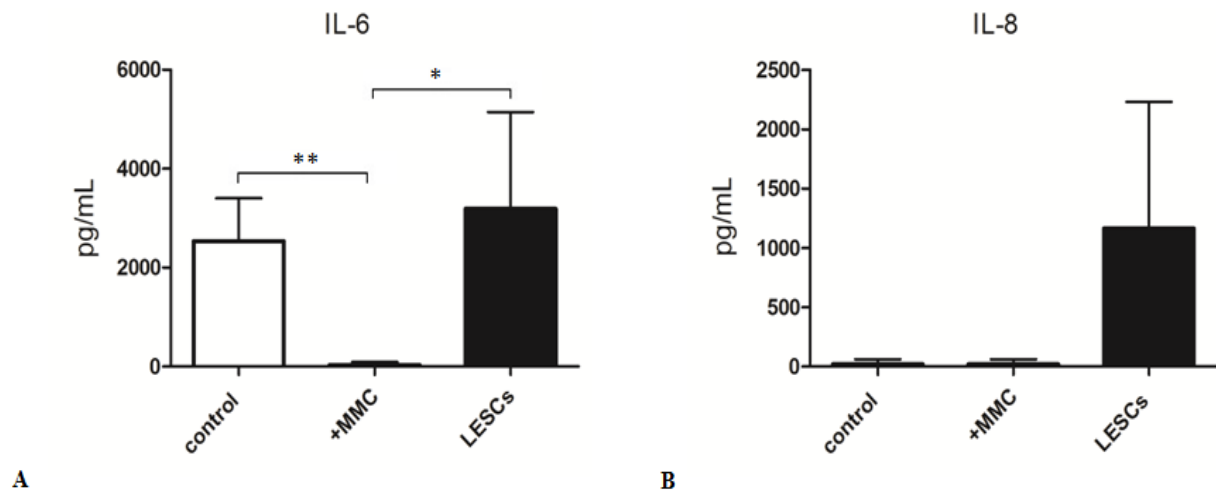


Figure 11. Cytokine secretion by 3D outgrowing cells from pterygium tissue grown *ex vivo*. Treatment by Mitomycin C (MMC) and limbal epithelial stem cells (LESC's) is shown for comparison. The significant data for secretion of IL-6 is presented with asterisk (*) while IL-8 did not show a significant expression.

4.2.1. Human eye explant tissues adhere to the cell culture dish under a gravitational force of viscoelastic material

Novel, simple, and reproducible method for *ex vivo* cultivation of human explant tissues (aLCs and fvERMs) was established using viscoelastic material (**Fig. 12**).

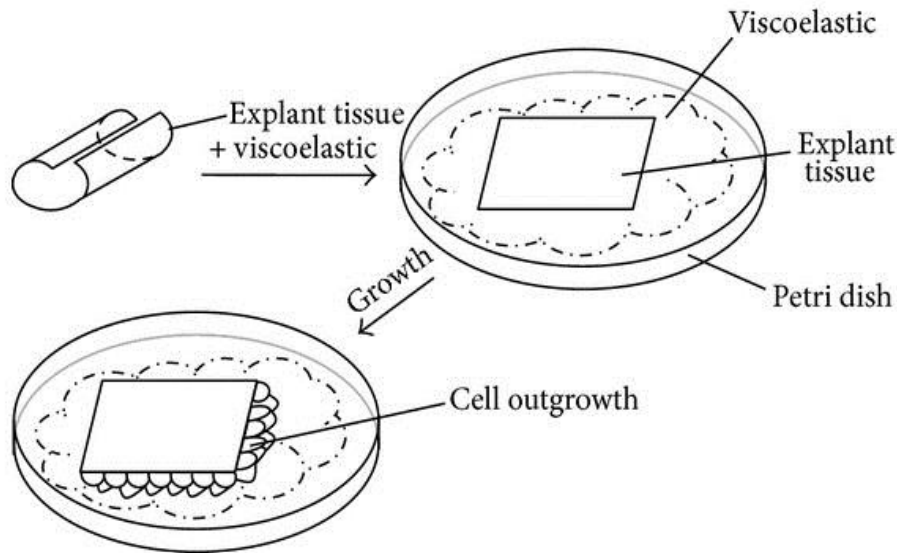


Figure 12. Method for adherent *ex vivo* cultivation of human eye tissue explants in a cell culture Petri dish.

The cells started proliferating out of the explants in 2-3 days (**Fig 13**). The method for attachment of human eye tissue explants to the 12-well plates is shown in **Fig 13(a)**—the aLC explant and the cells are flattened under the gravitational force of the viscoelastic material. The fvERM cells grew out of the explants within 24 hours and continued proliferating independently throughout the study period (for more than 6 months) (**Fig 13(b)**).

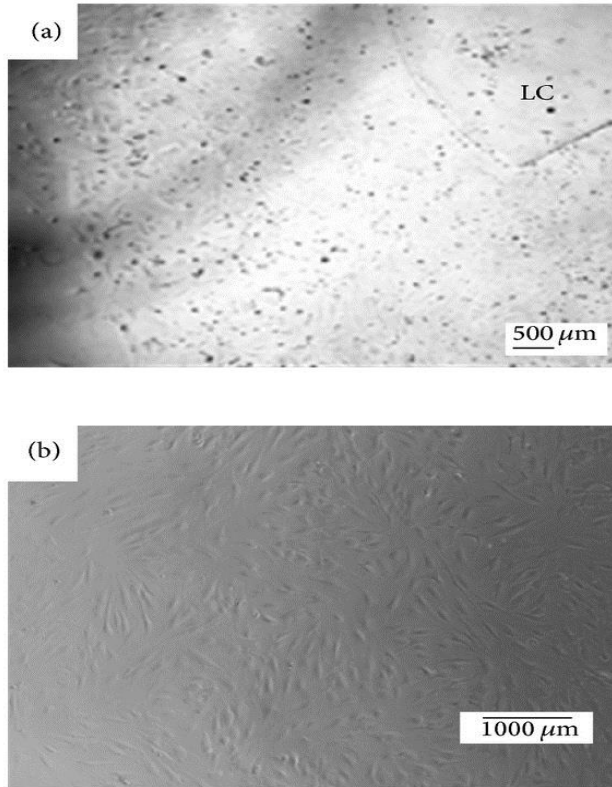


Figure 13. Examples of attached human eye explants with the growing cells: (a) anterior lens capsule (aLC) in a 12-well plate; (b) fibrovascular epiretinal membrane (fvERM) cells growing attached to and independently from the tissue explant in a cell culture Petri dish.

4.2.2. Mechanical stimulation and ACh induce rise in $[Ca^{2+}]_i$ in the aLC-LECs

The functionality of the aLC-LECs attached under the viscoelastic was examined during mechanical stimulation and application of agonist ACh, both of which induced rise in the $[Ca^{2+}]_i$. Representative examples of 6 explant cultures were analyzed for mechanical stimulation containing 27 cells being stimulated (mostly the cells on the glass surface and some on the aLC); similarly, representative examples of 5 explant cultures were analyzed for ACh stimulation. (**Fig 14**) shows the calcium signaling upon agonist ACh stimulation of the aLC explant-cultured cells. The oscillations of $[Ca^{2+}]_i$ are clearly visible here, with each cell having its own frequency of oscillation (**Fig 14(b)**, upper part): 50 cells were analyzed here, out of which 15 (30%) had oscillating response with average of 16.6 ± 4.4 sec from minimum to minimum. Accommodation can be observed for the green trace as the interval between the two maxima decreases with time, while a time delay of 2-3 sec in the $[Ca^{2+}]_i$ propagation can be seen (**Fig 14(b)**, lower part) needed for the $[Ca^{2+}]_i$ to reach its first maximum for different ROIs of the same cell (blue and red). No mechanically stimulated cell responded at oscillation manner. The transient responses to mechanical stimulation were usually comparable to those elicited by ACh.

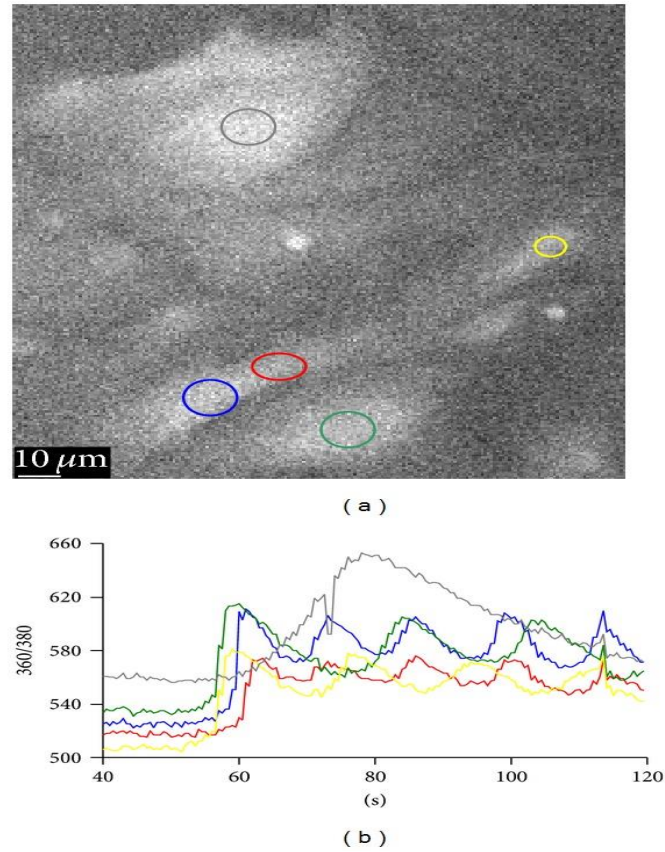
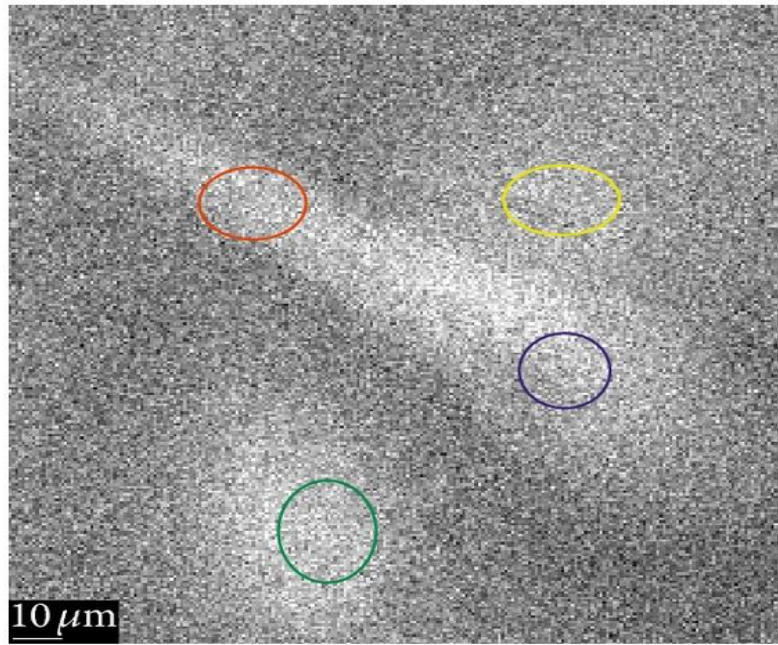
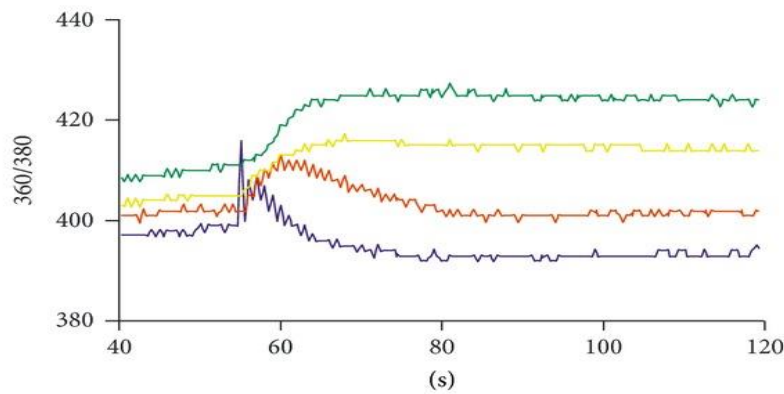


Figure 14. Calcium signaling upon agonist ACh stimulation of the aLC explant-cultured cells (a). The traces (b) represent the time courses of the 360/380 ratio (R), proportional to $[Ca^{2+}]_i$ and correspond to the regions of interest (ROI) shown on the B&W image (a) in the same colors (explant growth time: 28 days).

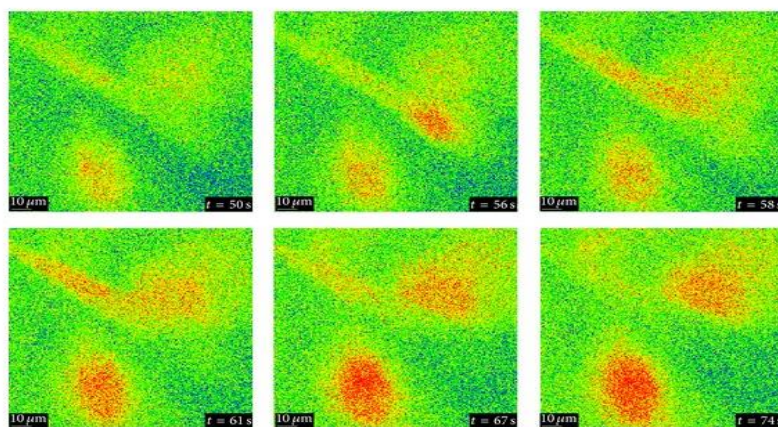
The calcium signaling upon mechanical stimulation of a single cell of the aLC explant culture showed $[Ca^{2+}]_i$ propagation as well (**Fig. 15**)—in the example shown, 2/6 cells had response with two peaks, the first one being bigger than the other and the time interval between the peak maxima being 25 and 26 sec; the rest of the cells had no or very small calcium increase. The blue ROI represents the stimulation site and the red ROI represents the more distal site. There is a delay of around 5 sec in the time needed for the $[Ca^{2+}]_i$ to reach its maximum at two selected ROIs. The increases in $[Ca^{2+}]_i$ in the cells surrounding the mechanically stimulated cell suggest the involvement of intercellular connections.



(a)



(b)



(c)

Figure 15. Calcium signaling upon mechanical stimulation of a single cell of the aLC explant culture, showing the $[Ca^{2+}]_i$ propagation and involvement of intercellular connections. The traces (b) represent the time courses of the 360/380 ratio (R), proportional to $[Ca^{2+}]_i$ and correspond to the regions of interest (ROI) shown in the B&W image (a) in the same colors. (c) A series of the 360/380 ratio images at the time points are indicated. The values for R are color coded with blue/green representing low ratio values and yellow/red representing high ratios (explant growth time: 14 days).

The intercellular dendrite connection strength upon mechanical fluid movement for the nonattached dendrites in aLC explant culture could also be observed (**Fig. 16**). Indeed, a confirmation that the $[Ca^{2+}]_i$ changes are not dependent on the mechanical effect of fluid

movement but on ACh is shown by the fact that $[Ca^{2+}]_i$ increase occurs much later ($t= 101$ s) in comparison to the dendritic movement dependent on the mechanical effect of fluid movement ($t= 39\text{--}47$ s) as visible on **Fig 16(c)**.

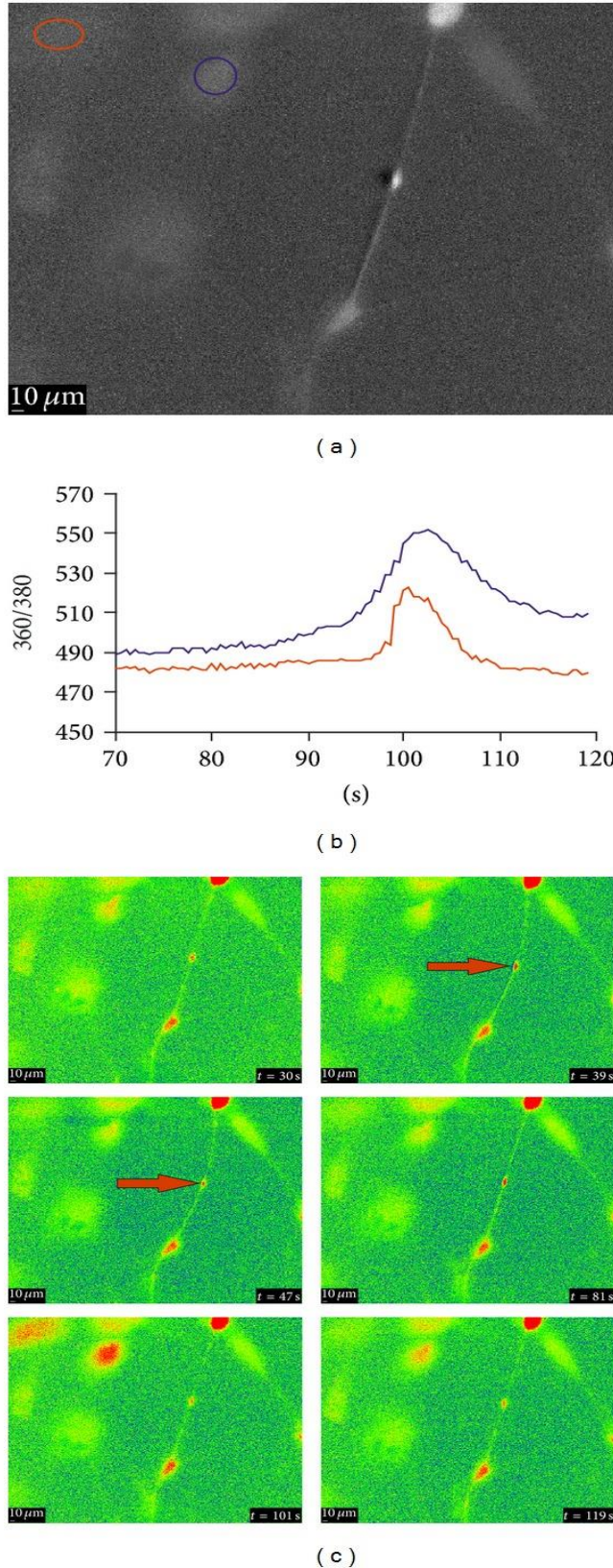


Figure 16. The intercellular dendrite connection strength upon mechanical fluid movement for the nonattached dendrites in aLC explant cultures. The traces (b) represent the time courses of the 360/380 ratio (R), proportional to $[Ca^{2+}]_i$ and correspond to the regions of interest (ROI) shown in the B&W image (a) in the same colors. (c) A series of the 360/380 ratio images at the time points are indicated. The values for R are color coded with blue/green representing low ratio values and yellow/red representing high ratios (explant growth time: 21 days).

The $[Ca^{2+}]_i$ dynamics upon mechanical stimulation of fvERMs has been previously described by our group (14) which is a proof of the viability and functionality of these cells.

4.2.3. Measurement of proinflammatory/angiogenic factors secreted by the fvERM and aLC-LECs outgrowing cells upon TNF α treatment

The outgrowing cells from the fvERMs showed basal expression of the proinflammatory cytokine IL-6 *ex vivo*, which was further enhanced by TNF α stimulation. Similar enhancement was noted in the proinflammatory cytokine release of IL-8 upon TNF α stimulation (**Fig 17(a)**). In the case of aLC-LECs, there was only IL-6 TNF α -induced secretion (**Fig 17(b)**).

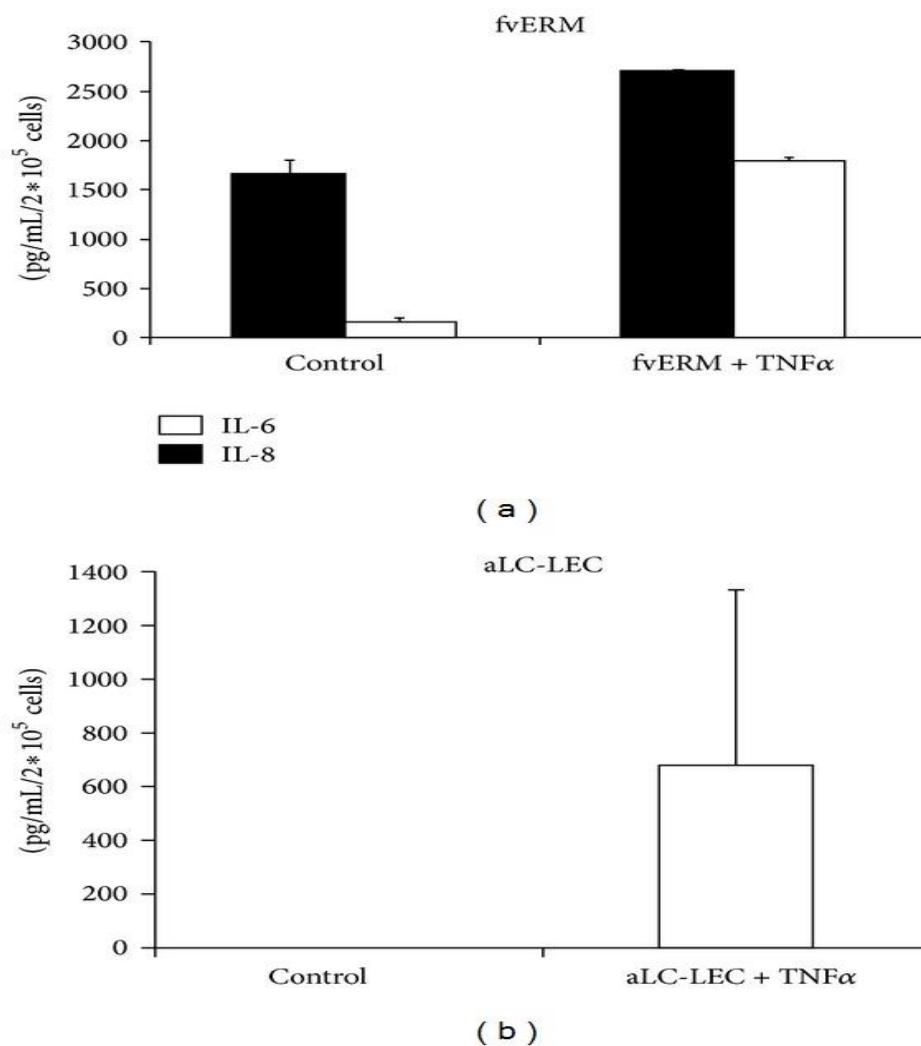


Figure 17. Cytokine secretion by fvERM and aLC-LEC outgrowing cells upon TNF α treatment.

5. Discussion

The anterior segment of the eye ball, which serves as the barrier to the external stimuli includes the transparent cornea - a “window” for the light sensor; the conjunctiva, which covers the sclera - the main part of the eyeshell; and the lens (15). We aimed to adherently cultivate *ex vivo* cultures from three different types of tissue from three different types of pathologies in the eye: 1) pterygium, 2) aLCs containing LECs from cataract surgery, and 3) fvERMs from vitrectomy for proliferative diabetic retinopathy (PDR), and to let them form 2D and/or 3D structures. Furthermore, we aimed to characterize the obtained cells and treat them accordingly so that different markers can be measured, including IL-6 and IL-8 (markers for inflammation/angiogenesis).

Pterygium is a disease of the ocular surface that is associated with chronic UV exposure and is characterized by proliferation, inflammatory infiltrates, fibrosis, angiogenesis and extracellular matrix breakdown. Centripetal growth connected with inflammation and neovascularization is characteristic for the condition. Pterygium is not fully understood and significant progress has been made toward understanding the mechanisms involved in its pathogenesis (16) (17, 18).

Many factors are included in the etiology of the disease, thus making it not just a degenerative, but also a proliferative disorder of the ocular surface supported by abnormal expression of p53 in the epithelium of pterygium tissue. The environmental factors such as exposure to sunlight and UV-B light seem to be among the most important risk factors, although genetics may also contribute to the pterygium development (19). Apart from ultraviolet and infrared radiation from sunlight, many other factors can predispose to pterygium, including environmental irritants such as wind, dust, trauma, inflammation, as well as an increased incidence is noted in certain occupations, such as welding, landscaping, farming, and fishing. Pterygia are more commonly seen in individuals from warmer climates secondary to higher amounts of time spent outdoors, and are twice likely to occur in men than women (6). Based on some studies, limbal stem cell deficiency has also been involved in pterygium development. There are several theories on the pathogenesis of pterygium: one states pterygium to be derived from a pingueculum, which is a yellowish growth on the corneal limbus, while another supposes chronic infection and thrombosis of the conjunctival veins to be the cause. However, these theories do not provide a good explanation for the wing-like shape and location of pterygia. Some findings show that pterygium may be due to

invasion of the cornea by subconjunctival fibroblasts or there may be a pterygium angiogenesis factor that attracts blood vessels onto the cornea. An immunologic mechanism may also contribute to the development of pterygium, due to infiltration of small lymphocytes and plasma cells into its core (6, 20).

Pterygium as a structure consists of a mixture of epithelial and fibroblastic cells, proliferation of which closely determines its recurrence and severity (3). The stratified outgrowing cell model for pterygium expansion *ex vivo* described by our group has the advantage of giving immediate adherence of the graft to the cell culture plate (e.g. using viscoelastic material), therefore, providing both cell types an equal chance to expand, without the use of any growth factors. The outgrowing cells expressed CK8-18 - a typical epithelial cell marker, also expressed by other human corneal cells such as epithelial and endothelial cells (21, 22), as well as the LESC marker CK19 (23, 24).

Recently, it has been shown that pterygium growth and development are connected with proliferation of the epithelium as well as the fibrovascular layer. It is thus believed that pterygium is formed from an uncontrolled cell proliferation. Two markers: the proliferating cell nuclear antigen (PCNA), a cofactor for DNA polymerase δ in both S phase and during DNA synthesis associated with DNA damage-repair mechanisms, and Ki-67, have been studied previously and found to be more highly expressed in pterygium cells compared to normal conjunctiva (25). Ki-67 is also expressed in conjunctival and eyelid tumours (26), the positivity of which appeared to be low in our pterygium graft-containing cultures, and was additionally five times less expressed in the multi-layered outgrowing tissue. The SDF-1/CXCR4 signalling pathway has been described in the developmental processes and adult angiogenesis to have a role in vascular endothelial cell migration and proliferation (27). LESC themselves possess migratory capacity or positivity for CXCR4 (23), while this marker is expressed by vascular endothelial cells in proliferative diabetic retinopathy membranes as well (28). The pterygium graft-containing cultures showed 2.5 times less positivity for CXCR4 compared to the multi-layered outgrowing cell cultures.

Vimentin is a cytoskeletal intermediate filament and part of the Epithelial-Mesenchymal Transition (EMT), which converts epithelial cells into mesenchymal-like derivatives. Some evidence suggests that Vim filaments take a role during cell motility, spreading and signalling. Expression of Vim has been found in epithelial cells at the edges of healing wounds in corneal epithelium and in cells at the limbal epithelium. Vim can be considered

important for migration and proliferation of stem cells and epithelial progenitors during their centripetal movement into central cornea and through wound closure (29). Vim was indeed found to be highly expressed by our pterygium-graft containing and the multi-layered/stratified outgrowing cells.

Similarly, Δ Np63 was expressed at a steady and comparable extent in both cell cultures, the protein being known for its role in activation or inhibition of apoptosis in a cell- and tissue-type specific manner. Δ Np63 α is the most present isoform in the central corneal epithelium, which seems to be lost during apoptotic cell death in the corneal epithelium (30). Δ Np63 is also important in the regulation of LECS proliferation and its expression in the limbal epithelium plays role in the homeostasis of limbocorneal epithelium in rabbit limbal epithelial cells (31).

UV-B radiation is known to cause oxidative DNA damage and is thought to be a major factor implicated in the pathogenesis of pterygium, playing an important role in its recurrence as well. Because of that, it is important to maintain proper antioxidant defense in patients after surgery of primary pterygium (32, 33). The molecule 8-OHdG - a ubiquitous marker of oxidative stress which possesses high mutagenic potential, mispairs with adenine during DNA replication, resulting in G:C to T:A transversion mutations - has been established to be a sensitive marker of oxidative DNA damage (33). It has been found to be expressed more in the epithelium of the head of primary pterygium compared to healthy conjunctiva. While pterygium is considered to be a non-metastatic lesion with limited local invasion, the presence of 8-OHdG could confirm visible genetic instability, which is in contrast to its benign clinical course. It has been shown that UV-B and inflammatory mediators as well have impact on the ECM remodelling through increased expression of matrix metalloproteinases including MMP-1 (collagenase), MMP-2 (gelatinase A), MMP-3 (stromelysin 1), MMP-7 (matrilysin), of MMP-8 (neutrophil collagenase), MMP-9 (gelatinase B) and membrane-type MMP (MMP-14 and MMP-15). All of these factors may contribute to limbal degeneration and subsequent pterygia formation (3, 17, 34). In our model, high expression of 8-OHdG was found in the pterygium graft itself, which was further increased in the outgrowing cells.

Hypoxia inducible factor HIF-1 α plays an important role in the modulation of cell metabolism and survival pathways, as well as couples with stem-cell-like properties in cells containing elevated expression of this marker. There is a coordinated activation of HIF-1 α and heat

shock proteins in pterygium and the upregulation of the same may represent adaptive process for the survival of cells under stressful conditions (35).

A healthy cornea is maintained by self-renewing, lineage-specific stem cells (SCs) that reside in the limbus. This regenerative capacity is regulated by proliferation, migration, and differentiation of such cells. Failure to maintain a normal microenvironment as a result of extrinsic (e.g. UV radiation) or intrinsic (e.g. cytokines) signals can cause development of ocular disorders such as pterygium (36). The epithelial cells in the pterygium can keep their potential to divide, which supports the view of pterygium as a disease of altered limbal stem cells. There is a possibility that pterygium cells have stem cell origin, which is confirmed by the presence of telomerase activity in pterygial epithelium (37). Although there have been numerous reports on existence of stem cell markers within the eye, no such evidence has been provided for the pterygium cells. Sox2 has been described as being expressed in many epithelial cell types, including conjunctival epithelial cells. In the epithelial cells of the conjunctival ocular surface, but not the stromal cells, another pluripotent stem cell marker - Oct4, has been found expressed (38). ABCG-2 has a role in the maintenance of retinal stem cells under the regulation of Notch signalling. The expression of ABCG-2 in canine limbal epithelial cells has been considered a useful marker for presence of putative corneal epithelial stem cells and proliferation (39, 40). The *ex vivo* 3D tissue engineered pterygium outgrowths and the graft-containing cultures expressed all of these stem cell markers (Sox2, Oct4 and ABCG-2).

Oxidative stress caused by sunlight can induce growth factor production, angiogenesis, chronic inflammation and collagenolysis. After sunlight triggers pterygium onset, the proliferating fibroblasts can generate reactive oxygen species (ROS), through which sustained inflammation can occur (41). UV light can activate epithelial cells which are near the limbus to produce cytokines such as IL-6 and IL-8, so they can mediate inflammation, proliferation, angiogenesis and anti-apoptosis. IL-8 is a product of activated monocytes and fibroblasts, and of endothelial and epithelial cells, while IL-6 is synthesized by various cells, such as fibroblasts, endothelial cells, and keratinocytes, in response to numerous cytokines including TNF- α and IL-1. Interleukins 1, 6 and 8 are all increased in pterygia after UV-B exposure, which contributes to upregulation of other inflammatory mediators and matrix metalloproteinases and potentially to pathogenesis of the disorder. Similarly, other inflammatory mediators like cyclooxygenase-2 and phospholipase D, have also been found in pterygia. Elevation of inflammatory mediators here is, however, likely a secondary process

(17). It has been found that growth factors with potent angiogenic activity, such as FGF, PDGF, TGF β and TNF can be secreted from fibroblastic and inflammatory pterygium cells as well as in tissue cultures from pterygium fibroblasts; it was thereby suggested that various cytokines and growth factors including VEGF, can attribute to cellular proliferation, inflammatory reaction, remodelling of ECM and angiogenesis of pterygium (42). Indeed, an abundant immunoreactivity for IL-6 and IL-8 has been found in pterygial epithelium (43), while our 3D pterygium outgrowing cells showed only a high expression of IL-6.

Conjunctival autografts, amniotic membrane transplantation and treatment with radiation or chemotherapeutic agents, usually MMC, are often used to reduce recurrence of pterygium (8). MMC is an antibiotic-antineoplastic agent that selectively inhibits the synthesis of DNA, cellular RNA and protein. It is widely accepted to be effective in preventing recurrence of excised pterygium (44). The optimal dosage of MMC for pterygium surgery is still unknown, however, extreme caution in its use is required due to its toxicity. The lowest possible concentration should be applied for the shortest time period to avoid complications (45) (46). In our experiments, MMC reduced the level of secreted cytokines (in particular IL-6), which provides a combined anti-inflammatory and anti-proliferative therapy for pterygium at a cellular and molecular level.

A positive clinical correlation has been found between pterygium and dry eye in some studies, and an unstable tear film has been proposed to contribute to the pathogenesis of pterygium. It is possible that the presence of an elevated tissue, like pterygium, poses a problem for tears to cover the ocular surface, resulting in localized areas of dryness.

A connection between squamous metaplasia of the conjunctival epithelium and goblet cell density has been described. Positive mucin granules have been found on the surface of pterygium, indicating an increased goblet cell density over the pterygium surface. This unique cytologic feature of pterygium further supports the theory of altered epithelial differentiation in the pathogenesis of the disorder (47).

Mucins are large glycoproteins expressed by epithelial cells of both conjunctiva and cornea, and are thought to play an important role in determining the interactions between the cornea/conjunctiva and the overlying tear film (48). Mucins form a hydrophilic barrier for protection and lubrication of the eye. This barrier, the glycocalyx, is formed by MUC1, MUC4, and MUC16 (49). The expression of MUC1 and 4 in our pterygium graft-containing

cultures and the stratified outgrowing cells was clearly high, probably making our *ex vivo* model for pterygium being close to the model of a goblet cell hyperplasia.

The pterygium outgrowing cells were still viable after having undergone more than three months cultivation time, which was further confirmed by the high expression of CD47 at the ending check point. The surface marker profile of *ex vivo* cultivated outgrowing cells showed CD44, a protein expressed actively on dividing cells (50), to be moderately expressed in the stratified outgrowing cells. The expression of ECM attachment proteins, which is vital for the maintenance of cellular growth within the pterygium, was low (CD146/MCAM, CD112/Nectin-2) and moderate (CD166/ALCAM, CD44/H-CAM). Those markers could also be found in LSCs, while the expression of CD73 and CD105 in the 3D outgrowing cells from pterygium was in general lower than that found in LSCs (23). Expression of CD105 has been described previously to have a role in neovascular endothelial cells formation in the subepithelial area of primary pterygia, while a correlation between the expression of VEGF in the stroma and CD105-MVD in primary pterygia has also been proposed. Overexpression of VEGF and CD105-MVD can contribute to pterygium progression by increasing angiogenesis and growth (51). Another important cell source for the formation and recurrence of pterygium, can be the bone marrow-derived multipotential stem and progenitor cells. Both hematopoietic and mesenchymal stem cells have been proposed to contribute to pterygial fibrovascular stroma supported by the increase in CD34⁺ progenitor cells in the blood of such patients. It has been proposed, that a pterygium grading system should be based upon the infiltration of stem cells to better predict the risk of recurrence clinically (52). The expression of such hematopoietic cell surface markers CD34 and 'don't eat me' signal CD47 in our 3D outgrowing cell from pterygium cells proved to be low and high, respectively. The population of 3D outgrowing cells from the pterygium contained a low level of the early progenitor cell marker CD117/c-kit as well.

In the next part of our study, we established a novel method for *ex vivo* cultivation of pathologic tissues obtained from human eyes during cataract surgery and PDR. Viscoelastic material was used for *ex vivo* expansion of the outgrowing cells. After forming 2D structures, the cells were exposed to mechanical and ACh stimulation, depicting calcium signaling and presence of ACh receptors on the cells as well, as studies on inflammation. The outgrowing cells, over time, migrated out of the explants and grew adherently onto the surface of the cell culture dish, showing signs of continuous proliferation.

There are alternative methods for achieving adherence of tissue explants, including the use of dry surface, concentrated serum drop, or the fibrin-glue method—the latter being used mostly for *in vivo* purposes. However, there is an advantage of using a viscoelastic material, since it can avoid use of extreme conditions such as dryness of the cell culture and serum stimulants, yet preserving natural architecture of the tissue and standard nutritional state of the cells. The viscoelastic is an inert substance having viscous, elastic, and gravitational properties which force the graft to attach to a surface. It is used in ophthalmic surgical procedures to maintain deep anterior chamber, which facilitates manipulation inside the eye with reduced trauma to the corneal endothelium and other ocular tissues.

We used two tissue types to establish adherent *ex vivo* explant cultures: aLCs containing LECs and fvERMs from PDR. Tissue and cell adherence allowed measurement of the $[Ca^{2+}]_i$ upon mechanical or pharmacological stimulation, giving advantage of having less noise from cellular movement within the cell culture dish.

To follow and coordinate the physiological processes occurring among cells in different tissues and organs, studying the intercellular communication is very important. (53). Precise regulation of intracellular calcium levels is crucial to maintain normal cellular function, therefore, fluctuations in the cytosolic calcium can act as a signal for numerous physiological processes. As calcium plays a role in the cell signaling of the lens epithelium, accurate regulation is substantial, indicating that imbalanced levels of it may be a leading cause to the development of cataract in the lens (47, 54, 55). Although abnormalities in calcium regulation have been implicated in the development of most forms of cataract, the mechanisms by which Ca^{2+} is regulated in the cells of the ocular lens remains poorly defined. In experimental conditions, applying a mechanical stimulus to a single cell can elicit intercellular Ca^{2+} -waves. Previously, this type of stimulation has been used to induce $[Ca^{2+}]_i$ rise in cultured bovine LECs (53). Contractions could also be mechanically induced in human aLECs attached to the surgically isolated capsules. Such stimulation of a single cell within a confluent layer was shown to initiate cell-to-cell calcium signalling (56). Our results show an increase in the $[Ca^{2+}]_i$ upon mechanical stimulation and application of ACh to aLC-LECs, thus revealing a unique frequency of oscillation by each cell. As we specified before, the increases in $[Ca^{2+}]_i$ in the cells surrounding the mechanically stimulated cell suggest the involvement of intercellular connections.

The LECs studied *ex vivo* showed an increase in $[Ca^{2+}]_i$, which similarly suggests existence of intercellular connections. In human aLECs, ACh binds to M1 muscarinic receptors (M1 mAChR) and induces a rise in $[Ca^{2+}]_i$ (57-59). The origin of ACh in the lens is not clear; however, its presence can certainly affect cells of the immune system, which possess membrane bound mAChR and nicotinic (nAChR) receptors that can regulate their function (60-63). Some evidences present that retinal pigment epithelium (RPE) can express nicotinic acetylcholine receptors (nAChRs) as described for other epithelial cells, where nAChRs have been involved in processes such as cell development, cell death, cell migration, and angiogenesis (64).

As lipopolysaccharide (LPS) is a common initiator of inflammation it was shown that inhibition of aldose reductase (AR) prevents LPS-induced inflammatory response in human LECs (58). LPS causes many of the pathologic effects by stimulating host cells to synthesize large quantities of bioactive inflammatory mediators such as nitric oxide, prostaglandins, and cytokines, such as $TNF\alpha$, IL-1, IL-6, and $IFN-\gamma$ (59, 60). Cytokines can induce a diversity of host responses that eliminate invading bacteria, when they are at low concentrations; whereas at overwhelming concentrations, they can cause significant morbidity as a result of increased oxidative stress and ROS-mediated increase in nuclear factor kappa-light-chain-enhancer of activated B cells (NF- κ B) - a well known inducible transcription factor that can cause inflammatory response which can lead to septic shock marked by high fever (59, 61, 62). The ocular tissues can be exposed to various cytokines and other proinflammatory markers that are released as a result of injury, infection or disease processes (63-65). The lens can also be exposed to various inflammatory mediators associated with bacterial infections present in the aqueous humor (66-68). It has been shown that incubation of human LECs with cytokines such as $TNF\alpha$ increases the activation of NF- κ B and causes cytotoxicity and apoptosis (69, 70) therefore preventing NF- κ B activation by AR inhibitors would be expected to rescue human LECs from cell death (71). Transforming growth factor (TGF)-alpha and TGF-beta (2) mRNA have been found to be synthesized by human cataract LEC *in situ* and after culturing *in vitro*, so that the cultured LECs could also synthesize IL-8 mRNA (72). IL-1, IL-6, and basic fibroblast growth factor (b-FGF) may be produced *in vivo* by residual LECs after cataract surgery, which can cause postoperative inflammation and LEC proliferation. The role of these cytokines synthesized by LECs *in vitro* may be significantly associated with the proliferative processes affiliated with LECs following cataract surgery, which can lead to inflammation and secondary cataract accordingly (73). Some studies reveal that Terminal

deoxynucleotidyl transferase (TdT)-mediated dUTP nick-end labeling (TUNEL) staining of LECs in capsulotomy specimens is due to necrotic cell death caused by damage during or soon after cataract surgery (74). Furthermore, it has been revealed that expression of TNF α gene in LECs more extended compared with that of IL-1 α in lens capsule samples from cataract surgery. Active synthesis of TNF α and IL-1 α may therefore have consequences on postoperative inflammation and LEC proliferation (69).

The [Ca²⁺]_i dynamics upon mechanical stimulation of fvERMs has been described previously by our group. FvERMs in PDR can raise tractional force upon the retina and eventually lead to retinal detachment. Mechanical stimulation of the cells in the membranes or the retina can result in [Ca²⁺]_i changes in a manner of intercellular waves. Generation of calcium occurs by its release from internal stores. The waves do not evoke changes in the cell membrane potential, but may constitute a pathway for extraneuronal signalling. Proper phenotypization of the cell surface markers of *ex vivo* cultured cells growing out of human fvERMs from PDR gives uptake into their role and function in immunity. The cell adhesion molecules (CAMs) and integrins profile seem to be meaningful in the cell-based tissue integrity structuring and immune response processes (14).

IL-6, IL-8 and TNF α are well known proinflammatory cytokines secreted by macrophages and neutrophils increased in the vitreous of PDR patients (75-77) giving support to the role of inflammatory cytokines in angiogenesis in PDR (78, 79). Increased secretion of proinflammatory cytokines IL-6 and IL-8 was also measured in our fvERM outgrowing cells upon TNF α stimulation. Understanding their role can provide important diagnostic and therapeutic targets for the treatment and prevention of PDR.

The process of C5a activation leads to release of cytokines, ROS, proteolytic enzymes and other proinflammatory molecules (80). Increased levels of MCP-1, IL-1 β , IL-6, IL-8, and VEGF under C5a treatment have been revealed from retinal pigment epithelial cells (81-83), indicating a correlation between complement fragment C5a and inflammatory cytokines (84). Other proinflammatory molecules, including the Extracellular High-mobility group box-1 (HMGB1), which plays role in the angiogenesis and MCP-1, and ICAM-1, have also been detected in the vitreous of patients with PDR together with MCP-1, and sICAM-1 (85-93). Similarly, connection between CD200, a novel immunosuppressive molecule that exists as a cell membrane-bound protein, and proinflammatory cytokines has been found. The levels of interleukin family members (IL-8, IL-10, IL-6, and IL-18) are indeed significantly elevated in the vitreous humor from PDR patients, expression of which was positively related with

CD200. These findings suggest that sCD200-CD200R signaling axis may be a critical player in the pathogenesis and development of PDR (94) .

6. Conclusion

We adherently cultivated and expanded cells from different tissues using viscoelastic material as a novel and simple method. Human pterygium explants have been demonstrated to give rise to 3D outgrowing viable cells that can proliferate and migrate out of the grafts and form a stratified structure very much like the one *in vivo*. The expanding cells carried proteins related to an undifferentiated state, but also a commitment towards epithelial lineage. Manipulating the cell sheets was similar to handling primary human tissues, presuming a possibility for use in tissue engineering and drug discovery. Intracellular calcium dynamics upon mechanical stimulation, calcium signaling, and intercellular communication upon ACh stimulation was measured in aLCs containing LECs, as well as inflammatory cytokines-release studies were performed on aLCs-LECs and fvERM outgrowing cells. Future studies on cell functionality and homeostasis using calcium imaging and inflammation screening open possibilities for development of pharmacological and cell-based therapies that are attractive approach for treating eye diseases.

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