

**Prevention of intracellular calcium overload
by blocking NCX**

PhD Thesis

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ABBREVIATIONS AND ACRONYSM

[Ca²⁺]_i: intracellular calcium

AMI: acute myocardial infarction

AP: action potential

APD: action potential duration

ATX-II: anemone toxin

CF: coronary flow

DAD: delay after depolarization

DMSO: dimethyl sulphoxide

EAD: early after depolarization

ES: extrasystole

HR: heart rate

IR injury: ischaemia/ reperfusion injury

KH: Krebs-Henseleit solution

LVEDP: left ventricular end-diastolic pressure

LVP: left ventricular pressure

NCX: Na⁺ - Ca²⁺ exchanger

NHE: Na⁺ - H⁺ exchanger

NKA: Na⁺/K⁺ ATPase

ORM-10103: 5-nitro-2-(2-phenylchroman-6-yloxy)pyridine

PLN: phospholamban

PMCA: plasma membrane Ca-ATPase

_{rev}NCX: reverse NCX

SEA0400: 2-(4-((2,5-difluorophenyl)methoxy)phenoxy)-5-ethoxy-aniline

SERCA2a: sarcoplasmic reticulum Ca ATPase

VF: ventricular fibrillation

VT: ventricular tachycardia

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SUMMARY

Sodium-calcium exchange (NCX) is the major calcium (Ca) efflux mechanism of ventricular cardiomyocytes. Pathological conditions linked to imbalances in oxygen supply and demand (for example, ischaemia, hypoxia and heart failure) are associated with disruptions in intracellular sodium ($[Na^+]_i$) and calcium ($[Ca^{2+}]_i$) concentration homeostasis of myocardial cells. Calcium overload of myocardial cells is associated with electrical instability, increased diastolic and reduced systolic force generation, and an increase in oxygen consumption. Nevertheless, both the sodium-hydrogen exchanger (NHE) and abnormal sodium channel conductance (that is, increased late sodium current (I_{NaL})) are likely to contribute to the rise in $[Na^+]_i$. The primary aim of the present project was to investigate in detail the effects of $[Ca^{2+}]_i$ overload, induced either by increased late Na^+ current or by acute ischaemia/reperfusion in isolated canine multicellular preparations and in Langendorff-perfused hearts. The NHE and NCX were inhibited by cariporide and SEA0400 or the novel, more selective ORM-10103, respectively. SEA0400 and ORM-10103 fail to eliminate the APD lengthening effect of ATX-II independently of the sequence of application in canine preparations. NHE inhibition by cariporide was highly efficient in reducing the recorded reperfusion-induced arrhythmias. Following the application of SEA0400 or ORM-10103, the number and duration of arrhythmic periods were efficiently or moderately decreased. Surprisingly, the simultaneous inhibition of the NCX and NHE failed to significantly improve the antiarrhythmic efficacy reached by NCX blockade alone. Our present data support the hypothesis that selective, partial NCX inhibition may be antiarrhythmic via restricting the Na^+ -induced $[Ca^{2+}]_i$ elevation, and this protective effect is mediated primarily by its inhibitory effect on $_{rev}I_{NCX}$. Therefore, NCX inhibition can be considered as a promising therapeutic strategy against Ca^{2+} overload-induced, $_{rev}NCX$ -mediated cardiac arrhythmias.

1 INTRODUCTION

Cardiovascular diseases are the leading causes of death all over the world. Heart diseases with ischaemic origin alone account for >12% of all deaths; more than HIV/AIDS, tuberculosis, lung and breast cancer together. Heart failure (HF) and arrhythmias are the most serious conditions likely resulting in death. The causes of HF include of ischaemic coronary disease, myocardial infarction, chronic hypertension and valvular diseases. Coronary reperfusion therapy is a widely used intervention for the management of acute myocardial infarction (AMI). However, restoration of blood flow to previously ischaemic myocardium results in the so-called ischaemia/reperfusion (IR)-injury, which can be manifested as myocardial necrosis, arrhythmia, myocardial stunning and endothelial- and microvascular dysfunction including the no-reflow phenomenon. The mechanisms of the ischaemia/reperfusion injury consists of several pathways. Recently, there's increasing evidence for an important role in IR-injury on hypercontracture induced by calcium overload or low ATP level. Reperfusion of the heart after ischaemia may lead to lethal arrhythmias [1]. In humans, the most common reperfusion arrhythmia is an accelerated idioventricular rhythm [2]. However, ventricular tachycardia and ventricular fibrillation remain the most important causes of sudden death following spontaneous restoration of the coronary flow. The development of cardiac arrhythmias require concomitant existence of a *trigger* (i.e.: extrasystoles, generated by large enough membrane potential oscillations, usually induced by perturbations in $[Ca^{2+}]_i$ handling, leading to $[Ca^{2+}]_i$ overload) and a *substrate* (i.e.: large enough APD dispersion between adjacent cells, typically caused by an uneven reduction in the efficacy of AP repolarization) [3]. In normal conditions $[Ca^{2+}]_i$ is under a tight control due to a delicate balance between Ca^{2+} fluxes [4]. Therefore, $[Ca^{2+}]_i$ overload is prevented and triggered events cannot occur. Furthermore, the fast propagation of the action potential and the homogenous repolarization (i.e.: small APD dispersion between adjacent cells) precedes circular reentry [3].

Crucial role of the severe disturbances in the intracellular ionic homeostasis (including changes in $[Na^+]_i$, $[K^+]_i$, $[H^+]_i$, $[Ca^{2+}]_i$) in the initiation and progression of potentially lethal cardiac arrhythmias has been demonstrated in a plethora of studies [5]. Prognosis of these arrhythmias are poor with a high rate of mortality, due to their complex and not fully understood pathomechanisms and the consequent sub-optimal medical treatment [6]. Since increased NCX activity is considered as a major cause of both the ischaemia induced tissue injury and

postischaemic reperfusion arrhythmias, a beneficial effect of NCX inhibition against these pathological states seems highly feasible and is suggested by experts in the field.

The proposed cardioprotective, antiarrhythmic effects of selective, partial inhibition of NCX have been investigated in three studies utilizing several models of ischaemia/reperfusion injury. One of these studies was carried out in canine cardiomyocytes on multicellular preparations (papillary muscles). In the other studies Langendorff-perfused rat hearts were used. The most recent NCX inhibitors, the fairly selective SEA0400 and the novel and more selective ORM-10103 were tested for antiischaemic, antiarrhythmic efficacy.

1) In the first study, ATX-II, an activator of the late sodium current, has been used to induce a major rise in $[Na^+]_i$ (and subsequently leading to $[Ca^{2+}]_i$ overload) characteristic for a genetic disease (LQT3 syndrome) and also for acute ischemia-reperfusion. ATX-II is known to increase APD leading to both early afterdepolarizations (EADs) and ventricular tachycardia. Two principal questions were investigated: The effect of selective I_{NCX} inhibition on the arrhythmogenic $[Na^+]_i$ rise induced alterations of the variables of the $[Ca^{2+}]_i$ homeostasis. The effect of selective I_{NCX} inhibition on the arrhythmogenic $[Na^+]_i$ rise induced alterations of the AP morphology (and APD) and AP dispersion.

This study has been carried out by a few investigators - my challenge was to analyze in canine multicellular preparations the effect of ORM-10103 on ATX-II induced APD prolongation. To characterize these effects two principal experimental arrangements were applied. (1) If the I_{Na} activator was applied prior to the I_{NCX} blockade, the question was whether selective NCX inhibition is suitable to revert the I_{NaL} or Na^+/K^+ pump induced APD prolongation or $[Ca^{2+}]_i$ rise. When the NCX inhibitor was applied first, the question was whether the inhibition is able to prevent the arrhythmogenic effects of I_{NaL} activation.

2) In the second study an often used regional ischaemia/reperfusion model has been utilized in Langendorff-perfused rat hearts. Regional ischemia/reperfusion was introduced by ligating the left anterior descending coronary artery (LAD). The primary goal of this study was to evaluate and compare the putative protective efficacy of individual or combined inhibition of NHE and/or NCX against post-ischaemic arrhythmias.

3) In the third study the effects of NCX and/or NHE inhibition on the degree and kinetics of recovery of cardiac contractility during reperfusion following global ischaemia has been investigated, also in Langendorff-perfused rat hearts. In order to complete this study further experimental work is needed.

1.1 Intracellular Ca^{2+} homeostasis and excitation-contraction coupling

Ca^{2+} is a very important intracellular messenger. It is universal in the living organisms and nature has evolved multiple mechanisms to control the intracellular Ca^{2+} level. Calcium signaling is essential for many physiological processes, including muscle contraction, cell mobility, fertilization, exocytosis, and apoptosis. One of the major players in regulating intracellular Ca^{2+} is the $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCX). In cardiac excitation-contraction (E–C) coupling, a small amount of Ca^{2+} first enters through the L-type Ca^{2+} channel (LTCC) during membrane depolarization. This Ca^{2+} influx triggers a larger Ca^{2+} release through the Ca^{2+} release channels of the sarcoplasmic reticulum (SR), referred to as ryanodine receptors (RyRs). The gain of excitation-contraction (EC) expresses the relationship between SR Ca release flux and the Ca current that triggers it and is an expression of its efficiency. The released Ca^{2+} then binds to troponin C present within the myofilaments, which induces activation of the myofilaments and consequently muscle contraction [7].

Ca removal from the cytoplasm initiates the myocyte relaxation. There are two major routes of removal: SR Ca ATPase (SERCA2a) pumps Ca back into the SR and is regulated by phospholamban (PLN); the other is a subsequently transsarcolemmal Ca^{2+} removal through NCX, which operates in its forward mode when Ca^{2+} is high. NCX is a bi-directional transporter working in either forward and reverse mode depending on the electrochemical gradients of the substrate ions. Under physiological conditions, forward NCX removes majority of Ca that entered the cell through LCCs and reverse NCX, in order to maintain cellular Ca balance. The forward mode that removes calcium is coupled with sodium influx in $3\text{Na}^+ - 1\text{Ca}^{2+}$ stoichiometric ratio. Under physiological conditions and especially in pathological conditions such as ischaemia/reperfusion the NCX allows Ca^{2+} entry and sodium extrusion, called reverse mode operation. The plasma membrane Ca-ATPase (PMCA) and mitochondria are considered minor players in the balance of cellular Ca although their contribution should not be dismissed as there is accumulating evidence that they can influence cellular Ca stores and modify EC coupling [8]. A persistent reduction in cellular Ca efflux not matched by a decrease in Ca influx will result in increased cellular Ca. The expectation is that this increased cellular Ca will accumulate in the SR rather than the cytoplasm if SERCA is performing normally. The increased SR store typically results in larger Ca transients and therefore increased contractility [9]. Conversely, an increase in Ca efflux will deplete SR stores and depress contractility. Among different species, the tendency to deplete or load SR Ca in resting cells appears to depend upon intracellular sodium concentration: in species with higher Na concentrations (e.g. mice/rats), SR loading appears to occur at rest whereas those with lower Na concentrations (e.g. rabbits/ guinea pigs/humans) are associated with SR Ca depletion at rest. These changes in SR Ca load in response to the levels of

intracellular Na are mediated by NCX. Higher intracellular Na concentration increases the reverse NCX mediated Ca efflux and reduces forward NCX mediated Ca efflux, allowing SERCA to compete more effectively for Ca during the relaxation phase of the Ca transient. The general concept of SR loading and unloading in response to intracellular Na concentration has important implications for treatment of contractile dysfunction in heart failure [10, 11].

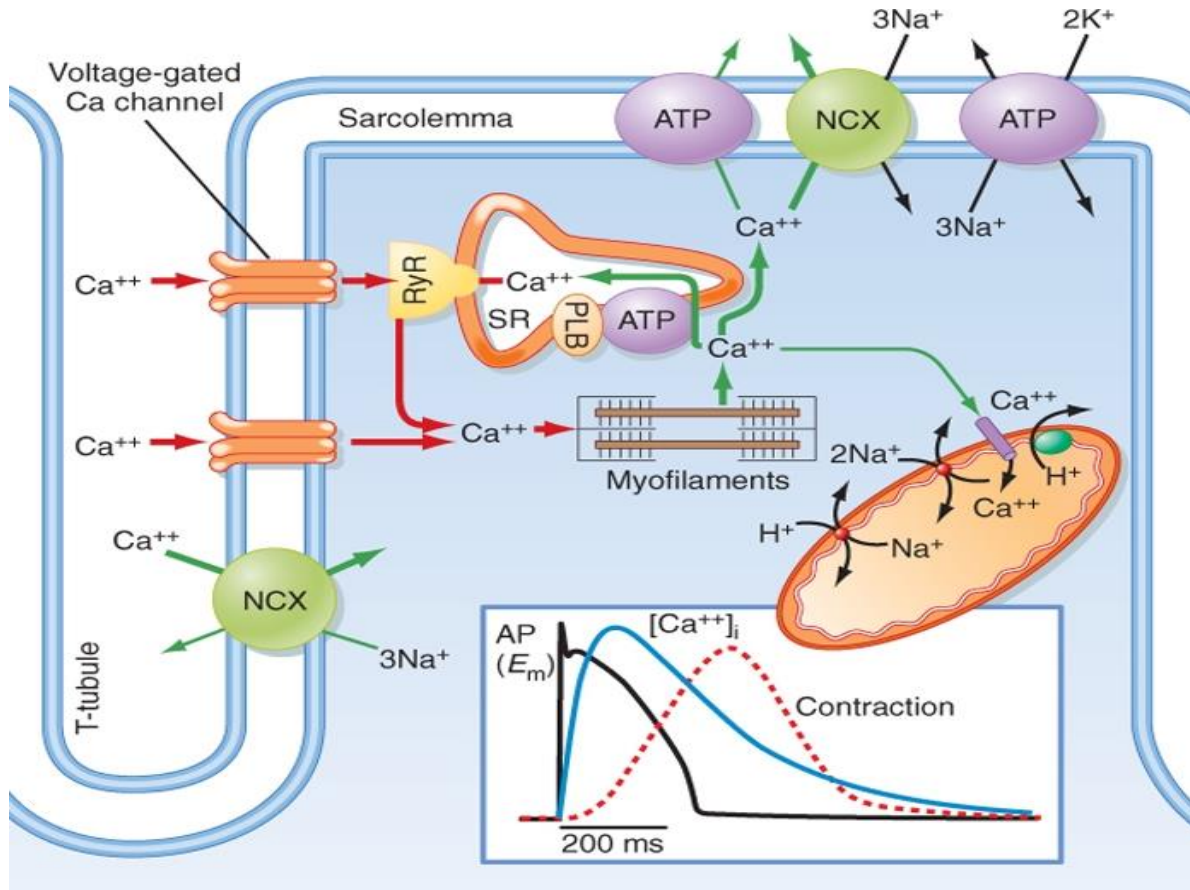


Fig.1: Electrical excitation at the sarcolemmal membrane activates voltage-gated Ca²⁺ channels, and the resulting Ca²⁺ entry activates Ca²⁺ release from the sarcoplasmic reticulum (SR) via ryanodine receptors (RyRs), resulting in contractile element activation. NCX, Na⁺/Ca²⁺ exchange; ATP, ATPase; PLB, phospholamban; SR, sarcoplasmic reticulum. Inset shows the time course of an action potential, Ca²⁺ transient and contraction. (Bers 2002).

1.2 Cardiac NCX structure and function

Since 1990, molecular biology techniques applied to the study of the NCX have given abundant information on its structure-function relationships. The canine cardiac NCX1 subtype was the first to be purified and cloned [12, 13]. Further subtypes that are products of different genes (NCX2 and NCX3) were later found in the brain and skeletal muscles, whereas NCX1 is universally distributed practically in every mammalian cell. The cardiac NCX1 consists of 970 amino acids with a molecular mass of 110 kDa [13]. Presently, in the latest version, the Na⁺/Ca²⁺ exchanger contains 9 transmembrane segments, 5 from the NH₂ terminus up to the large intracellular loop

and 4 from that loop up to the COOH terminus [14-16].

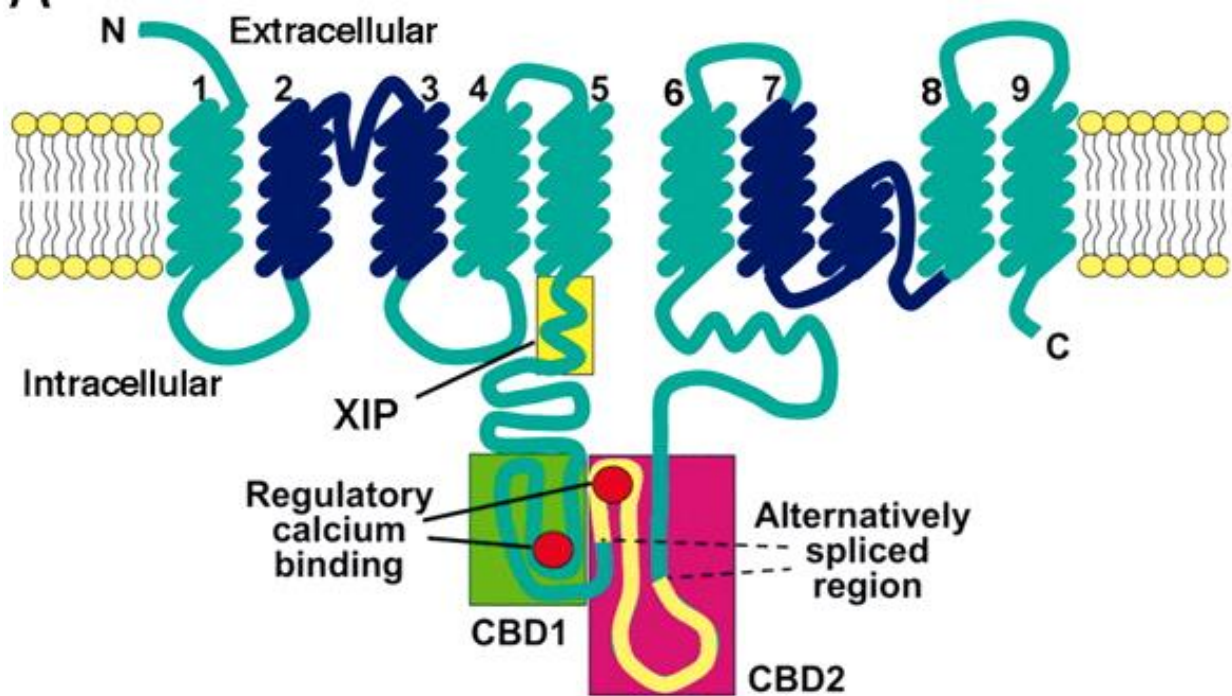


Fig. 2: Overall topology of NCX1. The N and C termini, reentrant loops (in blue), XIP region, and CBD1 and CBD2, including the alternatively spliced region.

The NH₂-terminal portion of the loop has a 20-amino acid domain rich in hydrophobic and basic amino acids and is called the XIP (exchange inhibitor peptide) region; in addition, it has an overall amino acid sequence similar to the calmodulin-binding domain [16]. This region is associated with the Na_i inactivation process. Around the central zone of the loop, there is a sequence of 135 amino acid containing highly acidic residues (two zones of three aspartyl each) that bind [Ca²⁺]_i with high affinity; this region is responsible for the [Ca²⁺]_i-dependent or allosteric regulation of the exchanger [17]. In cardiac muscle, one of the isoforms of the sodium calcium exchanger, NCX1, represents a major system of extrusion of Ca²⁺ that enters the cell by L-type Ca²⁺ channels (Cav1.2). Like other Ca²⁺ transport systems which are involved in excitation-contraction coupling (Cav1.2 and Ca²⁺ release channels of SR), NCX1 is regulated by intracellular Ca²⁺.

In cardiac myocytes, function of the Na⁺/Ca²⁺ exchanger belongs to the most important mechanisms of the Ca²⁺ homeostasis, and displays a major contribution to the regulation of the Ca²⁺ level during the cardiac excitation-contraction coupling. The major function of the NCX in the heart is the extrusion of Ca²⁺ from cytoplasm during relaxation and diastole. The major source of Ca²⁺ triggering the Ca²⁺ cycle is the L-type Ca²⁺ current which flows into the cell at the beginning of the action potential. In this phase of the action potential, the NCX can contribute to

the Ca^{2+} influx into the cell since the membrane potential is positive and the intracellular Ca^{2+} level is low. However, when the intracellular Ca^{2+} level increases at the beginning of the Ca^{2+} transient due to the Ca^{2+} -induced release of Ca^{2+} from the sarcoplasmic reticulum, the NCX turns into its forward mode operation, thereby contributing to the extrusion of Ca^{2+} from the cell. Relaxation of the Ca^{2+} transient is a result of the activities of three competing mechanisms. 70-90% of the cytoplasmic Ca^{2+} is resequestered into the sarcoplasmic reticulum by the sarcoplasmic reticulum Ca^{2+} -ATPase, 7-30% is extruded from the cell by the NCX, and only a small amount of Ca^{2+} is extruded by the slow Ca^{2+} -transport systems, such as the sarcolemmal Ca^{2+} -ATPase and the mitochondrial Ca^{2+} -transport.

1.3 Intracellular Na^+ and pH regulation

1.3.1 Intracellular pH Regulation in the Cardiac Cell

Cardiac myocytes express the apparatus for pH_i regulation by which an acute displacement of pH_i is compensated within minutes. The recovery of pH_i is mediated by sarcolemmal ion transport proteins that move H^+ , OH^- or HCO_3^- ions across the membrane. It should be noted that influx of one HCO_3^- anion, by neutralising an intracellular H^+ ion (thereby forming CO_2 , which escapes from the cell), raises pH_i by the same amount as the direct efflux of one H^+ ion (or the influx of one OH^- ion). These ion transport steps are thus referred to as H^+ -equivalent ion movements. At least five generic types of H^+ -equivalent transport protein have been identified functionally in the mammalian ventricular myocyte. Na^+/H^+ exchange (NHE) and $\text{Na}^+/\text{HCO}_3^-$ cotransport (NBC) mediate acid-extrusion while $\text{Cl}^-/\text{HCO}_3^-$ exchange (CBE) and Cl^-/OH^- exchange (CHE) mediate acid loading. A lactate- H^+ cotransport (monocarboxylate transporter, MCT) operates in either efflux or influx mode, depending on the actual circumstances. Under normoxic, non-exercise conditions lactate concentrations are low so that sarcolemmal MCT is largely inactive. During hypoxia, however, when lactate levels are high, its influence on pH_i becomes significant. At normal physiologic pH, all four regulators have low activity. When intracellular pH rises, the acid loaders are activated, restoring intracellular pH through an influx of acid. When intracellular pH falls, the acid extruders are activated, restoring intracellular pH by removing acid [18].

1.3.2 Structure of NHE

The Na^+/H^+ exchangers (NHEs) are a family of integral membrane glycoproteins expressed ubiquitously in mammalian cells, and it electroneutrally exchanges intracellular H^+ for extracellular Na^+ (1:1) to regulate intracellular pH (pH_i) and the concentration of $[\text{Na}^+]_i$ [19]. The NHE-1 isoform is ubiquitously distributed in most tissues and is the primary NHE subtype found

in the mammalian cardiac cell. NHE-1, the first isoform to be cloned, is expressed ubiquitously in the plasma membrane and is considered to be the cardiac-specific isoform [20].

NHE-1 is expressed, whereas a more restricted pattern of expression is shown for NHE-2 through NHE-5. Both NHE-6 and NHE-7 are intracellularly localized, although their functions are not currently known.

1.4 Effect of Ischaemia on Cellular Sodium and Calcium Homeostasis

Myocardial ischemia occurs when the energy demands of the cardiac tissue are not met by the available energy substrates. In most cases pathological conditions, this occurs with the sudden occlusion of a coronary artery by a thrombus, a situation that frequently culminates in life-threatening arrhythmia and sudden death [21]. Deprivation of oxygen and nutrient supply results in a series of biochemical and metabolic changes within the myocardium. The absence of oxygen halts oxidative phosphorylation, leading to mitochondrial membrane depolarization, ATP depletion, and inhibition of myocardial contractile function. This process is exacerbated by the breakdown of the available ATP, as the F_1F_0 ATPase function reverses to maintain the mitochondrial membrane potential, resulting in ATP hydrolysis and an increase in mitochondrial inorganic phosphate. In the absence of oxygen, cellular metabolism switches to anaerobic glycolysis, resulting in the accumulation of lactate, which reduces intracellular pH (to <7.0). The acidic conditions during ischemia prevent the opening of the MPTP and cardiomyocyte hypercontracture at this time. The intracellular accumulation of protons activates the $\text{Na}^+\text{-H}^+$ ion exchanger, which extrudes protons from the cell in exchange for Na^+ entry. The lack of ATP during ischemia ceases function of the $\text{Na}^+\text{-K}^+$ ATPase, thereby exacerbating the intracellular Na^+ overload. In response, the reverse activation of the NCX results in intracellular Ca^{2+} overloading as the cell tries to extrude Na^+ .

This contributes to intracellular Ca^{2+} overload and damages the cell membrane by lipid peroxidation, inducing enzyme denaturation and causing direct oxidative damage to DNA. Reperfusion and reactivation of the NHE result in washout of lactic acid, resulting in the rapid restoration of physiological pH, which releases the inhibitory effect on MPTP opening and cardiomyocyte contracture. The restoration of the mitochondrial membrane potential drives calcium into the mitochondria, which can also induce MPTP opening [22].

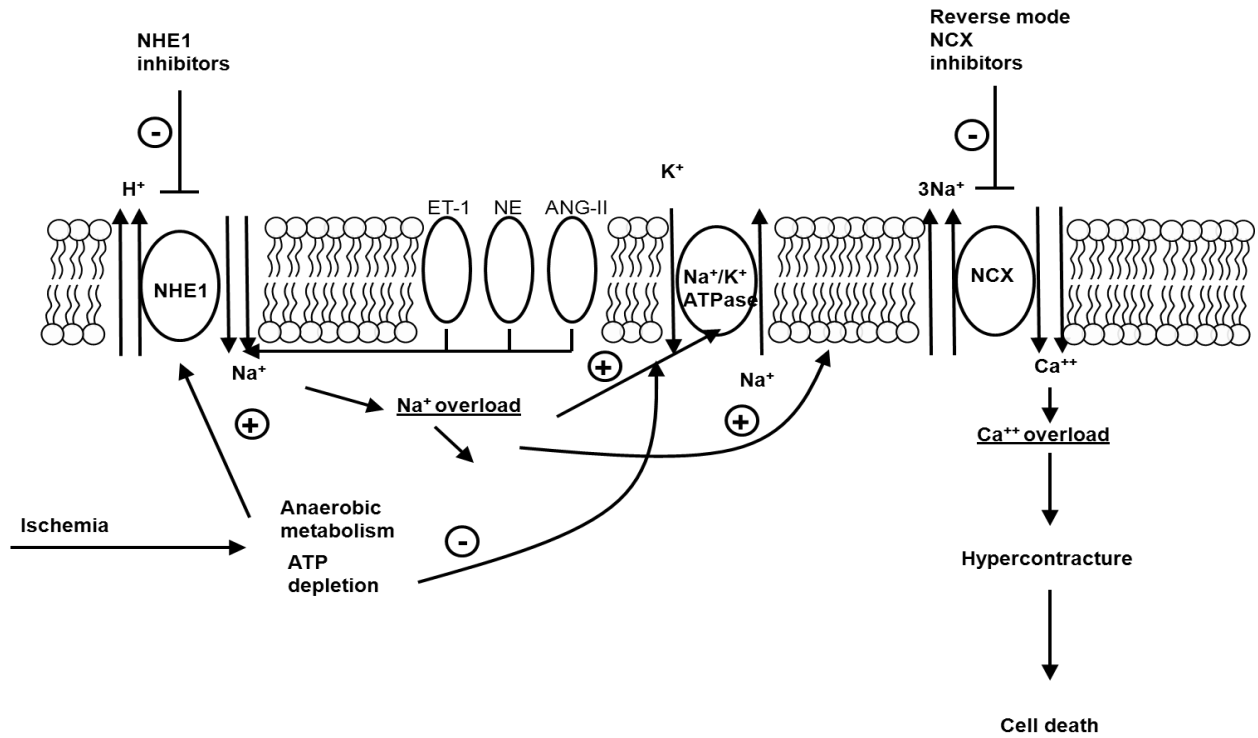


Fig. 3: Causes and consequences of ionic imbalances during ischemia. Ischaemia results in a cessation of aerobic metabolism and a reliance on anaerobic metabolism, resulting in cellular and tissue acidosis. Accumulation of intracellular H⁺ stimulates NHE, resulting in accumulation of intracellular Na⁺. Accumulation of intracellular Na⁺, in turn, stimulates reverse activity of the NCX, resulting in intracellular Ca²⁺ accumulation. NHE, Na⁺/H⁺ exchanger; NCX, Na⁺/Ca²⁺ exchanger.

1.4.1 Consequences of a pathophysiologically increased late I_{Na}

A pathophysiologically increased late I_{Na} by itself can alter cellular electrophysiology by two distinguished ways and thus increase the propensity for arrhythmias, i.e. elevation of late I_{Na} a) prolongs the cardiac action potentials, and b) causes cellular Na-dependent Ca overload. EADs are more likely to occur during a prolonged action potential duration, which can be induced by enhancing late I_{Na}. Moreover, transmural differences in late I_{Na}, and hence action potential duration, might increase transmural dispersion of repolarization and QT interval, which underlies the development of torsade de pointes arrhythmias [20]. In contrast, calcium overload, which occurs when late I_{Na} is elevated [12], and leakiness of the cardiac ryanodine receptor are believed to participate in the initiation of spontaneous sarcoplasmic reticulum calcium release events and/or proarrhythmogenic Ca waves [43]. The consequence is the elimination of the released Ca via the NCX, which generates the transient inward current, I_{Ti}, which can give rise to DADs [44]. It has been that late I_{Na} plays a crucial role in arrhythmia generation in guinea pig atrial myocytes [45]. They observed EADs and DADs as well as triggered activity. Also, elevation of late I_{Na} induced a Ca-dependent I_{Ti}. Calcium chelating agents, NCX blockers, and the sarcoplasmic reticulum Ca release inhibitor ryanodine could prevent DADs and triggered activity. Because

EADs could not be prevented using these agents, it is suggested that action potential prolongation causes EADs in a Ca-independent manner.

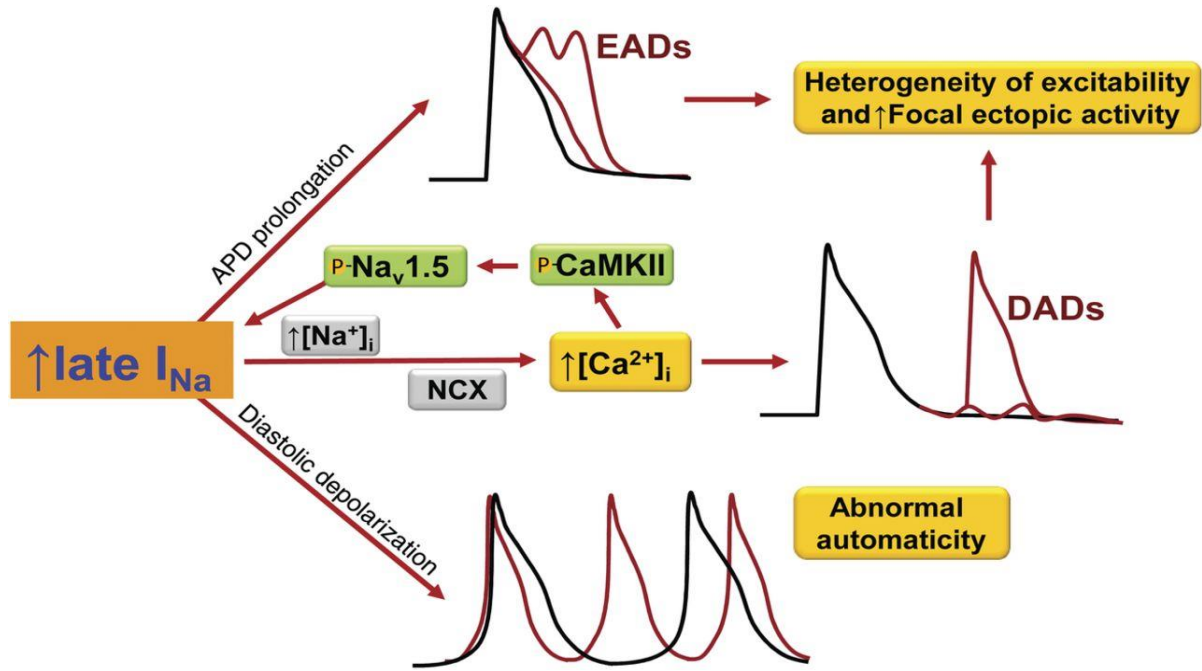


Fig.4: Mechanisms of late I_{Na} -induced arrhythmia: EADs, DADs, and spontaneous diastolic depolarization. Not shown, late I_{Na} increases spatiotemporal dispersion of repolarization and facilitates reentrant arrhythmic activity. NCX, Na^+/Ca^{2+} exchange; CaMKII, Ca^{2+} /calmodulin-dependent protein kinase II.

1.5 Cardiac action potential

Upon activation cardiomyocytes are depolarized by a rapid inflow of Na^+ ions generating a large and fast inward Na^+ current (I_{Na}). I_{Na} not only defines the rapid upstroke of the AP (*phase 0*) but has also primary role in defining the velocity of impulse propagation through the heart. The initial depolarization of the AP is followed by a transient repolarization (*phase 1*) mainly governed by the transient outward current (I_{to}). In this section of the AP, the Ca^{2+} -activated Cl^- current ($I_{Cl(Ca)}$ or I_{to2}) is also suggested to contribute to the transient repolarization. The rapid upstroke of the AP activates the L-type Ca^{2+} current (I_{CaL}) and also several crucial K^+ currents involved in the repolarization: i.e. the rapid and slow components (I_{Kr} and I_{Ks}) of the delayed rectifier K^+ current and the inward rectifier K^+ current (I_{K1}). During a period of time I_{CaL} opposes the outward repolarizing currents, establishing a nearly isoelectric plateau phase (*phase 2*) of the AP. The duration of the plateau phase has important role in controlling the amount of the Ca^{2+} influx. The Ca^{2+} influx has crucial role in initializing the intracellular Ca^{2+} cycle leading to contraction of the cell. When Ca^{2+} channels begin to close the outward currents gradually overcame I_{CaL} , enabling fast repolarization of the AP (*phase 3*), governed by cooperative function of I_{Ks} , I_{Kr} , and I_{K1} . The

terminal repolarization (*phase 4*) of the AP, as well as the resting membrane potential is primarily controlled by the I_{K1} . In normal myocytes Ca^{2+} influx via NCX (outward I_{NCX}) is only expected for a very brief period early during the AP. The rise in submembrane $[\text{Ca}^{2+}]_i$ ($[\text{Ca}^{2+}]_{\text{sm}}$) quickly favors inward I_{NCX} (Ca^{2+} efflux).

1.6 Pharmacology of NCX

Potent and selective blockers of NCX activity would be extremely useful for clarifying the precise functions of NCX. Until recently, however, this possibility was hampered in case of NCX because of the lack of potent and highly specific inhibitors.

Because NCX moves ions and charge in either direction, mode-specific inhibitors of NCX, if available, may have high therapeutic potential. For example, specific blocking of excessive Ca^{2+} influx via reverse-mode NCX activity may reduce Ca^{2+} overload due to cardiac glycoside toxicity or to ischemia and reperfusion in the heart and other tissues. Increased Ca^{2+} influx via NCX is also implicated in some forms of hypertension [23]. In heart failure, enhanced Ca^{2+} efflux due to upregulation of NCX activity may impair the systolic function by reducing the SR Ca^{2+} loading and is also directly implicated as a cause of arrhythmias [24]. On the other hand, excess Ca^{2+} influx via NCX during the terminal phase of the action potential plateau could contribute to the slow relaxation in failing myocytes [25]. However, to what extent mode-specific blockers of NCX may be beneficial in therapeutic control of the overall function of a failing heart and/or other diseased organs remains to be determined. As blockers of NCX activity, many divalent and trivalent cations, such as La^{3+} , Ni^{2+} , and Cd^{2+} , and a variety of organic compounds, including amiloride derivatives (eg, dichlorobenzamil) or the substituted pyrrolidine ethanamine (eg, bepridil), have long been known. These cations and organic agents also exert inhibitory effect on other ion channels and/or transporters, which limits their use as specific blockers of NCX activity. Nowadays, the two most selective and widely used NCX inhibitors in the literature are the aniline derivative, SEA0400 and KB-R7943 [26]. Intriguingly, KB-R7943 exerts a preferential effect on reverse-mode (Ca^{2+} -influx mode) NCX activity. However, the selective blocking of Ca^{2+} influx via NCX is observed irrespective of the presence or absence of extracellular Ca^{2+} . In cardiac sarcolemmal vesicles, the XIP peptide and a Ca^{2+} channel blocker, nicaldipine, depressed the rate of Na^+ -dependent Ca^{2+} uptake much more potently than that of Na^+ -dependent Ca^{2+} efflux. Although the data suggest a significant difference in the properties of NCX1 in the forward and reverse modes, the underlying molecular mechanism for this peculiar directional specificity is not clear.

The other selective inhibitor of $\text{Na}^+/\text{Ca}^{2+}$ exchange SEA0400 was up to 100 times more potent than KB-R7943. At 1 μM SEA0400 was reported to have no effect on Na^+ , L-type Ca^{2+} , inwardly

rectifying K^+ , and delayed rectifier K^+ currents in isolated guinea pig ventricular myocytes. However, at 10 μM , SEA0400 partially inhibited the L-type Ca^{2+} current. In isolated canine ventricular myocytes, Biliczki et al. found that SEA0400 (1 μM) decreases NCX current without any significant effects on I_{to} , I_{Ks} , I_{Kr} , or I_{K1} . At concentrations of ≤ 1 μM SEA0400 had no effect on cardiac function in isolated rabbit hearts. At 1 μM SEA0400 significantly improved the first derivative of left ventricular pressure ($\pm dP/dt$) after ischemia as reported in the same study. Because of its limited solubility, SEA0400 has not been evaluated at higher concentrations [27].

Some synthetic peptides are also effective NCX inhibitors. The XIP peptide derived from the primary sequence of cardiac NCX1 decreases the V_{max} of NCX activity. As noted earlier, it is significantly less potent in inhibiting Na-dependent Ca^{2+} efflux from sarcolemmal vesicles than in inhibiting the reverse reaction. XIP has little effect on Na^+/K^+ -ATPase, SR Ca^{2+} -ATPase, or L-type Ca^{2+} currents, and it does not increase membrane conductance when applied to the intracellular surface by use of the excised-patch technique [16]. However, it may bind calmodulin and could thus interfere with the function of calmodulin-binding proteins. Furthermore, its usefulness as an NCX inhibitor is limited because it acts only from the cytoplasmic side.

Other peptides, such as the molluscan cardioexcitatory tetrapeptide Phe-Met-Arg-Phe-NH₂ (FMRFa) and its analogues and the cyclic hexapeptide Phe-Arg-Cys-Arg-Cys-Phe-CONH₂ (FRCRCFa), which are much smaller than XIP, have been reported to inhibit NCX activity [28]. FMRFa and its related peptides inhibit the NCX activity of cardiac sarcolemmal vesicles. On the basis of structure/activity studies of these peptides, a new cyclic peptide, FRCRCFa, with an intramolecular disulfide bond has been synthesized. FRCRCFa exhibits improved inhibitory potency and resistance to proteolytic degradation, and in sarcolemmal vesicles it inhibits NCX activity completely, without competing with extravesicular Ca^{2+} and Na^+ . In the rabbit ventricular myocyte, FRCRCFa inhibits whole-cell NCX currents much more potently, and exhibits a rapid onset of action. Furthermore, it reportedly has no effect on L-type Ca^{2+} channels or delayed rectifier and inward rectifier K_1 channels. Thus, FRCRCFa appears to have several advantages over XIP. This peptide acts from the intracellular side, but its binding site has not been identified.

Iwamoto and colleagues [29] describe the characterization of a new NCX inhibitor, SN-6, a derivative of KB-R7943. As reported recently for SEA0400, SN-6 seems to act by accelerating Na^+ -dependent inactivation, thereby preferentially inhibiting the “reverse” mode transport that occurs with elevated intracellular Na^+ during hypoxia. The extent to which SN-6 is specific for NCX remains uncertain because both KB-R7943 and SEA0400 displayed similar specificity on an initial screen of receptors and channels; however, both drugs depressed Ca^{2+} transients in myotubes from NCX1 knockout mice, suggesting that they are not completely specific for NCX.

This may be an important caveat for experimental uses of these drugs but may not affect their therapeutic potential in humans.

In conclusion, although there are several pharmacological agents inhibiting the NCX, the interpretation of results obtained using these compounds is complicated by the concomitant effects on other transport systems or ionic channels.

1.7 *Cardioprotective Effects of NCX and NHE inhibitor*

A reasonable defensive strategy to limit the ischaemia/reperfusion-induced $[Na^+]_i$ accumulation and subsequent $[Ca^{2+}]_i$ overload seems to be a pharmacological inhibition of one or both exchangers. However, since their normal activity is vital, only a partial and temporal blockade may be safely introduced. In preclinical studies, NHE inhibition has been shown to be highly effective, especially when applied *before* ischaemia [30-33]. Based on the promising results of these studies, NHE inhibition has been suggested as a straightforward therapeutic strategy against ischaemia-reperfusion-induced cardiac injuries. Human results from phase2/phase3 clinical trials (GUARDIAN, EXPEDITION, ESCAMI), however, produced disappointing results, reporting only limited efficacy of this strategy in the majority of cases [34].

Theoretically, NCX inhibitors administered shortly after the onset of a heart attack might reduce the probability of arrhythmia generation by limiting damage in the border zone. In a range of preclinical studies, especially under moderate ischaemia, reverse mode inhibition of NCX has been found to suppress both $[Na^+]_i$ and $[Ca^{2+}]_i$ overload, hypercontracture, enzyme release and cell damage [35]. Consequently, the inhibition of NCX may have substantial therapeutic potential in the prevention of cardiac ischaemia/reperfusion-induced arrhythmias and injuries [36]. Evaluation of the experimental data on NCX inhibition was, however, seriously hampered by the lack of selective and highly effective NCX inhibitors. This may explain why only NHE inhibitors are used to some extent in clinical practice. NCX inhibitors have never been tested in clinical trials.

In summary, there is convincing evidence suggesting that in *clinical practice*, NHE inhibition, *per se*, fails to prevent or substantially reduce ischaemia/reperfusion-induced arrhythmogenesis [37]. On the other hand, reverse mode NCX inhibition displayed promising cardioprotective effects in animal studies [38]. The present work was based on the assumption, that since the enhanced NHE activity is only *one* factor resulting in cardiac arrhythmogenesis due to the subsequent $[Ca^{2+}]_i$ overload, the inhibition of NHE itself, does not seem to be the *optimal treatment* to reduce the incidence and severity of cardiac arrhythmias. One may also speculate that since the NHE and NCX seem to play a joint key role in the induction of ischaemia/reperfusion-induced $[Ca^{2+}]_i$

overload, the deteriorative effects might be better attenuated by simultaneously inhibiting both the NHE and NCX.

2 AIMS OF THE STUDY

The primary aim of our studies was the detailed analysis of the cardioprotective effects of NCX and/or NHE blockade against $[Na^+]_i$ rise induced $[Ca^{2+}]_i$ overload and subsequent changes in action potential morphology in experimental models of LQT3 syndrome and ischaemia/reperfusion injury. The major questions were:

- Can SEA0400 or ORM-10103 prevent ATX-II induced changes in AP morphology and APD prolongation?
- Is individual or combined inhibition of NHE and/or NCX protective following regional ischaemia, against arrhythmias, at least partially generated by reperfusion-induced $[Ca^{2+}]_i$ - overload in Langendorff - perfused rat hearts?
- Does NCX and/or NHE inhibition have a protective effect on Ca^{2+} overload induced contracture during and following global ischaemia?

For this purpose, a well-known, well-characterised NHE inhibitor, cariporide [39], and two NCX inhibitors, the fairly selective SEA0400 [40] and the novel, more selective ORM-10103 [41], were used.

3 METHODS AND MATERIALS

All experiments were performed in compliance with the *Guide for the Care and Use of Laboratory Animals* (USA NIH publication No. 86-23 revised 1996) and fully conformed to Directive 2010/63/EU of the European Parliament. Experimental protocols were approved by the Ethics Committee for the Protection of Animals in Research of the University of Szeged, Szeged, Hungary (permit No. I-74-9/2009).

3.1 *Preparation of papillary muscles*

Canine papillary muscles were isolated from adult mongrel dogs of either sex weighing 10 to 20 kg. Following sedation (xylazine, 1 mg/kg, i.v.) the animals were anaesthetized with 30 mg/kg thiopental and anticoagulated with sodium-heparin. The proper depth of anesthesia was carefully tested with pupil and pain reflexes. After right lateral thoracotomy the heart was quickly removed and immediately rinsed in oxygenated modified Locke's solution containing (in mM): Na^+ 140, K^+ 4,

Ca^{2+} 1.0, Mg^{2+} 1, Cl^- 126, HCO_3^- 25 and glucose 11. The pH of the solution, bubbled with 95% O_2 and 5% CO_2 at 37°C, ranged from 7.35 to 7.45.

3.2 Preparation of isolated hearts

Male Sprague-Dawley rats (250 – 350 g) were anaesthetised with sodium thiopental (0.1 g/kg, i.p.) and injected with heparin sodium (500 IU i.v.). Hearts were rapidly excised, mounted via the aorta on a Langendorff apparatus and perfused retrograde with warm (37°C), modified Krebs–Henseleit bicarbonate (KHB) buffer at a constant pressure (80 mmHg). The KHB solution contained (in mmol/l): NaHCO_3 25; KCl 4.3; NaCl 118.5; MgSO_4 1.2; KH_2PO_4 1.2; Na-pyruvate 5; glucose 11; CaCl_2 2, having a pH of 7.4 ± 0.05 when gassed with carbogene (95% O_2 + 5% CO_2). For the induction of regional ischaemia, a 6/0 braided silk suture was placed around the left anterior descending coronary artery (LAD). A water-filled latex balloon was inserted into the left ventricular cavity and inflated to obtain a control state end-diastolic pressure (LVEDP) of 4-8 mmHg. Coronary flow (CF), left ventricular pressure (LVP), perfusion pressure, and the electrocardiogram (ECG) were simultaneously recorded using the Haemosys software (Experimetria, Hungary). Left ventricular contractility ($\pm \text{dP}/\text{dt}_{\text{max}}$) and heart rate (HR) were calculated off-line from the recorded LVP curve.

3.3 Experimental protocol

3.3.1 Recording of action potentials in multicellular preparations

Isolated papillary muscles were obtained from the right ventricle. Multicellular preparations were mounted in a 40 ml glass chamber and perfused with Krebs-Henseleit solution at 37°C. The recording pipette was filled with 3 M KCl. SEA0400 has been applied in 1 μM concentration. At this concentration its inhibitory effect on I_{Ca} was 20%. [40] ORM10-103 has been applied in concentration of 10 μM in which it can exert its maximal inhibitory effect without influencing the Ca^{2+} current [41].

The effect of upregulating I_{NaL} using ATX-II, which is known to increase substantially the Na^+ influx due to lengthening of the inactivation of I_{NaL} . Application of 2 nM ATX-II significantly increased the amplitude of the AP. ATX-II binds to the open state of the cardiac sodium channel, thereby slowing channel inactivation and facilitating channel re-opening from the closed state. ATX-II increases both total and late inward depolarizing sodium current during the action potential plateau. ATX-II increases the duration of the ventricular myocyte action potential and can induce both early afterdepolarizations (EADs) and ventricular tachycardia.

Cardiac pathologies are associated with increased late I_{Na} that contributes to the dysregulation of ion homeostasis and causes electrical and contractile dysfunction. This study was designed to test the hypothesis that an increased late sodium channel current (I_{Na}) leads to Ca^{2+} overload and left ventricular (LV) dysfunction, and thereby inhibition of late I_{Na} improves Ca^{2+} homeostasis and reduces LV dysfunction.

3.3.2 Global ischemia

Isolated hearts were perfused for 10 minutes to establish stable baseline performance before 5 minutes perfusion of the inhibitors. For the induction of the no-flow global ischaemia, the perfusion completely stopped for a duration of 25 minutes followed by 50 minute reperfusion. Hearts were randomly assigned into 4 experimental groups: the control (CON) group was perfused with KHB solution containing solely the vehicle (dimethyl sulphoxide (DMSO) in 0.01% final concentration). Two heart groups were perfused with KHB solution containing only a single inhibitor: 5 μ M cariporide (CAR); 1 μ M SEA0400 (SEA) and 1 experimental group was treated with a combination of the NHE and NCX inhibitors: 5 μ M cariporide + 1 μ M SEA0400 (SEA+CAR).

We observed more the the ischemia-induced contracture's parameters: the moments when the maximal contracture's occurring, the amplitude of contracture and the rate of the contracture in the 25. ischaemic minute.

3.3.3 Regional ischaemia

All hearts were allowed to stabilise for **10** min. The perfusion of drugs or vehicle started **5** minutes before occlusion of the left anterior descending coronary artery (LAD) and were maintained throughout the protocol. Hearts were randomly assigned into six experimental groups: the control (CON) group was perfused with KHB solution containing solely the vehicle (dimethyl sulphoxide (DMSO) in 0.01% final concentration). Three heart groups were perfused with KHB solution containing only a single inhibitor: 5 μ M cariporide (CAR); 1 μ M SEA0400 (SEA) or 1 μ M ORM-10103 (ORM). Two experimental groups were treated with a combination of the NHE and NCX inhibitors: 5 μ M cariporide + 1 μ M SEA0400 (SEA+CAR) or with 5 μ M cariporide + 1 μ M ORM-10103 (ORM+CAR). Ischaemia-reperfusion-induced arrhythmias were evoked by pulling on the suture around the artery for 10 minutes. Successful occlusion was confirmed by a significant reduction in coronary flow. To ensure the homogeneity of ischaemic damage and to exclude possible bias due to surgical artefacts, hearts with a *more than 65% decrease in coronary flow rate* were excluded from the study. Furthermore, hearts developing severe arrhythmias *during the ischaemic period* were also excluded. The 10 min period of regional ischaemia was

followed by 30 min reperfusion initiated *via* releasing the suture. Successful reperfusion was confirmed by an immediate increase in coronary flow. LVP and ECG were recorded and analysed off-line for duration and incidence of the sinus rhythm periods (SR), SR periods with multiple extrasystoles (ES), periods of ventricular tachycardia (VT), defined by the incidence of four or more consecutive ventricular premature beats. The onset of ventricular fibrillation (VF) was verified by the permanent lack of individual QRS deflections.

3.4 Drugs

SEA0400 and cariporide were synthesised in the Department of Pharmaceutical Chemistry, University of Szeged. ORM-10103 was a gift from Orion Pharma (Espoo, Finland). Stock solutions were stored at 4°C. All solutions were freshly made prior to the measurement. The inhibitory effect of both inhibitors is bidirectional with nearly symmetrical concentration dependency for the reverse and forward transport modes. All three drugs were dissolved in dimethyl-sulphoxide (DMSO) and diluted in KHB until establishing the final concentration. The DMSO concentrations in the *stock solutions* and in the *final perfusion solution* were 5% and 0.01%, respectively. At this final concentration, the effect of DMSO on the heart is generally considered negligible.

In preliminary tests aimed to titrate optimal APD lengthening in multicellular samples, ATX-II (2 nM) was effective, therefore, in this study we used alternatively. ATX-II is a potent neurotoxin, which modulates voltage-gated Na⁺ channel gating kinetics by delaying its inactivation and prolonging the action potential of excitable membranes.

3.5 Data processing and statistical analysis

3.5.1 Multicellular preparations:

Statistical significances were verified using repeated measure ANOVA plus Bonferroni *post hoc* test. Columns and bars represent means \pm SEM, asterisks denote significant differences from control, while # from the group pretreated with either SEA0400 or ORM-10103 ($p < 0.05$).

3.5.2 Global ischemia

Experimental data were compared and analyzed using repeated measure ANOVA with Fisher LSD *post hoc* test. Differences were considered significant at $p < 0.05$.

3.5.3 Regional ischemia

Major haemodynamic parameters (CF, HR, LVSP, LVEDP, DP and $\pm dP/dt_{\max}$) were either directly measured or calculated from the pressure recording (LVP curve) four times during the

experiment: at the end of the equilibration (control), pre-treatment, ischaemic and reperfusion periods, respectively. All haemodynamic values calculated for the *reperfusion phase* and summarised in **Table 1** were obtained from hearts devoid of sustained arrhythmias or were evaluated during a period of sinus rhythm between two arrhythmic periods.

The severity of reperfusion-induced arrhythmias observed in the LVP and ECG recordings was judged by evaluating *three* crucial arrhythmia-related variables: the *type of arrhythmic activity* (i.e. extrasystoles (ES), ventricular tachycardia (VT) and ventricular fibrillation (VF)) and the *incidence* and *duration* of time periods with that arrhythmia type. Furthermore, total duration of the regular sinus rhythm periods (SR) was also calculated. It should be emphasised that although transient and sustained ventricular fibrillatory periods were both observed during the 30 min reperfusion period, since we were primarily interested in the efficiency of the applied pharmacological treatments against ventricular arrhythmias generated during the *early phase* of reperfusion, these two forms of VF were not separated during evaluation of the individual arrhythmia diagrams.

Since in many of the hearts subjected to the regional ischaemia/reperfusion protocol the ventricular fibrillation, if started, became sustained – probably, but not necessarily reflecting ischaemia-reperfusion-induced *irreversible* shifts in electrophysiological properties of the heart – the raw values obtained for the incidence and duration of the ES and VT periods were highly dependent on the total length of the VF-free periods. Therefore, in order to provide more realistic information, the total duration of these periods has been normalised for the total duration of the VF-free periods. Furthermore, in order to avoid dividing by zero or close to zero values in cases of very low VF duration (occurring primarily in cariporide treated hearts), nominal durations of the VF periods were assigned to score levels changing in 5 min intervals between 1 and 7 (i.e. VF of 0-5 min corresponded to level 1, 5-10 min to level 2, etc.).

Unit of incidence: usually (absolute) incidence means the number of occurrences (i.e. counts); therefore, it should be dimensionless. In our analysis, relative incidence values were used, i.e. the absolute count numbers were normalised to the duration of the VF-free periods, and therefore expressed as a ratio (*the occurrence divided by the total duration of VF-free periods during reperfusion*). Hence, the dimension of this variable became frequency (1/min).

Statistical calculations were performed using Statistica 9.0 (StatSoft Inc. USA). All data are expressed as means \pm S.E.M. Statistical analysis was performed using parametric or nonparametric (Kruskal-Wallis) ANOVA, depending on the homogeneity or inhomogeneity of the variances between individual groups. All statistical calculations were performed either relative to the control group (*one-way ANOVA*) in case of evaluating the differences between groups with no

treatment or various pharmacological treatments *in the same experimental state* (i.e. *intergroup* differences) or relative to the corresponding control (non-ischaemic, non-treated) baseline when evaluating the *effect of interventions* – i.e. the application of inhibitor(s), ischaemia or reperfusion (*repeated measures ANOVA*). Statistically or marginally significant differences are marked in figures by * ($p < 0.05$), or # ($p < 0.1$), respectively.

4 RESULTS

4.1 *SEA0400 and ORM-10103 fail to eliminate the APD lengthening effect of ATX-II*

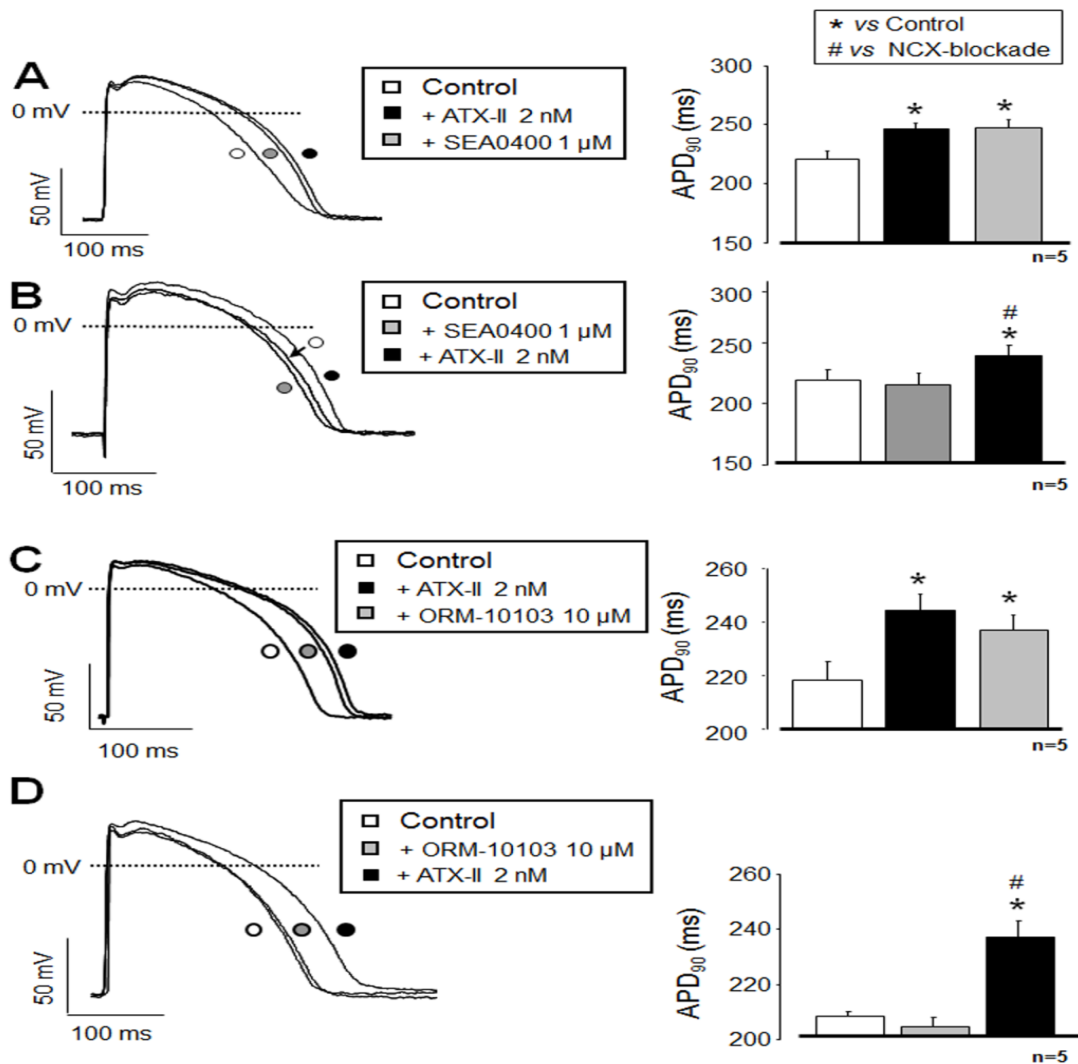


Fig.5: NCX inhibition was ineffective against the I_{NaL} activation induced APD₉₀ prolongation. Neither SEA0400 (A, B) nor ORM-10103 (C, D) reverted or even substantially decreased the lengthening of APD, leading frequently to generation of EADs. Columns and bars represent means \pm SEM values, asterisks denote significant differences from control ($P < 0.05$). While # from the ATX-II treated group.

While selective inhibition of I_{NCX} by either SEA0400 or ORM-10103 was found to be quite effective against the ATX-II induced increase in cellular Ca^{2+} load, it completely failed to suppress the significant lengthening of APD caused by ATX-II. **Fig.5 A and C**, shows that when, SEA0400 and ORM-10103 were applied after ATX-II, eg. after ATX-II significantly lengthened APD, they exerted no any modulation on the ATX-II –induced APD prolongation. Similarly, when the NCX inhibitors (**Fig.5 B and D**) were added as pretreatment, they were unable to prevent the ATX-II-induced APD prolongation. Thus, application of 1 μ M SEA0400 either prior to or following the ATX-II treatment had no effect on APD (**Fig.5 A and B**). Similarly to SEA0400, the more selective ORM-10103 was also ineffective against the ATX-II induced APD lengthening. Independently of the sequence of application it failed to prevent or even reduce significantly the APD lengthening effect of ATX-II (**Fig.5 C and D**).

4.2 Global ischaemia

4.2.1 Comparison of the ischaemia-induced contracture's parameters

Contracture, i.e. a sustained shortening and stiffening of the myocardium, can have several causes. In ischaemic myocardium, contracture develops by a rigor-type mechanism.

In **Fig.6** we compare the time to the peak contracture occurring as a consequence of the ischemia. Time to peak contracture was significantly increased by the applied drugs compared to the control group, irrespective of whether they were applied alone or in combination.

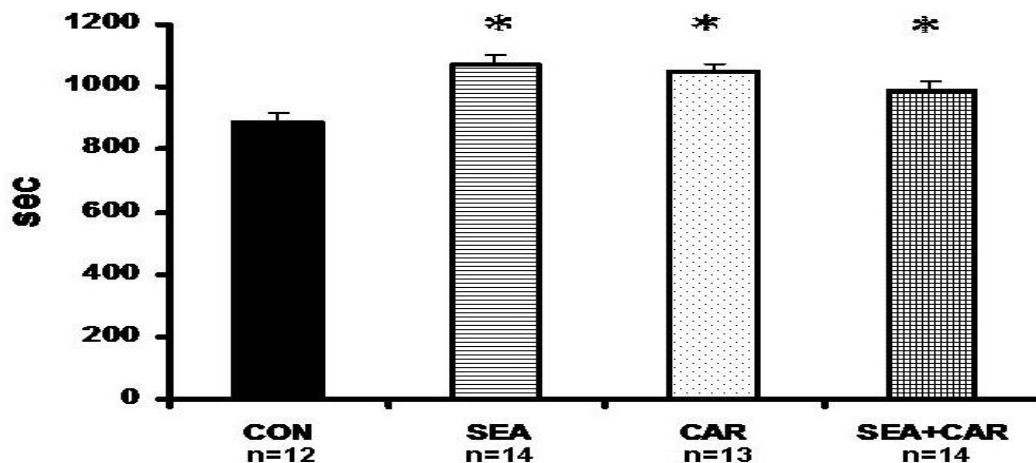


Fig. 6: The onset of the maximal contracture was significantly delayed in the treated-groups.

Maximal extent of the ischaemic contracture is also an important parameter of the ischaemic damage of the myocardium. The amplitude of the contracture was significantly decreased by the drugs during the 25 min ischaemic period (**Fig. 7**). Again, they were equally effective alone and in combination.

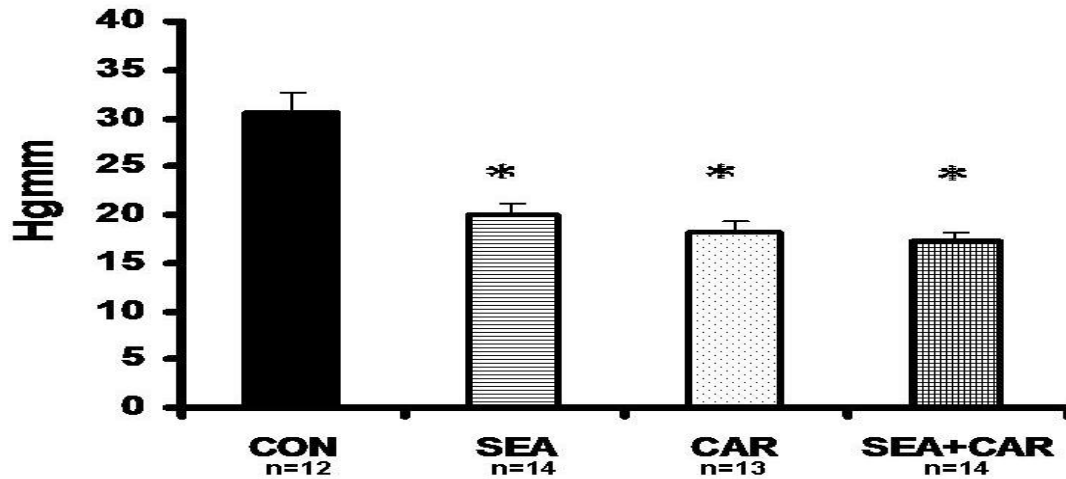


Fig. 7: Changes in the amplitudes of the contracture developed during the ischaemic period. Both SEA0400 and cariporide significantly decreased the maximal contracture.

We also analysed the contracture developed as a consequence of the reperfusion induced myocardial damage (**Fig. 8**). Again, SEA0400 and cariporide decreased the extent of the contracture significantly compared to the vehicle treated group. Interestingly, contrary to the expectations, combination of SEA0400 and cariporide did not show any increased protection neither in ischaemia nor in the reperfusion-induced contracture.

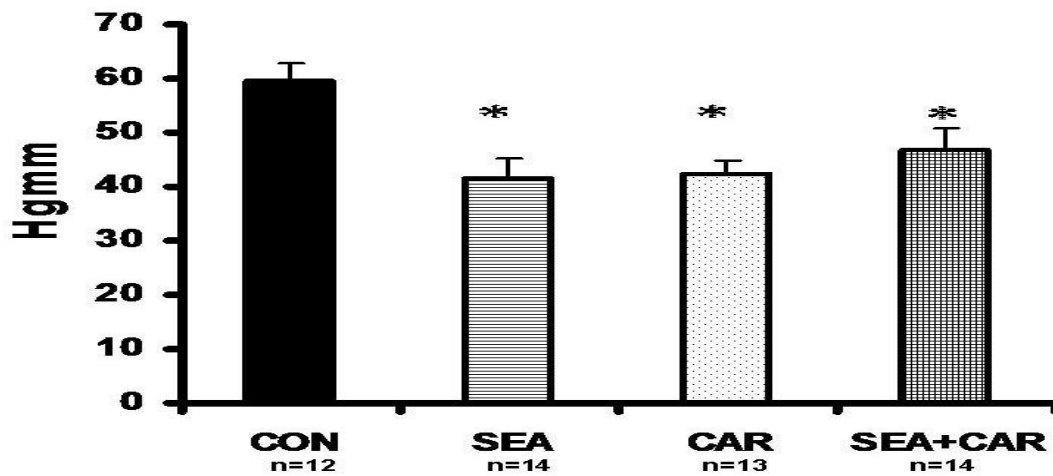


Fig. 8: The contracture developed upon reperfusion of the myocardium. Both drugs, either alone or in combination significantly reduced the reperfusion-induced contracture.

4.2.2 . Measurements of functional recovery

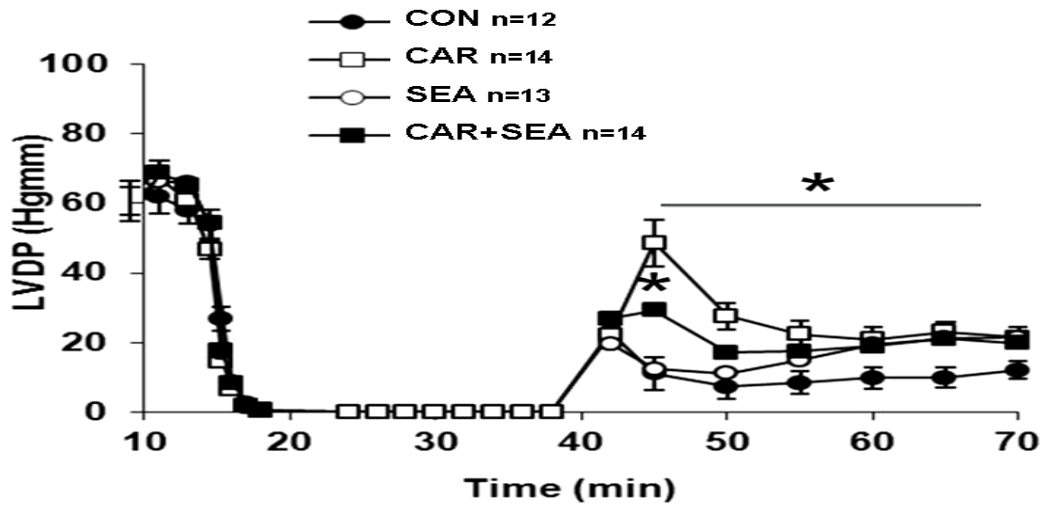


Fig. 9: Changes in the left ventricular developed pressure in the reperfusion period.

The end-diastolic pressure is the main indicator of the ability of the heart to relax at the end of cardiac cycle. Thus, it is an important parameter for mapping how the myocardial cells damaged and developed the contracture under ischaemic conditions and also during the first minutes of the reperfusion. Functional impairment associated with ischaemia /reperfusion was also assessed by measurements of left ventricular developed pressure (LVDP) and changes in end -diastolic pressure (LVEDP) as described previously [42]. In **Fig. 9 and 10** show the average time courses of LVDP and LVEDP of the control and different treatment groups are depicted. Mean values were sampled from the baseline, ischemic and reperfusion period.

In the control group effective mechanical activity (LVDP > 8 Hgmm) recovered only in 25% of the hearts – during the first 10 minutes of reperfusion. This value was significantly improved in the treatment groups (**Fig 9**). The rate of effective recovery was 55,5% in the hearts treated with SEA0400, while cariporide increased it to 87,5 %. The recovery rate was 68,7% in the heart with combined SEA0400 and cariporide treatment. The reperfusion caused further damage in the ventricular functions, indicated by the elevated end-diastolic pressure and the decreased developed pressure. Among the inhibitors only cariporide was able to demonstrate a significant protection regarding LVDP. Interestingly, the combined treatment (SEA0400+ CAR) did not provide a greater protection (**Fig.9**).

In both treated groups the end-diastolic pressure was significantly lower than in the control group. This cardioprotective effect was maintained during the whole reperfusion (**Fig. 10**).

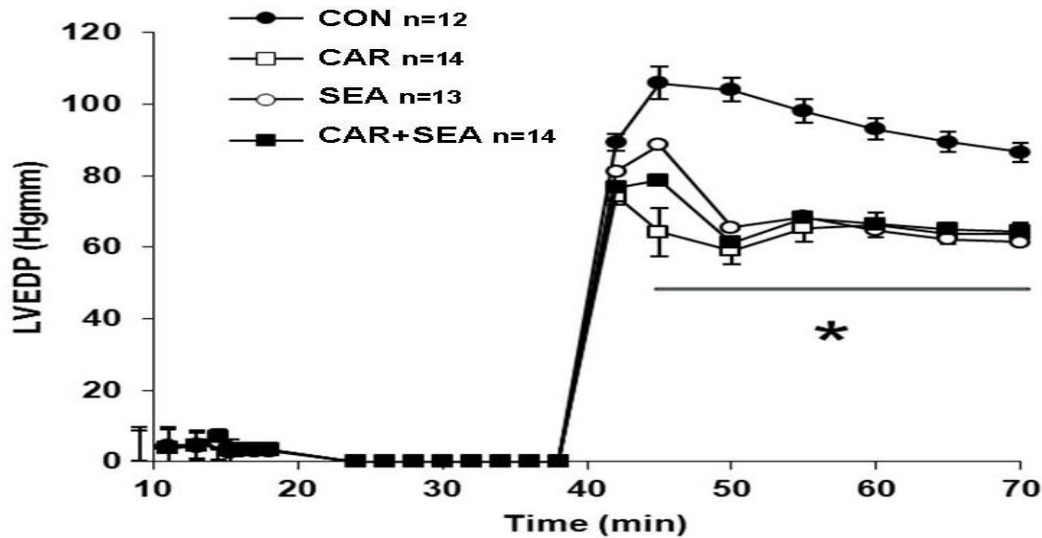


Fig 10: The ischaemia – induced functional impairment in the left ventricular end -diastolic pressure. In the reperfusion period all the treated group showed a significant decrease in LVEDP, indicating similar level of protection compared to the control group.

4.3 Regional ischaemia

4.3.1 Haemodynamic parameters

Major haemodynamic parameters (CF, HR, LVSP, LVEDP, DP, and $\pm dP/dt_{\max}$), measured or calculated for all six experimental groups, in all four phases (control, pre-treatment, ischaemia, and reperfusion) are summarised in **Table 1**. Pre-treatment of the hearts with the vehicle (DMSO), an NCX or NHE inhibitor, or their combination had no apparent effect on any of the haemodynamic parameters. Compared to control values, however, ischaemia induced a large, significant decrease in CF, LVSP, DP and $\pm dP/dt_{\max}$, while the HR and LVEDP were practically unchanged. During the reperfusion phase, the CF recovered, while the LVSP, DP and $\pm dP/dt_{\max}$ remained significantly lower than in the control state. In contrast, LVEDP became significantly enhanced in all experimental groups. Nonetheless, it should be emphasised that the **n** numbers for the reperfusion data are substantially lower than for all other states. Importantly and interestingly, using one-way ANOVA, *no significant intergroup* differences could be found in values obtained from the control and test groups during any experiment phase.

	Control	Pretreatment	Ischemia		Reperfusion	
CF(ml/min)						
CON	17.5±0.9	17.1±1.0	9.3±0.9	*	15.6±1.4	
CAR	19.1±1.5	18.4±1.5	13.2±1.8	*	16.7±2.3	
SEA	16.6±0.8	16.4±1.1	10.0±1.4	*	14.1±1.3	
ORM	16.8±1.07	17.3±1.1	9.8±0.9	*	15.5±1.5	
SEA + CAR	16.8±1.4	15.6±1.3	9.4±1.1	*	13.5±1.6	
ORM + CAR	20.5±0.9	20.9±1.0	11.0±1.3	*	16.7±1.3	\$
HR (beats/min)						
CON	313±11	295±10	280±12	*	277±12	\$
CAR	325±13	320±11	310±12		280±14	\$
SEA	297±10	301±11	294±12		281±20	\$
ORM	311±12	308±12	302±12		303±19	\$
SEA + CAR	303±15	288±21	287±18		308±28	\$
ORM + CAR	343±9	310±13	309±11		279±7	\$
LVSP (mmHg)						
CON	101±3	102±3	55±6		73±7	\$
CAR	101±3	98±2	55±7		88±2	\$
SEA	92±3	90±4	47±6		74±5	\$
ORM	96±3	94±7	37±5		61±16	\$
SEA + CAR	92±4	94±5	47±6		55±12	\$
ORM + CAR	95±3	98±3	39±4		90±7	\$
LVEDP (mmHg)						
CON	5.0±1.4	5.0±1.6	5.6±1.6	*	18.4±4.8	\$
CAR	7.4±1.5	7.8±1.5	8.1±1.2	*	15±3.9	\$
SEA	5.9±0.7	5.4±1.1	6.3±1.3	*	11.2±6.3	\$
ORM	5.8±0.5	4.3±0.8	5.3±0.9	*	5.1±0.34	\$
SEA + CAR	5.1±1.1	7.4±2.3	7.4±2.5	*	15.7±7.4	\$
ORM + CAR	5.5±0.9	4.3±0.9	4±0.8	*	21.1±8.1	\$
DP (mmHg)						
CON	96±3	97±3	55±5	*	55±6	\$
CAR	93±4	90±4	47±7	*	72±6	\$
SEA	86±3	85±5	41±6	*	63±8	\$
ORM	90±3	90±6	32±4	*	61±12	\$
SEA + CAR	85±4	86±6	39±6	*	39±11	\$
ORM + CAR	89±3	94±3	35±4	*	69±8	\$
+dp/dt_{max} (mmHg/s)						
CON	2678±124	2721±140	1510±147	*	1587±155	\$
CAR	2388±199	2422±186	1344±181	*	2222±238	\$
SEA	2315±176	2361±209	1238±138	*	1583±186	\$
ORM	2691±172	2791±259	1166±113	*	1714±295	\$
SEA + CAR	2666±193	2733±170	1533±170	*	1600±358	\$
ORM + CAR	2191±96	2208±100	975±88	*	1640±208	\$
-dp/dt_{max} (mmHg/s)						
CON	-1942±70	-1963±75	-994±94	*	-1150±125	\$
CAR	-1722±151	-1733±113	-966±148	*	-1422±98	\$
SEA	-1784±93	-1723±127	-938±104	*	-1266±120	\$
ORM	-2108±113	-2175±171	-891±79	*	-1400±296	\$
SEA + CAR	-1822±111	-1822±145	-911±116	*	-1166±322	\$
ORM + CAR	-1825±93	-1891±96	-808±67	*	-1480±131	\$

Table 1. Major hemodynamic variables (CF coronary flow; HR heart rate; LVSP left ventricular systolic pressure; LVEDP left ventricular end-diastolic pressure; DP developed pressure) The numbers of the control, the pretreatment and the ischemia experiments: CON n=19; CAR n=9; SEA n=13; ORM n=12 SEA+CAR n=12; ORM+CAR n=13 The numbers of the reperfusion experiments: CON n=8; CAR n=9; SEA n=6 ORM n=7; SEA+CAR n=6; ORM+CAR n=5. *, \$ P < 0.05 compared to the baseline control period (Repeated measure ANOVA), with the indicated sample size for the reperfusion period (see text for the details).

4.3.2 Arrhythmia diagrams

The raw results of the arrhythmia analysis for all experimental groups are summarised in the graphical arrhythmia diagram shown in **Fig. 11**. Following a relatively short (10 min) period of regional ischaemia, the most common type of reperfusion-induced arrhythmias evoked in control (CON) rat hearts (treated solely with the vehicle, DMSO) was VF. The antiarrhythmic efficacy of the selective NHE inhibitor, cariporide, at least in this simple model, was excellent. Compared to the very high incidence of VFs present in the control group, cariporide treatment drastically reduced the incidence and even more the duration of reperfusion-induced arrhythmias. The antiarrhythmic efficacy of the two NCX inhibitors, SEA0400 and ORM-10103, either alone or in

combination with cariporide, can hardly be quantitatively estimated by simply looking at the arrhythmia diagram. Nonetheless, it is obvious that none of these treatments has been as effective as cariporide treatment alone. In order to better reveal the relatively moderate but possibly important differences between various treatments, especially for the two types of less severe reperfusion induced arrhythmias (ES and VT), a more detailed, quantitative analysis has been carried out (see below).

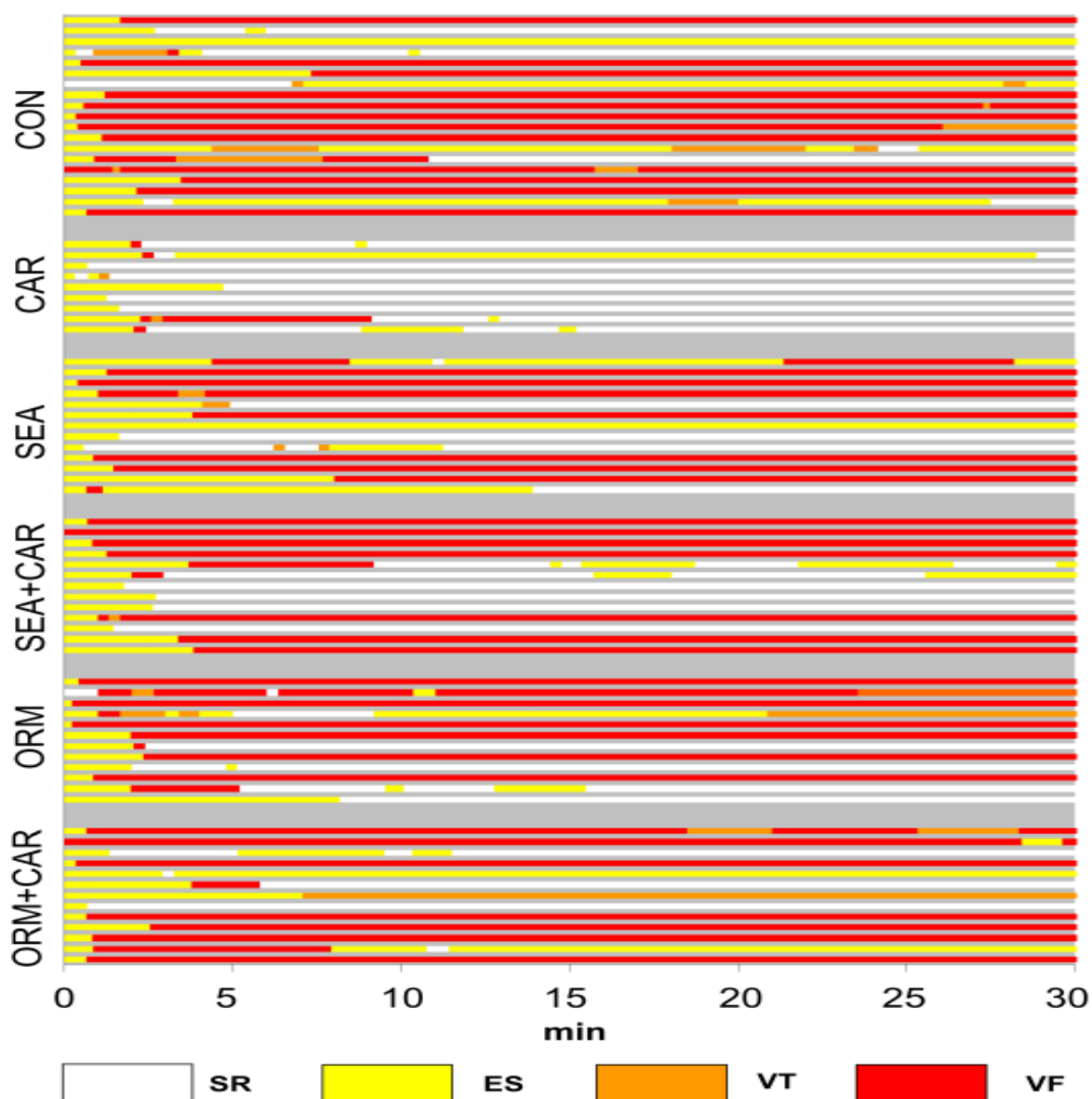


Fig. 11: Integrated arrhythmia diagram calculated from all hearts. X axis: reperfusion time; Y axis: arrhythmia diagrams of 78 individual hearts. The hearts were divided into 6 groups: **CON** ($n=19$): control (only vehicle: 0.01mM DMSO); **CAR** ($n=9$): 5 μ M cariporide, **SEA** ($n=12$): 1 μ M SEA0400; **ORM** ($n=12$): 1 μ M ORM-10103; **SEA+CAR** ($n=13$): 1 μ M SEA0400 + 5 μ M cariporide; **ORM+CAR** ($n=13$): 1 μ M ORM-10103 + 5 μ M cariporide. Each of the horizontal lines represents a single heart. Time periods with the various arrhythmia stages are shown in colour: white: regular sinus rhythm (SR); yellow: multiple extrasystoles (ES); brown: ventricular tachycardia (VT) and red: ventricular fibrillation (VF)

4.3.3 Quantitative analysis of the incidence and duration during reperfusion of the sinus rhythm (SR) and the three major types of arrhythmia (ES, VT and VF)

Average durations of periods with regular sinus rhythm (SR_D) during the 30 min reperfusion phase are summarised in **Fig.12**. The control value (5.26 ± 2.14 min) was calculated from the unified pool of control rats collected throughout the study. All further differences were evaluated relative to this control value.

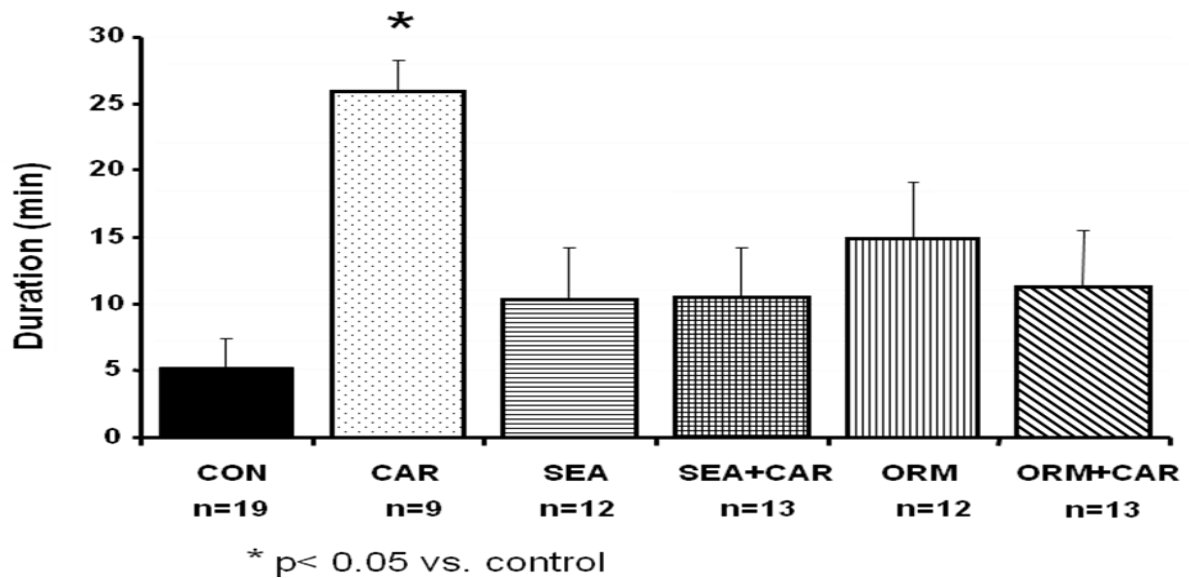


Fig. 12: Total duration of periods with regular sinus rhythm (SR_D; min) during the 30 min reperfusion phase in all groups. The efficacy of individual inhibitors and inhibitor combinations has been evaluated against the control hearts. * = $p < 0.05$, compared to the control group.

Cariporide, when used alone, significantly increased the overall duration of the SR periods during reperfusion (25.8 ± 2.4 min). All other pharmacological treatments were apparently beneficial, but neither was found to be significant. While in three of the four groups with an NCX inhibitor, the effect was similar (10.26 ± 3.89 ; 10.57 ± 3.61 and 11.25 ± 4.16 min for SEA, SEA+CAR and ORM+CAR groups, respectively), further to cariporide, the second largest improvement was achieved in the group treated with ORM alone (14.86 ± 4.24 min).

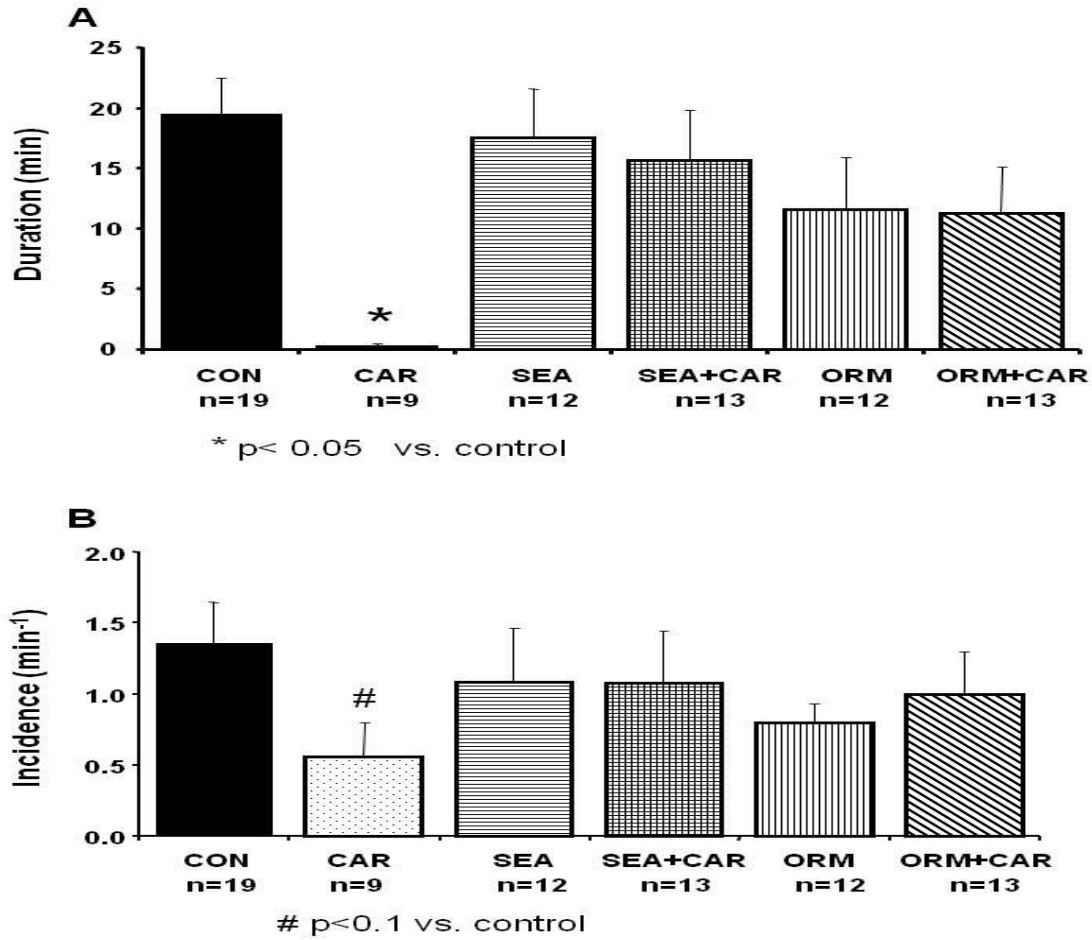


Fig. 13: Total duration (VF_D ; min) and incidence (VF_I ; min^{-1}) of periods with ventricular fibrillation (VF) during the 30 min reperfusion period. Two levels of significance, has been calculated: * = $p < 0.05$, # $p < 0.1$, compared to the control group.

The incidence and average duration of the VF periods, calculated for all groups, are shown in **Fig. 13**. In control hearts, both the average duration (VF_D) (19.39 ± 3.01 min) and incidence (VF_I) ($1.35 \pm 0.24 \text{ min}^{-1}$) of VF was high. Furthermore, 11 out of the 19 hearts utilised in the control group were in the state of sustained fibrillation at the end of the reperfusion phase.

Compared to the control hearts, cariporide, if used alone, significantly decreased the incidence ($0.55 \pm 0.24 \text{ min}^{-1}$) and particularly the duration (0.25 ± 0.21 min) of the fibrillatory periods. At the end of reperfusion in this group, none of the 9 hearts was fibrillating. Unlike cariporide, however, the NCX inhibitors, although exerting a moderate beneficial effect, were apparently unable to significantly reduce the incidence or duration of the VF periods. Neither SEA0400 (I: $1.08 \pm 0.37 \text{ min}^{-1}$; D: 17.86 ± 4.07 min) nor ORM-10103 (I: $0.80 \pm 0.13 \text{ min}^{-1}$; D: 11.57 ± 4.29 min) could markedly decrease the incidence or average duration of the VF periods. From this aspect, the overall anti-VF efficacy of ORM-10103 was slightly more promising. While no apparent

difference could be observed in the number of hearts with sustained fibrillation (6/12 (ORM-10103) compared to 7/13 (SEA0400), the duration of the VF periods was moderately lower in the ORM-10103-treated group compared to the SEA0400-treated group.

Surprisingly, if cariporide was administered *together* with an NCX inhibitor, it failed to improve the moderate anti-VF protection reached by application of the NCX inhibitor alone (SEA+CAR, I: $1.07 \pm 0.36 \text{ min}^{-1}$; D: $15.67 \pm 4.10 \text{ min}$; ORM+CAR, I: $1.00 \pm 0.29 \text{ min}^{-1}$; D: $11.25 \pm 3.85 \text{ min}$). These results suggest that instead of providing enhanced cardioprotection, the simultaneous application of inhibitors of the two transporters results in a “loss of action” effect of cariporide.

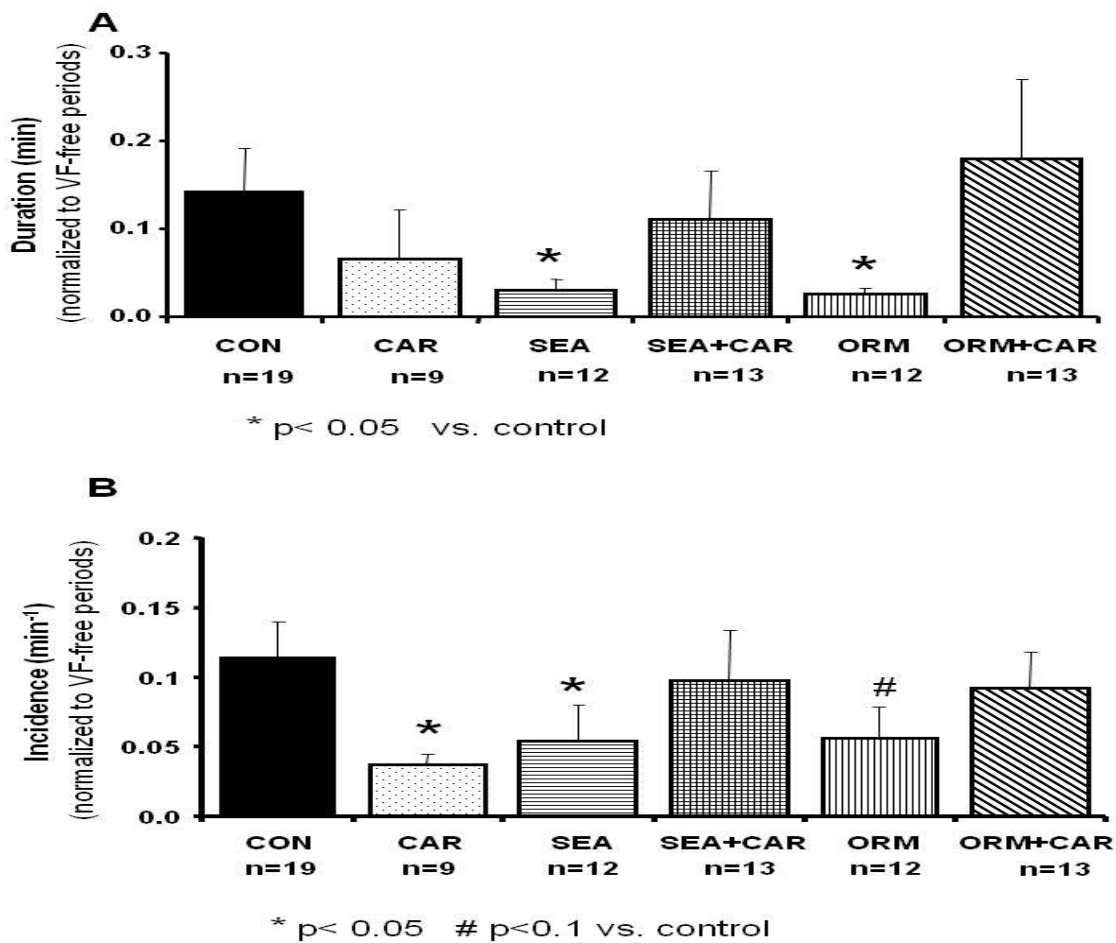


Fig.14: Relative duration (ES_D ; min) and incidence (ES_I ; min^{-1}) of episodes with multiple extrasystoles (ESs) during the reperfusion phase. In order to better characterise the sensitivity of the heart to reperfusion-induced VT, the raw duration (min) and incidence (min^{-1}) values for each heart were normalised to the total duration of the VF-free periods obtained for the same heart (see the METHODS section for details). Two levels of significance were calculated: * = $p < 0.05$, # = $p < 0.1$, compared to the control group.

The incidence and duration values calculated for periods with multiple extrasystoles (ESs) are shown in **Fig. 14**. As explained in *METHODS*, in order to more realistically compare the incidence and duration of the ES (and VT) intervals during the reperfusion phase, the calculated *raw* values

for each heart were normalised to the duration of the VF-free periods. With this step, these variables became independent of the incidence and duration of the VF periods. In control hearts, both the incidence (ES_I) ($0.11 \pm 0.02 \text{ min}^{-1}$) and duration (ES_D) ($0.14 \pm 0.04 \text{ min}$) of the ES episodes was high. Cariporide, if applied alone, significantly decreased the incidence ($0.03 \pm 0.007 \text{ min}^{-1}$) and markedly reduced the average duration ($0.066 \pm 0.05 \text{ min}$) of these episodes. The incidence and especially the duration of the ES episodes were also significantly reduced by both NCX inhibitors (ES_I : SEA: $0.05 \pm 0.02 \text{ min}^{-1}$; ORM: $0.05 \pm 0.02 \text{ min}^{-1}$; ES_D : SEA: $0.02 \pm 0.01 \text{ min}$; ORM: $0.02 \pm 0.007 \text{ min}$). As expected, in the latter case, the antiarrhythmic efficacy of the NCX inhibitors was apparently greater than that of NHE inhibition. In contrast, if applied in combination with an NCX inhibitor, cariporide not only failed to improve, but virtually eliminated the beneficial effect of NCX inhibition on the duration and incidence of the ES episodes (SEA+CAR: $0.11 \pm 0.05 \text{ min}$ and $0.09 \pm 0.03 \text{ min}^{-1}$; ORM+CAR: $0.17 \pm 0.09 \text{ min}$ and $0.09 \pm 0.02 \text{ min}^{-1}$, respectively).

Normalised incidence and average duration values obtained for the ventricular tachycardia (VT) periods generated during reperfusion are summarised in **Fig. 15**. As in other arrhythmia types, in control hearts, both the incidence ($0.17 \pm 0.04 \text{ min}^{-1}$) and average duration ($0.14 \pm 0.05 \text{ min}$) of the periods with VT were high. Cariporide treatment provided the most effective anti-VT protection by dramatically decreasing both the incidence and duration of the post-ischaemic VT periods (VT_I : $0.01 \pm 0.002 \text{ min}^{-1}$; VT_D : $0.005 \pm 0.001 \text{ min}$). However, unlike the ES episodes, while both NCX inhibitors exerted a moderate beneficial effect, neither could significantly reduce the incidence or duration of the VT periods (SEA: $0.16 \pm 0.04 \text{ min}^{-1}$ and $0.13 \pm 0.05 \text{ min}$; ORM: $0.10 \pm 0.03 \text{ min}^{-1}$ and $0.09 \pm 0.07 \text{ min}$, respectively). Furthermore, the simultaneous application of cariporide and an NCX inhibitor resulted in the almost complete abolishment of the protection provided by cariporide treatment alone (SEA+CAR: $0.13 \pm 0.06 \text{ min}^{-1}$ and $0.05 \pm 0.05 \text{ min}$; ORM+CAR: $0.09 \pm 0.07 \text{ min}^{-1}$ and $0.10 \pm 0.05 \text{ min}$).

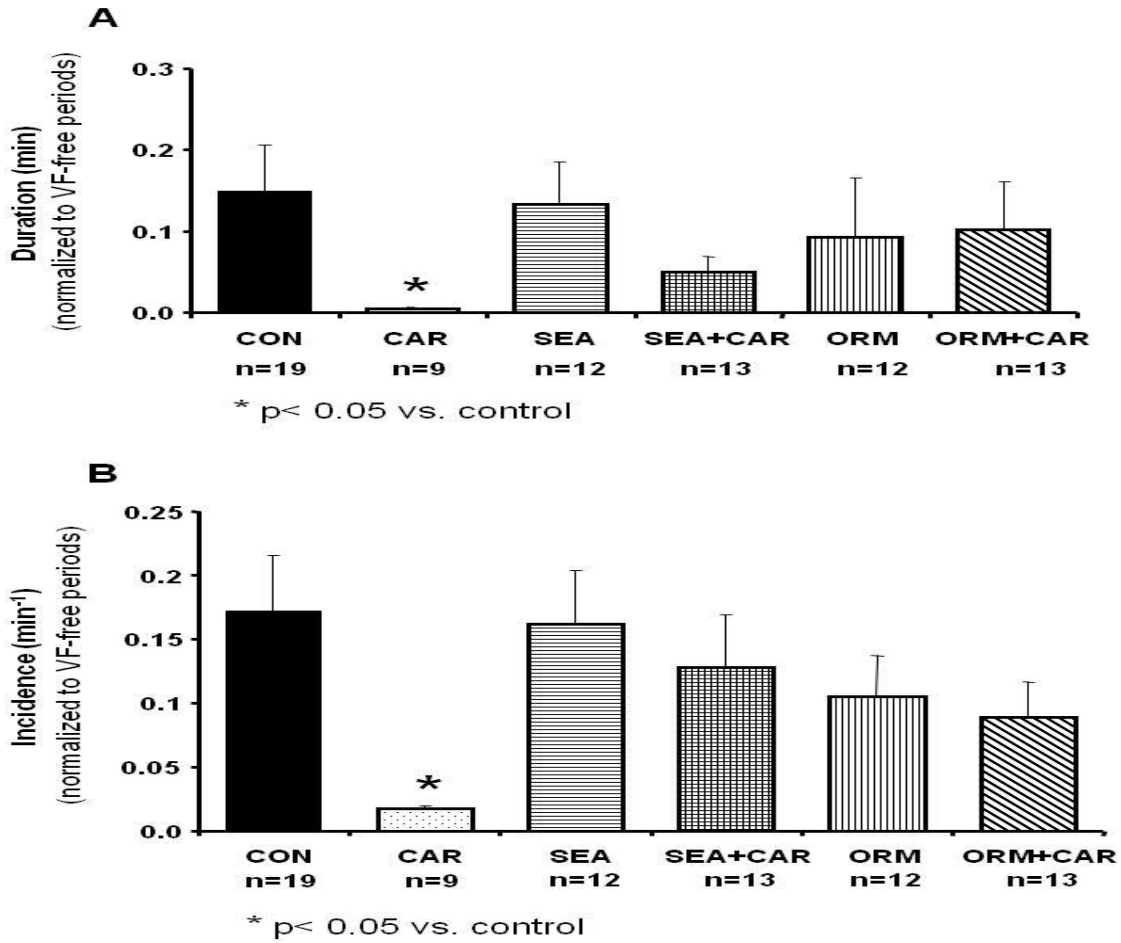


Fig. 15: Relative duration (VT_D ; min) and incidence (VT_I ; min^{-1}) of episodes with ventricular tachycardia (VT) during the reperfusion phase. Like in Fig. 6, the raw duration (min) and incidence (min^{-1}) values for each heart were normalised to the total duration of the VF-free periods obtained for the same heart; * = $p < 0.05$, compared to the control group.

5 DISCUSSION

5.1 Failure of selective NCX inhibition to modulate ventricular AP

Late I_{Na} is a small inward current that reduces repolarization reserve and prolongs the duration of the AP in cardiac myocytes. Physiological roles for late I_{Na} include the contribution to the Na^+ loading, and thus the maintenance of the normal inotropic state, and the AP prolongation which may increase the effective refractory period and decrease reentry. These theoretical possibilities, however, have not been adequately investigated yet. The amplitude of late I_{Na} is increased in many pathological conditions, where it contributes to atrial and ventricular arrhythmogenesis. An increase of late I_{Na} due to acquired or inherited Na^+ channelopathies abnormally prolongs repolarization and increases the influx of Na^+ , and via NCX, Ca^{2+} into the cell. Late I_{Na} and NCX-mediated Ca^{2+} loading increase diastolic force production. AP prolongation and Na^+/Ca^{2+} loading cause CaMKII activation and electrical instability. Enhancement of late I_{Na} may lead to

automaticity, EADs and DADs, and Ca^{2+} and AP alternans that facilitate arrhythmias by triggered and reentrant mechanisms. Drugs that reduce late I_{Na} have been shown to reduce EADs, DADs, Ca^{2+} handling defects, and arrhythmias. Interactions between late I_{Na} , CaMKII, RyR2, and oxidative stress have also been demonstrated, and their potential pathological roles in ischaemic heart disease, heart failure, and arrhythmias are subjects of current and future investigation.

Selective NCX inhibition failed to modulate APD - neither as pretreatment nor following the exposure to ATX-II (**Fig.5**). The NCX inhibition induced uncoupling between I_{NaL} and $[\text{Ca}^{2+}]_i$ handling may also be effective under these conditions, however, it seems to exert only a minor effect on APD. Furthermore, considering the similar ineffectiveness of these inhibitors on APD we concluded that ORM-10103 should have negligible effect on increased APD dispersion. This observation contradicts to the results of Milberg et al. [43] but supports the findings of Farkas et al. [44] The reason of the discrepancy between our present findings and those of Milberg et al, is unclear. It can be different experimental condition, methods of investigation, species differences. Importantly, the delicate nature of SEA0400 inhibition on I_{Ca} and NCX may play a role in the opposing results and needs further experiments.

The reason for the lack of effect on APD seems to be rather complex. Theoretically, the lengthening of APD following the enhancement of I_{NaL} may have two sources: (1) a *direct*, i.e. the effect of the increased I_{NaL} on APD, and (2) an indirect, i.e. the role of I_{NCX} in defining actual APD. We can assume that inhibition of NCX has no direct effect on I_{NaL} which may partially explain its failure to counteract APD prolongation. On the other hand, direct estimation of I_{NCX} kinetics during an AP is complicated following the application of ATX-II.

Inhibition of NCX, however, reduced $[\text{Ca}^{2+}]_i$ without an apparent effect on APD. It is possible that a primary reduction in CaT *via* negative feed-back prolongs I_{Ca} inactivation and subsequently lengthens APD. Therefore, if NCX inhibition had any direct effect on APD (i.e. I_{NCX} mediated abbreviation), it could be largely reduced by this indirect mechanism (i.e. I_{CaL} mediated prolongation). NCX inhibition, following the I_{NaL} induced rise in $[\text{Ca}^{2+}]_i$, may have two parallel, but opposite effects on APD: *directly*, it may abbreviate APD *via* inhibition of I_{NCX} , but *indirectly* - due to its reducing effect on $[\text{Ca}^{2+}]_i$ and the subsequent modulation of I_{Ca} kinetics - may also prolong it. Consequently, the actual balance of these two counteracting effects may intimately influence the overall result on APD of I_{NCX} inhibition, which is hard to predict, and may significantly differ in various arrhythmia models and species. Indeed, this complex relationship may explain the APD reduction by SEA0400, observed following a sotalol/veratridine challenge [43], and - under rather similar experimental conditions - the increased incidence of TdP in Langendorff perfused rabbit hearts following dofetilide treatment [44, 45].

5.2 *Global ischaemia*

It is important to mention that the contractility increased in the SEA and the combined groups compared to the control group. This can be explained by the SEA0400 inhibitory effect on NCX, which results in decreasing the Ca^{2+} removal from the cytosol, with a consequent increase in Ca^{2+} -transients and higher contractility. These results correspond with our previous work done on isolated rat cardiomyocytes [46] and isolated heart [44] under normoxia, where SEA0400 increased the Ca^{2+} transient amplitudes. However, since the SEA0400 inhibits both direction of the NCX, this observation can be explained only when Ca removal (forward NCX) is the dominant mode. NHE inhibition blocks the rise of intracellular Na^+ , and therefore indirectly prevents the Ca^{2+} overload through reverse NCX is. When applied in combination with SEA0400, however, the reverse NCX is also inhibited directly by SEA0400. In this situation a synergistic effect could be expected by the combined NHE-NCX inhibition against Ca overload. Our results did not confirm this hypothesis, the exact reason for which is unknown. Since SEA0400 equally inhibits the reverse and forward mode NCX, we can speculate that, the attenuated Ca removal due to forward NCX block counteract the beneficial effect of the combined NHE- reverse NCX inhibition.

5.3 *Regional ischaemia*

In the present study, the efficacy of two NCX inhibitors, the fairly selective SEA0400 and the novel, more selective ORM-10103, against reperfusion-induced arrhythmias were analysed in detail. Experimental data on the antiarrhythmic effects of SEA0400 are sparse and contradictory, although mostly positive [47-50], while similar data for ORM-10103 have become available only very recently [41, 51, 52]. SEA0400 has a moderate inhibitory effect on the L-type Ca^{2+} channels [40], while ORM-10103 has a minor effect on I_{Kr} ; neither of these pleiotropic effects could substantially modulate the observed antiarrhythmic efficacy of the NCX inhibition. Both inhibitors were applied alone or in combination with a well-characterised selective NHE inhibitor, cariporide. Cariporide is proposed to be highly selective and to not influence any of the important ion channels [53-55]. It was assumed that the antiarrhythmic efficacy of a combination of NCX and an NHE inhibitor would be enhanced.

5.3.1 *Rationale*

Lethal ventricular arrhythmias are among the most common reasons of high mortality in patients with acute ischaemia-reperfusion injury. Severe perturbations in intracellular Na^+ and Ca^{2+} homeostasis leading to gradually elevated $[\text{Na}^+]_i$ and subsequent $[\text{Ca}^{2+}]_i$ overload are frequently

observed in the background of the increased incidence of post-ischaemic ventricular arrhythmias [56]. Recent experimental data demonstrate that these pathological processes are tightly linked to the abnormal activities of two vital sarcolemmal ion transporters, the Na^+/H^+ exchanger and $\text{Na}^+/\text{Ca}^{2+}$ exchanger, key effectors of pH_i and $[\text{Ca}^{2+}]_i$ regulation, respectively [57, 58]. In the majority of related experimental studies, the inhibition of one of these transporters could reduce the incidence and/or severity of ventricular arrhythmias [32, 33, 49, 59, 60]. Therefore, restoring the normal levels of their activities via pharmacological intervention is generally considered a highly feasible therapeutic strategy to prevent, or at least substantially reduce, reperfusion-induced arrhythmogenesis.

NHE inhibition, as a cardioprotective, antiarrhythmic strategy, has also been evaluated in a few clinical trials; however, the routine use of NHE inhibition in human clinical pharmacology is compromised by the fact that, in contrast to the highly promising experimental results, relevant human data obtained from these clinical trials are controversial [34].

Since the data obtained from human trials are not fully satisfactory, it seems reasonable to assume that combining NHE inhibition with other protective interventions may substantially improve its antiarrhythmic efficacy. NCX inhibition is, no doubt, one of the logical choices, however, this approach was never explored in details. Indeed, in contrast to the NHE, NCX – in spite of its obvious significance in pathomechanisms leading to ischaemia/reperfusion induced arrhythmogenesis – is only emerging as a possible target for pharmacological intervention [61]. One reason for this apparent delay may be, that while well established, selective NHE inhibitors have since long been readily available, until recently experimental efforts to evaluate the therapeutic value of NCX inhibition were hampered by the absence of effective, specific inhibitors, therefore often led to unclear results [40]. Another reason for the lack of adequate information on the consequences of pharmacological targeting of NCX in cardiac diseases lies in its complex behavior and poorly understood physiological regulation – while its transport activities into both reverse and forward directions are essential for normal cardiac function, its abnormal activity into *any transport direction* may initiate and maintain severe cardiac diseases [58, 62].

5.3.2 Experimental model

For experimental model a widely used arrhythmia protocol with rather short (10 min) regional ischaemia, induced by LAD occlusion, followed by a short (30 min) but complete reperfusion has been selected. An important benefit of this model is that it provides a rapid experimental procedure to study the antiarrhythmic efficacy of a drug in a highly reproducible manner.

From the aspect of survival and full recovery to normal sinus rhythm the critical arrhythmia type in this model is VF. Without intervention the incidence of VF in control hearts is usually very high, close to 100% [59], as also has been observed in the present study (**Figs. 11 & 13**). Furthermore, though transient (reversible) VF periods could be often observed, in the majority of cases with VF, if initiated, became sustained; it did not terminate spontaneously and the heart was unable to return to normal SR [63]. Further common arrhythmia types, ESs and VT were also often observed in the present experiments.

5.3.3 NHE inhibition (cariporide alone)

The antiarrhythmic efficacy of NHE inhibition has been evaluated in a number of studies. Pre-ischaemic administration of cariporide significantly attenuated ischaemia/reperfusion induced arrhythmogenesis in a variety of in vitro and in vivo models [54] while its post-ischaemic administration, though reduced the incidence of VF and subsequent cardiac death, the effect on mortality was not significant [59, 64, 65]. Our results obtained by the pre-ischaemic application of cariporide reflect the high antiarrhythmic efficacy of the treatment, and strongly support the conclusions of similar studies [30-33]. As shown in **Figs. 13-15**, cariporide significantly increased the duration of the regular sinus rhythm and – with the exception of ES_D – *all arrhythmia-related variables* were significantly suppressed by the compound. The high antiarrhythmic efficacy is especially obvious in the case of VT and VF, since both arrhythmia types were almost completely eliminated following its application.

The background for the observed high efficacy of cariporide against VF and VT is not fully clarified. Data from previous studies indicate that during early reperfusion increased NHE activity promotes transient shortening of the APD, which renders the heart susceptible to *reentrant arrhythmias*, therefore NHE inhibition should significantly reduce the susceptibility of the heart to VF and VT [66]. Furthermore, NHE inhibition has been shown to improve action potential (AP) propagation and reduce the ischaemia-induced increase in AP dispersion, most probably via markedly delaying cell-to-cell electrical uncoupling [67]. Since increased AP dispersion is a critical factor in the initiation and maintenance of VT and VF, improved AP conduction and subsequently decreased dispersion may be an important component in the strong anti-VT and -VF effect of cariporide.

5.3.4 NCX inhibition (SEA0400 or ORM-10103 alone)

In the present study, the antiarrhythmic efficacy of SEA0400 was largely subject to the given arrhythmia type. Its application effectively reduced the incidence and duration of triggered arrhythmias (ESs) (**Fig. 14**), but its efficacy in lengthening the arrhythmia-free SR periods,

preventing initiation and reducing the duration of VTs and VFs was apparently limited (**Figs. 13 & 15**).

Compared to SEA0400, the structure of the novel ORM-10103 is markedly different and its selectivity is enhanced [41]. Regarding its antiarrhythmic effects, when applied alone, ORM-10103 resembles SEA0400, but its overall efficacy against triggered arrhythmias (ESs) seems to be even somewhat higher (**Fig. 14**). Like SEA0400, it moderately increased the length of arrhythmia-free periods (slightly more than SEA0400) (**Fig. 12**), but unlike SEA0400, it also tended to reduce the incidence and duration of the VFs and VTs (**Figs. 13 & 15**). It must be mentioned, however, that although all of these effects could be regularly observed, in most cases, for the large standard deviations, the differences were not significant when using traditional statistical procedures.

The reasons for the strong arrhythmia-type dependence of the efficacy of NCX inhibition against reperfusion-induced arrhythmias are probably complex and may reflect intimate interactions among a few factors with opposite consequences. The excellent protection against triggered arrhythmias may be due to strong inhibition of the *reverse NCX transport activity*, leading to a significant reduction in reperfusion-induced Ca^{2+}_i load [68-70], while the lack of a similarly beneficial effect of SEA0400 on VFs and VTs suggests that to prevent the induction and maintenance of these arrhythmias, in addition to an effective reduction of the Ca^{2+}_i overload, a similarly effective suppression of the re-entry activity is also essential [50].

In the present experimental model, VF had by far the largest contribution to total “arrhythmia time”; thus, its influence on the outcome of a pharmacological trial is predominant. Regarding its origin, VF is considered a re-entry type and not triggered-type arrhythmia; the key factor in its induction and maintenance is increased AP dispersion and ischaemia/reperfusion-induced spatial and/or temporal heterogeneities in the resting membrane potential. Consequently, since NCX inhibition is less suitable to protect the heart against *substrate-induced arrhythmias*, it is not surprising that the efficacy of SEA0400 and ORM-10103 against VF was also limited in our model. Furthermore, since ischaemia is short and incomplete in this arrhythmia model, the elevation of $[\text{Ca}^{2+}]_i$ during ischaemia and upon reperfusion is probably moderate, but heterogeneous. Therefore, activation of the reverse NCX transport mode is probably also moderate but heterogeneous, and the effect of NCX inhibition on the ischaemia/reperfusion-induced $[\text{Ca}^{2+}]_i$ overload in cardiomyocytes is uneven, unlike how it would be in the case of a severe, long-lasting ischaemia. Nonetheless, both NCX inhibitors substantially reduced the overall incidence of Ca^{2+} -dependent (triggered) arrhythmias, probably originating from locally injured regions. This finding is in line with most of the previous studies reporting the marked efficiency

of NCX inhibition in reducing the formation of early and delayed after-depolarisations [41, 48]. Indeed, the significantly higher efficiency of NCX inhibition may be expected in conditions where the rise in $[Ca^{2+}]_i$ is substantially larger and the Ca^{2+} overload is more pronounced (e.g. following more extensive, complete or long-lasting ischaemia).

5.3.5 Combined NHE + NCX inhibition

An unexpected finding of the present study was that cariporide, when applied simultaneously with any of the NCX inhibitors, failed to enhance the antiarrhythmic protection provided by the NCX inhibitor alone. While the effect of SEA+CAR was practically the same as the effect of SEA alone during the SR periods, the simultaneous application of ORM+CAR apparently decreased this parameter (**Fig. 12**). Qualitatively, the results obtained for both NCX inhibitors and all three arrhythmia types were similar: the simultaneous application of an NHE and an NCX inhibitor did not improve and eventually worsened the moderate antiarrhythmic efficacy of the NCX inhibitor alone.

While the results obtained with single inhibitors are logical and comprehensive, the outcome of the experiments with simultaneous NHE and NCX inhibition first seems highly surprising. Indeed, one would expect that the antiarrhythmic efficacy of simultaneous inhibition should exceed or, at least, meet the efficacy reached alone by any of the contributors. The fact that cariporide alone had significantly higher antiarrhythmic efficacy than in combination with an NCX blocker suggests that NCX inhibition was an important limiting factor in these groups. The reason for this apparent restraint is not clear at present and needs further investigation.

A logical, but largely hypothetical explanation may be as follows. In these experiments, the antiarrhythmic effect of cariporide could not be further improved by a synergic effect of NCX inhibition, since both NHE and reverse NCX inhibition could prevent the $[Na^+]_i$ -induced rise in $[Ca^{2+}]_i$. Indeed, this assumption is supported by the almost identical effects of combined NCX+CAR and NCX alone inhibition. The decreased efficiency of cariporide is most probably caused by *inactivation* of its beneficial effect on the arrhythmogenic substrate. In other words, in the combined groups, the NCX inhibitors apparently exerted a unique anti-antiarrhythmic effect via releasing the suppressing effect of cariporide treatment and restoring the susceptibility of the heart to re-entrant arrhythmias. This indirect proarrhythmic effect is obviously not present if cariporide is administered alone.

The observed “loss of effect” of cariporide may be related to the significant inhibition of the forward transport mode of NCX by SEA0400 or ORM-10103. Indeed, one may speculate that the beneficial anti-VF effect of cariporide (applied alone) should manifest in decreasing the spatial and/or temporal heterogeneities below the critical level required to evoke fibrillation.

Simultaneous inhibition of the forward transport mode of NCX may exert an opposite effect by increasing these heterogeneities via inhibiting Ca^{2+} extrusion needed for restoration of the normal Ca^{2+} cycle of the cell. This effect may be less important in cardiomyocytes affected by a lower level of ischaemia and subsequent $[\text{Ca}^{2+}]_i$ load compared to those with more significant rise in $[\text{Ca}^{2+}]_i$. On the other hand, NHE inhibition may remain latent in normal, non-ischaemic myocardium, since NHE is mostly inactive at normal pH_i , while NCX inhibition undoubtedly affects Ca^{2+} handling and AP kinetics probably differentially in the ischaemic and non-ischaemic myocardium. Therefore, the consequence of the secondary, forward NCX transport mode inhibition may be a concomitant increase in heterogeneities (eventually shifting those above the critical level), neutralising the beneficial blocking effect of cariporide on VFs. To evaluate the validity of this hypothesis, however, further studies are needed.

6 CONCLUSION

Our present data support the hypothesis that selective, partial NCX inhibition may be antiarrhythmic via restricting the Na^+ -induced $[\text{Ca}^{2+}]_i$ elevation, and this protective effect is mediated primarily by its inhibitory effect on revNCX . Therefore, NCX inhibition can be considered as a promising therapeutic strategy against Ca^{2+} overload-induced, revNCX -mediated cardiac arrhythmias.

In principle, inhibition of either the NCX or the NHE and especially their *combined* inhibition should effectively protect the heart against reperfusion-induced harmful arrhythmias, since both mechanisms target and block the same $[\text{Ca}^{2+}]_i$ overload pathway, at different points. The results of this study, however, are much less straightforward and do not fully support this presumption. The NHE blocker cariporide, if administered alone, by also decreasing the incidence and duration of the re-entrant arrhythmias, provided wider antiarrhythmic efficacy than when applied simultaneously with an NCX inhibitor, in which case the probability of VF induction did not differ significantly from the control. On the other hand, all three inhibitors, alone or in combination, were found to be effective against triggered arrhythmias. Therefore, we concluded that NCX inhibition alone, or in combination with NHE blockade, appears to be a less than optimal therapeutic strategy against the full range of reperfusion-induced arrhythmias. A possible reason for the limited efficacy may be that the currently available selective NCX inhibitors with their equally effective and long-lasting bidirectional blockade of the NCX activity are not fully suitable for this purpose. On the other hand, these NCX inhibitors proved to be highly effective against EAD- and DAD-induced arrhythmias [48]. To better explore the suggested therapeutic potential of combined NCX+NHE inhibition, further studies based on novel NCX inhibitors with different inhibitory characteristics are needed.

7 LIMITATIONS

An important limitation of the present study is that all three inhibitors were used at a single concentration. While it is obvious that a concentration-dependent relationship on the efficacy of a drug or drug combination could be obtained by using several concentrations, applying a single, optimally selected concentration may still satisfactorily characterise its efficacy. In a number of similar studies [71-77], a single drug concentration has been utilised to characterise the effect of an inhibitor on ischaemia-reperfusion injury. In these studies, a concentration-dependent relationship of the inhibitory effect has not been explored. Therefore, we are convinced that our present study will be similarly informative. It should be emphasised, however, that the selection of an optimal concentration is, indeed, critical in order to obtain results that can be considered representative. Therefore, the drug concentrations used here were selected with extreme care – especially in the case of NCX inhibitors (e.g. for ORM-10103 $EC_{50} < 0.2 \mu M$).

A second limitation of the present study is that the evaluation of a haemodynamic parameter during the reperfusion phase may be *severely hampered* or even prevented by the presence of an abnormal heart rhythm (VT or VF), since the correct determination of pressure-related parameters during abnormal heart rhythm periods is practically impossible. Therefore, all haemodynamic values calculated for the *reperfusion phase* and presented in **Table 1** were obtained from hearts devoid of sustained arrhythmias or were evaluated during a period of sinus rhythm between arrhythmic periods. Consequently, one should be aware that while still providing useful information, this analysis may result in substantial bias, as well, and these data should only be considered *qualitative*.

A third important limitation is that the raw values obtained for the incidence and duration of the ES and VT periods may strongly depend on the length of VF-free periods. In order to provide more realistic information, the summed duration of these periods has been normalised for the summed duration of the VF-free periods. Although these time-normalised values are not completely independent of each other, they still appear to better approximate the duration and incidence of these arrhythmia types in the *VF-free* heart.

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9 ANNEX

Publications related to the subject of the Thesis.

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